



## CERTIFICATION COURSE

# SELF-FUNDING

*Delivered Online Self-Study and in the Classroom*



## COURSE SUMMARY

### Part One

- Self-Funding—What Is It, and Why Is It Growing in Popularity?
- ERISA and Self-Funding
- Plan Documents
- Comparison of Plan Funding Options
- Stop-loss Underwriting
- Stop-loss 101; Terms and Concepts

### Part Two

- Stop-loss 101; Terms and Concepts (continued)
- Plan Design
- Setting Rates
- Due Diligence on Stop-loss Carriers
- Reinsurance Arrangements
- Underwriting and Placement of Stop-loss coverage

### Part Three

- Stop-loss Claims Submission and Payment
- Renewal Practices and Philosophy
- Due Diligence on TPAs
- COBRA / HIPAA Administration
- Setting Rates
- PPACA
- Summary

Developed by experts in the market space, this three-hour in-depth continuing education accredited course instruction will ensure that students understand the key technical components of self-funding and are better prepared to counsel their clients on the various benefits of elimination of most premium tax, lowering cost of administration, claims/administration and customer service for employees.

Historically, employers have turned to the self-funding of their health plans when traditional insurance programs failed to meet their cost expectations. The many thousands of employers in the United States who have implemented self-insured medical programs later discovered other advantages, such as coverage flexibility and client-specific benefit plan administration.

**Self-funding is one of the most effective ways employers can control the rising costs of healthcare coverage. In understanding self-funding as a concept and how it differs from fully insured products, this course will help provide in detail how it all works and proven methods for communicating this option to employers and employees in a compelling way.**



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Course instruction will be delivered through NAHU's Online Learning Institute:  
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Contact Student Services:  
[ProfessionalDevelopment@nahu.org](mailto:ProfessionalDevelopment@nahu.org) or (844) 257-0990

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