

Assalaamualaikum,

Brothers and Sisters now u can easily become hafiz-Quran inspite of your job and daily office schedules, along with the following plan and with little efforts and a systematic approach. This method is a systematic approach with certain techniques and patience. IT is not that you decide today to become a Haafiz and Tomorrow you are. No not like that. It requires devotion, efforts, practice and aspiration to become a Haafiz-e-Quran. I have tried to made it simple by using modern methods and accessories like internet, printouts, iPOD, mobile phones, laptops and off course a syatematic approach within a time frame target which will be set for you by yourself

However remember that if u become Haafiz-e-Quran then "aakhirat me aapke ammi abba ko Taaj pehnaayaa jaayegaa Allah taalaa ki taraf se " (Allah will give Crown to our parents in life hereafter).

Before working upon this method I would recommend that you learn tajweed (The correct way of quran recitaion), however you can also learn tajweed Paaralally or even after becming Haafiz. Anytime you learn Tajweed but Tajweed is a must remember that. IF you need help on how to learn tajweed, please contact Brother zafer (zafer3000@gmail.com). He will be able to guide you. My Tajweed guidelines are also available with him.

You can Collect Tajweed CD free of cost from us.

I have tried this method and alhamdulillah it worked well for me and within just around 10 days I was able to by heart half Paara (Juz) and remaining days of the month I will just revise whatever i learnt and not jumping to the next page unless i allow the entire month to pass. However it was easy for me to remember this so quick because I had been listening this since long time. So listening is also important. Remember reading same page so many times and listening it so many times (as given in the method below) will help you so much.

"Agar isee haalat me inteqaal ho gayaa to niyyat ki barakat se haafiz logo ke saath uthaayaa jaayegaa" (if you die in between, then also Allah will lift you along with Huffaaz)

PLAN to Become Hafiz-e-Qur'an....by Brother Abdullah

Here is the plan for you and if u act accordingly, u can become a good haafiz in 5 years inshallah

1. HAAFIZEE QUR'AAN

A haafizi Quran (15 line and 20 pages per Paara/Juz) is required for becoming haafiz . Similar pdfs u can create for entire quran or i can send u . Its just say 1 hour job. PFA a sample pdf created by me from taking grabs from <http://www.quranflash.com/en/quranflash.html>

You can easily create 6 pdf files each containing 5 Paaras (Juz). Or you can request them from Brother zafer (zafer3000@gmail.com). He has all the pdfs .

If you fell you cannot do it, then no worries. You can Collect such pdfs free of cost from us.

2. Printouts to Keep Always with you

You can take print outs for Half paara (Half Juz) from this pdf and fold it 2 times leaving some HAASHIYA (some blank space) on either side and header and footer. This can be touched without being in the state of ablution (bagair wuzu) (but u dont have to touch the written area). You can keep these pages in your pocket and refer to them for reciting or memorising or as a reference if u 4get something in between. Also mark on the places where a new Ruku' starts (Ruku is generally a place where a topic of discussion takes a change. You may write some comments here for your easy remembrance e.g. "this ruku is about Infaaq and Ruku following this is about RIBAA and then next page is about DAIN (qarz)" Also for similar lines or words you can mark them, encircle them or underline them. Please Find below a sample especially in 3rd Paara (1st half). I keep few pages in my diary and read or refer them in the train while travelling for office. It helps a lot and also it motivates you.

3. Memorising Half Page per Day on Weekdays

You have to memorise 5 pages (Half paara) per month which u can do in two weeks by memorising 1 safhaa (One sided page) per day (From Monday to Friday). Saturday Sunday you can revise whatever you memorised from Mon to Friday.

Remaining 15 days of the month you can just practice whatever memorised in last 15 days. "Hafiz banna aasan hai usko baaki rakhnaa mushkil hai " (Its easy to memorise the whole quran. However it is difficult to keep in memory throughout the life. For that you need continuous practice).

OR

You can memorise 2.5 pages ($\frac{1}{4}^{\text{th}}$ of a paara(Juz)) per week and complete the Paara (Juz) in one months. You can do in two weeks by memorising 1 safhaa (One sided page) per day (From Monday to Friday). Saturday Sunday you can revise whatever you memorised from Mon to Friday.

The next month you can just practice this 1 Paara (Juz) which you have memorised in the last month.

4. Reading, Reading and Reading

You have to read these 5 pages repeatedly or you can divide it into 2.5 pages per week so that within 2 weeks u can accomplish 5 pages (half paara i.e. half Juz)

5. Utilisation of Listening Skills

During this one month you have to listen only that specific half Paara on headphones repeatedly. This will ease your task. Do not use an Audio Quran with translation. You can listen on iPod, computer, laptop or your mobile while travelling in a train or a car.

- (A) You also repeat along with the Qaari and also try to predict the next Aayat (Sentence) the Qaari is going to recite.
- (B) Or Simply plain listening with some concentration is also sufficient.
- (C) Better to listen the 1 paara (Juz) which you have decided to memorise after one month from now onwards. Or listen to the current $\frac{1}{4}^{\text{th}}$ paara (Juz) or you can do a mix and match of both.

Believe me even if if you listen without concentration, it will create some remark at the back of your mind, however you should listen it with concentration. This is a very

important skill which helped me a lot. When I used to do it, I was so passionate that I used to sleep with headphones listening to quran.

This u can easily do by downloading Imaame haram's quran or any other qari you like from Internet (e.g. www.aswatalislam.net) and make half Paara (Juz) clips by clipping softwares (u can join all 114 soora and make one file and then split it into 30 Paaras and then half half Paaras (Juz) and preferably 4 parts approximate sizes i.e. one fourth of a Paara (Juz), there are many softwares available for doing this e.g. mp3 split, mp3 merger etc which you can download freely from internet). If you face difficulty in this then you can take from brother zafer, the readymade sets.

I generally make 4 parts from one Paara (Juz) and complete one fourth of a paara in one week (Mon-Fri) and then the next week I do the next one fourth. The remaining 15 days I completely devote for practicing whatever I learnt in the previous 2 weeks.

Example:

1st week of a month: Initial 2.5 pages of say Paara (Juz) 3

- Read repeatedly only these 2.5 pages
- Concentrate more on 1 single side of a pg (Safha) per day (Mon – Fri). You may not remember everything, don't worry the next day concentrate on next Safha and also revise previously memorised pages few times (Revision1)
- Listen repeatedly and daily only these 2.5 pages. Better that you listen the complete para which you have to memorise the nest month before itself
- Keep pdfs of only these 2.5 pages, mark comments especially when a Ruku Starts
- In addition to daily revisions (revision1) sat, sun revise the entire 2.5 pages again and again (revision2).
- If you feel you are still not perfect, then also leave it at this stage as we have 15 more days for revision3.
- Similarly complete the next 2.5 pages and now you have to revise these 5 pages daily in the next 15 days

OR

- You may complete 1 Paara (Juz) in one month and keep the entire noext month for revision of this one Paara (Juz) which you have memorised in the last month.

Remember:

When you don't remember few things and proceed further then your mind will pressurise itself that, "Ohhh ! I have gone so much ahead and still previous pages are weak" . Then your mind will try to remember the previous pages perfectly...So this way you have to Push yourself Psychologically.

If you fell you cannot do it, then no worries. You can Collect such mp3 files divided into 4 parts for each Juz (Paara) readymade for you free of cost from us.

6. This point is optional:

If you get more time and or you are bored of listening to the same stuff or you have already covered the target of 1 month within 15 to 20 days then you can listen to the future lessons (Paara/Juz) whatever you like. However just listen and leave it. Don't try to memorise it at this stage. This is just to keep it at the back of your mind.

7. Revision:

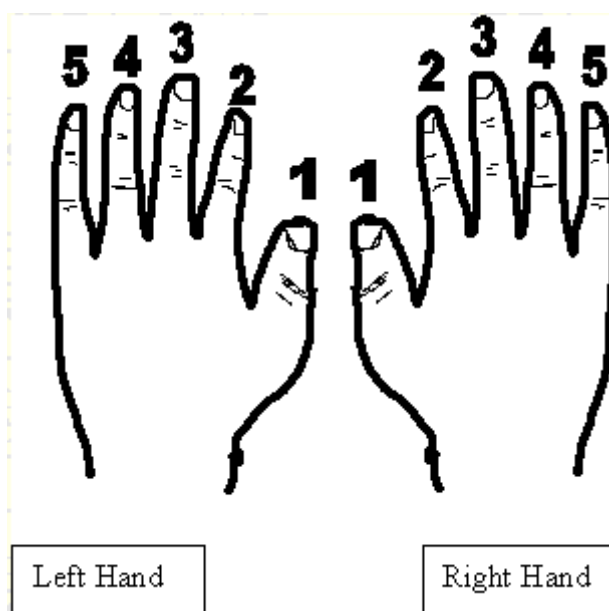
(A) In Salah (daily prayers):

Whatever you have memorised in the past, it is very important to remember that and the best way for that is, you have to recite that in the daily 5 times Prayers (Namaaz).

(B) During Free Time:

When you get free time for example while walking towards the railway station or during morning walk or during walking after the dinner or while going for Masjid, you can practice four to five pages depending upon the time you have.

There are 10 pages per Paara (Juz) and there are 10 fingers in our two hands. So just remember one finger representing one page. The backside of one finger represents the front side of a page and the backside of the same finger represents the backside of the same page. By this way you can remember how much you are practicing or from where you are reciting e.g. If you feel you should revise the 1st quarter of the Paara (juz) then you can keep a watch on your fingers or hold them or press them slightly so that you keep a track of your revision pages. This will also let you know how much you have revised. For example while walking towards the railway station you have revised 5 fingers it means you have completed half Paara (Juz).



8. Some prerequisites:

Before every tilawat its better to make Istigfaar, Recite Kalima (Shahadah) and refresh your Faith (Imaan) and realise that this is the most true book , respect it, think that your heart will be purified with the help of this book and the recitation will increase your faith (Imaan).

Make niyyah (Intension) of practicing this book in your lives, spreading its message to others. Make niyyah (Intension) that you are reciting this only for pleasing Allah and Think as if you are reciting and He is listening to your recitation.

Make duaa that " Oh Allah! Help me to recite , the way you want me to recite. Oh Allah give me Ikhlaas" "Oh Allah please you become Raazee (Agreed) with me", "Oh Allah make me hafiz e Quarn"

9. From Where To Start

Start from the Paara (Juz) which is very easy/convenient for you or you have listened to it many times in the past or you think that you remember some part (may be weakly) from it already . This will make it and easy and successful start.

10. A General Estimate of the Time Required for complete Hifz:

If u work this way then 1 Paara will take 2 months and 30 Paaras (Juz) will take 60 months i.e. 5 years. It also depends upon individuals memory and the practice, time devoted etc etc.

11. Test Your Individual Timeframe and memorising skills:

I would recommend that try memorising one Juz (Paara) with this technique and observe the time taken to reach good fluency. Based on the result you can estimate how much time you will take to complete 30 Paaras (Juz) by just multiplying the number of days taken by 30.

No of days required for Hifz = 30 X No of days taken to memorise one Paara (Juz)

If you are a working professional or a businessman, I would recommend you not to complete one Paara (Juz) before 2 months even if you are capable of doing so. (so that you get more time for practicing).

Some people may be extra ordinary with good memory and may require lesser practice (especially the ones who have got Quran listening habits on audios). They can finish the Hifz in just 2.5 to 3 yrs.

Some people may take longer time i.e. more than 5 years. No need to worry because
(A) If you die in these days, you will be considered Haafiz in the sight of Allah Taala and
(B) If you take 7 to 10 years also along with your job or profession or business then it is worth

12. Female Exceptional Days:

For females during their Ayyam (days prohibited for Prayers) they can just listen to the qur'aan and they can see it visually the pdfs without touching at the portion where they Quranic verses are written (they can touch it and hold it from the blank or commented margins (Haashiya). No need to recite during these days. These days can be planned only for revisions , listening and watching the pdf.

13. Abstinences (Parhez):

Try to safeguard yourself from Sins (Gunaah) especially safeguard your gaze. Protect your eyes from their wrong usage.

Avoid wasting time in gossiping and other useless time eating activities like spending 2 hrs in a cafeteria unnecessarily

NB:

If you are not able to do it due to some exceptional reasons like very weak memory etc, then please take suggestions from a scholar if you should do the Hifz or not. Because Some Scholars do not recommend Hifz to few specific people and there is nothing wrong in it. There are certain factors with few individuals for taking the decision of not doing Hifz. So Don't do it if you are in such a category.

A Request from Author's Side:

Remember me (brother Abdullah) in your Duaas. It was all possible to write these line only with the help of Allah SWT.

You can contact brother Zafer (zafer3000@gmail.com) if you have any queries. I will try to answer them inshallah. You can also let us know about the progress, problems you face while executing this method.

Regards

Abdullah, Mumbai

Please find below the sample PDF Printouts to be commented and kept along with you

Sample PDF Printouts to be taken and commented

<p>Infaaq waalo ki Misaal</p> <p>Infaaq karke jo ehsan nahi rakhte</p> <p>Infaaq pe ehsan jatane walo ki misal</p>	<p>٣٥ البقرة ٣</p> <p>وَاذْكُرْ اِبرٰهٖمَ رَٓبَّ اٰرَافَ كَيْفَ تَتَّبٰى السَّوْٓى قَالَ اَوَلَمْ تُؤْمِنْ قَالَ بَلٰى وَلٰكِنْ لَّيَطْمِئِنُّ قَلْبِىْ قَالَ فَخُذْ اَنْبٰىعَ مِنَ الظُّلُمٰتِ فَمِنْ هُنَّ اِلَيْكَ ثُمَّ اجْعَلْ عَلَىٰ كُلِّ جَبَلٍ مِّنْهُنَّ جُزْءًا مِّنْ اَدْعٰهُنَّ يٰ اِيْمٰنُكَ سَعْيًا وَاَعْلَمَ اَنَّ اللّٰهَ عَزِيزٌ حَكِيْمٌ ﴿١١٢﴾ مِّثْلَ الَّذِيْنَ يُنْفِقُوْنَ اَمْوَالَهُمْ فِيْ سَبِيْلِ اللّٰهِ كَمَثَلِ حَبَّةٍ اَنْثَرْتَ سَبْعَ سَنَآئِلَ فِيْ كُلِّ سَبْتٍ لِّمَآئَةِ حَبَّةٍ وَاللّٰهُ يَضْعَفُ لِمَنْ يَّشَآءُ وَاللّٰهُ وَاسِعٌ عَلِيْمٌ ﴿١١٣﴾ الَّذِيْنَ يُنْفِقُوْنَ اَمْوَالَهُمْ فِيْ سَبِيْلِ اللّٰهِ لَمْ يَكُنْ لَّيُفْقُوْا مَا انْفَقَوْا مِثْلًا وَلَا اَدْرٰى لَهُمْ اَجْرُهُمْ عِنْدَ رَبِّهِمْ وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُوْنَ ﴿١١٤﴾ قَوْلٌ مَّعْرُوفٌ وَمَغْفِرَةٌ خَيْرٌ مِّنْ صَدَقَةٍ يَتَّبِعُهَآ اَدْرٰى وَاللّٰهُ عَزِيزٌ عَلِيْمٌ ﴿١١٥﴾ اِنَّهَا الَّذِيْنَ اٰمَنُوْا تَبْتَغُوْنَ اَصْدَقَ فِتْنَةٍ بِالْمَنِّ وَالْاَدْرٰى كَالَّذِيْ يُفِيْقُ مَالَهُ رِثًا لِّلَّذِيْنَ لَا يُؤْمِنُ بِاللّٰهِ وَالْيَوْمِ الْاٰخِرِ فَمَا لَهُ كَمَثَلِ صَفْوٰنٍ عَلَيْهِ ثَوْبٌ قٰصَابَةٌ وَاٰلُ قَرْيَةٍ سَلَدُوْا الْاَفْعٰدَ يُؤْنَسُ عَلٰى شَيْءٍ مَّا كَسَبُوْا وَاللّٰهُ لَا يَهْدِى الْقَوْمَ الْكَافِرِيْنَ ﴿١١٦﴾</p> <p align="center">مٰنزل</p>	<p>٣٣ البقرة ٣</p> <p>اِنَّ اللّٰهَ وَلِىُّ الَّذِيْنَ اٰمَنُوْا يَخْرِجُهُمْ مِّنَ الظُّلُمٰتِ اِلَى النُّوْرِ وَالَّذِيْنَ كَفَرُوْا اَوَّلِيْبَهُمْ الظُّلُمٰتُ يَخْرِجُوْنَهُمْ مِّنَ النُّوْرِ اِلَى الظُّلُمٰتِ اُولٰٓئِكَ اَصْحٰبُ النَّارِ هُمْ فِيْهَا خٰلِدُوْنَ ﴿١١٧﴾ اَلَمْ تَرَ اِلَى الَّذِيْ جَآءَ اِبْرٰهٖمَ رَٓبَّ الَّذِيْ يٰحٰى وَيُذِيْثُ قَالَ اَنَا اُخِيْ وَابِيْتُ قَالَ اِبْرٰهٖمُ قٰنَ اللّٰهُ يٰ اٰحٰبِىْ بِالْشَّمْسِ مِّنَ الشَّمْسِ يَوْمَئِذٍ قَالَتِ بَنُوْا اِلَيْهِ الَّذِيْ كَفَرْنَا وَاللّٰهُ اَرٰىهُمْ اِلٰهًا غَيْرَ الَّذِيْنَ هُمْ عَلٰى قُرْبٰى مِّنْ عٰلَمٍ قَرِيْبٍ ﴿١١٨﴾ هُوَ خَالِدٌ عَلَىٰ عَرْوَةِ شِمْشٍ اَقَالَ اٰلِىْ يٰحٰى هٰذَا اللّٰهُ بَعْدَ مَوْتِهَا قٰمًا مَّآءَةَ اللّٰهِ مِآئَةً عَامٍ ثُمَّ يَتَّبِعُهَا قَالَ كَمْ لَبِثْتَ قَالَ لَبِثْتُ يَوْمًا اَوْ بَعْضُ يَوْمٍ قَالَ بَلٰى لَبِثْتَ مِآئَةً عَامٍ قٰنَظَرُ اِلٰى طَمَاسِكَ وَشَرَّ اِيَّكَ كَمْ يَتَّبِعُهَا وَانْظُرْ اِلٰى جَمَارِكَ وَلِيَجْعَلَكَ اٰيَةً لِّلْعٰلَمِيْنَ وَانْظُرْ اِلَى الْعُظَامِ كَيْفَ نُنْشِزُهَا ثُمَّ نَكْسُوْهَا لَحْمًا قُلْ لِّمَآ تَكْفُرُوْنَ لَهٗ قَالِ اَعْلَمُ اَنَّ اللّٰهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيْرٌ ﴿١١٩﴾</p> <p align="center">مٰنزل</p>	<p>Ibrahim</p>
<p>Infaaq ikhlas se karnewalo ki misal</p> <p>Infaaq ka hukm (paak maal se)</p> <p>Infaaq Raat Din Karne Wale</p>	<p>٣٤ البقرة ٣</p> <p>وَمَا انْفَقَعُمْ مِّنْ ثَقَفَةٍ اَوْ نَذْرٍ مِّنْ شَيْءٍ قٰنَ اللّٰهُ يَعْلَمُهُ وَمَا لِلظّٰلِمِيْنَ مِنْ اَنْصَارٍ ﴿١٢٠﴾ اِنْ تُبَدُّوا الصَّدَقٰتِ فَيَنْبَغِ اِىَّ اَوْ اِنْ تُخْفَوْهَا وَ تُؤْتُوْهَا الْفُقَرٰآءَ فَهُوَ خَيْرٌ لَّكُمْ وَيَكْفُرْ عَنْكُمْ مِّنْ سَيِّئَاتِكُمْ وَاللّٰهُ بِمَا تَعْمَلُوْنَ خَبِيْرٌ ﴿١٢١﴾ لَيْسَ عَلَيْكَ هُدٰىهُمْ وَلٰكِنَّ اللّٰهَ يَهْدِىْ مَنْ يَّشَآءُ وَمَا تُنْفِقُوْا مِنْ خَيْرٍ فَلَا تُفْسِدُوْا وَمَا تَنْفِقُوْنَ اِلَّا اِسْتِغْنَاءً وَجْهَ اللّٰهِ وَمَا تَنْفِقُوْا مِنْ خَيْرٍ لَّوْى اِلَيْكُمْ وَاَنْتُمْ لَا تظْلُمُوْنَ ﴿١٢٢﴾ لِلْفُقَرٰآءِ الَّذِيْنَ اُخْصِرُوْا فِيْ سَبِيْلِ اللّٰهِ لَا يَسْتَطِيعُوْنَ صَرْفًا فِى الْاَرْضِ يَحْسَبُهُمُ الْجَاهِلُ اَغْنِيَاءَ مِنَ التَّعَفُّفِ تَعْرِفُهُمْ بِسِيْمَتِهِمْ لَا يَسْأَلُوْنَ النَّاسَ الْخَافِ اَوْ مَا تَنْفِقُوْا مِنْ خَيْرٍ قٰنَ اللّٰهُ بِهٖ عَلِيْمٌ ﴿١٢٣﴾ الَّذِيْنَ يُنْفِقُوْنَ اَمْوَالَهُمْ فِيْ سَبِيْلِ اللّٰهِ وَالْهَآءِ اِسْرًا وَعَلٰى نِيَّةٍ فَلَهُمْ اَجْرُهُمْ عِنْدَ رَبِّهِمْ وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَحْزَنُوْنَ ﴿١٢٤﴾</p> <p align="center">مٰنزل</p>	<p>٣٦ البقرة ٣</p> <p>وَمِثْلَ الَّذِيْنَ يُنْفِقُوْنَ اَمْوَالَهُمْ اِتِّبَاعًا مَّرْصٰتٍ اللّٰهُ وَ تَتَّبِعُنَّ اِمْنًا اَنْفُسِهِنَّ كَمَثَلِ حَبَّةٍ يَّرْتَوٰى اَصَابَهَا وَاٰلُ قَاتَتِ اَكْثُهَا ضَعْفَيْنِ قٰنَ اَلَمْ يُصِْبْهَا وَاٰلُ قَطُلٌ وَاللّٰهُ بِمَا تَعْمَلُوْنَ بَصِيْرٌ ﴿١٢٥﴾ اَيُّوْذٍ اَحَدُكُمْ اَنْ يَّكُوْنَ لَهُ جَنَّةٌ مِّنْ جَنَّةٍ وَاَعْنَابٍ تَجْرٰى مِنْ تَحْتِهَا الْاَنْهٰرُ لَهُ فِيْهَا مِنْ كُلِّ الشَّجَرِ اَصَابَةُ الْكِبَرِ وَلَهُ ذُرِّيَّةٌ ضَعْفًا قٰصَابَةٌ اِعْصٰرٌ فَيُدْنٰوْا فَاصْخَرُوْا كَذٰلِكَ يُبَيِّنُ اللّٰهُ لَكُمْ الْآيٰتِ لَعَلَّكُمْ تَتَفَكَّرُوْنَ ﴿١٢٦﴾ اٰلِهَا الَّذِيْنَ اٰمَنُوْا اَنْفِقُوْا مِنْ طَيِّبَاتِ مَا كَسَبْتُمْ وَمِمَّا اَخْرَجْنَا لَكُمْ مِنَ الْاَرْضِ وَلَا تَتَّبِعُوْا الْخَيْثَ مِنْهُ تَنْفِقُوْنَ وَلَسْتُمْ بِاٰحِدٍ بِهٖ اِلَّا اَنْ تَعْطُوْا فَيُدْنٰوْا اَعْلَمُ اَنَّ اللّٰهَ عَزِيزٌ حَكِيْمٌ ﴿١٢٧﴾ اَلَشَّيْطٰنُ يَدْعُوْكُمْ اِلَى الْفَقْرِ وَيَاْمُرُكُمْ بِالْفَحْشَآءِ وَاللّٰهُ يَعُوْذُ بِكُمْ مِّنْهُ وَقَالِ اللّٰهُ وَاسِعٌ عَلِيْمٌ ﴿١٢٨﴾ يُوْفِى الْحِكْمَةَ مَنْ يَّشَآءُ وَمَنْ يُّؤْتِ الْحِكْمَةَ فَقَدْ اُوْفِىْ خَيْرًا كَثِيْرًا وَمَا يَدْرٰى اِلَّا اُولُو الْاَلْبَابِ ﴿١٢٩﴾</p> <p align="center">مٰنزل</p>	<p>Infaaq Raat Din Karne Wale</p>