

# Module 6: Methods of Communication in the Brain II

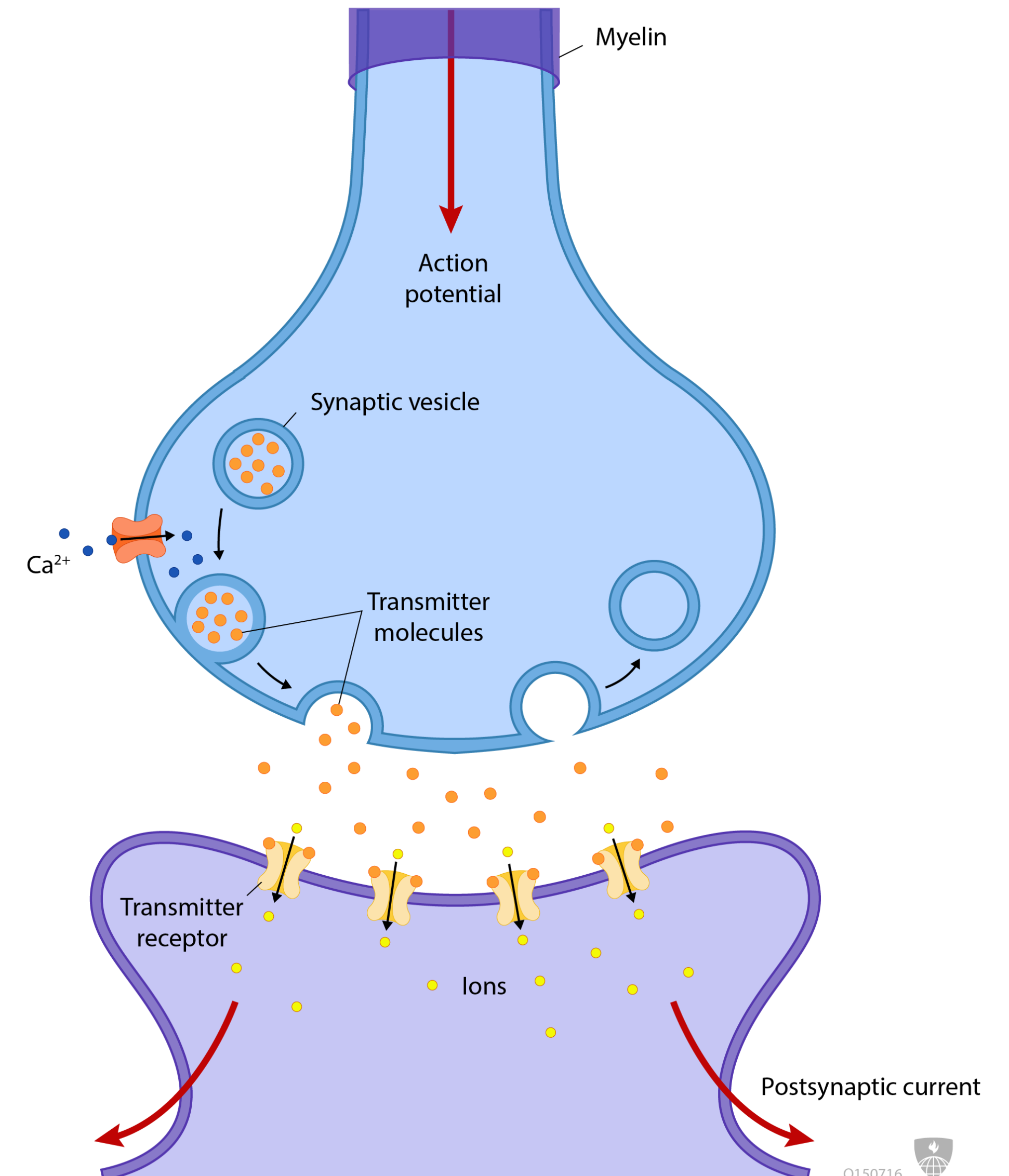
**Arnold Bakker**

Department of Psychiatry and Behavioral Sciences  
Division of Psychiatric Neuroimaging  
Johns Hopkins University School of Medicine

# Methods of Communication

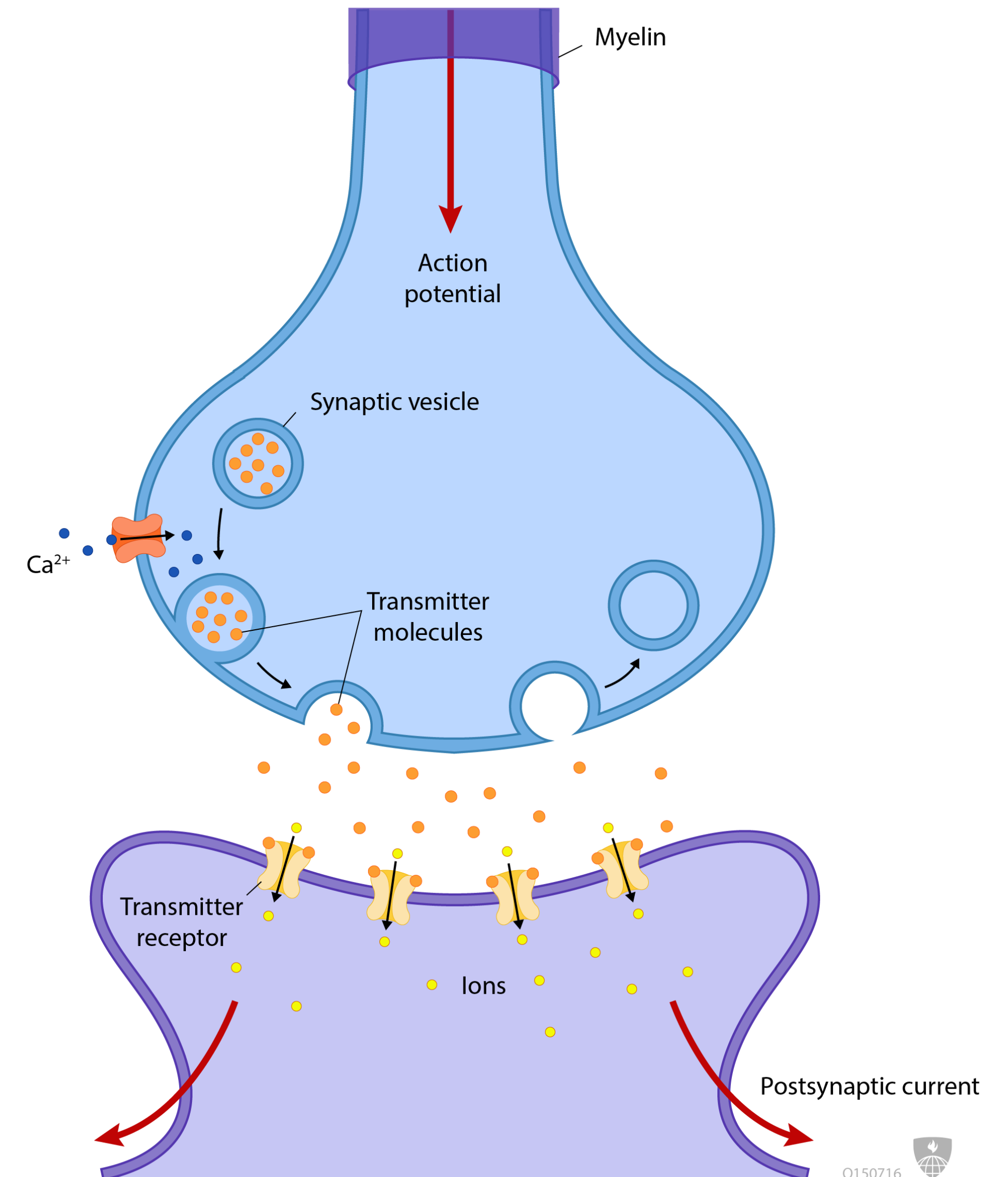
Communication between neurons:

- Electrical - concentration of sodium and potassium inside and outside neuron creates a membrane potential
- Chemical - Neurotransmitters released in to the synapse influence post-synaptic cell



# Methods of Communication

Although mechanisms of electrical transmission are highly similar there is a great variety of neurotransmitters that have different effects on the post-synaptic cell



# Neurotransmitters

---

Categories of Neurotransmitters:

## Amino Acids

Glutamate

Aspartate

Glycine

D-Serine

## Peptides

Somatostatin

Vasopressin

Oxytocin

Opioid peptides

## Others

Serotonin

Norepinephrine

Histamine

Melatonin etc.

# Neurotransmitters

---

Categories of Neurotransmitters:

## Amino Acids

Glutamate

Aspartate

Glycine

D-Serine

## Peptides

Somatostatin

Vasopressin

Oxytocin

Opioid peptides

## Others

Serotonin

Norepinephrine

Histamine

Melatonin etc.

50+

# Neurotransmitters

---

Categories of Neurotransmitters:

Excitatory neurotransmitters

Epinephrine

Norepinephrine

Both

Dopamine

Inhibitory neurotransmitters

Serotonin

GABA

# Neurotransmitters

---

## Acetylcholine

- Excitatory neurotransmitter
- Activates motor neurons that control skeletal muscles
- Regulates brain activity associated with attention, arousal, learning and memory
- Abnormally low levels of acetylcholine in patients with Alzheimer's disease

# Neurotransmitters

---

## Dopamine

- Critically important for motor control and movements of the body
- Involved in reward mechanisms and positive emotions
- Abnormally low levels of dopamine observed in patients with Parkinson's disease
- Abnormally high levels of dopamine observed in frontal areas of the brain in patients with Schizophrenia



# Neurotransmitters

---

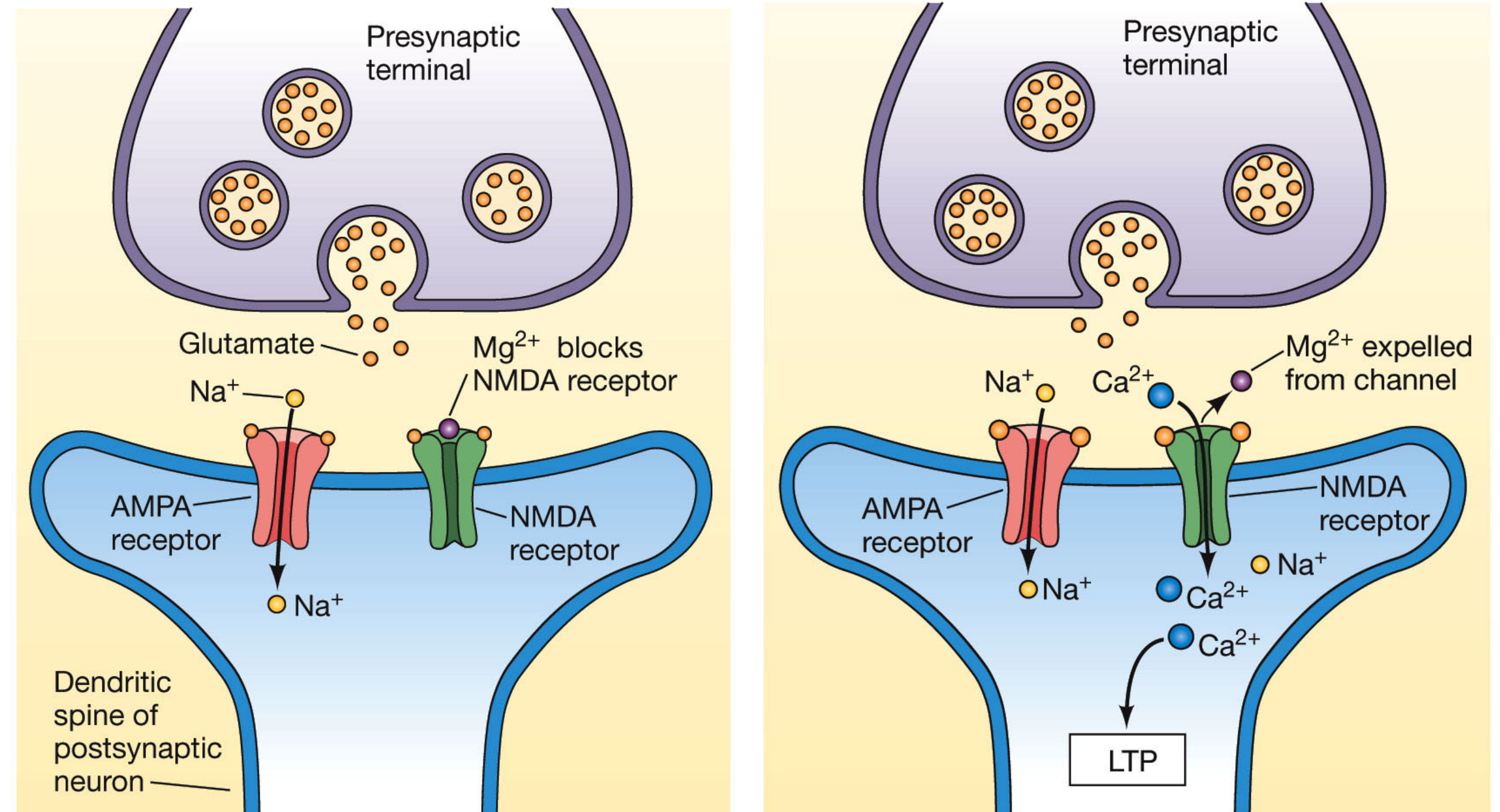
## Glutamate

- Most commonly found neurotransmitter in the nervous system
- Mainly associated with learning and memory
- Excessive production of glutamate is toxic to neurons (ALS)

# Neurotransmitters

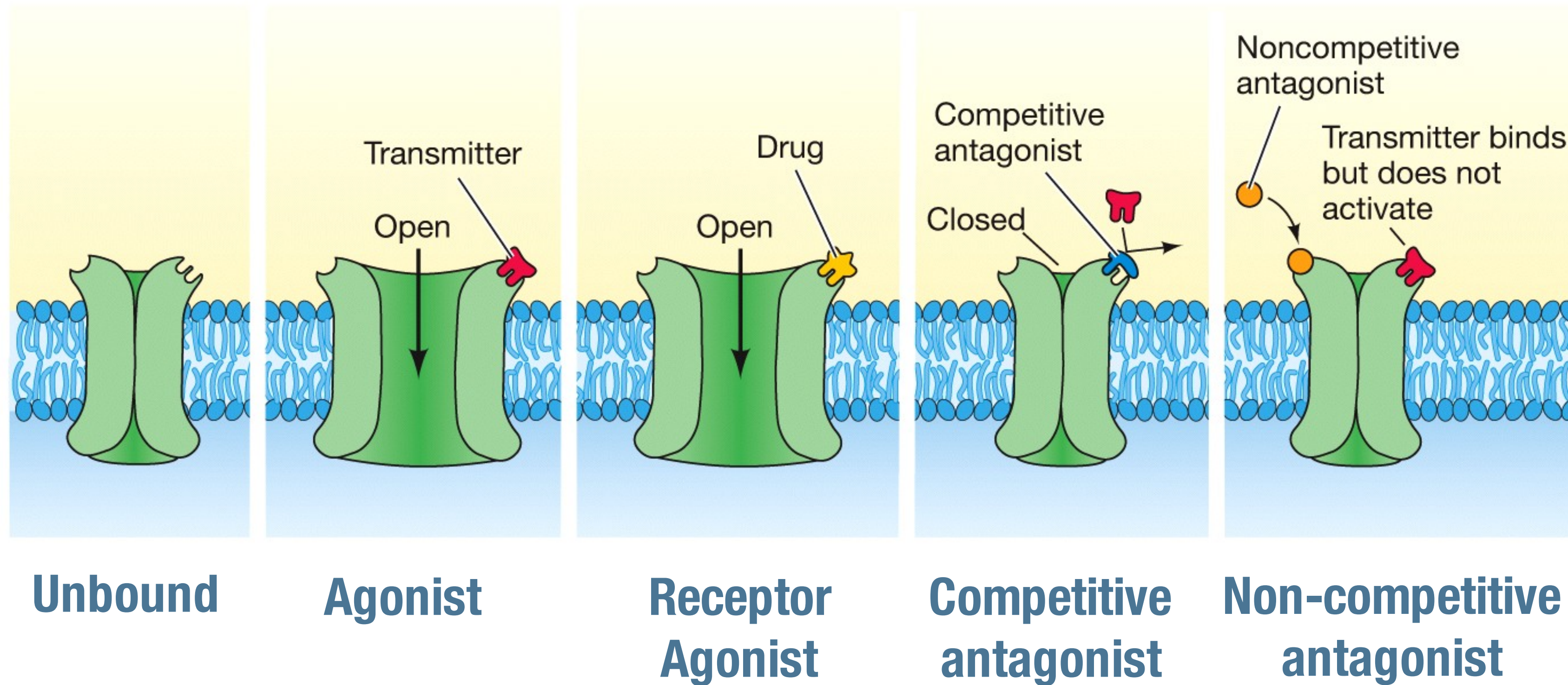
## Glutamate

- Glutamate binds to postsynaptic AMPA receptor
- Opens the receptor channel to allow influx of sodium
- Also binds to NMDA receptor to open receptor channel to allow influx of calcium
- Critical for learning and memory





# Neurotransmitters

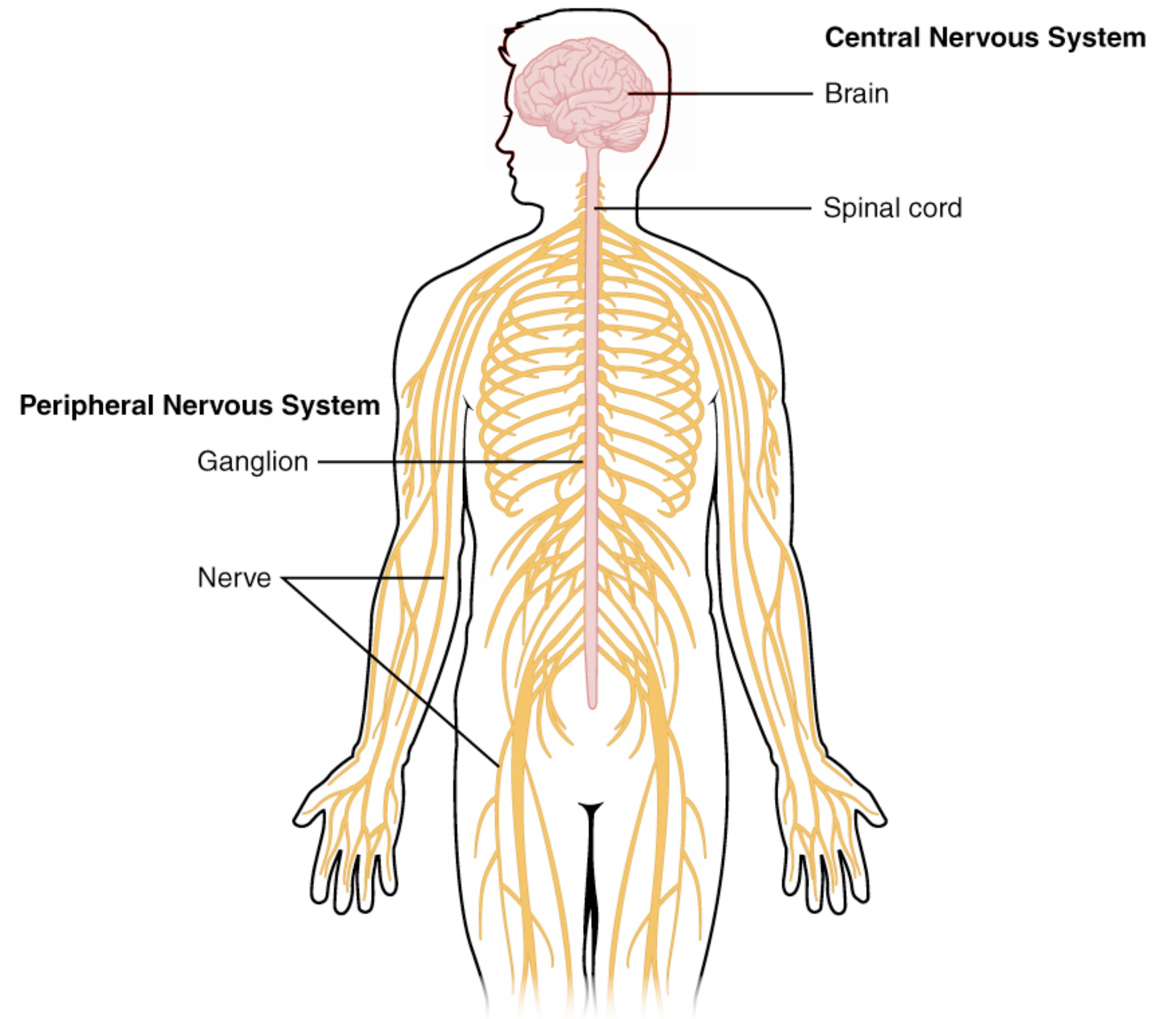




# Methods of Communication

Communication between brain and body :

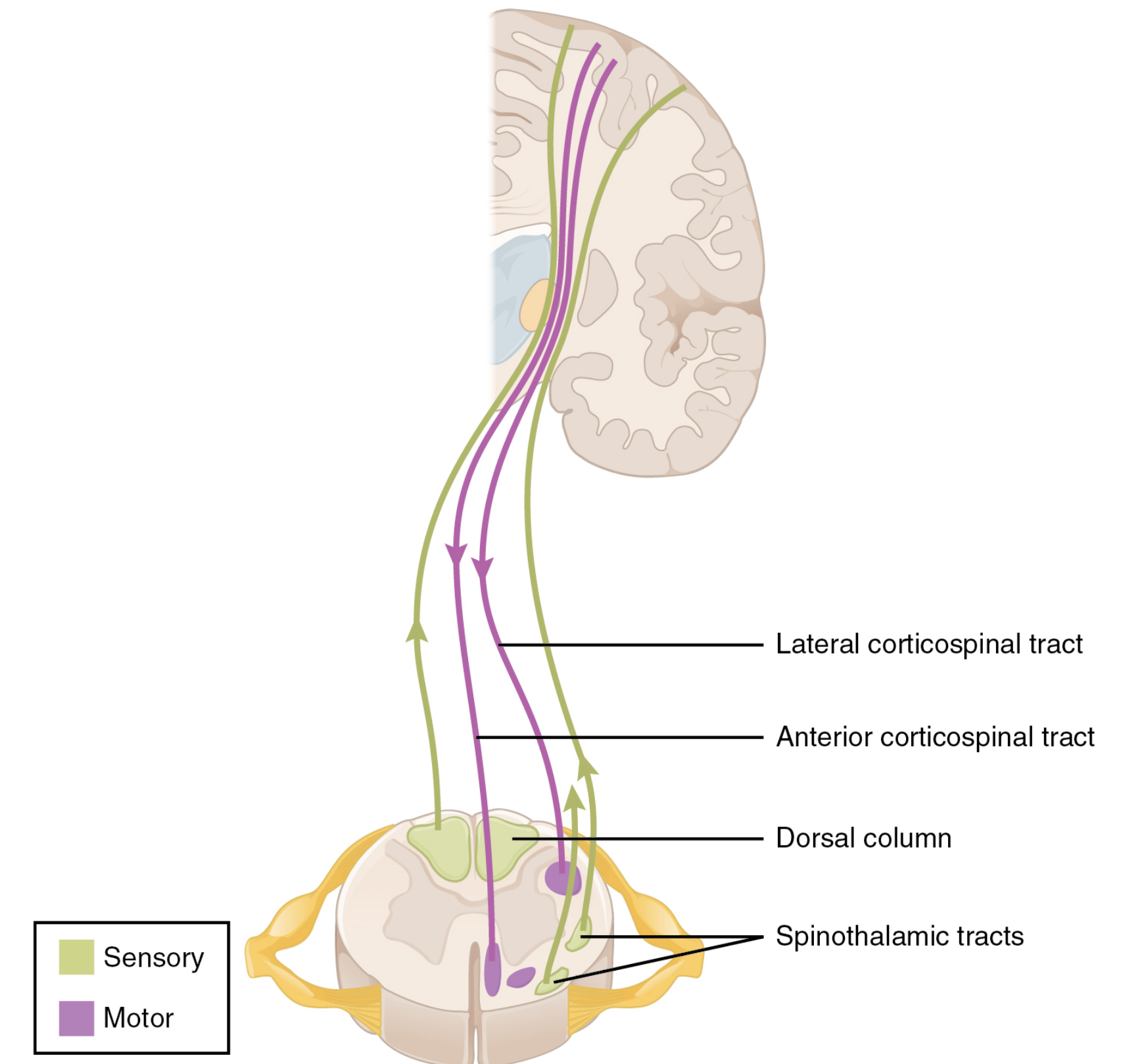
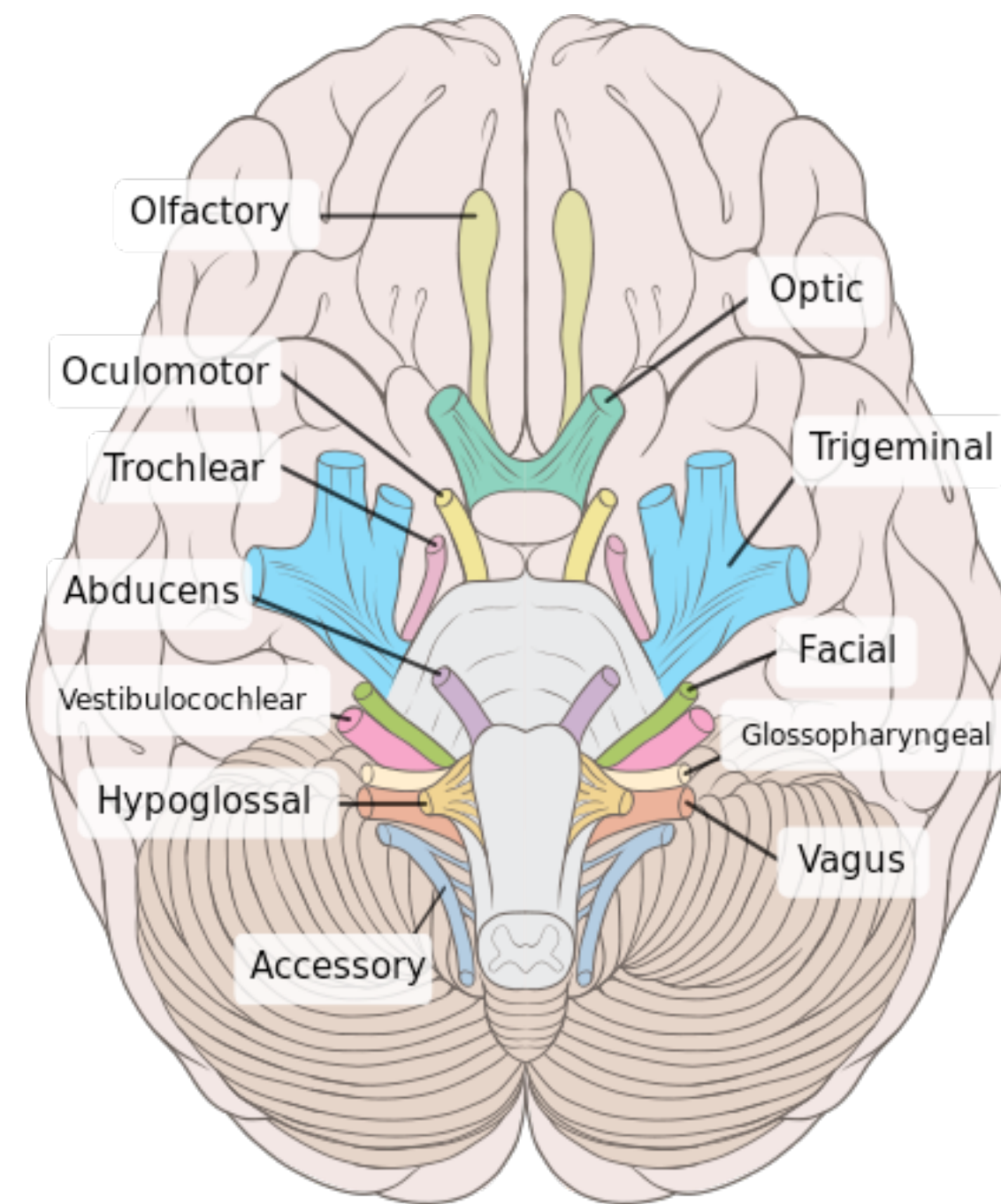
- Direct innervation through spinal cord and peripheral nerve system
- Secretion of hormones that diffuse throughout the vasculature



# Methods of Communication

Communication between brain and body :

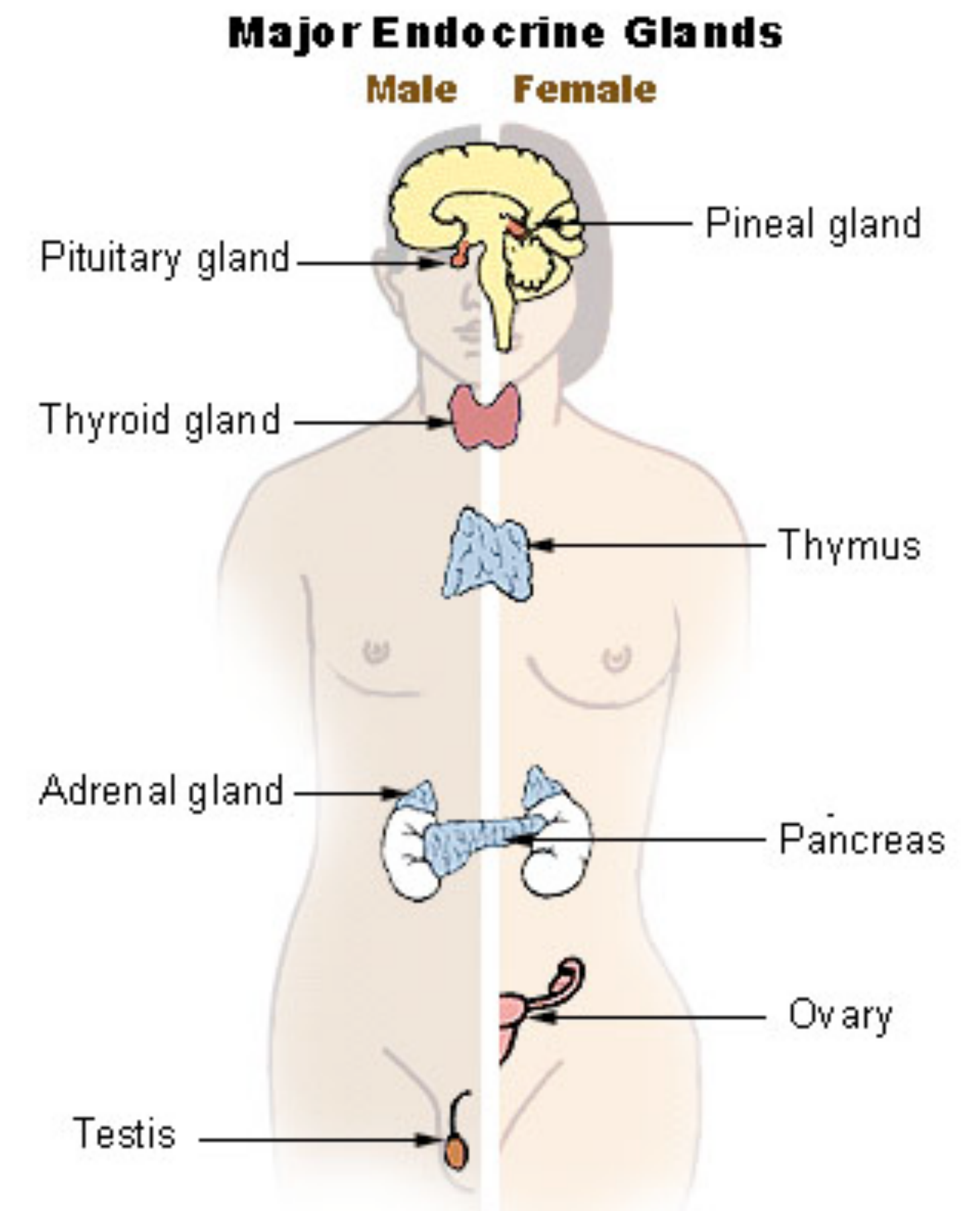
- Cranial nerves
- Corticospinal tracts





# Hormones

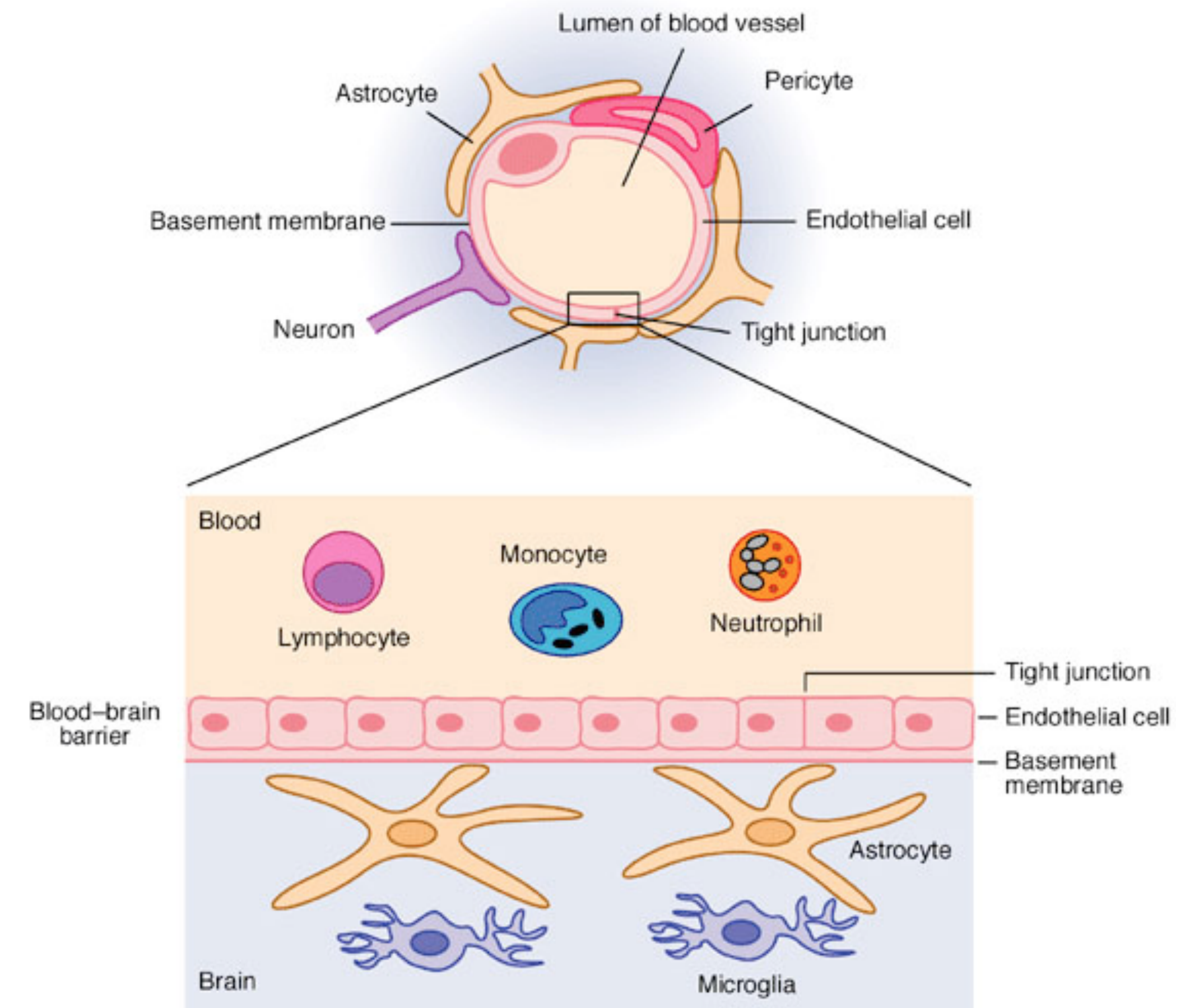
- Signaling molecules produced by glands throughout the body
- System of glands is referred to as the endocrine system
- Transported by the circulatory system to distant target organs
- Used to communicate between organs and tissue and regulates physiological and behavioral activities including heart rate, breathing, digestion, metabolism sleep, reproduction, mood etc.
- Examples of common hormones are: adrenaline,



# Hormones

Brain is neurochemically protected through blood-brain barrier:

- Endothelial cells line blood vessels
- Prevent entry of microscopic objects like bacteria and macroscopic molecules
- Only small hydrophobic molecules like oxygen are allowed through
- Actively transports metabolic products like glucose



The blood-brain barrier (BBB)

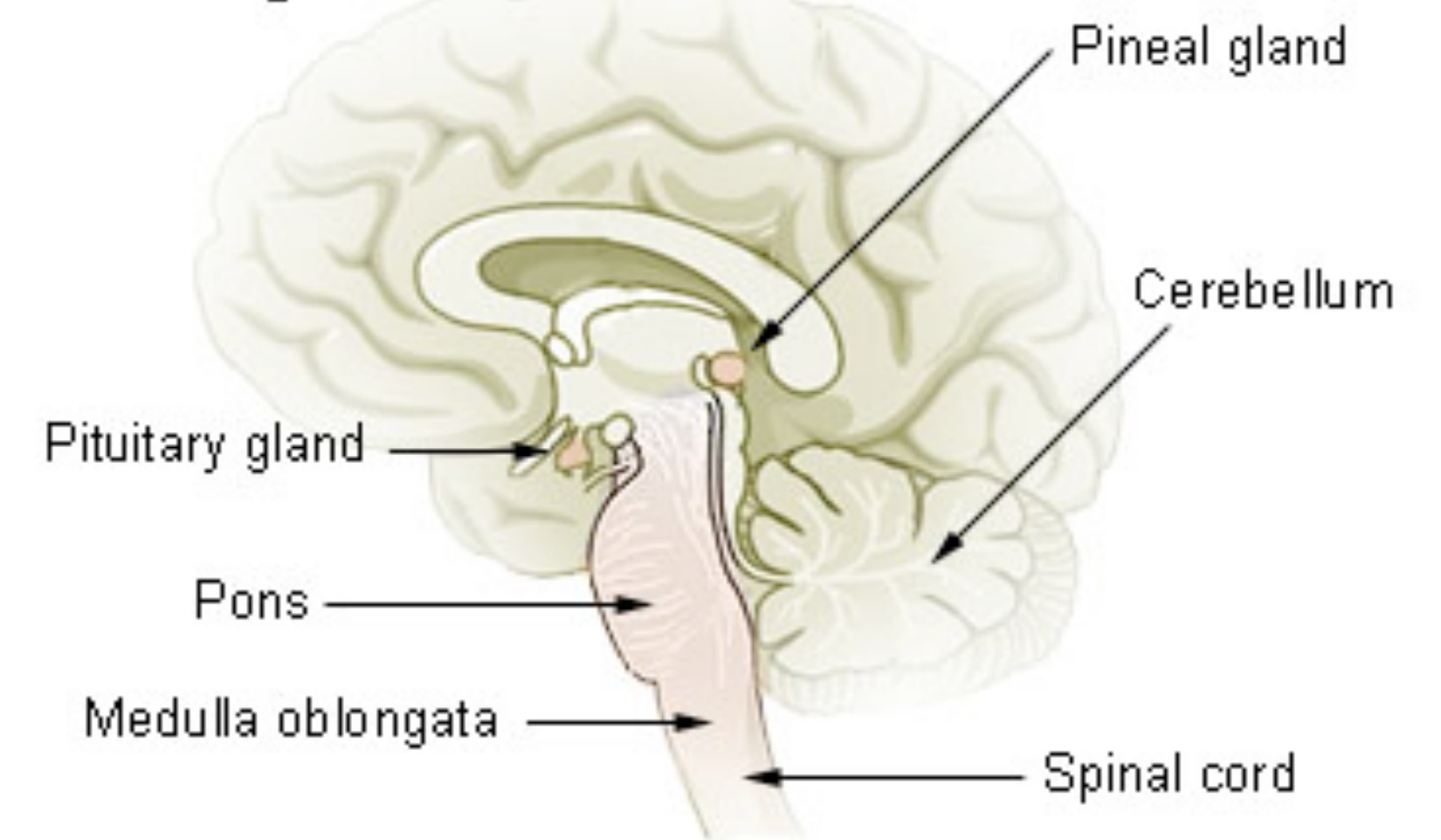


# Hormones

Some endocrine glands in the brain:

- Hypothalamus, Pituitary and Pineal glands
- Not protected by the Blood-Brain-Barrier
- Important modes of communication that regulate temperature regulation, thirst, hunger, circadian rhythm, sleep wake cycles, stress response, etc.

**Pituitary and Pineal Glands**

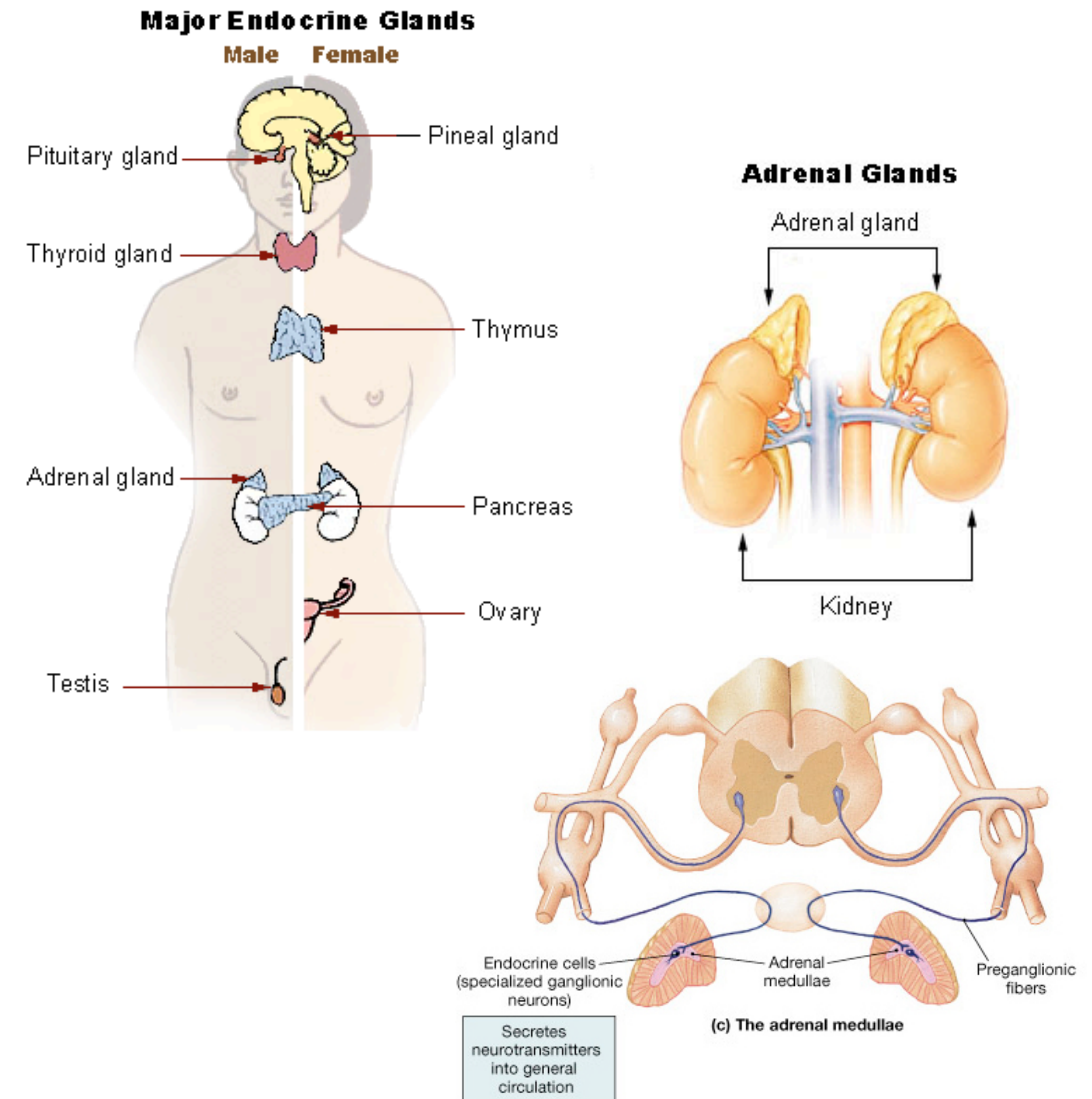




# Hormones

Hormone - brain communication is bidirectional:

- Hormones secreted in the blood can influence brain function
- For example, startling or dangerous events cause adrenal gland to excrete adrenaline into the blood stream





# Hormones

- Through blood activates the Sympathetic nervous system
- Epinephrine binds to receptors on the vagal nerve which then releases glutamate on to synapses in the brain stem facilitating the encoding of the event

