

The Power in Me!

A Gratitude Journal For Healing

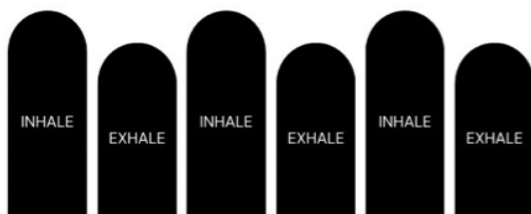


5 Minute Gratitude Journal

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UNITED WAY OF ERIE COUNTY
HEALING CONNECTIONS

Breath before writing



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What are you grateful for today?

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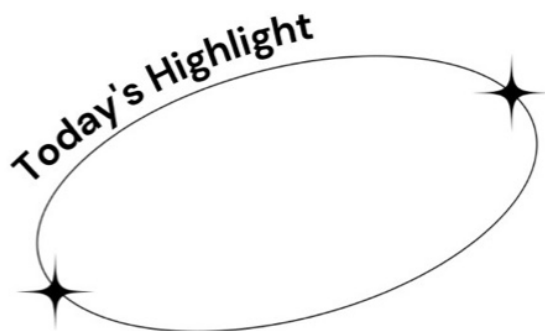
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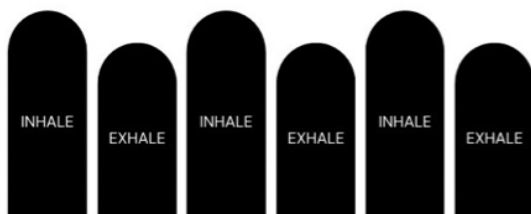
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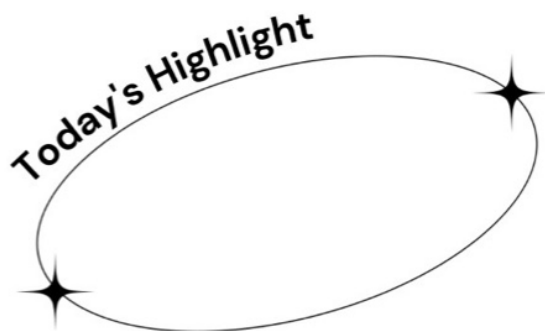
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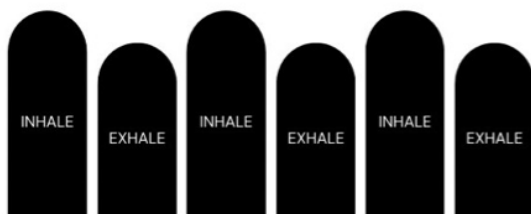
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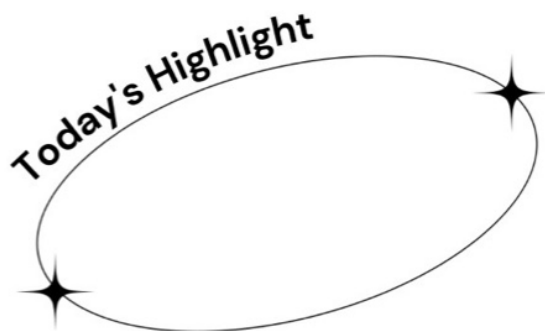
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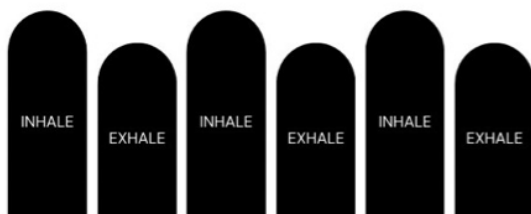
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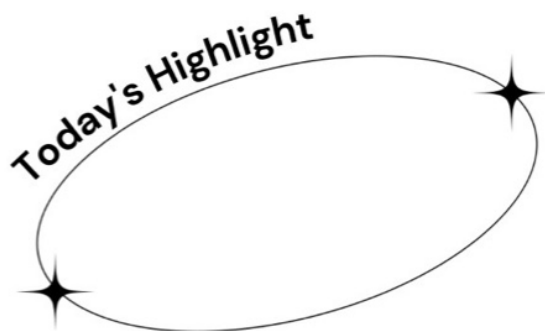
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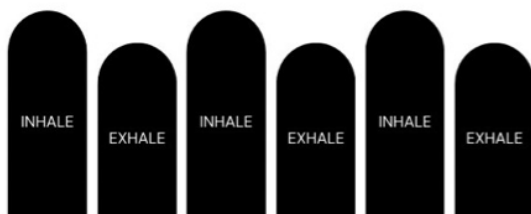
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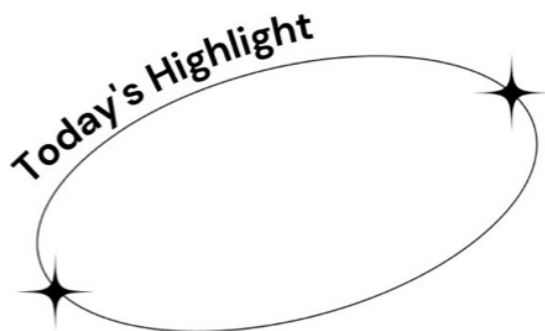
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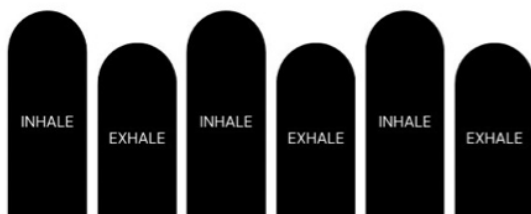
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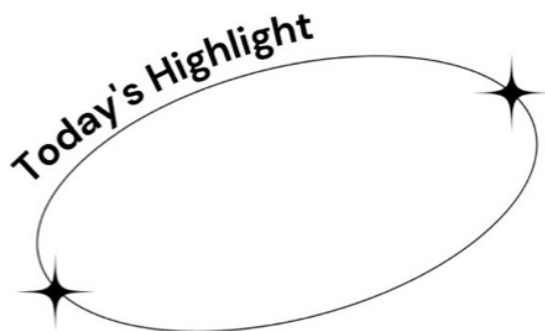
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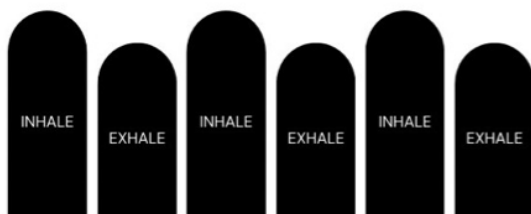
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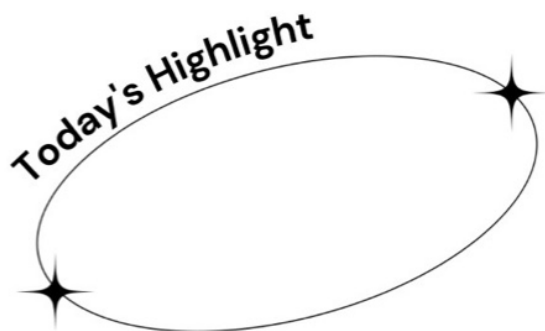
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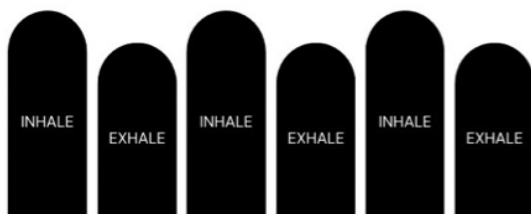
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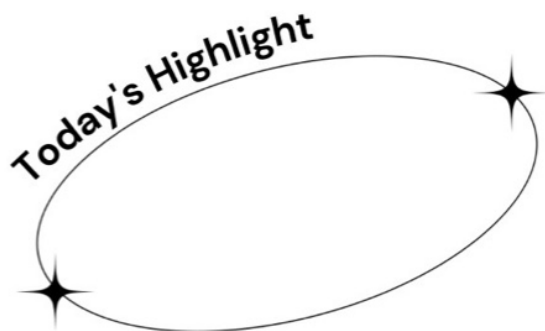
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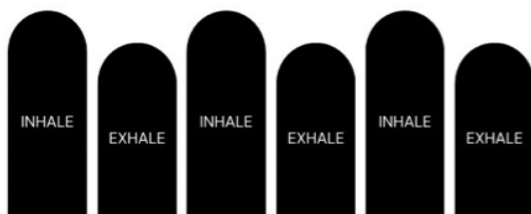
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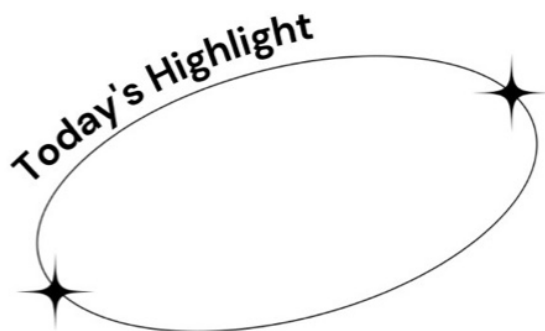
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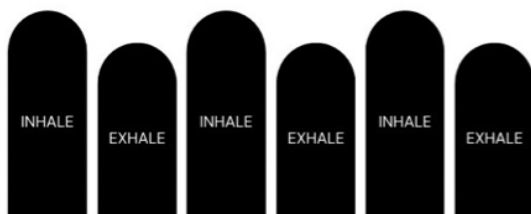
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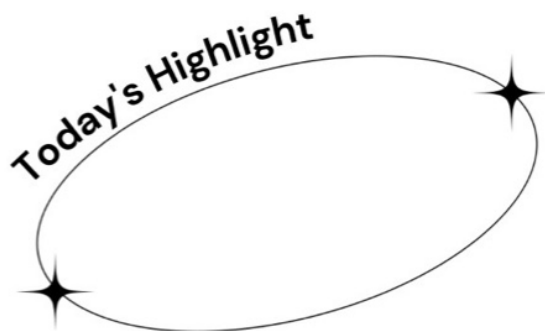
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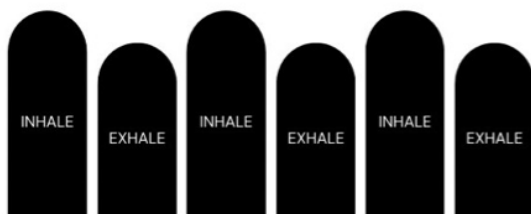
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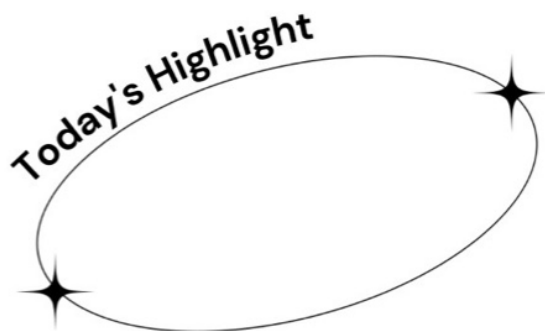
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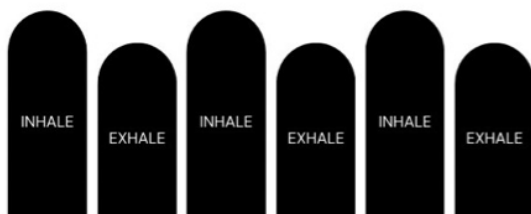
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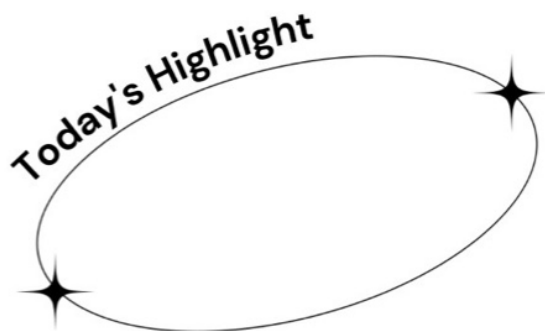
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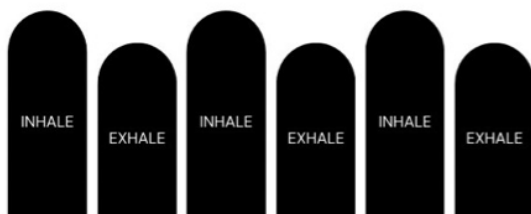
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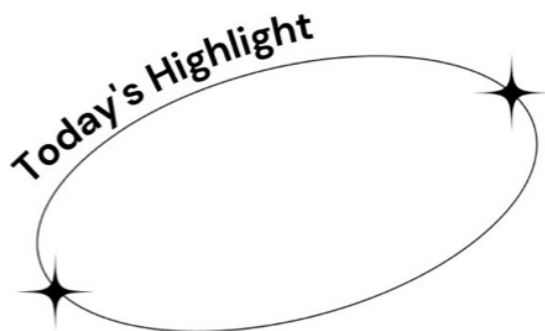
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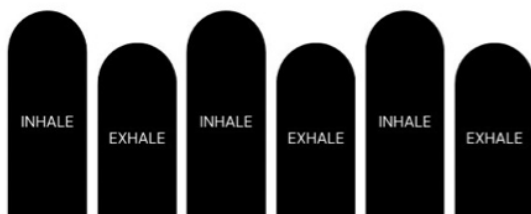
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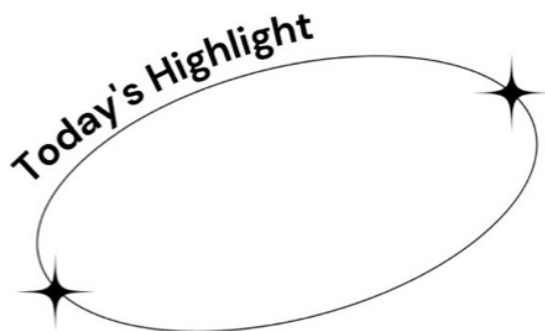
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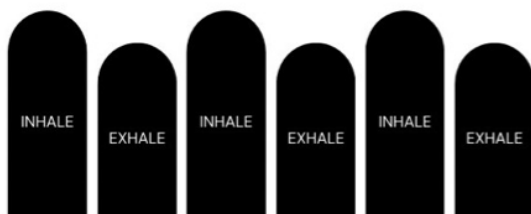
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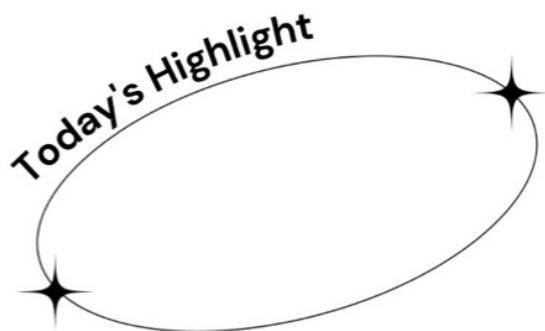
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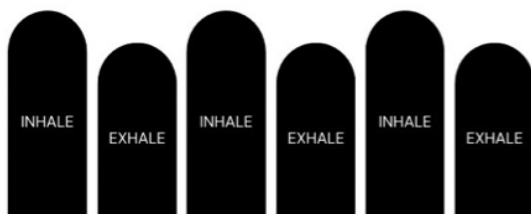
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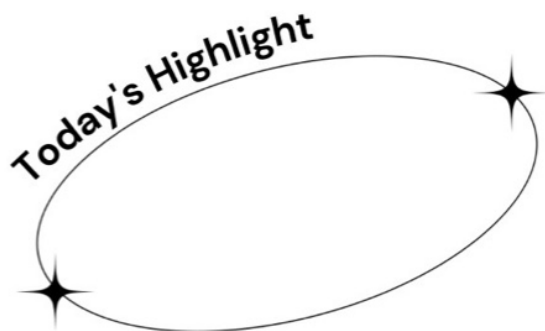
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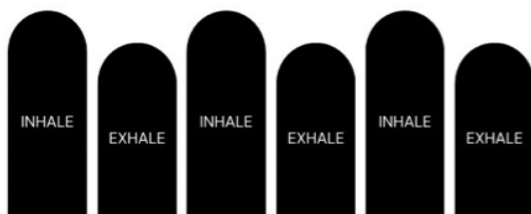
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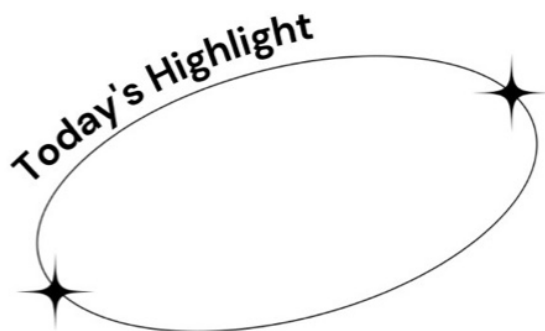
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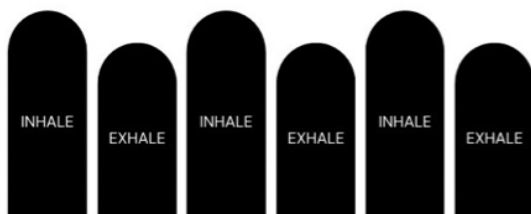
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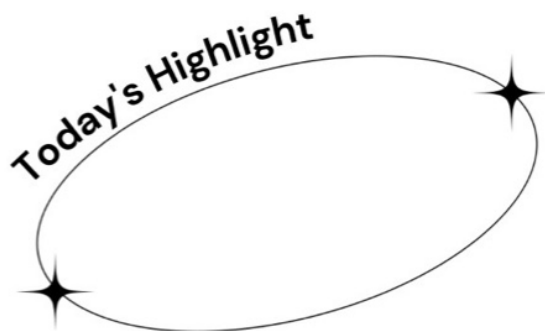
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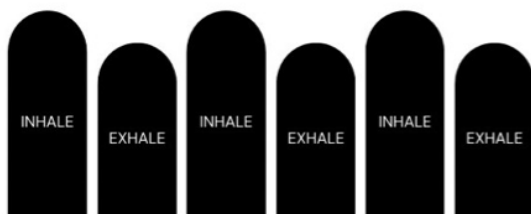
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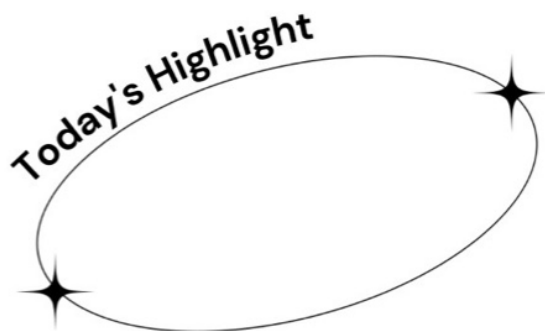
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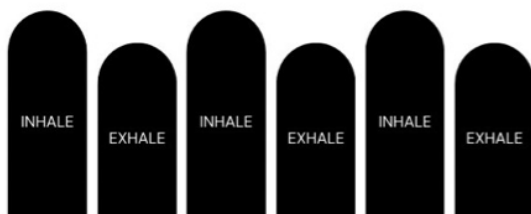
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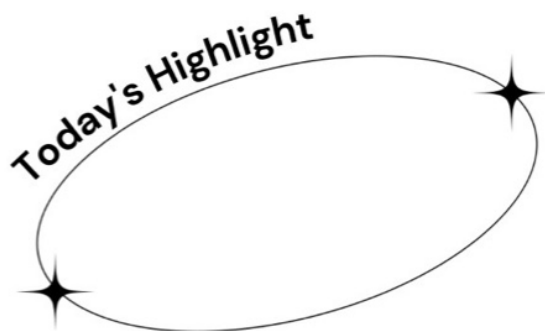
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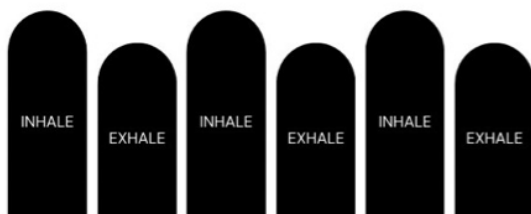
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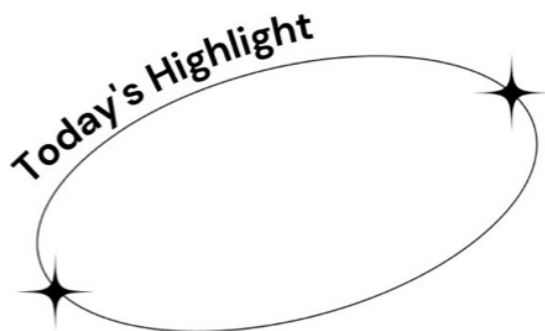
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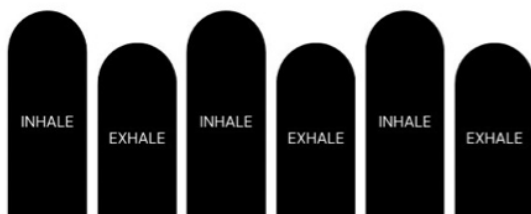
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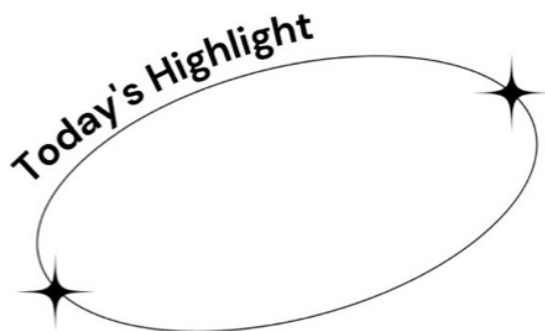
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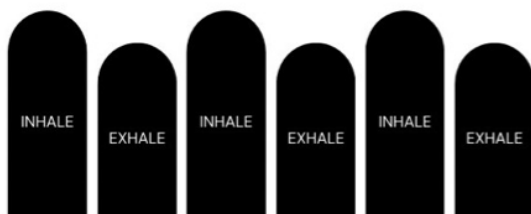
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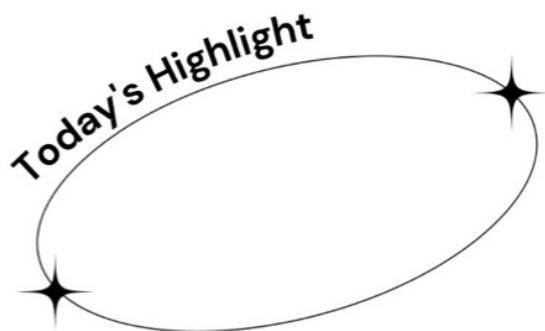
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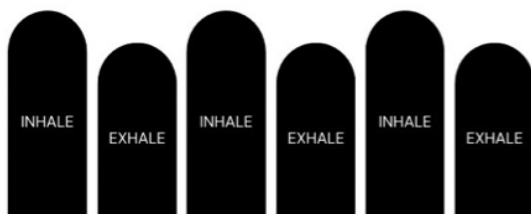
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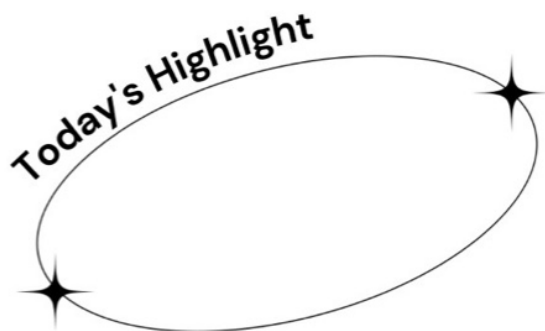
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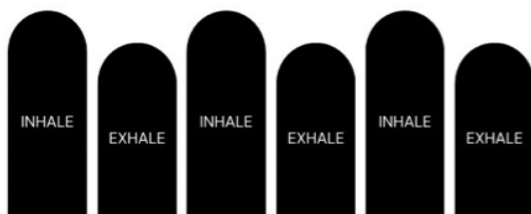
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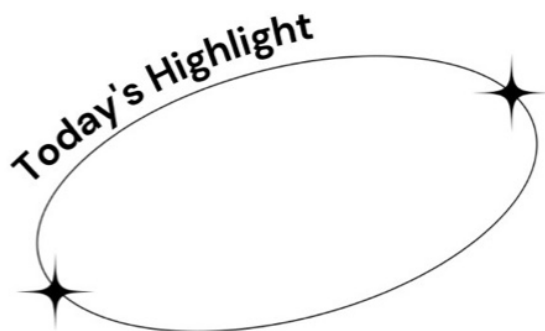
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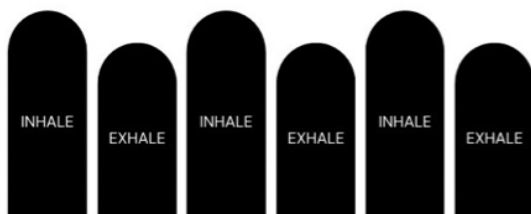
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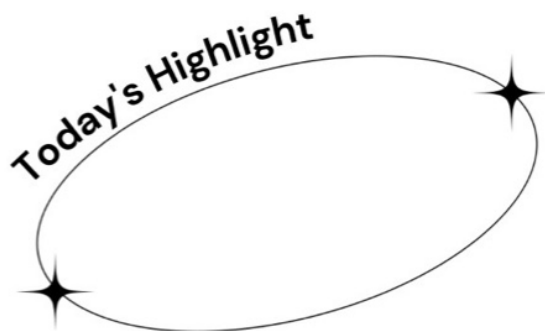
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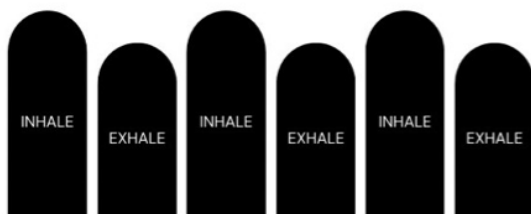
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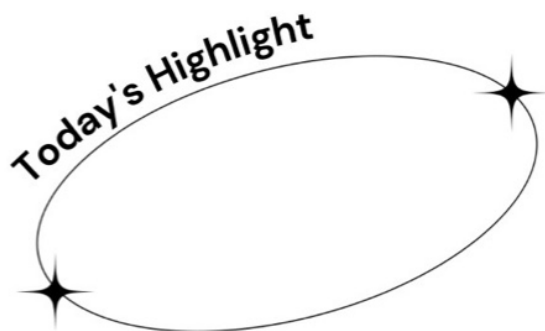
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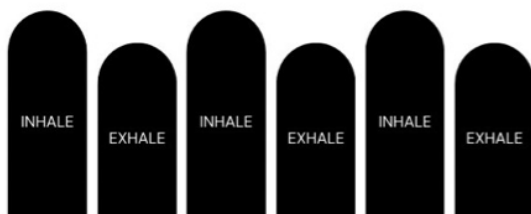
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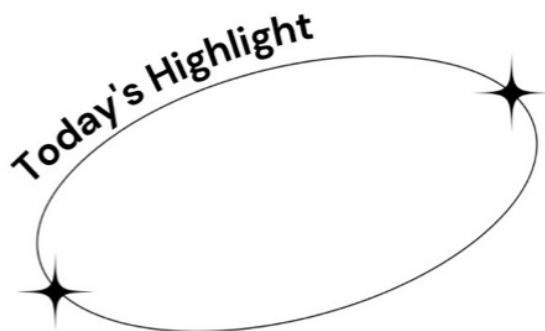
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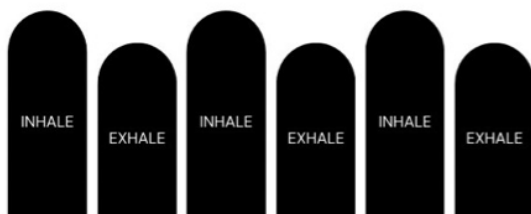
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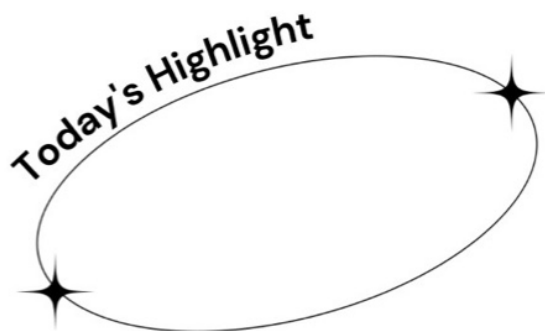
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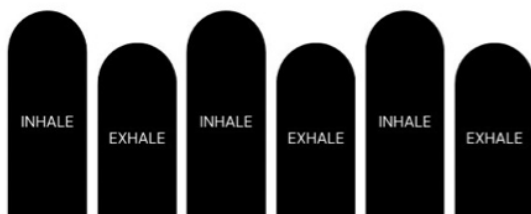
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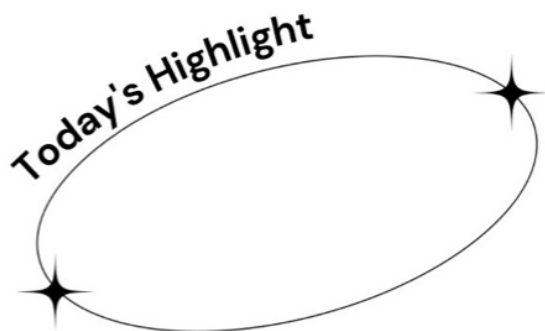
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