

Multidimensional Personality Questionnaire
Brief Form (v 3-31-01)

In this booklet you will find a series of statements a person might use to describe her/his attitudes, opinions, interests, and other characteristics.

Each statement is followed by two choices, numbered (1) and (0) in the booklet. Read the statement and decide which choice best describes you. Then mark your answer on the answer sheet.

In marking your answers on the answer sheet, be sure that the number of the statement in the booklet is the same as the number on the answer sheet.

Please answer every statement, even if you are not completely sure which answer is right for you.

Read each statement carefully, but don't spend too much time deciding on the answer.

1. It is easy for me to become enthusiastic about things I am doing.
(1) True (0) False
2. I am quite effective at talking people into things.
(1) True (0) False
3. Some people say that I put my work ahead of too many other things.
(1) True (0) False
4. I have occasionally felt discouraged about something.
(1) True (0) False
5. I usually like to spend my free time with friends rather than alone.
(1) True (0) False
6. Often I get irritated at little annoyances.
(1) True (0) False
7. Many people try to push me around.
(1) True (0) False
8. Often when I get angry I am ready to hit someone.
(1) True (0) False
9. I like to stop and think things over before I do them.
(1) True (0) False
10. I am often nervous for no reason.
(1) True (0) False
11. I might enjoy riding in an open elevator to the top of a tall building under construction.
(1) True (0) False
12. I don't like to see religious authority overturned by so-called progress and logical reasoning.
(1) True (0) False
13. I can be deeply moved by a sunset.
(1) True (0) False
14. My table manners are not always perfect.
(1) True (0) False
15. I enjoy being in the spotlight.
(1) True (0) False
16. I set very high standards for myself in my work.
(1) True (0) False
17. When I am unhappy about something,
(1) I tend to seek the company of a friend
(0) I prefer to be alone
18. My mood often goes up and down.
(1) True (0) False
19. I know that certain people would enjoy it if I got hurt.
(1) True (0) False
20. When someone hurts me, I try to get even.
(1) True (0) False

21. I am more likely to be fast and careless than to be slow and plodding.
(1) True (0) False
22. It might be fun and exciting to be in an earthquake.
(1) True (0) False
23. Strict discipline in the home would prevent much of the crime in our society.
(1) True (0) False
24. When listening to organ music or other powerful music, I sometimes feel as if I am being lifted into the air.
(1) True (0) False
25. I have always been extremely courageous in facing difficult situations.
(1) True (0) False
26. I often feel happy and satisfied for no particular reason.
(1) True (0) False
27. I often keep working on a problem even if I am very tired.
(1) True (0) False
28. I am usually happier when I am alone.
(1) True (0) False
29. I suffer from nervousness.
(1) True (0) False
30. People often try to take advantage of me.
(1) True (0) False
31. I admit that I sometimes enjoy hurting someone physically.
(1) True (0) False
32. Basically I am a happy person.
(1) True (0) False
33. I often prefer to "play things by ear" rather than to plan ahead.
(1) True (0) False
34. Of these two situations I would dislike more:
(1) Having a pilot announce that the plane has engine trouble and it may be necessary to make an emergency landing,
(0) Working in the fields digging potatoes.
35. The best way to achieve a peaceful world is to improve people's morals.
(1) True (0) False
36. Sometimes thoughts and images come to me without any effort on my part.
(1) True (0) False
37. At times I have been envious of someone.
(1) True (0) False
38. I live a very interesting life.
(1) True (0) False
39. People find me forceful.
(1) True (0) False
40. I am a warm person rather than cool and distant.
(1) True (0) False
41. I often find myself worrying about something.
(1) True (0) False

42. People often say mean things about me.
(1) True (0) False
43. I see nothing wrong with stepping on people's toes a little if it is to my advantage.
(1) True (0) False
44. When faced with a decision I usually take time to consider and weigh all possibilities.
(1) True (0) False
45. I usually do not like to be a "follower." (1) True (0) False
46. I would enjoy trying to cross the ocean in a small but seaworthy sailboat.
(1) True (0) False
47. I am opposed to more censorship of books and movies because it would go against free speech.
(1) True (0) False
48. If I wish I can imagine (or daydream) some things so vividly that it's like watching a good movie or hearing a good story.
(1) True (0) False
49. My opinions are always completely reasonable.
(1) True (0) False
50. Every day I do some things that are fun.
(1) True (0) False
51. When I work with others I like to take charge.
52. People say that I drive myself hard.
(1) True (0) False
53. I am too sensitive for my own good.
(1) True (0) False
54. My "friends" have often betrayed me.
(1) True (0) False
55. I enjoy a good brawl.
(1) True (0) False
56. I am very level-headed and usually have both feet on the ground.
(1) True (0) False
57. Of these two situations I would dislike more:
(1) Having to walk around all day on a blistered foot,
(0) Sleeping out on a camping trip in an area where there are rattlesnakes.
58. It is a pretty unfeeling person who does not feel love and gratitude toward her/his parents.
(1) True (0) False
59. Sometimes I can change noise into music by the way I listen to it.
(1) True (0) False
60. If I have a humiliating experience I get over it very quickly.
(1) True (0) False

61. I have at times eaten too much.
(1) True (0) False

62. I usually find ways to liven up my day.
(1) True (0) False

63. In most social situations I like to have someone else take the lead.
(1) True (0) False

64. I am not a terribly ambitious person.
(1) True (0) False

65. I am more of a "loner" than most people.
(1) True (0) False

66. I would be more successful if people did not make things difficult for me.
(1) True (0) False

67. Sometimes I hit people who have done something to deserve it.
(1) True (0) False

68. I almost never do anything reckless.
(1) True (0) False

69. Of the these two situations I would dislike more:
(1) Being out on a sailboat during a great storm at sea,
(0) Having to stay home every night for two weeks with a sick relative.

70. I would prefer to see:
(1) Stricter observance of major religious holidays
(0) Greater acceptance of nontraditional families, like single-parent families

71. I can often somehow sense the presence of another person before I actually see or hear her/him.
(1) True (0) False

72. I have always been completely fair to others.
(1) True (0) False

73. People rarely try to take advantage of me.
(1) True (0) False

74. Most mornings the day ahead looks bright to me.
(1) True (0) False

75. I am very good at influencing people.
(1) True (0) False

76. I enjoy putting in long hours.
(1) True (0) False

77. For me one of the best experiences is the warm feeling of being in a group of good friends.
(1) True (0) False

78. Occasionally I have strong feelings (like anxiety or anger) without really knowing why.
(1) True (0) False

79. I would rather turn the other cheek than get even when someone treats me badly.
(1) True (0) False

80. I often act on the spur of the moment.
(1) True (0) False
81. Of these two situations I would dislike more:
(1) Being at the circus when two lions suddenly get loose down in the ring,
(0) Bringing my whole family to the circus and then not being able to get in because a clerk sold me tickets for the wrong night.
82. Higher standards of conduct are what this country needs most.
(1) True (0) False
83. The sound of a voice can be so fascinating to me that I can just go on listening to it.
(1) True (0) False
84. I have at times been angry with someone.
(1) True (0) False
85. Most days I have moments of real fun or joy.
(1) True (0) False
86. I often act without thinking.
(1) True (0) False
87. When it is time to make decisions, others usually turn to me.
(1) True (0) False
88. I often keep working on a problem long after others would have given up.
(1) True (0) False
89. I prefer to work alone.
(1) True (0) False
90. Minor setbacks sometimes irritate me too much.
(1) True (0) False
91. People often just use me instead of treating me as a person.
(1) True (0) False
92. I don't like to start a project until I know exactly how to do it.
(1) True (0) False
93. Of these two situations I would dislike more:
(1) Riding a long stretch of rapids in a canoe,
(0) Waiting for someone who's late.
94. I am disgusted by dirty language.
(1) True (0) False
95. Some music reminds me of pictures or changing patterns of color.
(1) True (0) False
96. I always tell the entire truth.
(1) True (0) False
97. I often feel sort of lucky for no special reason.
(1) True (0) False
98. I do not like to be the center of attention on social occasions.
(1) True (0) False
99. I work just hard enough to get by without overdoing it.
(1) True (0) False
100. I have few or no close friends.

- (1) True (0) False
101. I sometimes get very upset and tense as I think of the day's events.
(1) True (0) False
102. Some people are against me for no good reason.
(1) True (0) False
103. I can't help but enjoy it when someone I dislike makes a fool of herself/himself.
(1) True (0) False
104. I seldom feel really happy.
(1) True (0) False
105. Of these two situations I would dislike more:
(1) Being chosen as the "target" for a knife-throwing act,
(0) Being sick to my stomach for 24 hours.
106. No decent person could ever think of hurting a close friend or relative.
(1) True (0) False
107. I can so completely wander off into my own thoughts while doing a routine task that I actually forget that I am doing the task and then find a few minutes later that I have finished it.
(1) True (0) False
108. Sometimes I'm a bit lazy.
(1) True (0) False
109. Every day interesting and exciting things happen to me.
(1) True (0) False

110. I am quite good at convincing others to see things my way.
(1) True (0) False
111. I push myself to my limits.
(1) True (0) False
112. I am happiest when I am with people most of the time.
(1) True (0) False
113. I am often troubled by guilt feelings.
(1) True (0) False
114. I know that people have spread false rumors about me on purpose.
(1) True (0) False
115. I like to watch a good, vicious fight.
(1) True (0) False
116. Before I get into a new situation I like to find out what to expect from it.
(1) True (0) False
117. I perform for an audience whenever I can.
(1) True (0) False
118. I am not at all sorry to see many of the traditional values change.
(1) True (0) False
119. I can sometimes recall certain past experiences in my life so clearly and vividly that it is like living them again, or almost so.
(1) True (0) False
120. Never in my whole life have I taken advantage of anyone.
(1) True (0) False

121. In my spare time I usually find something interesting to do.
(1) True (0) False
122. In social situations I usually allow others to dominate the conversation.
(1) True (0) False
123. I like to try difficult things.
(1) True (0) False
124. I prefer not to "open up" too much, not even to friends.
(1) True (0) False
125. My mood sometimes changes from happy to sad, or sad to happy, without good reason.
(1) True (0) False
126. I have often been lied to.
(1) True (0) False
127. Sometimes I just like to hit someone.
(1) True (0) False
128. I am a cautious person.
(1) True (0) False
129. Of these two situations I would dislike more:
(1) Being in a flood,
(0) Carrying a ton of bricks from the backyard into the basement.
130. At times I somehow feel the presence of someone who is not physically there.
(1) True (0) False
131. I have sometimes felt slightly hesitant about helping someone who asked me to.
(1) True (0) False
132. My feelings are hurt rather easily.
(1) True (0) False
133. For me life is a great adventure.
(1) True (0) False
134. I do not like to organize other people's activities.
(1) True (0) False
135. I find it really hard to give up on a project when it proves too difficult.
(1) True (0) False
136. I often prefer not to have people around me.
(1) True (0) False
137. I often lose sleep over my worries. (1)
True (0) False
138. When people are friendly they usually want something from me.
(1) True (0) False
139. When people insult me, I try to get even.
(1) True (0) False
140. I usually make up my mind through careful reasoning.
(1) True (0) False
141. Of these two situations I would dislike more:

- (1) Being seasick every day for a week while on an ocean voyage,
(0) Having to stand on the window ledge of the 25th Floor of a hotel because there's a fire in my room.
142. People should obey moral laws more strictly than they do.
(1) True (0) False
143. I have never felt that I was better than someone else.
(1) True (0) False
144. I always seem to have something exciting to look forward to.
(1) True (0) False
145. I don't enjoy trying to convince people of something.
(1) True (0) False
146. I like hard work.
(1) True (0) False
147. Never in my whole life have I wished for anything that I was not entitled to.
(1) True (0) False
148. I am rather aloof and maintain distance between myself and others.
(1) True (0) False
149. There are days when I'm "on edge" all of the time.
(1) True (0) False
150. I have had a lot of bad luck.
(1) True (0) False
151. Sometimes I seem to enjoy hurting people by saying mean things.
(1) True (0) False
152. I generally do not like to have detailed plans.
(1) True (0) False
153. It might be fun learning to walk a tightrope.
(1) True (0) False
154. High moral standards are the most important thing parents can teach their children.
(1) True (0) False
155. Sometimes I am so immersed in nature or in art that I feel as if my whole state of consciousness has somehow been temporarily changed.
(1) True (0) False