

1) Heat up the Soldering Iron. (a special tip is recommended, but not required.)

2) With the insert pre-placed over the hole, gently touch the iron to the insert. Let the weight of the iron gently push the insert into the hole. This process should take about 10-15 seconds.

- 3) When the insert is about 90% inserted, remove the iron. Quickly either:
 - (a) flip the part upside down onto a heat resistant surface, or
- (b) push any flat metal surface (such as a razor blade) onto the insert and push it completely down. Wait 5 seconds for the insert to cool in this position.

4) That's it! Your insert is installed at the proper height and angle.

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The Plate Press Technique Overview

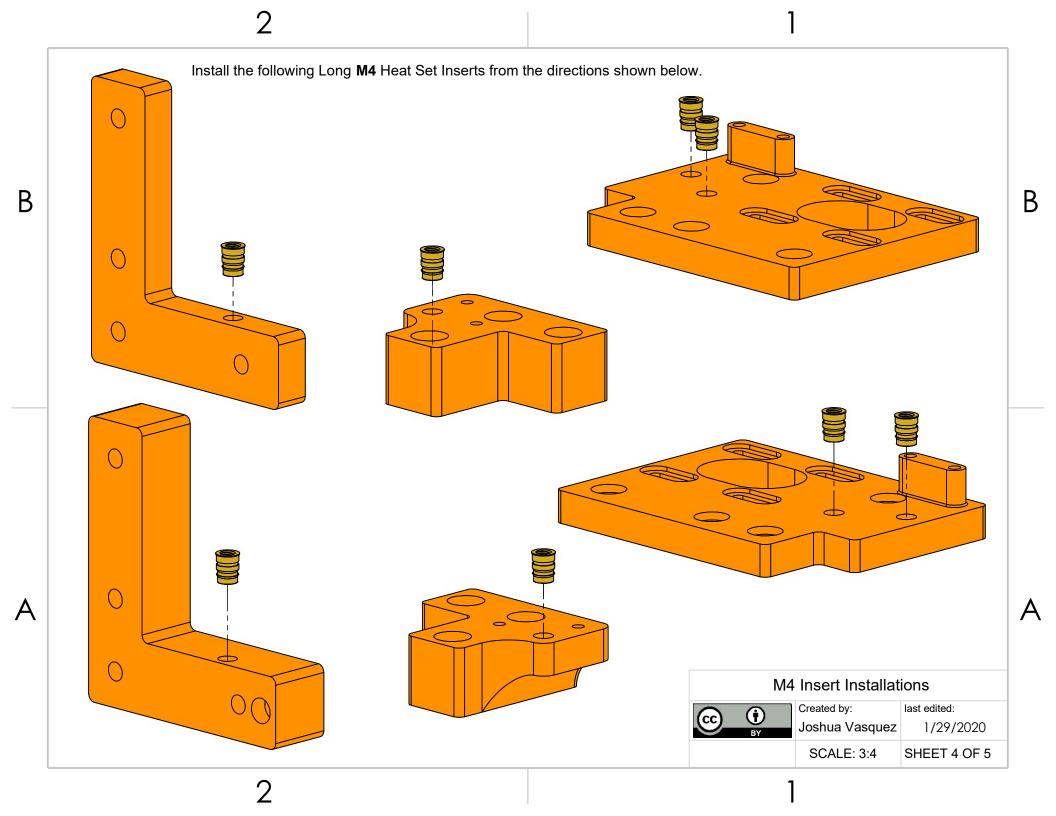
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Joshua Vasquez

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SHEET 3 OF 5

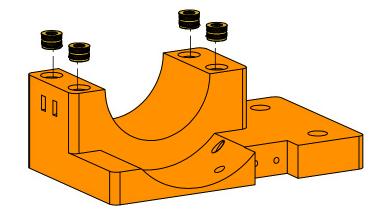
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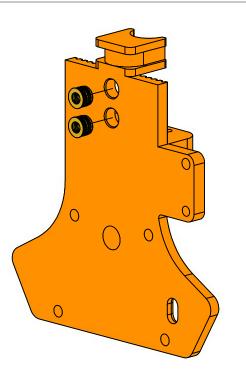
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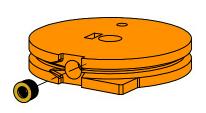


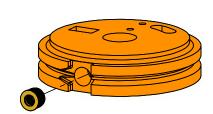
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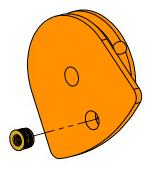
Install the following M3 Heat Set Inserts from the directions shown below.











That's it! Set all these parts aside for use in later instructions.

M3 Insert Installations			
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		SCALE: 3:4	SHEET 5 OF 5

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