3. Stojanovic's Optimal Smoothies.

(a). Let Professor Ranade's ratings for strawberries, bananas, mangos, blueberries (a) (b) (c) (d)
be a, b, c, d, respectively

So, given the information, we have:
$$\begin{cases} \frac{1}{3}a + \frac{1}{3}b + 0\cdot c + \frac{1}{3}d = 7, & (1) \\ \frac{1}{3}a + \frac{1}{3}b + \frac{1}{3}c + 0\cdot d = 7, & (2) \\ 0\cdot a + \frac{2}{5}b + \frac{3}{5}c + 0\cdot d = 7\frac{2}{5} & (3) \\ \frac{2}{3}a + \frac{1}{3}b + 0\cdot c + 0\cdot d = 6\frac{1}{3}. & (4) \end{cases}$$

(Eq. 1 − Eq. 2) ×3 : $d - c = 0$ so $c = d$. (5)

(Eq 4 − Eq 1) ×3 : $a - d = -2$ so $a = d - 2$ (6)

Plug Eq 5, 6 into Eq 2 : $\frac{1}{3}(d-2) + \frac{1}{3}b + \frac{1}{3}d = 7$, so $d - 2 + b + d = 21$.

so $b = 23 - 2d$. (7)

Plug Eq 5, 7 into Eq 3 : $\frac{2}{5}(23-2d) + \frac{3}{5}d = 7\frac{2}{5}$, so $46 - 4d + 3d = 37$.

so $d = 9$. (8)

Plug Eq 8 into Eq 5, 6, 7. so $c = 9$, $a = 7$, $b = 5$

Thus, Professor Ranade's rating for strawberries is $\boxed{7}$.
for bananas is $\boxed{5}$.
for mangos is $\boxed{9}$.
for blueberries is $\boxed{9}$.

(b). Professor Stojanovic should put in any combination mangos and blueberries.
Since there are infinite-many answers, I'll pick $\frac{1}{2}$ mangos and $\frac{1}{2}$ blueberries.
The score Professor Ranade would give is: $(\frac{1}{2}\cdot 9 + \frac{1}{2}\cdot 9) = \boxed{9}$