

## Consent form

**Research Title:** Digital Humans as Physical Activity Coaches

**Researcher(s):**

**Lead Investigator:**

Dr Mashhuda Glencross  
*School of EECS, Faculty of EAIT*

**Principal Investigators:**

Assoc Prof Stephen Viller  
*School of EECS, Faculty of EAIT*

Assoc Prof Nicholas Gilson  
*School of HMNS, Faculty of HABS*

**Thesis Students:**

Mr Jingbo Ma  
ENGG7818  
Faculty of EAIT

**Name of the participant:** -----

I consent to participate in this research project. It has been explained to me that the purpose of this research is to investigate the use of digital human in motivating exercises. I have also been provided with a written project information sheet in a language that I can understand.

The possible risks of participating in this research have been explained to my satisfaction. I understand that in this research I will be required to record and report your exercises via either **a)** an app created by the researcher, or **b)** a third-party application Strava. In addition, you may be provided a digital human prototype and asked to interact with it daily. As a token of our appreciation for your participation in his study you will receive a \$20 gift card when the study concludes.

I understand that my participation is voluntary and I am free to withdraw from this research anytime without needing to provide any explanation, and I would not receive any penalty or bias as a result of my withdrawal. Should I decide to withdraw, I understand that my data will be destroyed and will not be used in the research. I understand that my data cannot be deleted after a publication has been made.

I understand that data collected for this research will be de-identified before being stored on UQ RDM electronically., and only researchers in this project as is mentioned above will have access to the data. I understand that given the small number of participants, it is not possible to guarantee complete anonymity.

I consent for my data to be used in future research that is an extension of or related to this project.

I understand that this research adheres to the Guidelines of the ethical review process of The University of Queensland and the National Statement on Ethical Conduct in Human Research. I have been provided with contact details of the researcher, as well as UQ Ethics Coordinator.

Participant signature ----- Date -----

Date -----

Ethics ID number: 2023/HE002102