










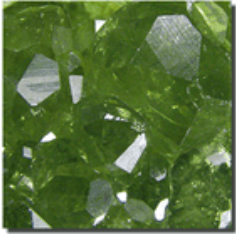





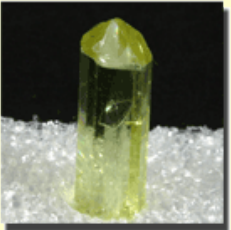


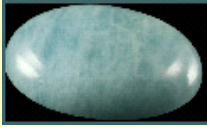








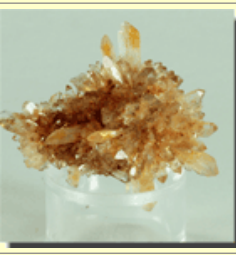










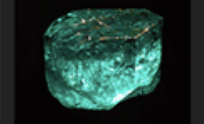

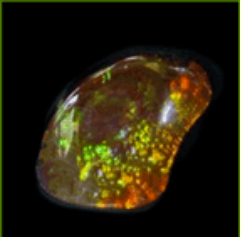









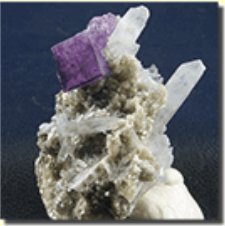

		<u>Aegirine</u> The Stone of Conviction		
		<u>Agate</u> Stones of Inner Stability		
		<u>Amber</u> Gold of the Sea		
		<u>Almandine</u> Stone of Tangible Truth		
		<u>Amazonite</u> Stone of Courage Stone of Truth		
		<u>Amethyst</u> The Artist Stone The Composer's Stone		













		<p><u>Andradite Garnet</u></p> <p>Stone of Emotional Strength</p>	
		<p><u>Apatite (Blue)</u></p> <p>Stone of Manifestation</p>	
		<p><u>Apatite (Green)</u></p> <p>The Earth Healer Stone</p>	
		<p><u>Apatite (Yellow)</u></p> <p>The Stone of the Future</p>	
		<p><u>Aquamarine</u></p> <p>The Stone of the Sea</p>	
		<p><u>Aura Quartz</u></p> <p>A Stone of the New Age</p>	
		<p><u>Aventurine (Blue)</u></p> <p>Angel Raphael's Stone</p>	













			<p><u>Aventurine (Green)</u></p> <p>The Stone of Opportunity</p>	
			<p><u>Aventurine (Red)</u></p> <p>The Stone of Action</p>	
			<p><u>Azurite</u></p> <p>The Stone of Heaven</p>	
				
Bixbite - see Red Beryl				
Black Jade - See Jade (Black)				
			<p><u>Bloodstone</u></p> <p>Christ's Stone</p>	
			<p><u>Blue Chalcedony</u></p> <p>The Speaker's Stone</p>	
Blue Jade - See Jade (Blue)				
			<p><u>Blue Lace Agate</u></p> <p>The Diplomat's Stone</p>	

			<p><u>Botswana Agate</u></p> <p>The Sunset Stone</p>	
			<p><u>Brandberg Amethyst</u></p> <p>The Master Healer</p>	
				
			<p><u>Cacoxenite</u></p> <p>The Stone of Ascension</p>	
			<p><u>Carnelian</u></p> <p>The Singer's Stone</p>	
			<p><u>Charoite</u></p> <p>The Stone of Connection with Home</p>	
			<p><u>Chrysanthemum Stone</u></p> <p>The Stone of Wealth and Honor</p>	
			<p><u>Chrysocolla</u></p> <p>The Stone of Communication</p>	

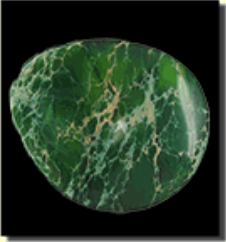




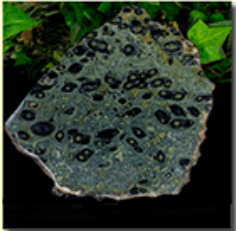

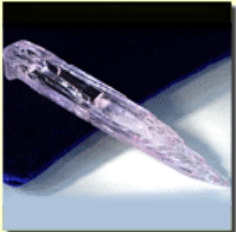

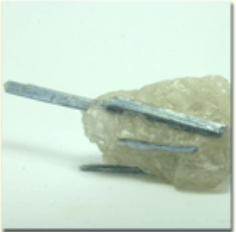


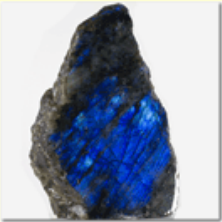

			<p><u>Citrine</u></p> <p>The Merchant's Stone</p>	
			<p><u>Crazy Lace Agate</u></p> <p>The Laughter Stone</p>	
			<p><u>Creedite</u></p> <p>The Stone of Creative Vision</p>	
				
			<p><u>Dalmatian Stone</u></p> <p>A Stone for Joyful Fun</p>	
			<p><u>Dendritic Agate</u></p> <p>The Stone of Plentitude</p>	
			<p><u>Diamond</u></p> <p>The Crystal of Light</p> <p>The King of Gems</p>	
				












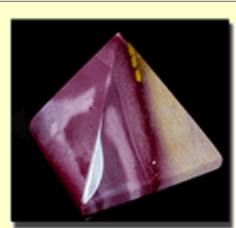



	<p><u>Emerald</u></p> <p>The Stone of Successful Love</p>	
		
	<p><u>Fire Agate</u></p> <p>The Spiritual Flame of Perfection</p>	
	<p><u>Fluorite - Blue</u></p> <p>The Healer of Souls</p>	
	<p><u>Fluorite - Blue John</u></p> <p>The Stone of Spontaneity</p>	
	<p><u>Fluorite - Clear</u></p> <p>The Crystal of a New Perspective</p>	
	<p><u>Fluorite - Green</u></p> <p>The Genius of Purpose Crystal</p>	
	<p><u>Fluorite - Purple</u></p> <p>The Dream Crystal</p>	

	<p><u>Fluorite - Yellow</u></p> <p>The Crystal of Unity</p>	
		
	<p><u>Garnet</u></p> <p>Main Page</p> <p>The Stone of Health</p>	
<p>Golden Beryl - (see Heliodor -this is the bright yellow Helidor variety)</p>		
	<p><u>Goshenite</u></p> <p>The Motherhood Stone</p>	
<p>Green Jasper - See Jasper (Green)</p>		
<p>Green Sapphire - See Sapphire (Green)</p>		
<p>Green Tourmaline - See Tourmaline (Green)</p>		
	<p><u>Grossular Garnet</u></p> <p>(Hessonite, Tsavorite)</p> <p>The Stone of Abundance</p>	
		
	<p><u>Heliodor</u></p> <p>(Yellow Beryl)</p> <p>The Stone of the Sun</p>	
<p>Heliotrope - See Bloodstone</p>		

	<p><u>Herkimer Diamond</u></p> <p>A Stone of Atunement</p>	
<p>Hessonite - (see Grossular Garnet)</p> 	<p><u>Hiddenite</u></p> <p>The Crystal of Evolution</p>	
		
<p>Indicolite -See - Blue Tourmaline</p> 	<p><u>Iolite</u></p> <p>A Stone of Vision</p>	
		
	<p><u>Jade</u></p> <p>(Main Page)</p> <p>The Dream Stone</p>	
	<p><u>Jade (Black)</u></p> <p>The Power of Stillness</p>	

		<u>Jade (Blue)</u> The Stone of Serenity	
		<u>Jade (Lavender)</u> The Stone of the Angels	
		<u>Jade (Purple)</u> A Stone of Mirth	
		<u>Jade (Red)</u> The Chi Stone	
		<u>Jasper</u> The Supreme Nurturer	
		<u>Jasper (Brown)</u> The Sacred Stone of Protection	
		<u>Jasper (Red)</u> The Stone of Endurance	

	<p><u>Jasper (Green)</u></p> <p>The Rain Bringer</p>	
	<p><u>Jasper (Yellow)</u></p> <p>The Stone of Discernment</p>	
		
	<p><u>Kambaba Jasper</u></p> <p>A Stone of Peace and Tranquility</p>	
	<p><u>Kunzite</u></p> <p>The Woman's Stone</p>	
	<p><u>Kyanite</u></p> <p>A Stone of Emotions</p>	
		
	<p><u>Labradorite</u></p> <p>The Stone of the Northern Lights</p>	

			<p><u>Laguna Agate</u></p> <p>The Stone of Flexibility</p>	
			<p><u>Lapis Lazuli</u></p> <p>The Stone of Universal Truth</p>	
			<p><u>Larimar</u></p> <p>The Stone of Dancing Sunlight</p>	
Lavender Jade - See Jade (Lavender)				
				
			<p><u>Malachite</u></p> <p>A Stone of Protection</p>	
			<p><u>Moldavite</u></p> <p>The Stone of Connection</p>	
			<p><u>Mookaite Jasper</u></p> <p>The Stone of Bold Beauty</p>	
			<p><u>Moonstone</u></p> <p>The Traveler's Stone</p>	

	<p><u>Morganite</u></p> <p>A Crystal of Divine Love</p>	
	<p><u>Moss Agate</u></p> <p>A Stone of Growth</p>	
		
<p>Nepal Quartz- see Nepal Quartz</p>		
	<p><u>Nuummite</u></p> <p>The Sorcerer's Stone</p>	
		
	<p><u>Ocean Jasper</u></p> <p>The Atlantis Stone</p>	
	<p><u>Opal</u></p> <p>The Eye Stone</p>	
	<p><u>Onyx</u></p> <p>The Scrying Stone</p>	
<p>Orange Sapphire - See Sapphire (Orange)</p>		

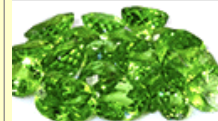


Padparadscha Sapphire - See [Sapphire \(Orange\)](#)



Peridot

The Extreme Gem



Picture Jasper

The Stone of Global Awareness



Pietersite

Stone of the Tempest



Pink Quartz

Stone of Innocence



Pink Sapphire - See [Sapphire \(Pink\)](#)

Pink Tourmaline - See [Tourmaline \(Pink\)](#)

Purple Jade - see [Jade \(Purple\)](#)



Pyrite














The Crystal of Postive Energy






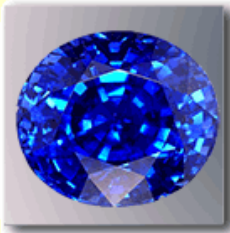
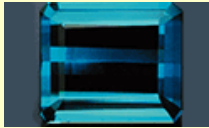
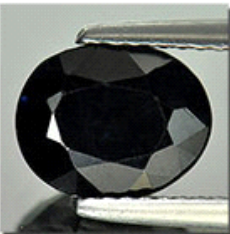


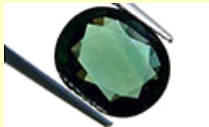




Pyrope Garnet

A Stone of Vitality





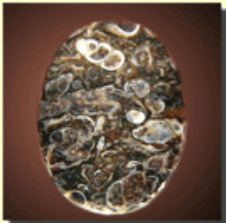










			<p><u>Quartz</u></p> <p>The Perfect Jewel</p>	
				
			<p><u>Red Beryl</u></p> <p>The "Right Time" Crystal</p>	
Red Jade - See Jade (Red)				
Red Jasper - See Jasper (Red)				
Red Tourmaline - See Tourmaline (Red)				
			<p><u>Rhodochrosite</u></p> <p>The Stone of the Compassionate Heart</p>	
			<p><u>Rhodolite</u></p> <p>A Stone of Inspiration</p>	
			<p><u>Rhodonite</u></p> <p>A Stone of Gentle Healing</p>	
			<p><u>Rose Quartz</u></p> <p>The Crystal of Unconditional Love</p>	

	<p><u>Ruby</u></p> <p>The Gem of Kings</p>	
<p>Rubelite - See Tourmaline (Red)</p>		
		
	<p><u>Samadhi Quartz</u></p> <p>The Crystals of Bliss</p>	
	<p><u>Sapphire</u></p> <p>Main Page</p> <p>The Gem of Wisdom</p>	
	<p><u>Sapphire (Black)</u></p> <p>The Gem of Intuition</p>	
	<p><u>Sapphire (Green)</u></p> <p>The Gem of Enhanced Spiritual Vision</p>	
	<p><u>Sapphire (Orange)</u></p> <p>The Gem of Wise Judgment</p>	

	<u>Sapphire (Pink)</u> The Gem Of Emotional Protection	
	<u>Sapphire (Violet)</u> The Gem of Spiritual Awakening	
	<u>Sapphire (White)</u> The Gem of Strength of Spirit	
	<u>Sapphire (Yellow)</u> The Gem of Wealth Attraction	
Schorl - see Tourmaline (Black)		
	<u>Serandite</u> The Stone of Harmony	
	<u>Seraphinite</u> The Stone of the Seraphim Angels	
	<u>Smoky Quartz</u> A Stone of Power, A Grounding Crystal	

	<p><u>Spessartine</u></p> <p>The Warrior's Stone</p>	
	<p><u>Spirit Quartz</u></p> <p>A Crystal of Radiance</p>	
	<p><u>Spodumene</u></p> <p>The Stone for Emotional Space</p>	
	<p><u>Sugilite</u></p> <p>The Shield of Light</p>	
	<p><u>Sunstone</u></p> <p>The Stone of Illumination</p>	
		
	<p><u>Tanzanite</u></p> <p>The Stone of Transmutation</p>	

			<p><u>Tiger's Eye</u></p> <p>Stone of the Golden Ray</p>	
			<p><u>Topaz</u></p> <p>The Crystal of Potency</p>	
			<p><u>Tourmaline (Black)</u></p> <p>The Grounding Stone</p>	
			<p><u>Tourmaline (Blue)</u></p> <p>Indicolite</p> <p>The Crystal of Spirit and Peace</p>	
			<p><u>Tourmaline (Green)</u></p> <p>The Crystal of Seeing with your Heart</p>	
			<p><u>Tourmaline (Pink)</u></p> <p>The Heart Chakra Crystal</p>	
			<p><u>Toumaline (Red)</u></p> <p>(Rubellite)</p> <p>The Stone of the Perfect Heart</p>	
Tsavorite- see Grossular Garnet				

	<p><u>Turquoise</u></p> <p>The Stone of the Sky</p>	
	<p><u>Turritella Agate</u></p> <p>The Stone of Survival</p>	
		
	<p><u>Umbalite</u></p> <p>The Conqueror's Stone</p>	
	<p><u>Unakite Jasper</u></p> <p>The Stone of Balanced Emotions</p>	
	<p><u>Uvarovite Garnet</u></p> <p>The Stone of Acceptance</p>	
		
<p>Violet Sapphire - see Sapphire (Violet)</p>		
		
<p>White Sapphire - see Sapphire (White)</p>		

		
Yellow Sapphire - see Sapphire (Yellow)		

From <<https://www.crystalvaults.com/crystal-encyclopedia/crystal-guide>>

Protective Healing Crystals

Friday, November 17, 2017 2:16 PM

HERE'S MY LIST OF THE TOP 10 PROTECTIVE CRYSTALS, AND WHAT EACH ONE IS GOOD FOR:

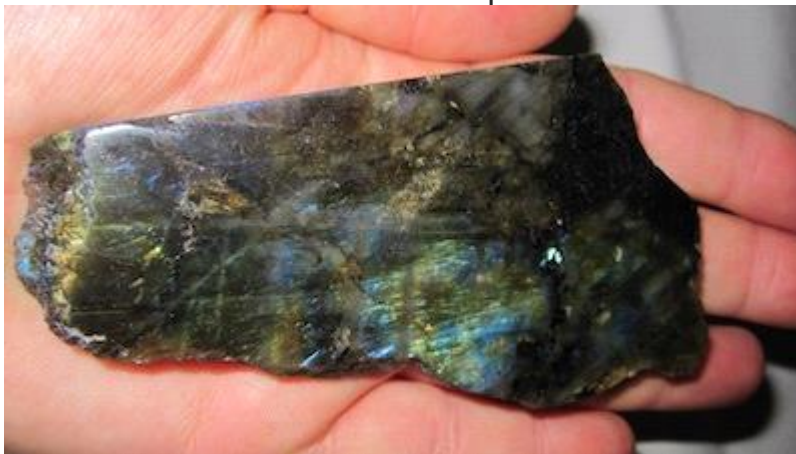
1. Black tourmaline - repels lower, harmful frequencies. If there's one crystal I'd recommend in general for all-round protection, it would be black tourmaline. It creates the equivalent of an electrical force field around your aura so that lower vibes and psychic debris will bounce right off you. This is usually why it's the most commonly recommended crystal for protection. Its weakness, however, is that I've found it only works for un-intentional energies – vibes that are being sent at you willfully and powerfully can penetrate, as can spirits and spirit attachments. Still, this is a good choice for a daily protective crystal.



2. Jet – clears internalized emotional energy for empaths. As an empath myself, I've never found a crystal that keeps me from feeling other peoples' energy (though I admit hematite comes close), and I've also never wanted my ability to be completely shut off. While it has its liabilities, being empathic is an incredible psychic gift. Jet absorbs energy more than it emits, so when you get hit with someone else's emotions, if you're wearing jet it will draw those vibes out of your system. You'll still be in tune but you won't have to suffer for it. Note: jet needs to be cleared regularly, sometimes several times throughout the day if it's working hard, so bear that in mind or it will start to fall off you and break.



3. Labradorite - shields against psychic attack, fixation and ill-wishing. Psychic attack can take on many forms, in this case we're talking about people hating on you, gossiping about you, and fantasizing about/desiring your total, epic ruin. This also applies to people who are fixated on you as a love interest (and it's unrequited), who want something from you (that you don't want to give), and/or who are pulling on your energy to fill their own need, lack, or void. Wearing labradorite is like placing a shield or coat of armor over your heart chakra. It keeps you covered while you ride out what is essentially other peoples' pain. I often suggest the addition of a heart stone, like rose quartz or pink kunzite, to add an additional buffer zone of compassion.



4. Fluorite - cloaks your energy signature to avoid the effects of sorcery, psychic attack, or curses. If that sounds like total nonsense to you, then you're lucky! Unfortunately, in my experience sorcery or "black magic" is real and does happen to good people. Essentially what fluorite does is cloak your aura so it takes you off the radar. The poisoned arrow being sent your way misses its target. The one thing with fluorite is that it only works in this way after you have had an energy clearing, either professionally, or from a heavy duty salt bath, purification rite, or fire ceremony. Your aura needs to be cleared for the fluorite to cloak you properly.



5. Blue kyanite - keeps people from f-ing with your head. This is a really important one for anybody who's experiencing manipulation, coercion, bullying, lying, or the like. Blue kyanite helps you keep your head, and keep it clear of worried or anxious thinking, self-doubt or second guessing, and it also helps you to read between the lines and be aware of what's really being communicated. Blue kyanite is so powerful in this way that it can even be beneficial in cases of brainwashing or cult influences. If you find you need extra help with this, add in hematite to hold your ground, and sunstone to maintain healthy boundaries.



6. Black obsidian - protects from fixation, sorcery, and ill fortune. Black obsidian matches the frequency of banishment, which is why it's such a powerful crystal for witches, shamans, and magical workings that involve the breaking of curses, hexes, spirit attachments, returning of energy to its sender, and so on. It acts similarly to a banishing pentagram or pentacle, for those of you who are familiar with those symbols. If you feel like you've got a black cloud following you around, or if you're veiled in dark energy, or have the keen sense that someone's cursing you, it's best to wear it 24/7 until such time as you resolve the issue. It's also a powerful healer in that black obsidian helps you become aware of the shadow aspects of yourself that could be contributing to your situation.



7. Apache tear - transmutes negative energy. I learned this about apache tear when I was guided to make a charm of this crystal for my dog to wear (I was concerned that she was taking on some lower energy in my stead). Apache tear is often used in the healing of grief, sorrow, and trauma, as it slowly but steadily transforms the energy of those feelings and experiences into healing energy for the heart and soul. It functions in a similar way in response to lower, harmful, heavy, or dark energy, so it's a great crystal for healers, hospital and hospice workers, first responders, healthcare practitioners, pets, children, or anyone else who feels they're regularly being exposed to such vibes.



8. Infinite - bolsters your own defenses by healing and strengthening your aura. Your aura (the energy field that surrounds your body) is part of your natural defense system. When you're healthy, fit, have a sustaining spiritual practice, honor your boundaries and self-care needs, and maintain a generally balanced and positive state of mind, your aura will be strong, bright, and clear. You'll find that you're far less affected by negative vibrations when you're in this state.

Unfortunately, daily stress, bad habits, unhealthy lifestyle choices (especially taking recreational drugs, eating too much sugar, or binge-drinking), lack of sleep, illness, and/or negative self-talk or patterns of thought, can have a deteriorating or damaging effect on your aura. Enter infinite: it rapidly boosts your sense of vitality, wellness, and strength, while it repairs, heals, and strengthens your aura. It's not always easy to find, but I consider it a must-have in your crystal collection.



9. Staurolite - protects against unwanted spirits and attachments. It is said that you should always wear a piece of staurolite (also known as fairy cross stone) when moving through the veils of time, space, and reality, as it helps protect you from unwanted or negative influences. I always wear a piece when doing journey work, channeling, while walking through graveyards, or when working with unfamiliar spirit guides for this reason, as it helps me to do so safely. While it helps to connect you with other realms, especially the realm of the fae, the iron in the stone also helps protect you from their dark elemental influences or magic.



10. Spirit quartz – diminishes fear, bolsters your natural defenses, and is good for house and land spirits. While I was last in NYC, I wore spirit quartz daily to help keep my aura strong and clear, protect me from negative energy, envy, and ill-wishing, as well as to keep me unaffected by the spirits that lived in the building where I was staying. The main strength of spirit quartz (also known as cactus quartz or fairy quartz) is its dampening effect on fear: it doesn't completely dissolve your fear, but it relieves you of your fear's influence. This is key, because when you give your power away to your fear, you're also giving it to the cause. Fear has a debilitating effect on your psyche as well as your defenses. If you allow your fear to affect you, you're opening the door to whatever wants to harm you. Wearing spirit quartz helps to shut that door and keep you in your power.



An important thing to note: in almost all cases, it is necessary to be *wearing* a protective crystal (at least 1"-1.5" in size) in order for it to have an optimal effect. You can also sleep with one (at least 2.5"-3.5" in size) under your pillow at night. And make sure you're clearing your crystal's energy daily, and recharging it at least once a week.

Please don't fall into victim mentality! I know it's easy to feel disempowered or to start assigning blame whenever something goes wrong. I've learned to always frame doing protection and clearing work as taking extra loving, diligent, adoring care of myself. This keeps me feeling strong and healthy about it.

I had a teacher who once said that humans are capable of doing very "silly" things, and another who said that anger is loud hurt. Know that whomever (or whatever) is trying to plague you is doing so from a wounded place within themselves, and have compassion. But also do whatever clearing, healing, banishing, or dissolving work you need to, and then move on with your life. Ultimately it's their issue, and their problem. It doesn't have to be yours. And it is so.

From <<https://krista-mitchell.com/blog/protectivecrystals>>

Fire Agate: This stone has a powerful vibration that sharpens your desire to take action, even when you're not sure what the best course to take should be. It can help you to feel fully grounded and physically aware, and it quickens the fire in your spirit and makes you aware that being alive feels great! This fiery stone has a protective energy quite unlike most other stones.

The vibration of this crystal brings through the flow of spiritual energy... and this flows through your entire being. Its energy resonates within you... firing a spiritual blaze, yet its vibration is quite calming, and brings through feelings of safety and security. This crystal has a powerful energy that aids you if have been working on your spiritual growth, as it aids authentic spiritual practices. This beautiful agate is known for its action to create a powerful shield around the body, that confers psychic protection. Its energy will assist you if you like to work with high crystal energy stones. Fire Agate is unique in that not only does it send negative energy back to where it came from... but it allows the person who sent it to be 'spiritually' aware of the type of harm that they have been doing to you. This crystal may also serve to lighten the amount of fear that you might be feeling when an attack of any sort is happening to you. It has a soothing energy that makes you feel calm, safe and secure. It may be beneficial to keep a piece of this stone on you...as this can help you to feel more relaxed and confident that this will not happen to you. This unusual variety of Agate has a lovely energy that brings through qualities that make you feel that its good to be alive! The vibration of this stone is will assist you as they allow you to feel safe and secure. Fire Agate has a deep connection to the earth and brings strong grounding energy. It calms, bringing security and trust, and support in difficult times. Its protective properties build a shield around the body against ill-wishes, returning the harm back to its source, so the source may understand its effects.

Fire Agate provides the motivation required to overcome harmful addictions, lending courage and confidence, and prevents exhaustion that often accompanies such changes. Agate is beneficial in self-analysis and uncovering hidden circumstances that might interfere with well-being. It promotes self-acceptance and confidence, encouraging the speaking of one's own truth. Agate overcomes negativity and bitterness of the heart, by healing anger, fostering love, and lending the courage to start over. It is useful for any kind of trauma. Agate stabilizes the aura, eliminating and transforming negative energies. Its cleansing effect is powerful at all levels. Agate stabilizes the aura, eliminating and transforming negative energies. Its cleansing effect is powerful at all levels. Fire Agate represents the spiritual flame of absolute perfection, dispelling fear at the deepest level of the inner being. It links into the collective consciousness of the oneness of life, encouraging quiet contemplation of one's life experiences that lead to spiritual growth and inner stability. Fire Agate aligns the etheric body with the physical, grounding and revitalizing the exchange of spiritual and physical energies within the self. The flow and process of this exchange is energizing to the soul as well as the organism. Fire Agate opens the channels of creativity so Divine inspiration can flow into one's activities and expressions.

Black Tourmaline: Black Tourmaline crystal is a powerful stone for protection against negative energy of all kinds... as well as being a strong spiritual grounding stone. This is one of the most popular crystals to be used for metaphysical purposes. Many people, and I am amongst this group... believe this is the best protection stone that you can use. Also known as Schorl, it encourages positive attitudes, good luck and happiness, regardless of the circumstances that you find yourself in. They are wonderful aids to both the professional healer and the average person who wants a stone that will be a positive force for good in your life... as it creates a positive attitude and mindset. Having the vibration of Black Tourmaline stone within your aura for as long as possible each day is to your advantage. They will help you to let go of negativity and self doubts or any feelings of anxiety or negativity of any kind. If it is not possible for you to have them on you during the day, it would be advantageous, to at least have a couple of these stones in the bedroom. Putting one of these crystals under your pillow will cleanse your etheric body while you sleep... as well as the room where you are sleeping. It will strengthen the immune system and assist pain relief of arthritis... and the relief of spinal or muscular problems. The good thing about this stone is that it does not absorb negativity, but changes or alters it or transmutes it into positive energy. This means it improves the vibration of the air where it is located. Keeping it in the bedroom will help you to sleep better and wake more refreshed. It is powerful for healing and for psychic protection and spiritual purposes... and will strengthen the immune system and help allergies. You all have times when you feel negative, or when you encounter other people who are giving off vibrations that are not pleasing to you. Although wearing stones as jewelry is the easiest way to keep a piece of the stone on your body, if this is not possible keep a piece of the stone in the room with you... as this is very helpful.

Important note about Black Tourmaline: I know that there are stones that send back the negative

energy... but this stone will not do that unless it has inclusions of mica in it. Many people are not aware that normal Black Tourmaline simply changes negative energy to positive energy. But if it also contains mica, it will send bad feelings back to the person who sent it, allowing the sender to realize what has occurred. The best stone to use to send negative energy back to where it came from is Fire Agate, so you may like to combine these together.

Tourmalinated Quartz: Tourmalinated Quartz is clear or white quartz which has pieces of Black Tourmaline within it. These quartz crystals have strong metaphysical properties. They encourage a large amount of light to encircle your body, and this will heal you on many levels. The addition of this light into your being makes these powerful healing crystals. This is because this combination embodies both the energy of Black Tourmaline and the strong vibration of Clear quartz crystals, which amplifies the Tourmaline energy. Just like Black Tourmaline, Tourmalinated quartz stones have a strong spiritual grounding energy as well as being potent psychic protection stones. These stones have a powerful ability to clear your auric field of negativity. When the light that resonates from these crystals surrounds the body... this acts as a powerful protective field of energy, to keep you safe, and shield you from harm. Tourmalinated Quartz crystals are powerful healing stones... on a physical, mental, emotional and spiritual level. It is also an excellent environmental cleanser as it amplifies the vibration of the Black Tourmaline out into the environment where it is located to transmute any negativity and create positive feelings. As this is such an excellent stone to wear... it is worth looking for jewelry made from this stone. As this stone embodies the energy of both Black Tourmaline and the clear quartz, wearing a Tourmalinated Quartz pendant will act as a shield preventing negativity and promoting and amplifying positive energy for increased harmony in your life.

Jet Stone: Jet is commonly used as a stone of protection, yet it also carries some wonderful healing properties, including pain relief for headaches/migraines and enhanced healing of traumatic injuries. Working almost like an energetic filter, Jet is a wonderful grounding stone that has intense purification and protection properties. Jet is known for clearing the aura of impure energies and is an important stone for the medicine bag. Jet can be used to cleanse other crystals by placing them in a bowl with several smaller pieces of Jet.

Jet can also be helpful for those experiencing an overabundance of negative energies or emotions, and has traditionally been used as a stone to alleviate grief. Not only does it draw off negative vibrations, but Jet can help the victim of these vibes to understand their original purpose and the lesson to be learned. Sensitive's or empaths who suffer from exposure to negativity in the environment should carry a piece of Jet with them while exposed. Jet is a great ally to all on the spiritual path, due to its perfect combination of protective vibrations. Jet can facilitate the release of negative behavior patterns and old emotional attachments, freeing the individual for rapid personal growth. Jet can be used in combination with virtually all other stones for healing purposes. Those suffering from nervousness and hyperactive children may find a calming benefit from Jet, as it integrates higher vibrations into the lower chakras and brings a soothing sense of wholeness to the individual. Also known as a stone of good luck, Jet makes a great gift for the person starting a new job or beginning a new business pursuit. Jet can bring clarity to a confusing situation by bringing unique insights from variant perspectives. Those who are struggling through multiple trials and tribulations will appreciate Jet's supportive energies. Is a base chakra stone and is very grounding.

For anyone working with magic or the elemental forces it is absolutely a required stone as it is very protective. It helps one to draw upon the earth energies and channel this where one desires. It has been in use since ancient times... and myth says that if you find any old jet jewelry take great care... as the ancient stone properties relate to legends that say that it is able to retain the energy and is difficult to remove.

This ability to hold ancient memories is what gives it the ability to assist those who wish to use this aspect of its energy. Jet is a stone of sympathy and its calming energy provides support and helps alleviate pain. It is excellent for healing grief... and was traditionally used in mourning jewelry. Medieval healers believed that burning jet was a cure for fevers and all manner of different illnesses. It has been mined since 1400BC and worked pieces of jet have been found in prehistoric burial mounds. In the 16th century jet was used to create rosary beads for monks, as it was told that the gemstone would invoke the favor of God, the Greeks believed that wearing jet would ensure the favor of Gods, and the Pueblo Indians buried the gemstone with their dead, as it was believed it

would protect them in the after life.

Black Obsidian: Black Obsidian Stone is a powerful cleanser of psychic smog created within your aura, and is a strong psychic protection stone. Black Obsidian Stone is also an excellent aid to help you to release any negativity that your day to day life may have caused. This negativity may be present within your auric field and needs to be removed... to aid your ongoing physical, emotional and spiritual health. The black obsidian sharpness is expressed as physical property and used in various tools to cut through matter (blades, arrows, etc). The sharpness of black obsidian is also expressed as a metaphysical property. This powerful stone can help cut through illusions, lies, fearful facades and blockages, etc. The amount of information that black obsidian can reveal and the intensity of this truthful energy can be overwhelming. The perfection of its black colour reveals the darkness that blocks the light in any situation and in any person. This is why the black obsidian is best used with much respect and care, especially the black obsidian spheres.

Another facet of the black obsidian identity is its ability to draw in negative energy, thus protecting the wearer or the surroundings in which it is placed. As such, the black obsidian was (and still is) used as protection in various body adornments, jewelry, as well as in many areas of one's home. The powerful alchemical properties of the black obsidian are due to its origin. Obsidian is born out of quickly cooled volcanic lava, so it has the most potent energy of the interaction of several raw and powerful elements - fire, earth and water. In healing, the black obsidian is used to help one become more grounded, focused and clear in all practical matters. It can also help develop razor-like mental abilities and the powers of discernment. Because the black obsidian expresses a clear, detached energy of truth without "taking any sides", it can be very helpful for those who tend to react emotionally to people and events in their life. This stone acts to remove any built up negativity caused by your own or others anger, fear, resentment and even stress... as well as aiding you to remove any negative attachments. These stones may assist you to seal your aura against future problems... and may aid you unfetter yourself from any negative attachments that you may have unintentionally taken into your aura. They are a strong psychic protection stone, and will benefit you by shielding you from all negativity... so they are very helpful stones to keep within your auric field. Their resonance within the base chakra is very strong. They have a strong vibration that aids spiritual grounding, by helping you to move any excess energy down via the earth chakra to Mother Gaia for grounding.

It has powerful metaphysical properties that will shield you against negativity, and their energy may stimulate the gift of prophecy. Obsidian is truth-enhancing. A strongly protective stone, it forms a shield against negativity. It blocks psychic attack and absorbs negative energies from the environment. Obsidian draws out mental stress and tension. It stimulates growth on all levels, urging exploration of the unknown and opening new horizons. Brings clarity to the mind and clears confusion. Helps you to know who you truly are. Obsidian dissolves emotional blockages and ancient traumas. Promotes qualities of compassion and strength. Black Obsidian is a very powerful and creative stone. It increases self-control. It forces facing up to one's true self. Releases imbalances and negative energies. Black Obsidian is protective and provides support during change. It repels negativity and disperses unloving thoughts. It is an excellent stone to aid past life healing... particularly relating to your ancestral line... and may aid you to deal with issues relating to past misuse of power. If you have come back to this life in order to resolve a past life issue... by placing a piece of the stone on the third eye and asking about this, you may discover the purpose for being here in this life at this time. The vibration of this stone may resonate within the third eye chakra and has a strong vibration to aid the receiving of answers to questions. By asking questions aloud and listening... you may hear the answer whispered back to you. This allows you to ask questions about specific questions around relationships, finances, career choices or health issues... and the answers will help you to make better choices.

Because the black obsidian draws in negative energy, be sure to cleanse it regularly, as well as take good care of its physical surroundings. Do not place the black obsidian on the floor or anywhere else where it can get neglected.

Smokey Quartz: Smokey Quartz Crystals are some of the premier grounding and anchoring stones. These stones are strongly protective and are excellent stones for all of us to keep within our aura at all times. If you are a spiritual worker such as a clairvoyant... you may take advantage of this stones

ability as a stone of psychic protection, to both protect you from negativity and transmute the energy... by grounding it back down into the earth. In addition to the generic healing properties of Quartz, Smokey Quartz is an excellent grounding stone. It gently neutralises negative vibrations and is detoxifying on all levels, prompting elimination of the digestive system and protecting against radiation and electromagnetic smog. Smokey Quartz disperses fear, lifts depression and negativity. It brings emotional calmness, relieving stress and anxiety. Promotes positive thoughts and action, and alleviates suicidal tendencies. Disperses nightmares and manifests your dreams. Smokey Quartz aids concentration and assists in communication difficulties. It is the perfect stone for grounding the Etheric Layer of the Aura. This makes smoky quartz a great stone for detoxing, clears ambivalence and fortifies resolve. For those dealing with body image issues such as feeling too fat, skinny, short, tall, smoky quartz is for you. Of all the grounding stones, it establishes the most gentle and loving connection with the body.

Because natural Smokey quartz is naturally irradiated... it is a helpful stone for those undergoing radiation treatment to keep close to them. It has the ability to amplify the healing outcomes for those who are receiving these treatments. It offers protection from many types of negativity in the environment. If you are feeling unhappy or are in a bad mood and pick up one of these Smokey Quartz Crystals... you will find your good humor seems to return very quickly. These stones will absorb an enormous amount of negativity from many different sources... so they are particularly good stones to use for psychic-protection. Although these natural crystals may ground most of the negativity that they absorb into the earth chakra... it is still advisable to regularly cleanse the stones you are using... and fortunately cleaning quartz crystals is very easy. Smokey Quartz is a protection stone that cleanses and clears negative energy. Smokey Quartz is a grounding stone that transmutes negative energies and facilitates your ability to get things done in the practical world. It enhances organizational skills and is good to have around in the workplace or home office. One of the benefits of natural Smoky Quartz is that... being a quartz crystal, it has a strong ability to amplify the energy of not only itself... but also any other stones you may combine with it. Use this stone daily, as part of your crystal meditation, and afterwards keep it on your body. Spiritual grounding is a very important part of doing any spiritual work... so this is a very useful and wonderful stone to wear upon your body... especially if you are doing any spiritual work or healing. In addition having one of these stones in the environment is very helpful. If you work on a computer, having one next to it will remove any of the electromagnetic energy that will be created in the room. Just make sure that you regularly cleanse your crystals... especially those which you are using to remove negativity... so that they will remain functioning at their best.

Amethyst: Amethyst is a violet to dark purple stone, which helps develop your psychic abilities. Amethyst is powerful, protective, with a high spiritual vibration and guards against psychic attack. It is a natural tranquilizer and enhances higher states of consciousness. It dispels anger, fear, and anxiety and alleviates sadness and grief. It opens intuition and enhances psychic gifts and helps those seeking spiritual wisdom. It promotes love of the divine. It relieves psychological pain and stress, eases headaches and relieves tension. It helps connect the physical, mental, and emotional bodies, linking them to the spiritual. If you are looking for more spiritual awareness, protection, and connection, amethyst is the stone for you. This is the stone of higher consciousness.

A variety of Quartz, it is known as one of the master healers and would be a good choice for anyone with asthma, addictions, headaches, hearing problems, phobias, miscarriage, and menopause or pre-menstrual tension. It promotes restful sleep and is also a good choice for stress and anxiety. An excellent crystal for those suffering from grief. Amethyst ranges in color from pale lilac to deep purple. Amethyst is powerful, protective, with a high spiritual vibration and guards against psychic attack. I use Amethyst every day. It is one of the Essential Eleven stones for any healing collection. It is a natural tranquilizer for cooling down the mind and emotions and alleviating a multitude of physical, mental and emotional imbalances. It is a natural tranquilizer and enhances higher states of consciousness. It dispels anger, fear, and anxiety and alleviates sadness and grief. It opens intuition and enhances psychic gifts and helps those seeking spiritual wisdom. It promotes love of the divine. It relieves psychological pain and stress, eases headaches and relieves tension. It helps connect the physical, mental, and emotional bodies, linking them to the spiritual. If you are looking for more spiritual awareness, protection, and connection, amethyst is the stone for you.

This is the stone of higher consciousness. Amethyst was used in ancient times to recover from both physical addictions as well as addictive relationships, and became known as the “stone of sobriety”. A natural stress reliever, Amethyst can encourage inner strength. The strong healing energy of Amethyst can transmute lower vibrations to higher frequencies, transforming negative energy to love energy. Overall it is a healer beyond measure for practically everything.

Amethyst is particularly well known to treat addictions on all levels and it provides a protective shield around the aura against psychic attack or negativity. Amethyst is known to balance the highs and lows and help one to become more centered even in the midst of grief or loss. One of the very best remedies for insomnia (place on forehead). Improves mental functioning, focus, concentration, decision-making, memory and motivation. Amethyst is powerful, protective, with a high spiritual vibration and guards against psychic attack.

Fluorite: Fluorite is highly protective and is a beneficial crystal to help guard one from picking up negativity or negative energies from those nearby. It cleanses and stabilizes the aura and is extremely effective against computer and electromagnetic stress. Spiritually, Fluorite grounds and integrates spiritual energies. It heightens intuitive powers and makes one more aware of higher spiritual realities. Psychologically, Fluorite dissolves fixed patterns of behavior and opens the door to the subconscious, bringing suppressed feelings to the surface for resolution. Dissolving fixed ideas, it helps one to see the bigger picture. This crystal dissolves illusions and reveals the truth. It can be very helpful when one needs to act impartially and objectively. Fluorite increases self-confidence, improves physical and mental coordination and counteracts mental disorders. This crystal is an excellent learning aid, increasing concentration. It helps one to absorb new information and promotes quick thinking.

Emotionally, Fluorite is stabilizing and helps one to understand the effect of the mind and emotions on the body. In relationships, it teaches the importance of balance. In healing, Fluorite is a powerful healing tool, drawing off negative energies and stress of all kinds. It cleanses, purifies and dispels anything within the body that is not in perfect order. Fluorite helps with infections and benefits teeth, cells and bones. It repairs DNA damage and is powerful against viruses. Fluorite is beneficial for colds, the flu and sinusitis. This stone alleviates arthritis, rheumatism and spinal injuries. Stroked across the body towards the heart, it provides pain relief. Fluorite rekindles sexual libido.

Fluorite is one of the healing crystals that everyone MUST have. I literally use it every day in a protective grid at my computer desk, to guard against excess electromagnetic radiation, to keep my work flow and focus in harmony and to heighten my intuitive gifts. It guards against negativity and unwanted outside influences, psychic manipulation (think the media) and stress of all types. One simply cannot overuse Fluorite or even have too much of it! On the physical level, it is a strong healer for almost everything, but especially bones, joints and teeth; surgery, injuries like bruises and cuts; colds, flu, viruses; pain relief; heals the skin including shingles; as well as disorders in the stomach and intestines. Position the Fluorite over the affected area - you can even tape it or bandage it to an area that has a cast or stitches where it can work 24/7. Mentally Fluorite is a strong intellectual and learning crystal, It is extremely organizing for the mind and can be used in cases of ADD and ADHD where the brain is "miswired." It is a good crystal to use in order to coordinate the body and mind together. Emotionally it is stabilizing and helps balance mind and emotions. Fluorite heightens mental abilities, assisting in rapid organization and processing of information and can bring mental clarity and stability to an otherwise chaotic situation.

Due to its powerful ability to absorb negative energies, Fluorite should be cleared often.

Jasper: Jasper is known as the “supreme nurturer”. It sustains and supports through times of stress, and brings tranquility and wholeness. Jasper provides protection and absorbs negative energy. It balances yin and yang. Jasper clears electromagnetic and environmental pollution, including radiation. Jasper is protective. It can align all the chakras and balance yin yang energies, it is stabilizing and healing. Legend says that Jasper would drive away evil spirits and protect against snake and spider bites. It encourages honesty with one's self. Provides courage to assertively tackle

problems. Aids quick-thinking and promotes organisational abilities. Jasper stimulates the imagination and transforms ideas into action. It supports during prolonged illness and re-energises the body. When it comes to protection, my favorite is RED JASPER.

Red Jasper: Red Jasper is gently stimulating and also an extremely protective stone. It can neutralize radiation and other forms of environmental and electromagnetic pollution. Red Jasper rectifies unjust situations and grounds energy. Brings problems to light and provides insights into difficult situations. An excellent “worry bead”, Red Jasper calms the emotions. Aids in dream recall. Cleans and stabilizes the aura. A stone of health, Red Jasper strengthens and detoxifies the circulatory system, blood and liver. A fine protective stone it is often used in defensive magic, as it sends negativity back to the original sender. It is also used during health and healing spells, as well red jasper is worn by young women to promote beauty and grace.

From <<http://www.crystalhealingforwomen.com/crystals-for-protection/>>

Amethyst is a stone of protection and can be worn to prevent psychic attacks and to protect the wearer from all types of harm. Keeping an amethyst cluster in a room such as the living room, will clear out negative or blocked energies. See [Amethyst Properties](#).

Amber is bright, cheerful and protective. It is a tree resin rather than a stone, however it is worn in jewellery like any other stone or crystal and has been worn for thousands of years to bring luck and protection to the wearer. This is my personal favourite to wear to ward off negative energy or attacks from others, as it works wonders. See [Amber Properties](#)

Brown Calcite is protective whilst attracting positive energy into the environment and mind of the wearer.

Charoite transmutes negativity back into positive energy and can keep the aura and chakras clear of negative energy. See [Charoite Properties](#)

Diamond is a stone of purity that cleanses negativity, yours and others, from the aura. Diamond is a girl's best friend for a reason!

Emerald dispels negativity whilst also promoting harmony and love. See [Emerald Properties](#).

Fire Agate offers a strong shield of protection and is excellent for dispelling fear, a stone that transmutes energy. All types of agate are useful for protection.

Hematite is very protective and can help to draw negativity from the base chakra and transmute it, whilst preventing the wearer from absorbing the negativity projected from others. This stone is aligned with the base chakra and is also grounding.



Yellow Jasper (right) is a wonderful protective stone against negativity and can be worn during travel as a shield, a very uplifting stone. **Red Jasper** can also be a useful stone of protection.

Jet Cedarwood but has been used to protect the aura in certain cultures. If you come across this you may like to try it out for protection.

Kunzite is a protective stone that can ward away negative energies. This stone is so useful as it also works with the heart and is a powerful stone of love and higher vibrations.

Labradorite can protect the aura by deflecting undesirable energies, preventing psychic vampirism and apparently spirit possession or influence.

Lapis Lazuli is said to guard the wearer or carrier against negative psychic emanations whilst helping us to speak our mind.



Obsidian is one of the strongest protection stones and can shield us from psychic attack and is also said to be a shield from emotional and physical attack. It will seek to purify negative energy in its vicinity, also within the aura, making this a very useful stone. This stone can bring out dark energy from within to heal, and as such is also a healing stone that can even work to remove shock or trauma from a person. Could be used to protect against negative entities. See [Obsidian Properties](#).

Snowflake Obsidian is black obsidian containing white flecks and is very good for protection. This stone is also useful for cleaning away the past and past issues but involves bringing those issues to the surface to be worked through.

Black Onyx blocks negative energies from getting in.

Black Hakik Mala is useful for protection if you can find it.

Peridot can apparently be used as a shield against others who drain our energy. It might be wise to wear this when around any known energy vampires who leave you significantly drained after speaking with them.

Quartz in general protects against negative influences. Smoky Quartz in particular is excellent for both protection and cleansing, and is highly used in spiritual work. See [Smoky Quartz Properties](#).



Clear Quartz and Rutilated Quartz (left) are protective stones that also enhances a person's aura significantly. Those in the know often wear a piece, like a pendant, or carry a small piece with them. This stone is a lot cheaper than diamond but is similar in a lot of ways. Very powerful for protection.

Black Sapphire is a stone that works well for protection.

Tigers Eye is a stone of protection and also abundance. You can read more here on [Tigers Eye Properties](#).

Black Tourmaline is one of the most powerful protectors against the negative energy from others in both the Earth plane and the spirit plane, and so is a good crystal to keep next to your bed at night. It is said to reflect negative energy back to the sender. Also is said to deflect the energy and radiation from electrical equipment.

Turquoise is a powerful stone for healing and also has the ability to protect against negative energies. It is even said to change colour to warn against danger and illness.

For a quick fix against negativity, you can use simple table salt (or sea salt) in a small bag placed in a pocket or purse. The salt absorbs negativity and will only need replacing every few months. (Do not consume this salt). A good way to cleanse crystals from negativity is by periodically placing them in direct sunlight for a few hours to recharge and cleanse away old energies.

From <<http://askingangels.com/healing/crystals/protective-stones.php>>

http://www.healingcrystals.com/Metaphysical_Directory_Detailed_Topics_13.html

Healing Crystals



***Amazonite – THROAT/HEART CHAKRA.** A balancer of sexual energies. Transcendence beyond sexual expression into pure unity of heart and body. Stone of truth, honor, communication, integrity and trust. Enhances intuition, creativity, intellect, and psychic ability. Beneficial to communication. Aligns the physical and astral bodies. Lessens stress and self-defeating behaviors by calming and building self-esteem. It has spiritual healing power.



***Amethyst – CROWN CHAKRA.** This is a perfect crystal for REIKI! It cleanses the aura and heals holes in it. It brings in Divine energy. An excellent cleanser for the blood and immune system. It tunes the endocrine system and metabolism. Relieves stress at all levels. Great for the digestive system as well. It connects our physical, mental, emotional and spiritual.



***Angelite – THROAT CHAKRA.** Connect with the Angelic realm. Gain peace and awareness. Enhance your telepathic communication and out of body journeys while keeping your connection with everyday reality. Wonderful stone for healers! Speak your truth while being compassionate and accepting. Transforms pain into healing.



***Apache Tear (Obsidian) – ROOT CHAKRA.** Smoothly transmutes negativity. Absorbs negative energy protecting the aura. It comforts grief and promotes forgiveness. It removes self-limitations. Stimulates spontaneity and analytical capabilities. It is a very grounding stone. Extremely useful if you are a healer, as they will aid your work by ensuring you are kept safe.



***Aqua Aura – THROAT CHAKRA.** Quartz crystal bonded with gold (laboratory-made specialist). Despite being man created, Aqua Aura has an intense energy reflecting the alchemical process that bonds gold onto pure Quartz. This is a Crystal that restores personal power and love after traumatic events. It frees you from limitation and creates space for something new. It heals the aura and the chakras. It encourages communicating from the heart. It releases negativity. Your soul energy is then activated to fulfill your highest potential. Great for channeling. Peace and Protection.



***Aragonite – SACRAL/SOLAR CHAKRA.** Very soothing when there is lack of rest or an irregular life. Patience, acceptance, helps to curb impatience in children. A very good Crystal for Healers. Very healing for ovaries and the prostate gland. Improves timekeeping and diminishes procrastination and tardiness.



***Aventurine – HEART CHAKRA.** A very positive stone of prosperity and wellbeing! It protects against environmental pollution and cell phone emanations. Turns negative situations around and protects your heart from psychic vampirism. Reinforces confidence, empathy, and perseverance. It heals disease from its root. Brings together the intellectual and emotional bodies. It benefits the nervous system, the skin, and lowers cholesterol.



***Bornite (Peacock Ore) – BROW CHAKRA.** Facilitates the activation of individual chakras. Brings freshness and newness to one's life. Stimulates inner spirit to seek heights and ability to enjoy happiness. Helps to separate emotions from intellect, to recognize and accept the difference. Excellent healing stone!



***Blue Aventurine – BROW CHAKRA.** It is a powerful mental healer that increases vitality and a positive outlook. It assists in self-discipline and developing inner strength. It clears the air and

restores a calm and peaceful feeling to your household. Blue Aventurine instills confidence in nervous or shy personalities, protection against psychic vampires. It helps you trust your intuition and to increase psychic abilities. Very helpful to settle things down if tempers have become frayed.



***Blue Calcite – THROAT CHAKRA.** Profoundly calming and soothing. It helps retain and amplify learning, astral travel and channeling. It helps you express your views calmly and with tact. Enhancer of decision-making. It brings the ability to see clearly what path will lead you to happiness. Throat, lungs, tonsillitis, thyroid, arthritis, joints, and high blood pressure. Placed on any ledge close to a point of entry to your home (doors and windows) will protect your home.



***Brecciated Jasper – ROOT CHAKRA.** It brings strength and vitality as well as mental clarity and focus to any situation. It stimulates the base and sacral chakras and cleanses and stabilizes the bioenergetic field. It removes negativity from any space. It helps in sexual imbalances. It is a very calming and profoundly nurturing stone bringing tranquility and wholeness. It helps with dream recall. Great for detoxifying, perfect for recovering from illness. If you feel overwhelmed, this stone can help you grounding helping with organization. It will connect you with your own expression of creativity. It rises Kundalini and add stability to this energy.



***Carnelian – SACRAL CHAKRA.** Confidence, boldness, initiative, dramatic abilities, assertiveness, outgoing. It centers, warms & cleanses blood, kidneys, stimulates appetite, emotions, passion, sexuality, physical energy. Reproductive system, menstrual cramps, arthritis, kidney, gall bladder, pancreas. Historically also used to pull excess fever heat out through feet. Very highly evolved healing stone. Aids tissue regeneration. Vitalizes with inner self; facilitates concentration, opens heart. Warming, social, joyous.



***Citrine – SOLAR CHAKRA.** Success, abundance, and prosperity. Stone of good fortune and manifestation, helping manifest abundance in many ways. Imparts generosity, to share the wealth. Magnifies personal energy and power. Dissipates negative energies of all kinds. Enhances mental clarity, confidence, and willpower. It also increases creativity and promotes honesty. Relieves depression, self-doubt, anger, and irrational mood swings. Brings happiness and cheer to one who carries or wears it. Sensuality and sexuality can also be heightened by citrine.



***Clear Quartz – ALL CHAKRAS.** The most versatile multi-purpose healing stone. Easy to cleanse. Stores information and energy in. Amplifies energy and healing. Draws and sends energy. Opens Brow and Crown Chakras for meditation. Stimulates natural crystals in body tissues and fluids to resonate at new healing frequency.



***Dalmatian Stone – BASE/SACRAL.** This stone can help you to safely break down barriers to allow you to move forward discovering your true purpose in life. Release any lack of trust in others, therefore releasing any need of revenge on anyone you feel has done you wrong. Childlike joy and a sense of playfulness into your life. The black spots are Black Tourmaline which absorbs negative energy as well as help you ground.



***Fluorite – BROW CHAKRA.** Brings balance and opens the Heart, Throat & Brow Chakras for clarity. Aids in seeing additional truths and realities. It is good for the ears, teeth, spleen, bones, lungs, and also for detoxing, and relieving anxiety and insomnia. It is a very soothing stone. Resolves Karmic impasses. Stills the mind and the heart. It harmonizes and recharges all chakras.



***Garnet – ROOT/HEART.** Passion, Sensuality, Sexuality, Romantic love, Intimacy, Positive thoughts, Past life recall, Inspiration, Success, Social popularity, Self-confidence. Cleanses and re-energizes the chakras, purifying and balancing energy, bringing serenity or passion as appropriate. Inspires love and devotion. Balances the sex drive and alleviates emotional disharmony. It activates and strengthens the survival instinct, bringing courage and hope. Stimulates past-life recall. Removes inhibitions and taboos. It opens the heart and bestows self-confidence. Regenerates the body and stimulates the metabolism. Purifies the heart, lungs, blood and regenerates DNA. Garnet boosts the immune system and energy levels.



***Green Calcite – HEART CHAKRA.** Grounding and centering. Brings stability, success, prosperity, business, and fertility of all kinds. Considered a stone of manifestation because of its ability to develop growth in all areas. Enhances intuition and psychic abilities. Beneficial for healing tumors,

general pain, infections of the lungs, throat and sinuses. Balances and heals the endocrine system. Overcoming addictions and compulsive disorders.



***Hematite – ROOT CHAKRA.** Promotes self-awareness so that you can transform issues and old patterns, even from past lives. It is one of the most grounding stones. Brings mental clarity and concentration, improves memory and practicality. Confidence, willpower, boldness. Egyptians used also to calm hysteria and anxiety. Good blood cleanser.



***Kyanite – BROW/THROAT.** It doesn't hold negativity nor needs to be cleansed. It keeps all the crystals around cleansed as well. It is excellent for attunements and meditation. Tranquilizer. Transmitter and amplifier of high frequency energy. It brings compassion and connects you to your Spirit Guides. It helps grounding spiritually bringing maturity and integrity. It promotes healing dreams. It instantly aligns your chakras and bodies clearing meridians. It restores Qi, stabilizes biomagnetic field after clearing and transformation. It releases excess weight and strengthens voice and throat.



***Labradorite – BROW CHAKRA.** Awakens your psychic ability. It brings forth your personal strengths so that you can share them with the world. It brings restful sleep. Helps us relate to others and find compassion and empathy. Opens the energy flow on the Solar Plexus and Brow and any energy centers that are most in need.



***Leopard Jasper – SACRAL/SOLAR.** Aids in life's path; offers protection when manifesting one's path. Increases safety and security in achieving life goals. Assists in concentration and focus; helps with karmic agreements on the earth plane.



***Orange Calcite – SACRAL/SOLAR CHAKRA.** It balances and heals your emotions. Enhances

creativity. It strengthen your energy and assists in its movement. It brings joy and caring to yourself and others eliminating depression. Orange calcite clears a cluttered mind and reduces skepticism with things that may benefit you. Perfect for new beginnings and changes. It eliminates fear. A constant reminder of beauty and joy. It connects you with your true potential opening new doors for your advancement in life!



***Pyrite – SOLAR CHAKRA.** Also known as Fool's Gold. This beautiful stone takes its name from Pyrites lithos (Greek), "stone which strikes fire," in allusion to the sparking produced when iron is struck by a lump of pyrite. It only allows the positive and infuses you with a "Just do it" attitude. It gives energy to ideas and brings them into the physical reality. It gives you the confidence to author your own life. It balances masculine energy and increases sexual vitality. Thanks to its clarity and light, it helps with decision making and action taking. Held or placed over the kidneys enhances detoxification.



***Red Jasper – ROOT CHAKRA.** Very grounding. Energizing for those with chronic fatigue. It is recommended as a protection against the vibration of negativity. Heals mental stress. Centers one intellectually and makes it easier to be logical, clear headed and clear thinking. Increases one's intellectual capacity regardless of circumstances. Wakes one up, and increases intellectual capacity.



***Rose Quartz – HEART CHAKRA.** This is the stone representative of Love, including self-love, romantic love, friendship love, family love.... It brings beauty, peacefulness, forgiveness, and emotional balance to your life. It gently soothes and warms your emotions bringing great healing, even to childhood related traumas.



***Rutilated Quartz – SOLAR CHAKRA.** It powerfully amplifies energy, reason why is an excellent programming stone for healing. Opens sixth and seventh Chakras for meditation, clairvoyance, telepathy, and insight. It brings protection from radiation. An excellent stone for health and rejuvenation!



***Selenite – BROW/CROWN.** This is a stone for Healers, perfect to create a peaceful and healing environment without disturbances from the outside, just place a selenite in each corner of your home or practice space. It quickly unblocks stagnant energy. Selenite wands amplify the effect of any other stone they are placed with. It brings mental clarity and helps one to access Angelic guidance. Instills a deep peace. Great protection stone. Exchanged between lovers, it will bring about reconciliation.



***Septarian – ROOT/SACRAL/SOLAR.** Septarian is a geode that combines Yellow Calcite, brown Aragonite, grey Limestone and white/clear Barite, so it has the properties of each of those crystals. It has a very calming energy and a nurturing feel to it. It brings joy and spiritual uplifting. It is a great crystal for clear and thoughtful communication. Enhances your communication with Mother Earth as well. It prepares you for anything that is coming up. Good for the blood and kidneys.



***Serpentine – HEART CHAKRA.** Also known as New Jade, is the crystal for longevity and remembrance of past lives. It opens new pathways for the Kundalini energy. It reconnects you with your inner wisdom enhancing your meditation and spiritual exploration. It clears the chakras and stimulates the crown chakra, opening psychic abilities. It helps you directing healing energy toward where is most needed and corrects mental and emotional imbalances, helping you to feel more in control of your life. It is a extremely cleansing crystal that detoxifies the blood and the whole body.



***Sodalite – BROW CHAKRA.** It brings inner peace and helps you excel in communication and writing. Brings flow of logic, ideas, and truthfulness. It balances body energy levels via thyroid, pituitary, lymph. Helps insomnia, neck, mouth, hearing, blood sugar. Cooling and drawing for infections. It is a great stone for athletes, as it stimulates endurance. You can also wear it if you want to loose a few pounds!



***Sunstone – SACRAL CHAKRA.** Believed to be a piece of the sun, Sunstone was prized by ancient magicians. It brings the strength of the sun, happiness, power, and wealth. It heightens

intuition. Freedom, originality, sensuality, romance, sexuality, independence, luck and good fortune. Encourages optimism and enthusiasm. Vitality and self-healing powers.



***Tiger's Eye – SOLAR CHAKRA.** Confidence, willpower, clear thinking. Abundance, prosperity, and wealth. Works on mental plane. Amplifies thinking and manifesting what you think about. Helps change anxiety, fear and obsessiveness into practicality, logic, etc. It brings us correct use of power and integrity. It is a mental healer replacing criticism with self-worth. Good for overcoming addiction.



***Yellow Jasper – SOLAR CHAKRA.** Known to combat exhaustion. Rectifies unjust circumstances. Clears your mind. It detoxifies the organs and helps the digestive system. Brings courage and gives protection. Eliminates setbacks and digression. Carry it when you want a boost of positive energy. It supports you during times of stress and anxiety. It brings harmony and wholeness to you.



***White Jade – CROWN CHAKRA.** It brings purity and serenity. Good for gathering wisdom in tranquility. It awakens hidden knowledge. Loving and nurturing stone that attracts harmony, good feelings, and friendship. Stabilizes and integrates mind and body. It brings self-sufficiency. It make any tasks seem less complex. It is a cleansing crystal good for the kidneys. Aids with fertility and childbirth. If you hold it it will transfer its beautiful virtues to you. It connects you with the best possible result achieved in the most constructive way and without distractions.

From <<http://reikiwellbeing.org/healing-crystals/>>

From Crystal Vaults

Thursday, January 4, 2018 12:41 AM

WILLOWS brings the energy of "Acceptance" from light blue **Larimar**, the "Quiet" energy of silver **Topaz**, and the power of "Flexibility" from the turquoise rays of **Amazonite**.

LARIMAR assists in identifying self-imposed limitations and self-sabotaging behavior, especially toward martyrdom, and encourages taking control of one's life. It is particularly useful in admitting guilt, when guilty, and in bringing about a sense of peace in truthfulness. Light blue crystals, such as Larimar, help us accept the life we have, develop patience, reconcile differences, or seek forgiveness. They're excellent for recovery efforts from addictions or destructive patterns, aid in curbing tempers and help us become more dependable and cheerful.

SILVER TOPAZ embodies the energy of the spirit and opens one's senses to the essence of the Self. It brings an awareness of one's thoughts and deeds and the karmic effect these have, as well as a cosmic awareness and understanding of the "big picture" and how one fits into it all. Stimulating the Crown and etheric chakras, this high-vibrational crystal dissolves mental attachments and purifies emotions, helping to heal the soul. It enhances spiritual development, and works to clarify one's intention and align it with Divine Will in order to manifest it in the physical world.

AMAZONITE is a wonderful healer for the emotional body. It soothes trauma and calms the mind, alleviates worry and fear, and directs anger and irritability into a more positive action. In lighter shades, Amazonite carries the power of flexibility, relaxation, and balance. Amazonite increases self-esteem, especially in women, and reduces tendencies to self-neglect. It enhances the ability to communicate more effectively by identifying how one's words have created the current reality, and how to change one's vocabulary to reflect a higher, more aligned reality.

These three crystal essences combined together to create the perfect elixir for **learning acceptance in our lives!**

From <<https://mail.google.com/mail/u/0/#inbox/160bcd77fb04e43d>>

WHITE FEATHERS

A PREMIUM CRYSTAL ELIXIR FOR GRACE

Showing grace to others is a matter of dealing kindly with people, even if they don't deserve it. We can make the world a better place by acting gracefully. This elixir brings the crystal energy you need to be a more graceful person in your dealings with others.

This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified crystal alchemists.

To create this elixir, spring water, apple cider vinegar, the power of the full moon, pyramidal energy and the essences of three crystals were used.

WHITE FEATHERS brings the energy of "Adaptation" of **Turquoise**, the energy of "Endurance" from **Prehnite**, and the power of "Forgiveness" from light **Blue Lace Agate**.

TURQUOISE is a most efficient healer, providing solace for the spirit and well-being of the body. It benefits the overall mood and emotion by balancing and inducing a sense of serenity and peace. Holding or wearing Turquoise helps restore depleted vitality and lifts sagging spirits. It relieves stress and brings the focus back to the center heart. Darker, richer tones of Turquoise bring considerable power and flexibility. They counter intolerance and let us adapt to new ideas and environments.

PREHNITE crystals help focus and enhance your efforts to seek wisdom, lighting your path to understanding. It has a powerful Olive ray. Olive colored crystals are excellent to help you at the beginning of a search for knowledge and enlightenment. This is a stone to aid the apprentice, the student, and the assistant, which are all well versed in matters of discipline. Prehnite is a Dispellor Bonder Crystal. Dispellers are very helpful talismans for mental and spiritual problems. Bonders are outstanding crystals to use when there is need to create something that is bound tightly.

BLUE LACE AGATE is beneficial in self-analysis and uncovering hidden circumstances that might interfere with well-being. It promotes self-acceptance and confidence, encouraging the speaking of one's own truth. Agate overcomes negativity and bitterness of the heart, by healing anger, fostering love, and lending the courage to start over. It is useful for any kind of trauma. The lighter bands of Agate help us reflect on, question, and relax in our acceptance of the life we have. They help us develop patience, reconcile differences, or seek forgiveness.

These three crystal essences combined together to create the perfect elixir for **adding more grace to your life!**

MOONSTONE

CRYSTAL ESSENCE FOR CALM AND FERTILITY

As ancient as the moon itself, Moonstone holds the power of mystery. Its secrets are locked beneath a pearly veil, and with them, our own hidden truths. Since earliest times, Moonstone has been a tangible connection to the magic of the moon - an amulet of protection for travelers, a gift of lovers for passion, a channel for prophecy, and a path to wisdom.

EarthSong Premium Crystal Essences are made from the finest, most perfect crystals possible by certified crystal alchemists. This essence is specially designed to allow you to employ the healing properties of crystals into your daily life easily and effectively.

To create this essence spring water, apple cider vinegar, Moonstone, the power of the full moon, and pyramidal energy was used.

MOONSTONE has long been known for its calming, soothing qualities on the emotional body. Its energy is balancing and healing, assisting in the mastery of emotions by bringing them under the control of Higher Will, rather than expressing or repressing them. It also helps identify emotional patterns that are stored in the subconscious, and serves as a guardian to contain explosive passions, and to stimulate confidence and composure.

Used as an elixir, Moonstone helps in attuning to the normal rhythms of the biological forces of one's body and to utilize natural energy cycles. It powerfully affects the female reproductive system, enhancing fertility and promoting ease in pregnancy and childbirth, alleviates menstrual problems and change-of-life, balances the hormonal system and eliminates fluid retention. It also brings an overall calmness to the body and mind.

Sunstone

With the radiance of the sun and the fire of the solar ray, Sunstone carries the energy of Ra, the sun god, whose energy brings all potential life from within the Earth. It is a Stone of Leadership - of personal power, freedom, and expanded consciousness. Truly reflecting the qualities of Light, it brings openness, benevolence and warmth, strength, mental clarity, and the willingness and ability to bestow blessings upon others.

Sunstone is highly effective in cleansing the aura and chakras, and for removing hooks from possessive loved ones, lovers, or anyone draining of your energies. Sunstone surrounds these hooks with love and positive energy and returns them to the source. It is especially beneficial when ties need to be cut, or if you have difficulty saying "No." It helps remove co-dependency, overcomes procrastination, and encourages self-empowerment and independence.

Morganite

Morganite with its clear, peach-pink innocence embodies the first pale rays of a sunrise that swells the heart and warms the soul, releasing a sense of smallness in a vast universe and opening to the overwhelming presence of a Higher power. This is a Crystal of Divine Love. It brings healing, compassion, assurance, and promise. With its gentle pink energy, Morganite attunes to the heart and the Heart Chakra. It cleanses the emotional body of stress and anxiety.

Morganite opens and heals the Heart Chakra, helping to overcome fear, resentment and anger, and in recognizing unfulfilled emotional needs and feelings which have gone unexpressed. It also reveals defense mechanisms that are fear-based and make meaningful relationships difficult, thereby creating resistance to healing and transformation. Morganite stabilizes the emotional field, activating and energizing loving thoughts and actions, and brings in wisdom and calmness of mind.

Herkimer Diamond

Herkimer Quartz "Diamonds" are the high energy seekers of the crystal world. Unusually transparent with a brilliant sparkle, they manifest pure, solid Light and are powerful amplifiers of spiritual energy. As perfect conduits of the Universal Life Force,

they are exceptional healing crystals and are used in meditations, dream and vision work, and advanced spiritualization applications.

Herkimer Diamond carries an energy of delicate harmony and an understanding of the essential being within the self. It allows for appreciation of all that is within us and encourages us to recognize that there is "nothing to become," that we already are what we are seeking and only need to allow the actualization. Herkimers encourage the concept of beginning again in this lifetime, clearing the body-mind system of unconscious fears and repressions, and allowing for total relaxation and expansion of the Life energy.

Rhodochrosite

Known as the Stone of the Compassionate Heart, Rhodochrosite symbolizes selfless love. Rhodochrosite, however, directs that love first toward the self for the specific purpose of emotional healing. By empowering one to earnestly examine old wounds, suppressed feelings, and traumas of childhood or past lives, it enables one to view old situations with new information, and allows one to acknowledge and release pain, along with destructive patterns of behavior one may have adopted as a means to cope.

Rhodochrosite is a rescue/remedy stone, one that not only aids those in need but one that rescues the rescuer. It first directs its energy to the self, specifically for the purposes of emotional healing. It enables one to go deep within the heart to safely acknowledge, relive, and then release one's emotional wounds.

Stay tuned this week as we talk all about The Stone of the Compassionate Heart, Rhodochrosite, and how to use it in astrology, feng shui, elixirs, meditation, with animals, with angels, healing, and so much more!

THE LAGOON

A PREMIUM CRYSTAL ELIXIR OF SERENITY

A calm, tranquil lagoon of white sandy beaches, trade winds, and the music of the islands. Oh, we can all use some of that. Relax, unwind, and give yourself the chance to unwind and reconnect with your soul. This elixir is formulated to bring the tranquility of a quiet lagoon to your hectic life! This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified

crystal alchemists.

To create this elixir, spring water, apple cider vinegar, the power of the full moon, pyramidal energy and the essences of three crystals were used.

THE LAGOON brings the energy of "Calmness" from **Turquoise**, the energy of "Centering" from **Picture Jasper**, and the power of "Enchantment" from **violet Jade**.

TURQUOISE is a most efficient healer, providing solace for the spirit and well-being of the body. It benefits the overall mood and emotion by balancing and inducing a sense of serenity and peace. Holding or wearing Turquoise helps restore depleted vitality and lifts sagging spirits. It relieves stress and brings the focus back to the center heart. It is empathetic and balancing, helping one to recognize the causes of happiness and unhappiness, and to master them.

PICTURE JASPER provides a calm, harmonious energy for meditation. They are ideal for grounding and centering at the beginning of a ritual, and ease the transition to a meditative state. Picture Jasper is particularly conducive to joining with the energies of Mother Earth and all levels of the Goddess energies. Its beautiful lines, shades, and shadows are highly conducive to dream work and visioning and may be utilized for divination or foretelling the future.

VIOLET JADE is a "dream stone," releasing negative thoughts and irritability and soothing the mind. It stabilizes the personality, integrating mind with body, to stimulate ideas and make tasks less complex and easier to act upon. Placed on the forehead, it brings insightful dreams. Jade improves one's remembering of dreams and releases suppressed emotions via the dream process. It also assists in cherishing one's ideals and desires, and facilitates the ambition and building of those thoughts into physical reality. Jade provides confidence and self-assuredness, self-reliance and self-sufficiency.

Chrysocolla is first and foremost a Stone of Communication. Its very essence is devoted to expression, empowerment and teaching. The serenity of its turquoise-blue color discharges negative energies, calms, and allows truth and inner wisdom to surface and be heard. A peaceful stone, it emphasizes the power our words and actions have on those around us, and encourages compassion and strengthening of character.

Chrysocolla is a teaching stone, encouraging us to reveal our highest knowledge so that others may benefit from our experiences. This may come in the form of speaking lovingly to a friend and offering insights, a teacher to a student, or by simply modeling the power of words, chosen wisely with knowledge of their impact in the world. It is also a valuable tool for those who speak for a living.

Blue Calcite is primarily a stone used by women as a balancing and meditation stone for re-centering after excessive exposure to powerful Yang environments. If you need to restore yourself, meditation with calcite is highly recommended. Restoring balance is critical to your well being.

Calcite is a Seeker Builder Crystal. Seeker Builder crystals are used to focus your efforts to achieve a highly desirable goal. Finding your true love, getting your perfect home, or having a financially secure retirement are all dreams that take a great deal of focus and energy to accomplish. Calcite is a perfect aid for such efforts.

Blue Calcite crystals are the crystals of trust. When we seek to become more sincere, act more responsibly, or become more trustworthy or faithful, these crystals give us the focus we require.

Carnelian is orange Chalcedony, a crypto crystalline quartz. It is an ancient stone with a rich history of use in many cultures. It makes a wonderful meditation crystal.

Carnelian is a stabilizing crystal, perfect for anchoring in the present. Its high energy helps restore lost vitality and motivation, and stimulates creativity for new pursuits. It improves concentration and removes extraneous thoughts in daydreamers, and during meditation. This stone also protects against envy, rage, and resentment - yours, or from others, and encourages a love of life. It is useful for overcoming abuse of any kind, helping you to trust yourself and your perceptions.

Carnelian alleviates jealousy and possessiveness in relationships, and is helpful in overcoming sexual anxieties and eating disorders. It is also beneficial with male mid-life crisis.

BLACK TOURMALINE

CRYSTAL ESSENCE FOR SAFETY AND SECURITY

Ancient magicians relied upon Black Tourmaline, known as Schorl, to protect them from earth demons as they cast their spells. Today this stone is still revered as a premier talisman of protection, a psychic shield deflecting and dispelling negative energies, entities, or destructive forces.

EarthSong Premium Crystal Essences are made from the finest, most perfect crystals possible by certified crystal alchemists. This essence is specially designed to allow you to employ the healing properties of crystals into your daily life easily and effectively.

To create this essence spring water, apple cider vinegar, Iolite, the power of the full moon, and pyramidal energy was used.

BLACK TOURMALINE is a protective crystal that actually gives you a sense of power. It makes you feel secure, daring, and physically powerful. It will deepen your connection to the physical, natural world. It helps relieve you of fears specifically associated with your physical existence here on Earth. Use this crystal essence when you need to feel safe and secure.

Black Tourmaline is a stone of purification, cleansing the emotional body of negative thoughts, anxieties, anger or feelings of unworthiness. It helps in overcoming substance abuse and releases any suicidal thoughts or self-harming tendencies. It may be beneficial in treating obsessive or compulsive behaviors, and in relinquishing chronic worry.

Scheelite enhances stability and assists with a deeper connection with one's own soul. It is also an excellent stone to build community and togetherness with others.

Other practitioners report that Scheelite is a stone that promotes friendship and truth, and can be worn

to promote honesty and ease of communication. It is also believed to increase mental clarity, and be an energy focus for teachers. It is believed to enhance creative self-expression and to promote spirituality.

Like waters deep and ancient, Amazonite beckons in captivating shades of turquoise-green, promising to soothe the spirit and calm the soul. Its energy is as powerful as the river for which it is named, and as bold as the legendary women warriors with whom it is connected, yet it tempers aggression, tames the irrational, and stills the disquiet. It provides harmony and balance.

Amazonite assists in communicating one's true thoughts and feelings without over-emotionalism. It also enables one to see a problem from another's point of view in order to affect peace, or to see both sides of an issue objectively to resolve one's own inner conflicts. Sleeping with an Amazonite can bring these components into focus through the symbolism of dreams.

As a support stone, Amazonite aids in overcoming loneliness, and has been credited with making married life happier

Almandine Garnets have [fire energy](#). Fire energy is the energy of enthusiasm, warmth, brightness, illumination and activity. It is Yang in nature. It is the energy of heat, action, emotion and passion - of ideas, of concepts, and sex.

It is traditionally associated with the south area of a home or room. Like red and scarlet gemstones, it is to be used sparingly. Use these Almandine crystals to bring the sun's power and the fire element's energy to your life and home.

Almandine is known as a Stone of Tangible Truth. It assists in manifesting a realistic version of the physical world. Its energy helps alleviate worry, panic and fear, and assists in maintaining a calm connection to the present. It allows one to perceive the absolute support of the Universe. Its intellectual properties also make it useful to those exploring the fields of astronomy, astrology, and mathematics.

Charoite is a support crystal for those who care for the sick or elderly and for adoptive parents to bond with children with behavioral difficulties.

Charoite is a beautiful, and well known healing stone. Charoite is an incredible stone of the Violet Ray with an almost tangible movement of energy flowing in magnificent swirls and eddies of violet, lavender and purple. It is rare and complex, one of nature's best dream stones and illuminators, allowing access to lessons learned in past lives, healing emotional fears to live in the present, and opening to spiritual guidance for the future.

Charoite is a stone for overcoming and releasing fear and negativity. It allows one to recognize and examine the cause of unconscious fears, as well as deeply rooted, internalized negativity, and to discriminate between what is real and what the mind has created. Its cleansing energy aligns the heart and intellect and allows one to see oneself, and others, through a spirit of unconditional love and acceptance. It encourages flexibility and "letting go" of negative vibrations, and inspires one to move forward in relationships and in viewing the world.

Charoite is also beneficial in putting things into perspective and overcoming resistance to change. It helps battle compulsions and obsessions, and tempers frustration and worry. By bringing about a more relaxed attitude, Charoite assists one in accepting moments as they occur and seeing the good in all situations.

Shungite is a form of elemental carbon just like diamond. It has a natural mirror effect and is jet black. This Noble Shungite has a silver reflective appearance that makes it quite striking. As a Purifier it is one of the best available

Shungite is a Purifier Stone. It is elemental carbon. Purifiers are stones composed of a single element.

The Purifiers are all crystals that are composed of but a single element. Everything on this planet is made up of elements. They are the building blocks of matter. Because they combine with other elements to form compounds, most elements are not found in a pure state in nature.

The uses of the natural element class of crystals include promoting honesty, building faith, working for peace, giving joy to others, supporting charity, becoming humble, achieving spiritual growth, building virtues such as patience and courage, and protecting innocence. The pure motives align with the pure elemental power of the Purifiers.

Black crystals are very protective and offer you a retreat, the safety of being hidden from your enemies. Use the as protective amulets. Carry them when you are concerned for your personal safety. Keep one near your front door.

Other practitioners report that Shungite is often used to purify water for use in the bath. It is also reported to help shield from electromagnetic radiation. Most report it to be an excellent agent to purify a location or room.

The Castle Dome turquoise is distinguished from Sleeping Beauty by its more vibrant blue and the presence of more matrix. The matrix in Castle Dome turquoise is light brown to gold in color. This stone is unique because of the honey brown crust that is present before it is cut. Most of the remaining Castle Dome turquoise has been stabilized and cut into beads. The natural stone is extremely rare and hard.

THE OTHER SIDE

A PREMIUM CRYSTAL ELIXIR FOR CLARITY

The world, our minds, and the minds and feelings of others seem to be mysteries constantly. We need clarity in our dealings with people and their feelings. This elixir is one of clarity to help you see the other side of things.

This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified crystal alchemists.

To create this elixir, spring water, apple cider vinegar, the power of the full moon, pyramidal energy and the essences of three crystals were used.

THE OTHER SIDE brings the “Answers to Mysteries” from violet **Sapphire**, the power of “Clear Sight” from **Brandberg Amethyst**, and the power of “Empathy” from dark **Turquoise**.

VIOLET SAPPHIRE takes on the darker hue of winter’s majesty, the time just after the winter solstice. It inspires awe and invites a feeling of mystery and magic, nobility and luxury. It is one of the most powerful rays of nature, helping us interpret our dreams and inspiring us to great deeds and accomplishments. Violet Sapphire is particularly calming to those who are emotionally unstable, helping to eliminate excessive worries and fears, and to re-establish balance. It helps in relating to others and in finding one’s place in the world.

BRANDBERG AMETHYST provides marvelous support for healing the emotional body and

bringing it back to center. Its high vibrational energy calms and soothes, enveloping one in a pure, positive light. It emanates infinite compassion and can affect deep soul healing and forgiveness, allowing one to release past or present hurts and traumas, heartbreak, and negative thought forms or influences that no longer serve one's better good. Dark Amethyst provides the deep vision needed to see the future. It gives us powerful insight and enhances our perception of the potential effects of our decisions.

TURQUOISE is a most efficient healer, providing solace for the spirit and well-being of the body. It benefits the overall mood and emotion by balancing and inducing a sense of serenity and peace. It relieves stress and brings the focus back to the center heart. It is empathetic and balancing, helping one to recognize the causes of happiness and unhappiness, and to master them. Spiritually, Turquoise heals and cleanses both the energy centers and physical body. It acts to induce wisdom and understanding and to enhance trust and kindness.

Danburite is a very high vibrational crystal that has the unique property of being able to link and open the Heart energies to the Crown energies, enables one to reach higher states of consciousness easily, and can bring harmony to the emotional body. This is a very calming crystal.

It can also assist in healing and opening the Heart, and has a resonance with the Angelic Realm, enabling one to access the energy and guidance of the Angels.

IOLITE

CRYSTAL ESSENCE FOR EMOTIONAL ENDURANCE

Like a crisp, dark winter sky, Iolite, in shifting shades of violet-blue carries the spirit of journey, of dreams and intuition, of exploration and illumination. It is known as the Vikings' Compass and provides the vision to move us, physically and spiritually, from one realm to the next.

EarthSong Premium Crystal Essences are made from the finest, most perfect crystals possible by certified crystal alchemists. This essence is specially designed to allow you to employ the healing properties of crystals into your daily life easily and effectively.

To create this essence spring water, apple cider vinegar, Iolite, the power of the full moon, and pyramidal energy was used.

IOLITE, when used as an elixir, helps in recovering balance, and is recommended for those suffering from disorientation, lack of motivation, chronic disorganization, and distraction. It strengthens the resolve to take on responsibility and carry through and provides self-assurance and endurance in adverse situations.

Iolite examines the inner path of the deep self. It assists in letting go of the belief that one needs to control inner experiences and dissolves fear of the unknown or suppressed parts of the psyche. It increases the capacity to move forward and allows for the understanding that the examination of one's wounds is the most direct path to healing. It is a stone of inner treasure, helping to uncover the lost parts of oneself.

Onyx

The noble Onyx is a most ancient stone, known and utilized by even the earliest civilizations for its powerful energy and somber beauty. This deep black stone ribboned

with white was highly prized for use in ceremonies and burials, scrying and magical work, and as amulets on swords, shields and armor to protect and strengthen warriors in battle.

Onyx grounds and stabilizes the emotional body, bringing strength in difficult or confusing circumstances and during times of tremendous mental or physical stress. It calms nervousness, quells anxiety and fear, soothes tempers and restores rational thinking and self-control. It emanates the energy of self-mastery, imparting self-confidence, focus, ease in one's surrounding, and the gift of wise decision making.

Amethyst is especially supportive of the emotional body, bringing those who are overworked, overstressed, or overwhelmed back to center. It eases the mental anxieties that lead to physical tension and headaches, and is a great crystal to calm those who tend to be hot-headed and easily angered.

Amethyst is a wonderful talisman for use in the creative arts, especially in darker shades. It assists endeavors where new, original results need to be created using tools and methods of the past. It is often used as the Artist's Stone, the Composer's Stone, the Inventor's, Poet's and Painter's Stones. Keep an Amethyst crystal or cluster in the area to focus and amplify the creative elements of the Universal Life Force.

SPIRIT QUARTZ

CRYSTAL ESSENCE FOR INSIGHTFUL HEALING

Spirit Quartz is a crystal of Harmony and Alignment. It takes all the crystal energies of the main stone and amplifies them over and over again in all the tiny points, each reflecting light back and forth to one another so all can bathe in the combined radiance of the whole. Its resonance is spiritually uplifting, radiating high-vibrational energy in all directions, and is a perfect ally in aligning the aura, chakras, meridians and the physical body, as well as carrying the gifts of Spirit out into the world. EarthSong Premium Crystal Essences are made from the finest, most perfect crystals possible by certified crystal alchemists. This essence is specially designed to allow you to employ the healing properties of crystals into your daily life easily and effectively.

To create this essence spring water, apple cider vinegar, Lithium Quartz, the power of the full moon, and pyramidal energy was used.

SPIRIT QUARTZ, when used as an elixir, perfectly blends and balances the energies of male and female, yin and yang, and enhances all metaphysical abilities. It facilitates transition between different brainwave states, heightening awareness and psychic perception, and encourages insightful dreams. It assists in out-of-body journeying and the ascension process, activates the lightbody, and provides multi-directional spiritual and cellular healing.

Spirit Quartz carries the vibration of universal love for healing. It helps in reframing the past, and to realign the etheric blueprint for the present life. In traumatic situations, Spirit Quartz pinpoints karmic connections and provides the gift of karmic justice, allowing for self-forgiveness. It is also a useful tool for rebirthing.

Dalmatian Stone

The Dalmatian Stone appeals to the child within us all, fortifying the spirit and encouraging a sense of playfulness. It is particularly beneficial for those who are overly analytical, returning some of the intellectual carefulness back into the physical joy of simply being. It has a grounding energy, supportive of family and loyalty, and has a calming influence on children and animals.

If life has become burdensome and all sense of joy seems to be lost, wearing or carrying a Dalmatian Stone can reawaken a sense of fun and humor. It has a fortifying, restorative and emotionally harmonizing effect, counteracting disillusion, cynicism, and skepticism.

BEYOND THE VEIL

A PREMIUM CRYSTAL ELIXIR OF PSYCHIC POWER

We catch glimpses in our mind's eye of things just out of sight, that we just don't quite understand. This elixir is one to help lift the veil in our mind's eye and give us the vision to see our way in life. This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified crystal alchemists.

To create this elixir, spring water, apple cider vinegar, the power of the full moon, pyramidal energy and the essences of three crystals were used.

BEYOND THE VEIL brings the energy of "Vision" from Amethyst, the energy of "Truth" from the dark indigo rays of Iolite, and the power of "Receptiveness" from Peridot.

AMETHYST is especially supportive of the emotional body, bringing those who are overworked, overstressed, or overwhelmed back to center. It eases the mental anxieties that lead to physical tension and headaches and is a great crystal to calm those who tend to be hot-headed and easily angered. Dark Amethyst gives us the deep vision needed to see the future. It gives us powerful insight and enhances our perception of the potential effects of our decisions.

IOLITE combines the intuition of the violet ray with the trust of the pure blue ray. It brings wisdom, truth, dignity and spiritual mastery. A stone of judgment and long life, it promotes introspection and can result in profound wisdom when used well. Dark indigo Iolite provides honesty and is especially good for religious and spiritual journeys, while light indigo Iolite connects us to the natural world and improves our appreciation of others. It is a stone of inner treasure, helping to uncover the lost parts of oneself, and in receiving the peace one's spiritual journey brings.

PERIDOT combines the green rays of growth with the yellow rays of pure sunshine, a time of development, strength, and maturity. It enhances our receptiveness to new meanings and ideas and lights the path to wisdom and understanding. It is a talisman of the search for knowledge and

enlightenment. In lighter shades, Peridot provides the perseverance needed in our quest for understanding the natural universe, efforts that require deep concentration, determination, and endurance for mental challenges. In deeper tones, Peridot is a "Study Stone", aiding us in the long quest for a higher state of understanding or awareness.

These three crystal essences combined together to create the perfect elixir for **helping lift the veil in our mind's eye!**

LITHIUM QUARTZ

CRYSTAL ESSENCE FOR SOOTHING THE HEART AND MIND

Lithium Quartz is a crystal of dreams, intuition, and luxury. It is a healing crystal of the Crown Chakra and a meditation stone when you seek to understand your dreams. These crystals are stones of mystery and deep magical powers. They are used in many spells and incantations. EarthSong Premium Crystal Essences are made from the finest, most perfect crystals possible by certified crystal alchemists. This essence is specially designed to allow you to employ the healing properties of crystals into your daily life easily and effectively.

To create this essence spring water, apple cider vinegar, Lithium Quartz, the power of the full moon, and pyramidal energy was used. Used as an elixir, Lithium Quartz can assist in understanding your dreams, ease depression and anxiety, soothe the emotional body, lessen stress, and bring about inner peace and harmony.

LITHIUM QUARTZ is a combination of pure clear quartz with inclusions of Lithium rich minerals which gives this gem its light to deep violet hue. This crystal helps us enter a deeper meditation to bring about healing, emotional peace, and a connection to the higher self. It calms frayed nerves and helps to alleviate stress. It is also known to ease both depression and anxiety.

The strong energy and vibration from Lithium Quartz moves throughout your body, healing the aura and activating all chakras. When activating the Heart Chakra Lithium Quartz creates a profound and deep understanding and fills the emotional body with compassion. In the Brow Chakra (or Third Eye) it brings intuition, increased perception, and connection to the spirit. While in the Crown Chakra it can connect us to higher planes of existence and assist in spiritual growth and as aids on inner journeys.

Stichtite

Stichtite gives off a deep loving vibration that has a strong effect within both the Crown and Heart Chakras. It brings light and love down from the higher realms through the Crown Chakra and into the Heart Chakra. It links them with love and compassion. Stichtite assists in forgiving old problems that you have had trouble letting go of. Crystal healers often use Stichtite to support emotional and physical recovery with health after illness, depression, and/or emotional trauma.

Stichtite itself is known as a wonderful dream stone. It is often used with great success to interpret dreams. To use it for this purpose. you can place it under your pillow at

night or near your bed to capture the dream essence. Then upon awakening, hold the stone on your forehead for several minutes until the dream and its meaning reenter your mind. Also, it can be the perfect dreamcatcher stone; use it in dreamcatcher designs. A few on each side of your bed has been known to help with peaceful sleep and dreams as well.

CLOUDS OF PROMISE brings the energy of **“Faith”** from blue Celestite, the promise of the **“Future”** from Phenakite, and the **“Mature Love”** power of dark red Fire Agate.

Bloodstone is an ancient and honored stone. In today's world, it is a "stone of courage" that will aid you to find creative ways to keep your life in balance. It also is being used to attract wealth.

PREMIUM BLOODSTONE ESSENCE

PROTECTIVE AND NURTURING ENERGY

In the ancient world, Bloodstone was considered to be the most beautiful of the Jaspers, a deep, earthy green gem emboldened with spots of bright red. Called the Sun Stone, and later Christ's Stone, its energy carries the purity of blood and inherently speaks of life and birth, vitality and strength, passion and courage. As a talisman, it is both mystical and magical, and its virtues are protective and nurturing. This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified crystal alchemists.

To create this elixir spring water, apple cider vinegar, several selected crystals, the power of the full moon, and pyramidal energy was used.

Bloodstone carries a tremendous power to ground one fully in the body, in the here and now, and to enhance one's capacity to function with strength, determination, and courage. It provides emotional support during times of extreme adversity and helps those who have been bullied or abandoned by others to regain their connection to the Divine, letting them know that loneliness and isolation are mere illusion.

Bloodstone teaches that chaos often precedes transformation and guides one in knowing when it is appropriate to strategically withdraw from situations, and when flexibility and taking right action will help one remain true to one's own path. Bloodstone calms the emotional body, dispels confusion and enhances decision-making, nourishing feelings of worth, self-confidence and self-sufficiency.

This Premium Bloodstone Essence is specially designed to allow you to employ the healing properties of Bloodstone into your daily life easily and effectively.

Blue Lace Agate

Blue Lace Agate has a soft, soothing elegance; like sky-blue waters released from winter's grasp. Its graceful, circular design has a stimulating, positive effect on emotions and attitude. It is not a stone of protection, but rather of encouragement and support. Its circular flowing energy calms, uplifts and elevates.

Blue Lace Agate inspires loyalty and trustworthiness. It is an excellent support crystal for all caregivers, calming stress-related situations and overcoming communication difficulties. It also promotes inner stability, composure, and maturity. Its warm, protective properties encourage security and self-confidence.

CHAKRA BALANCE ELIXIR

HEALING AT ALL SEVEN LEVELS

This Chakra Balance crystal elixir has been specially created using an array of colourful crystals, harnessing the energy of each of the seven Chakras.

This special crystal elixir can be used to balance all the Chakras within the etheric and auric body, including the Base, Sacral, Solar Plexus, Heart, Throat, Third Eye and Crown Chakras to enable and to maintain overall well-being, connecting the upper and lower Chakras to facilitate healing at all levels.

This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified crystal alchemists.

To create this elixir spring water, apple cider vinegar, several selected crystals, the power of the full moon, and pyramidal energy was used.

A beautiful rainbow of colored crystal essences combined together to create the perfect elixir for **balancing all seven chakras!**

Celestite

Celestite offers a gentle, uplifting energy which can raise and expand one's awareness into the higher realms. It is good for creative expression, speech, and clear thought, especially about complex ideas. It calms and sharpens the mind, dispersing worry, and promoting mental clarity. It aids the analysis of complex ideas.

Celestite is a very high energy crystals. It offers a gentle, uplifting energy which can raise and expand one's awareness into the higher realms. It is one of the most effective stones for accessing the angelic realm.

RESISTANCE

A PREMIUM CRYSTAL ELIXIR OF WILLPOWER

Willpower is defined as a personal characteristic of self-discipline, having control of one's self, and control of one's conduct. You may be lacking the willpower to keep yourself from overindulging in food, gambling, or alcohol.

Sometimes we need more willpower and self-discipline to work harder at our job or school. We may even need more willpower to resist buying more than we need or to improve our impulse control.

Willpower is resistance to demands and yearnings that threaten our goals and desires. It is a powerful force, but a fragile one. This elixir is designed to fortify your willpower and resolve.

This premium crystal elixir is made from three Premium EarthSong Studios Crystal Essences. Each of the essences is made from the finest, most perfect crystals possible then blended to perfection by certified crystal alchemists.

To create this elixir, spring water, apple cider vinegar, the power of the full moon, pyramidal energy and the essences of three crystals were used.

RESISTANCE brings the energy of "Strength" from Garnet, the energy of "Progress" from Green Tourmaline, and the power of "Realism" from Heliodor.

Garnet provides a protective influence and a calming stable vitality during use. It is thought to heal emotional problems. Garnet is useful to have in a crisis, particularly in situations where there seems to be no way out or where life has fragmented. It fortifies, activates, and strengthens the survival instinct, bringing courage and hope into those situations.

Garnet can act as a strong help to balance the energy system, stimulate desires and uplift your attitude. As a balancer stone, Garnet can prevent fears of insecurity and even money losses. They're lucky stones: lucky for love, success, and for goals. Use Garnet to increase your positivity and popularity, thus enhancing your personal self-esteem.

Turning negative energy into positive, **Green Tourmaline** helps one to "see with the

heart” and witness the miracles of life. It encourages a feeling of gratitude and promotes interest in fellow human beings and the environment.

Green Tourmaline brings an invigorating growth and expansion to the emotional body, allowing one to be more expressive and less fearful of change. It inspires compassion, tenderness, patience, and nurtures a sense of belonging.

Heliodor promotes balance between the intuitive and conscious levels of oneself, helping to eliminate the duality within one's character. It brings about a sympathetic and compassionate understanding when confronting delicate issues.

Heliodor encourages a sense of hope, possibility, and vitality to the emotional body. It is empowering and optimistic, and assists in learning whatever is necessary to promote change in one's reality, helping to accomplish one's dreams and goals. It is the ultimate confidence and well-being crystal often called the sunshine stone.

These crystal essences combined together to create the perfect elixir for **strengthening your willpower!**

Heliodor

Heliodor promotes balance between the intuitive and conscious levels of oneself, helping to eliminate the duality within one's character. It brings about a sympathetic and compassionate understanding when confronting delicate issues.

Heliodor encourages a sense of hope, possibility, and vitality to the emotional body. It is empowering and optimistic, and assists in learning whatever is necessary to promote change in one's reality, helping to accomplish one's dreams and goals. It is the ultimate confidence and well-being crystal often called the sunshine stone.

Stay tuned this week as we talk all about The Stone of the Sun, Heliodor, and how to use it in astrology, feng shui, elixirs, meditation, with animals, with angels, healing, and so much more!

From <<https://mail.google.com/mail/u/0/#search/crystal+vaults/15fdbbf963489198>>

House of Intuition

Thursday, January 4, 2018 12:45 AM

RHODOCROSITE

Chakra: Heart

Aids in selfless love and compassion. Inspires a dynamic and positive attitude.
Nurtures unloved feelings. Encourages expression of feelings. Brings in light.

RULED BY THE PLANET VENUS: [meant for love energy](#)

FLUORITE

Chakra: Third Eye

The "Psychic Vacuum". Great for removing cluttered thinking.
Anchors intuitive insights into the physical plane, allowing mental and physical coordination.

SUNSET OPAL AURA POINTS

Chakra: All

Universal Love. Helps with accepting and trusting others and healing heart breaks. Calms the mind and assists in releasing worry.
Great for creative energies that one has been longing for.

YELLOW OBSIDIAN

Chakra: Solar Plexus

Boosts self-esteem during times of doubt.
Used in rituals regarding vision-seeking, scrying, and communication with plants, animals and spirits.

RED TIGER'S EYE

Chakra: Root

A stimulating stone that overcomes lethargy and provides motivation.
Speeds up metabolism.
Increases a low sex drive.
Magnifies personal power, courage and energy.

ANGEL AURA QUARTZ

Chakra: Crown

Uplifts one's mood and brings in a state of serenity.
Clears and balances the aura and chakra system by removing any stagnant cords, limited beliefs, and unhealthy mental attitudes.
Leads to enlightenment.

DUMORTIERITE

Chakra: Throat

Assists in standing up confidently for yourself and activating your instinct for self-preservation.
Stabilizes a rocky relationship and attracts soulmates.
Helps you see the worth in every person.

LAVENDER QUARTZ

Chakra: Third Eye and Heart

A type of Rose quartz, Lavender quartz can help train you to react instinctively from a place of love.

It can also ease away bodily pain, headaches, tension, stress and relaxes muscles. It soothes one before sleep and combats sleeping difficulties related to stress, anxiety and worry.

Lavender Quartz is said to alleviate lack of self worth and low self esteem.

LARIMAR

Chakra: Crown and Heart

Hailing from the Caribbean, these beautiful stones look like the seas they come from. Created by volcanic activity, Larimar balances water and fire energy.

Teaches respect, love, and nurturing. Cleanses unhealthy emotional blocks and releases attachments. Excellent for pregnant or new mothers to relieve depression and stress.

ROSE QUARTZ

Chakra: Heart

Stone of universal love. Strengthens and balances the heart.

Brings comfort in time of grief.

Encourages forgiveness and invokes self-trust.

STRAWBERRY OBSIDIAN PALM STONE

For those who suffer with anxiety, consider the Strawberry Obsidian Palm Stone your new best friend.

A good grounding and balancing stone. Allows the holder to face their own fears and challenge their anxiety so that they can see that it was not needed. Helps one to realize the areas in yourself that needs changing.

(Chakra: Root)

SMOKY QUARTZ

Chakras: root and solar plexus

One of the most anchoring and grounding stones.

Neutralizes negative vibrations. Promotes concentration and alleviates communication difficulties. Boosts inner strength and transmutes anxiety & depression.

ORANGE CITRINE

Chakra: Root, Sacral, Solar

Stone of abundance. Self-cleansing. Increases energy and can be used to cleanse all chakras.

A great stone for new businesses and artists of all kinds.

From <<https://mail.google.com/mail/u/0/#inbox/160bdfb7a022f82c>>

