I was told about MBTI test about 2 years ago from a friend of mine. She told me “You must get ENFJ as the result.” And surprisingly, she was right.

But recently, I took many kinds of MBTI test again, and it turned out ENTJ or INTJ. I hardly mind the result of MBTI test, but at some points, I think MBTI test can be a good method to figure people’s personality out.

And I was given some thoughts about my personality from that test.

When it comes to E and I, that mean extroversion and introversion.

I was born as absolutely introverted. But my personality has changed over the years going through many aspects of life. Now I don’t feel shy before other people like not minding to sing in front of audiences, giving a presentation and so on. But I guess my nature is still introverted as I like to stay home at my holidays, and sometimes I feel need of my own time for rest.

And there are S and N which stand for sensing, and intuition.

I don’t understand what’s exact difference between two of them. And don’t have any idea.

Another things are F and T. Feeling and Thinking.

I think I’m rather in the middle of them. I’m concerned to feeling and thinking both. But it seems like I rather tend to be reasonable than to be emotional.

Lastly, J and P. Judging, Perceiving.

The result says I’m close to judging person. And I think so.

Overall, the reliability of MBTI test seems high in my case. I don’t think it’s always right but it would be a good reference to find out my character and it may help me to understand myself.

I have always thought that deep understanding of each individual is very important to control their mind. And I should know myself enough in order to understand other people. I may accept pros and cons of my character and may admit other’s too.