



5 Steps to Protecting Your Organization From Cyber Attacks

Presented by
Jack McGrath
President
Digitec Interactive
July 2017

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QUESTIONS?

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TODAY'S PRESENTER

Jack McGrath

President of Digitec Interactive

- Digitec has been designing and developing interactive learning since the 1990s and is nationally recognized for eLearning course design.
- Digitec has delivered **cyber security** training for organizations including ISACA, GoPro, Cisco Systems, NetDefense Pro and others.
- Digitec also designs and delivers online compliance training.

WHY?

- The latest hacking scams are targeting agencies/brokers, human resource departments, providers and carriers. All the people that we work with on a daily basis.
- Social media and job search sites are also being targeted.

WHY?

- Who has all the information needed to steal an identity—name, address, DOB, SSN
- The targeted companies don't necessarily have training systems in place to protect data
- Don't become one of the statistics that will be mentioned in this presentation

AGENDA – TOP 5

1. Think before you click - Avoiding phishing scams and ransomware.
2. Be a human firewall - Spotting and thwarting social engineering scams and identity scams
3. Reinforce password security
4. Be afraid of USB drives and public connections
5. Do continual employee security awareness training

Statistics

- 62% of cyberattacks are targeted at small and medium sized companies
- 2016 saw a 752% hike in new ransomware families which resulted in \$1 billion in losses for enterprises worldwide, according to Trend Micro
- 80% of cyberattacks are caused by your employees
- A 2012 study by the National Cyber Security Alliance, found that 60 % of small firms go out of business within six months of a data breach.

**DON'T LET THIS
BE YOU!**

References:

- Bruemmer, Michael. (2014) Experian. Reported in USA Today
- Trend Micro
- Timothy Francis, "Hacked: The Implications of a Cyber Breach," Travelers Insurance
- National Cyber Security Alliance, (2012) America's Small Businesses Must Take Online Security More Seriously

1. Think before you click

What is phishing?

- Attempt to gain personal information from an individual by pretending to be a reputable organization.
- Most often this occurs through email but sometimes through text messaging as well.

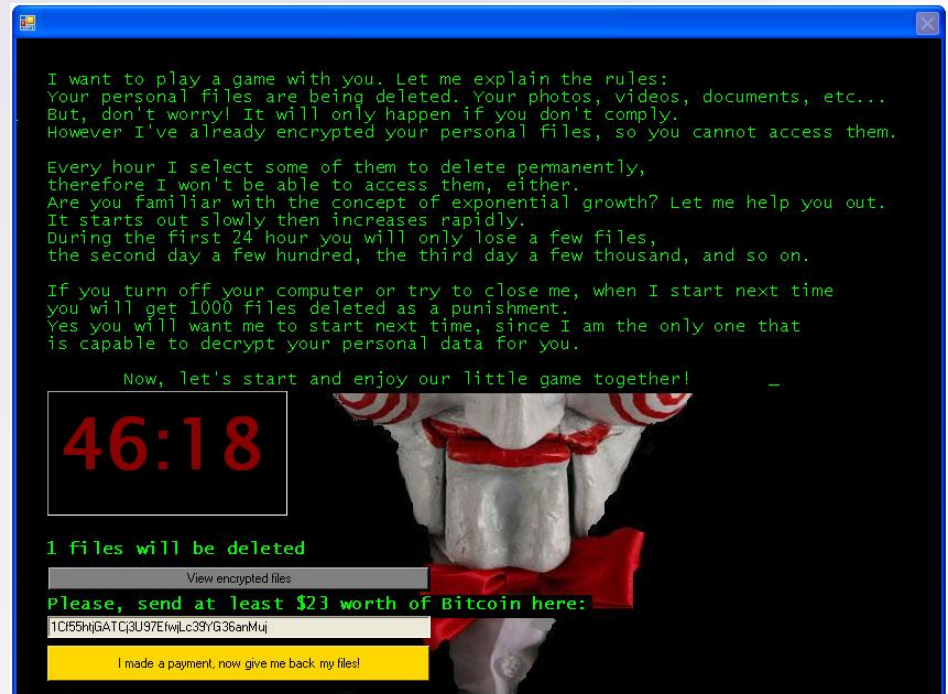


A person may receive an email from someone pretending to be from the bank for example, suggesting the account has been fraudulently accessed. They are asked to verify the account details to protect your account. When verified, the account details and personal information is sent.

1. Think before you click

What is ransomware?

- Accesses information on your network
- Encrypts your data
- Demands a fee to release your data.
- You are then locked out of your data until you pay their fee for release.



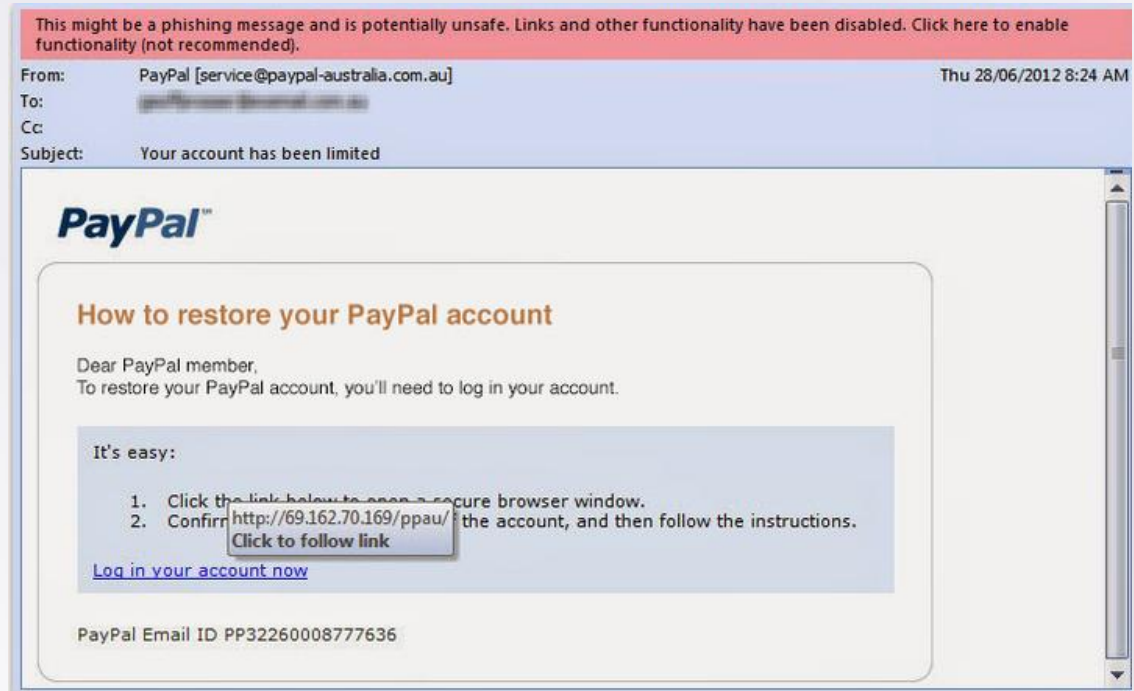
Typically, the victim is told to pay the ransom amount in bitcoin. Bitcoin is a type of digital currency in which encryption techniques are used to verify the transfer of funds

DO NOT PAY. Contact the authorities.

1. Think before you click

Be skeptical. Is this a phishing scam?

- Are there any red flags in this email?
- Does it look legitimate?
- How can you tell?

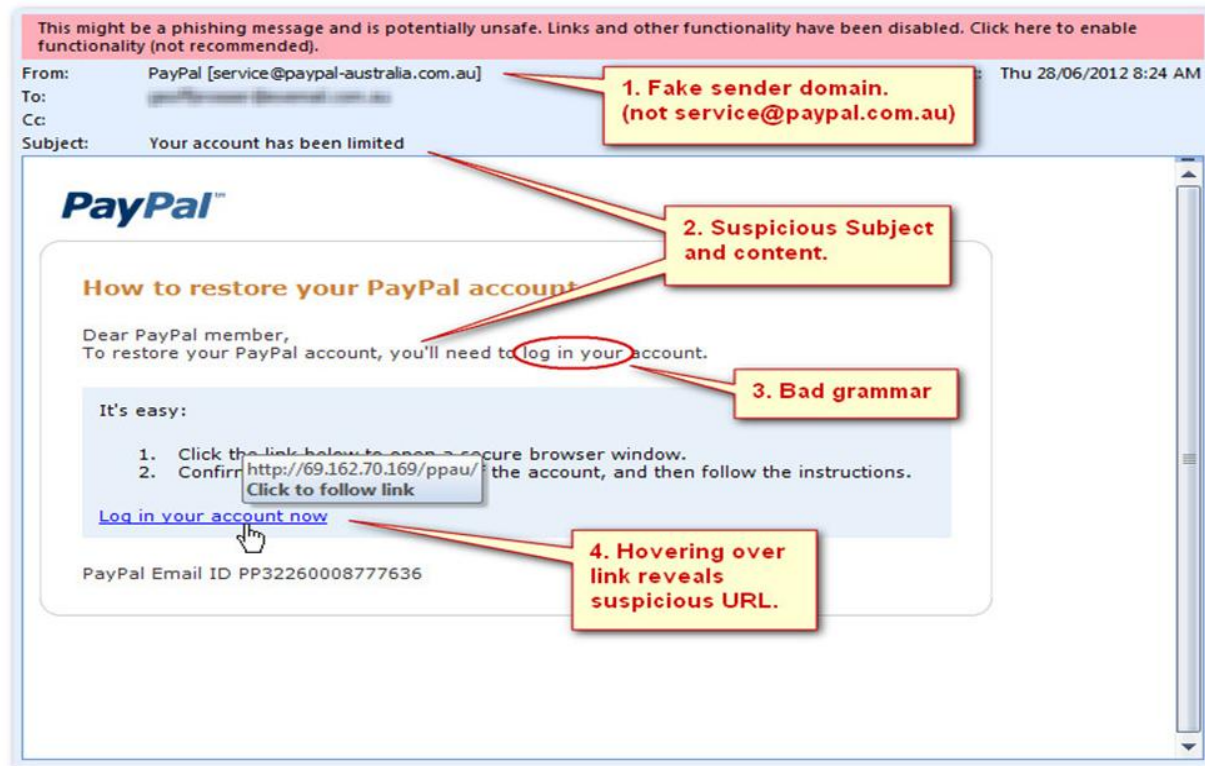


1. Think before you click

What do you look for?

- Fake sender domain
- Suspicious subject and content
- Bad grammar
- Suspicious URL

ALERT
HR scams involving
job postings



2. Be a Human Firewall

What is a social engineering scam?

- Someone plays the part of a person of authority at a company
- They attempt to obtain sensitive information from someone within the company.

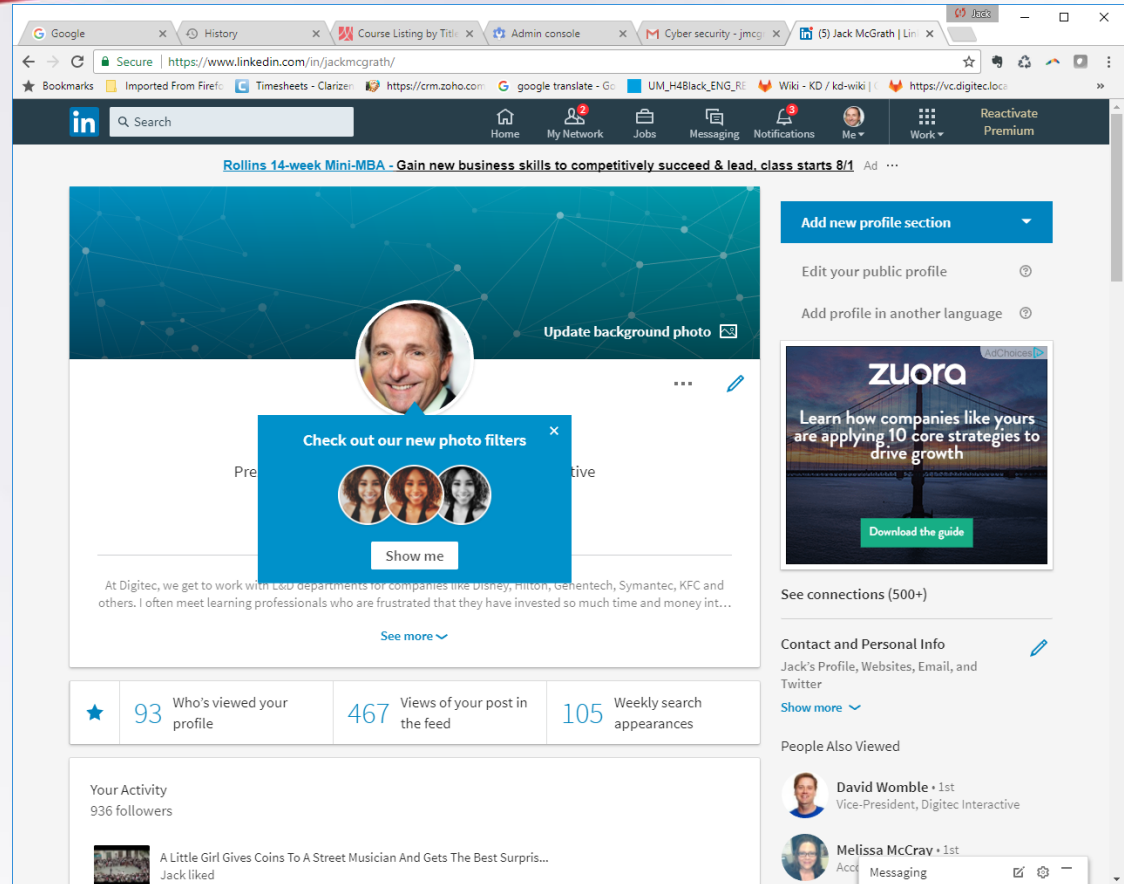


*A criminal pretends to be a coworker or a level of upper management. They call **or email** asking for a password reset or some other piece of sensitive data. They seem official, using the correct name and email of the person they are imitating. The employee complies by either providing company information or resetting passwords. By doing so, they have just given a criminal access to the data.*

2. Be a Human Firewall

Social media mining

LinkedIn, and other popular social networking sites, are additional sources for these types of cyber attacks.



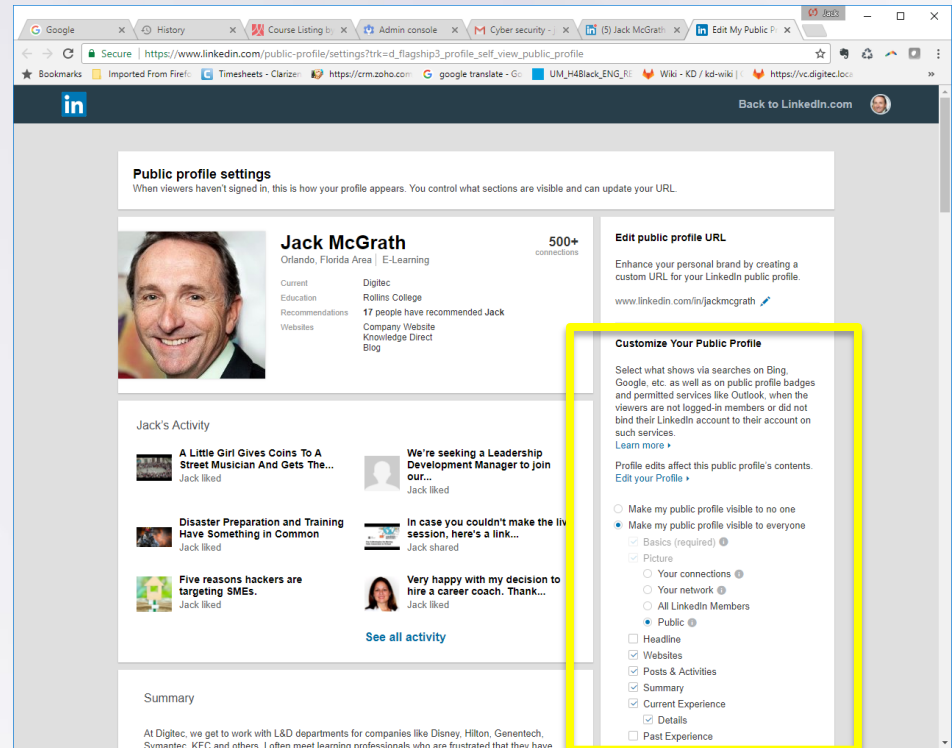
The FBI recently completed a study showing a 270% increase of identified victims, with over \$2.3 B in losses due to these scams and activities.

Reference:
Krebson security, (2016) "FBI: \$2.3 Billion Lost to CEO Email Scams"

2. Be a Human Firewall

Think like a “firewall”

- Scrutinize all incoming requests
- Verify (**Is Joe from IT working from home today?**)
- Confirm the information before taking action
- Be wary how much information you share on social media



3. Reinforce password security

Most hacked passwords of 2016

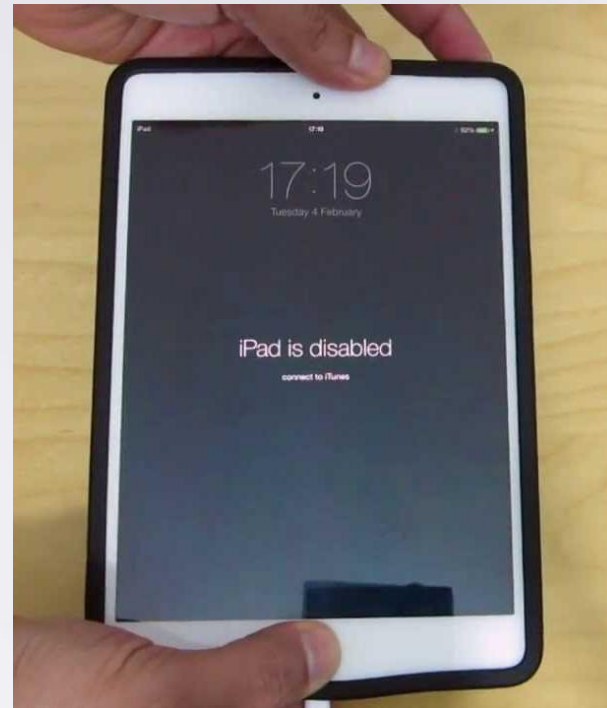
- | | | |
|--------------|----------------|----------------|
| 1. 123456 | 11. welcome | 21. princess |
| 2. Password | 12. 1234567890 | 22. qwertyuiop |
| 3. 12345678 | 13. abc123 | 23. solo |
| 4. Qwerty | 14. 111111 | 24. passw0rd |
| 5. 12345 | 15. 1qaz2wsx | 25. starwars |
| 6. 123456789 | 16. dragon | |
| 7. football | 17. master | |
| 8. 1234 | 18. monkey | |
| 9. 1234567 | 19. letmein | |
| 10. baseball | 20. login | |

Source: The Guardian, "How to create the perfect password" 2016)



3. Reinforce password security

- Check your existing password
- Make it long
- Passphrase not password
- Use special characters
- Maintain digital hygiene
- Lock your computer and tablet



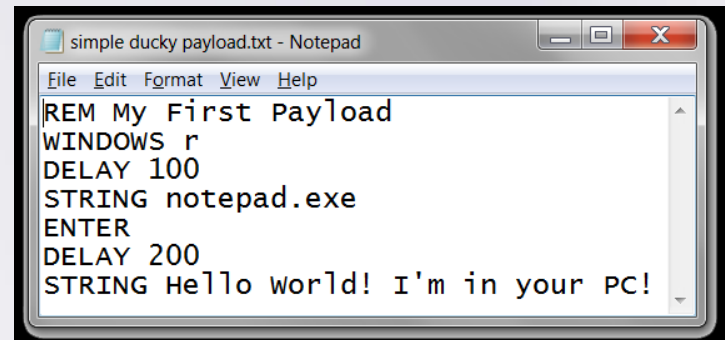
Consider a password manager

A password manager is a software application or hardware that helps a user store and organize passwords. Password managers usually store passwords encrypted, requiring the user to create a master password: a single, ideally very strong password which grants the user access to their entire password database.

4. Be afraid of USB drives and public connections

USB drives are sources of malware

- Can introduce threats such as the Stuxnet malicious computer worm
- Antivirus is a must! Make sure you have Norton or Symantec running and updated



```
simple ducky payload.txt - Notepad
File Edit Format View Help
REM My First Payload
WINDOWS r
DELAY 100
STRING notepad.exe
ENTER
DELAY 200
STRING Hello world! I'm in your PC!
```

“If someone plugs an infected USB drive into their home computer they could inadvertently upload a virus and potentially cripple the machine. And if they connect to their office network the worm can upload and replicate itself on the network.”

-Norton 2016

4. Be afraid of USB drives and public connections

Wifi insecurities and mobile devices

- Free airport and hotel wifi is not safe. Use your phone as a hotspot
- For mobile devices, use a 'kill' program, so if a phone or tablet is lost or stolen, the data can be quickly and remotely wiped.



5. Do continual employee security awareness training

Cybersecurity training

- The best defense against an attack is employee awareness
- IT departments can't be everywhere at once, and need an informed workplace to help protect the assets
- Some states have cyber security laws that require training, with potential fines



Employees result in 80% of all cybersecurity issues.

5. Do continual employee security awareness training

Provide ongoing cyber security training

- Startup course
- Monthly updates
- Phishing attack simulations
- Dashboard tracking



RECAP

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CONTACT

Jack McGrath

Digitec Interactive

6000 Metrowest Blvd
Suite 200
Orlando, FL 32835
(407) 299-1800

www.netdefensepro.com
info@netdefensepro.com



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