

2002

AUGUST

22

Thursday

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

131/234 Week 34

8:00 mind, This is the great and first commandment! And a
 9:00 second is like it, You shall
 10:00 love your neighbour as
 yourself. On these two commandments depend all law and
 11:00 the prophets? (11/236). Jesus Christ.

[Source: Matthew 22:36-40]

12:00

- Whatever you wish that men
 1:00 would do to you, do so to
 them. (12/236). Jesus Christ.

[Source: Matthew 7:12]

3:00 - All who take the sword
 4:00 by (force) will perish by the
 sword. (13/236) Jesus Christ.

[Source: Matthew 26:52]

5:00

- At that time, the disciples
 6:00 come to Jesus, saying, 'Who is
 the greatest in the kingdom
 Notes of heaven?' And calling to him
 a child, he put him in the
 midst of them, and said, 'Truly,

(201/320)

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Friday

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August 2002	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

130/235 Week 34

- 8:00 I say to you, unless you turn and become like children
9:00 you will never enter the kingdom of heaven? (14/236).
10:00 [Source: Matthew 18.1-3]

11:00 The kingdom of God is not coming with signs to be observed, nor will they say, "Lo, here it is!" or "There!" for behold, the kingdom of God is within you. (15/236),
12:00 [Source: Luke 17.20-21]

3:00 Hear and understand: not what goes into the mouth
4:00 mouth defiles a man, but what comes out of the mouth, this defiles a man...
5:00 Do you not see that whatever goes into the mouth passes
6:00 into the stomach, and so passes on? But what comes out of the mouth proceeds from the heart (mental faculties),

Notes

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Saturday

September 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

129/236 Week 34

8:00 and this defiles a man. For out of the heart come ~~evil~~,
 9:00 evil thoughts, murder, adultery,
 10:00 fornication, theft, false witness,
 slander. These are what defile
 a man. (20/236).

11:00 [Source: Matthew 15.11 - 20]

12:00 - The last will be first, and the first last. (22/236)

1:00 [Source: Matthew 20.16]

2:00 - For whoever would save his life will lose it, and whoever loses his life for my sake will find it.
 3:00 (24/236). Jesus Christ.

4:00 [Source: Matthew 16.25]

5:00 - Not everyone who says to me, 'Lord, Lord', shall enter the kingdom of Heaven, but ^{SUNDAY 25} He who does the will of my Father who is in heaven.
 (27/236) Jesus Christ.

Notes [Source: Matthew 7.21]

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Monday

2002

AUGUST

August 2002	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 — If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it (29/236). 127/238 Week 35

[Source: Mark 8.34-36]

1:00 — Blessed are the peacemakers: for they shall be called of god. (32/236) Jesus Christ

[Source: The New Testament Sermon on the mount]

4:00 — And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect will of God. (34/236)

[Notes] [Source: St. Paul, Romans 12:1-9 (AV), taken from the 1611 King James Version of the Bible]

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27

Tuesday

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

126/239 Week 35

8:00 - For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith. (35/236).

[Source: St. Paul, Romans 12:1-9 (AV), taken from the 1611 King James Version of the Bible]

- In a word, Never let go on these three things : faith, hope and love. And know that the greatest of these will always be love. (40/236)

[Source : 1 Corinthians 13:1-13]

Notes - Surely you know that you are God's temple, where the Spirit of God dwells. Anyone who destroys God's temple will himself (205/320)

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Wednesday

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August 2002	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 be destroyed by God, because the 125/240 Week 35
temple of God is holy; and
9:00 you are that temple. (41/236)

[Source: 1 Corinthians 12:4-11 and
10:00 1 Corinthians 3:16-17, The New
English Bible. New York: Oxford
11:00 University Press, 1961]

12:00 Brother, to thy faith add
knowledge. (43/236). Saint Paul.
1:00 [Source: Bible]

2:00
— SURREXIT A UTEM SAULUS
3:00 DE TERRA
APERTISQUE OCULIS
4:00 NIHIL VIDEBAT.

5:00 This text which I have quoted
in Latin is written by Saint
6:00 Luke in Acts about Saint
Paul. It means: "Paul rose
from the ground and with eyes
Notes open saw nothing?"

I think this text has a

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Thursday

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

124/241 Week 35

8:00 fourfold sense. One is that when he saw nothing, rose up from
 9:00 the ground with open eyes he saw Nothing, and the Nothing
 10:00 was God; for when he saw God he calls that Nothing.
 11:00 The second: When he got up he saw nothing but God.
 12:00 The third: In all things he saw nothing but God. The
 1:00 fourth: When he saw God, he saw all things as nothing...
 2:00 (46/236)

[Source: Meister Eckhart, SERMON NINETEEN
 3:00 from Meister Eckhart: Sermons and Treatises, vol. 3, translated and
 4:00 edited by M. O'C Walshe (Rockport, Mass.: Element Books, 1979)]

- In God, there is no sorrow or suffering or affliction. If you want to be free of all affliction and suffering, hold fast to God, and turn wholly to Him, and to no one else.

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Friday

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AUGUST

August 2002	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 Indeed, all your suffering
comes from this: that you do
9:00 not turn toward God and
no one else. (74/236)

10:00 [Source: Treatise A.1, Colledge &
McGinn, 1982, p.211]

11:00

- In the same way, no one
12:00 can hinder this man, for he
intends and seeks and takes
1:00 delight in nothing but God,
for God has become one
2:00 with the man in all his
intention. And so, just as
3:00 no multiplicity can disturb
God, nothing can disturb
4:00 or fragment this man, for
he is one in that One
5:00 where all multiplicity is One
and is One multiplicity.
6:00 (75/236)

[Source: Treatise A.1, Colledge &
McGinn, 1982, p.211]

Notes

- If... you ask what is meant

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AUGUST

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Saturday

September 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 by the Son, I will state (Adam)?^{122/243 Week 35}
 briefly that he is the first product of the Father, not as having been brought into existence (for from the beginning, God, who is the eternal Mind has the Logos in Himself, being from eternity instinct with Logos); but in as much as the Logos came forth to be the Idea and energizing power of all material things.
 2:00 (82/236). Athenagoras.

[Source: in Wilson, 1959; pp. 385-386]

3:00 - Trinity! Higher than any being, any divinity, any goodness!
 4:00 Guide of Christians in the wisdom of heaven!

6:00 Notes Lead us up beyond understanding and light, up to the farthest, highest peak of mystic scripture, where the mysteries of God's Word

SUNDAY 1

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Monday

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 lie simple, absolute and unchangeable in the brilliant darkness of a hidden silence.

120/245 Week 36

10:00 Amid the deepest shadow they pour overwhelming light on
11:00 what on what is most manifest.

12:00

Amid the wholly unsensed and unseen they completely fill our sightless minds.
With treasures beyond all beauty. (111/236).

See: Dionysius the Areopagite,
adapted from the translation of The
Peculiar Theology by Dom Lubkeid
Pseudo-Dionysius: The Complete

5:00 Works (Mahwah, New Jersey : Paulist
Press]

6:00

— Even those who seem to be
“devils”, derive their existence
from the Good, and are
naturally good, and desire

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3

Tuesday

October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

119/246 Week 36

8:00 the Beautiful and Good in desiring existence, life and consciousness, ... And they are called evil through the deprivation and the loss whereby they have lapsed from their proper virtues. Hence, they are evil only in so far as they lack {true} existence; and in desiring evil, they desire non-existence (I).

2:00 ... Even so, we say that the air is darkened around us by a deficiency and absence of the light; while yet the light is itself always light and illuminates the darkness. Therefore, evil inheres not in the devils or in us, as evil, but only as a deficiency and lack of the perfection of our proper virtues. (2).

Thus, evil has no being, nor

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2002

SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 8:00 any inherence in things that have being. Evil is nowhere (qua) evil; and it arises not through any power but through weakness. (3) ... in a word, evil is weakness, impotence, and deficiency of knowledge... (4). (118/236)

[Source: (1) The Divine Names, IV. 23; Rolt, 1920; (2) The Divine Names, IV. 24; Rolt, 1920; (3) The Divine Names, IV. 34; Rolt, 1920; (4) The Divine Names, IV. 35; Rolt, 1920]

- The desire for possessions is dangerous and terrible, knowing no satiety; it drives the soul which it controls to the heights of evil. (145/236).

[Source: Abba Isidore of Pelusia: p. 99, Isidore 6]

- Notes - Be joyful at all times... and give thanks for all things. (150/236).

[Source: Abba Benjamin : The sayings of the (212/320)

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5

Thursday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

117/248 Week 36

- 8:00 Desert Fathers: the alphabetical collection. Trans. Benedicta Ward, SLG, Kalamazoo, Michigan: Cistercian Publications Inc., 1984, 1975, p. 44,
10:00 Benjamin 1]

- 11:00 — No One has ever seen God; the only Son, who is in the bosom of the Father, he has made him known. (170/236).
12:00 [Source: John 1.18]

II - Catholicism:

- 3:00 — In order to come to union with the wisdom of God, the soul has to proceed rather by unknowing than by knowing. (3/84)
4:00 [Source: Ascent of Mount Carmel, Trans. E. Allison Peers, Book 1, Chapter 4, Paragraph 5]

- Notes — In order to arrive at having pleasure in everything, Desire to have pleasure in nothing. In order to arrive at possessing everything, Desire (213/320)

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Friday

2002

SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

- 8:00 to possess nothing. In order to arrive at being everything,
 9:00 Desire to be nothing. In order to arrive at knowing everything,
 10:00 desire to know nothing. (10/84) [116/249 Week 36]

11:00 [Source: Ascent of Mount Carmel, Trans. E. Allison Peers, Book I, Ch. 13, Paragraph 11]

I repeat, it is necessary that your foundation consist of more than prayer, and contemplation. If you do not strive for the virtues and practice them, you will always be dwarfs. So, be occupied in prayer not for the sake of enjoyment but so as to have the strength to ~~survive~~ serve. Mary and Martha must combine. (22/84)

[Source: Saint Teresa of Avila, from The Interior Castle, translated by Kieran

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Saturday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 Kavanaugh and Otilio Rodriguez
 (Mahwah, N.J., : Paulist Press, 1979) 115/250 Week 36

9:00

- It is very important to consult people of experience; for otherwise you will imagine that you are doing yourselves great harm by pursuing your necessary occupations. But provided we do not abandon our prayer, the Lord will turn everything we do to our profit, even though we may find no one to teach us. (30/84).

[Source: Interior Castle, Trans. E. Allison Peers, New York: Bantam Doubleday, 4:00 Dell Publishing Group, Inc., 1990, pp. 52-53, Second Mansions, Chapter 5:00 1, Paragraph 11]

6:00 - The soul cannot have true knowledge of God through SUNDAY 8
 Notes its own efforts or by means of any created thing, but only by divine light and by a special

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SEPTEMBER

Monday

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 gift of divine grace. I believe
 there is no quicker or easier
 9:00 way for the soul to obtain
 this divine grace from God,
 10:00 supreme Good and Supreme
 love, than by a devout, pure,
 11:00 humble, continual, and violent
 prayer.

12:00

By prayer I mean not merely
 1:00 prayer from the mouth, but
 of the mind and heart,
 2:00 of all the powers of the soul
 and ~~sense~~ senses of the body.
 3:00 This is the prayer prayed
 by the soul who wills and
 4:00 desires to find this divine
 light, studying, meditating and
 5:00 reading without cease in
 the Book and the more-
 6:00 than-a-book of life. This
 Book of life is the entire
 Notes life of Christ while he lived
 as a mortal on earth. (47/01)

[Source: Complete Works, Mahwah, New Jersey,
 Paulist Press, 1993, p. 302]

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SEPTEMBER

10

Tuesday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

— No one can be saved without divine light. Divine light causes us to begin and to make progress, and it leads us to the summit of perfection. Therefore, if you want to begin and to receive this divine light, pray. If you have begun to make progress and want this light to be intensified within you, pray. And if you have reached the summit of perfection, and want to be superilluminated red so as to remain in that state, pray. (56/84)

[Source: Complete Works. Mahwah, New Jersey: Paulist Press, 1993,
p. 234] Angda of foligno.

— Reason strives for knowledge and yet this natural striving is not adequate to the knowledge of the Essence of God, but only to the knowledge that God ... is beyond all conception and knowledge. (70/84)
Nicholas of Cusa.
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Wednesday

2002

SEPTEMBER

September	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8 : 00 [Source: De venatione sapientiae,
Ch. xii ; Beck, 1969 ; p. 64] 111/254 Week 37

9 : 00

- He is God the Father whom
10 : 00 we might also call "One"
or "Unity", because He
11 : 00 necessitates being out of
what did not exist (through
12 : 00 His Omnipotence)... This {omnipo-
tent power of His} is the
1 : 00 Word, the Wisdom, the Son,
of the Father; and we
2 : 00 may regard Him as co-equal
to the One or Unity. (76/81)

3 : 00 Nicholas of Cusa [Source: De sapientia
Dolan, 1962 ; p. 113]

4 : 00

III - Orthodoxy :

5 : 00

- True wisdom is gazing at
6 : 00 God. Gazing at God is
silence of the thoughts.
Notes Stillness of mind is tranqu-
illity which comes from disc-
ernment. (1/116).

[Source: Homily 64]

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SEPTEMBER

12

Thursday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8: - What is a charitable heart (mind)? It is a heart that
 9:00 is burning with charity for the whole of creation {of God}, for
 10:00 men, for the birds, for the beasts, for the demons - for all
 11:00 creatures. He who has such
 12:00 a heart cannot see or call
 to mind a creature without
 his eyes becoming filled
 1:00 with tears by reason of
 2:00 the immense compassion that
 3:00 seizes his heart (mind), a
 4:00 heart that is softened and
 5:00 can no longer bear to
 6:00 see or learn from others
 of any suffering, even the
 smallest pain, being inflicted
 upon a creature. This is
 why such a man never
 ceases to pray also for those
 who do him evil, that they
 may be preserved and purified.
 He will pray even for the
 reptiles, moved by the infinite

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Friday

2002

SEPTEMBER

September	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	F	S	S	M				
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 pity that reigns in the hearts
of those who are becoming
united to God. (2/116). 109/26 Week 37

[Source: The Mystical Theology of
the Eastern Church by Vladimir
Lossky (Crestwood, NY: St.
Vladimir's Seminary Press)]

12:00 God, the cause of all, is
One... that One is, such
as are visible things. Rather,
He transcends incomparably
and inalterably all the
visible world. (8/116).

3:00 [Source: On the Mystical Life:
The Ethical Discourses, Trans.

4:00 Alexander Golitzin, Crestwood,
NY: St. Vladimir's Seminary Press,
1996, (Vol 1), p 122]

6:00 The poor in spirit (Mt. 5:3)
have no attachment to the things
that are present, nor are they
even in thought passionately
involved with them, not even to

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Saturday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W									
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 the extent of simple enjoyment.
(14/116).

108/257 Week 37

9:00 [Source: The Discourses, p. 52, Trans. C.J. de Catanzaro. Ramsey, N.J.; Paulist Press, 1980.]

10:00 1980.]

1:00 Peter said that he and other
disciples had forsaken everything
12:00 in order to follow Christ
(Mt. 19:27). By the word
1:00 everything he included lands,
money, their own wills, to the
2:00 point of contempt and abho-
rence for this transitory life
3:00 in order that they might
taste that life which is
4:00 substantial and eternal. It
is altogether sweeter and
5:00 preferable; it is nothing else
but God ~~themselves~~ Himself. (15/116)

6:00 [Source: The Discourses, p 357, Trans.
C.J. de Catanzaro. Ramsey, SUNDAY 15
N.J.: Paulist Press, 1980].

Notes

- John tells us that we should

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Monday

2002

SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T						
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 neither love the world nor the things of the world. (I John 2:15-16). But what is "the world"? What are "the things that are in the world"? Listen! It is not gold, silver or horses, or mules. All these things that serve our physical needs, we ourselves possess (even though we are monks). It is not meat, nor bread, nor wine, for we ourselves partake of these things and eat them in moderation. It is not house, nor bathe, nor fields, nor vineyards, nor substantial suburban properties, for great and small monasteries consist of these.

5:00 So, what is the world? It is sin, brethren, and attachment to things and passion... (16/116).

Notes [Source: The Discourses, pp. 109-110 Trans. C.J. de Catanzaro. Ramsey, N.J.: Paulist Press, 1980]

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world nor the world. (I John 4:4) Listen! It is or horses, or things that are physical needs, we though we is not meat, wine, for we of these them in s not houses, fields, nor substantial suburban eat and small st of these world? It and attach- and passion...

pp. 109-110 Trans.
Ramsey, N.J.

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October 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
2002 105/260 Week 38

8:00 - Paul says that those who are still alive will be lifted up to the clouds where they will meet the Lord in the air. (1 Thess. 4:17)... in every way endeavor to be lifted up even but a little from the earth. Should this wonderful thing happen, which would astound you, that you should float up from the earth into the air, you would not at all want to descend to the earth and stay there! But by "earth" I mean the fleshly mind, by "air" the spiritual. Once the mind is set free from evil thoughts and through it we contemplate the freedom that Christ our God has bestowed on us, we shall never again be willing to former slavery to fleshy mind. (17/11)

17

Tuesday

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Mind is not flesh.

(222/320)

Wednesday

SEPTEMBER

September 2002	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22

8:00 — God is called light, who
 transcends all light, because
 9:00 He illuminates us; and life,
 who is beyond all life, be-
 10:00 cause He vivifies us. Shining
 around us all, and encircling
 11:00 and cherishing us with the
 glory of His divinity, He
 12:00 is called raiment, and
 so we saw that we clothe
 1:00 ourselves with Him who is
 intangible in every way and
 2:00 who cannot be grasped.
 Uniting Himself without nigh-
 3:00 ing with our soul, and
 making it all as light,
 4:00 He is said to indwell
 us and, uncircumscribed,
 5:00 become circumscribed. (30/116).

[Source: On the Mystical Life: The
 6:00 Ethical Discourses. Trans. Alexander
 Golitzin. Crestwood, N.Y.: St.
 Notes Vladimir's Seminary Press, 1996,
 (Vol. 2), pp. 93-94]

2002

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19

Thursday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

103/262 Week 38

8 A Christian is bound to perform many good works, but before all else what he ought to do is pray, for without prayer no other good work whatever can be accomplished. Without prayer he cannot find the way to the Lord, he cannot understand the truth, he cannot crucify the flesh with its passions and lusts, his heart cannot be enlightened with the light of Christ, he cannot be savingly united to God. None of those things can be effected unless they are preceded by constant prayer. (41/116).

[Source: Russian Monk, R.M., trans.

The Way of a Pilgrim. New York
The Scarsbury Press, 1965, pp. 1,
7, 31, 41, 105]

Notes

— By receiving a new sense of taste and a new form of

(225/320)

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Friday

SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8 : 00 knowledge in "stillness" and
in giving himself over to God
9 : 00 totally. Be still and know.

Be still: remain in a state of
10 : 00 spiritual wakefulness, with your
prospects and your senses
11 : 00 open, to hear what God's
will is at each moment.

12 : 00 (45/116) Abbot Vasilios of Iviron Monastery.
[Source: Hymn of Entry, p. 92]

1 : 00

— Those who have been cleansed
2 : 00 through following the path of
stillness (hesychia) are counted
3 : 00 worthy to see things invisible,
undergoing, as it were, then
4 : 00 the way of negation and
not forming ideas about it.
5 : 00 (46/116)

[Source: Hymn of Entry, p 103]

6 : 00
— Try to make your intellect
Notes deaf and dumb during
prayer, you will then be
able to pray, (64/116)

[Source: On Prayer.: (Philokalia - Vol 1)].

(226/320)

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SEPTEMBER

21

Saturday

October 2002	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 - If the intellect has not risen above the contemplation of the created world, it has not yet beheld the realm of God.
 9:00
 10:00 For it may be occupied with the knowledge of intelligible things and so involved in their multiplicity. (66/116)

12:00 [Source: On Prayer: (Philokalia Vol. 1, p 62, text 58)]

1:00

- When you are praying, do not shape within yourself any image of the Diety, and do not let your intellect be stamped with the impress of any form; but approach the Immortal in an Immortal manner, and then you will understand. (70/116).

[On Prayer: On Prayer: (Philokalia, vol 1, p 63, text 67)]

SUNDAY 22

Notes

- Think nothing and do nothing without a purpose directed to God (72/116).

(227/320)

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23

Monday

2002

SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8 [Source: On the Spiritual Law;
(Philokalia, Vol 1, p. 114, text 51)] 099/266 Week 39

9:00

- You should not doubt that
10 the intellect, when it begins
to be strongly energized by
11:00 the divine light, becomes so
completely translucent that it
12:00 sees its own light vividly.
This takes place when the
1:00 power of the soul gains
control over the passions.
2:00 But when St. Paul says that
'Satan himself is transformed
3:00 into an angel of light'.
(2 Cor. 11:14), he definitely
4:00 teaches us that everything
which appears to the intellect,
5:00 whether as light or as fire,
6:00 if it has a shape, is the
product of the evil artifice
of the enemy. So, we should
not embark on the ascetic
life in the hope of seeing
visions clothed with form or

Notes

(228/320)

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SEPTEMBER

24

Tuesday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 shape; for if we do, Satan
 9:00 will find it easy to lead our
 soul astray. Our one purpose
 10:00 must be to reach the point
 when we perceive the love
 11:00 of God fully and consciously
 in our heart. (79/116).

098/267 Week 39

[Source: On Spiritual knowledge: (Philokalia, Vol 1, p 265, text 40)]

1:00 — Prayer is the laying aside
 2:00 of thoughts. (86/116).
 [Source: Evagrios Ponticus, "On Prayer" in the Philokalia]

3:00
 4:00 — The Lord fills His teachers
 5:00 with grace according to the
 quality and longing of
 those who listen. (95/116).
 [Source: St. John Cassian in On the

6:00 Holy Fathers of Sketis: (Philokalia
 Vol. 1, p. 98)]

Notes —
 — For desire is drawn towards
 three things: the pleasure of the
 flesh, vain self-glory, and the

(229/320)

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DEC

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8 : 00 acquisition of material wealth. 097/168 Week 39
 As a result of this senseless
 9 : 00 appetite it scorns God and His commandments, and forgets
 10 : 00 His generosity; it turns like a savage beast against
 11 : 00 against its neighbour; it plunges the Intelligence into
 12 : 00 darkness and prevents it from looking towards the
 1 : 00 truth. He who has acquired a spiritual under-
 2 : 00 Standing of this truth will share, even here on earth,
 3 : 00 in the kingdom of heaven and will live a blessed
 4 : 00 life in expectation of the blessedness that awaits those
 5 : 00 who love God. (106/116).

[Source: St. John of Damaskos.
 6 : 00 On the Virtues and the Vices:
 ("The Philokalia - Vol. 2", p. 339)

Notes

- Fasts and vigils, the study of Scripture, renouncing possessions

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SEPTEMBER

26

Thursday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 and everything worldly are not
 9:00 in themselves perfection, as we
 have said; they are its tools.
 For perfection is not to be
 10:00 found in them; it is acquired
 through them. It is useless,
 11:00 therefore, to boast of our
 fasting, vigile, poverty, and
 12:00 reading of Scripture when we
 have not achieved the love
 1:00 of God and our fellow
 men. Whoever has achieved
 2:00 love has God within
 himself and his intellect
 3:00 is always with God.
 (109/116).

4:00 [Source: St. John Cassian quoting
 5:00 Abba Moses in On the Holy
 Fathers of Sketis: ("Philokalia -
 Vol 1", p. 96)]

Notes

- Every man must decide whether he will walke in the light of

(231/320)

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27

Friday

2002
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SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 creative altruism or the darkness 095/270 Week 39
 of destructive selfishness. This
 9:00 is the judgement. Life's most
 persistent and urgent question
 10:00 is, what are you doing for
 others? (3/3).

11:00 [Source: The words of Martin Luther
 King, Jr.]

12:00

V - Gnostics :

1:00

— The Father existed alone,
 2:00 unbegotten, without place, without
 time, without counsellor, and
 3:00 without any conceivable
 qualities ..., solitary and
 4:00 reposing alone in Himself.
 But as ^(since) He possessed a
 5:00 generative Power (*logos*), it
 pleased Him to generate
 6:00 and produce the most be-
 autiful and perfect that He
 had in Himself, for He
 did not love solitude. He
 was all love, but love is not

Notes

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Saturday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 love, if there is no object of 09/27/1 Week 39
love. So, the Father, alone as
9:00 He was, projected and gener-
ated of the world. (1/16). Hippolytus.
10:00 [Source: *Refutatio Omnitum Heretorum*,
VI. 29. 5ff. Roberts & Donaldson,
11:00 1892, Vol VI, pp. 208-210]

12:00 The eternal (Logos) is the
1:00 Power of God, and the work,
of the eternal (Logos) is the
2:00 world, which has no beginning,
but is continually becoming
3:00 by the activity of the eternal
(Logos). Therefore, nothing that
constitutes the world will ever
4:00 perish or be destroyed,
5:00 for the eternal (Logos) is
imperishable. All this great
6:00 body of the world is a
soul, full of intellect and
of God, who fills it within and without and
Notes vivifies everything.

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Contemplate through Me
(233/320)

30

Monday

2002

SEPTEMBER

September	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 8:00 (the Divine Mind), the world
and consider its beauty...
9:00 See that all things are full
of light. See the earth,
10:00 settled in the midst of
all, the great nurse who
11:00 nourishes all earthly creatures.
All is full of soul, and all
12:00 beings are in movement.
Who has created these things?
1:00 The One God, for God is One.
You see that the world is
2:00 always one, the Sun, one;
the Moon, one; the divine
3:00 activity, one; God, too is One.
And since all ~~is~~ is living,
4:00 and life is also one, God
is certainly One. It is by
5:00 the action of God that all
things come into being. (2/16)
6:00 Corpus Hermetica.

[Source: Poimander, 1.11, based on
Notes translation by Yates, F., 1964,
pp. 31-32]

002

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OCTOBER

	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
November 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

1

Tuesday

→ Book ③ : CONFUCIANISM — 091/274 Week 40

9:00 I : Confucianism :

10:00 — The Superior Man does not seek fulfillment of his appetite
 11:00 nor comfort in his lodgings.
 (1/55).

12:00 [Source: Analects of Confucius, 1:14,
 in Wing-Tsit Chan, Chinese
 Philosophy, Chapter 2.]

2:00 — Wishing to establish his own character, he also establishes
 3:00 the character of others, and
 4:00 wishing to be prominent himself, he also helps others
 to be prominent. (2/55).

5:00 [Source: Analects of Confucius, 6, 28,
 in Wing-Tsit Chan, Chinese Phil.
 Chapter 2]

Notes — Confucius said, 'At fifteen my mind was set on learning. At thirty my character had been

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Wednesday

2002

***** OCTOBER

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

090/275 Week 40

8 : 00 formed. At forty I had no more perplexities. At fifty, 9 : 00 I knew the Mandate of Heaven (T'ien-ming). At sixty, 10 : 00 I was at ease with whatever I heard. At seventy, I 11 : 00 could follow my heart's desire without transgressing moral 12 : 00 principles. (3/55).

[Source: Analects of Confucius, 2:1, 1 : 00 in Wing-Tsit Chan, Chinese Philosophy, Chapter 2]

- It is not only the worthies 3 : 00 alone who have this moral sense. All men have it, but 4 : 00 only the worthies have been able to preserve it (8/55).

[Source: Book of Mencius, 6A:8, in 5 : 00 Wing-Tsit Chan, Chinese Philosophy, 6 : 00 Chapter 3]

Notes - Now some parts of the body are noble and some are ignoble; some great and

(236/320)

Thursday

ember	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F	S						
002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

some small. We must not allow the ignoble to injure the noble, or the smaller to injure the greater. Those who nourish the smaller parts will become small men. Those who nourish the greater parts will become great men.

(9/55) Meng Tzu.

[Source : Book of Mencius, 6A : 14, in Wing-Tsit Chan, Chinese Philosophy, chapter - 3]

- kung-tu Tzu asked, 'We are all human beings. Why is it that some men become great, and others become small?' Mencius said, 'Those who follow the greater qualities in their nature become great and those who follow the smaller qualities in their nature become small men.' But we are all human beings. Why is it that

(237/320)

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October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				

8:00 some follow greater qualities
 and others follow their smaller
 9:00 qualities?' Mencius replied
 'When our sensee of sight
 10:00 and hearing are used
 without thought and are
 thereby obscured by material
 thing, the material things
 12:00 act on the material senses
 and lead them astray. That
 1:00 is all. The function of
 the mind is to think. If
 2:00 we think, we will get them
 (the principles of things).
 3:00 If we do not think, we
 will not get them. This is
 4:00 what Heaven has given us.
 If we first build up the
 5:00 nobler part of our nature,
 then the inferior part cannot
 6:00 overcome it. Is it simply
 this that makes a great
 man? ? . (10/55)

^{Notes}
 [Source: Book of Mencius, 6A:15,
 in Wing-Tsit Chan, Chinese Phil.
 Chapter 3]

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5

Saturday

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F	S						
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 8:00 - What I dislike in your wise men is their forced reasoning. [...] If wise men could act without any special effort (such as forced reasoning), their wisdom would also be great. (17/55).
- 087/278 Week 40

[Source: Book of Mencius, 4B:2b, in Wing-Tsit Chan, Chinese Philosophy, Chapter 3]

- 1:00
- What Heaven (Tian, Nature) imparts to man is called human nature. To follow our nature is called the way (Tao). (29/55).

[Source: Doctrine of the Mean, Chapter 1, in Wing-Tsit Chan, Chinese Phil, Chapter 5]

- 6:00 By nature the men are alike. Through practice they have become far apart. (55/55).

Notes [Source: Analect of Confucius, 17:2, in Wing-Tsit Chan, Chinese Phil. Chapter 2]

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7

Monday

October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 Ps. N.B.:

085/280 Week 41

- Heaven is high, the earth is low, and thus ch'ien (Heaven) and P'un (Earth) are fixed.
- 10: As high and low are thus made clear, the honorable and the humble have their places accordingly. As activity and tranquillity have their constancy, the strong and the weak are thus differentiated.
- 11:00 Ways come together according to their kinds, and things are divided according to their classes. Hence, good fortune and evil fortune emerge.
- 12:00 4:00 In the heavens, forms (heavenly bodies) appear and on earth shapes (creatures) appear.
- 5:00 6:00 In them change and transformation can be seen. Therefore, the strong and the weak interact and the Eight Trigrams activate each other. Things are stimulated by

Notes

(240/320)

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8

Tuesday

	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
November 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 thunder and lightening and 084/281 Week 41
enriched by the influence of
9:00 wind and rain. Sun and
moon revolve on their
10:00 course and cold and hot
seasons take their turn. The
11:00 way of ch'ien constitutes
the male, while the way of
12:00 k'un constitutes the female.
Ch'ien knows the great beginning,
1:00 and k'un ~~knows~~ acts
to bring them to completion.
2:00 Ch'ien knows through the
easy, and k'un accomplishes
3:00 through the simple. (18/55)
[Source: 'Book of Changes, 'Appended
4:00 Remarks', pt. I, ch. I, in Wing-
5:00 Tsit Chan Chinese Philosophy,
Chapter 13]

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II - Neo-Confucianism:

Notes - The mind is one and principle
is one. Perfect Truth is reduced
to a unity; the essential principle
(211/320)

Wednesday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 is never a duality. The mind and principle can never be separated
 9:00 into two. (1/130) 083/282 Week 4]

[Source: Complete work of Lu Hsiang-shan (Hsiang-shan chuan-chi), 1:3b-4a, in Wing-Tsit Chan, Chinese Philosophy, Chapter 33]

→ 00 The principle fills the universe who can escape from it?
 1:00 Those who follow it will enjoy good fortune and those who violate it will encounter calamities. People (whose minds) are obscure and beclouded are darkened and stupid, and those (whose minds) are penetrative and discerning: are intelligent and wise. The darkened and stupid do not see this principle and therefore they often violate it and suffer calamity. The intelligent and wise understand this principle and are therefore able to follow it and achieve

Notes

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10

Thursday

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F	S						
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 8:00 good fortune. (6/130). 082/283 Week 41
- [Source: Complete Works of Lu Hsiang-shan (Hsiang-shan ch'un-chi), 21:1a, in Wing-Tsit Chan, Chinese Philosophy, Chapter 33]

11:00 - Moral principles inherent in the human mind are endowed by Heaven and cannot be wiped out. Those who are clouded by material desires so as to pervert principles and violate righteousness, do so because they do not think, that is all. If they can truly examine themselves and think, their sense of right and wrong and their choice between right and wrong will have the qualities of quiet alertness, clear-cut intelligence, and firm conviction. (9/130)

Notes [Source: Complete work of Lu Hsiang-shan (Hsiang-shan ch'un-chi), 32:4a, in Wing-Tsit Chan, Chinese Philosophy, Chapter 33] (213/320)

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Friday

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October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8 : 00 When influenced by external things, he begins to be active,
 9 : 00 that is desire arising from his nature. As one becomes
 10 : 00 conscious of things resulting from this impact, one begins
 11 : 00 to have likes and dislikes... one is ~~not~~ unable to return
 12 : 00 to his original mind, the Principle of Nature is
 1 : 00 destroyed. (I) Here is the origin of the theory that
 2 : 00 principle is from Nature whereas desire is from man.
 3 : 00 (10/30).

[Source: Complete Work of Lu-Hsiang-shan (Hsiang-shan chuan-chi),
 4 : 00 34:1b, in Wing-Tsit Chan,
 5 : 00 Chinese Philosophy, Chapter 33]

A student must make up his mind. To read book and merely understand their literate meanings means not to have made up one's mind.
 (11/30). (214/320)

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12

Saturday

November 2002	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 [Source: Complete Work of Lu Hsiang-shan (Hsiang-shan ch'uan-chi), 35:1b, 080/285 Week 41
 9:00 in Wing-Tsit Chan, Chinese Philosophy,
 chapter 33]

10:00 - Students of today only pay
 11:00 attention to details and do
 not search for what is concrete.
 12:00 [...] When is it necessary to depend
 1:00 on words? [...]

2:00 When scholars read today, they
 3:00 only try to understand
 4:00 words and do not go
 further to find out what
 is vital. (16/130).

5:00 [Source: Complete Works of Lu Hsiang-shan
 (Hsiang-shan ch'uan-chi), 35:1a-b,
 6:00 in Wing-Tsit Chan, Chinese Philosophy
 Chapter 33]

NOV

DEC

SUNDAY 13

Notes - Establish yourself in life and
 respect yourself. Don't follow
 other people's footsteps nor repeat
 their words. (90/130).
 (245/320)

October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 [Source: Complete Work of Lu Hsiang-shan (Hsiang-shan chuan-chi), 35; 078/287 Week 42
 9:00 22a, in Wing-Tsit Chan, Chinese Philosophy, Chapter 33]
 10:00

- The Teacher said, 'Tzu-hsia (507-420) B.C. had strong faith in the Sage whereas Tseng Tzu (505-c.436 B.C.) turned to seek the Highest good in himself'. (1) It is good to have strong faith, of course, but it is not as real and concrete as seeking in oneself. (54/130).

[Source: Wang Wen-chien kung Ch'uan-shu, or Complete Works of Wang Yang-ming, Instruction for a Practical Living, 1:8a-10a, in Wing-Tsit Chan, Chinese Philosophy, Chapter 35]

Notes - In the original substance of the mind there is no distinction of good and evil.

2002

OCTOBER

15

Tuesday

November 2002	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 077/288 Week 42
- 8:00 When the will becomes active,
however, such distinction exists.
- 9:00 The faculty of innate knowledge
is to know good and evil.
- 10:00 The investigation of things is to
do good and to remove evil.
- 11:00 (71/130).

[Source: Wang Wen-ch'eng Kuang
ch'u'an-shu, or Complete Works of
Wang Yang-ming, Instruction for a
Practical Living, 3:45b, in Wing-
Tsit Chan, Chinese Philosophy,
Chapter 35]

- It is not easy to find people
of sharp intelligence in the
world. Even Yen Hui (Confucius'
most virtuous pupil) and Ming
Tao (Ch'eng Hao) dared not
assume that they could fully
realize the original substance
of the mind as soon as they
apprehended the task. How can
we lightly expect this from
people? People's minds are

Notes

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(247/320)

Wednesday

October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8 : 00 dominated by habits. If we do not teach them concretely and sincerely to devote themselves to the task of doing good and removing evil right in their innate knowledge rather than merely imagining an original substance in a vacuum, all that they do will not be genuine and they will do no more than cultivate a mind of vacuity and quietness (like that of the Buddhists and Taoists). This defect is not a small matter and must be exposed as early as possible. On that day both Ju-chung and I attained some enlightenment (72/130).

[Source: Wang Wen-cheng kung ch'üan shu, or Complete works of Wang Yang-ming, Instruction for a practical living, 3: 45b - 47b, in Wing-Tsit Chan, Chinese Philosophy, Chapter 35]

2002

OCTOBER

	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F	S						
November 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

17

Thursday

November 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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07/290 Week 42

8:00 - The negative and positive spiritual forces (kuei-shen) are the spontaneous activity of the two material forces ~~Dynamic~~ (yin and yang). Sagehood means absolute sincerity (I) forming a unity with Heaven, and spirit means the Great Vacuity in its wondrous operation and response. All moods and forms in the universe are but dregs of this spiritual transformations. (91/130).

2:00 [Source: Chang Tsai, Cheng-meng, Ch.1, in Wing-Tsit Chan, Chinese
3:00 Philosophy, Chapter 30]

4:00 - If yin and yang do not exist, the One (the Great Ultimate) cannot be revealed. If the One cannot be revealed, then the function of the two forces will cease, reality and unreality, motion and rest, integration and disintegration, and clearness.

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Notes

(249/320)

Friday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 and turbidity are two different substances. In the final analysis however, they are one. (92/130). 074/291 Week 3

[Source: Chang Tsai, Cheng-meng, Ch. 1, in Wing-Tsit Chan, Chinese Philosophy, Chapter 30]

11:00

- In one's words there should be something to teach others. In one's activities there should be something to serve as model for others. In the morning something should be done. In the evening something should be realized. At every moment something should be nourished. And in every instant something should be preserved. (110/130)

[Source: Chang Tsai, Cheng-meng, ch. 12, sppy, 3:9a, in Wing-Tsit Chan, Chinese Philosophy, Chapter 30]

- Notes - The great benefit of learning is to enable one to transform his physical nature himself.

2002

OCTOBER

19

Saturday

November 2002	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	.

8:00 Otherwise, he will have the defect of studying in order to impress others, in the end will attain no enlightenment, and cannot see the all-embracing depth of the sage. (111/130). 073/292 Week 42

11:00 [Source: Chang Tsai, Cheng-meng, ch. 17, Sppy, 12:3a, in Wing-Tsit Chan, 12:00 Chinese Philosophy, Chapter 30]

1:00 + The sage settles these affairs by the Principles of Mean, 2:00 correctness, humanity and righteousness. (for the way of the sage is none 3:00 other than these four!), regarding tranquillity as fundamental. 4:00 (Having no desire, there will therefore be tranquillity). (113/130)

5:00 [Source: Chou Tun-yi, An Explanation 6:00 of the Diagram of the Great Ultimate, in Wing-Tsit Chan, Chinese SUNDAY 20 Philosophy, Chapter 28]

Notes Book NW ④ : Daoism : Copied on the

Archives Diary already. (251/320)

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DEC

21

Monday

2002

OCTOBER

October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

→ Book ⑤: HINDUISM:

071/294 Week 43

9:00 I - Hinduism:

→ Trials and Tribulations in life:

The distress that is experienced
burns to ashes all pleasures
derived from worldly things.

This is what is called Tapasya.
The heartache, the anguish
over the effect of obstructions,
are the beginning of an awak-
ening to consciousness.

3:00 Remember, one is born to
experience various kinds of
joye and sorrows according
to one's desires. For the
time being, God comes to
you in the disguise of
suffering. He is purifying

you in this manner. The

Notes suffering is for your own
best. A mother gives a slap
to her beloved child for

2002

OCTOBER

22

Tuesday

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 its own good, in order to keep
 it on the right path. When
 9:00 a fond mother gives her baby
 a bath, the child may scream
 10:00 desperately, yet the mother will
 not let the baby go until
 11:00 she has thoroughly washed
 and scrubbed him. (4/745).

12:00 Ma Anandamayi

[Source: The Life and Teachings
 1:00 of Anandamayi Ma]

2:00 The soul acts, to be sure,
 but the activity of the soul
 3:00 is not independent. It acts
 itself, but the Lord causes it
 4:00 to act.

Moreover, the Lord is causing
 5:00 it to act now has regard
 to its former efforts, and
 6:00 He also caused it to act
 in a former existence, having
 regard to its efforts previous
 Notes to that existence. (18/745).

[Source: Commentaries on The Vedanta
 Sutras; Vol. II, 2:3:42; Thibaut, 1962,
 P.61]

(253/320)

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2002

OCTOBER

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8 : 00 Teachers and scriptures can stimulate spiritual awareness.
 9 : 00 But the wise disciple crosses the ocean of ignorance by
 10 : 00 direct illumination, through the grace of God. Gain experience
 11 : 00 directly. Realize God for yourself know the Self as the one
 12 : 00 indivisible Being, and become perfect. Free your mind from
 1 : 00 all distractions and dwell in the consciousness of the
 2 : 00 Self.

This is the final declaration
 3 : 00 of the Vedanta:
 Brahman is all; {It is} this
 4 : 00 universe and every creature.
 To be liberated is to live
 5 : 00 in the continual awareness
 of Brahman, the undivided
 6 : 00 Reality. (23 / 745). Shankara

[Source: Vivekachudamani; Prabhava-
 nanda, 1947, p 131]

Notes

2002

OCTOBER

24

Thursday

November																														
S	M	T	W	T	F	S	S	M	T	W	F																			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	*

- Even after the truth has been realized, there remains that strong, beginningless, obstinate impression that one is the agent and experiencer.... This has to be carefully removed by living in a state of constant identification with the Supreme Self. Sages call that cessation of mental impressions, "Liberation." (24/745)

[Source: Vivekachudamani; Prabhavananda, 1947;] Shankara.

- If you want to be a true doer of divine works, your first aim must be to be totally free from all desires and self-regarding-ego. (30/745)

[Source: All for her, in the Teaching of the Hindu Mystics, by Andrew Harvey, Shambala]

- Asceticism for its own sake is not the ideal of this Yoga, but self-control in the

(255/320)

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DEC



Friday

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 vital and right order in the material are a very important part of it -- and even an ascetic discipline is better
 9:00 for our purpose than a loose absence of true control.
 10:00 Mastery of the material implies in it the right and careful utilization of things and also a self-control
 11:00 in their use. Forceful suppression (fasting also comes under
 12:00 the head) stands on the same level as free indulgence;
 1:00 in both cases, the desire remains : in the one it is
 2:00 fed by indulgence, in the other it lies latent and
 3:00 exasperated by suppression.
 4:00 (43/745). Anandamrita Ghose.

5:00 [Source: A Practical Guide to
 6:00 Integral Yoga]

Notes

- Religion in fact is not knowledge, but a faith and

2002

OCTOBER

26

Saturday

	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
November 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

066/299 Week 43

aspiration, it is justified indeed both by an imprecise intuitive knowledge of large spiritual truths and by the subjective experience of souls that have risen beyond the ordinary life, but in itself it only gives us the hope and faith by which we may be induced to aspire to the intimate possession of the hidden tracts and larger realities of the spirit.

That we turn always the few distinct truths and the symbols or the particular discipline of the religion into a hard and fast dogmas, is a sign that as yet we are only infants in the spiritual knowledge and yet far from the science of the Infinite. (45/715). SUNDAY 27

Notes [Source: A Practical Guide to Integral Yoga]

- The Only way to control the

(257/320)

NOV

DEC

Monday

OCTOBER

October 2002	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25

- 8:00 mind and free it from the evils you mention is always
 064/301 Week 44
 9:00 to take the Name of God,
 meditate upon His great
 10:00 attributes and surrender
 all your actions to Him.
 11:00 (46/745) Ramdas [§ 3v3?]

[Source: In the Vision of God, Vol. I,
 12:00 by Swami Ramdas, pp 171-172]

- 1:00 Be reconciled to the lot that God has chosen for you.
- 2:00 Be tolerant and patient. Above all, be humble, kind and forgiving ~~all~~ towards all in your office - nay towards all in the world. With a mind
- 3:00 whose passions are uncontrolled, wherever you may go, you can never know peace. You will
- 4:00 then be only ceaselessly fighting with the world and find no haven of rest and contentment. Look within yourself. Surrender to the will

Notes

2002

OCTOBER

29

Tuesday

	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
November 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

063/302 Week 44

8:00 of Most almighty God. Humble
 yourself before Him and extend
 9:00 your love and sympathy
 towards all beings. Take it
 10:00 that God does everything for
 the best. (53/745) Ramdas

[Source: In the Vision of God, Vol. I,
 by Swami Ramdas, pp 231 - 232]

- God-vision is nothing but to
 1:00 realize and feel His presence
 within yourself and everywhere
 2:00 about you, because God is
 3:00 an all-prevailing spirit, permeating the entire universe. The
 manifested worlds are not
 4:00 different from Him, since they
 5:00 are but His own expressions
 in terms of name & form.
 (54/745) Ramdas.

[Source: In the Vision of God, Vol. I,
 by Swami Ramdas, pp 251-252]

- The true saguna or body of
 the Lord is the universe itself,

(259/320)

NOV

DEC

30

Wednesday

2002

OCTOBER

October	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 in which He is immanent.
And by His power He is
9:00 causing, in this manifestation,
birth, growth, and dissolution
10:00 of all beings and things. He
is also transcendent as pure
11:00 Spirit. Your body is one
of His expressions. Your
12:00 activity has its inception in
the infinite power of God.
1:00 Don't be deluded by a desire
to behold things which are
2:00 conditioned and momentary -
mere phantoms of your mind.
3:00 Have the true longing to
realize your immortal nature
4:00 and your union with the
omnipotent and omnipresent God
5:00 who is the supreme-Lord
6:00 of the Universe. Purify
your mind and heart by
proper discipline and ent-
itle yourself to this glorious
vision, and attain perfect
freedom and eternal bliss,
(55/715). Ramdas

Notes

(260/320)

2002

OCTOBER

31

Thursday

November 2002	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 [Source: In the Vision of God, Vol. I,
by Swami Ramdas, pp 251-252] 061/304 Week 44

9:00

- Truth is one; only it is
called by different names.
All people are seeking
the same Truth;
the variance is due to climate,
temperament, and name. (78/715)

[Source: The Gospel of Sri Ramakrishna,
as translated into English by Swami
Nikhilananda and published
by the Ramakrishna-Vivekananda
Center of New York, Copyright 1942,
by Swami Vivekananda.]

4:00 - In like manner, one who
constantly thinks of God can
know His real nature; he
alone knows that God
reveals Himself to seekers in
various forms and aspects.
God has attributes; then again
He has none. (79/715)

Notes [Source: The Gospel of Sri Ramakrishna as
translated into English by Swami Nikhil-
(261/320)]

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DEC

1

2002

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F	S						
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8 : 00 amanda and published by the
Rama-krishna - Vivekananda Center
of New York, Copyright 1942, by
Swami Nikhilananda] 060/305 Week 44

10 : 00

- God reveals Himself to a devotee
11 : 00 who feels drawn to Him by the
combined force of these three
12 : 00 attractions : the attraction of
worldly possessions for the
1 : 00 worldly man, the child's attr-
action for its mother, and
2 : 00 the husband's attraction for
the chaste wife. If one feels
3 : 00 drawn to him by the comb-
ined force of these three
4 : 00 attractions, then one can attain
him. (80/745)

5 : 00 [Source : The Gospel of Sri Rama-kris-
shna as translated into English
6 : 00 by Swami Nikhilananda and
published by the Rama-Krishna
Vivekananda Center of New York,
Copyright 1942, by Swami Nikhil-
ananda]

Notes

(262/320)

2002

NOVEMBER

December 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

059/306 Week 44

2

Saturday

8:00 The Primordial Power is ever at play. She is creating, preserving, and destroying in play, as it were. This power is called kali.
 9:00
 10:00 It is one and the same Reality. When we think of it as inactive, that is to say, not engaged in the acts of creation, preservation, and destruction, then we call it Brahman. But when
 11:00
 12:00 It engages in these activities, then we call it kali or
 1:00 Shakti. The Reality is one and the same; the difference is
 2:00 in name and form... (82/445)

[Source: The Gospel of Sri Ramakrishna as translated into English by Swami Nikhilananda and published by the Ramakrishna-Vivekananda Center of New York, Copyright 1942, by Swami Nikhilananda]

SUNDAY 3

Notes

- That which is Shakti is also Brahman. That which has form, again, is without form. That (263/320)

NOV

DEC

2002

NOVEMBER

4

Monday

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 which has attributes, again, has
 057/308 Week 45
 no attributes. Brahman is
 9:00 Shakti ; Shakti is Brahman.
 They are not two. These are
 10:00 only two aspects, male and
 female, of the same Reality,
 11:00 Existence - knowledge - Bliss Absolute
 (83/745).

12:00 [Source: The Gospel of Sri Ramakrishna -
 Shma as translated into English
 1:00 by Swami Nikhilananda and
 published by the Rama-Krishna
 2:00 Vivekananda Center of New
 York, copyright 1942, by
 3:00 Swami Nikhilananda]

4:00 It is easier to attain God
 by the following the path of
 5:00 devotion. (86/745).

6:00 [Source: Mahendranath Gupta. The
 Gospel of Sri Ramakrishna. Trans.
 7:00 Swami Nikhilananda. New York :
 Ramakrishna-Vivekananda Center,
 Notes 1942, 1948, 1958, pp. 209-210]

2002

NOVEMBER

5

Tuesday

December 2002	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

8:00 — God dwells in all beings. But 056/309 Week 45
 you may be intimate only with
 9:00 good people; you must keep
 away from the evil-minded.
 10:00 God is even in the tiger; but
 you cannot embrace the tiger
 11:00 or that account (Laughter). You
 may say, 'why run away from
 12:00 a tiger, which is also a
 manifestation of God? The answer
 1:00 to that is: Those who tell
 you to run away are also
 2:00 manifestations of God; why
 shouldn't you listen to them?
 3:00 (89/745). Ramakrishna.

[Source: Mahendranath Gupta. The
 4:00 Gospel of Sri Ramakrishna. Trans.
 Swami Nikhilananda. New York:
 5:00 Ramakrishna Center, 1942, 1948,
 1958, pp. 131-132]

— One ~~person~~ cannot get true
 Notes feeling about God from the
 study of books. This feeling
 is something very different from

(265/320)

DEC

6

Wednesday

2002

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 book-learning. Books, the ^{055/310 Week 45} sacred scriptures and science appear as mere dirt and straw after the realization of God. (93/745)

[Source: Mahendernath Gupta. The Gospel of Sri Ramakrishna. Trans. Swami Nikhilananda. New York : Ramakrishna - Vivekananda Center, 1942, 1948, 1958, p. 353]

1:00 Everyone can attain knowledge. There are two entities: jivatma, the individual soul, and Paramatma, the supreme soul.

2:00 Through "prayer", all individual souls can be united to the Supreme Soul. (97/745).

[Source: Mahendernath Gupta.

3:00 The Gospel of Sri Ramakrishna, Trans. Swami Nikhilananda. New

4:00 York : Ramakrishna - Vivekananda Center, 1942, 1948, 1958, p. 247]

Notes

- No salvation is possible for a man as long as he

(266/320)

2002

7

NOVEMBER

Thursday

December 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 has desire, as long as he
 hankers for worldly things. (98/745).
 [Source: Mahendranath Gupta, The Gospel
 of Sri Ramakrishna. Trans. Swami
 Nikhilananda. New York: Ramakrishna
 Vivekananda Center, 1942, 1948,
 1958, p. 325]

054/311 Week 45

12:00 The lesson of the Gita is:
 'O man, renounce everything and
 seek God alone'. Whether a
 man is a monk or a househo-
 lder, he has to shake off
 all attachment from his mind.
 (100/745).

[Source: Mahendranath Gupta, The Gospel
 of Sri Ramakrishna. Trans. Swami
 Nikhilananda. New York: Rama
 krishna - Vivekananda Center, 1942,
 1948, 1958, p. 157]

- I ask people to renounce
 mentally. I do not ask
 them to give up the world.
 If one lives unattached and
 seeks God with sincerity, then one
 (267/320)

Notes

DEC

8

Friday

2002

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 is able to attain Him. (106/745) (Q53/31 Week 4)

[Source : Mahendranath Gupta. The Gospel of Sri Ramakrishna, Trans. Swami Nikhilananda. New York : Ramakrishna-Vivekananda Center, 1942, 1948, 1958, pp. 338-339]

11:00

- God has made different religious religions and creeds to suit different aspirants.

1:00 (106/745)

[Source : Mahendranath Gupta. The Gospel of Sri Ramakrishna. Trans. Swami Nikhilananda. New York : Ramakrishna-Vivekananda Center, 1942, 1948, 1958, p. 316]

4:00

- Devotee :

5:00 How, can I develop love for God?

6:00 Ramakrishna :

Repeat His name, and sin will disappear.

Notes Thus, you destroy lust, anger, the desire for creature comforts,

(268/320)

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NOVEMBER

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Saturday

December 2002	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

052/313 Week 45

8:00 and so on.

Devotee:

9:00 How can I take delight in God's name?

10:00 Ramakrishna:

11:00 Bay to God with a yearning heart that you may take delight in His name. He will 12:00 certainly fulfil your heart's desire. (107/745).

1:00 [Source: Mahendranath Gupta. The Gospel of Sri Ramakrishna, Trans. 2:00 Swami Nikhilananda. New York: Ramakrishna-Vivekananda Center, 3:00 1942, 1948, 1958, p. 246]

4:00 Ramakrishna:

5:00 The roof is clearly visible, but extremely hard to reach.

6:00 Narendra:

Yes, sir.

Notes

Ramakrishna:

But if someone who has already reached it drops down a rope, he can pull another person up.
(111/745)

SUNDAY 10

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2002

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11

Monday

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 [Source: Mahendernath Gupta. The Gospel of Sri Ramakrishna. Trans. Swami Nikhilananda. New York: Ramakrishna-Vivekananda Center, 1942, 1948, 1958, p. 188] 050/315 Week 46

- "All" religions - Hinduism, Islam, Christianity and I have also followed the paths of the different Hindu sects. I have found that it is the same God toward whom all are directing their steps, though along different paths. You must try all beliefs and traverse all the different ways once. (123/745).

5:00 [Source : Nikhilananda, 1942; P.35]

6:00

- Let each man follow his own path. If he sincerely and ardently wishes to know God, peace be unto him!

Notes

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Tuesday

December 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

049/316 Week 46

8:00 He will surely reach him.
(124/745).

9:00 [Source: Nikhilananda, 1942; p35]

10:00 The implication of the story is that Brahman and the Primal Energy at first appear to be two. But after attaining the knowledge of Brahman, one does not see the two. Then, there is no differentiation; it is One, without a second, Adwaita-non-duality. (131/745).

[Source: Nikhilananda, 1942; p242]

3:00

- Death does not take power into account. Death does not take wealth into account. Death does not take fame into account. Death does not say this is a king; Death does not say this is an Emperor. Death does not say this is a learned man. Death does not say this is a

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Wednesday

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 man of higher caste.... Death 048/317 Week 46
 does not take the gods into
 account. Death does not take
 the incarnations of god into
 account...
 9:00
 10:00
 11:00
 12:00
 1:00
 2:00
 3:00
 4:00
 5:00
 6:00
 Notes
 All gone are the people of
 great glory. Gone are the
 people who defied death for
 a long time. Gone are the
 people of great fame. Gone
 are the generals and all their
 spoils. Gone are the sons of
 noble families. The protectors
 of men have all passed
 away. The great teachers and
 philosophers have passed away.
 Gone are those who wielded
 a sword. Gone are those
 who have given in charity.
 Gone are those who have
 protected the people. Gone
 are the great assemblies of
 men. Gone are the scholars;
 gone are all the renunciants,
 renunciants...

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NOVEMBER

14

Thursday

	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
December 2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 All those are gone, says Rama. ^{14/318 Week 16}
 Only those who have realized
 9:00 the Self, and become one with
 Him, have remained. (148/745).
 [Source: Rama, R.D. Mysticism in
 10:00 India, Albany, NYSUMY Press, 1983,
 pp. 390-392, 395, 410, 412-413,
 11:00 415]

12:00
 - In the beginning, there was
 1:00 neither existence nor non-existence,
 Neither sky nor heaven beyond...
 2:00

That One breathed, without breath,
 3:00 breath,
 By his own breathless power.
 4:00

5:00 The first born was the creative
 will,
 6:00 All else followed.
 The primordial seed of the mind.
 Notes The sages, searching for the
 truth within themselves,
 Discovered the eternal bond between
 the seen and unseen.

(273/320)

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Friday

2002

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 This bond was an endless ^{046/319 Week 46} time line stretched across the heavens.

9:00

What was above?

10:00 What was below?

Primal seeds were sprouting,
mighty forces were moving;

12:00 Pulsation from below, pure energy above.

1:00

Who here knows? who can say
for sure?... When it began
and from where it came - this
creation?

The gods came afterwards.
So, who really knows?

5:00 From where this creation came,
By what means it was
6:00 way formed,

Notes Only He who watches from
the highest heaven knows or
perhaps even He does not
know! (174/745)

[Source: Rig Veda, Book X, 129]

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2002

NOVEMBER

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

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Saturday

045/320 Week 46

- 8:00 — O Visvakarma, Thou art our Father, our Creator, Maker;
 9:00 Thou knowest every place and every creature.
 10:00 To Thee, by whom the "names-of-gods" were given,
 11:00 All creatures turn in prayer.
 (175/745) Rig Veda.
 [Source : X.82]

- 1:00 — loose us from the yoke of the sins of our fathers;
 2:00 the sins of our mothers;
 3:00 the sins of our brethren;
 4:00 the sins of our children;
 and also of those which we ourselves have committed.
 (191/745).

[Source : Rig Veda 7.86.5]

SUNDAY 17

- 6:00 — Faith is composed of the heart's intention.
 Notes Light comes through faith.
 Through faith men come to prayer,
 faith in the morning, faith at noon, faith in the evening and
 (275/320)

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November	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 at midnight.

043/322 Week 47

O' Faith, give us faith. (192) 745

9:00 [Source : Rig Veda 10.151.4-5]

10 : 00 One not knowing a land
asks of one who knows
11 : 00 it,

12:00 he goes forward instructed by the knowing one.

1:00 Such indeed, is the blessing
of instruction,

2:00 one finds a path that leads him straight onward.

3:00 (193/745).

[Source: Rig Veda 10.32.7]

4 : 00

ord of creation! No one
ever than thee. pervades all
se that have come into

Masters? — Perverted
rule?

May that be ours for which
our prayers rise,
may we be masters of many
as well! (194/745)

[Source : Rig Veda 10.121.10]

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NOVEMBER

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Tuesday

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

042/323 Week 47

8:00 — They (the wise) have stretched
the word (rashni) of their
vision {to encompass the truth},
9:00

10:00 And they have perceived what
is higher and lower.

11:00 The mighty powers {of Nature}
are made fertile
12:00 By that "one" who is their
Source.

1:00 Below (i.e., secondary) is the creative
Energy (svadha),
2:00 And above (i.e., primary) is the
Divine will (prayati).
3:00 (205/745) Rig Veda

4:00 [Source: X.129.2-7]

5:00 — But, after all, who knows, and
6:00 who can say whence it all
came, or how this creation
came about?

The Notes
later gods, themselves, came
so than this world's creation,
has who truly knows whence it
arisen? Whence all creation

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Wednesday

2002

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November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 8:00 had its origin, only He, whether
He fashioned it or not 041/324 Week 47
- 9:00 He, who surveyed it all from
highest heaven - He knows.
- 10:00 Or perhaps even He does not!
(206 / 745). Rig Veda
- 11:00 [Source: X.129. 2-7]

- 12:00 Seek to know Brahman by
tapas, by prayer,
1:00 because Brahman is prayer.
(220 / 745).
- 2:00 [Source: Taittiriya Upanishad, translated
by Juan Mascaró, (Penguin Classics,
3:00 1965), copyright Juan Mascaró, 1965]

- 4:00 The Lord is enshrined in the
hearts of all.
- 5:00 The Lord is the Supreme
Reality.

6:00 Rejoice in Him through
Notes renunciation. Covet Nothing.
All belongs to the Lord. Thus,
working may you live a

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NOVEMBER

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Thursday

December	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M										
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 hundred years. Thus, alone
will you work in real freedom.
040/325 Week 47
(221/745).

10:00 [Source: Isha Upanishad, translated by
Eknath Easwaran, 1987; Nilgiri Press,
Tomales, California].

11:00 - May the "Lord-of-love," who
12:00 projects himself into this universe
1:00 of myriad forms,
2:00 from whom all beings come
and to whom all return,
grant us the grace of wisdom.
[...] (232/745).

3:00 [Source: Shvetashvatara Upanishad, translated
4:00 by Eknath Easwaran, 1987; Nilgiri Press,
5:00 Tomales, California]

5:00 - AUM stands for the supreme
6:00 reality.
It is a symbol for what
was, what is and what shall
be. AUM represents also what
lies beyond past, present,
and future. (248/745).

Notes
(Source: Mandukya Upanishad, translated by Eknath
(279/320)

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Friday

2002

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 *Easwaran, 1987; Nilgiri Press, Tomales California]* 039/326 Week 47

9:00

- Brahman is beyond all duality
10:00 beyond the reach of thinker
and thought. (263/745).

11:00 [Source: Tefabindu Up. 6, p 240. in
The Upanishads. Trans. Eknath Easwaran
12:00 Tomales, CA.: Nilgiri Press, 1987]

1:00 - By meditation on Him, by
contemplation of Him, and
2:00 by communion with Him, there
comes in the end destruction
3:00 of earthly delusion. (285/745)
[Source: Svetasvatara Upanishad, VI]

4:00

- The ignorant think the "self"
5:00 can be known by the intellect
but the illumined know he is
6:00 beyond the duality of the
knower and the known.
(374/745).

Notes
[Source: Kena Up. 2:3, pp. 69-70, in
The Upanishads. Trans. Eknath Easwaran
Tomales, CA.: Nilgiri Press, 1987]

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NOVEMBER

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

23

Saturday

8:00 - When all desires that surge in
the heart are renounced, the
immortal becomes immortal. (379/745)

[Source: Katha Up. Part 2, 3:14, p. 97,
in The Upanishads. Trans. Eknath Easwaran
Tomes, CA.: Nilgiri Press, 1987] **SC**^{HTS}

11:00
12:00 - Even by the mind the truth
is to be realized learned:
There are not many, but only
ONE. (391/745)

[Source: Katha Upanishad, IV; based on
Mascaro, Juan, 1965]

1:00
2:00
3:00
4:00
5:00
6:00 - He is known by those who
know Him beyond thought, not
to those who imagine He can
be attained by thought. ... If
you ~~know~~ think, 'I know Him
well,' you do not know the
Truth. You only perceive that:

appearance of Brahman **SUNDAY 24**
produced by the inner senses.
Continue to meditate. (392/745)

[Source: Kena Upanishad, II; based on
Mascaro, Juan, 1965]

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Monday

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

8:00 — Behold the glory of God
in the Universe and all that

9:00 lives and moves on earth.

leaving the transient, find
10:00 joy in the Eternal. (403/745)

[Source: Isha Upanishad, 1.1]

11:00

— Be aware of me always,
12:00 adore me, make every act
an offering to me, and you
1:00 shall come to me; this I
promise; (468/745)

2:00 [Source: Translated by Eknath
Easwaran, Nilgiri Press, Tomales,
3:00 California]

4:00 — Just as ~~water~~ as a reservoir
is of little use when
5:00 the whole countryside is
flooded, scriptures are of
6:00 little use to the illumined
man or woman who see
the Lord everywhere. (474/745)

Notes
[Source: BG 2:46, p.66, The Bhagavad
Gita, Trans. Eknath Easwaran,
Tomales, CA.: Nilgiri Press, 1985]

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NOVEMBER

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Tuesday

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 - Better indeed is knowledge than mechanical practice {of
 9:00 religious ritual}. Better than knowledge is meditation. But
 10:00 better still is surrender of attachment to results {of
 11:00 one's actions}, because there follows immediate peace. (482/745)

12:00 [Source: BG 12:12, p163, The Bhagavad Gita. Trans. Eknath Easwaran. Tomales,
 1:00 CA : Nilgiri Press, 1985]

2:00 - I {God} am easily attained
 3:00 by the person who always remembers me and is attached
 to nothing else.

4:00 [Source: BG. 8:14, p126, The Bhagavad Gita. Trans. Eknath Easwaran. Tomales,
 5:00 CA. : Nilgiri Press, 1985]

6:00 - The three gunas comprising Prakrti come from Me, but I am not in them; they are in Me. The whole world is under the delusion of My

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Wednesday

NOVEMBER

November 2002	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23

- 8:00 Maya (appearance) and knows not Me, the Eternal. This.
- 9:00 Maya of Mine is difficult to penetrate, but those who
- 10:00 know Me go beyond My Maya. (492/745).
- 11:00

[Source: 7:12-14; based on
12:00 Mascaro, Juan, 1962]

- 1:00 Set your heart upon your work, but never on its
2:00 reward. Work not for a reward; but never cease to
3:00 do your work. ... (509/745)

[Source: 2:47; based on Mascaro,
4:00 Juan, 1962]

- 5:00 Therefore, offer to Me all your works and rest your mind
6:00 on the Supreme. Be free from vain hopes and selfish thoughts, and with inner peace
Notes fight your fight. (506/745).

[Source: 3:30; based on Mascaro
Juan, 1962]

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NOVEMBER

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Thursday

December	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T									
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 - A man of faith, absorbed in 033/332 Week 48
faith, his senses controlled,
9:00 attains knowledge, and, knowledge
attained, quickly finds supreme
10:00 peace. But the ignorant man,
who is without faith, goes
11:00 doubting to destruction. For the
doubting self there is neither
12:00 this world, nor the next,
nor joy. (529/745).]

[Source: Bhagavad Gita 4.39-40]

2:00 - It is ⁱⁿ { one's best interest } to
3:00 live "own" destiny imperfectly,
than to live an imitation
4:00 of ~~any~~ somebody else's life
with perfection! Anonymous,
5:00 The Bhagavad Gita.

He who has let go of hatred
who treats all beings with
kindness and compassion,
who is always serene,
~~but~~ unmoved by pain or
pleasure,

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Friday

2002

NOVEMBER

November	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

- 8:00 free of the "I" and "mine",
 self-controlled, firm and patient,
 9:00 his whole mind focused on
 me --- that is the man
 10:00 I love best.' Anonymous, The
 Bhagavad Gita.
 11:00

- 12:00 'It is nature that causes
 all movement. Deluded by the
 ego, the fool harbors the
 1:00 perception that says 'I did it'.
 Krishna-Dvaiapayana Vyasa, The
 2:00 Bhagavad Gita or The Divine
 Song. (539/745).
 3:00 [Source: ― Krishna-Dvaiapa-
 yana Vyasa, The Bhagavad Gita or
 4:00 The Song Divine]

- 5:00 Some realize the self within
 them through the practice of
 6:00 meditation, some by the
 path of wisdom, and others
 Notes by selfless service. Others
 may not know these paths;
 but hearing and following the

2002

NOVEMBER

30

Saturday

December	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T									
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 instructions of an illumined teacher,
they too go beyond death.
031/334 Week 48
9:00 (567/745).

[Source: BG 13:24-25, pp. 171-172,
10:00 The Bhagavad Gita. Trans. Eknath
Easwaran. Tomales, CA: Nilgiri Press, 1985]

11:00

- Arjuna: Tell me of those who
12:00 live established in wisdom,
ever aware of the Self, O
1:00 krishna. How do they talk?
How sit? How move about?

2:00

Lord krishna: They live in
3:00 wisdom who see themselves in
all and all in them, who
4:00 have renounced every selfish
desire and sense craving
5:00 tormenting the heart.

6:00 Neither agitated by grief
+ nor hankering after pleasure,^{SUNDAY 1},
Notes they live free from lust and
fear and anger. Established
in meditation, they are truly

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2002

DECEMBER

Monday

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 wise. fettered no more by selfish attachments, they are neither elated by good fortune nor depressed by bad. Such are the seers.

029/336 Week 49

11:00 Even as a tortoise draws in its limbs, the wise can draw in their senses at will.

12:00 Aspirants abstain from sense pleasures, but they still crave for them. These cravings all disappear when they see the highest goal. Even of those

3:00 who tread the path, the stormy senses can sweep

4:00 off the mind. They live in wisdom who subdue

5:00 their senses. and keep their

(last) minds ever absorbed in Me.

6:00 [Source: Bhagavad Gita 2.54-61]

Notes — living beyond the reach of I and mine and of pleasure and pain, patient,

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DECEMBER

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Tuesday

January	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F								
2003	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Q28/337 Week 49

8:00 contented, self-controlled, from m
 9:00 faith, with all his heart and
 all his mind given to me--
 10:00 with such a one I am in
 love.

11:00 Not frightening the world or
 by it frightened, he stands
 12:00 above the sway of elation,
 competition, and fear-- he is
 1:00 my beloved.

2:00 He is detached, pure, efficient,
 impartial, never anxious, selfless
 3:00 in all his ~~and~~ undertakings,
 -- he is my devotee, very
 4:00 dear to me!

5:00 Running not after the pleasant
 or away from the painful,
 6:00 grieving not, lusting not,
 but letting things come and
 go as they happen-- he is
 very dear to me.

Notes

That devotee who looks upon

(289/320)

DEC

Wednesday

December 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	S	M	T	W	T	F	S	S	M	T				
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

027/338 Week 49

8:00 friend and foe with equal regard, who is not buoyed up by praise nor cast down by blame, alike in heat and cold, pleasure and pain, free from selfish attachments, the same in honor and dishonor, quiet, ever full, in harmony everywhere, firm in faith -- such a one is dear to me.

2:00 Those who meditate upon this immortal Truth, as I have declared it, full of faith and seeking me as life's supreme goal, are truly my devotees, and my love for them is very great.
 (599/745)

6:00 [Source: Bhagwad Gita 12.14-20]

Notes - Few see through the veil of Maya. (605/745).

[Source: Bhagwad Gita 7.25]

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2002

DECEMBER

5

Thursday

January 2003	WT	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

026/339 Week 49

8:00 — The path to the Unmanifest
 is very difficult for embodied
 9:00 souls to realize { by effort }
 at meditation }. But quickly I
 10:00 come to those who offer me
 every action, who worship me
 11:00 only, their dearest delight, with
 undaunted devotion. Because
 12:00 they love me, these are my
 bondmen, and I shall save
 1:00 them from mortal sorrow
 and all the waves of life's
 2:00 deathly ocean. (612/745).

[Source: Bhagwad Gita 12.5-7]

3:00

— let him not desire to die;
 4:00 let him not desire to live;
 let him wait for (his appointed)
 5:00 time, as a servant { waits }
 for the payment of ~~his~~ his
 6:00 wages. (721/745). Law of Manu.

[Source: VI, 45, Translation by G.
 Buhler in Sacred Books of the
 East, XXV (Oxford, 1886), pp. 204-10]

Notes

(291/320)

6

2002

DECEMBER

December 2002	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 — Let him reflect on the transmigrations of men, caused by their sinful deeds, on their falling into hell, and on the torments in the world of Yama.

025/340 Week 49

11:00 On the separation from their dear ones, on their union with hated men, on their being overpowered by age and being tormented with diseases,

2:00 On the departure of the individual soul from this body and its new birth in (another) womb, and on its wanderings through ten thousands millions of existences. (723/745)

5:00 [Source : VI, 61-63, Translation by G. Buhler in Sacred Books of the East, XXV (Oxford, 1886), pp. 204-10]

II - Tantra : (Tantric Scriptures).

— Though in reality there is no bondage, the individual

(Continues)

(292/320)

2002

DECEMBER

	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	
January 2003	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18

7

Saturday

	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	
January 2003	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18

is in bondage as long as there exists the feeling of limitation in him. In fact, there never has been any veiling or covering anywhere in reality. No one has ever been in bondage. Please show me where such bondage exists. Besides these two false beliefs, that there is such a thing as bondage and such a thing as an individual mind, there is no bondage for anyone anywhere. (I) ... The individual soul (jiva) is Shiva; Shiva is jiva. When in bondage, it is jiva; freed from bondage, it is Shiva. (2).

... The knowledge of the identity between the jiva ~~and~~ and Shiva constitutes liberation; lack of this knowledge ^{SUNDAY 8} constitutes bondage. (3) (2/8). [Source : Tripurarahasya; (2) Kundalini Tantra, 9.12; (3) Ishvarapratyabijna Vimarshini]

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9

2002

DECEMBER

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 — From his transcendent station,
the Lord in the form of the Guru
9:00 frees one from all bondage.
(1).
- 10:00 ... The Guru is the means
{to enlightenment}. (2)
- 11:00 ... Initiation {by the Guru} is
the first ladder to the terrace of liberation. (3).
- 12:00 ... The touch of the hand of
1:00 the Guru destroys the impurities
of the world and converts
2:00 the base metal {of the disciple}
into gold. (4). (8/4).

3:00 [Source : (1) Kularnava Tantra,
12.25 ; (2) Vasugupta, Shiva Sutras,
4:00 (2.6) ; (3) Pairmananda Tantra;
(4) Jnanarnava Tantra, 21. 41]

5:00

III - Kriya Yoga :

6:00

— God encased the human soul
successively in three - bodies —
Notes the idea, or causal body ; the
subtle astral body ; seat of

(294/320)

2002

DECEMBER

10

Tuesday

January 2003	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

021/344 Week 50

- 8 : 00 man's mental and emotional nature's; and the gross physical body. On earth a man is equipped with his physical senses.
- 9 : 00 An astral being works with his consciousness and feelings and
- 10 : 00 a body made of lifetimes.
- (1) A causal-bodied being remains
- 12 : 00 in the blissful realm of ideas.
- (1/8). Paramhansa Yogananda.

[Source:]

2:00 Book ⑥ : ISLAMI : ISLAM

- 3 : 00 - If your words are truthful,
if you are good-tempered,
if you are moderate in taking
food, and if you are trustworthy
then you are rich and should
not regret the possessions that
you may not have. These
four qualities are enough
possessions and wealth for a
wise person. (2/112). Muhammad.

Notes [Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p. 88]

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Wednesday

DECEMBER

December	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M									
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 — One who can control himself
when in anger, in passion, in
9:00 fear, and in attraction is
safe from the hands of the
10:00 devil and the fires of hell.
(4/112) Muhammad.

020/345 Week 50

[Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p. 88]

- 11:00 — The first stage of worship
is silence. (6/112). Muhammad.
[Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p. 89]

- 12:00 — There are as many ways to
God as there are created souls.
(9/112). Muhammad.

[Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p. 92]

Notes

- An hour of contemplation is
better than a year of prayer.
(10/112) Muhammad.

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2002

DECEMBER

12

Thursday

January 2003	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 [Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper, San Francisco p. 92] 019/346 Week 50
- 9:00 [Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper, San Francisco p. 92]

10:00 Asceticism for the sake of the ~~body~~ world brings relief to the body; asceticism for the sake of the hereafter brings relief to the heart (mind); and turning one's face towards the Divine brings relief to the spirit. (11/112).

[Source: Hadith, Essential Sufism, by James Fadiman & Robert Frager, Harper, San Francisco, p. 92]

3:00

- To every one of you we have appointed a right way and an open road. (19/112).

4:00 [Qur'an, Source: V-50-3]

5:00

- And of His signs is that He created you from the dust; now behold you are human beings, ranging widely.

Notes

And of His signs is that He (297/320)

13

Friday

2002

DECEMBER

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 created for you, of yourselves, 018/347 Week 50
spouses that you might find
9:00 repose in them, and He has
planted love and kindness
10:00 in your hearts.

11:00 Surely, there are signs in this
for people who reflect.

12:00

And of His signs is the
1:00 creation of the heavens and
the earth and the variety of
2:00 your tongues and hues, surely
there are signs in this for
3:00 people who have knowledge. And
of His signs is your slumber
4:00 by night and day, and
your seeking of His bounty.
5:00

6:00 Surely, there are signs in this
for people who hear, The
lightening which He shows you
Notes for fear and hope is yet
another of His signs; He
sends down water from the

2002

★ ★ ★ ★

DECEMBER

14

Saturday

January 2003	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 sky, thereby reviving the earth after it is dead.

017/348 Week 60

9:00

10:00 Surely, in this there are signs for people who understand.
11:00 And of His signs is that space and the earth stand firm by His command; then
12:00 when He calls you, suddenly, from the earth you shall emerge
1:00 (22/112).

[Source: Qur'an 30.20-25]

2:00

3:00 — Say, He is God, the One! God, the eternally Besought of all!
4:00 He neither begets nor was He begotten.
5:00 And there is none comparable unto Him. (24/112).

6:00 [Source: Qur'an 112]

SUNDAY 15

Notes

— No vision can grasp Him, But His grasp is over all vision; He is above all comprehension, Yet is acquainted with all things. (25/112). [Source: Qur'an 6.103] (299/320)

16

Monday

2002

DECEMBER

December	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T							
2002	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 — We created man of an extraction of clay,
then, we set him, a drop, in a receptacle secure,
then, we created of the drop a clot.

11:00

Then we created of the clot a tissue

then we created of the tissue bones

then we garmented the bones in flesh;

3:00 Thereafter, we produced him as another creature.

4:00 So, blessed be God, the fairest of creators! (32/112).

5:00 [Source: Qur'an 23:14]

6:00 — Whatever "affliction" may visit you is for what your own hands have earned. (34/112).

Notes [Source: Qur'an 42.30]

— Upon that Day men shall

(200/320)