

## Saturn Signs Saturn in the Birth Chart

### What are Saturn Signs?

Saturn Signs present challenges to us which make us grow up. Saturn represents restrictions, limitations, delays and authority. If you've ever heard your parents tell you they were doing something for your own good, well, that's Saturn.

Just like listening to your parents, our Saturn Sign is out to teach us mastery over our lives. And, as usual, that means plain hard work and practice, practice, practice. Saturn is a big fan of the schools of trial and error and hard knocks. What better way is there to learn, right? For some of us, that means being ridiculed for our errors, feeling inadequate and inferior. Feeling like you need to measure up to a standard is part of your Saturn Sign's lesson.

Saturn Signs Saturn Signs help us mature. It takes almost 30 years for Saturn to return to the place it was when you were born—is it any wonder there is a big difference in those under 30 and those over that age? Later it's in opposition to our natal Saturn at just about the time the proverbial middle age crisis sets in. This is the age where decisions are made that can result in a vibrant, active older life or one of disappointment and depression.

Structure and discipline are needed for life and society to succeed. Saturn keeps reminding us how true that is and makes sure we learn it. Saturn energy also affects our body's growth. Too much Saturn energy can cause overgrowth, such as calcifications appearing where they shouldn't. In our culture, too much Saturn energy is reflected in the rule of tyrants and dictators.

Planet Saturn Even with all this negativity, Saturn is also in control of cultural achievement. CEOs and government officials often have a strong Saturn influence. Rigid cultural systems of behavior are very Saturnine in their development.

Those people who are described as having a Saturnine disposition are usually rather grim and without humor. Those with a strong Saturn influence may feel overwhelmed by the challenges they face in life and may proceed with excessive caution. On the other hand, someone with a prominent Saturn may achieve quite a bit,

overcoming their adversity with sheer determination. These achievements may be material, financial or spiritual. It is how we react to our challenges that determine the outcome.

Saturn Signs' seriousness keeps us on the straight and narrow, forcing us to go through lessons we may otherwise wish to avoid. This balances out the optimism given by Jupiter. This planet will define your sense of responsibility by bringing definition and setting limits and rules. Depending on your outlook, your Saturn Sign can actually be helpful in guiding your achievements and focus in life.

## Aries Saturn Sign

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While Saturn in Aries may cause a delayed development of ambition in their life, they may end up taking on a lot of responsibility when still very young. Obstacles arise that may block progress. Having to assert themselves can cause a lot of anxiety. Anger may be an issue,

although others see them as controlled and cool the majority of the time. Aries Saturn can create a sense of responsibility for oneself, though they may lack confidence. They don't like risks, which may make them appear weak. Some may overcompensate by taking risks that seem foolhardy.

Saturn in Aries may miss out on some opportunities due to their caution. They learn to choose their battles and face the necessary ones with courage. They feel like they won't get what they want from life, but then, they often don't ask. They may be shy or withdrawn. Conversely, they may also be in your face. They are afraid of failure and rejection. Their frustration with their own inner conflicts may cause them to seek to understand themselves.

Aries Saturn can have good concentration and reasoning skills. They may be a bit suspicious of those who are above them at work or school. They may try to force their ideas of right and wrong on others, as they have an innate need to be in control of every situation. They need skills in self-sufficiency and self-reliance to succeed. It is well for them to develop a nice social persona to help them overcome any feelings of self-doubt or fear and face life's challenges with confidence.

Physical exercise is important for Saturn in Aries to ward off circulatory issues. They may be prone to congestion which can cause headaches due to the restricted flow. They also want to be sure and drink enough water to flush out their kidneys to prevent problems.

Aries Saturn needs to learn what is worth the effort and what is not. Deciding which opportunities are worth the time needed is a skill that will lead them to success or ruin. They may experience a nice balance between impulsiveness and caution.

## Taurus Saturn Sign

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Saturn in Taurus has a deep need to feel secure; both emotionally and financially. They like to keep a strict control over their daily tasks. Unfortunately for them, nothing comes easy. They have to work hard for everything they get. They tend to be thrifty. They are

patient and disciplined, with a matter-of-fact attitude. While they are not very spontaneous, they are more than willing to work as hard as necessary to attain their goals.

Taurus Saturn does well in politics or business. The arts may hold some interest for them. They don't rush their decisions in anything. They are reliable friends to have around. Saturn in Taurus has some trouble with unconditional love; they can't help but expect some compensation for what they give. They either undervalue or overvalue their possessions and assets. They often will only settle for all or nothing in a given situation. It benefits them to realize that under it all, they may be trying to buy love. Once this fact is accepted, they can use their accumulation skills much more effectively in a healthy way.

Saturn in Taurus is loyal and trustworthy. Once they find a position on something, they are hard to persuade to see a different view. While it may take them awhile to decide what to say, once they decide they are often worth listening to.

They can sometimes be possessive or miserly. At other times, Taurus Saturn may feel it is greedy to accept wealth for

themselves and feel guilty for owning nice things. They don't want to appear selfish. When they fall into this category, they are happy to have a place to live and a few bucks in their pocket. At the same time, they may fear losing what they have.

Taurus Saturn can be jealous, stubborn and have great endurance. They can discipline themselves to the point that they can easily put off immediate gratification as long as the reward is visible in the future. They must learn to manage finances practically.

Physically, Saturn in Taurus may have to deal with problems of the throat. This may relate to problems with speech in some people.

## Gemini Saturn Sign

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Saturn in Gemini can adapt to different situations easily, using a systematic and logical approach. They are cool and rational in the face of adversity. They have excellent powers of reasoning, so they do well in mathematics and science.

They may have difficulty at first in learning situations, but once a lesson is learned, they never forget. Learning disabilities may occur. They may have difficulties early in life with communication. Public speaking is challenging for them. It is imperative that they learn how to communicate clearly to succeed in life. Saturn in Gemini has a good head for business, however. They have a talent for cutting through to the hard facts. They are capable of producing tangible results with little input.

Gemini Saturn is very serious, and they have new ideas popping into their heads all the time, though they may be afraid of trying something new. They are very organized and can be very nitpicky about details on projects. Many have a lifelong interest in history, either as a hobby or as a career, such as archeology. They are stable. They may have doubts about their own abilities. They may tend to feel isolated. They make excellent writers, and some like to teach.

Gemini Saturn must learn to keep a positive attitude and have faith in themselves. Nervous strain can be a problem if they don't learn to let go of tension. They don't like to chitchat,

and they dislike superficiality. They relate best to logical thinking and ideas.

Physically, Saturn in Gemini's weak point is the lungs. The throat may also be afflicted as the center of speech. They need to learn that challenges mean opportunity. Challenges should be faced and overcome rather than avoided. Negative thinking is one challenge faced by many with Saturn in Gemini. They may also have difficulty relating to family, both mentally and physically. Making connections with others is an important issue to deal with.

## Cancer Saturn Sign

### Cancer Saturn Sign

Saturn in Cancer is not very emotionally demonstrative. They prefer to hide their inner thoughts and feelings. Home and family is of utmost importance. They often give up other opportunities to take care of their family. They often have a strong bond with their family members, though they have trouble expressing it. Life lessons include learning to feel empathy and the value of responsibility.

Saturn in Cancer can easily be depressed. They may appear clingy or fearful. They constantly need to overcome insecurity. They may obsess about creating the love they feel they missed out on as a child. While they hate feeling dependent on others, they constantly need to be reassured they are loved and needed. They often feel that no matter how much they accumulate, it isn't enough. Once they realize this, they can make great strides towards self-confidence and feelings of security. It is a giant step once they realize they can do this on their own.

Cancer Saturn may be slightly restricted by their past. They may feel guilty about the past. Having a home and family make them feel secure and in control. They have a good survivalist instinct, and they often make the best of difficult situations. They need to remember that difficulties that present themselves are opportunities.

Physically, they may experience issues with the chest, breasts and stomach. They may feel unnourished emotionally or spiritually, and this may manifest as a physical ailment. Hypersensitivity, inhibitions and emotional insecurity all contribute to these issues and need to be overcome for success. Because of this hypersensitivity, emotional upheavals experienced as a child may create fear and insecurity well into adulthood. They may try to build a wall around themselves to keep others at a distance. Self-acceptance is a giant step towards a better life. Learning how to heal that child within and address those old fears will help heal the adult with Saturn in Cancer as well.

## Leo Saturn Sign

### Leo Saturn Sign

Saturn in Leo has a strong need for recognition. They clearly want to be the leader. They have a lot of creative talent, but find it difficult to express it. They expect a lot from themselves and others. They are the disciplinarian at home. Children may seem burdensome to them. They have a limited sense of humor, and appear very cautious and reserved.

Leo Saturn can undermine their goals by undervaluing themselves. This attitude of inferiority can sabotage all they work towards. Their feelings of jealousy and lack of spontaneity can push others away. They often put up a coldness towards others to protect themselves emotionally. Their challenge is to connect with others and find value within themselves.

Leo Saturn can, with success, become the childlike innocent who is as old as the hills, full of wisdom. They can be the successful politician who works their way up through the ranks. They are admired and loved, even though they don't feel comfortable in the spotlight.

Saturn in Leo is strong-willed. They need to work on expressing their love for others and their humility. Cooperation may be a challenge for them. They may be over-cautious. Life challenges

them to properly use their personal power, creativity and ego. They will be faced with challenges in parenting, social life, romance and control. If they learn to successfully deal with these issues, they will have a joyful life full of vitality and spontaneity.

Physically, Saturn in Leo may be prone to issues of the heart, spine and back. This may be heart disease, circulation problems or other issues. They may resist authority if they perceive it comes from outside of themselves. They may need to work on themselves a bit to grow. Humbling experiences may play a role in their becoming a better person. They need to let go of their ego and listen to their higher Self.

## Virgo Saturn Sign

### Virgo Saturn Sign

Saturn in Virgo is practical and a hard worker. They can be very serious. They are good at researching, strategizing and record-keeping. Trivial details may distract them. They are cautious and conservative, planning well for the future. They may be self-critical and undervalue their own talents. Despite what they tend to think, you don't need to be perfect to be successful.

Virgo Saturn shuns the limelight. Shy and reserved, they are timid in public. They may have obsessive compulsive traits or fears to deal with. Routine and order are important components in their lives. They may get so caught up in the details, however that they lose sight of the big picture. This can lead to frustration. Learning disabilities may occur. They may stay isolated. They can discourage themselves and others from trying new projects.

Virgo Saturn likes to control their environment. If they can get over losing control of it, they can express the creativity that lurks within. They are very responsible and may have talents at repairing things. They are concerned with health, nutrition and hygiene.

The lesson set before Saturn in Virgo is discrimination: they need to learn how to decide what is important and what isn't. They need to learn to curb their criticism and work on their sense of humor. Their precision and accuracy will be prized in any field that requires detailed work. They do well in science, mathematics, medicine, and engineering, among others.

Physically, issues may arise with the abdominal area, especially the small intestine. Their digestion can be delicate at times. They may become preoccupied with how the body works. Saturn in Virgo is very observant. They are capable of abstaining from many things in order to reach their goals. If they have problems dealing with life, they can develop nervous problems. They need to learn to obsess and worry less about unimportant details and focus on those of importance.

## Libra Saturn Sign

### Libra Saturn Sign

Saturn in Libra is just and fair. They are refined and intellectual. They are natural diplomats and have a great sense of tact. They cooperate rather than compete, which makes it easy for them to work with others.

Libra Saturn may not get into relationships easily. Marriage may take a lot of work to be successful. They tend to have a bit of an inferiority complex when it comes to relationships. They may inadvertently run off those who are interested in getting to know them because they feel unlovable. They are afraid of rejection, and may try to shut themselves away. On the other hand, Saturn can stabilize Libran characteristics, making them more decisive and stable.

Saturn in Libra craves a solid relationship, but they may break the rules they set themselves, causing problems with their partner. They may limit themselves in fear of losing their partner. On the other hand, they have no problems using a partner simply for appearances.

For success, they must learn how to relate to other people on a personal and social level. They need to take responsibility for their actions in relationships. It lies entirely in their hands whether a relationship will be the source of growth or suffering. If they are receptive, reliable, tactful and organized, they could gain status and wealth.

Physically, Libra Saturn can have issues with the kidneys, intestine and lower back. They are not overly emotional. When a decision needs to be made, they weigh the pros and cons carefully. They need to find the balance between love and discipline, and give of themselves. Flexibility, patience and endurance will be skills that are often used.

When all is aligned, Saturn in Libra is pleasant, cares about others, and is tireless in serving. They can be artistic, or help civilize those who need the lessons. The companionship they seek can give them solace and security.



## Scorpio Saturn Sign

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Saturn in Scorpio is impatient. They demand a lot from themselves and from those around them. They can be so intense that it can be overwhelming to those who are not as directed as they are. Full of willpower and energy, they are so determined to meet their goals it is hard for

them to remain calm. They are not the type to stop and smell the roses. Instead of going gung ho for their goals, however, they are usually more subtle and calculating.

Saturn in Scorpio can be secretive. When hurt, they can be unforgiving. They don't like to be treated unfairly. They may be cunning, resentful, jealous, or possessive. They are shrewd and like to come out on top of any type of deal.

Scorpio Saturn fears emotional rejection and being inadequate. This fear may cause them to overcompensate in other areas. This fear may also be self-fulfilling. They are afraid of being taken advantage of. By examining their true motives, they may be able to overcome these fears and break the cycle through healing. Scorpio Saturn keeps their motivations hidden deeply. They may be from psychological, emotional or psychic causes. By revealing their motivations, they may master their issues.

They often seek power through covert means. They may dabble in the occult. They work very diligently to achieve self-control. Passionate and intense, Saturn in Scorpio can also find themselves deep in denial. Struggling through their issues will help them deal with their emotional nature.

Scorpio Saturn is resourceful, but they can be vindictive or withdrawn. They do well if they learn to be responsible enough to handle other people's possessions. They must learn to be calm, efficient and thorough. Emotional restraint will do them well.

Physically, Scorpio Saturn may be beset with issues in the reproductive system or the organs of elimination. Bowel obstructions may be a problem. Often associated with negative energy, Saturn in Scorpio must battle to overcome it if they wish to succeed.

### Sagittarius Saturn Sign

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Saturn in Sagittarius is serious when it comes to philosophy, education and religion. They are highly principled, believing that people earn their achievements through hard work. Reputation is very important to them. They may not have been able to get the education they

desired, so many are self-taught to a degree. Intellectual capability is important to them. They may be skeptical and need to prove their theories.

Sagittarius Saturn is conservative, and they change only with much resistance. They may be very narrow-minded when it comes to philosophy or religion. With Saturn in Sagittarius, it gains structure and goals. They love to learn and now they have the focus they need. Alternatively, they can also develop tunnel vision.

They may be attracted to games of chance. They enjoy the adventure and excitement associated with it. They are very logical. It is hard for them to appreciate the magic in a sunset or a rainbow. They may fear they will be punished if they don't live on the straight and narrow. If they let fear rule their life, they may become cynical, critical and forlorn.

Alternatively, Saturn in Sagittarius can become disillusioned with authority and create their own through the use of strong intuition. By letting go of their fear, they can evolve into a better self. They still want their freedom, just with rules. They like to travel.

Sagittarius Saturn must learn to trust. They may be open and honest, or careless, rebellious and indecisive. Unless they learn to open up, they will continue to suffer. They may need to judge more carefully or learn what is appropriate and what is not. Once they work through their issues they can become a recognized authority in their chosen field or gain distinction in some other way.

Physically, Saturn in Sagittarius may suffer difficulties with the muscles, hips, sciatic nerve and liver. Exercise is important to keep flexibility in these areas.

## Capricorn Saturn Sign

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Saturn in Capricorn is ambitious and hungry for power. They are focused on their career. A great organizer and planner, they easily assume responsibility and can be relied upon to take care of business. They may find it difficult to delegate, so may end up doing all the work themselves. It is hard for them to believe that others can produce results that are up to their tough standards. They are very comfortable in a business or government job.

Capricorn Saturn prefers an environment that is unemotional, impersonal and structured. They rise through the ranks at work at a steady, if slow, pace. They are self-disciplined and hard working. They fear not being recognized for their efforts. They like rules.

Capricorn Saturn is always working, mostly for the benefit of others. If they really examine why they are so dedicated to the job above all else, they may find that they are afraid that if they don't they won't be able to control their environment. They feel a strong need to control their surroundings before it controls them. They seldom take the time to relax and enjoy themselves or their family.

Saturn in Capricorn is very cautious and detail-oriented. They can be very charming or persistent when they want something. They are gifted with persuasion, and may make an effective speaker. They are fair and impartial. They have great foresight, and are gifted with practical matters. Some will be concerned with developing prestige. They have a strong sense of duty, but don't always find joy in accomplishing their task. They may find fulfillment in service to others.

Capricorn Saturn's challenge is to learn to deal effectively with authority, status and power. They need financial security and self-sufficiency to give them a solid base for them to succeed.

Physically, Saturn in Capricorn may have difficulties with the skeleton, knees and skin. They are blessed with endurance if they avoid excess.

## Aquarius Saturn Sign

### Aquarius Saturn Sign

Saturn in Aquarius has the ability to really concentrate. They have a scientific mind. They are inventive and original, if a bit conservative. They may see the future as bleak. They often work towards improving society. They are good at organizing.

Aquarius Saturn is a good friend. They are responsible, loyal and impartial. They are level-headed and stable. It may be difficult for them to make friends. They may be a loner socially, but they really want to be a part of a group. It is difficult for them to be accepted because they can't help the superiority complex they exude.

In order to grow, it may be necessary for them to admit how they feel and that they are unhappy. This can be very difficult for them, because they have always acted like they are "cool for being different." They may also just stay in the background because it is too frustrating to do otherwise. Seeing things in a unique way is valuable, and they need to realize that they can make good contributions to the group.

Saturn in Aquarius needs structure in their life, but it will be unconventional. They need a place to share their ideas, even when they are impractical or fanciful. Their big challenge is to grow while being open and fair to everyone. They can be strong, impersonal and scientific, or cold, unloving and opinionated. They may resent being told what they don't want to hear.

For success in life, they need to learn a tolerant, impartial attitude in public. They should develop their intuition and original thinking skills. Using these skills in practical applications will contribute to their happiness.

Physically, it is important for those with Saturn in Aquarius to keep their circulatory and nervous systems healthy. This also affects the heart. Obstructions in the circulation lead to serious life-threatening conditions. Obstructions in the nervous system lead to numbness and loss of sensation.

## Pisces Saturn Sign

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Saturn in Pisces is sensitive. They often feel defenseless or vulnerable. They may be a bit paranoid because it is easier for them to see the negative side than the positive side. They may feel like a victim or a martyr.

Saturn in Pisces can turn their sensitivity into a positive thing. They can be compassionate and pragmatic. They can be artistic, spiritual or psychic. They may find a need for religion, as it gives them structure and security.

Pisces Saturn may need to work on developing self-confidence to fully appreciate their abilities. They need to learn to trust and listen to their subconscious. They can be a bit more realistic than you'd expect.

Pisces Saturn can have trouble letting go of hurts from the past. This can leave them fearful. It can be a challenge to them to study their past, accept it and let it go. They need to be less defensive and open to the present.

Pisces Saturn is patient and can be very self-sacrificing. They have more endurance than they think they do. They can be very sympathetic, but have issues with being loving and detached at the same time. They need to learn not to identify with the problems of others too deeply.

The life lesson for Saturn in Pisces is to grow in emotional understanding, humility and compassion. They feel obligated to help those less fortunate than themselves. They may need to overcome negative emotions, deep fears and a wandering imagination. They are adept in the fields of social work, medical care, teaching, religion and the arts.

Physically, Saturn in Pisces may deal with difficulties of the feet. It is analogous with how they stand in life or tread the path. Foot bones may be a source of pain. The lymphatic system may also cause issues. The body may be oversensitive and weaker than assumed.