Name	Phone	E-mail
Mr. Ajmal P.	9886541300	Facility Mgr.
Mr. Saifullah K.	9886023800	Security Mgr.

bilt MATRIX™
PREMIUM NOTEBOOKS

Name : SAKIBBBB.

Address : N-76, DIAMOND Dist.

Phone : 9070861986

Emergency Contact : 9739051700

27/12/2018
Thursday

- Religious texts aka. scripture or scriptures from the Latin scriptura, meaning "writing" are texts which religious traditions consider to be central to their practice or beliefs.

- Religious texts may be used to provide meaning and purpose, evoke a deeper connection with the divine, convey religious truths, promote religious experience, foster communal identity, and guide individual and communal religious practice.

- The word "canon" comes from the Sumerian word meaning "standard".

Debit
Credit

A religious canon refers to the generally accepted, uniform unchanging collection of texts which a religious denomination considers comprehensive in terms of their specific application of texts.

28/12/2018
Friday.

→ O' sole God beside whom there is none!

يا إله وحيد بجنابيه لا آخر.

⇒ Source: Wikipedia – Great Hymn to Aten.

Functional	what is function?
Modern	✓
Simple	✓
Creative	✓
Basic	✓
Professional	✓
College	✗
Executive.	✗

~~1, Jan, 2018~~

Superhuman

A/c to Baha'ullah

Gabriel = guide
Israfit = life
Azael = Death.

[Bahai.org]

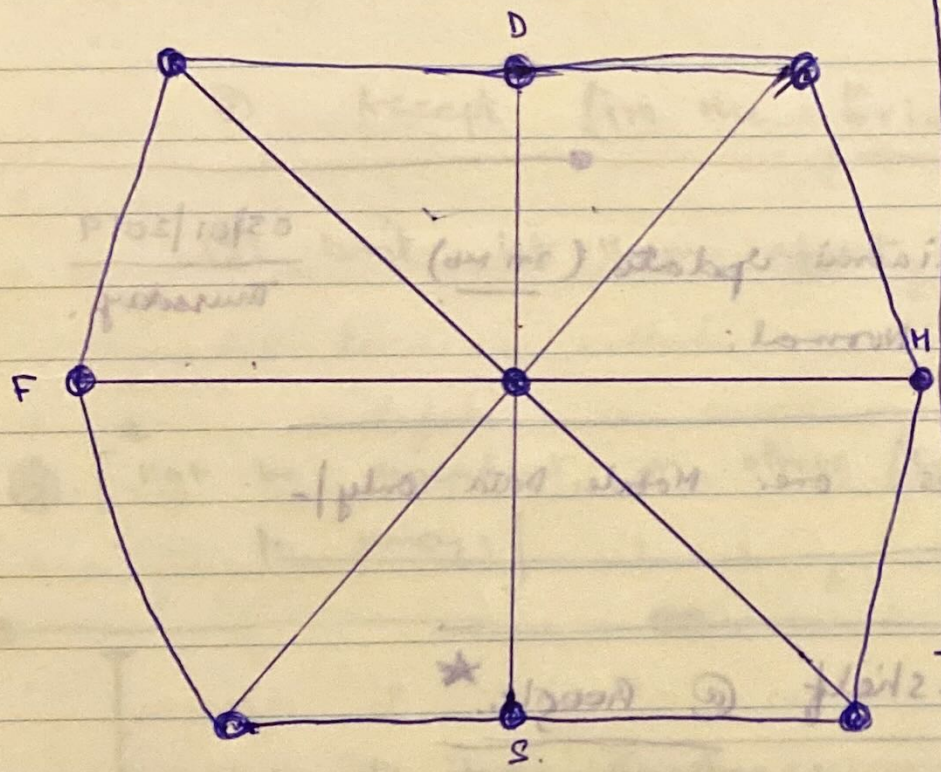
31/12/2018
Monday.

- Visit Electronic City.
- Call Sami regarding - electronic City trip.
-

02/01/2018
Wednesday.

QTS ?

Scotch, whisky = X
Capsule = X.



QTS = Question to self.

NTS = Note to self

JAT = Just a ~~thoug~~ thought

PS = Post script

OD = original Date

CO = Copied over.

→ Capsule = Nicotine?

- ~~According to Tablighi, Two times when the angels change drafts~~

02/01/2019
Wednesday

Barbara Corcoran

Internship

- Prayers & Fasting.
- Glorifical be GOD, the Lord of the kingdoms of earth and heaven.

→ Only Chicken

03/01/2019
Thursday.

- Installed Xiaomi update (291 Mb)

Mood - Normal.

- Update Apps over Mobile Data only |-

→ Bookshelf @ Google.*

03/01/2019
Thursday

→ CBT

① Thought Challenging!

'Evidence' For? } Alternative
'Evidence' Against? } Thoughts!

② Mindfulness

① Identify emotions/thoughts objectively (not subjectively)

② Accept (in the "right" context)

③ Don't let them affect your functioning/behavior.

→ [Not be dependent on others (Freedom). for Money;]

07/01/2019
Monday.

Limited Questions:

[If –
IS –]

Phases in CBT Therapy →

1. Assessment or psychological assessment
2. Reconceptualization. study?
3. Skills Acquisition
4. Skills consolidation & Application training
5. Generalization & Maintenance
6. Post-treatment assessment follow-up.

→ **Steps in the assessment Phase:**

1. Identify critical behaviors.
2. Determine whether critical behaviors are excesses or deficits
3. Evaluate critical behaviors for frequency, duration or intensity (obtain a baseline)
4. If excess, attempt to decrease frequency, duration or intensity of behaviors; if deficits, attempt to increase behaviors.

JAT.

The mind of all is governed by one principle / some principles.

03/01/2018
Thursday

→ List of Hygience Products:

Shampoo	Soaps	Cremes	oils			
Loreal.	Lux; Santoor	Sun Lotion	Olive oil			
		Shaving Creme.				

→ Pick N Choose!

03/01/2018
~~Friday~~

→ Shampoos: Loreal,
→ Soaps : Santoor,
→ Cremes : Sun block creme; Moisturizer,
→ Oils : Olive oil,
→ ~~Powder~~ Talc :
→

04/01/2019
Friday

- Check the Bahai App on Tab, Plus Gita, Upanishads
- Put pages in the File App
-

Ziaullah Sheriff = 3.46 %
Yunus Zia = 7.81 %
IBC KP = 14.72 %
Khalid A.K. Buhari = 0.49 %
P.S.M. Syed Abdul kadir = 0.03 %
Salima Sheriff = 0.26 %
Sharmeen Yunus = 2.00 %
Sabiha = 0.21 %
Syed Matan Aga = 0.80 %

→ ~~Check with Syed~~

NTS

فجر = ٤
ظهر = اول
عصر = مغرب
عشاء = تهجد

Check.

05/01/2019
ATURDAY

→ On behalf of all those, who want to but can't (due to XYZ reasons) (overwork, imprisoned, etc.)

07/01/2019
Monday.

→ Pay $10 towards charity.

08/01/2019
Tuesday.

→ ~~Check with Swathi~~ ✓
[Salary 60K + as at [08/01/2019]]

[Jack Miles – GOD, A Biography]
- Pontifical Gregorian University, Rome ✓
- Hebrew University, Jerusalem
- Harvard University.

Secular Bible, Philosophy.

~~Jagwa piety?~~
~~I seek refuge from all evil that exists.~~

~~(sa.cib@yahoo.com)~~

[sa.cib @ yahoo.com]

09/01/2018
Wednesday.

RS.VP ?

- ~~Check with~~ ~~Swathi~~
- ~~Finish~~

~~Intelligence is the factor that separates extra ordinary men from others~~

→ JAT :

10/01/2019
Thursday.

- The allegory of stocks, funds, etc. is like that of license, It gives confidence and ~~an~~ a sense of security to the individuals.

[Source: India Today]

10/01/2019
Thursday.

Tamil Nadu

#1 no. of factories in India.

#1 No. of operational SEZ's in India.

" Annual turnout of skilled manpower in India.

#1 Institutional structure & governance, social capital, effectiveness policing.

#1 International & Domestic tourist arrivals

#2 NCAER State Investment Potential Index 2018

#2 Economic Development Index (EDI) 2017

#2 Educational & Health facilities and control of pollution.

#3 in India in total value of exports made from the State.

11/01/2019
Friday.

→ Task: Product placement on Desk.

India today:

→ 10 keys to well-Being:

1 - Altruism: The art of giving
2 - Compassion: To suffer together.
3 - Awe: Goosebumps and dropped jaw
4 - Mindfulness: Be in the present.
5 - Empathy: In someone's shoes.
6 - Forgiveness: Let go of anger.
7 - Diversity: Be open to others.
8 - Happiness: When life is good.
9 - Gratitude: Talking in the good.
10 - Social connection: Sense of belonging.

= ~~Federal Bank~~
= ~~State Bank~~
=

[= Mastercard
Visa]

11/04/2019
Friday.

- Justice and equity are twin guardians that watch over men.

- Epistles = Keys ?
  Evangel = ?

[Source: Bahai]

11/01/2019
Friday.

To-DO:

- Check with Swati.
- Check with Badruddin.

- The fear of God hath ever been a sure defense and a safe stronghold for all the peoples of the world.

- ~~The Pen of the Divine Expounder~~ ~~on the~~

Imran = Moses.

Slavatory.

- How many the fires which God converteth into light, ~~which are turned into light~~ through Him whom God shall make manifest, and how many numerous the lights which are turned into fire through Him!

- Praised be Thou, O Lord my GOD! Sanctify mine eye, and mine ear, and my tongue, and my spirit, and my heart, and my soul, and my body, and mine entire being from turning unto anyone but Thee. Give me then to drink the cup brimneth with the sealed wine of Thy glory - Bahaullah.

- Praise be to Thee, O my God! Thou didst call me, and I answered Thee. Thou didst summon me/us and we hastened unto Thee, entering Thy mercy and seeking shelter at the threshold of the door of Thy grace. Thou hast nurtured me, O Lord, through Thy providence, chosen me for Thee alone, created me for Thy service and appointed me to stand befor Thee. I beseech Thee, by Thine all-glorious name? and by Thy beauty that hath dawned above the horizon of Thy most exalted essence, to cause me to be related to Thee even as Thou hadst done so aforetime, and not to separate me from Thy mercy. Cause Thee to appear from me, O my God, that which is worthy of Thee, Thou art in truth powerful over all things.

- Praise be to Thee, O Lord my God, for Guiding me unto the horizon of Thy revelation and for causing me to be mentioned by Thy Name. I beseech Thee by the spreading rays of Daystar of Thy providence and waves of the Ocean of Thy mercy attracting thereby the realities of all created Things. Powerful art Thou to do what Thou willest through Thy wonderous and incomparable utterence.

- wealth that supplieth the "wants" of all creation?

- "I go away and come again unto you". I go and another will come, who will tell you all that I have not told you and will fulfil that I have said: attributed to Jesus.

- Look not upon the creatures of God except with the eye of kindliness and of mercy.

- Divinity.
- Lordship.
- Messengership.
- Prophethood.
- Apostleship.
- Servitude.

⇒ [Aspects of ~~an~~ living beings]

- Body.
- Soul (Angels or Devils)*?
- Spirit.
- Mind.
- Ether.
- Angels or Devils (bound)*?
- Director.
- Guardians
- Fellows, Companions
- Objects, Surrounding

Mon - Fri - 10:00 to 1300 & 14:00 - 17:00
Sat - 09:00 to 12:00.

1. Bukhari, Adhan 155; Tahajjud 21; Umrah 12, Jihad 133; Bad al-khalq 11; Maghazi 29; Dawat 18, 52.; Riqaq 11; Itisam 3; Muslim; Dhikr 28, 30, 74, 75, 76; witr 24; Jihad 158, Adab 101; Tirmidhi Mawaqit 108; Hajj 104; Dawat 35, 36; Nasai sahw 83-6; Manasik 163, 170; Iman 12; Ibn Maja, Tijara 10; Manasik 84. Adab 58; Dua 10; H, 16; Abu Daud, Manasik 56; Darimi 243; Quran 20, 22; Musnad i, 47, ii, 5; iii, 320; iv, 4; v, 191; al-Hakim, al Mustadrak. i, 518

- imitative; ordinary belief - taklid - ✗
- certain; & confirmatory - tahkiq - ✗

- importance, poverty, compassion & reflection.

10 years

All ceramic = 9000 × 3 = 27000

Ceramic/metallic = 3000 × 3 = 9000/-

= 2000 × 3

16/01/2018
Wednesday

I, the undersigned, declare that the information provided by me is true to the best of my knowledge and give consent for my treatment at Bhagwan Mahaveer Jain Hospital I authorise the Hospital staff to provide care, treatment and perform diagnostic tests (This includes all routine diagnostic tests) in the judgement of the doctor consulted for my treatment. I certify that I have read the forms / and I have been explained in the language ..... understood by me.

Date Reg. by Emp. Name. Sr

Signature.

01

- O Son of Spirit:

My first counsel is this: Possess a pure, kindly and radiant mind, that thine may be a sovereignty ancient, imperishable and everlasting.

- ~~The best beloved of all things in My sight is Justice; turn not away therefrom if thou desirest Me, and neglect it not that I may confide in thee.~~

13

- O, son of Spirit!

I created thee rich, why dost thou bring thyself down to poverty? Noble I made thee, wherewith dost thou abase thyself? Out of the essence of knowledge I gave thee being, why seekest thou enlightenment from anyone beside Me? Out of the clay of love I molded thee, how dost thou busy thysely with another? Turn Thy sight unto thysely, that thou mayest find Me standing within thee mighty, powerful and self-subsisting.

14. O Son of Man!

Thou art my Dominion and my Dominion perisheth not!, wherefore fearest thou thy perishing? Thou art my light and my light shall never be extinguished why dost thou dread extinction? Thou art My glory and my glory fadeth not! thou art my Robe and My robe shall never be outworn...

29:

O, Son of Being:

Ascribe not to any soul that which thou wouldst not have ascribed to thee, and say not that which thou does not. This is my command unto thee, do thou observe it.

30: O Son of Man,

Deny not my servant should he ask anything from thee, for his face is My face be then abashed before me.

11: O Son of Being!
Bring thine to account each day ere thou art summoned to a reckoning: for death, unheralded, shall come upon thee and thou shalt be called to give account for thy deeds

16/01/2019
Wednesday

- Deccan Herald
- The Times of India
- The Hindu
- The New Indian Express

16/01/2019
Wednesday

- I summon them unto You (Thou) we address to Thee.

- Four Noble Truths
  - The truth of suffering (Kutai)
  - The truth of the cause of suffering (Jujai) > ignorance & karma.
  - The truth of cessation of suffering (Mettai) > Nirvana
  - The truth of the Path to cessation of suffering (Dotai) > Noble eightfold path.

16/01/2019
Wednesday

(A) Arts and Humanities.

1. Archaeology
2. Architecture
3. Art & Design
4. Classics & Ancient History
5. English language & literature
6. History
7. Library and Information Management
8. Linguistics
9. Modern languages
10. Performing Arts
11. Philosophy
12. Theology, Divinity, Religious Studies.

(B) Engineering & Technology

1. Computer Science & Information Systems
2. Engineering Chemical
3. Engineering Civil & Structural
4. Engineering Electrical & Electronic
5. Engineering Mechanical, Aeronautical & Manufacturing
6. Engineering Mineral & Mining.

(C) Life Sciences & Medicine

1. Agriculture & Forestry
2. Anatomy & Physiology
3. Biological Sciences

- One must cut off (lust, killing, stealing,
- false speech, Drinking).

One must cut off (lust, killing, stealing, false speech, Drinking).

---

4. Dentistry
5. Medicine
6. Nursing
7. Pharmacy & Pharmacology
8. Psychology
9. Veterinary Science.

D. Natural Sciences

1. Chemistry
2. Earth & Marine Sciences.
3. Environmental Sciences
4. Geography
5. Mathematics
6. Materials Sciences
7. Physics & Astronomy.

E. Social Sciences & Management

1. Accounting & Finance
2. Anthropology
3. Business & Management

(4) Communications & Media
(5) Development studies
(6) Economics & Econometrics
(7) Education & Training
(8) Hospitality & Leisure
(9) Law
(10) Politics & International Studies
(11) Social Policy & Administration
(12) Sociology
(13) Sports related subjects
(14) Statistics & Operational Research.

NTS

19/01/2019
Saturday

- I hereby declare that the package contains :

  1. XXXXX

- The contents of this package are being returned for replacement/return/warranty purposes. This movement of goods does not constitute sale and hence does not attract any VAT/CST liability.

BU Sakid Hshai

SIM NO: 8991860000024334469

IMSI NO: 404860002433446 PKD:05.02.18

19/01/2018

Saturday.

973905

SIM NO: 899186000002

IMSI NO: 404860002 446 PKD:

→ To-Do:

- ~~Check with Swathi.~~
- Return the package.?
-

check - ~~[3080]~~ found to be

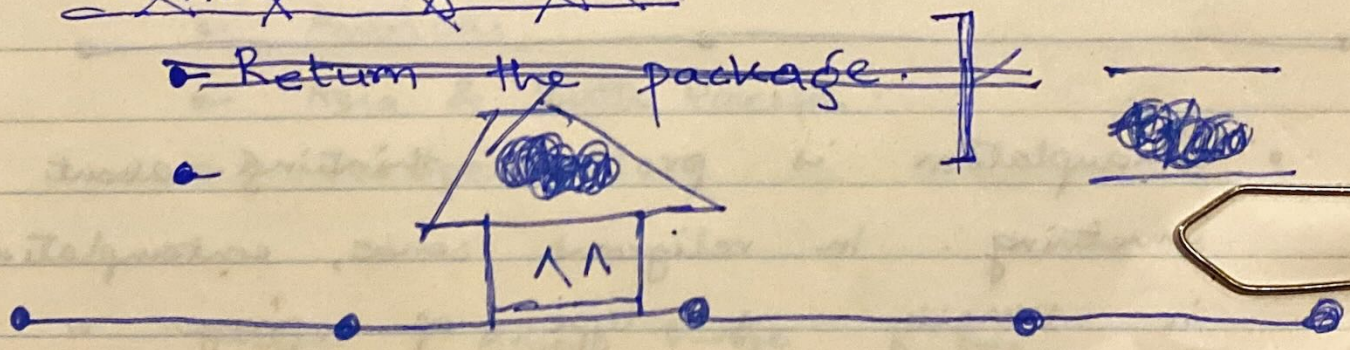
(2523) at 211

- Return the package.
-

~~United Kingdoms~~

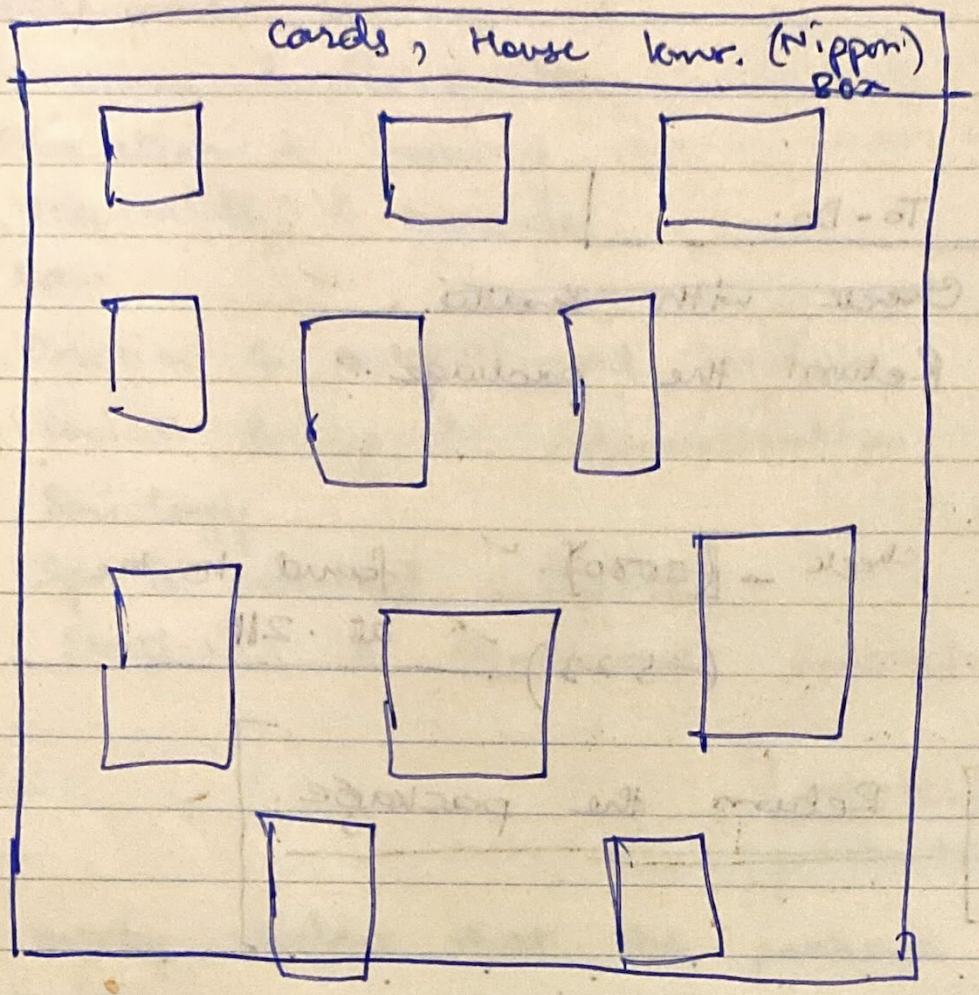
~~- Return the package.~~

-



21/01/2019
Monday.

JAT :



- Contemplation is profound thinking about something. In religious sense, contemplation is usually a type of prayer or meditation.

21/01/2019
Monday.

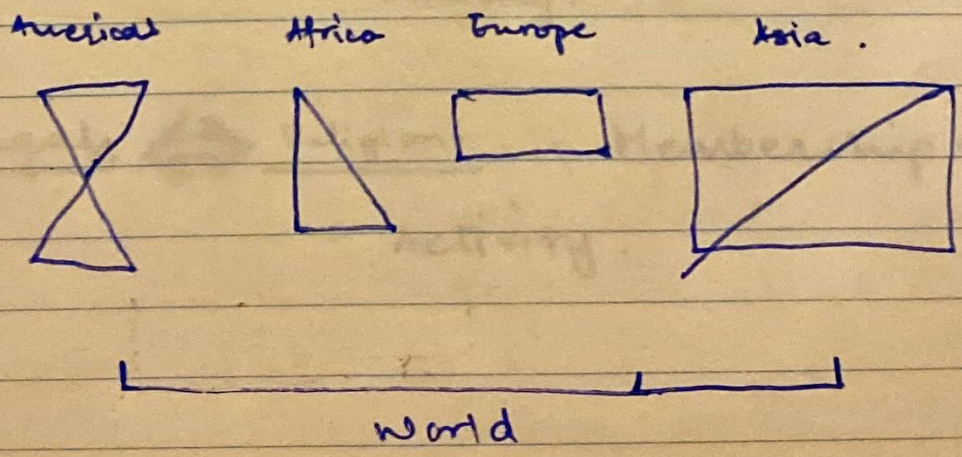
- ~~Open bank A/C.~~
- ~~Check for more work.~~
-

: Dear Sirs,

(Yours Sincerely)

Interpol

- World.
- Africa.
- Americas.
- Asia & South Pacific.
- Europe.



22/01/2019
Tuesday.

- Economic Environment & Policy
- HRM
- Info Syst. for Managers.
- Business Comm.
- Strategic Mgmnt.
- Consumer Behavior.

- Write
- Nineteen thousand, eight hundred & seventeen only.

→ **Task sheet**

- **Politics** : → Take up membership of a political body.

- **Economic** : - Take up membership of a body.
  - Research investments.

- **Socio-Cultural** : - Take up membership.
  - Get involved in a social activity.

- **Technological** : Take up membership

- **Environmental** : - Take up membership.
  - Get involved in environmental activity.

- **Legal** ⟺ **Religion**. Memberships
  - Activity.

List of Ministries

1) Ministry of Agriculture and Farmers welfare
2) Ministry of Ayush
3) Ministry of Chemicals & Fertilizers
4) Ministry of Civil Aviation.
5) Ministry of Coal.
6) Ministry of Commerce & Industry.
7) Ministry of Communications
8) " " Consumer Affairs, Food & Public Distribution.
9) Ministry of Corporate Affairs.
10) " " Culture
11) " " Defence
12) " " Development of North Eastern Region
13) Ministry of Drinking water & Sanitation
14) " " Earth Sciences
15) " " Electronics & Information Technology
16) " " Environment, Forest & Climate change
17) " " External Affairs
18) " " Finance
19) " " Food Processing Industries
20) " " Health & Family Welfare
21) " " Heavy Industries & Public Enterprises.
22) Ministry of Housing & Urban Affairs.

- Ministry of Home Affairs.

23) Ministry of Human Resources Development
24) " " Information and Broadcasting.
25) " " Labour & Employment
26) " " Law & Justice
27) " " Micro, Small & Medium Enterprises
28) " " Mines.
29) " " Minority Affairs
30) " " New and Renewable Energy
31) " " Panchayati Raj.
32) " " Parliamentary Affairs
33) " " Personnel, Public Greivances & Pensions.
34) Ministry of Petroleum and Natural Gas.
35) " " Power
36) " " Railways
37) " " Road Transport & Highways
38) Ministry of Rural Development
39) " " Science & Technology.
40) " " Shipping
41) " " Skill Development and Entrepreneurship
42) Ministry of Social Justice & Empowerment
43) " " Statistics & Programme Implementation
44) " " Steel.
42) " " Textiles
43) " " Tourism.

11) Ministry of water Resources, River Development & Ganga Rejuvenation

45) Ministry of women & child Development

46) Ministry of Youth Affairs & Sports.

- Ministry of Tribal Affairs

- Legal Name.
- Real Name.
- Nominal Name.
- Digital Name.

?

✓	X	✓
X	✓	X
✓	X	✓

22/01/2019
Tuesday.

→ Bringing all the creation to court; justice.
Not just me.

→ Protestantism.

- primacy of the Pope
- the role of tradition.
- the seven sacraments
-

→ Seven Sacraments :

- The sacraments of Initiation (into the Church & Body of Christ)
  - Baptism
  - confirmation
  - Eucharist

- the sacraments of healing
  - Reconciliation (Penance)
  - Anointing of the Sick.

- the sacraments of service
  - Holy Orders
  - Matrimony.

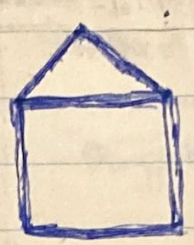
23/01/2019
Wednesday.

→ To Do -

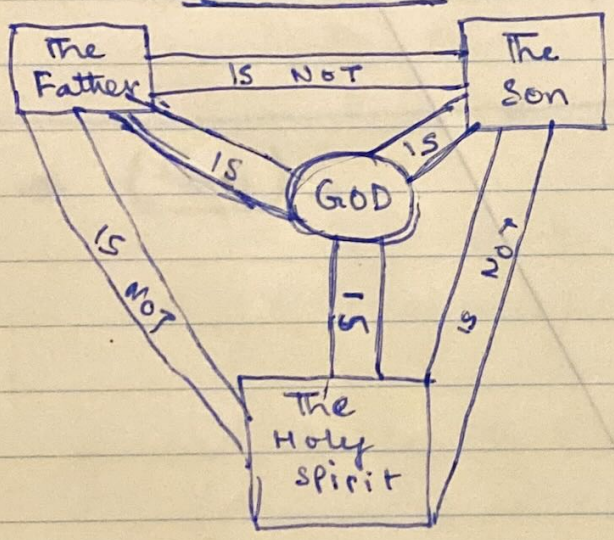
→ Meet champaka ×

→ Read online ×

- Catholics
- Protestants
- Methodists
- Pentecostals



TRINITY

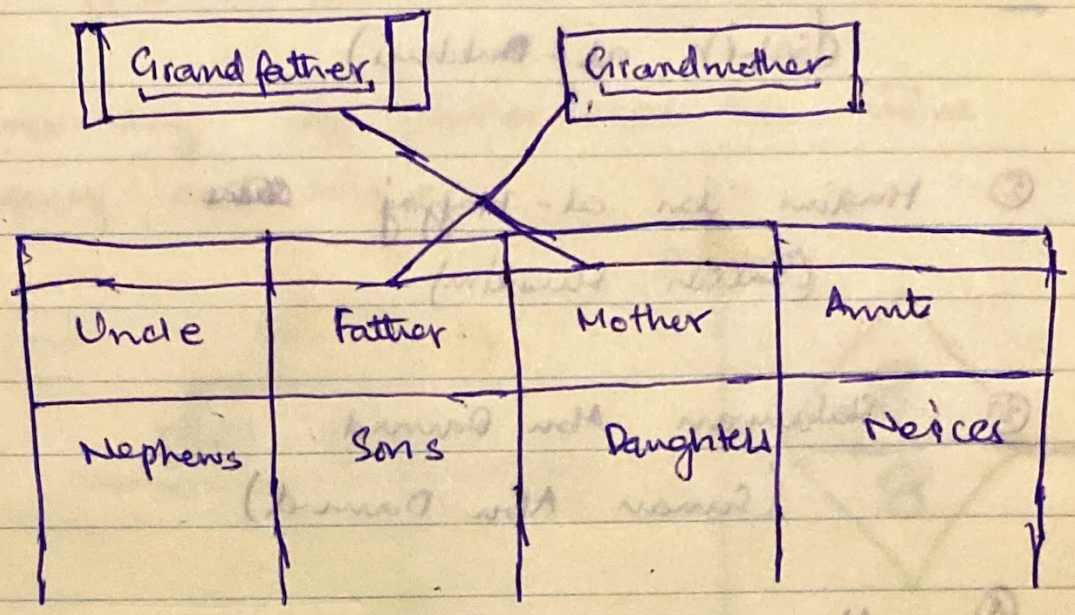


Google

23/01/2019
Wednesday

NTS
- Mix Atter with Peo.
- Diff: Current, Savings, Credit

(Create Prayer List)
(Memorize)



→ (temp.)

24/01/2019
Thursday.

List of Hadeeth Books :

① Muhammad ibn Ismail al-Bukhari
(Sahih al-Bukhari)

② Muslim ibn al-Hajjaj
(Sahih Muslim)

③ Sulaiman Abu Dawud.
(Sunan Abu Dawud)

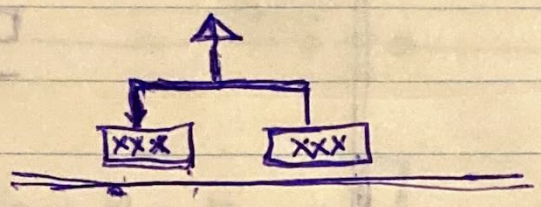
④ Abu Isa Muhammad at Tirmidhi
(At-Jami as Sahih)

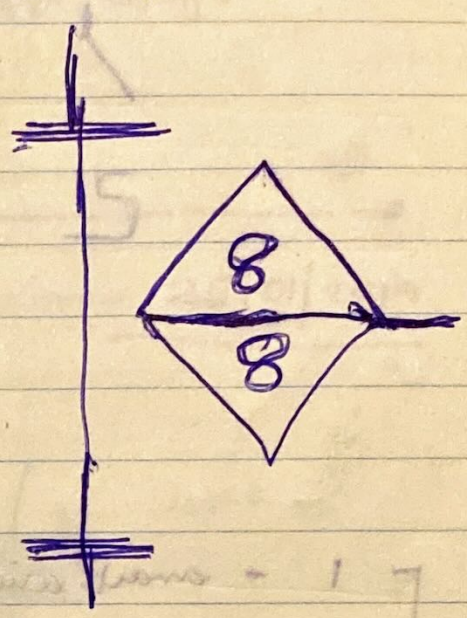
⑤ Malik ibn Anas
(Muttawa Imam Malik)

⑥ Abu Bakr Ahmad Al Baihaqi
(As Sunan al-kubra)

- we have rehearsed it to you in slow, well-arranged stages, gradually.
(25.32)

- Memorising of Qur'an as the divine agency of Hifz.





GOD

Day	1	-	x 2	= 2
"	2	-	x 2	= 2
"	3	-	x 2	= 2
"	4	-	x 2	= 2
"	5	-	x 2	= X
"	6	-	x 2	= 2
"	7	-	x 2	= 2
"	8.	-	x 2	= 2
"	9	-	x 2	= 2
"	10.	-	x 2	= 2.

CYY
IMEI:357169056430097

→ QTS

= Qur'an was revealed in 7 different ways!

25/01/2019
Friday

~~Google~~

1 - email: salidba@gmail - (career) -
2 - ~~seqibashai@gmail~~ ✗
3 - ~~salibashai@gmail~~ ✗ (tnfrs)
4 - salibkas@gmail (✗) (Dev.)
5 - salib.mewold (Machines logins)

~~Prostitution~~

25/01/2019
Friday.

saqib.oneworld@gmail.in
- saksibashai@gmail
- ~~saqibashai@gmail~~ X
- email.saksiba@gmail
- saksib.oneworld@gmail
- saksibinas@gmail

jobs, career, professional

dairies

apps, signups

saqqib? X

25/01/2019

- Marketing Mgmt
- Market Research
- SDM
- MPS.
- MOS
- Int. M & strategy
- M. Economics
- IT in Business
- B. Comm.

25/01/2019
Friday

[PASSIVE]

[- ~~Padmavat~~]

- Google.com

= Medicine 500/-

[~~Ramozest~~ - ~~strip~~]

~~5 cap~~ ~~[Liricure gold 20]~~

20 = Bandghatta
Nati -

25/01

28/01/2019
Monday.

(fnf)
sakibashai

(business)
msakib.

sakibinas — sakib.oneworld — saqib.oneworld

(Digital)

(devices.)

email.sakiba

(~~career~~)
education.

saqib.ash

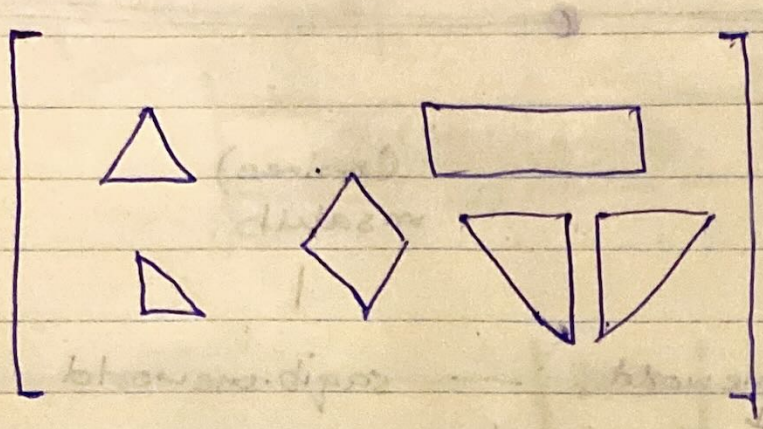
(prof).
Career.

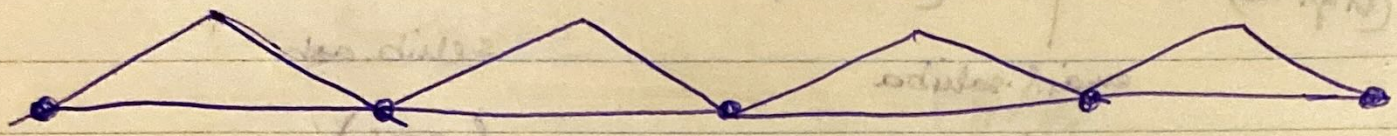
- ~~Check for work~~ ×.
- ~~Clean the cloct (home).~~
- ~~Read Book~~

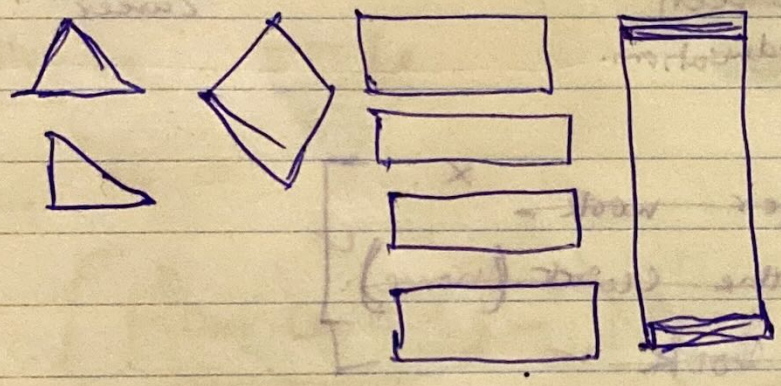
[~~[illegible]~~]

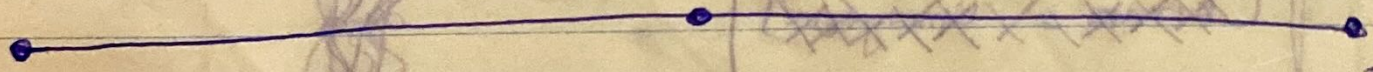
28/01/2019

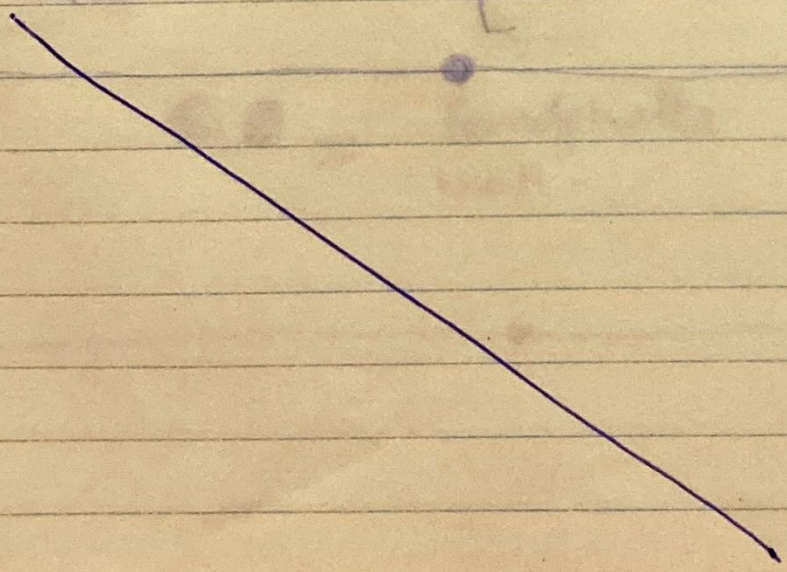
Monday.











28/01/2019
Monday.

- Gnosticism

⇒ Check the prayers. (Nag Hammadi)
⇒ Mail the letter.
⇒ Read GOD book.
⇒ ~~Read~~

Overview of Nag Hammadi Scriptures

- writings of creative and redemptive mythology including Gnostic alternate versions of creation and Salvation.

- Observations and commentaries on diverse Gnostic themes, such as the nature of reality, the nature of the soul, the relationship of the soul to the world.

- Liturgical and initiatory texts ~~The Discourse on the Eighth~~ !

- writings dealing primarily with the the feminine deific and spiritual principle, particularly with the Divine Sophia.

- writings pertaining to the lives and experiences of some of the apostles.

- scriptures which contain sayings of Jesus as well as descriptions of incidents ~~of~~ in his life.

[Apocryphon - secret.]

→ Will, Thought and Life
→ Understanding, Grace, Perception & Prudence
→ Grace, Truth, Form
→ Pronoia, Perception, Memory
→ Understanding, Love, Liveness
→ Perfection, Peace, wisdom.

Names of Powers

1. Goodness | Christhood - Athoth
2. Pronoia - Eloaio
3. Divinity - Astraphaio
4. Lordship - Yao
5. Kingdom - Sabaoth
6. Envy - Adonein
7. Understanding - Sabbateon.

Rulers took Adam & put him in the garden.

"From every tree in the garden shall you eat, but from the tree of knowledge of good and evil, don't eat not touch it".

28/01

→ Meeting(s).

- Feminine Name - Lordship
  - Deity
  - Kingship
  - Jealousy
  - Wealth
  - Wisdom

Pronoia = Forethought.

Jealousy, wrath

Jealousy	—	Wrath
Wrath	—	Pain
Tears	—	Lust
Sighing	—	Sighing
Suffering	—	Curse
Lamentation	—	Bitterness
Bitter Weeping	—	Quarrelsomeness.

47 demons

The unenvious	Peace
the Blessed	Gladness
the Joyful	Rejoicing
the True	Blessedness
The Unbegrudging	Truth
the Beloved	Love
the Trustworthy	Faith.

Pronoia =	Forethought (intuition)

the US.

[Archangelic Book of the Prophet Moses].

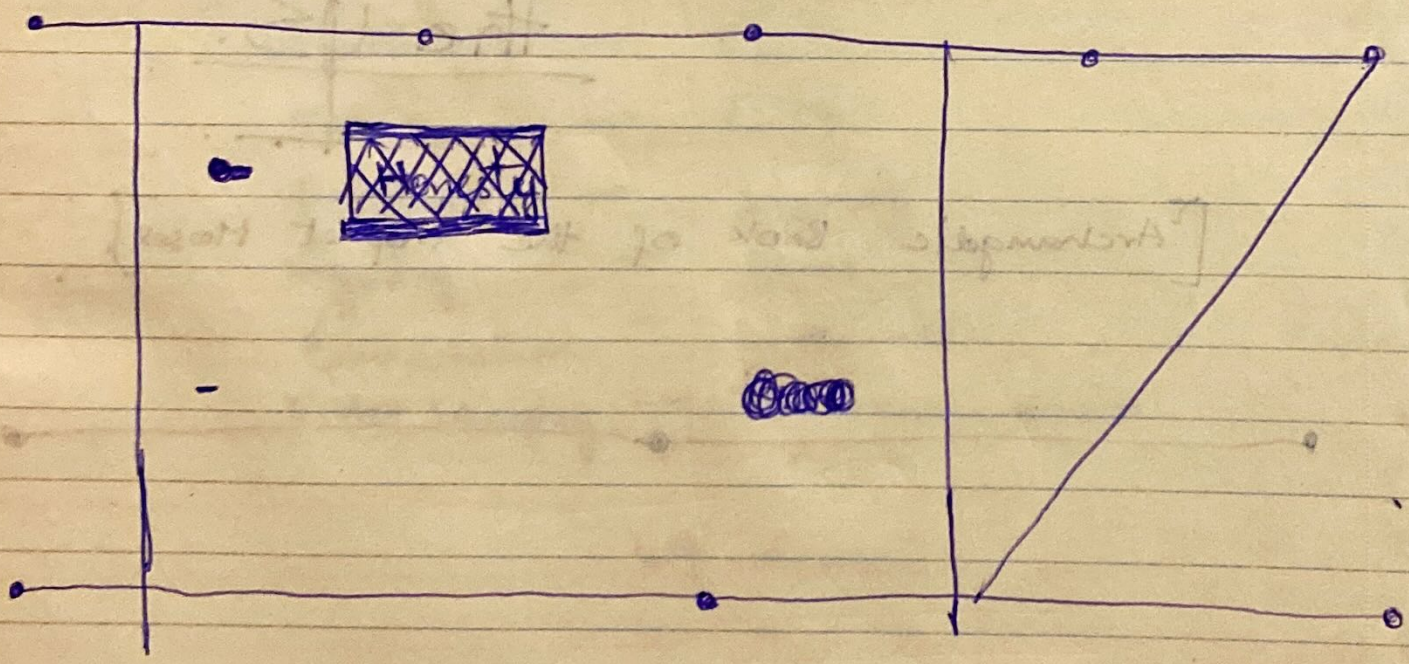
30/01/2019
Wednesday

Vision

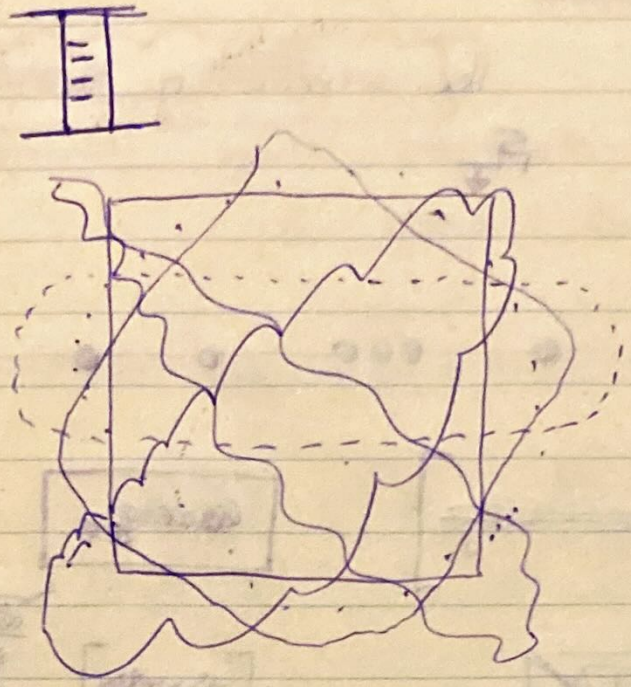
[→ A Parker in every Pocket]

(Jehovah's Witness)

[If he is incomprehensible, then it follows that he is unknowable, that he is the one who is inconceivable by any thought, invisible by any thing, ineffable by any word, untouchable by any hand.



30/01/2019
wednesday

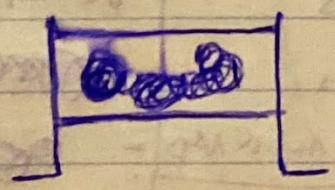


The interlapping worlds

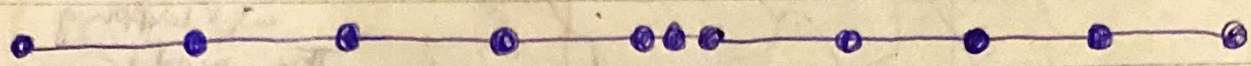
→ The intrinsic need to do something exists in all primordial beings.

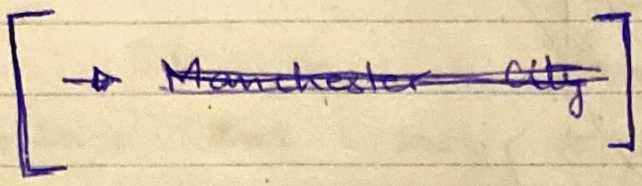
→ Fast on Saturday.
→ Return 3 Books. | Donate to Library.
→ Take the family to Barbeque Nation.
(Use Google Calendar).

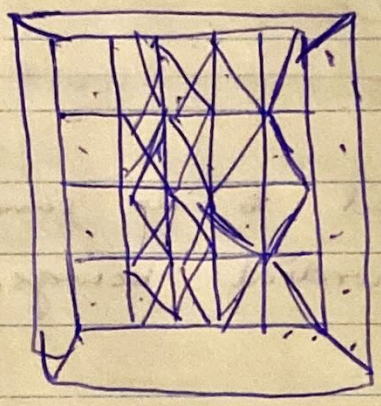
→ (Sabbath)

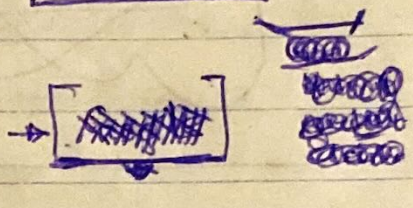


The service of the



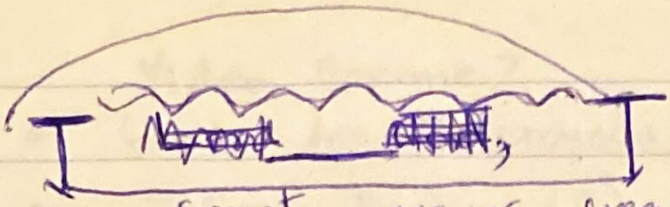




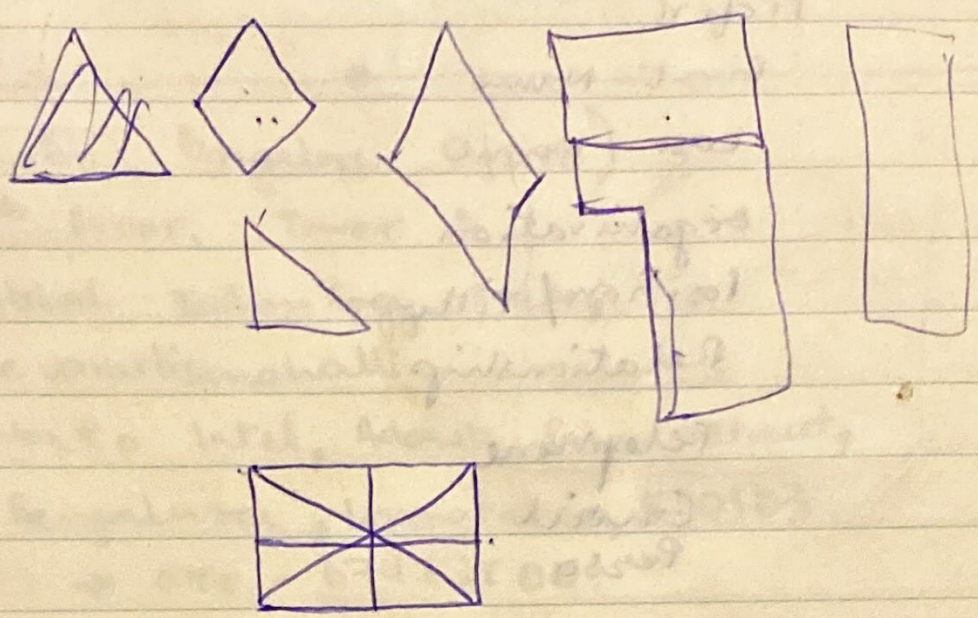


ADAM	-
NOAH	-
ABRAM	-
MOSES	-
JESUS	-
MOHAMMAD	-

30/01/2019
wednesday



grant your creation, your mercy & your love.



Mecca - Grandmother ✓
Medina - Grandfathers ✓
Jerusalem - Sons
Bethlehem - Daughters
Rome - Fathers
Constantinople - Mothers.

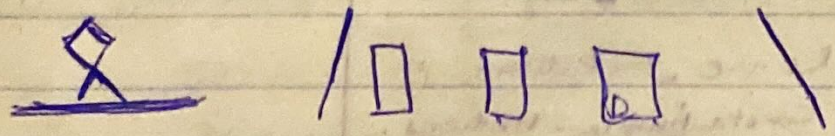
2005 - 2008
Batch.

30/01/2019
Wednesday

Type - Academic Reference
Church Reference

Prefix
First Name
Last Name
Organisation
Position/Title
Relationship
Telephone
Email
Perso

31/01/2019



process. → [☐ ☐ ☐]

JAT.

[Warehouses serving as malls
or Malls serving as warehouses.]

~~What is the idea.~~

31/01/2019
Thursday

Video Resume?

- Check for References. Vishal ?
- Return Books (3). (God, God, Philosophy)
- Donate to Library ?
- Bachelors Transcript.

meet Archbishop.

[• Church reference
• Academic Reference]

→ (linkedin Bangalore Office)
7th Floor, Tower A
Global Technology park,
Devarabisanahalli
Next to Intel, Adarsh Palm retreat,
Bengaluru, Karnataka, 560103.
→ 080 - 67463800.

~~→ Transcript~~

(Jek Bank)

[•]

(~~South Africa~~)

[~~Sakib~~ ~~Ashraf~~]

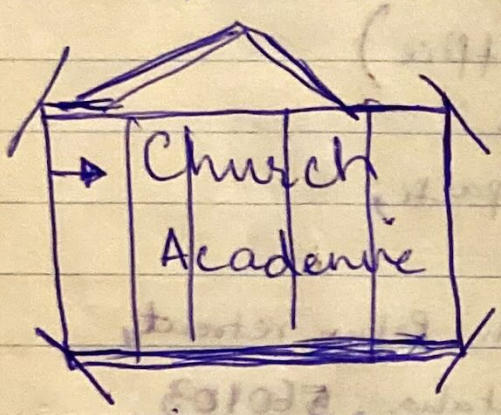
presently
currently

01/02/2019
Friday

→ Video Resume ?
→ Reference letters.

- Church
- academic

(UK.)



04/02/2019
Monday.

- Academic Reference
  - Prefix
  - First Name
  - Last Name
  - Organization
  - Position/Title
  - Relationship
  - Telephone
  - Email.
- Personal message to recommender.

[1 academic reference
1 Church reference
Video Essay]

→ Create Portfolio, Add certs, work etc

→

3 American lib

[Religion, History, Sciences].

05/02/2019
Tuesday.

→ AMA

How do

- ~~Do~~ you guys feel about the path that your life is upon? after graduating? (where were you then, now and how do you anticipate future?)
- ~~where do you see yourself in 10 years.~~ →
- opinions about God? Scriptures? Religion? Books?
- Attention Deficit? Forgetfulness? feel we are robots, is it planned or our actions matter? they shape the future,
- Views about the planet? Climate change? Economy? Politics?
- Matrix, Magic,
  - Vegan vs Non-Vegans.
- [- Patterns in life.]

I began my life in a joint family in Srinagar. And spent the next in the year 1986.

two decades (18 years I to be precise) ~~to~~ living my life mostly in the house. with my parents, sister & cousins, I enjoyed it a lot.

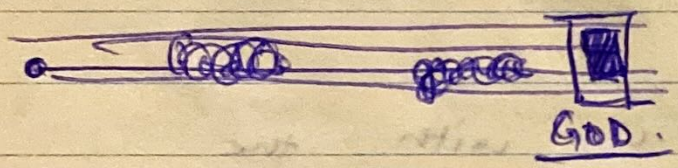
- 0 - 12 years = dominated by Patents & teachers
- 13 - 17 years = interrupted by parents & teachers
- 18 - 22 years = colg; new information religion.
- 23 - 28 years = eduction & entrepreneurship.
- 28 - 32 years. = struggled.

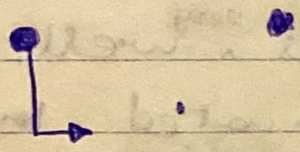
- I didn't mix with the neighbourhood fraternities very well. Early years were dominated by learnings, sports and ~~terrorism~~ militancy. when I say militancy, I don't mean to approve of it.

- Post our migration from Sr to Jammu side, I was worried about exams particularly 10th & 12th exams because our future presumably depended upon the results.

If one failed in the exams one failed in life.

- It is only after graduating from ULM, NDS, I realised that this is not the case. The world is full of opportunities ~~and we are the~~ Its only us that don't see them, as we are preoccupied by our psychic projections.





05/02/2019
Tuesday.

- signals translated into thoughts translated into speech; voice.

- Does this lead to memory loss? No.

OR.

RAM
vs
ROM.

- Manufacturing Industries - 75%

→ Agriculture, Forestry & Fishing
→ Mining
→ Construction.
→ Manufacturing
→ Transportation, Communications, Electric, Gas and Sanitary Service,
→ Wholesale Trade
→ Retail Trade
→ Finance, Insurance, & Real Estate
→ Services
→ Public Administration
→ Non Classifiable.

→ Industrial Standard Industrial Classification

A. Agriculture, forestry & fishing
B - Mining and quarrying
C - Manufacturing
D - Electricity, Gas, Steam & Air Conditioning supply.
E - Water Supply, Sewage, Waste Management and remediation activities
F - Construction
G - Wholesale & Retail Trade; repair of motorised vehicles,
H - Transportation & Storage
I - Accommodation & food services Activities
J - Information & Communications
K - Financial & Insurance Activities
L - Real Estate Activities
M - Professional Scientific and Technical Activities
N - Administrative & Support service activities
O - Public administration & defence compulsory social security
P - Education
Q - Arts, Entertainment and Recreation
S - Other service activities
T - Activities of Households as employers; undifferentiated goods and

services - producing activities of households for own ~~use~~ use.

U - Activities of extraterritorial organizations and bodies.

07/02/2019
Thursday.

- 32 x 6 = 192
P.hr x hrs

✓ 192 x 30 = 5760.0 (based on hourly rate)
+ 3888.5 (based on currency denominations)
9648.50.

-

- Relocation Checklist

- Getting used to the locality.
- Meeting key people.
- Getting to know the customs and work procedures
- Taking a stock of personal standings (finance + ~~assets~~ assets)
- → Adapting to the prevalent conditions.
- → Assessing the situation based on experiences.
- Taking a stock of ~~prevalent~~ personal standings (finance & Assets)

07/02/2019
Thursday

Check and sort Unfollows Twitter.

Twitter Checklist

Lori Greiner ?
UNOPS ✓
150 years ✓
Taylor Swift ✓
Madonna ✓
Katy Perry ✓
One web ✓
Mars ✓
Marshal Mathers ✓
National Science Fund ✓
Care India ✓
Peking University ✓
British Council ✓
Desiring God ✓
U.S. Currency ✓
NSC ✓
Queen Latifah ✓
E3 ✓
h. ✓
Linkin Park ✓
WWE ✓
Fidelity Investments ✓
~~David Guetta~~ ✗
Nandan Nilekani ✓
World Digital Library ✓
World Bank ✓
MSNBC ✓
~~Mie long Wang~~ ✗

Alicia Keys ✓
Ted Talks ✓
Imran Khan ✓
RMC ✓
Martha Stewart ✓
Justin Trudeau ✓
Al Gore ✓
Reema Bandar ✓
Mahendra Singh Dhoni ✓
Open Society Forum ✓
Amitabh Bachan ✓
Global Times ✓
Haramain ✓
BBC Earth ✓
Saudi Ministry of Justice ✓
Real ventures ✓
AMA ✓
Nelson ✓
Twitter Marketing ✓
PM of Israel ✓
God TV ✓
Scholastic ✓
Ministry of HRD ✓
The Gospel Coalition ✓
Sound Cloud ✓
~~Apple Music~~ ✓
DC Universe ✓
~~Mattel~~ ✓

Fisher Price
Barbara Corcoran
Space X
NYT Science
Discovery
Smithsonian
Library of Congress
Adidas originals
United Nations
Dr Faith
Pew research Global
~~Guy Raz~~ Salti
USA Network
Michele Romanow
IBM Research
Twitter
Marvel Ent.
Nasa
Popular Science
CNBC
National Geographic

Dr Dre
Federal reserve
Vatican lib
Justic Dept
For Dumies
The white House
Christianne Amanpour
Eurovision
Peta
Nato
Boomerang Toys
New Scientist
President of Russia
Marissa Mayer
Wikimedia
Creative Commons
Barack Obama
Dr. Yasir Qadhi
Mufti Ismail Mak.

27/02/2018

- Is it possible that someday the cash/cheques are not deposited? Multiple days clubbed together?

- 27/28 October = ?
  - Cheques bounce / realisations?
  - Holidays - late deposits.
  - error clerical. (reversed entries).
  - adjustments (shift, defaulters) payments).
  - direct deposits by customers.
  - misplaced challans [cheque charges]
  - LBlock vs ibudd
  - reconciliation in 000's.
  - entries not reflecting.

KCL

08/02/2019
day
Fri

- Referree Name -
- Institution/company -
- Position
- Relation to you -
- Telephone -
- Address line 1
  " " 2
  " " 3
- Country
- Institution/Company Name / Email -
- Confirm Email
- Choose Reference Source.

Funding Sources

- ahrc.ac.uk
- esrc.ac.uk
-

11/02/2019
Monday

→ To Do
- Finish Fin pages ✓
- check email, Bayt Salary Comp.?
-

CLUB HOUSE CGDL

— M63

— Tanmoy Mukherjee

ONLY POOL CGDL

— 8123090744.

water Bill - 100 pm.

12/02/2018

~~B.Com~~ ✓

~~Mktg Mgmt.~~ ✓

~~Corporate A/C.~~

~~Int Business~~ ✓

~~Business Research Methods~~ ✓

Gins.
9740187810] Gym Membership

₹ 74 : Surabhi (Gym.)
9717790888

500 paid.

(02/12/2019) = Check the Deposit

(CGDL)

→ 106 Biometric ID.

~~(02/02/2019)~~

13/02/2019
Wedn.

* QTS.

Bom Niggy Bum Bum

Organ - Police Car ?

To: Do

Todays Schedule

Meals	~~Exercise~~
BF	
Lunch	
Dnr	
Snks.	

Performance Score -

Y-axis

: sevattri.a@y-axis.com
13096

-

Organiser

EBiU :

Tasks :

1
2
3
4

Notes :

-
-
-
-

TODAYS SCHEDULE

08:00
10:00
12:00
14:00
16:00

Exercise

18:00
20:00

SLeep

22:00
06:00

MEALS :

Breakfast -
Lunch -
Dinner -
Snaks -

Todays Performance

Clarity Productivity
Energy Influence

Scope for Improvement

Necessity Courage

13/02/2019
wednesday

JAT

- Any forms of reconciliation has to be in 000's,

- 6166 - Misc
  6140 - Elect.
  6344 - Maint.
  6379 -

[E66 - E67]

entries not reflecting

23 May - June.
24 Dec - July
08 July - May

upto 7500; Nil

[GST on difference]

18/02/2019
Monday.

- Linkedin Plans

  - Career ✓
  - Business
  - Sales
  - Recruiter. ✓ X

→ Career : ✓

- Stand out & get in touch with hiring managers.
- See how you compare to other applicants
- Learn new skills to advance your career.

→ Business : X

- Find and contact the right people
- Promote and grow your business
- Learn new skills to enhance your professional brand.

→ Sales : X

- Find leads and accounts in your target market
- Get real time insights for warm outreach
- Build trusted relationships with customers and prospects.

→ Recruiter: ✓

- Find great candidates faster
- Contact top talent directly
- Build relationships with prospective hires.

QTA

→ Interview:

- Linkedin vs resume?
- Data on hiring? ~~projects~~ How does me
- How do you feel about the world today? safe vs threats/concerns?
- Republicans vs Democrats / social Engineering?
- ~~[illegible]~~ where is Jain Colg. Today?. Better than ever?
  - ↳ ~~faith~~, Religion Books. [List Movies?]
- Platform: Google vs Apple?
- What is marketing? Books vs Practice. | [on the job decisions]
- Money vs Currency.
- What is the structure of the world? God
  Number of creations? Spirits Angels Devils (etc)
-

22/02/2019
Friday.

⇒ Unconditional offer :

- Barcelona Technological school.
  [Univ. of Barcelona]
- original Documents.
- €1000 per month.
-

YOGA
BOOK.

U. N.
U. S.
U. K.

Amazon wish lists

• MFSL	• JASL	• NASL	• WASL
- Pixel slate	- Surface book 2	- Galaxy Tab 4	- ipad pro
- Samsung gear watch 3	- Pebble watch	- Apple watch series 4	- Fitbit versa.
- Razer phone 2	- ~~iphone XR~~ S10	- iphone XS	- Honor view 20.
- Anker wifi projector	- Sony portable projector	- iT Lumb projector	A ~~Dolion~~ projector
	- Kindle paperwhite		

→ JAT = A to Z of me !

A =
B =
C =
D =
E =
F =
G =
H =
I =
J =
K =
L =
M =
N =
O =
P =
Q =
R =
S =
T =
U =
V =
W =
X =
Y =
Z =

- Book Evaluation :

• Title : Genre :
• Subtitle : Author :

- Rating ○ ○ ○ ○ ○

I liked : _____ Characters : _____

I didn't like _____ Setting : _____

- Series Tracker:

Released _____ Started / Finished _____

Title _____ Film Release _____

Review _____ Fav. Character

Important Love Stories

Notable Deaths _____

QTS ~~what time do you get~~

- How many of you wake up before 5 am. Follow any Planners/organizers?
- Do you guys have a google group? (w & alumni)
- ~~How~~

in health and wealth, long to live.

Strengthen her, that she may vanquish and overcome all her enemies, and finally after ~~this~~ life, she may retain everlasting joy and felicity.

Netflix

→ Platonic ideals

- to argue without quarelling
- to quarrel without suspecting
- to suspect without slandering.

25/02/2019

Netflix

Prayer

- O lord, our heavenly father, high and mighty, king of kings, lord of lords, the only ruler of princes who dost, from Thy throne, behold all the dwellers upon Earth. Most heartily we beseech Thee, with Thy favor, to behold our most gracious Sovereign Lady, Queen Elizabeth, and so replenish her with the grace of they Holy Spirit that she may always incline to Thy will and Thy way. Endue her plentously with heavenly gifts Grant her

25/02/2019

Revised Prayer: Dear God,

Our lord, Our heavenly father, high and mighty, king of kings, lord of lords, the only ruler of princes, who dost from Thy throne, behold all the dewellers of Earth.

Most heartily we beseech Thee with Thy favor to behold our most gracious Sovereign Lady Queen Kate and so replenish her with the grace of Thy Holy spirit that she may always incline to Thy will and Thy way.

Endue us ~~with~~ plentously with Heavenly gifts. Grant us in health and wealth, long to live, strengthen us, that ~~stree~~ we may vanquish and overcome all our enemies and finally after life we may retain everlasting joy and felicity.

M-36

msjas2001@yahoo.co.in

send confirmation

→ 38040.

Q →

→ date of rate change ?

1.60 → 1.80

Oct 2

→ Rider Compression. ✓

→ shoe ✓

- soap ✓
- socks. ✓
- ~~Gloves~~. ✗.

→ Bohemian Rhapsody

→ The favorite

→ Roma

→ Blackklansman

→ Black Panther.

Habits

- Gym.
- earlybird
- nutritious food.
-

17th March 2019

A-01

→

10000
20000
42720

Accounts

02/03/2018

Today's Message to Myself ✓
Contemplate ;
Meditate.

Tasks that must be done today!
Goal[1] Resolve Cases Actions: Call Sundaram
Goal[2] _____ Actions: _____
Goal[3] _____ Actions: _____

Persons I need to lead or connect with today
@ Vishal # Organizer, ~~LinkedIn~~ Phone
@ _____ # _____ * _____

One thing I can get excited about today is
New Inventory.

Someone I could surprise today with a gift, or a token of appreciation today is...

Someone who needs me on my A game today is _____

Exercise plan:
A) Cardio
B) Upper Body
C) Lower Body
D) Muscles
E)

1) Treadmill
2) Machine fly
3) Leg pulles
4) Ellipticals
5)
6)

Todays Schedule

0600	Wake up	☐☐☐☐
0700	Gym	☐☐☐☐
0800	Breakfast	☐☐☐☐
0900		☐☐☐☐
1000	office	☐☐☐☐
1100	/	☐☐☐☐
1200	work	☐☐☐☐
1300	Lunch	☐☐☐☐
1400	/	☐☐☐☐
1500	work	☐☐☐☐
1600		☐☐☐☐
1700	/	☐☐☐☐
1800		☐☐☐☐
1900	Swimming	☐☐☐☐
2000	Sleep.	☐☐☐☐
2100	/	☐☐☐☐

Meals
Breakfast: Tea, Bread, Sugar
Lunch: Rice, Curgali
Dinner: _____
Snacks: _____
Extras | Invitations: _____

Habit Streak:

	I	II	III	IV	V	VI	VII	VIII	IX	X
I Gym	●	●	●	●	O	O	O	O	O	O
II Early bird	O	O	O	O	O	O	O	O	O	O
III Nutritious lunch	●	●	O	●	O	O	O	O	O	O
IV " Dinner	O	O	O	O	O	O	O	O	O	O
V	O	O	O	O	O	O	O	O	O	O
VI	O	O	O	O	O	O	O	O	O	O
VII	O	O	O	O	O	O	O	O	O	O

One thing I can get excited about today is
New Inventory.

Someone I could surprise today with a gift, or a token of appreciation today is...

Someone who needs me on my A game today is _____

I know my **why** and lived intentionally **today**
I **worked** on things that **mattered** most **today**
I **managed** my physical and mental **energy** well
I felt it was **necessary** to be my best and made "success" my best
I **guided** or **mentored** others well **today**
I **shared** my real self, thoughts or feelings **today**

Today's performance Meter (0-9)

Seek Clarity: _____
Increase Productivity: _____
Generate Energy: _____
Develop Influence: _____
Demonstrate Courage: _____
Raise Necessity: _____

The **best ways I** can **prepare** and ensure that **I show up** to **win** this **month** are:
A) Be conscious,
B) Apply Actively to Day
C) Show up at events.

Notes.

Scope for Improvement over yesterday
☐ None.
☐ ?
☐ ?

Health (0 - 9)	7	**Learning** (0 - 9)	2	**Mission** (0 - 9)	4	If I was **my** own high performance **coach**, I would tell **myself** this statement **about today**... —	
Mental | Emotional (0 - 9)	6	**Friends** (0 - 9)	2	**Spirit** (0 - 9)	4		
Partner | Love (0 - 9)	0	**Experiences** (0 - 9)	3	**Finances** (0 - 9)	2	**Decision** I made today that I need to **stick to** —	

These **things** must **happen** this **week** [Major **Projects**]
★
★
★

The major **deadlines** of this **month** include {Major **Events**}
➢
➢
➢

I'd **feel** like I'm living **my best life** if **I accomplished** <2yr Goals/>
1.
2.
3.

4 **Great things** \I made **happen** this past **month**...\
❖
❖
❖
❖

Blog Title:	**Scheduled for:**	**Category:**	**Delegated to:**
Research Topic:	**Scheduled for:**	**Category:**	**Delegated to:**

Total Blocks: 22	07 08	09 10	11 12	13 14	15 16	17 18	19 20	21 22	23 00	01 02	03 04

Power Words: Call, Purge, Draft, Ask, Delegate, Thank, Review, Share, Gather, Organize, Send, Process, Follow-up, PESTEL, SWOT

02/03/2018

Today's Message to Myself ✓

Tasks that **must** be done **today!**

Goal[1] _____ Actions: _____
Goal[2] _____ Actions: _____
Goal[3] _____ Actions: _____

Persons I need to **lead or connect** with **today**

@_____ #_____ *_____
@_____ #_____ *_____

One thing I can get **excited** about **today** is New Mobile Chip.

Someone I could **surprise** today with a **gift**, or a **token of appreciation** today is...

Someone who **needs me** on my A game **today** is _____

Exercise plan:
A) Cardio
B) Muscles
C) Upper Body
D) Lower Body
E)

1) Treadmill
2) Machine fly
3) Ellipticals
4) Dumbells
5) Warm up
6) Benches.

Todays Schedule x

0600	☐☐☐☐
0700	☐☐☐☐
0800	☐☐☐☐
0900	☐☐☐☐
1000	☐☐☐☐
1100	☐☐☐☐
1200	☐☐☐☐
1300	☐☐☐☐
1400	☐☐☐☐
1500	☐☐☐☐
1600	☐☐☐☐
1700	☐☐☐☐
1800	☐☐☐☐
1900	☐☐☐☐
2000	☐☐☐☐
2100	☐☐☐☐

Meals
Breakfast: Tea, Sugar,
Lunch: _____
Dinner: _____
Snacks: _____
Extras | Invitations:
_____
_____

Habit Streak:

	I	II	III	IV	V	VI	VII	VIII	IX	X
I Gym	●	●	●	●	●	O	O	O	O	O
II Early Bird	O	O	O	O	O	O	O	O	O	O
III Prayers	●	O	O	O	O	O	O	O	O	O
IV Books	●	O	O	O	O	O	O	O	O	O
V N B D	O	O	O	O	O	O	O	O	O	O
VI Socialising	O	O	O	O	O	O	O	O	O	O
VII	O	O	O	O	O	O	O	O	O	O

I know my **why** and lived intentionally **today**
I **worked** on things that **mattered** most **today**
I **managed** my physical and mental **energy** well
I felt it was **necessary** to be my best and made "success" my best
I **guided** or **mentored** others well **today**
I **shared** my real self, thoughts or feelings **today**

Today's performance Meter (0-9)

Seek Clarity: _____
Increase Productivity: _____
Generate Energy: _____
Develop Influence: _____
Demonstrate Courage: _____
Raise Necessity: _____

The **best ways I** can **prepare** and ensure that **I show up** to **win** this **month** are:
A)
B)
C)

Scope for **Improvement** over **yesterday**
- ☐ Talk to Colleagues.
- ☐
- ☐

Health (0 - 9)	**Learning** (0 - 9)	**Mission** (0 - 9)	If **I** was **my** own high performance **coach**, **I** would tell **myself** this statement **about today**...
Mental | Emotional (0 - 9)	**Friends** (0 - 9)	**Spirit** (0 - 9)	
Partner | Love (0 - 9)	**Experiences** (0 - 9)	**Finances** (0 - 9)	**Decision** I made today that I need to **stick to** _____

These **things** must **happen** this **week** [Major **Projects**]
- ★ Visit College.
- ★ Buy kindle.
- ★

The major **deadlines** of this **month** include {Major **Events**}
- ➢ Letters of Ref.
- ➢ New Jobs.
- ➢

I'd **feel** like I'm living **my best life** if **I accomplished** <2yr Goals/>
1. Money $$
2.
3.

4 **Great things** \I made **happen** this past **month**...\
- ❖ Sent letters to Companies
- ❖ Visited College.
- ❖ Sent Emails to key people
- ❖ Sent

Blog Title:	**Scheduled for**:	**Category**:	**Delegated** to:
Research Topic:	**Scheduled for**:	**Category**:	**Delegated** to:

Total **Blocks**: 22	07 08	09 10	11 12	13 14	15 16	17 18	19 20	21 22	23 00	01 02	03 04

Power Words: Call, Purge, Draft, Ask, Delegate, Thank, Review, Share, Gather, Organize, Send, Process, Follow-up, PESTEL, SWOT

02/03/2018

Today's Message to Myself ✓
"If you are confident, you are beautiful."

Tasks that must be done today!
Goal[1] Emails — Actions: Draft, Send emails to clients
Goal[2] _____ Actions: _____
Goal[3] _____ Actions: _____

Persons I need to lead or connect with today
@_____ #_____ *_____
@_____ #_____ *_____

One thing I can get excited about today is Salary.

Someone I could surprise today with a gift, or a token of appreciation today is... Worker.

Someone who needs me on my A game today is M + D

Exercise plan:
A) Cardio
B) Muscles
C) Abs
D) Legs
E) Neck & Spine

1) Treadmill
2) Ellipticals
3) Pushups
4) Machine fly
5) Benches
6) Warmup.

Todays Schedule ɪ

0600	Wakeup	☐☐☐☐
0700	Bath	☐☐☐☐
0800	Breakfast	☐☐☐☐
0900	Office	☐☐☐☐
1000	Work.	☐☐☐☐
1100		☐☐☐☐
1200		☐☐☐☐
1300		☐☐☐☐
1400	Break	☐☐☐☐
1500		☐☐☐☐
1600		☐☐☐☐
1700		☐☐☐☐
1800		☐☐☐☐
1900	Gym.	☐☐☐☐
2000		☐☐☐☐
2100	Dinner.	☐☐☐☐

Meals
Breakfast: _____
Lunch: _____
Dinner: _____
Snacks: _____
Extras | Invitations: _____

Habit Streak:

	I	II	III	IV	V	VI	VII	VIII	IX	X
I Early Bird	O	O	O	O	O	O	O	O	O	O
II Gym	O	O	O	O	O	O	O	O	O	O
III Prayers	O	O	O	O	O	O	O	O	O	O
IV Books	O	O	O	O	O	O	O	O	O	O
V NBD	O	O	O	O	O	O	O	O	O	O
VI Socializing	O	O	O	O	O	O	O	O	O	O
VII	O	O	O	O	O	O	O	O	O	O

I know my **why** and lived intentionally **today**
I **worked** on things that **mattered** most **today**
I **managed** my physical and mental **energy** well
I felt it was **necessary** to be my best and made "success" my best
I **guided** or **mentored** others well **today**
I **shared** my real self, thoughts or feelings **today**

Today's performance Meter (0-9)
Seek Clarity: _____
Increase Productivity: _____
Generate Energy: _____
Develop Influence: _____
Demonstrate Courage: _____
Raise Necessity: _____

The **best ways I** can **prepare** and ensure that **I show up** to **win** this **month** are:
A) Listen to podcasts
B) Read relevant books
C)

Scope for Improvement over yesterday
- ❑ Yesterday was a holiday.
- ❑
- ❑

Health (0 - 9)	**Learning** (0 - 9)	**Mission** (0 - 9)	If **I** was **my** own high performance **coach**, **I** would tell **myself** this statement **about today**...
Mental | Emotional (0 - 9)	**Friends** (0 - 9)	**Spirit** (0 - 9)	
Partner | Love (0 - 9)	**Experiences** (0 - 9)	**Finances** (0 - 9)	**Decision** I made today that I need to **stick to** _____

These **things** must **happen** this **week** [Major **Projects**]
★ Buy Kindle,
★ Fix phone.
★

The major **deadlines** of this **month** include {Major **Events**}
> Find a job.
> Learn swimming
> Make friends

I'd **feel** like I'm living **my best life** if **I accomplished** <2yr Goals/>
1. Billionaire
2.
3.

4 **Great things** \I made **happen** this past **month**...\.
- Sent letters; resume to Companies
- Sent emails to key people
- Joined gym; swimming
-

Blog Title:	**Scheduled for:**	**Category:**	**Delegated to:**
Research Topic:	**Scheduled for:**	**Category:**	**Delegated to:**

Total Blocks: 22	07 08	09 10	11 12	13 14	15 16	17 18	19 20	21 22	23 00	01 02	03 04

Power Words: Call, Purge, Draft, Ask, Delegate, Thank, Review, Share, Gather, Organize, Send, Process, Follow-up, PESTEL, SWOT

Today's Message to Myself ✓

Add New words to dict.

Tasks that **must** be done **today!**

Goal[1] ~~Reply~~ Inbox Actions: Reply to all mails.
Goal[2] Secure admn. Actions: check opportunities
Goal[3] _____ Actions: _____

Persons I need to **lead or connect** with **today**

@ Vishal # Jobs in Bangalore * Phone.
@ _____ # _____ * _____
@ _____ # _____ * _____

One thing I can get **excited** about **today** is

New Merchandise

Someone I could **surprise** today with a **gift**, or a **token of appreciation** today is...

Vinutha ~~Sally Sisa~~.

Exercise plan:

A) Cardio
B) Muscles (Upper Body)
C) Muscles (Lower Body)
D) Neurological
E) Gastrointestinal
F) Respiratory

1) Treadmill
2) Ellepticals
3) Machine Fly
4) Benches
5) Pushups.
6) Dumbells.
7)
8) Yoga.
9)

Todays Schedule ⌛ **15m blocks**

0400 Wakeup.
0500
0600 Gym.
0700
0800 Breakfast
0900 office
1000
1100
1200
1300 Lunch
1400
1500
1600
1700
1800 Home
1900 Movie.
2000 Read Book

Meals

Breakfast: Tea, Chapati
Lunch: _____
Dinner: _____
Snacks: _____
Extras | Invitations...

Habit Streak:

	I	II	III	IV	V	VI	VII	VIII	IX	X
I	O	O	O	O	O	O	O	O	O	O
II	O	O	O	O	O	O	O	O	O	O
III	O	O	O	O	O	O	O	O	O	O
IV	O	O	O	O	O	O	O	O	O	O
V	O	O	O	O	O	O	O	O	O	O
VI	O	O	O	O	O	O	O	O	O	O
VII	O	O	O	O	O	O	O	O	O	O

Questions to Self...

Notes to Self...

I know my **why** and lived intentionally **today**
I **worked** on things that **mattered** most **today**
I **managed** my physical and mental **energy** well
I felt it was **necessary** to be my best and made "success" my best
I **guided** or **mentored** others well **today**
I **shared** my real self, thoughts or feelings **today**

Today's performance Meter (0-9)

Seek Clarity: 5
Increase Productivity: 6
Generate Energy: 7
Develop Influence: 4
Demonstrate Courage: 3
Raise Necessity: 6

Scope for **Improvement** over **last week**

Health (0 - 9)	5	**Learning** (0 - 9)	6	**Mission** (0 - 9)	5
Mental | Emotional (0 - 9)	6	**Friends** (0 - 9)	5	**Spirit** (0 - 9)	5
Partner | Love (0 - 9)	5	**Experiences** (0 - 9)	6	**Finances** (0 - 9)	4

If **I** was **my** own high performance **coach**, **I** would tell **myself** this statement **about last week**...

What if_____?

These **things** must **happen** this **week** [Major **Projects**]

★ Visit college.
★ Attend Meetups.
★ Visit Chanda M.

The major **deadlines** of this **month** include {Major **Events**}

➢ Meetups.
➢ Blog Deadlines.
➢

I'd feel like **I'm** living **my best life** if **I accomplished** <2yr Goals/>

1. Billionaire
2. Millionaire
3. Quadrillionaire

4 **Great** things **I** made **happen** this past **month**...\\

❖ Wrote to many people
❖ Sent Resumes & CV.
❖ Sent apps.
❖

Blog Title:	Rise of AI	**Scheduled for:**	01 April	**Delegated to:**	Self.
Research Topic:	GOD.	**Scheduled for:**	01 April	**Delegated to:**	Self.

Decisions I made last week that I need to **stick** to

Nutricious, Meal, Spend only on necessary things.

Blocks Available: 17	04 05	06 07	08 09	10 11	12 13	14 15	16 17	18 19	20

Power Words: CALL, PURGE, DRAFT, ASK, DELEGATE, THANK, REVIEW, SHARE, GATHER, ORGANIZE, SEND, PROCESS, FOLLOW-UP, PRISM,

19/03/2019.

Today's Message to Myself ✓

My life motto is 'Do my best, so that I can't blame myself for anything

One thing I can get **excited** about **today** is

New Merchandise

Someone I could **surprise** today with a **gift**, or a **token of appreciation** today is... Sify, Sir, Vinutha

Exercise plan:

A) Cardio
B) Muscles (Upper Body)
C) Muscles (Lower Body)
D) Neurological
E) Gastrointestinal
F) Respiratory

1) Treadmill
2) Elleptical
3) Machine fly
4) Dumbells
5) Pushups.
6) Bendies.
7) Yoga.
8)
9)

Tasks that **must** be done **today!**

Goal[1] Clear Inbox Actions: Organise, Purge Emails.
Goal[2] Actions:
Goal[3] Actions:

Persons I need to **lead or connect** with **today**

@ Vishal # LinkedIn. * Call
@ # *
@ # *

Todays Schedule ⌛ **15m blocks**

0400
0500
0600
0700
0800
0900 Work.
1000
1100
1200
1300 Lunch.
1400
1500
1600
1700
1800
1900
2000

Meals

Breakfast: Tea, chapati, sugar
Lunch: Noodles, juice.
Dinner:
Snacks:
Extras | Invitations...

Habit Streak:

	I	II	III	IV	V	VI	VII	VIII	IX	X
I Gym	●	O	O	O	O	O	O	O	O	O
II Prayers	●	O	O	O	O	O	O	O	O	O
III Book	●	O	O	O	O	O	O	O	O	O
IV Early Bird	●	O	O	O	O	O	O	O	O	O
V Socializing	O	O	O	O	O	O	O	O	O	O
VI Nutritions	●	O	O	O	O	O	O	O	O	O
VII NBD	●	O	O	O	O	O	O	O	O	O

Questions to Self...

Notes to Self...

After watching "the order", what can be the possible explanation of spells and incantations!

I know my **why** and lived intentionally **today**
I **worked** on things that **mattered** most **today**
I **managed** my physical and mental **energy** well
I felt it was **necessary** to be my best and made "success" my best
I **guided** or **mentored** others well **today**
I **shared** my real self, thoughts or feelings **today**

Today's performance Meter (0-9)

Seek Clarity: 6
Increase Productivity: 2
Generate Energy: 7
Develop Influence: 6
Demonstrate Courage: 5
Raise Necessity: 2.

Scope for **Improvement** over **last week**

- Research the topics.
- Check for updates.
-

Health (0 - 9)	7	**Learning** (0 - 9)	3	**Mission** (0 - 9)	2.	If I was **my** own high performance **coach**, I would tell **myself** this statement **about last week**... Not commendable.	
Mental | Emotional (0 - 9)	6	**Friends** (0 - 9)	2	**Spirit** (0 - 9)	4		
Partner | Love (0 - 9)	0	**Experiences** (0 - 9)	5	**Finances** (0 - 9)	2.	What if the world was flat.?	

These **things** must **happen** this **week** [Major **Projects**]

★ Visit College.
★ Present Gifts to People.
★

The major **deadlines** of this **month** include {Major **Events**}

➢ Learn swimming.
➢ Make new friends.
➢ X 2.

I'd **feel** like I'm living **my best life** if I **accomplished** <2yr Goals/>

1. Billionaire.
2. Millionaire.
3. Quadrupillionaire.

4 **Great** things \\I made **happen** this past **month**...\\

❖ Purchased New Gears.
❖ Gave away gifts
❖ Sent letters, emails to key people
❖ Joined Gym, Swimming Pool.

Blog Title: Rise of AI.	**Scheduled for:** April 01	**Delegated to:** Self.	**Decisions** I made last week that I need to **stick** to: Gym, Swimming Practice. Journal, Writing.
Research Topic: GOD.	**Scheduled for:** April 01.	**Delegated to:** Self.	

Blocks Available: 17	04 05	06 07	08 09	10 11	12 13	14 15	16 17	18 19	20

Power Words: CALL, PURGE, DRAFT, ASK, DELEGATE, THANK, REVIEW, SHARE, GATHER, ORGANIZE, SEND, PROCESS, FOLLOW-UP, PRISM,

21/03/2019

★ Call Mum.

⇒ Tahira = 04 Sep 1960 ?

(Asst Mgr.)

College 23rd

~~Postmasters 23rd~~

Study in UK. 24th

X - Australia.

Z ~~= Afghanistan~~.

A ~~= Alasha~~

22/03/2019
Friday.

GOD.

omniscience : all knowing
omnipresent : all present.
omnipotence : all powerful

] eternal & necessary existence.

analogy or literal sense
as distinct properties.

incorporeal : (immaterial)

transcendence : being outside nature

immanance : being in nature.

IDP

→ St. Marks Road.
Excellency Building

(Federal Bank)

N-34.

N-34

cgdd@ibc.co.in

BANK IE ~~FRANCISI~~

N-51

28th

N-71

NOC.

NOC

~~sale.vaze@gmail.com~~

25/03/2019
Monday.

→ NOC for N-51 ★ 28th March 2019

→ dhirenashok@vijayalakshmisilks.com

→ nitika.saxenalko@gmail.com.

26-03-2019

9901982445

NOC
↳ C-64.

for E-22.

→ N-04.
maintenance 5074.

26/03/2019

without any prejudice

→ Parking stickers Register.

Week: True and Drawn statement.

27/03/2019
Wednesday

501 - Ethics in Management.
504 - Managerial skills.
505 - Managing Groups and Teams.
502 - Financial Accounting.
503 - Leadership Labs.
507 - Organisational Behavior.
516 - Marketing
517 - Microeconomics

506 - Optimization and simulation Modelling.
508 - Strategic Leadership
509 - Corporate Finance.
511 - Finance
512 - HRM
513 - Information Management

514 - Macro Economics
518 - Operations
510 - Data Analysis and Decision Making.
515 - Managerial Accounting
519 - Strategy beyond Markets

700-750. Global Study.

Micro Masters Online " " Career Trek 1 " 2. Written Analysis and Workshop. "	2 career Courses " ~~Career Trek~~ Electives.

[~~[illegible]~~]

B-12 manzoorabid@hotmail.com
(Sep/Oct)
Maintenance Bill]

Today's Message to Myself ✓

The world has a need for me. !

Tasks that **must** be done **today!**

Goal[1] Swimming. Actions:
Goal[2] Gym. Actions:
Goal[3] Actions:

Persons I need to **lead or connect** with **today**

@_____ #_____ *_____
@_____ #_____ *_____
@_____ #_____ *_____

One thing I can get **excited** about **today** is

LUNCH.

Someone I could **surprise** today with a **gift**, or a **token of appreciation** today is...

Mom Sis

Exercise plan:

A) Cardio
B) Muscles (Upper Body)
C) Muscles (Lower Body)
D) Neurological
E) Gastrointestinal
F) Respiratory

1) Treadmill
2) Ellipticals
3) Benches
4)
5) Machine Fly
6) Pushups
7) Dumbells.
8)
9)

Todays Schedule ⌛ **15m blocks**

0400
0500
0600 Wakeup.
0700
0800
0900 Breakfast
1000 Work.
1100
1200
1300 Lunch.
1400
1500
1600
1700
1800
1900
2000 Dinner.

Meals

Breakfast: Tea, chapati, Sugar
Lunch: Tea,
Dinner:
Snacks:
Extras | Invitations...

Notes to Self...

Habit Streak:

	I	II	III	IV	V	VI	VII	VIII	IX	X
I **GYM**	O	O	O	O	O	O	O	O	O	O
II **Prayers**	●	O	O	O	O	O	O	O	O	O
III **Reading**	●	O	O	O	O	O	O	O	O	O
IV **Early Bird**	O	O	O	O	O	O	O	O	O	O
V **Socializing**	O	O	O	O	O	O	O	O	O	O
VI **NBD**	O	O	O	O	O	O	O	O	O	O
VII **Nutrition**	●	O	O	O	O	O	O	O	O	O
VIII	O	O	O	O	O	O	O	O	O	O
IX	O	O	O	O	O	O	O	O	O	O
X	O	O	O	O	O	O	O	O	O	O
XI	O	O	O	O	O	O	O	O	O	O
XII	O	O	O	O	O	O	O	O	O	O
XII	O	O	O	O	O	O	O	O	O	O
XIV	O	O	O	O	O	O	O	O	O	O
XV	O	O	O	O	O	O	O	O	O	O
XVI	O	O	O	O	O	O	O	O	O	O

Today's performance Meter (0-9)

Seek Clarity:
Increase Productivity:
Generate Energy:
Develop Influence:
Demonstrate Courage:
Raise Necessity:

Scope for **Improvement** over **last week**

•
•
•

Decisions I made last week that I need to **stick** to

→ Don't be rude
→ Always smile.
→

Health (0 - 9)	6	**Learning** (0 - 9)	3	**Mission** (0 - 9)	5
Mental | Emotional (0 - 9)	5	**Friends** (0 - 9)	4	**Spirit** (0 - 9)	6
Partner | Love (0 - 9)	4	**Experiences** (0 - 9)	7	**Finances** (0 - 9)	3

If **I** was **my** own high performance **coach**, **I** would tell **myself** this statement **about last week**...

Week was dull.

What if I died before turning 35?

These **things** must **happen** this **week** [Major **Projects**]

★ Learn Swimming
★ ~~Meet~~ Support
★ eyes.

The major **deadlines** of this **month** include {Major **Events**}

➢ NA
➢ NA.
➢ NA

I'd feel like I'm living **my best life** if **I accomplished** <2yr Goals/>

1. Billionaire
2. Millionaire
3. Quadrillionaire

4 **Great** things **I** made **happen** this past **month**...\\

❖ Sent emails to key people
❖ Joined clubs.
❖
❖

Blog Title:	**Scheduled for:**	**Delegated to:**
Research Topic:	**Scheduled for:**	**Delegated to:**

Word of the **Day:** Actionable : giving sufficient reason to take legal action.

Grammar for the Day: ,s

Blocks Available: 17	04 05	06 07	08 09	10 11	12 13	14 15	16 17	18 19	20

Power Words: CALL, PURGE, DRAFT, ASK, DELEGATE, THANK, REVIEW, SHARE, GATHER, ORGANIZE, SEND, PROCESS, FOLLOW-UP, PRISM,

9739988100

i-35

Furniture lying in the apartment.

29/03/2019

→ B-65 : Credit Note

→

30/03/2019
Sat

→ Notes for Doctor :

- Short-term Memory.
- Unnecessary thoughts / Distractions / Attention.
- Tiredness.
-

0-24. dem

Call Back.

Washroom
NO water

Main Sir - Visit Technician

water & Electricity

[9886188987] Ravi

(7875726218) Piyush

30/03/2019
Saturday

- Karan khurana.
- B-11

Water problem
Washroom No water.] Done

karan.sife@gmail.com mail sent.

→ 4 W's of Thelogy.

Who is God ?
Where is God ?
What is God ?
What does God want from us individually and/or collectively ?

30/03/2019

★ → [Marhaba Maestros

What say you ?]

[→ It takes 21 days to develop a habit !]

MARHABA MAESTROS

5

Iors Security

M-56.

Akash Singh Bothera

Sarakonnath15@gmail.com

CENTURY GALAXY DEVELOPERS LTD. Bangalore-8

CENTURY GALAXY DEVELOPERS LTD. Bangalore-8

2016
5000

500x6
200x4
160x10
5x1

3000
700
1000

UK.

Check 2:1.

SSN

Kuldeep

15/04/2019
Monday.

→ Dr. Devipraasad — College will call.
Ref: Ms Anila Bajpai

[N-23 = [~~[illegible]~~]
→ NOC not to be issued.

24/04/2019
Wednesday.

→ To: Do

non usable.

~~i) Mail clients~~ ✓ m
~~ii) Call Anila matam.~~
~~iii) Write to Sradha.~~

To: Do →

9xxx

Feb

Jan — 31 March 2017 = 7007

Dec

(5127)

1880

4518.

Politics
Religion
Economics
Socio-Cultural
Technological
Environmental
Legal.

For the losers
By the losers
of the losers.

E-34 | Receipts

sharma_ruchi_j@yahoo.com

mail sent ✓

25/04/2019
Thursday.

[→ kumaravijit87@gmail.com]

Check the Game

25/04/2019
Friday.

~~Definition~~

~~Their vision regarding new~~

→ Definition of IT:

Their definition consists of three categories: techniques for processing, the application of statistical and mathematical methods to decision making, and the simulation of higher order thinking through computer programs.

1645: First mechanical calculator was developed.

02/05/2019
Thursday.

→ Open Cases :

#	Aptt. No.	Incident Summary
1	K-16	~~Balances not showing adding up.~~
2	K-33	
3	K-12	
4	D-07	
5		

H-32 Call back
Siddharth.
- 9880576151 14:00 Hrs.

N-28.
- surbhi.c@gmail.com
↳ anthony.basumatary@gmail.com

42929
41418
84347
34118
50228.

[11 April 2019]
29 April 2019
16102
Challana.
30th April
01 May

(2019)

11/05/19
Saturday

→ zamir.malhotra2000@gmail.com

- (rahulmkgupta@gmail.com)

→ [illegible] D-22

→ D-62, 600'

→ not paid.

→ Lynda.com.

11/05/2019
Saturday

medicine stopped on (12/05/2019).
No innate need of smoking. Yet wanting to experiment with (sleep.)
No medicine for sleep administered.

(SA 150519). (Sleep Logue). (15/05/2019)

12/05/2019.
No Sleep. 14/05/2019.

~~Ms Payee~~

[A-27]

[rakesh agarwal22@gmail.com
Statement of Accounts.]

(15/05/2019)

→ Numbers can be deceiving. Beware!

- The mistake we make is that we don't take into consideration the attributes of individuals but sum as a whole. Humans are not the only species coexisting on this planet.

H [MAXIMUM] 1 year]

15/05/2019.

✓ Follow up on new on Notebook.