QSU-brief

Please read each statement below and circle the answer that best describes how you feel right now.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  | Strongly Disagree | | |  |  | Neither Agree nor Disagree | | |  |  | Strongly Agree | |
|  |  |  | |  |  | |  | |  |  | |  | |  |
| 1. | I have a desire for a cigarette right now. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 2. | Nothing would be better than smoking a cigarette right now |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 3. | If it were possible, I probably would smoke now. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 4. | I could control things better right now if I could smoke. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 5. | All I want right now is a cigarette. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 6. | I have an urge for a cigarette. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 7. | A cigarette would taste good now. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 8. | I would do almost anything for a cigarette now. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 9. | Smoking would make me less depressed. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |
| 10. | I am going to smoke as soon as possible. |  | | 1 | 2 | | 3 | | 4 | 5 | | 6 | | 7 |