

# "THE CHARLESTON" RHYTHMIC EXERCISES

RHYTHMS TO BE USED IN COMPING, IMPROVISATION  
AND SIMPLY TO IMPROVE RHYTHMIC/TIME-FEEL  
FOR ALL MUSICIANS. PLEASE WATCH THE VIDEO!

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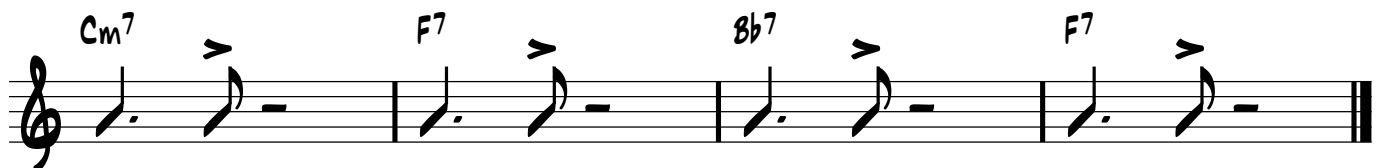
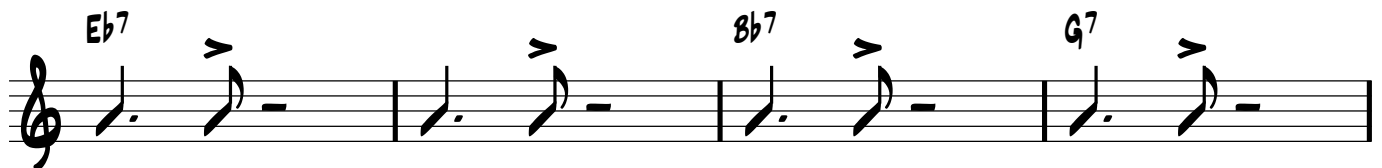
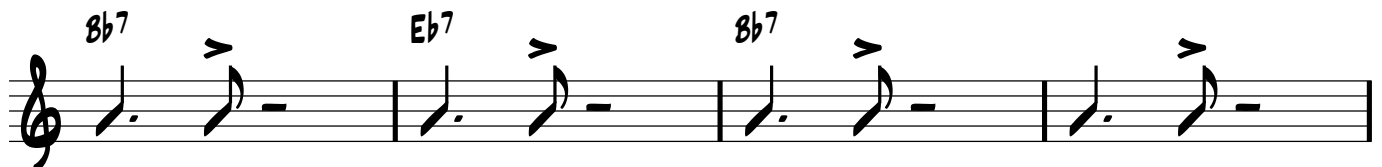
## WHAT \*IS\* A CHARLESTON?



"DOTTED QUARTER - EIGHTH"

THIS AMOUNTS TO PLAY ON BEATS 1 AND "2&" OF EACH BAR. EASY!

## ON BLUES...



## SAME THING, START ON BEAT 2...



YOU CAN REPEAT BY STARTING ON BEAT 3 AND THEN BEAT 4.

\*CAREFUL WITH THE ANTICIPATIONS!\* (WATCH VIDEO)

# ON BLUES...NOW STARTING ON UPBEATS

Three staves of musical notation for a blues exercise. Each staff contains four measures of music. The first staff has chords  $Bb7$ ,  $Eb7$ ,  $Bb7$ , and  $Bb7$ . The second staff has  $Eb7$ ,  $Bb7$ ,  $Bb7$ , and  $G7$ . The third staff has  $Cm7$ ,  $F7$ ,  $Bb7$ , and  $F7$ . The notation includes eighth notes, quarter notes, and rests, with accents over the eighth notes.

REPEAT BY STARTING ON "&2", ON "&3" AND ON "&4"  
 \*CAREFUL WITH THE ANTICIPATIONS!\* (WATCH VIDEO)

## ALL THE CHARLESTONS LOCATIONS - 8 IN TOTAL

First staff of musical notation for Charleston locations. It shows two measures of music, each with a quarter note and an eighth note. The first measure is labeled "1" and the second is labeled "(1) &".

Second staff of musical notation for Charleston locations. It shows two measures of music, each with a quarter note and an eighth note. The first measure is labeled "2" and the second is labeled "(2) &" with a dashed arrow pointing to the eighth note and the text "\*ANTICIPATION".

Third staff of musical notation for Charleston locations. It shows two measures of music, each with a quarter note and an eighth note. The first measure is labeled "3" and the second is labeled "(3) &" with a dashed arrow pointing to the eighth note and the text "\*ANTICIPATION". Below the second measure is the text "THOUGHT OF AS A PICKUP".

THOSE LAST TWO "LOCATIONS" (STARTING ON BOTH "4" AND "&4") SHOULD BE ANTICIPATED ALSO

Fourth staff of musical notation for Charleston locations. It shows two measures of music, each with a quarter note and an eighth note. The first measure is labeled "4" and the second is labeled "(4) &".

## "COMBINE" MORE THAN ONE CHARLESTON...



PLAYING ONLY CONSECUTIVE EIGHTH-NOTES UNTIL IT "WRAPS AROUND" ... (AFTER 3 BARS)

## FOR INSTANCE ON BLUES...



BEAT 4 IS ANTICIPATED. PRACTICE THIS ONE LOTS!

NOTE THAT YOU CAN REPEAT THE SAME PROCESS (2 CONSECUTIVE CHARLESTONS) STARTING ON DIFFERENTS BEATS AGAIN...

YOU COULD ALSO DECIDE TO PLAY STRICTLY IN CONSECUTIVE EIGHTH-NOTES (LIKE THE FIRST LINE ON THIS PAGE) AND GO THROUGH FAMILIAR TUNES WHILE COMPING. ONCE AGAIN, THERE'S EIGHT POSSIBLE STARTING LOCATIONS FOR ALL THIS. EXPLORE AND SEE WHAT YOU CAN FIND.