



# Jasmine Headband

Crocheted headband for children, teens and women

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## Size and Materials

**Size:** 1-2 years (3-4 years) 5-8 years (9-12 years) teen (woman)

**Gauge:** 10 x 10cm (4" x 4") corresponds to 5.5 puffs and 6 rows of jasmine stitches (about 1.8cm per horizontal puff).

**Yarn:** 50 grams/one ball of Air from Drops Design or Sandnes Garn; Length/weight: 150m (164yds) /50gr (1,8oz). You can also use other worsted weight/10 ply yarn. See table for details on amount needed per size. If you choose to use different yarn, make sure to do a gauge swatch. Also, you may need more, or less, yarn than stated.

**Hook:** 4mm, or the size that gives the correct gauge. The length of the loops when you work the jasmine stitch matters more for the gauge, than the needle size.

**Also needed:** Scissors, Tape Measure, a Stitch Marker and a Yarn Needle.

Jasmine stitches require a lot of yarn. I recommend using the yarn from the middle of your skein, not from the side. That way you avoid a lot of rolling. When you change from one skein to the next, you can tie the ends together. As you keep building puffs, let the ends lie in between the loops (along the edge of your work). That way the ends are hidden from both sides of your work, and you do not have to weave them in later.

**Table 1: Overview Guide**

Age	Head circumference, approx. cm.	Number of puffs on foundation row	Height, cm (number of rows*)	Yarn required, grams
1-2 yr.	48-49	23	7 (4)	24
3-4 yr.	50-51	24	7 (4)	25
5-8 yr.	52-53	25	9 (5)	30
9-12 yr.	54	26	9 (5)	33
Teen	55	27	11 (6)	39
Woman	56-57	28	11 (6)	40

\*foundation row is not included.

I recommend choosing size based on head circumference rather than age.

#### **Abbreviations:**

st: stitch  
yo: yarn over  
sc: single crochet  
ch: chain  
p: puff (5 loops on hook)  
fc: flower center (where multiple puffs meet)  
psc3: puff stitch cluster joining 3 puffs, 13 loops on hook

#### **Jasmine Stitches:**

Following the pattern, I describe how to make the jasmine stitches needed.

If you have never worked jasmine stitches before, I recommend learning the stitch using non-fluffy yarn – Air/Kos and other fluffy yarns can make frogging and seeing where to place stitches difficult.

## **Pattern**

The headband is crocheted in one piece. You work back and forth, in a rectangular shape. You finish by sewing the headband together, in the front.

**Foundation Row:** The foundation row does not consist of chain stitches, but of a row of puff stitches. Ch 1. 23 (24) 25 (26) 27 (28) p.

**Row 1:** 1 p. 23 (24) 25 (26) 27 (28) psc3.

*(Note: each new row start with one single p. I suggest marking this p with a stitch marker.)*

Repeat row 1 until your work measures 7 (7) 9 (9) 11 (11) cm from the bottom of the foundation row, or to the height you want.

Cut the yarn and leave a long end for sewing the headband together.

## Sewing the ends together

Fold both ends of the headband, as shown in picture 1. Place the folds “inside each other”, so you get a zigzag pattern (picture 2).



Use a yarn needle and the yarn tail you left for sewing. Sew up and down through all the layers of the folded headband, from one side to the other. See picture 3, 4 and 5.



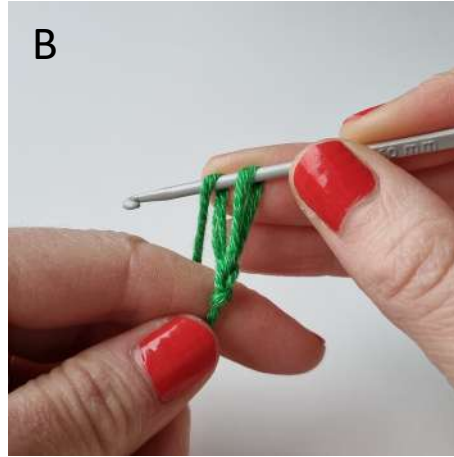
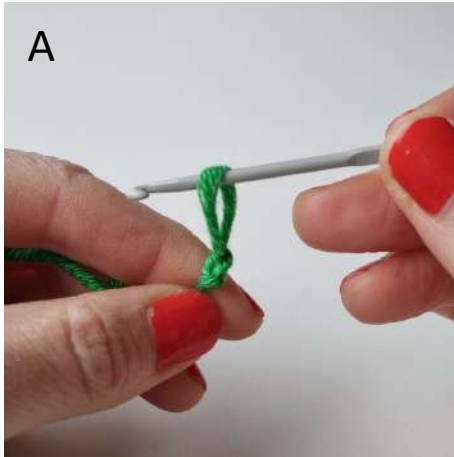
Sew a few extra stitches to make sure everything is tight and secure. Weave in all ends. Turn the headband, right side facing out.

## Jasmine Stitches

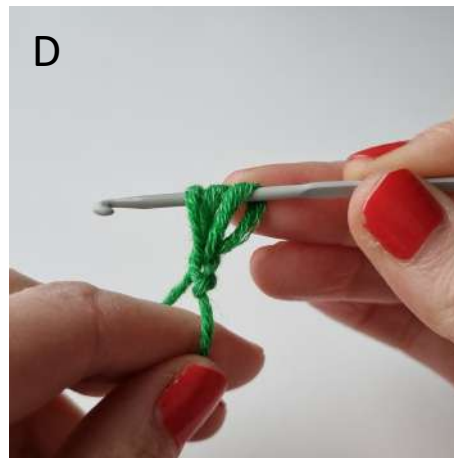
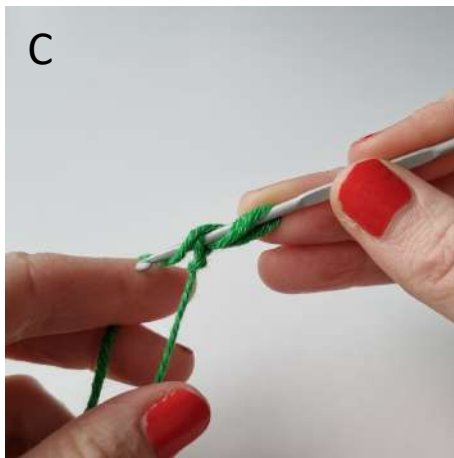
### Puff, p, and the Foundation Row

A printed version of this part of the pattern, makes following along, and going back and forth, easier than scrolling on a screen.

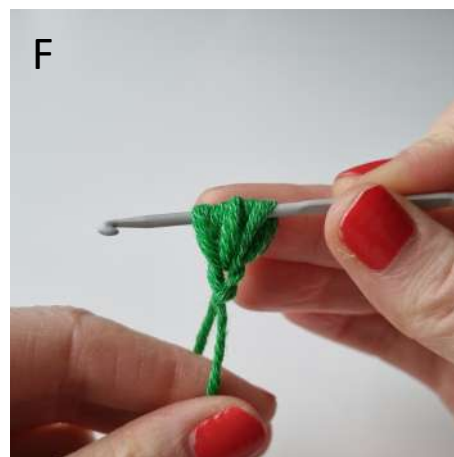
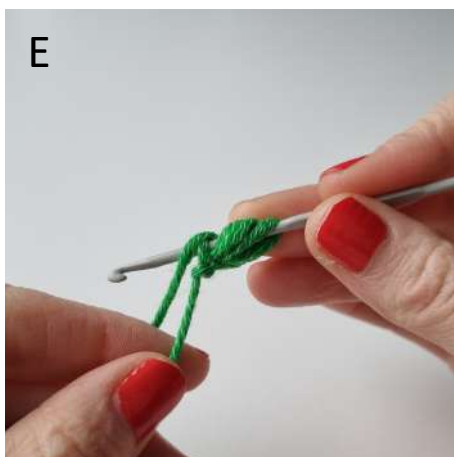
The foundation row does not consist of normal chain stitches, but of a row of puffs. Slip knot onto your hook. Ch 1. Stretch the loop on your hook up to almost 2cm (A). Yo (B).



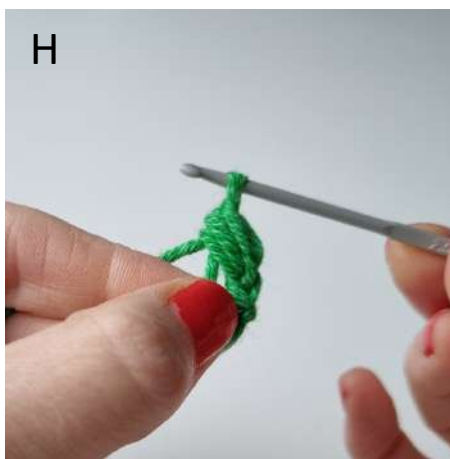
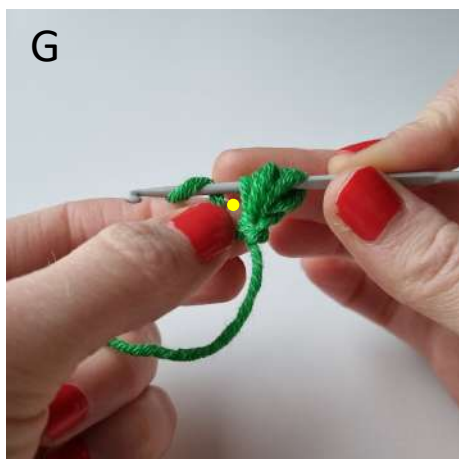
Insert your hook into the chain stitch the loop on the hook emerges from (C). Yo and pull through. You now have 3 loops on the hook. Stretch all to almost 2cm (D).



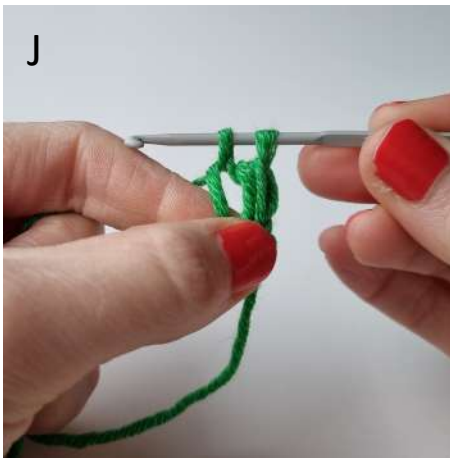
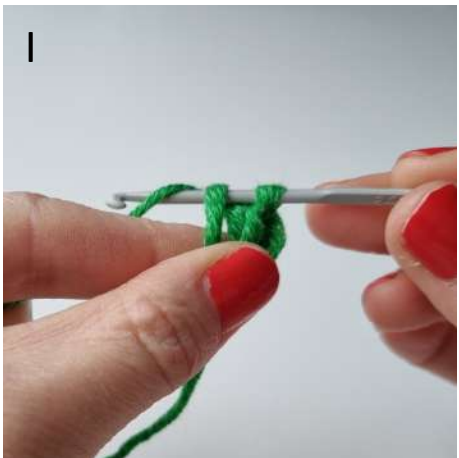
Yo. Insert the hook into the same chain stitch again (E). Yo and pull though. You now have 5 loops on the hook. Stretch all to almost 2cm (F).



Yo. Pinch the working yarn (the yarn below the hook, G) to secure. Turn your hook so that the hook points down. Pull through all 5 loops on the hook (H).



Insert the hook into the hole made below the pinched yarn (yellow dot in G, I). Yo and pull through. You now have 2 loops on the hook, one on each side of the five loops (J).

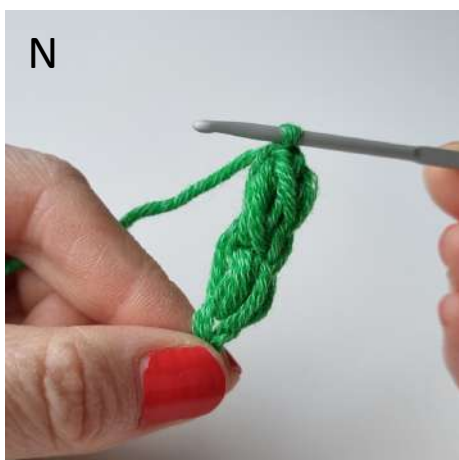
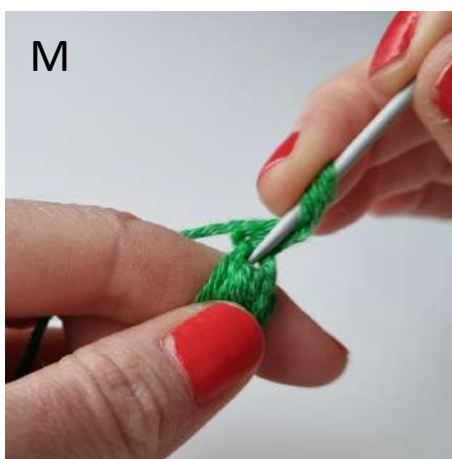
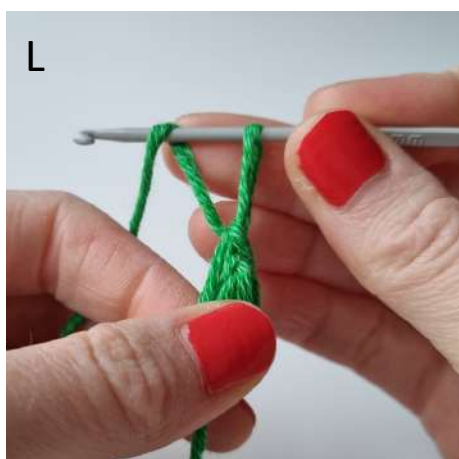


Yo and pull through both loops on the hook. You have secured your five loops with a sc. Ch 1. You have finished your first p (K). *Note that you will never work into the chain stitch you just made. It is there to ensure that the sc that you will work into, does not expand as you do.*





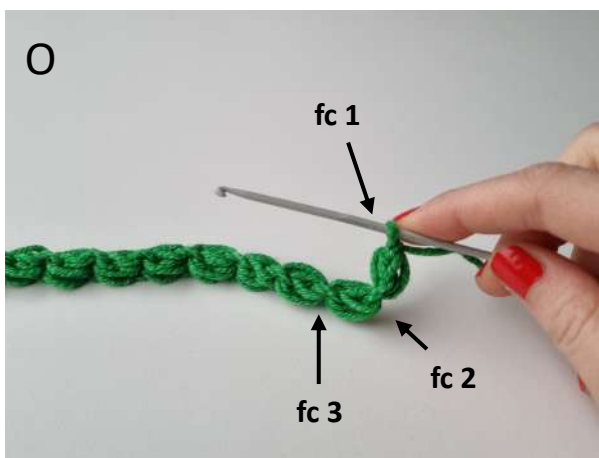
Repeat the above instructions to create multiple p in a row. Instead of working into the chain stitch, as above, work into the sc on top of the previous p (M). Keep working until you have the number of p required for your foundation row.



### Preparing for Row 1:

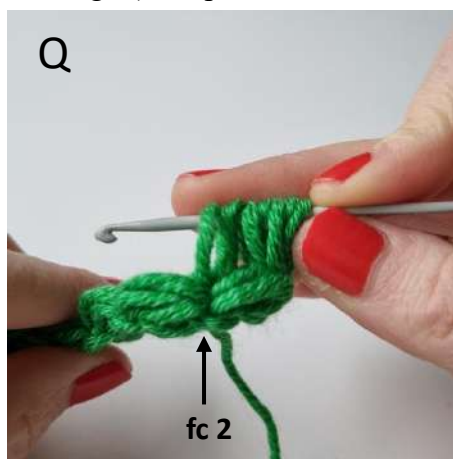
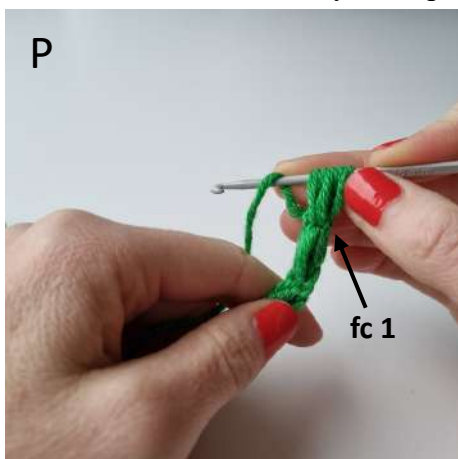
Turn your work and make a single p (this does not count as one of the p on the foundation row). This p will, after you complete the next step, stand up, perpendicular to the foundation row (O).

*Note that Row 1 and all following rows start with a single p.*

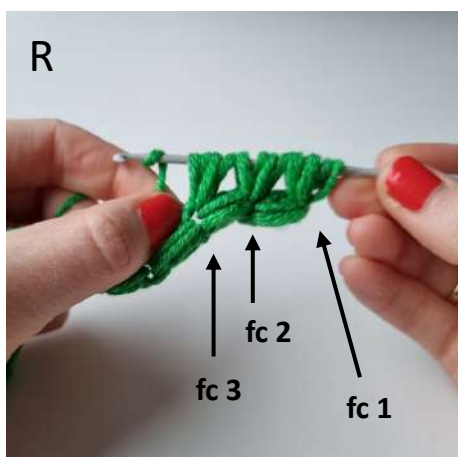


### Psc3: Puff Stitch Cluster Joining 3 Puffs

We will now work clusters of 3 p. The 3 p are anchored in the fc 1, 2 and 3 (O, P, Q, R). Start as if making 1 p. When you have 5 loops on the hook, do not close off with a sc. These 5 loops are anchored in fc 1. Yo (P). Insert the hook into fc 2, yo and pull through (7 loops on hook). Yo. Insert the hook into fc 2, yo and pull through (9 loops on hook = 5+4, Q).



Yo. Insert the hook into fc 3, yo and pull through (11 loops = 5+4+2). Yo. Insert the hook into fc 3, yo and pull through (13 loops = 5+4+4, R). Make sure to pull all loops to the usual length.



Close these 13 loops off with a sc, as for single p. Yo. Pinch working yarn (the yarn below the hook) to secure. Pull yarn through all 13 loops on the hook (S). Insert the hook into the hole made below the pinched yarn. Yo, pull through. You now have one loop on each side of the 13 loops. Yo and pull through both loops. Ch 1. Tighten. You have completed your first psc3 (T).



*Note that you will never work into the chain stitch you made when finishing your psc3.*

Repeat the steps above to work psc3 to the end of the row. Every fc on the foundation row will get two new p fastening to it. The next psc3 will look like this before closing off (U). The very last psc3 on the row will look like this before closing off (V).



Below we have made a foundation row with 8 p. We have turned with one single p (pink) and worked 8 psc3 back. The top of the new row has 8 horizontal p (red) and 9 fc – just like the foundation row. Note that in all fc on top of the work, four p meet (two angled p marked in yellow, and two horizontal p marked in red) (not the first and last fc). Check that your foundation row and first row has the same number of horizontal p.



**Row 2 and all Following Rows:**

Each new row starts with a single p (X). Work psc3 to the end of the row. The first psc3 on row 2 looks like this, before closing off (Y) and after closing off (Z).





**Thank you so much for choosing a Nordic Yarn Art design as your next project!**

I would love to hear from you if you have comments or questions. Feel free to contact me via e-mail or on IG. I am so excited to see your makes! If you want, please share photos of your process and product on social media, tagged with #jasmineheadband, #nordicyarnart or @nordicyarnart

This is an original pattern made by @nordicyarnart. The pattern is for personal use only, you cannot share it with others. As part of your hobby, you can sell headbands that you make, however, not in large quantities. If selling, please tag me in your makes.

I hope you will enjoy the process, as well as your headband.

Best wishes and happy crocheting!

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Thanks to

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