



# Effective Use of Voice in Scientific Writing

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# About Me

## Mikyong Lee, PhD

### Education

- PhD, Educational Psychology, University of Munich, Germany
- PhD, Science of Nursing, Chonnam National University
- MA, TESOL (Teaching English to Speakers of Other Languages), Sookmyung Women's University
- BA, Science of Nursing, Yonsei University

### Research & Work Experiences

- Assistant Professor, Nursing Department, Kwangju Women's University
- Guest Researcher, Educational Psychology, University of Munich, Germany
- Research Committee Chair, Korea TESOL (대한영어교육학회)
- Editorial Board member, Journal of Korea TESOL
- Academic Trainer & Consultant, Editage
- Research Project, National Research Foundation of Korea (한국연구재단)
- Research Project, Bio-medical Research Institute, Chonnam National Univ. Hospital
- Former Visiting Scholar, Educational Psychology, University of Texas (UTSA), USA
- Published papers in international & domestic venues (SCI/E, SSCI, SCOPUS, KCI)



# Workshop Outline

1. Passive voice and active voice
2. Voice in the scientific manuscript
3. Uses of passive and active voice

# 1. Passive voice and active voice

# Misconceptions in scientific writing

- The passive voice is preferred over the active voice because it is the more formal style of writing.



# The passive voice is inherently obscure.

“We need to clearly identify our characters and then show the reader what those characters do.

The **passive voice** makes storytelling **more difficult** because it **hides the characters** deep in the sentence—if it shows them at all.”

-Jacob Brogan, 2015-

# The passive voice is inherently obscure.

“The **passive voice** makes storytelling **more difficult** because it **hides the characters** deep in the sentence—if it shows them at all.” -Jacob Brogan-

- Knowing who carried out the action makes things clearer.
- The passive voice is inherently ambiguous.
- The subject-verb relationship is weak in passive sentences.



The active voice is generally preferred.

“In general, **authors should use the active voice**, except in instances in which the actor is unknown or the interest focuses on what is acted on.”

-AMA Manual of Style-

# The active voice is generally preferred.

“Nature journals **prefer** authors to write in the **active voice** ("we performed the experiment...") as experience has shown that readers find **concepts and results to be conveyed more clearly** if written directly.”

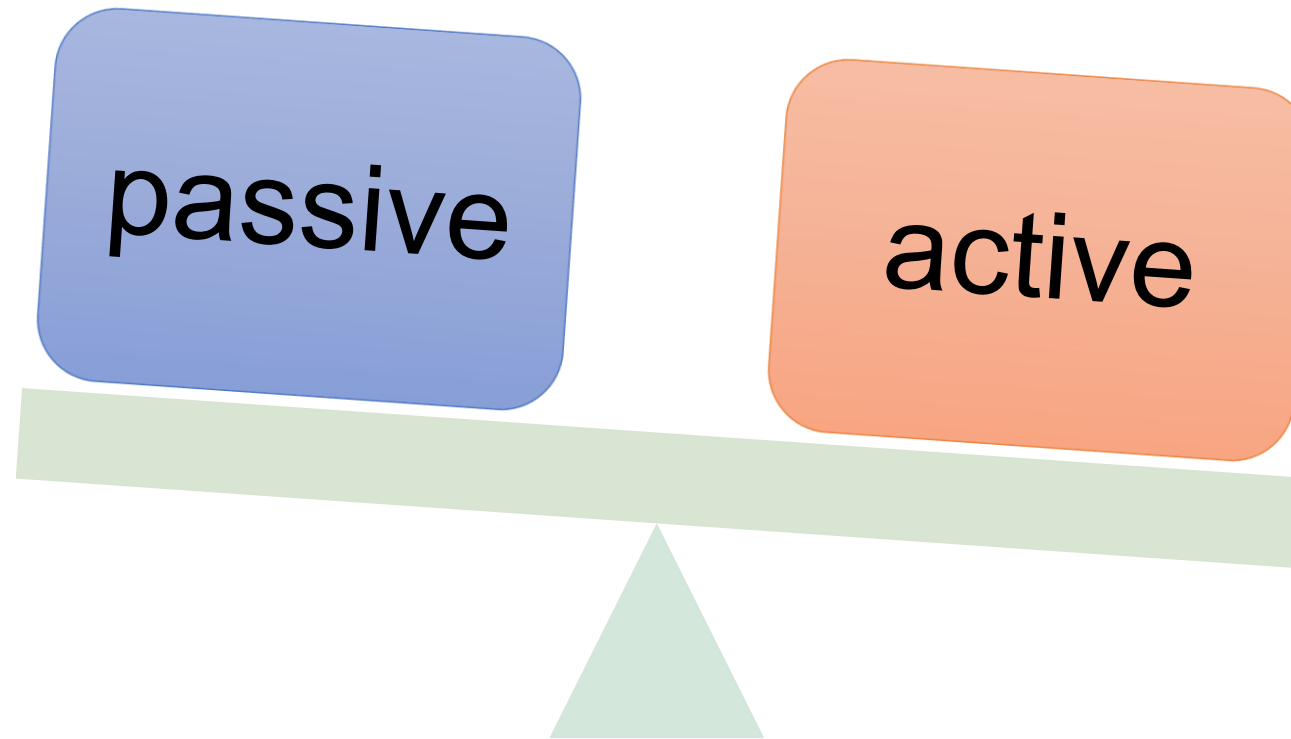
-Nature-

# The passive voice is used selectively.

- The use of the passive voice should be **selective**.
- Voice should be selected on the basis of **emphasis**, that is, what needs to be emphasized or what needs to be de-emphasized.

# Clarity and voice

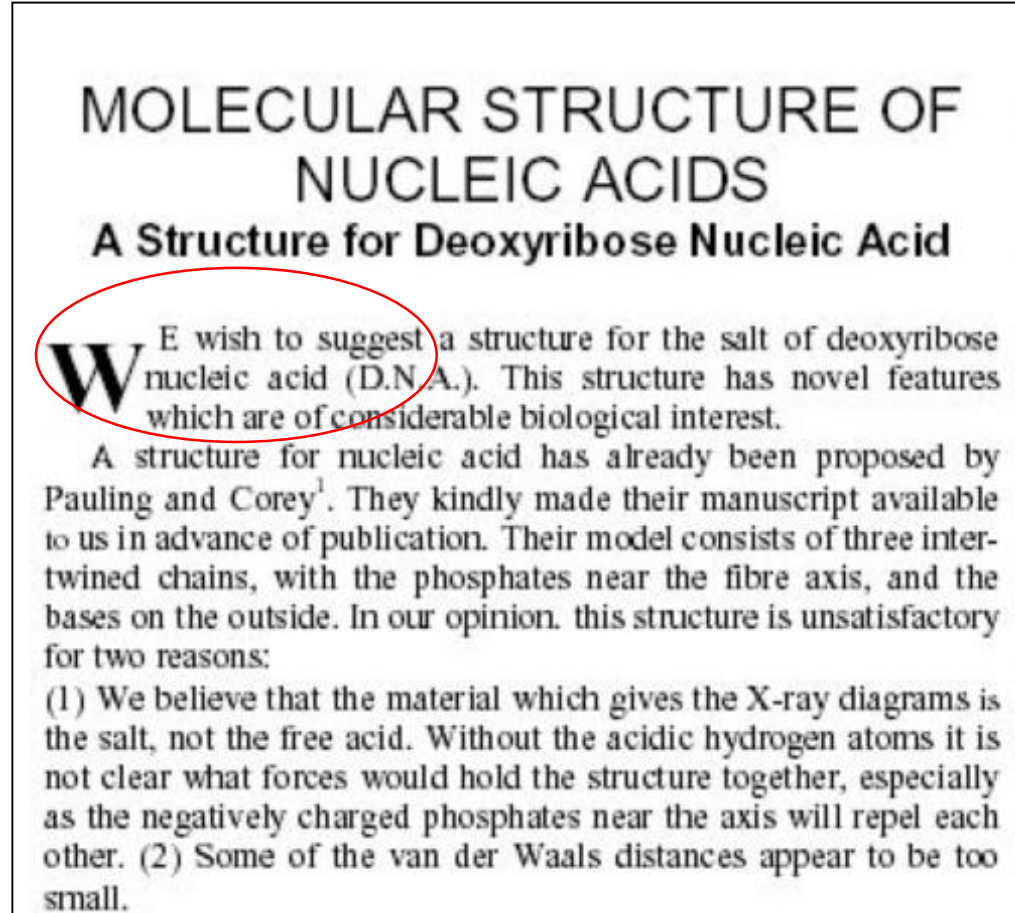
## The clarity scale



# A famous example

- Watson and Crick famously suggested the structure for DNA in a 1953 Nature paper.

“We wish to suggest a structure...”



## 2. Voice in the scientific manuscript

# The active voice

1. Attributes the work to the authors and gives due credit to the authors.

“We wish to put forward a radically different structure...”

# The active voice

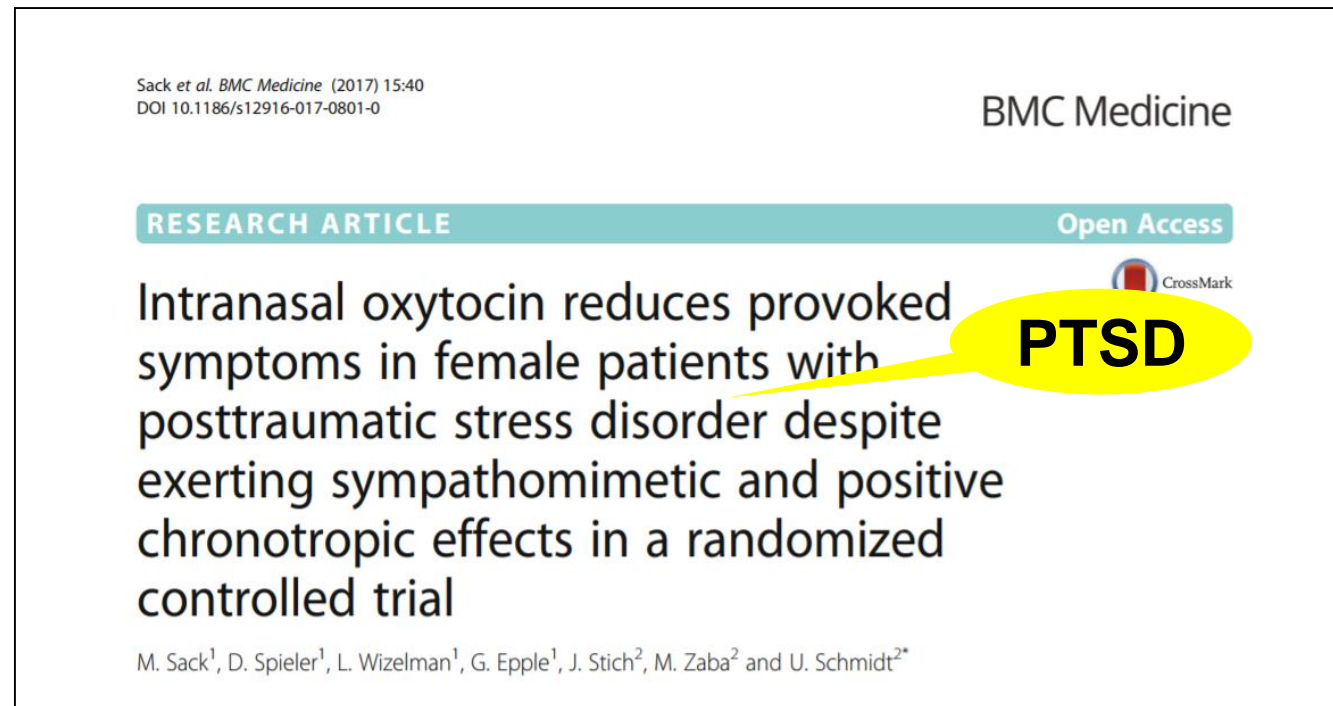
2. Confers responsibility on authors.

“It has not escaped our notice that specific pairing we have postulated immediately suggests a possible copying mechanism for the genetic material.”



# Appear throughout the paper

- The passive and active voice can be used in every section of the paper



# Introduction

Active voice

Acheson and colleagues **demonstrated** that intranasal oxytocin facilitated fear extinction in healthy human subjects.

Passive voice

For decades, oxytocin **has been used** for the induction of labor and prevention of postpartum hemorrhage.

# Methods

Active voice

Here, we **assessed** oxytocin serum levels at baseline and immediately after exposure to a standardized social stress experiment.

Passive voice

Patients treated with cardiovascular active drugs **were excluded** from the study.

# Results

Active voice

We **did not observe** any other unintended effect or harm of treatment.

Passive voice

Demographic and clinical characteristics of this patient cohort **are summarized** in Table 1.

# Discussion

Active voice

Thus, our study **contributes** significantly to our understanding of the therapeutic potential of oxytocin in PTSD.

Passive voice

Our finding of a positive chronotropic effect of oxytocin **is supported** by the positive correlation of endogenous oxytocin levels.

# Tense of verbs

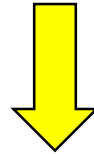
The active and passive voice can be used in different tenses.



# The present tense

Active voice

H. pylori **uses** a type IV secretion system (T4SS) to inject effector proteins into the cytoplasm of host cells.



Passive voice

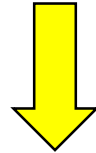
A type IV secretion system (T4SS) **is used** by H. pylori to inject effector proteins into the cytoplasm of host cells.

Irene Vacca (2017) Nature Reviews Microbiology

# The present perfect tense

Active voice

In vitro studies using nonpolarized cells **have shown** that the T4SS interacts with host cell integrins.



Passive voice

The interaction between T4SS and host cell integrins **has been shown** by in vitro studies using nonpolarized cells.

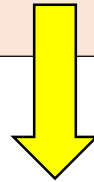
Irene Vacca (2017) Nature Reviews Microbiology



# The past tense

Active voice

We **found** bacteria at the apical and basolateral surfaces of the polarized epithelium.



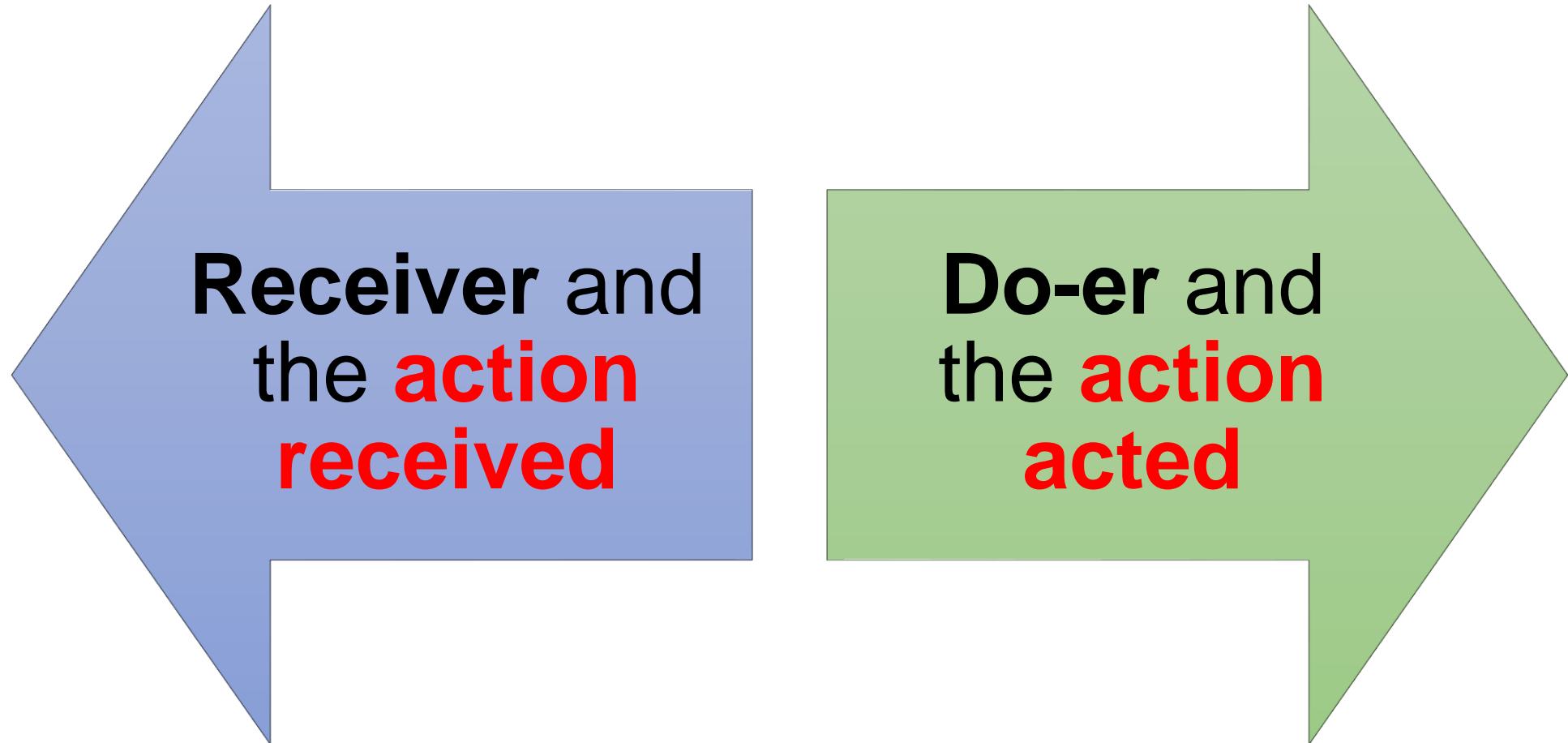
Passive voice

Bacteria **were found** both at the apical and basolateral surfaces of the polarized epithelium.

Irene Vacca (2017) Nature Reviews Microbiology

### 3. Uses of passive and active voice

# ※ Main differences: Passive vs. Active



# ※ Main differences: Passive vs. Active

Receiver and  
the **action**  
**received**



## Emphasis

- The object
- What *received* the action
- Weaker subject-verb

# ※ Main differences: Passive vs. Active



**Do-er and  
the *action*  
*acted***

## **Emphasis**

- The subject
- What the subject *did*
- Stronger subject-verb



A MESS WAS MADE  
IN THE KITCHEN.

Useful when you  
want to hide who  
is responsible for  
the action!

# Considerations for voice use

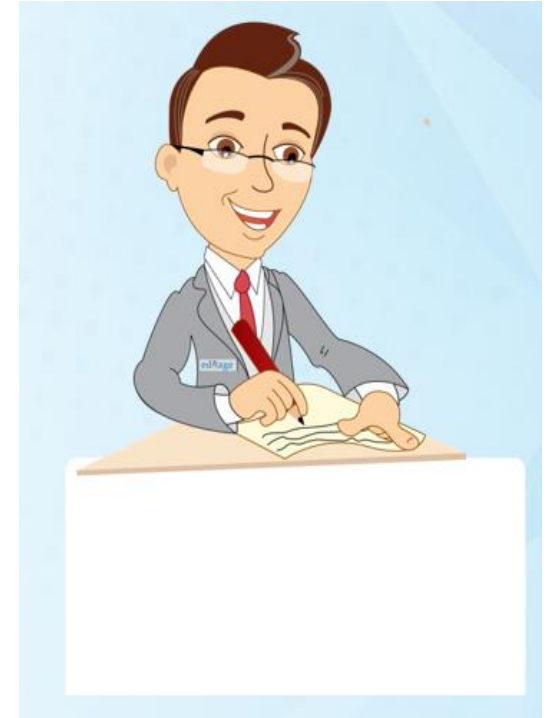
1. When the subject (do-er) is...

- 1) Unknown
- 2) Unimportant
- 3) Obvious

Passive  
voice

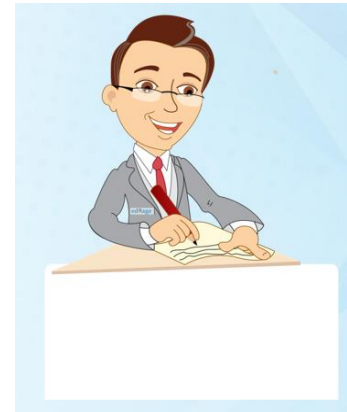
2. Clarity and emphasis

3. Storyline: dynamic vs. static



1. When the subject (do-er)  
is **unknown, unimportant,**  
or **obvious**

Passive voice





# 1) The subject (do-er) is **unknown**

Oxytocin **is released** from the posterior pituitary into the bloodstream.

- An undefined cause-effect relationship requires the **passive voice**.

We found that the total RSDI score was significantly reduced in oxytocin-treated patients.

In scientific writing, the **passive voice** can be used to describe an **effect**.

**The effect = a reduction in RSDI score**

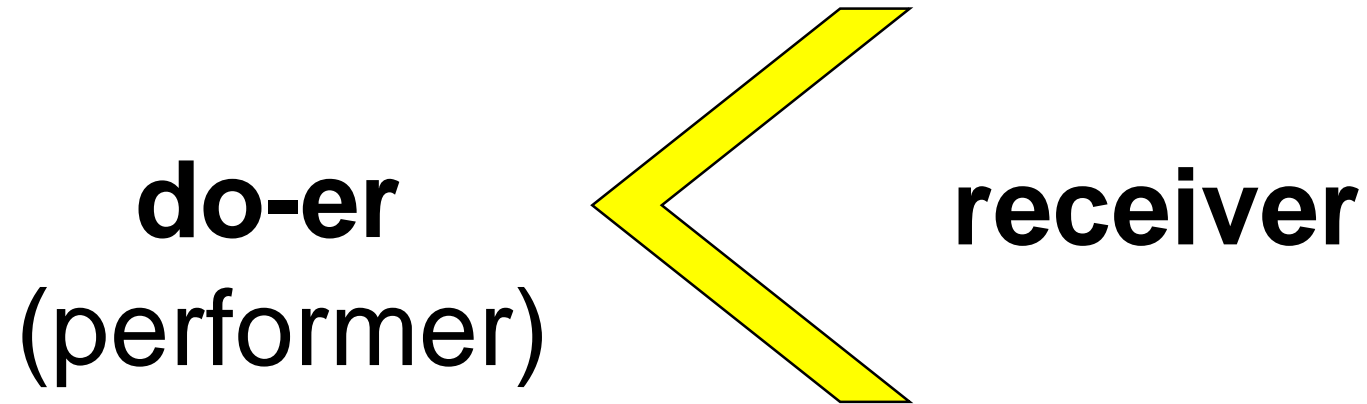
※ In the **active voice**, the **relationship** between **cause and effect is clear**.

We found that the total RSDI score **was significantly reduced** in oxytocin-treated patients.

Thus, intranasal oxytocin treatment **significantly attenuated PTSD symptoms** triggered by trauma-script exposure.

The **effect** = attenuated PTSD symptoms  
The **cause** = intranasal oxytocin treatment

2) The subject (do-er) is **unimportant**  
(Receiver is important!)



In the majority of cases, the **disease** can be **controlled** by treatment decreasing intraocular pressure.

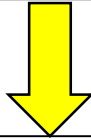
Michalczuk M et al. (2017) BMJ Paediatrics Open

For decades, **oxytocin** has been used for the induction of labor and prevention of postpartum hemorrhage.

Sack M et al. (2017) BMC Medicine

# A common mistake

However, Grus et al., Joachim et al., Duan et al., and Knepper et al. **mainly tested** non-genetic molecular markers only in adult patients.



However, non-genetic molecular markers **were mainly tested** only in adult patients (**cite!**).

It is sufficient to simply cite the papers.

# Tips: Reporting with passives

- Another simple way of avoiding “author et al.” subjects is to use **“it + passive verb + that-clause”**

It is reported that...  
It is believed that...  
It is considered that...  
It is regarded that...

It was discovered that...  
It was shown that...  
It was suggested that...  
It was revealed that....

- Example in the Background

It is regarded that impaired mitochondrial function may be a possible indicator of glaucoma and may contribute to its pathogenesis [2].

Michalczuk M et al. (2017) BMJ Paediatrics Open



- Example in the Discussion

In contrast, it is well accepted that the SNS is overactive in PTSD [54]. Accordingly, it has been suggested that the central nervous effects of oxytocin might be a consequence of its peripheral actions [57].

Sack M et al. (2017) BMC Medicine

### 3) The subject (do-er) is **obvious**

Extensive alternative splicing transitions during postnatal skeletal muscle development **are required** for  $\text{Ca}^{2+}$  handling.

Brinegar AE et al. (2017) eLIFE

It is obvious that cells require alternative splicing during RNA transcription.

Among individuals who participated in resistance exercise (2785 [38 %]), resistance exercise **was most frequently performed** for 60 to 119 min/wk (1061 [38 %]).

Bakker EA et al. (2017) Mayo Clin Proc.

We know from the transitional element that individuals performed the exercise.

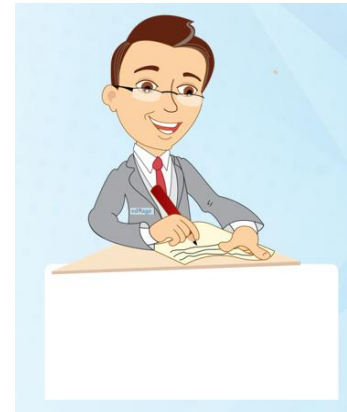
**Q: Which verb has been used in the passive because the subject (do-er) is unknown?**

The authors confirmed that HtrA **was secreted** in vivo and **was found** at cell-to-cell junctions and in deep intercellular clefts of the damaged gastric epithelium. In addition, they found that E-cadherin **was strongly reduced** by bacterial infection.

Irene Vacca (2017) Nature Reviews Microbiology

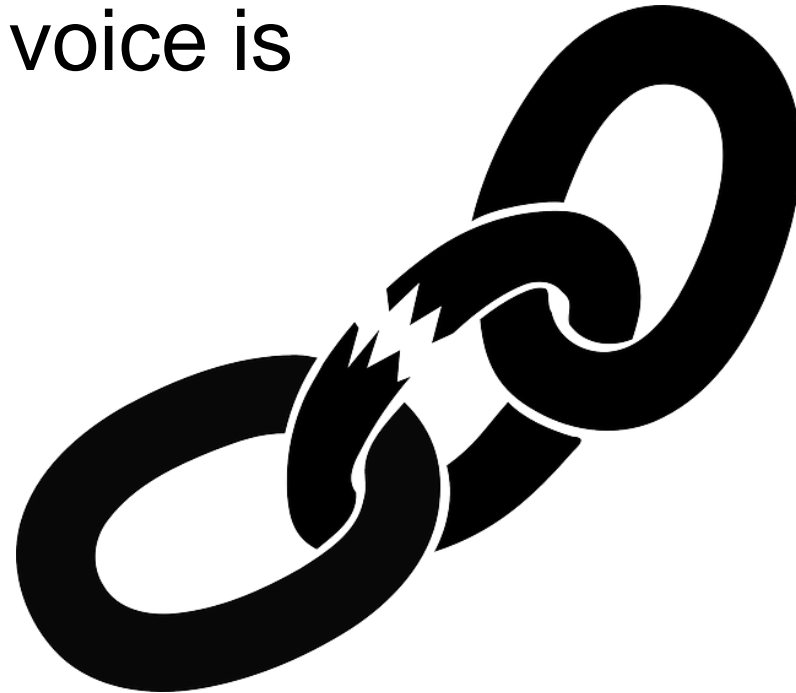
1. was secreted
2. was found
3. was strongly reduced

## 2. Clarity and emphasis

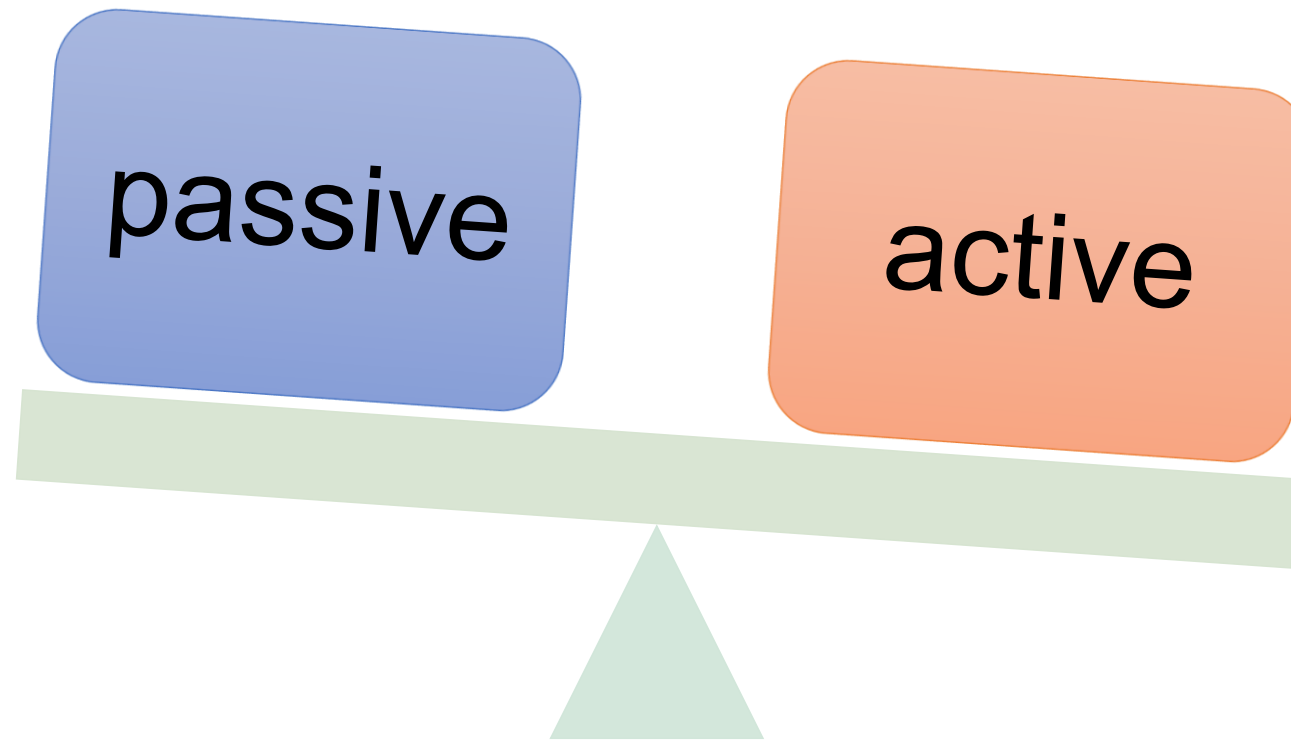


# 1) Clarity and voice

- Voice is connected to clarity.
- Appropriate choice of voice is important for clarity.



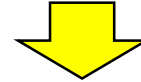
# The clarity scale



1<sup>st</sup> sentence

The effects of oxytocin on HR **remain** unclear.

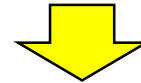
2<sup>nd</sup> sentence



**Active**

On the one hand, Gutkowska et al. **have reported** that oxytocin reduces HR.

3<sup>rd</sup> sentence



**Passive**

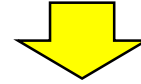
On the other hand, there are studies showing that HR in mice, rats, and dogs **is increased** by oxytocin.



1<sup>st</sup> sentence

The effects of oxytocin on HR **remain** unclear.

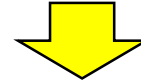
2<sup>nd</sup> sentence



**Passive**

On the one hand, oxytocin **has been reported** to reduce HR ([cite!](#)).

3<sup>rd</sup> sentence



**Active**

On the other hand, there are studies showing that oxytocin **increases** HR in mice, rats, and dogs.

## 2) Emphasis and voice

- Passive voice is selectively used to emphasize information (object).



# Always think about where you want emphasis

We used fMRI to examine the neural response in frontal and parietal cortices.

Chao LL & Martin A (2000) NeuroImage

- Where is the emphasis in the above sentence?

**We** used **fMRI** to examine the **neural response** in **frontal and parietal cortices**.

Chao LL & Martin A (2000) NeuroImage

- This sentence can be re-written in different ways so that in each revision the emphasis is variably placed.
- The active and passive voice is chosen depending on which word is emphasized.

**Passive voice:** The **emphasis** is on the **object**.

**We** used fMRI to examine the neural response in frontal and parietal cortices (\***Active voice: emphasize the subject**)

**fMRI** was used to examine the neural response in frontal and parietal cortices.

**The neural response** in frontal and parietal cortices **was examined** through fMRI.

**The frontal and parietal cortices** **were examined** for the neural response through fMRI.

※ Use the **active voice** to describe **causality**  
(relationship between cause and effect is clear)

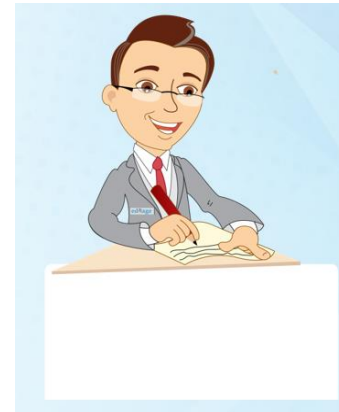
Intranasal oxytocin **decreased** stress-induced cortisol levels.

Intranasal treatment **intensified** re-experiencing symptoms.

Intranasal oxytocin treatment **significantly elevated** the baseline HR of PTSD patients.

TSST exposure **substantially increased** serum cortisol levels in healthy control subjects.

## 2. The storyline: dynamic vs. static



# Storyline in a results section

## **Intranasal oxytocin reduces provoked PTSD symptoms**

First, we analyzed the efficacy of oxytocin treatment on PTSD symptoms triggered by trauma-script exposure. Provoked PTSD symptoms were assessed with the RSDI questionnaire that allows quantification of avoidance, re-experiencing and dissociation symptoms provoked by exposure to an audiotaped individual trauma script [41]. We found that the total RSDI score was significantly reduced in oxytocin-treated patients (Table 2,  $p = 0.012$ ). Thus, intranasal oxytocin treatment significantly attenuated PTSD symptoms triggered by trauma-script exposure. Analysis of the three different symptom clusters revealed that the oxytocin-mediated reduction in dissociative and re-experiencing symptoms was not significant (Table 2). However, oxytocin treatment attenuated avoidance – at least with a trend for statistical significance (Table 2,  $p = 0.093$ ). Comparative analysis of the psychophysiological variables of the first and the second experiment revealed no adaptation effects.



# Storyline in a results section

## Intranasal oxytocin reduces provoked PTSD symptoms

- ① First, we analyzed the efficacy of oxytocin treatment on PTSD symptoms triggered by trauma-script exposure.
- ② Provoked PTSD symptoms were assessed with the RSDI questionnaire that allows quantification of avoidance, re-experiencing and dissociation symptoms provoked by exposure to an audiotaped individual trauma script [41].
- ③ We found that the total RSDI score was significantly reduced in oxytocin-treated patients (Table 2,  $p = 0.012$ ).
- ④ Thus, intranasal oxytocin treatment significantly attenuated PTSD symptoms triggered by trauma-script exposure.
- ⑤ Analysis of the three different symptom clusters revealed that the oxytocin-mediated reduction in dissociative and re-experiencing symptoms was not significant (Table 2).
- ⑥ However, oxytocin treatment attenuated avoidance – at least with a trend for statistical significance (Table 2,  $p = 0.093$ ).
- ⑦ Comparative analysis of physiological variables of the first and second measurement revealed no adaptation effects.

**Only one passive sentence!**

## ※ Not all verbs can be used in the passive

The effect of heart rate **remains** unclear.



Unclear **was remained**.

**Nonsense!**

# Linking verbs

- Verbs that describe the subject.
  - Verbs that say what or who that subject is.
- Linking verbs “link” the subject and its description.

# Examples of linking verbs

being

to be

to remain

to prove

to keep

becoming

to become

to grow

to come

to end up

seeming

to appear

to look

to seem

to sound

# CONCLUSIONS

- The choice of passive voice and active voice should be selective.
- Choice of passive voice/active voice may not matter at times. Then choose voice consistently within paragraphs.
- Choice of voice should depend on factors such as whether the subject is known/important, emphasis, clarity, and the storyline.

# Resources

- Sainani, K., Elliott, C. & Harwell, D. (2015) Active vs. passive voice in scientific writing. American Chemical Society. Webinar. Available at: <https://www.acs.org/content/dam/acsorg/events/professional-development/Slides/2015-04-09-active-passive.pdf>
- Plotnick, J. (2016) How to use active voice in the sciences. University College Writing Centre, University of Toronto, Canada. Weblog. Available at: <http://www.writing.utoronto.ca/advice/specific-types-of-writing/active-voice-in-science>
- The Writer's Handbook. (2014) Use the active voice. The Writing Centre, University of Wisconsin, USA. Weblog. Available at: [http://writing.wisc.edu/Handbook/CCS\\_activevoice.html](http://writing.wisc.edu/Handbook/CCS_activevoice.html)

# Thank you for your attention!

## Q & A

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