

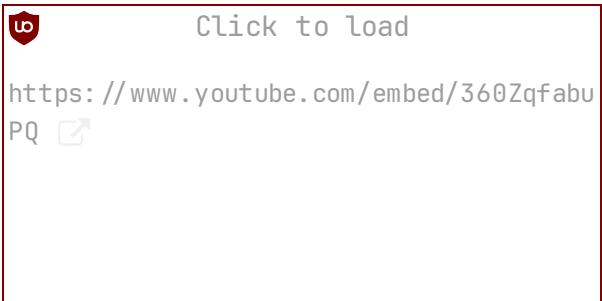
Generating videos on Sora | OpenAI Help Center

5-6 minutes

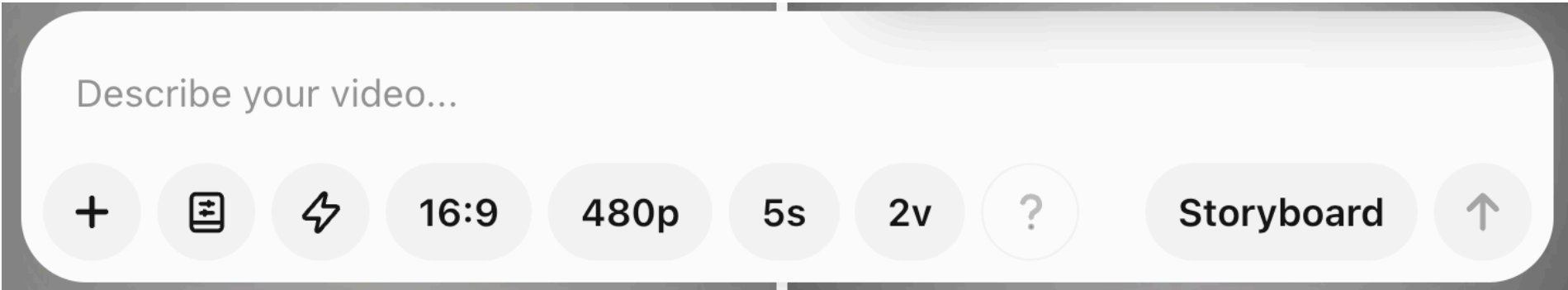
We’re excited to introduce Sora, our video generation model. Sora is able to generate complex scenes with multiple characters, specific types of motion, and accurate details of the subject and background. The model understands not only what the user has asked for in the prompt, but also how those things exist in the physical world.

Generating video content on Sora

With the [Sora Video Editor](#), you can generate videos up to 20 seconds long while maintaining visual quality and adherence to your prompt.



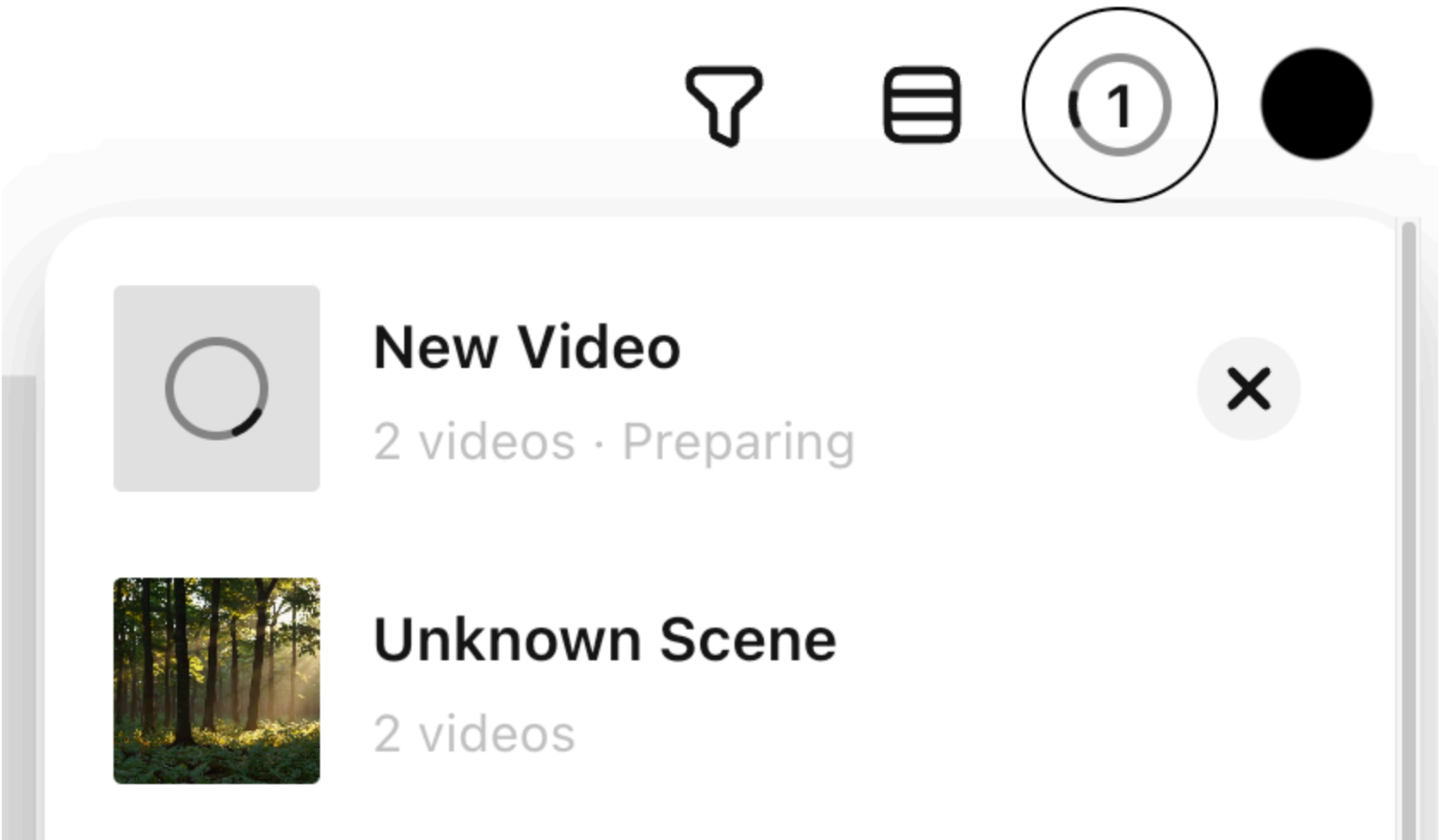
To get started, at the bottom of the screen, you can describe your video by providing text in the input field, or upload an image or video file in your initial prompt. To upload an image or video file, select the + option in the input field and pick the file you want to upload.



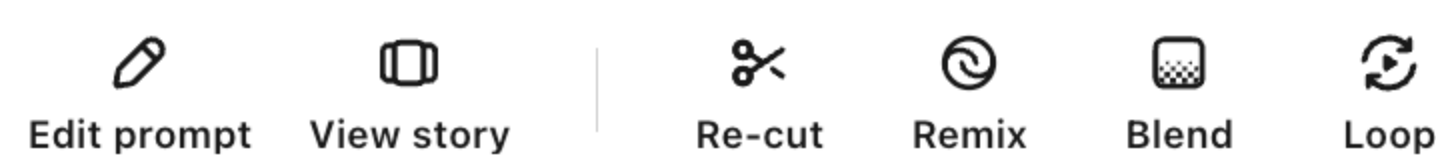
Please note, in accordance with our Upload terms agreements, you may not upload any content for which you are not the owner or do not have all necessary rights, and you may not upload any images or videos of other individuals without their express written consent.

Once you submit your prompt, you can review your settings. You can change the aspect ratio, resolution, duration, and the number of variations you will create.

Once you submit your prompt, it may take up to a minute for Sora to generate the video. You can verify the status of your video at any time by clicking on the icon on the top-right of the page.



Once your video has finished generating, you can hover over the preview in your library to watch all of your variations play back to compare the results. You can click on any of the individual videos to watch it in a larger view, which will enable you to edit and build upon the generated video.



At the top of the page, you can:

The three dots menu also enables you to Add the video to a specific folder, report the video, or delete your video. Deleted content cannot be recovered.

The Featured Feed is intended to inspire creation - featuring the best examples of how Sora unleashes creativity to create delightful, entertaining, and inspiring videos.

Using Storyboard in the Sora editor



The Sora storyboard enables you to create a video by selecting the individual frames, by timestamp, that you want generated in your video. You can access it by clicking on the Storyboard option in the input section at the bottom of the page.





You can also open the Storyboard by selecting the Re-cut option, which will open your generated content in a new Storyboard.

In the cards, you can upload a video, image, or use text to describe what you want to happen at a specific time in your video.

In the timeline, you can drag the cards to set the pace of your story. It’s recommended to leave space between the cards to give time to connect the scenes. The less space between the cards, the higher likelihood of hard cuts in your video.

In each card, you can view the source media, convert the generation into text, add a caption, or delete the card.

Convert to text



At the bottom of the page, you can set the aspect ratio, resolution, duration, and the number of variations you will create.

16:9

480p

10s

2v

None

Help

Create

Understanding Unlimited Usage

ChatGPT Pro and Plus plans offer unlimited access to Sora. However, usage must adhere to our [Terms of Use](#), which prohibits, among other things:

We have guardrails in place to help prevent misuse and are always working to improve our systems. This may occasionally involve a temporary restriction on your usage.

FAQs

What features are available for each ChatGPT tier?

ChatGPT Plus, Team, and Pro users can enjoy the following features:

Currently ChatGPT Enterprise and Edu accounts are not eligible for Sora access.

How long are video generation wait times?

Video generations are prioritized in our queues based on your ChatGPT subscription plan, with ChatGPT Pro users receiving priority. During peak hours, all users, including those on Pro plans, may experience wait times of up to several hours. We are committed to doing our best to keep processing times as fast as possible.

Limits may be enforced to prevent abuse and ensure a stable and equitable experience for all users.

Why is my video taking so long to generate?

Here are some immediate troubleshooting steps you can follow when you experience slow responses from Sora, or obtain a “service at capacity” response.


Can I choose whether or not to share my generations on the Explore feed?

Please note that all text-based video generations made with Sora may be shared to the Explore community page.

You can disable this by default by clicking on your profile icon on the top-right of the page, selecting Settings, and toggling the **Publish to explore** setting.

General

Username

pedro 

Email

pedro@openai.com

Theme

Light 

Publish to explore



Videos you create can be seen by others in the explore feeds. Turning off this setting does not unpublish videos already in the feed.

Videos that are created using uploaded media will not be published.

Is Sora part of ChatGPT Team?

We're still working to release a business version of Sora, but in the meantime we are offering Sora access to our ChatGPT Team users if they wish to try the consumer version of Sora under our [consumer Terms of Use](#).

ChatGPT Team users who access Sora using their Team account will also be opted out of training.

Is Sora available by API?

At this time, there is no API access for Sora.

How can I find if Sora is available in my country or territory?

Related Articles

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[Sora - Billing FAQ](#)

[Sora - Data Controls FAQ](#)

[Creating images on Sora](#)

[OpenAI Labs Sunset - FAQ](#)