



Wardiere.Inc



EGCI340: Software Design

Assignment 2



DOES

Take the depression screening

Look at emotion evaluation record

Make a 30-minute-session appointment with a counselor

"Am I stressed out? Do I need to talk to anybody?"

SAY

"I feel good today!"

"I don't know why I feel this way today."



THINK

"Am I being dramatic?"

"This game calms my mind."

"I've been happier this week."

Anxious for getting uncompelling results

Relief and Hopeful seeing good progress of their emotions report

Overwhelmed facing negative emotions when screening

FEEL

Pain

Frustrated: having to keep up with their own emotions

Confused: users do not know how they feel

Inconsistent: if users forget to record their mood everyday

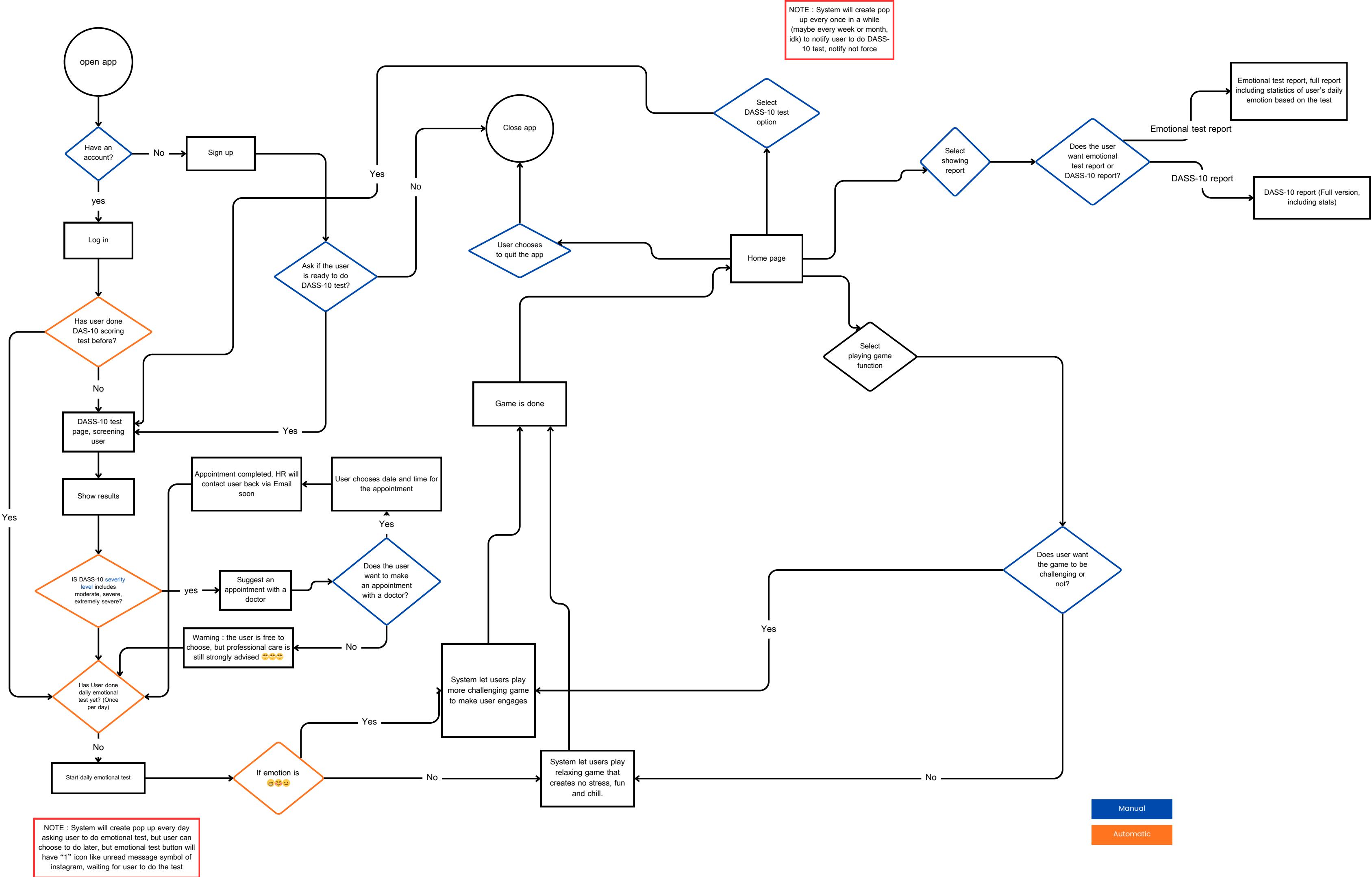
Lost: not understanding the root cause of their negative emotions

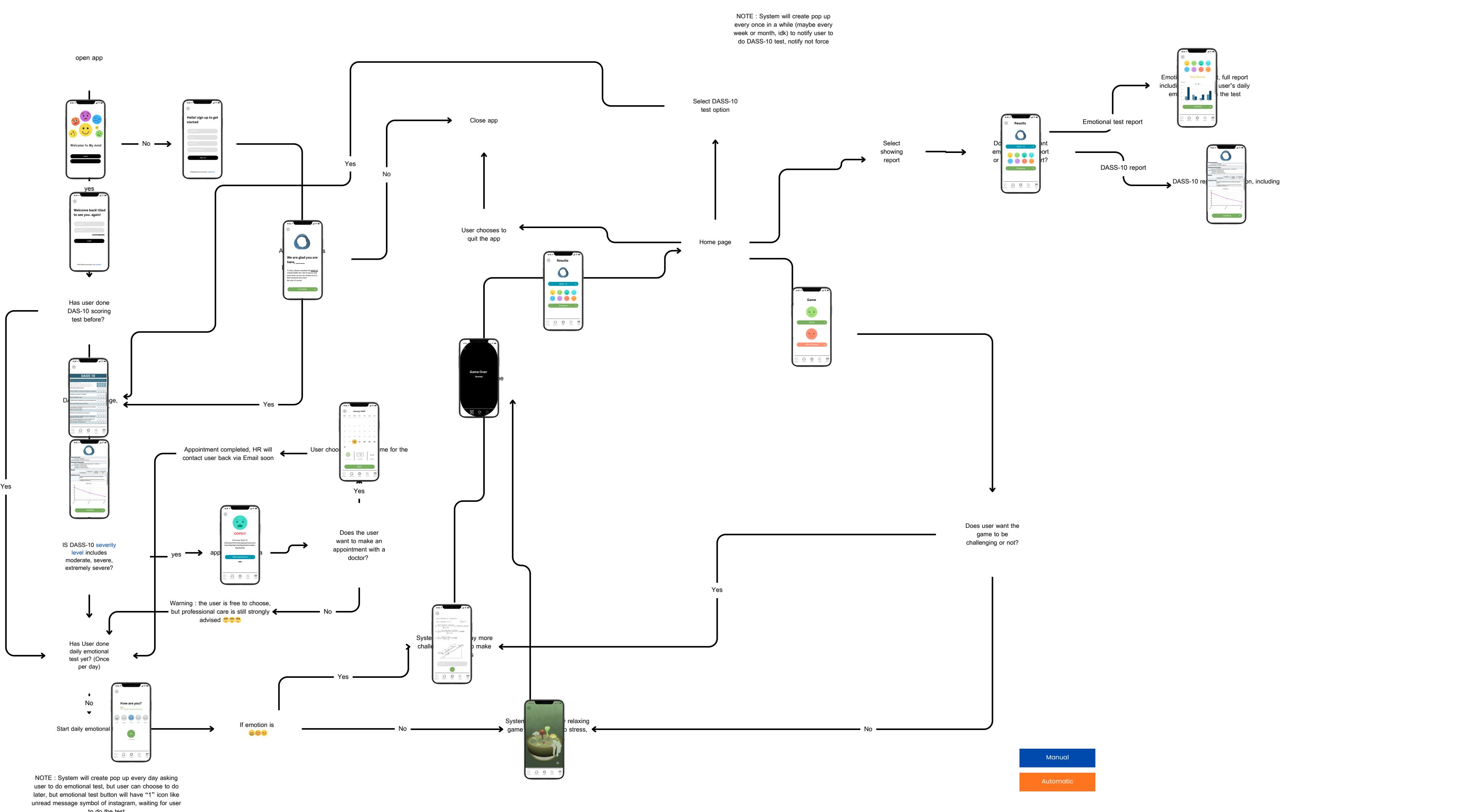
Gain

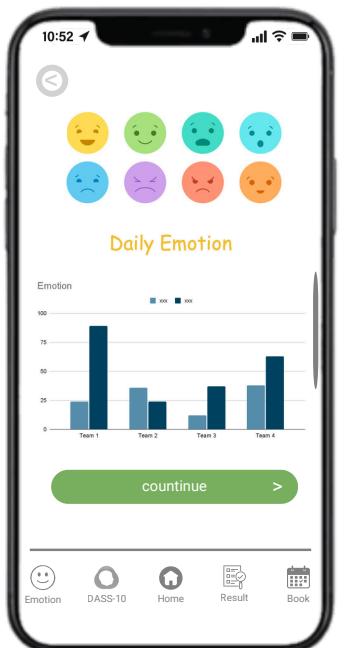
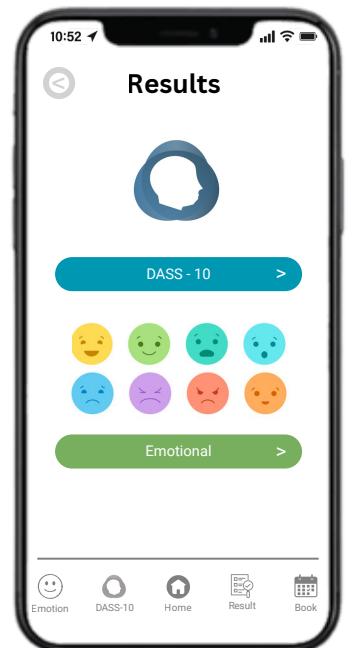
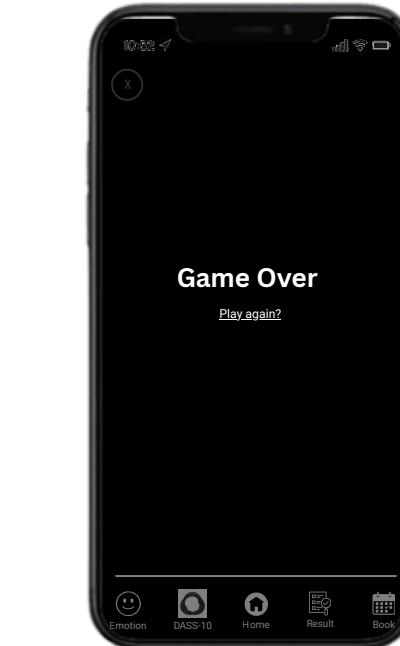
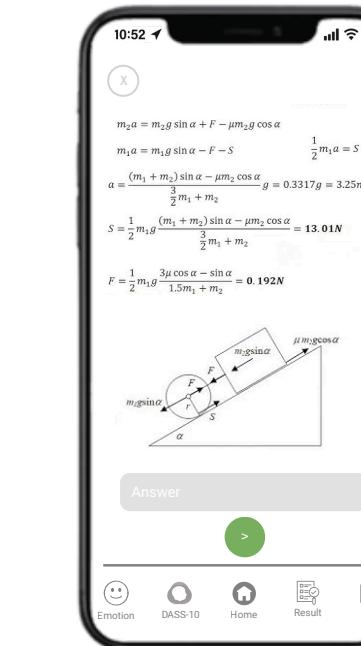
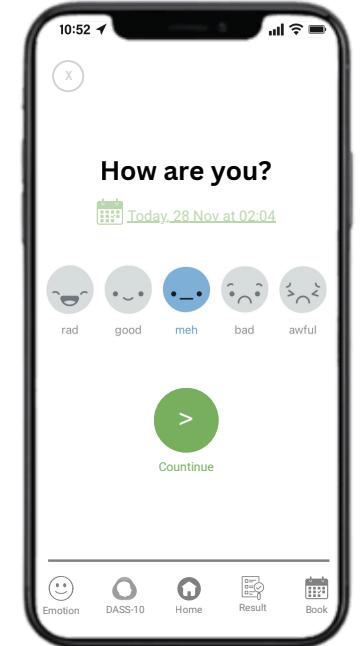
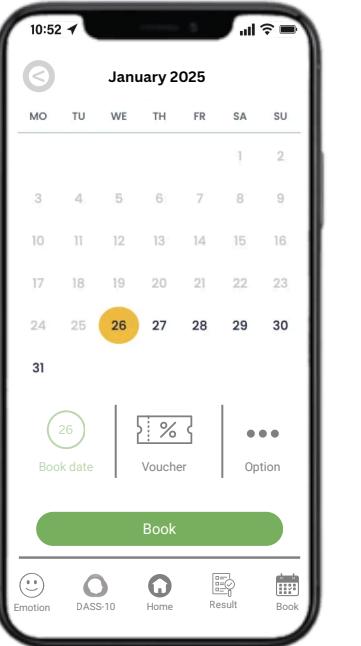
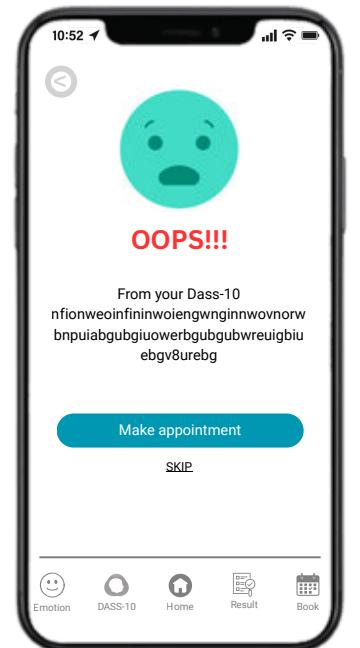
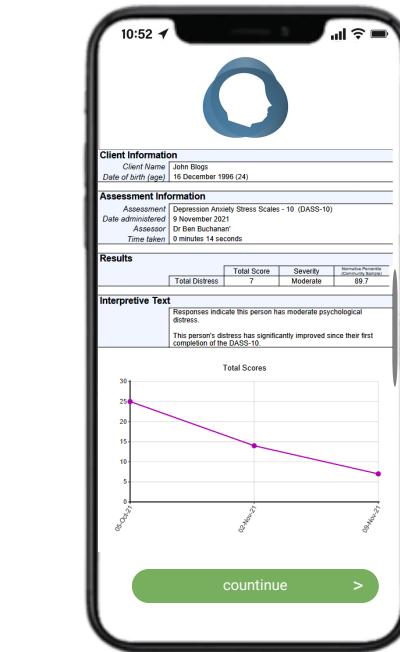
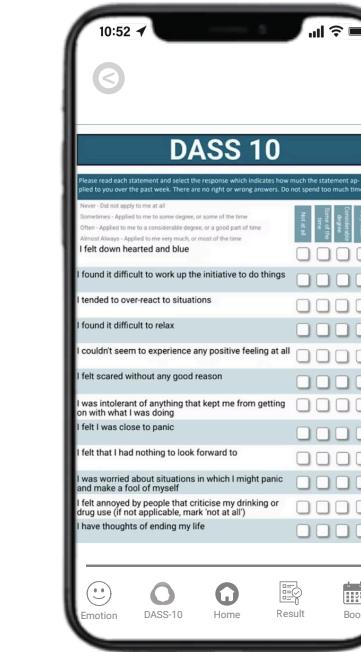
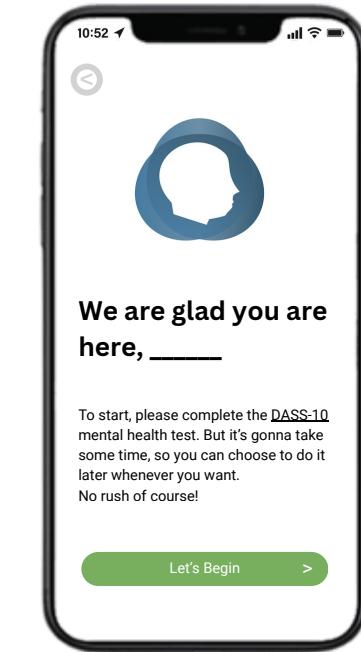
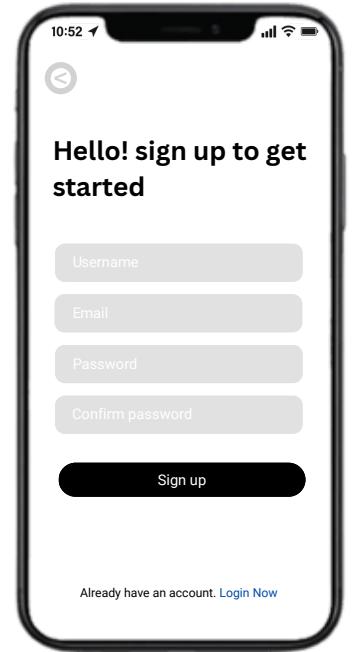
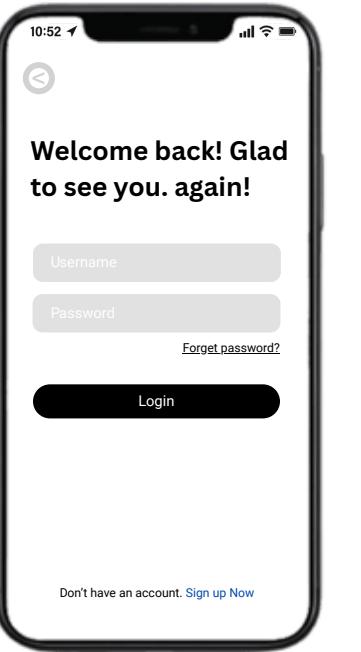
Validation: users get quantified results that validate their internal struggles

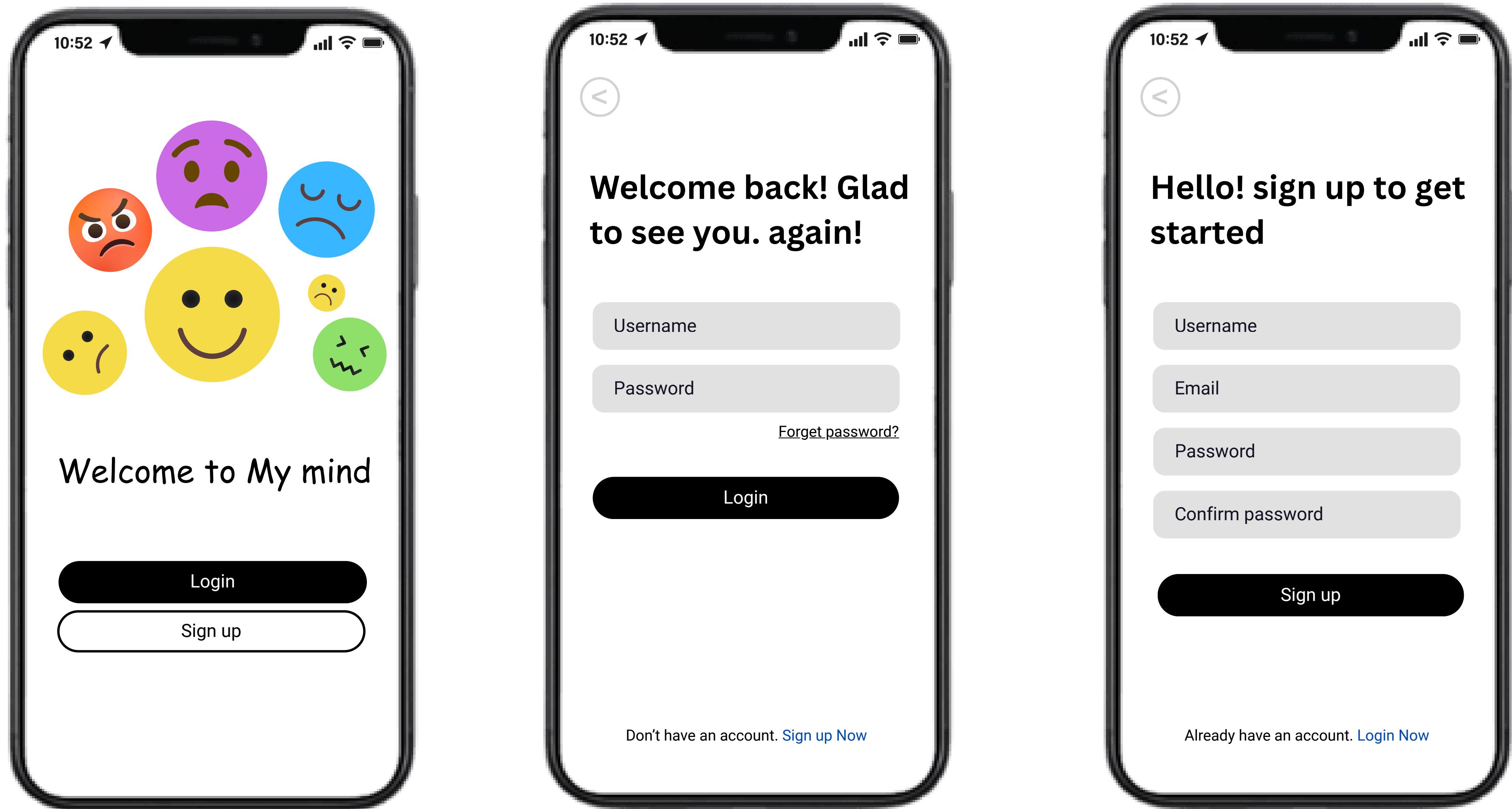
Convenience: users don't have to memorize their emotions and can see a report throughout the week/month. Users are also able to reach counselors through a low-effort path

Understanding: users can spot patterns out of the tracking process that they comprehend why they feel this certain way









10:52



We are glad you are here, _____

To start, please complete the DASS-10 mental health test. But it's gonna take some time, so you can choose to do it later whenever you want.

No rush of course!

Let's Begin



Emotion



DASS-10



Home



Result



Book

10:52



DASS 10

Please read each statement and select the response which indicates how much the statement applied to you over the past week. There are no right or wrong answers. Do not spend too much time

Never - Did not apply to me at all

Sometimes - Applied to me to some degree, or some of the time

Often - Applied to me to a considerable degree, or a good part of time

Almost Always - Applied to me very much, or most of the time

I felt down hearted and blue

Not at all
Some of the time
Some degree
Very Much

I found it difficult to work up the initiative to do things

I tended to over-react to situations

I found it difficult to relax

I couldn't seem to experience any positive feeling at all

I felt scared without any good reason

I was intolerant of anything that kept me from getting on with what I was doing

I felt I was close to panic

I felt that I had nothing to look forward to

I was worried about situations in which I might panic and make a fool of myself

I felt annoyed by people that criticise my drinking or drug use (if not applicable, mark 'not at all')

I have thoughts of ending my life

10:52



Client Information

Client Name John Blogs
Date of birth (age) 16 December 1996 (24)

Assessment Information

Assessment Depression Anxiety Stress Scales - 10 (DASS-10)
Date administered 9 November 2021
Assessor Dr Ben Buchanan'
Time taken 0 minutes 14 seconds

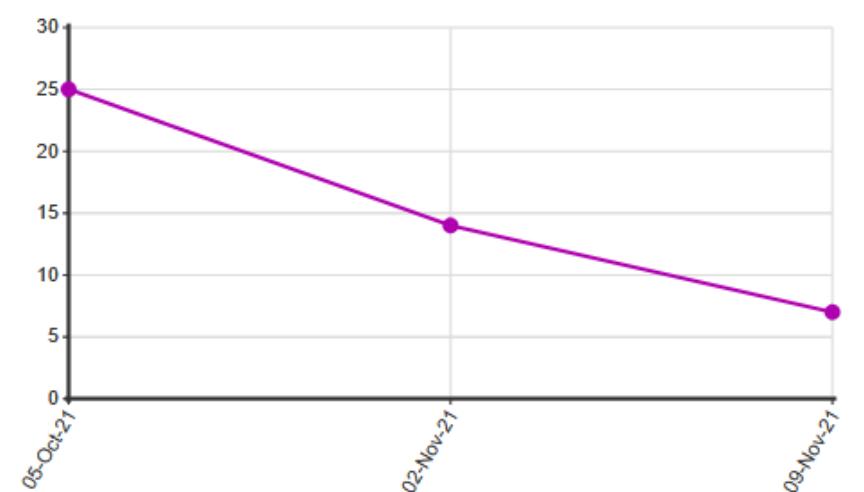
Results

Total Distress	Total Score	Severity	Normative Percentile (Community Sample)
Total Distress	7	Moderate	89.7

Interpretive Text

Responses indicate this person has moderate psychological distress.
This person's distress has significantly improved since their first completion of the DASS-10.

Total Scores



countinue



10:52

OOPS!!!

From your Dass-10
nfionweoinfininwoiengwnginnwovnorw
bnpuia bgubgiuowerbgubgubwreuigbiu
ebgv8urebg

Make appointment

SKIP

Emotion DASS-10 Home Result Book

10:52

January 2025

MO	TU	WE	TH	FR	SA	SU
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

26 Book date % Voucher Option

Book

Emotion DASS-10 Home Result Book

10:52

How are you?

Today, 28 Nov at 02:04

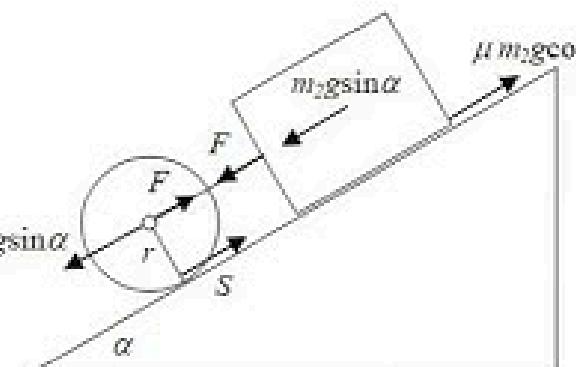
rad good meh bad awful

> Continue

Emotion DASS-10 Home Result Book



10:52 X

$$m_2 a = m_2 g \sin \alpha + F - \mu m_2 g \cos \alpha$$
$$m_1 a = m_1 g \sin \alpha - F - S$$
$$\frac{1}{2} m_1 a = S$$
$$a = \frac{(m_1 + m_2) \sin \alpha - \mu m_2 \cos \alpha}{\frac{3}{2} m_1 + m_2} g = 0.3317g = 3.25m/s^2$$
$$S = \frac{1}{2} m_1 g \frac{(m_1 + m_2) \sin \alpha - \mu m_2 \cos \alpha}{\frac{3}{2} m_1 + m_2} = 13.01N$$
$$F = \frac{1}{2} m_1 g \frac{3\mu \cos \alpha - \sin \alpha}{1.5m_1 + m_2} = 0.192N$$


Answer >

X

Emotion DASS-10 Home Result Book



Results



DASS - 10 >



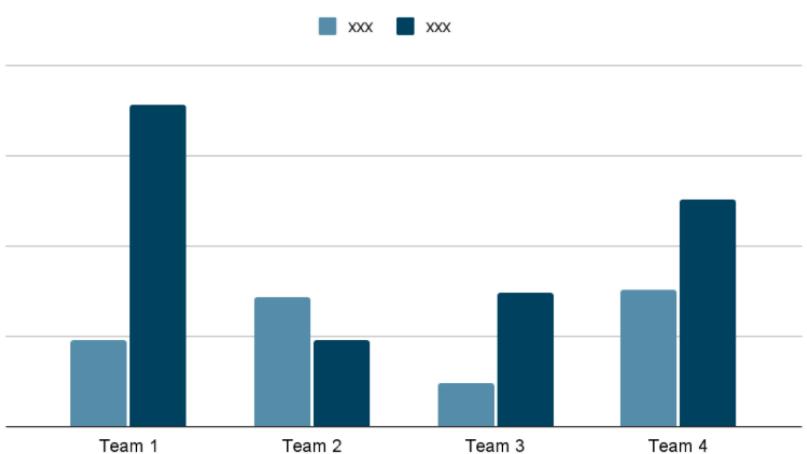
Emotional >

Emotion DASS-10 Home Result Book

Daily Emotion



Emotion



Team	Blue Bar (xxx)	Dark Blue Bar (xxx)
Team 1	~25	~90
Team 2	~35	~25
Team 3	~15	~40
Team 4	~35	~65

countinue >

Emotion DASS-10 Home Result Book

Game



RELAX >



Life is too good >

Emotion DASS-10 Home Result Book

FORMS

Client Responses

	Never	Sometimes	Often	Almost Always
1 I felt I was close to panic	0	1	2	3
2 I found it difficult to work up the initiative to do things	0	1	2	3
3 I felt down hearted and blue	0	1	2	3
4 I was intolerant of anything that kept me from getting on with what I was doing	0	1	2	3
5 I felt that I had nothing to look forward to	0	1	2	3
6 I felt scared without any good reason	0	1	2	3
7 I tended to over react to situations	0	1	2	3
8 I was worried about situations in which I might make a fool of myself	0	1	2	3
9 I found it difficult to relax	0	1	2	3

Client Name | John Blogs

Client Responses (cont.)

	Never	Sometimes	Often	Almost Always
10 I couldn't seem to experience any positive feelings at all	0	1	2	3



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Total Distress	7	Moderate	89.7

Total score, calculated from forms below, indicating symptoms and overall distress, full score is 30

Interpretive Text

Responses indicate this person has moderate psychological distress.
This person's distress has significantly improved since their first completion of the DASS-10.

Severity category from total (raw) score, average score (of total), and percentile

Overall scores can be classified into three severity groups:

- Mild/subclinical (raw score = 6 or less, average score 0.6 or less; which is equivalent to a percentile of 83 or less)
- Moderate (raw score between 7 and 12, average between 0.7 and 1.2; which is equivalent to a percentile of between 84 and 99.8)
- Severe (raw score 13 or more, average between 1.3 and 3; which is equivalent to a percentile of between 99.9 or



Total score graph for DASS 10 screening more than one time

- deterioration (increase in scores by 5 or more)
- no reliable change (scores changed by 4 or less)
- reliable improvement (scores reduced by 5 or more)
- recovery (scored reduced by 5 or more and most recent score is 6 or less, putting the in the Mild/Subclinical range)

interpretation text is for describing changes in raw score

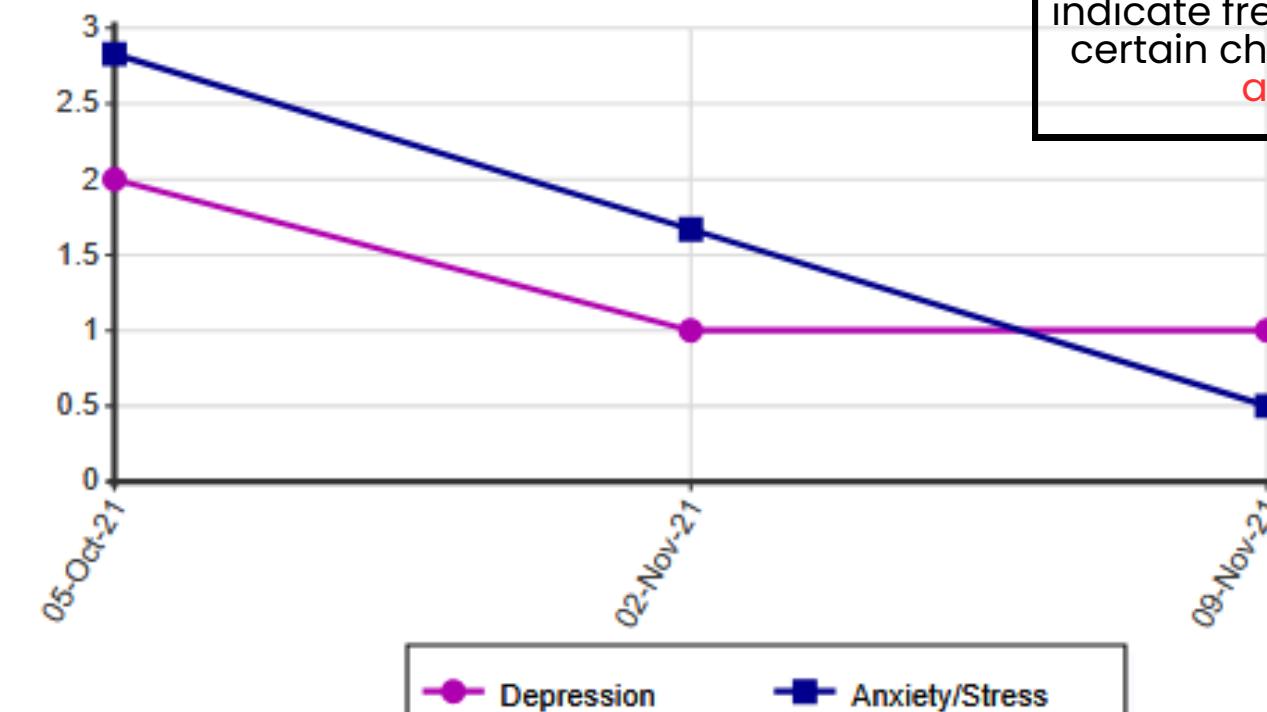
Percentile : compare stress with the rest of the population, 83rd percentile means have stress less than 83% of the pop



NovoPsych

Client Name John Blogs

Subscale Average Scores



Average score (total/no. of questions, presumably) is to indicate frequency of choosing certain choice for depression and anxiety