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THE JAMMU AND KASHMIR BANK LTD.

2004

JANUARY

February 2004	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
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01

Thursday

365/001 Week 1

8:00

[Contd. from 2002, JKB
Diary (Brown), labelled 3.]

9:00

10:00

→ NOTES ON DAOISM APP.

11:00

12:00

1:00

2:00

3:00

4:00

5:00

6:00

Notes

FEB

MAR

APR

03 / 360

2004

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03

Saturday

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2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

363/003 Week 1

8:00 - Rabia was once asked,
 'How did you attain that,
 which you have attained?'

10:00 'By often Praying, "I take
 refuge in You, O, God,
 11:00 from every thing that distracts
 me from You, and from
 12:00 every obstacle that prevents
 me from reaching You?"'

1:00 (79/298). Rabia Al-Adawiyya.

[Source: Translation by Andrew

2:00 Harvey and Eryk Hanut -
 'Perfume of the Desert'.]

3:00

- Many Sheikhs observe the
 4:00 following rule. When a novice
 joins them, they subject him
 5:00 to spiritual discipline for
 three years. He can be admitted
 6:00 to the Path only if he fulfills
 all the requirements of Sunday 04
 Notes this discipline. The first year
 is devoted to service of the
 people, the second year to service

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Monday

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January	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
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8:00 of God, and the third year to
watching over his own heart.

361/005 Week 2

9:00 (92/298) Hujwiri

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper, San Francisco, p. 218]

11:00

- The journey from this world to the next (to give up worldly things for spiritual things) is easy for the believer. The journey from the creatures (created) to the Creator is hard. The journey from the Self to God is very hard. And to be able to abide in God is harder still. (93/298) Al. Junayd.

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper, San Francisco, p. 38]

6:00

Notes - Those who have striven for our sake, We guide them to Our ways (Quran 29:96) At Junayd said: "This verse means"

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8:00 These who have striven against their desires and repented for our sake, we shall guide them to the ways of sincerity. And one cannot struggle outwardly except he who against these enemies inwardly. Then whoever is given victory over them will be victorious over his enemy. And whoever is defeated by them, his enemy defeats him. (97/298)

3:00 [Source: Ibm Qayyim al-Tawziyya, al-Fawa'id, ed. Muhammad 'Ali

4:00 Qutb (al-Iskandriyya: Dal al-Da'wa 1992) P. 50.

5:00

- If you could get rid of Yourself just once, The secrets of secrets, would open to you. The force of the unknown beyond the universe would appear in the Mirror of

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8:00 your perception. (100/298) Rumi 359/007 Week 2

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p. 23]

10:00

- I died from minerality
and became vegetable ; And
from vegetativeness I died and
became animal. I died from
animality and became human.
Then, why fear disappearance
through death? Next time
I shall die, Bring forth
wings and feathers like
angels ; After that, soaring
higher than angels. What you
cannot imagine I shall be
that. (104/298) Rumi

5:00 [Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, P. 96]

Notes - This love is beyond the
study of theology, that old
trickery and hypocrisy. If you

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- 8:00 want to improve your mind 358/008 Week 2
 that way, sleep on. (105/298)
- 9:00 [Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p.116]
- 10:00

11:00 - The true teacher knocks down the idol that the student makes of him. (109/298). Rumi

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p.128]

2:00

- The ego and the intellect, are very necessary for the manifestations of good and evil. Day and night in this abode of dust these two necessary beings are in war and altercation. The {ego} always desires the necessities of the household -- reputation, bread, food, and position... The ego sometimes displays humility and sometimes ~~displays~~ seeks leadership to remedy its plight. (143/298).

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357/009 Week 2

8:00 [Source: The Sufi Path of Love: The Spiritual Teachings of Rumi, p165, 9:00 Trans. William C. Chittick, Albany, N.Y.; State University of New York Press, 1983]

11:00 — Poverty is not for the sake of hardship. No, it is there because nothing exists but God... Poverty unlocks the door -- what a blessed key! (151/298).

2:00 [Source: The Sufi Path of Love: The Spiritual Teachings of Rumi, p188, 3:00 Trans. William C. Chittick, Albany, N.Y.; State University of New York 4:00 Press, 1983]

5:00 — The Self is not bad in itself. Never blame your self. Part of 6:00 the work of Sufism is to change the state of your self. The lowest state is that of being completely dominated by your wants and desires. The

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Saturday

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8:00 next state is to struggle with 356/010 Week 2
 yourself, to seek to act according
 9:00 to reason and higher ideals
 and to criticize yourself when
 10:00 you fail. A ~~more~~ much higher
 state is to be satisfied with
 11:00 whatever God provides for you,
 whether it means comfort or
 12:00 discomfort, fulfillment of
 physical needs or not. (181/298)

1:00 [Source: Essential Sufism, by James
 Fadiman & Robert Froger, Harper,
 2:00 San Francisco, p. 20]

3:00 - The disciples of Abu-al-Bistami
 4:00 once complained to him about
 the Devil. They said, 'The
 5:00 Devil takes away our faith'. The
 Sheikh then summoned the
 6:00 Devil and questioned him. The
 Devil said, I cannot force
 anyone to do anything. Sunday 11
 Notes I fear God too much to
 dare to try that. Actually,
 most people throw their faith

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January	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S														
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354/012 Week 3

8:00 away for all sorts of trivial reasons. I simply pick up the faith they threw away. (194/298)

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p172]

11:00

- Once, one of Jesus' apostles was preaching in a small town. The people asked him to perform a miracle, by raising the dead, as Jesus had done.

3:00 They went to the town cemetery and stopped before a grave.

4:00 The apostle prayed to God to bring the dead back to life. The dead man rose from his grave, looked around him, and cried, 'My donkey, where is my donkey?' In

Notes life, he had been a poor man whose most cherished possession was his donkey.

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8:00 The same is true for you. 353/013 Week 3

whatever you care about about
 9:00 most will determine what
 what happens to you at resurrec-
 10:00 tion. You will be together
 in the Hereafter with the
 11:00 ones you love. (196/298).

[Source: Essential Sufism, by James
 12:00 Fadiman & Robert Frager, Harper
 San Francisco, p. 205]

1:00

- All creation is calling upon
 2:00 God. You cannot hear or
 see it on the outside,
 3:00 but the essence in every-
 4:00 thing is continuously remembe-
 ring and calling upon God.
 5:00 (197/298)

[Source: Essential Sufism, by James
 6:00 Fadiman & Robert Frager, Harper
 San Francisco, p. 210]

Notes - There is the essence of God
 and there are the attributes of
 God. The essence is impossible

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Wednesday

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8:00 for us to understand. We
 can begin to understand the
 9:00 attributes. In fact, part of
 10:00 a Sufi education is that
 to understand those attributes.
 11:00 in yourself. God has said,
 "My servants will find Me as
 they see ~~Me~~ Me. This does not
 12:00 mean if you think of God
 as a tree or as a Mountain
 1:00 that God will be that
 tree or Mountain. If you
 2:00 think of God as merciful,
 or loving, or as angry or
 3:00 vengeful, that is how you
 will find God. (201/298).
 4:00 [Source: Love is the Wine edited
 by Dr. Robert Fraser]
 5:00

- I have seen nothing more
 6:00 conducive to righteousness
 than solitude. He who is
 Notes alone sees nothing but God,
 and if He sees nothing but
 God, nothing moves Him but
 the will of God. (205/298)

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Thursday

351/015 Week 3

8:00 Dhur-l-Nun.

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p 211]

- Whatever you have in your mind - forget it ; whatever you have in your hand - give it ; whatever is to be your fate - face it ! (206/298) Abu Said

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p. 37]

- An ideal mystic is neither an ecstatic devotee lost in contemplation of Oneness nor a saintly recluse shunning all commerce with mankind. The true saint goes in and out among the people, eats and sleeps with them, buys and sells in the market, marries and takes part in social intercourse, and never forgets God for

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Friday

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8:00 a single moment. (207/298).

350/016 Week 3

[Source: Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, P. 40]

10:00

- The personality absolute, manifest
in all creation fine, If thou
desire to know of His perv-
ading the universe, the reality
and sign; Go! And on the
surface of wine observe the
bubble, see how! The wine is
within the bubble and the
bubble within the wine.

(213/298).

[Source: Abu Sa'id's Rubaiyat by Dr. Zahru'l Hasan Sharif]

- When you commit a sin
but do not carry the pleasure
of it with you, that is
repentance. There is not so
much harm in the act
of sinning as in the desire
and thought of it: the act

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8:00 is but momentary and passing,
 whereas the desire is continuous.
 9:00 It is one thing when the
 body indulges in a pleasure-
 10:00 able act for an hour and
 an entirely different thing
 11:00 when the mind and heart
 chew on it endlessly. (219/298)
 12:00 [Source: Bushanja, Essential Sufism,
 by James Fadiman & Robert
 1:00 Frager, Harper San Francisco,
 2:00 p. 59]

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- He who is "intimate" with
 3:00 worldly wealth will find his
 intellect destroyed; he who
 4:00 is "intimate" with people will
 become lonely; he who is
 5:00 "intimate" with work will be
 preoccupied; and he who is
 6:00 "intimate" with God will attain
 union. (231/298). Sunday 18

Notes [Source: Shibli, Essential Sufism, by
 James Fadiman & Robert Frager,
 Harper San Francisco, p. 83]

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Monday

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347/019 Week 4

8:00 - We must always be in a state of preparation. Preparation
9:00 is the art of staying awake.
10:00 If you are awake, then one day you may see into the real world. You cannot expect
11:00 to come into that world if you walk around like a
12:00 sleepwalker in a dream. You cannot wake up by reading
1:00 books that tell you you are asleep. You may not even
2:00 wake up just because a teacher tells you that you are asleep. You can only
3:00 wake up if you want to, and so begin to work on
4:00 yourself to cut away all
5:00 the rubbish in order to
come upon the nature of
6:00 who and what you are.
(239/298).

Notes [Source: Reshad Field, Essential Sufism, by James Fadiman & Robert Frager, Harper San Francisco, p 154]

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Tuesday

- Mistranslated?
- Doubt on the Meanings of the Principles.

8:00 - The roots of conduct four aspects : conduct with God, 9:00 conduct with Self, Conduct with people, and conduct with this world. Each of these aspects is based upon seven principles :

11:00

Principles of conduct with God : giving God his due, keeping His limits, being thankful for His gift, being content with His decree, being patient with His trials, glorifying His sanctity, and yearning for Him.

4:00

Principles of conduct with Self : Reducing Fear, Striving, enduring Harm, embracing spiritual discipline, seeking truthfulness and sincerity, withdrawing the self from what is loves, and binding it in poverty.

Notes

Principles of conduct with people

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Wednesday

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345/021 Week 4

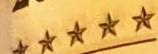
8:00 are: Forbearance, Forgiveness, humility,
generosity, compassion, good counsel,
9:00 justice and fairness.

10:00 Principles of conduct with this
world: Being content with what
11:00 is at hand, preferring what is
available to what is not,
12:00 abandoning the quest for
elusive, hating overabundance,
1:00 choosing abstinence, knowing the
evil of this world and
2:00 abandoning any desire for
them, and negating its domi-
3:00 nance. (244/298). Al-Sadiq,

[Source: Essential Sufism, by James
4:00 Fadiman & Robert Frager, Harper
San Francisco, p. 61]

6:00 - Deliver yourselves from the
fetters of lust and passion.
God did not create you to
Notes be their captive; they should
be your servants, under your
control for the journey that is

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Thursday

8:00 before you, to be your steed,
 and your weapon, so that
 9:00 you may use them to pursue
 10:00 your happiness, and when you
 have not more need of them,
 then cast them under your feet.
 11:00 (219/298). Attar

[Source: Essential Sufism, by James
 12:00 Fadiman & Robert Frager, Harper
 San Francisco, p. 247]

1:00

- A man who lived by digging
 2:00 graves survived to ripe old
 age. A neighbour said: 'You
 3:00 have thrived for years, digging
 away in one routine -
 4:00

Tell us the strangest thing
 5:00 you've ever seen.' He said:
 6:00 'All things considered, what's
 most strange is that for
 seventy years without a change
 Notes That dog, ~~my self~~, has
 seen me digging graves, yet
 neither dies, nor alters, nor behaves!
 (260/298).

[Source: The Conference of the Birds, P96]

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Friday



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- 8:00 — Listen, riffraff : Do you want to be ALL?
9:00 Then go, go and become nothing.
You are nothing when you med
10:00 the One;
But, when you truly become
11:00 nothing, You are everything.
12:00 Regard yourself as a cloud
drifting before your Sun;
1:00 Detach yourselves from the Senses;
And behold your intimacy
2:00 with the Sun.
3:00 If you lose yourself on this
path, then you will know
4:00 for sure :
He is you, and you are He.
5:00 (297/298). Iraqi
[Source : in Chittick & Wilson, 1982;
6:00 p. 10, 112, 123, 120]

Notes Book ⑦ : JAINISM

None. (0/8).

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Saturday

8:00

Book ⑧ : JUDAISM

342/024 Week 4

I: Judaism:

9:00 - Thou art One, the first
 10:00 of every number, and the
 11:00 foundation of all structure.
 Thou are One, and in the
 12:00 mystery of the Unity all
 1:00 the wise in heart are
 2:00 astonished; for they cannot
 3:00 define it. Thou art One, and
 4:00 thy unity can neither be
 5:00 lessened nor augmented; for
 nothing is there wanting or
 superfluous. Thou art one, but
 not such a One as is num-
 bered; for neither plurality nor
 change, nor form, nor physical
 attribute, nor name expressive
 of thy nature, can reach
 Thee.... (2/134). Solomon Ibn Gabirol

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[Source: The Royal Crown; Zangwill, 1923,
 1974; pp. 82-88]

Sunday 25

- Thou art God, who by Thy
 Divinity supportest all things formed;



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8:00 and upholdest all creatures by
 Thy Unity. Thou art God,
 9:00 and there is no distinction
 between thy Godhead, Unity,
 10:00 Eternity or Existence; for all
 is one mystery; and although
 11:00 each of these attributes is
 variously named, yet all of
 12:00 them point to One. (4/134)

Solomon Ibn Gabirol.

1:00 [Source: The Royal Crown; Zangwill,
 1923, 1974; pp. 72-88]

2:00

- Wisdom was the first of all
 3:00 created things;
 Intelligent purpose has been
 4:00 there from the beginning.
 (9/134). Joshua ben Sirach.

5:00 [Source: The New English Bible. New
 York: Oxford University Press, 1961,
 6:00 Chapter 1, Verses 1-10, and Chapter 4,
 Verses 11-13]

Notes

- O Lord, I know that every
 hardship along the way allows

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8:00 me to grow in your love. 339/027 Week 5

May I find delight in all you offer.

10:00 May I comfort all those who turn in my direction.

11:00 May my joy be complete and your name forever on my lips. (10/13+) Psalm

[Source : Psalm 119]

0:00

- Commune with your own heart upon your bed, and be silent. (21/13+) Psalm.

[Source : Psalm 4.4]

- Trust in the Lord with all your heart, and do not rely on your own insight.

In all your ways, acknowledge him and he will make straight your paths. (44/134)

[Source : Proverbs 3.5-6]

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Wednesday

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338/028 Week 5

8:00 - God made me (wisdom) in
 the beginning of His works, as
 9:00 the first of His acts.
 ... Before God made the earth
 10:00 and the fields or the fire
 dust of the world, when He
 11:00 set up Heavens, I was there;
 12:00 ... When He laid the foundation
 of the earth, I existed as
 1:00 His instrument. I was His
 delight every day, playing always
 2:00 before Him, playing on His
 inhabited earth, and my deli-
 3:00 ghts are with human beings.
 (45/134).

4:00 [Source : Proverbs : 8:22-30]

5:00 - Hear the praise of Chokmah
 (wisdom) from Her own mouth:
 6:00 "I am the Word which was
 spoken by the Most High. (53/134)
 Notes Ecclesiastes [Source : Ecclesiasticus:24]

- I the Lord search the mind.
 and try the heart,

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Thursday

	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
February 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*	*

8:00 to give to every man according
to his ways, according to
9:00 the fruit of his doings.
(59/134) Nevi'im

[Source: Jeremiah 17.10]

11:00 - Hear O Israel, the Lord our
God, the Lord is One.
(72/134). Torah.

[Source: Deuteronomy 6.4]

12:00 - So, God created man in
his own image, in the image
of God he created him;
male and female he created
them. (76/134) Torah

[Source: Genesis 1.27]

1:00 - God said, 'Let us make
man (humans → male & female) in
our image, after our likeness.
(77/134) Torah [Source: Genesis 1.26]

Notes - And the Lord said to Moses,
'Say to all the congregation of
the people of Israel, 'You shall

30



Friday

2004

JANUARY

January
2004

T F S S M T W T F S S M T W T F S S M T W T F S S M T W T F S

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

336/030 Week

8:00 be holy; for I the Lord your God am holy" (18/134).
9:00 [Source: Leviticus 19.1-2]

10:00 If a man performs a religious precept, one angel
11:00 is assigned to him; if he performs two precepts, two
12:00 angels are assigned to him; if he performs all the precepts,
1:00 many angels are assigned to him; as it is said, "For
2:00 He shall give His angels charge over you, to keep you
3:00 in all thy ways" (Psalm 91.11). Who are these angels? They
4:00 are his guardians from the harmful spirits; as it is
5:00 said, "A thousand shall fall at your side and ten thousand at your right hand" (Psalm 91.7). (91/137), Midrash.

Notes

[Source:]

- One must not stand up

2004

JANUARY



31

Saturday

	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
February 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

8:00 and say the Tefillah except in
a serious frame of mind.

9:00 The pious men of old used
to wait an hour, and then
10:00 say the prayer, in order to
direct their hearts to their
11:00 Father in heaven. (131/134).

Talmud [source: Mishnah, Berakot 5.]

12:00

II - Hassidism:

1:00

- The whole earth is full of
His glory! By His works within
me, I know the One'. (7/60)

3:00 [Source: Martin Buber's ten rungs,
collected Hassidic saying, p17]

4:00

- Question: When God they stood
5:00 at Mount Sinai the people
said to Moses: "Speak thou
6:00 with us, and we will hear;
but let not God speak with
us, lest we die." And Moses
Notes said afterward: "Fear not!" He
went on to say that God had

FEB

MAR

APR



Notes

come "that His fear may be before you, that ye sin not". Is that not a contradiction? Answer: "Fear Not" - this means: this fear of yours, the fear of death, is not the ~~death~~ fear God wants of you. He wants you to fear him, he wants you to fear his remonstrance, and not to fall into sin which removes you from him. (9/60)

[Source: Martin Buber's ten rungs, collected Hassidic saying, p. 17]

- In the Scriptures we read: ⁶¹ When any man of you bringeth an offering unto the Lord! Only He who brings himself to God as an offering may be called man. (12/60)

[Source: Martin Buber's ten rungs, collected Hassidic saying, p 19]

- Before the soul enters the air of this world, it is

2004



FEBRUARY

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

01

Sunday

334/032 Week 5

8:00 conducted through all the worlds.
 last of all, it is shown
 9:00 the first light which once-
 when the world was created -
 10:00 illuminated all things, and which
 God removed when mankind
 11:00 grew corrupt. Why is this soul
 shown this light? So that,
 12:00 from that hour on, it may
 yearn to attain the light,
 1:00 and approach it rung by
 rung in its life on earth.
 2:00 And those who reach it, the
 zaddikim - into them the light
 3:00 enters, and out of them
 it shines into the world
 4:00 again. That is the reason
 why it was hidden.
 5:00 (23/66).

[Source: Martin Buber's ten rungs,
 collected Hassidic saying, p. 38]

Note: "It is written in the psalm:
 I shall not die, but live." In
 order really to live, man must



February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*

333/033 Week 6

8:00 first give himself to death.
 But when he has done so,
 9:00 he discovers that he is not
 to die, that he is to live.
 10:00 (28/60).

[Source: Martin Buber's ten rungs,
 11:00 collected Hassidic saying, p.53]

—12:00 Question: It is written: "And
 ye shall be unto Me a king-
 dom of priests, and a holy
 nation. These are the words
 which thou shalt speak
 unto, the children of
 3:00 Israel." Rashi, Our teacher,
 comments: "There are the
 4:00 words words, no more and
 no less." What does he mean
 5:00 by that?

6:00 Answer: Moses was good. He
 wanted to reveal more to
 Notes the people, but he was not
 allowed. For it was God's
 will, that the people make

2004



FEBRUARY

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	S	M	T	F	S	S	M	T	W					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

03

Tuesday

8:00 an effort of their own. Moses
 was to say just these words
 9:00 to them, no more and no
 less, so that they might feel:
 10:00 Something is hidden here, and
 we must strive to discover
 11:00 it for ourselves. That is
 why, further on, we read:
 12:00 "And he set before them
 all these wordes" No more
 and no less. (33/60).

2:00 [Source: Martin Buber's ten rings,
 collected Hassidic saying, p 62]

3:00 Question: In the Sayings
 of the Fathers we read:
 4:00 "Who is wise? He who learns
 from all men, as it is said.
 5:00 "From all my teachers I
 have gotten understanding."
 6:00 Then why does it not
 say: "He who learns from
 every teacher?"

Notes

Answer: The master who pronounced

MAR

APR



February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*

331/035 Week 6

8:00 this dictum is intent on
making it clear that we can
9:00 learn not only from those
whose occupation is to teach
10:00 but from every man. Even
from a person who is ignorant
11:00 or from one who is wicked,
you can gain understanding
12:00 as to how to conduct your
life.

1:00 "You can learn from everything"
the rabbi of Sadagora once
2:00 said to his hasidim." Everything
can teach us something, and
3:00 not only everything God has
created. What man has
4:00 made has also something
to teach us."

5:00 "What can we learn from a
train?" one hasid asked
6:00 dubiously.

"That because of one second
Notes one can miss everything."
"And from the telegraph?
"That every word is counted
and charged."

2004



FEBRUARY

05

Thursday

March	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T								
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 "And the telephone?"

330/036 Week 6

"That what we say here
9:00 is heard there." (34/60).[Source: Martin Buber's ten rungs,
10:00 collected Hassidic saying, p.65]

11:00 God said to Abraham:

"Get thee out of thy father's
12:00 house, unto the land that I
will show thee." God says to1:00 man: "First, get you out of
your country, that means
2:00 the dimness you have inflicted3:00 on yourself. Then, out of your
birthplace, that means out4:00 of ~~your~~ birthplace the
dimness your mother ~~had~~5:00 inflicted on you. After that,
out of the dimness your
father inflicted on you,6:00 Only then you will be
able to go to the land

Notes that I will show you." (37/60)

[Source: Martin Buber's ten rungs,
collected Hassidic saying, p.70]

MAR

APR

37/360



Friday

February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*	*

329/037 Week 6

8:00 No limits are set to the ascent of man, and to each 9:00 and everyone the highest stands open. Here it is only 10:00 your personal choice that decides. (38/60)

11:00 [Source: Martin Buber's ten rungs, collected Hassidic saying, P. 71]

12:00

- He who desires to become aware of the hidden light must lift the feeling of fear up to its source.

And he can accomplish this if he judges himself and all he does. For then he

sheds all fears and lifts fear that has fallen down.

But if he does not judge himself, he will be judged from on high, and this judgement will come upon him in the

Notes guise of countless things, and all the things in the world will become messengers of



2004

FEBRUARY

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

07

Saturday

8:00 God who carry out the judgement on this man.
328/038 Week 6
 (10/60).

[Source: Martin Buber's ten rungs, collected Hassidic sayings, p. 73]

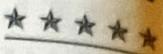
11:00 Rabbi Abraham said:
 "I have learned a new form of service from the wars of Frederick, King of Prussia.
 It is not necessary to approach the enemy in order to attack him. In fleeing from him, it is possible to circumvent him as he advances and fall on him from the rear and force him to surrender.
 What is needed is not to strike straight at evil but to withdraw to the sources of divine power, and from there to circle around evil, Sunday 08 bend it and transform it into its opposite." (52/60)

[Source: Martin Buber's ten rungs, collected Hassidic sayings, p. 95]

MAR

APR

Notes



Monday

FEBRUARY

February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*

8:00 — In free space there is neither right nor left. In the same way, there is reward and punishment only in this, and not in the Messianic world. (59/60).

326/040 Week 7

11:00 [Source: Martin Buber's, ten rungs, collected Hasidic saying, p. 116]

12:00

Book ④ : OTHER BELIEFS:

1:00

I- Other Beliefs:

2:00

— The Creator has many names and diverse names: choose the name that come to mind; thus do all the saints practice remembrance.

5:00

The Lord who endowed us with soul and body — worship Him in your heart; Worship Him by that name which best suits the moment. (6/15) Dadu.

[Source: Psalm 181; Orr, 1947, p. 140]

2004

FEBRUARY



10

Tuesday

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 - My enemy "I" is now dead; now none can stay me. 325/041 Week 7
- 9:00 'Tis I who have slain myself; I have died, and yet live.
- 10:00
- While the thought of self remains, so long are there two. When this selfhood is destroyed, then there is no second.
- 1:00 Then only will you find the Beloved, when "I" and "mine" are wholly lost.
- 2:00
- 3:00 When "I" and "mine" are no more, then shall you find the pure vision. "I" and "mine" are a load upon the Head.
- 4:00
- 5:00 heard; you die with the weight of it. (I).
- 6:00

Notes

In front of {the true} I, stands the {false} I; for this reason, He remains hidden. (2). (13/15) Dadu.

MAR

APR



February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*	*

8:00 [Source : (I) Jiwat Mritak ; Orr, 1947, pp. 162-163 ; (2) Jiwat Mritak ; Orr, 1947, p 142] 324/042 Week 7

9:00

10:00 Dadu says : I am nothing and can do nothing. Truly even a fool may reach Thee by Thy grace. (14/15).

12:00 [Source : Jiwat Mritak ; Orr, 1947, p. 142]

1:00
— One says "Swami", one says "Shaikh"; neither grasps the mystery of this world.

4:00 3:00 One speaks of "Rama" and the other of "Allah", but they have not known either Rama or Allah!

6:00 ... Says Dadu : I am neither a Hindu or a Muslim. I follow none of the Six Systems { of Philosophy } ; I worship the Merciful. Dadu belongs to neither faction:

Notes

2004

FEBRUARY



12

Thursday

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

- 8:00 he -is the Slave of Allah ^{323/043 Week 7}
 He who is without form or
 9:00 limitation, He alone is my
 Guru. (15/15) Dadu.
 10:00 [Source: Bani 190, 191; Orr, 1917,
 p 62]
 11:00

II - Literature :

12:00 → To see a World in a
 1:00 grain of sand,
 And a Heaven in a wild
 2:00 flower,
 Hold Infinity in the palm of
 3:00 your hand,
 And Eternity in an hour...

5:00 The Bat that ~~flits~~ flits
 at close of Eve
 6:00 Has left the brain that
 won't believe.
 The Owl that calls upon the
 Notes night speaks the unbelievers
 fright ...

MAR

APR

13



2004

Friday

FEBRUARY

February 2004	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*	*

322/044 Week 7

- 8:00 Joy and Woe are woven
fine,
- 9:00 A clothing for the soul divine;
Under every grief and pine
- 10:00 Runs a joy with silken twine.
- 11:00 Every tear from every eye
Becomes a babe in Eternity...
- 12:00 The bleat, the bark, bellow,
and roar
- 1:00 Are waves that beat on
Heaven's shore...
- 2:00 He who doubts from what
he sees
- 3:00 Will never believe, do what
you please.
- 4:00
- 5:00 If the Sun and Moon
should doubt,
- 6:00 They'd immediately go out...
- Notes God appears, and God is
light,
To those poor souls who dwell
in Night;

2004

FEBRUARY



14

Saturday

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 But does a Human Form display 321/045 Week 7
To those who dwell in realms
9:00 of Day. (1/25) William Blake.

[Source: William Blake, taken from
10:00 William Blake: Collected Poems (New York: Penguin, 1991)]

11:00

- Between the pillars of spirit
12:00 and matter the mind has
put up a swing.

1:00 There swings the bound soul
and all the worlds with not even
2:00 the slightest rest.

The sun and moon also
3:00 swing, and there is no
end to it.

4:00

The soul swings through
5:00 millions of births like these
6:00 the endless circling of the
sun and the moon.

Sunday 15

Notes

Billions of ages have passed
with no sigh of relief.
The earth and sky swing,
Wind and water swing,



Monday

FEBRUARY

February 2004	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*	*

8:00 Taking a body, God Himself 319/047 Week 8
Himself swings.

- 9:00 kabir, the servant of God,
has seen it all.
- 10:00 O brother seekers!
only while you are alive
is there hope of finding Him.
while you are alive, meditate.
- 11:00 while you are alive, contemplate.
- 12:00 Only while you are alive can
liberation be found.
- 1:00
- 2:00 If you do not cut the noose
of your karma while living,
what hope is there liberation
when you are dead?
- 3:00
- 4:00 It is a hopeless dream to
think that union will come
after the soul leaves the
body.
- 5:00
- 6:00

Notes

What you get now is what
you get then —
Otherwise, all you get is a
stay in hell.

2004



FEBRUARY

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

17

Tuesday

- 8:00 To Embrace the real, Recognize
the true Guru, 318/048 Week 8
- 9:00 Have faith in the power of
the Name!
- 10:00 kabir says,
"Only the spiritual practice
will get you across;
be addicted to this practice!"
- 11:00 (2/25)

[Source: Kabir, The Inner Treasure,
1:00 by Jonathan Star (New York : Tarcher
Putnam, 1999)]

2:00

— Speech is priceless if you
3:00 speak with knowledge. Weigh
it in the scales of the
4:00 heart before it comes from
the mouth. (5/25)

[Source: Essential Sufism, by James
5:00 Fadiman & Robert Frazer, Harper
6:00 San Francisco, p. 81]

Notes — Opposite of life is not death.
The suffering is. (23/25)
Adrian Predrag kezdele.
[Source: Life - Death - Life]

MAR

APR



Wednesday

FEBRUARY

February 2004	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

317/049 Week 8

- 8:00 — Anything humans can think of,
is a possibility in reality. (24/25)
- 9:00 [Source :] Oda Eichoro.

10:00 Book ⑩ : Philosophy :

11:00 I - Philosophy :

12:00 Pride is the greatest
hindrance to the progress of
the soul. Moderation is the
greatest virtue, and wisdom
is to speak the truth
and to act in accordance
with nature, while continually
attending to one's own self.

4:00 (9/13) Heracitus,

[Source: Adapted from fragments
of Heracitus found in Freeman,
K., 1962; pp. 24-34. Fragment nbr.
6:00 131, 112]

Notes — There is one divine Mind
which keeps the universe in order
and one providence which

2004

FEBRUARY



19

Thursday

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 governs it. The names given to 316/050 Week 8
 this supreme God differ; he is
 9:00 worshipped in different ways
 in different religions; the religious
 10:00 symbols used in them vary, and
 their qualities are different;
 11:00 sometimes they are rather vague;
 and sometimes more distinct.
 12:00 (10/13). Plutarch.

[Source : De Iside et Osiride, 67]

1:00

II - Platonism :

2:00 3:00 - Moreover, " (said Socrates) " you
 4:00 must not wonder that those
 who attain this height are
 5:00 unwilling to descend to human
 affairs; for their souls are
 6:00 always hastening into the
 upper world where they desire
 to dwell!!! (1/11). Plato

Notes [Source: Republic, BK. VII. 517; adapted
 from Hamilton, E., 1969]

MAR

APR

Friday

FEBRUARY

February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

315/051 Week 8

8:00 — You too, gentlemen of the
 9:00 jury, must look forward to
 death with confidence, and
 10:00 fix your minds on this one
 belief, which is certain: that
 nothing can harm a good
 11:00 man either in life or after
 death, and his fortunes are
 12:00 not a matter of indifference
 to the gods. This present
 1:00 experience of mine has not
 come about accidentally; I am
 2:00 quite clear that the time
 had come when it was better
 3:00 for me to die and be ~~reborn~~
 released from by distractions.
 4:00 That is why my sign of his
 5:00 guiding spirit never turned me
 back. (4/11). Plato.

[Source: *Apology*, 41D-42A; adapted
 6:00 from Hamilton, E., 1969, pp. 25-26]

Notes — The true lover of knowledge
 is always striving after Being—
 that is his nature; he will

2004

FEBRUARY



21

Saturday

March 2004	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22

8:00 not rest at those multitudinous 3/4/052 Week 8
9:00 particular phenomena whose
9:00 existence is in appearance only,
10:00 but will go on - the keen edge
10:00 will not be blunted, nor
11:00 the force of his passion abate
11:00 until he have attained the
12:00 knowledge of the true nature
12:00 of all essence by a ~~syn~~
1:00 sympathetic and kindred power
1:00 in the soul. And by that
2:00 power, drawing near and
2:00 becoming one with very
Being, ... he will know and
3:00 truly live and increase. Then,
and only then, will he cease
4:00 from his travail. (5/11). Plato.
5:00 [Source: Republic, 490 A-B; Jowett]

MAR

APR

6:00 - And this is the conclusion -
that for the good man to...
continually hold converse Sunday 22
Notes with God by means of prayers
and every kind of service, is the
noblest and the best of things, and

Monday

FEBRUARY

February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*

8:00 the most conducive to a happy life. (8/11) Plato. 312/054 Week 9

9:00 [Source: Laws, 716C; Jowett]

10:00 III - NeoPlatonism:

- Once we know our own soul rising still higher, we sing the divinity of the Mind (which produced it), and above all these, the mighty king of that Dominion (the Absolute), who, while remaining as He is, yet creates that multitude, all dependent on, Him, existing by Him and from Him.

4:00

... In advancing stages of contemplation, rising from contemplation of Nature, to that in the soul, and thence again to that in the Divine Mind, the object contemplated becomes progressively a more and more intimate

Notes

2004

FEBRUARY



24

Tuesday

March	M	T	W	T	F	S	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 possession of the contemplating
being, more and more one
with them.

31/055 Week 9

10:00 ... In the divine mind
itself, there is complete identity
11:00 of knower and known, no
distinction existing between
12:00 being and knowing, contemp-
lation and its object, {but}
1:00 constituting a living thing,
a one life, two inextricably
2:00 one. (4/1b).

3:00 [Source: Plotinus, Enneads, 30:3:8
in Porphyry, Life of Plotinus,
4:00 Turnbull, 1936; pp. 113-114]

5:00 - The All - Transcendent, utterly
void of multiplicity, is Unity's
6:00 Self, independent of all
else... It is the great
Beginning, wholly and truly One.
All life belongs to it (1).

Notes
... The One is, in truth, beyond

MAR

APR

Wednesday

FEBRUARY

February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*	*

310/056 Week 9

8:00 all statement;

whatever you say would limit
9:00 It; the All-Transcendent has
no name. (2).

10:00

... {It} is that which is the
11:00 truly Existent. ... It is the
source from which all that
12:00 appears to exist derives that
appearance. ... (3).

1:00

Everywhere one and whole, It
2:00 is at rest throughout.
But, ... in Its very non-action
3:00 It magnificently operates and
in Its very self-being It
4:00 produces everything by Its Power.
(4)

5:00

... This Absolute is none of
6:00 the things of which It is the
Source; Its nature is that
Notes nothing can be affirmed of
It non-existence, not essence,
not life - It transcends all
these. (5). (5/16).

2004

FEBRUARY



	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W	F	S	S	M	T										
March 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

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Thursday

- 8:00 [Source: (1) Enneads, 44:5:15-16; in Porphyry, life of Plotinus, Turnbull, 1936; pp. 162-163; (2) Enneads, 49:5:13; in Porphyry, life of Plotinus, Turnbull, 1936; p. 162; (3) Enneads, 26:3:4, in Porphyry, life of Plotinus, Turnbull, 1936; p. 101; (4) Enneads, 47:1, in Porphyry, life of Plotinus, Turnbull, 1936; p. 76; (5) Plotinus, Enneads, 30:3:10; in Porphyry, life of Plotinus, Turnbull, 1936; p. 116]
- 2:00

- We merely dare not keep ourselves set towards the images of sense, or towards the merely vegetative, intent upon the gratifications of eating and procreation; our life must be pointed towards the divine Mind toward God. (10/16)

Notes [Source: Enneads, 15:3:2; in Porphyry, life of Plotinus, Turnbull, 1936; p. 89]

MAR

APR

27



2004

Friday

FEBRUARY

February	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	*

308/058 Week 9

IV - Scholasticism :

9:00 Final and perfect happiness
can consist in nothing else
10:00 than the vision of the Divine
Essence. ... for perfect happiness
11:00 the intellect needs to reach
the very Essence of the
12:00 First Cause. And thus it
will have its perfection through
1:00 union with God. ... in which
alone man's happiness consists
2:00 as stated above. (1/1).

Saint Thomas Aquinas,

3:00 [Source : Summa Theologica, II.1.8]

V - Stoicism:

5:00 - The Philosophers say that
there is a God, and that
6:00 His will directs the Universe...
But the more important lesson
Notes is to discover God's nature.
Upon discovering that nature,
a man would please God
by making his own nature

SC/360

2004

FEBRUARY



28

Saturday

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 like unto God's. If the 307/059 Week 9
 Shrine is faithful, he must
 9:00 also be faithful; if free,
 he must also be free; if
 10:00 beneficent, he must also be
 beneficent; if magnanimous,
 11:00 he must also be magnanimous.
 Thus, to make God's nature
 12:00 one's own, a man must
 imitate Him in every thought,
 1:00 word, and deed. (3/14).

[Source: Crossley, Hastings, trans.
 2:00 The Golden sayings of Epictetus.
 New York: P. E. Collier and Son, 1909,
 3:00 Verses 1, 66, 77.]

4:00 - If we had understanding,
 5:00 would we ever cease chanting
 and blessing the Divine Power,
 6:00 both openly and in secret?

Notes

Whether digging or ploughing
 or eating, should we not sing
 a hymn to God?

MAR

APR

29



Sunday

2004



FEBRUARY

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 Great is God, for He has
given us the instruments to
till the ground...

306/060 Week 9

9:00 He has given us hands,
10:00 the power of digestion, and
the wisdom of the body
11:00 that controls breath.

12:00 Great is God, for He has
given us a mind to
1:00 apprehend these things and to
duly use them!

2:00
I am old and lame - what
3:00 else can I do but sing to
God?

4:00
Were I a nightingale, I
5:00 should do after the manner
of a nightingale.

6:00
Were I a swan, I should
Notes do after the manner of
a swan.



Notes

But now, since I am a reasonable man, I must sing to God : this is my work.

I will do it ; I will not desert my post...

And I call upon you to join this self-same hymn. (4/14).

[Source : Crossley, Hastings, trans.
The Golden Sayings of Epictetus.
New York : P.E. Collier and Son,
1909, Verse 1, 66, 77.]

- In a man's life, his time is but a moment, his being a mere flux, his senses a dim glimpse, his body food for the worms, and his soul a restless eddy...

The things of the body pass like a flowing stream ; life is a brief sojourn, and one's mark in this world is soon forgotten.

(7/14). Marcus Aurelius.

[Source : Book 2:4 and Book 2:17]



Notes

- Men may block your path, but never let them obstruct you from right ~~or~~ action, never let them destroy the feeling of charity you have toward them. You must be firm in both: steadfast in judgement and action, kind to those who do you harm. To lose your temper with them is no less than a sign of weakness than one ~~causes~~ cowed into abandoning his proper course of action. In both cases, the post of duty has been deserted.

(9/14). Marcus Aurelius.

[Source: Book 7:13, Book 11:9, and Book 6:44]

VI - Pythagoricism:

(0/1).

[Source: Fragments' 115, 117, 118]

2004



01

Monday

MARCH

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	*

8:00

Book (11) : SIKHISM :

305/061 Week 10

9:00 - Truth is High, Higher still is Truthful living. (i/76)

10:00 [Source: Shri Guru Granth Sahib]

11:00

- For millions upon millions, countless years was spread darkness, when existed neither earth nor heaven, but only the limitless Divine Ordinance.

2:00 Then existed neither day or night, nor sun or moon; As the Creator was absorbed in an unbroken trance.

4:00 Existed then neither forms of creation, nor of speech; neither wind nor water.

5:00 Neither was creation or disappearance or transmigration.

Notes

Then were not continents, neither regimes, the seven seas,

APR



March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

304/062 Week 10

- 8:00 nor rivers with water flowing.
 Enisted then neither heaven
 9:00 or the mortal world or the
 nether world;
 10:00 Neither hell or heaven or
 time that destroys.
 11:00 Hell and Heaven, birth and
 death were then not --
 12:00 none arrived or departed.
- 1:00 Then, were not Brahma,
 Vishnu, or Shiva:
 2:00 None other than the Sole
 Lord was visible.
 3:00 Neither enisted then female
 or male, or caste and birth--
 4:00 None suffering and joy received.
- 5:00 Unknowable Himself, was He
 the source of all utterance;
 6:00 Himself the unknowable un-
 manifested.
 As it pleased Him, the world
 Notes He created;
 Without a supporting power

2004

MARCH



03

Wednesday

April	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	T	W	T	F							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	*

- 8:00 the expanse He sustained.
brahma, Vishnu, and Shiva
303/063 Week 10
- 9:00 He created and to maya-attachment gave increase.
- 10:00 (To a rare One was the Master's Word imparted).
- 11:00 Himself He made His Ordinance operative and watched over it;

12:00 Creating Continents, Spheres and nether worlds, the hidden He made manifest.

2:00 3:00 Creating the Universe Himself, He has remained unattached.

4:00 The Compassionate Lord too has made the holy center (the human being).

APR

6:00 Combining air, water and fire, He created the citadel of the body.

Notes The Creator fashioned the Nine Abodes {of sensation}; In the Tenth {of the superconscious mind} is lodged the Lord,



04

Thursday

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

302/064 Week 10

8:00 unknowable, limitless.

9:00 The illimitable lord in His unattributed state of void

10:00 assumed might ; He, the infinite one, remained detached :

11:00 Displaying his power, He 12:00 himself from the void created inanimate things.

1:00 From the unattributed void were created air and water.

2:00 Raising creation, he dwells as monarch in the citadel of the body.

3:00 Lord ! In the fire and water {of the body} exists thy light;

5:00 In thy {original} state of void was lodged {unmanifest} the power of creation.

6:00 (3/76), Adi Granth.

Notes [Source : Guru Granth Sahib, H.I, pp.
1035-37]

2004



MARCH

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

05

Friday

8:00 - All creatures on their actions 301/065 Week 10

are judged in God's court,

9:00 just and true. (5/76) Adi Granth.

[Source: Tapanji 34, p. 7]

10:00

- As is well full of frogs
11:00 Ignorant of the wide world,
so is my mind deluded
12:00 by evil passions

Keeping out all thought of the
1:00 Beyond.

2:00 Lord of all universes ! show me
for one instant a sight of Thee.
3:00 Lord ! my senses have been fouled ;
They state I cannot encompass.

4:00 Showered on me Thy grace ;
Remove my delusions ; confer
5:00 on me true wisdom.

6:00 Great yogis for all their pains
Comprehend not thy Reality
Inexpressible.

Notes Through love and devotion
Thou mayst ^{them} be known,
My says Ravidas the cobbler.
(17/76)

[Source :]

APR

SUNDAY

67/360



Saturday

MARCH

March	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W														
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

300/066 Week 10

- 8:00 — Just as cold disappears by sitting near the fire,
- 9:00 So are sins destroyed in the congregation of saints. (29/76)
- 10:00 Adi Granth, [Source: Ramkali Ashtpad, M.5, p. 914]
- 11:00 — God's court retains an account of all deeds. (76/76)
- [Source: Guru Granth Sahib, p109, Line 12]

Book 12 : Tradition.

I - African :

- 4:00 — Nzambi Mpungu is a being, invisible, but very powerful, who made all men and things, [...] He intervenes in the creation of every child, he punishes those who violated his prohibitions. They render him no worship, for he has need ~~for~~ of none and
- Notes

2004



MARCH

08

Monday

April	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

- 8:00 is inaccessible. (1/27) 298/068 Week 11
- Scholars (on African Culture).
- 9:00 [Source: Nzambi, The High God of the Bakongo in Van Wier, Etudes Bakongo (Brussels 1921; pp. 170 ff.) as translated by Edwin W. Smith
- 10:00 in Smith (ed.), African Ideas of God: A Symposium (2nd ed; London, 1950), p. 159.

1:00 — Isoko Religion begins with Cghene the Supreme Being, who is believed to have created the world and all peoples, including the Isoko. He lives in the sky which is a part of him, sends rain and sunshine, and shows his anger through thunder. Cghene is entirely beyond human comprehension, has never been seen, is scoldless, and is only known by his actions, which have led men to speak of Cghene as 'him', because

Notes

APR



March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

297/069 Week 11

- 8:00 he is thought of as the Creator and therefore the father of all the Isokos.
 9:00 He is spoken of as Our Father never as My Father.
 10:00 Cghe ne always punishes evil
 11:00 and rewards good. (2/27)
 Scholars (on African Culture),

[Source: The Supreme Being of the Isoko (of Southern Nigeria), James W. Teloh, 'The Isoko Tribe', Africa VII (1934), pp 160-73; quotation from p. 163]

3:00 The conception of ~~that~~ a Deity. The kikuyu
 4:00 beliefs in one God, Ngai,
 the Creator and giver of
 5:00 all things. He has no Father,
 Mother or companion of
 6:00 any kind. He loves or
 hates people according to
 their behavior. (3/27).

Notes
 Scholars (on African Culture)

[Source: Ngai, The High God of the kikuyu, Jomo Kenyatta, 'Kikuyu

2004

MARCH



10

Wednesday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

- 8:00 Religion, Ancestor Worship, and Sacrificial Practices? Africa, X [296/070 Week 11]
 9:00 (1937) pp. 308 - 28]

10:00 — If your mouth turns into a knife, it will cut off your lips. (4/27). African proverb.
 [Source :]

12:00 — He, who learns, teaches. (6/27)

1:00 African Proverb [Source :]

2:00 — The fool speaks, the wise listens. (7/27). African Proverb
 [Source :]

4:00 — After a foolish deed comes remorse. (8/27)

5:00 African Proverb [Source :]

6:00 One cannot run away from his behind. (9/27)
 Notes African Proverb [Source :]

— A man who knows the use of

APR

Thursday

MARCH

March	M	T	W	T	F	S	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T								
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 proverbs, reconciles difficulties (10/27). African Proverb [Source : Ashanti of Ghana]

295/071 Week 11

10:00 Tomorrow is pregnant and no-one knows what she will give birth to. (12/27)

African Proverb [Source :]

12:00

— When you throw a stone at God, it lands right on top of your head. (13/27)

African Proverb [Source :]

3:00 Action speaks louder than words. (14/27) African Proverb

[Source :]

5:00 What an "old man" can see while seated a "young man" cannot see standing. (16/27)

African Proverb [Source :]

Notes

— A proverb is the horse that can carry one swiftly to the

2004



MARCH



12

Friday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	*

8:00 discovery of ideas. (24/27) 294/072 Week 11

African Proverb [Source : Yoruba]

9:00

- The High Gods of a great number of African ethnic groups are regarded as creators, all-powerful, benevolent, and so forth; but they play a rather insignificant part in the religious life. Being either too distant or too good to need a real cult, they are invoked only in cases of great crises. (27/27)

3:00 Scholars (on African culture).

[Source : Mircea Eliade, Essential Sacred Writings from Around the World (From Primitive to Zen), Harper San Francisco, p.5-6]

6:00

I.I - Egyptian:

(0/2)

Notes

APR

Saturday

MARCH

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

293/073 Week 11

8:00 II - Native American :

9:00 — All the Lenape so far questioned, whether followers of the native or of the Christian religion unite in saying that their people have always believed in a chief Mani to, a leader of all the gods, in short, in a Great Spirit or Supreme Being, the other mani towns for the greater part being merely agents appointed by him. His name, according to present, Unami usage is Gicelene kaong, usually translated 'great spirit', but meaning literally, 'creator.'

(1/60) Scholars (on Native American Culture),

14 Sunday [Source: The 'Great Spirit' of the Lenape, M. R. Harrington, Religion and Ceremonies of the Lenape (New York, 1921) pp. 18-19.]

Notes

2004

MARCH



15

Monday

April	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

18 19 20 21 22 23 24 25 26 27 28 29 30 *

8:00 "The white man" said the 291/075 Week 12
 kurahas, "speaks of a heavenly
 9:00 Father; we say Tirawa atius,
 the Father above, but we do
 10:00 not think of Tirawa as a
 person. We think of Tirawa
 11:00 as in everything, as the Power
 which has arranged and thrown
 12:00 down from above everything
 that man needs. What the
 1:00 Power above, Tirawa atius, is
 like, no one knows; no one
 2:00 has been there? (2/60)

Scholars (on Native American Culture),

3:00 [Source: TIRAWA, The Supreme God of
 the Pawnee, H.B. Alexander, The
 4:00 World's Rim (University of Nebraska
 Press, 1953) p. 132.]

APR

— At the beginning. said the
 6:00 Omaha, "all things were in ^{the} mind
 of Wakonda. All creatures, including
 Notes man, were spirits. They moved
 about ~~in~~ in space between
 the earth and the stars (the
 heavens). They were seeking a place



March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

290/076 Week 12

8:00 where they could come into
 bodily existence. They ascended
 9:00 to the sun, but the sun was
 not fitted for their abode.
 10:00 They moved on to the moon
 and found that it also was
 11:00 not good for their home.
 Then they descended to the
 12:00 earth. They saw it was covered
 with water. They floated
 1:00 through the air to the north
 north, the east, the south
 2:00 and the west, and found
 no dry land. They were
 3:00 sorely grieved. Suddenly from
 the midst of the water
 4:00 uprose a great rock.
 It burst into flames and
 5:00 the waters floated into the
 air in clouds. Dry land
 6:00 appeared; the grasses and the
 trees grew. The hosts of the
 spirits descended and became
 flesh and blood. They fed
 on the seeds of the grasses

Notes

2004

MARCH

17

Wednesday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

8:00 and the fruits of the trees,
and the land vibrated
9:00 with their expressions of joy
and gratitude to Wakonda,
10:00 the maker of all things.

(4/60). Scholars (on Native American culture).

[Source: Fletcher and La Flesche, 'The Omaha Tribe' in Twenty-seventh Annual Report, Bureau of American Ethnology (Washington D.C. 1911) pp. 570-1]

2:00 — Do right and fear no man. (17/60) Native Americans Proverb.

3:00 [Source:]

5:00 — Man has responsibility, not power. (19/60)

6:00 Native Americans Proverb.

[Source: Tuscarora]

Notes — If you see no reason for giving thanks, the fault lies in yourself. (20/60)

Native Americans Proverb [Source: Minguass]

APR



March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 - Every animal knows more than you do. (21/60)

288/078 Week 12

9: Native Americans Proverb [Source : Nez Perce]

10:00 A people without history is like wind on the buffalo grass. (22/60).

Native Americans Proverb [Source : Sioux]

12:00

- All plants are our brothers and sisters. They talk to us and if we listen, we can hear them. (23/60)

Native Americans Proverb [Source : Arapaho]

3:00

- Take only what you need and leave the land as you found it. (24/60)

Native Americans Proverb [Source : Arapaho]

6:00 - What is life? It is the flash of a firefly in the night. It is the breath of a buffalo in the winter-time. It is the little shadow

Notes

2004

MARCH



19

Friday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	*

8:00 which runs across the grass
and loses itself in the sunset... (27/60) 287/079 Week 12

Native Americans Proverb [Source: Blackfoot]

10:00 - Man's laws ~~do~~ changes with
11:00 his understanding of man.
Only the laws of the spirit
12:00 remain always the same.
(30/60) Native American Proverb.
[Source: Crow]

2:00 - You already possess everything
necessary to become great.
(31/60) Native American Proverb.
[Source: Crow]

4:00 - There is no death, only
5:00 a change of worlds.
(33/60) Native American Proverb
[Source: Duwamish]

Notes - All dreams spin out from
the same web. (34/60)
Native Americans Proverb [Source: Hopi]

APR

20



2004

Saturday

MARCH

March 2004	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W	T	F	S	S	M	T	W	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 ~~The~~ The rain falls on the just and the unjust. 286/080 Week 12

9:00 (35/60) Native Americans Proverb.
[Source : Hopi]

10:00

- Don't be afraid to cry.

11:00 It will free your mind of sorrowful thoughts. (36/60)

12:00 Native Americans Proverb [source : Hopi]

1:00 Wisdom comes only when you stop looking for it and start living the life the Creator intended for you. (37/60)

3:00 Native Americans Proverb. [Source: Hopi]

4:00 - The Rainbow is a sign from Him who is in all things.

5:00 (38/60) Native Americans Proverb
[Source : Hopi]

6:00

21 Sunday When a man moves away from nature his heart becomes heart. (40/60)

Native Americans Proverb [Source: Lakota]

2004

MARCH



22

Monday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

8:00 - Everything the power does,
it does in a circle. (41/60) 284/082 Week 13

9:00 Native Americans Proverb [source: Lakota]

10:00 - Remember that your children
are not your own, but are
lent to you by the Creator.
(43/60) Native Americans Proverb.
[Source : Mohawk]

1:00 - Regard Heaven as your
Father, Earth as your Mother
and all things as your Brothers
and Sisters. (44/60)

3:00 Native Americans Proverb [source:]

4:00 - God gives us each a song.
(53/60)

5:00 Native Americans Proverb [source: Ute]

6:00 - When you die, you will be
spoken of as those in the
sky, like the stars. (54/60)

Notes _____ Native Americans Proverb. [source: Yurok]

APR

Tuesday

MARCH

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

283/083 Week 13

- 8:00— So, live your life that the
 fear of death can never touch
 9:00 enter your heart. Trouble no
 one about their religion;
 10:00 respect others in their view
 and demand that they
 11:00 respect yours. (57/60)

Native Americans Proverb [Source: Chief
 Tecumseh]

- Lol?
- A Joke/sarcasm?
-

object in the world
 spirit and that spirit
 2:00 is wakan. Thus, the spirits
 of the tree or things of
 3:00 that kind, while not alike
 like the spirit of man, are
 4:00 also wakan. Wakan comes from
 the wakan beings. These
 5:00 wakan beings are greater
 than mankind in the same
 6:00 way that mankind is greater
 than animals. They are never
 born and never die. They
 Notes can do many things that
 mankind cannot do. Mankind can

2004

MARCH



24

Wednesday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

282/084 Week 13

8:00 pray to the wakan beings ~~to~~,
 9:00 Kelly for help. The word
 wakan Tanka means all the
 10:00 wakan beings because they
 are all as if one. Wakan
 11:00 Tanka kin signifies the chief
 for leading wakan being is
 Nagi Tanka, the Great Spirit
 12:00 who is also Taku Shanskan.
 Taku Shanskan signifies the
 1:00 Blue, in other words the
 sky.
 2:00 ... Mankind is permitted to
 3:00 pray to wakan beings. If
 their prayer is directed to
 4:00 all of the good wakan
 beings, they should pray to
 5:00 wakan Tanka; but if a
 6:00 prayer is offered to only
 one of these beings, then
 the one addressed should
 be named... wakan Tanka
 Notes is like sixteen different
 persons but each person is man.
 Therefore, they are only the same
 as one. (60/60) Scholars (on

APR

25



2004

Thursday

MARCH

March	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W								
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 Native American Culture).

281/085 Week 13

[Source: Wakan Tanka, The Supreme Deity of the Dakota, J. R. Walker, The Sun Dance and other ceremonies of the Ogala division of the Teton Dakota (American Museum of Natural History, Anthropological Papers, vol XVI, part II, (1917) pp. 152-3]

III - PACIFIC ISLANDS :

2:00 The most important and the concluding stage in the life of man is death. It does not mean passing away and the extinction of life, but returning home to the divine world and being taken up again into the social and divine unity of mythical primordial time.

Notes Death is a passage to a new existence, the transition to a new and true life.

2004

MARCH



26

Friday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

8:00 (2/3). Scholars (on Pacific Islands Culture).

280/086 Week 13

9:00 [Source: Hans Schirer, Ngaju Religion: The Conception of God among a South Borneo People, translation by Rodney Needham (The Hague, 1963), pp. 81-94]

IV - AUSTRALIAN:

1:00 - To the Aborigine, life is a cycle, though whether it is continuous or not, he does not always dare to say. Found by his parent in a spiritual experience, he is incarnated through his mother and so enters profane life. But a few years later, through the gate of initiation, he partially re-enters the sacred dream-time or sky-world which he has left for a season. After passing farther and farther

APR

27



2004

Saturday

MARCH

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

279/087 Week 13

8:00 into it, so far as the necessities of profane life allow, he dies, and through another gate, the transition rite of burial, he returns completely to his sacred spirit state in the sky, the spirit-home or totemic centre, perhaps to repeat the cycle later, perhaps to cease to be.

1:00 (1/1) Scholars (on Australian Aborigines)

[Source: A.P. Elkin, The Australian

2:00 Aborigines 3rd ed. (Carden City, N.Y.: Doubleday and Co., 1964), PP, 336-7.]

3:00

I - ASIAN : Japanese

4:00

SD

5:00 → Silence surpasses speech.

(2/7) Japanese Proverb.

6:00

[Source:]

28 Sunday

Notes

- Wisdom and Virtue are like the two wheels of the cart. (4/7) Japanese Proverb.

[Source:]

2004

MARCH



29

Monday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

8:00 - Of old, Heaven and Earth were not yet separated, and
 9:00 the In and Yo not yet divided. They formed a chaotic
 10:00 mass like an egg, which was of obscurely defined
 11:00 limits, and contained germs.
 The purer and clearer part
 12:00 was thinly diffused and formed Heaven, while the heavier and
 1:00 grossier element settled down and became Earth. The finer
 2:00 element easily became a united body, but the consolidation
 3:00 of the heavy and gross element was accomplished
 4:00 with difficulty. Heaven was therefore formed first, and
 5:00 Earth established subsequently.
 6:00 Thereafter divine beings were produced between them.

(S/7) Nihong.

Notes [Source: pp. 1-2, translated by W. G. Aston
 (London, 1924).]

APR

30



2004

★ ★ ★ ★

Tuesday

MARCH

March 2004	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

276/090 Week 14

8:00 — Fall seven times, ~~stand~~ stand up eight. (7/7) Japanese Proverb
9:00 [Source :]

II - ASIAN - TIBETAN :

11:00 O nobly-born... the body which you have now is called the thought-body of propensities.
12:00 Since you do not have a material body of flesh and blood, whatever may come -- sounds, lights, or rays -- are, all three, unable to harm you.
2:00 You are incapable of dying.
3:00 It is quitt quite sufficient for you to know that these apparitions are your own
4:00 thought-forms. Recognize this to be the Bardo (the intermediate state after death). (1/6)

Tibetan Book of the Dead.

Notes [Source :]

— When the expiration hath

2004

MARCH

31

Wednesday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	F	S	S	M	T	W	T	F
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22

275/091 Week 14

8:00 ceased, the vital-force will have sunk into the more-centre of Wisdom (1). And the knower (2) will be experiencing the clear light of the natural condition (3). Then the vital force, being thrown backwards and flying downwards and flying down through the right and left nerves (4), the intermediate State (Bardo) moment-easily dawns. [...]

2:00 At this moment, the first glimpsing of the Bardo of the Clear light of Reality, which is the infallible Mind of the Dhamma-kaya, is experienced by all sentient beings. [...]

In this third stage of the bardo, the karmic illusions come to shine. It is very important that this great setting-face-to-face of the Chonyid Bardo be read: it hath much power and can do much good.

Notes

APR

2004



01

APRIL

Thursday

May	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 About this time {the deceased} can see that the share of the food is being set aside, that the body is being stripped of its garments, that the place of the sleeping-aug is being swept; (5) can hear all the weeping and wailing of his friends and relatives, and, although he can see them and can hear them calling upon him, they cannot hear him calling upon them, so he goeth away displeased.

At that time, sounds, lights, and rays-all three- are experienced.

• nobly-born, thou wilt experience three Bardos, the Bardo of the moment of death, the Bardo (during the experiencing) of Reality, and the Bardo while seeking rebirth. Of these three, up to yesterday, ~~Hanuman~~ thou hadst experienced

Notes



April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

273/093 Week 14

- 8:00 The Bardo of the moment of death. Although the clear light of Reality dawned upon thee, thou were unable to hold on, and so thou hast to wander here. Now henceforth thou art going to experience the {other} two, the Chonyid Bardo, and the Sidpa Bardo.
- (6)
- 1:00 Thou wilt pay ~~understand~~ undistracted attention to that with which I am about to set thee face to face, and hold on;
- 4:00 nobly-born, that which is called death hath now come.
- 5:00 Thou art departing from this world, but thou art not the only one; {death} cometh to all. Do not cling, in fondness and weakness, thou hast not the power to remain here. Then ~~wilt~~ gain nothing

Notes

2004

APRIL



03

Saturday

May	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 more than wandering in this 272/094 Week 14

Samsara. (7) Be not attached

9:00 { G to this world } ; be not weak.
Remember the Precious Trinity. (7)

10:00 [...]

11:00 • nobly-born, when thy body
and mind were separating,
12:00 thou must have experienced
a glimpse of the pure
1:00 Truth, subtle, sparkling, bright,
dazzling, glorious, and radiantly
2:00 awesome, in appearance like a
mirage moving across a landscape
3:00 in spring-time in one continuous
stream of vibrations. Be not
4:00 daunted thereby, nor terrified,
nor awed. That is the radiance
5:00 of thine own true nature.
6:00 Recognize it.

From the midst of that ^{Sunday 04} radiance,
Notes the natural sound of Reality,
reverberating like a thousand
thunders simultaneously sounding,
will come. That is the natural

April	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S													
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30 *

8:00 sound of thine own real Self.
 Be not daunted thereby, nor
 9:00 terrified, nor awed.

270/096 Week 15

10:00 The body, which thou hast now,
 is called the thought-body of
 11:00 propensities. (a) Since thou hast
 not a material body of flesh
 12:00 and blood, whatever may come,
 - sounds, lights, rays, - are, all
 1:00 three, unable to harm thee;
 thou art incapable of dying.
 2:00 It is quite sufficient for thee
 to know that these apparitions
 3:00 are thine own thought-forms.
 Recognize this to be the Bardo.
 4:00 (3/6)

[Source: W.Y. Evans-Wentz (translator
 5:00 and editor), The Tibetan Book of
 the Dead (Oxford, 3rd ed.; 1957),
 6:00 pp. 90-2, 95-7, 101-1]

Notes VI - Middle-East:

- Fear not the man who fears
 God. (1/17) Arabic Proverbs.

[source:]

2004

APRIL



06

Tuesday

May	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 - knowledge is treasure, but
practice is the key to it.
269/097 Week 15

9:00 (2/17). Arabic Proverbs.

[Source:-]

10:00

- Ask the experienced, rather
than the learned. (4/17)

Arabic Proverbs [Source :]

12:00

1:00 - Proverbs are the lamps of
speech (7/17). Arabic Proverbs.

[Source :]

3:00 - He who feels no compassion
will become insane. (11/17)

4:00 Jewish Proverb [Source : Hasidic]

5:00 - Silence is a fence around
wisdom (13/17) Jewish Proverb

6:00 [Source :]

Notes - Who seeks more than he needs
hinders himself from enjoying what
he has. (14/17) Jewish Proverb.

[Source :]



Wednesday

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	*

268/098 Week 15

8:00 - Whoever teaches his son teaches not only his son but also his son's son, and so on to the end of generations.

10:00 (15/17) Jewish Proverb.

[Source :]

11:00

= Book (13) : ZoroASTRIANISM :

12:00

- Seek to win him by praises of veneration. (2/14). Gathas.

[Source : Yasna's 45, 8, Translation and introductory note by Jacques Duchesne-Guillemin, in his The Hymns of Zarathustara (London 1952), pp. 90-7]

4:00 = Whoever stands by the righteous man, to him shall future glory appear,

5:00 long lasting darkness, ill food, and wailing -

To such an existence shall Notes your conscience

load you by your own deeds, O wicked ones. (4/14)

2004



08

Thursday

APRIL

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S								
May 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00 [Source: 'Yasna' 31,20, Translation and introductory note by Jacques Duchesne - 267/099 Week 15
 9:00 Guillemin, in his 'The Hymns of Zarathushtra' (London, 1953) pp. 108-17]

10:00
 11:00 - Hear with your ears that which is the sovereign good;
 With a clear mind look upon
 12:00 the two sides.

1:00 Between which each man must choose for himself,
 2:00 watchful beforehand that the great test may be accomplished
 3:00 in our favor, (2).

4:00 Now at the beginning, the twin spirits have declared their nature,
 5:00 the better and the evil,
 6:00 In thought and word and deed. And between the two
 The wise ones choose well,
 Notes not others so the foolish, (3).

And when these two spirits



April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

266/100 Week 15

- 8:00 came together,
In the beginning they established
9:00 life and non-life,
And that at last the worst
10:00 experience should be for the
wicked,
11:00 But for the righteous one
the Best Mind. (1).
- 12:00
- Of these two spirits, the evil
1:00 one chose to do the worst
things, But the most Holy
2:00 spirit clothed in the most
steadfast heavens, joined himself
3:00 unto Righteousness;
- 4:00 And thus did all those who
delight to please the wise
5:00 Lord by honest deeds. (5)
- 6:00 Between the two, the false
gods also did 'not choose
Notes rightly',
for while they pondered they
were beset by error,

2004

APRIL



10

Saturday

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M							
May 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- 8:00 So that they chose the ^{265/101 Week 15} Worst Mind.
 Then, did they hasten to join
 themselves into Fury,
 That they might by it deprave
 the existence of man (6). Gattas.
 [Source: Yama' 30, Translation and
 introductory note by Jacques
 Duhesme-Builletain, in his The
 Hymns of Zarathustra (London),
 pp. 102-7]

1:00

2:00

End of Notes from
 Daoism App.

4:00

P.S.

5:00

- Tradition showed 18 sub-books
 but had only 6 books.

6:00

Sunday 11

- Philosophy showed 10 sub-books
 but had only 6 books.
- Other Beliefs showed 4 sub-books
 2 books.

101/360

12



2004

Monday

APRIL

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 Buddism showed 7 sub-books 263/103 Week 16
but had only " 2 books..

9:00

10:00 The Praise is God's.!

11:00 → The written notes need to
be edited and drafted onto
12:00 a computer, so that additional
formatting could be done.

1:00

2:00

3:00

4:00

5:00

6:00

Notes

2004

APRIL



13

Tuesday

May 2004	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

8:00

18/09/2018 262/104 Week 16

9:00

POI:

10:00

→ Important Notes from the Koraan. (saheeh International)

11:00

- Al-Fatiha : The Opening (of the Quran). Note: surah titles

- are not an integral part of the Quran. A distinguishing word is in a particular surah or a word defining its subject matter often became a common means of identification among the Prophet's companions and later scholars. Although, some names, such as Al-Fatiha, were used by the prophet in reference to a particular surah, they were not specifically designated by him as titles.

12:00

1:00

2:00

3:00

4:00

5:00

6:00

(Extensive notes copied on CamScanner).



Wednesday

APRIL

April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16

261/105 Week 16

8:00 - Tahreef: Applying an allegorical meaning which will inevitably be incorrect since it is not based upon knowledge.

10:00

9:00 - Ta'teel: Assertion of the concept altogether or denial that Allah would have such an attribute or quality.

12:00

1:00 - Tahyeef: Attempting to explain how a certain attribute or quality could be, while such knowledge lies only with Allah.

3:00

4:00 - Tamtheel: Supposing that divine attributes resemble those of creation, while Allah has said, 5:00 "There is nothing like unto Him". (42:11)

6:00

• In this Edition, particular attention has been given to the names "Ar-Rahman" or "Rahim" (explained in a footnote to

Notes

2004

APRIL



15

Thursday

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
May 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17

8:00 Surah Al-Fatiha, Verse 1). Since 260/106 Week 16
 both express certain aspects of
 divine mercy, "the Most Merciful"
 was used for ar-Rahman and
 simply "the Merciful" for ar-Rahem.
 However, when they occur together,
 as in 'Surah Al-Fatiha', the
 adjectives "entirely" and "especially"
 have been used to indicate
 the complimentary relationships
 between the two.

2:00 Arabic is richer not only in vocabulary but also in grammatical possibilities. Again, English is hardly comparable in this respect. While precise and logical, Arabic grammar is free of many limitations found in that of other languages, allowing for much wider expression. For this reason undoubtedly, it was the most suitable of human tongues, for conveyance of the Creator's message to mankind.



April 2004	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 Due to the flexibility of the Arabic tenses the Qur'an is
 9:00 unique in its graphic portrayal of occurrences of the
 10:00 Hereafter. Through use of
 11:00 the past tense the feeling is
 given that one is already
 there, having experienced what
 12:00 is described. Much of this
 is lost in English, where
 1:00 such descriptions are confined
 to "will" of the future.]
 2:00

3:00 Chapter - I

Al-Fatiha : The Opening (of the

Qur'an). Note : Surah titles are
 5:00 not an integral part of the
 Qur'an. A distinguishing word in
 6:00 a particular surah or a word
 defining its subject matter
 often became a common
 means of identification among
 Notes companions and
 the Prophet's

2004



17

Saturday

APRIL

May	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 later scholars. Although some 258/108 Week 16

names, such as Al-Fatiha were used by the Prophet in reference to a particular surah, they were not specifically designated by him as titles.

11:00 11.2. Allah is a proper name(noun),
12:00 noun belonging only to the one Almighty God, Creator and Sustainer of the heavens and the earth and all that is within them, the Eternal and Absolute, to whom alone all worship is due.

4:11.2.1. When referring to Allah (Arabic *subhanahu wa ta`ala*), the term "rabb" (translated as "Lord") includes all of the following meanings: "owner, master, ruler, controller, sustainer, provider, guardian" and "caretaker".

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APRIL

Monday

April	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F							
2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

08:00 ~~COR~~ C2 : Al-Baqarah :

256/110 Week 17

9:00 * Fc - Al-Baqarah: The Cow. The name is taken from the story in verses 67 - 73.

10:00

~~QURAN~~ MSA

11:00 V1.F7: These are among the fourteen opening letters which occur in various combinations at the beginning of twenty-nine surahs in the Qur'an. (Although, there has been much speculations as to their meanings, it was not, in fact, revealed by Allah to anyone and is known only to Him.) ~~MSA~~

4:00

5:00 V2.F8 : Taqwa: Good Consciousness (that ~~God~~ one is ^{accountable} ~~answerable~~ to God for actions)

6:00

Notes V3.F10: It is to be noted that the reference of Allah (subhanahu wa Ta'ala). To himself as "We" in many Quranic Verses is necessarily understood

2004

APRIL

20

Tuesday

	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
May 2004	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24

8:00 in the Arabic language to denote grandeur and power,
 9:00 as opposed to more intimate singular form "I" used in
 10:00 specific instances.

255/III Week 17

11:00 Qur'F VI. F11: Literally, "cover" or "conceal" (faith or truth).

12:00
 0 V10. F13: The "disease" mentioned here includes doubt, hypocrisy, arrogance, and disbelief.

2:00

0 V19. F14: Allah states in the Qur'an that He has certain attributes such as hearing, sight, hands, face, mercy, anger, coming, encompassing, being above the Throne, etc. Yet, he has dissociated Himself from the limitations of human attributes or human imagination. Correct Islamic belief requires faith in the existence of these attributes as Allah has described them without applying to them any allegorical

Notes