



# Resus cheat sheet



## 01

### To spark the heart

Adrenaline: 0.1 ml/kg(1:10k) or 10 mics/kg  
For infusion start at 0.05-0.1 mcg/kg/min  
(X1000 for nanogram)

Naloxone : 0.1 mg/kg

## 02

### To open the windows

Surfactant : 200mg/kg  
Intubation:  
Morphine: 100 mics/kg  
Midazolam: 100 mics/kg  
Atracurium: 0.5-1 mg/kg

## 03

### To calm a storm

- Seizures:
- 1: Phenobarbital 20mg/kg with overhead of 40.
  2. Leveriracetam(keppra): : to load with 40-60mg/kg and maintain with 10-20 mg/kg once or twice a day

## 04

### To give a boost

Fluid:  
10 ml/kg NS(0.9%) for resus  
2 ml/kg DNS(0.18%) for hypoglycemia  
Blood:  
PRBC: 20ml/kg over 3 hours  
FFP: 10-20ml/kg over 1/2 to 1 hour  
Bicarb: 1-2 ml/kg bolus of 4.2%

