

REPUBLIC OF ZAMBIA - GENERAL RECEIPT N° G 0238270

N ORIGINAL
Accounts Form 40

STATION

Date 01-03-2022

Original: To payer
Duplicate: To support Cash Account
Triplicate: File Copy
Quadruplicate: To be retained for Audit

RECEIVED from NUMESA

The sum of: Kwacha EIGHT HUNDRED AND FORTY Kwacha
ngwee K 840-00

For the credit of NAO REGISTRATION

Details and references



Signature [Signature]

Designation SCD O

Use ink only. No erasures allowed.

CONSTITUTION – NUMESA

Article 1.0 Name of the Organization

“The name of the Organization shall be called NUMESA, derived from our main objective which is comprised of; Nutrition, Mental Health and Safe-space, first two (2) letters of each word have been used. The organization shall be registered under the Non-Governmental Organization Act No. 16 of 2009.”

Article 2.0 Postal/Physical Address

The organization (NUMESA) shall have its headquarters in Ndola, Copperbelt Province, Zambia. The interim physical address for the organization shall be at:

Plot No. 5783, Kansenshi Extension, Ndola, Copperbelt Province, Zambia.

Article 3.0 General Objectives

“To holistically and positively contribute to the well being of the vulnerable and less privileged, both girls and boys aged between 13 and 19 years, in the areas of education and health”.

3.1 Specific Objectives

- To provide safe-space for the vulnerable youths in society.
- To prevent Malnutrition through support programs such as:-
 - Supporting public and policy advocacy for increased investment in the nutrition sector in the country
 - Providing technical support for the review and updating of strategic plans, guidelines and programme documents
 - To provide evidence based generation information needed, for programme planning and policy decision making process
- To promote mental health and address stigma that surrounds mental health illnesses among the youths and adolescents through primary, secondary and tertiary interventions.
- To explore and determine the impact of psychosocial adversities among adolescents and youths and to provide a fully integrated behavior change communication.
- Provide distinctive contributions and advancements in understanding of adolescents’ holistic health by recognition of social determinants that could open up avenues for interventions that respond not only to their biophysical being, but also to their socio-environmental circumstances such as:-
 - Providing information to parents and caregivers in the communities about good nutritional practices with a focus on the first 1,000 days of life

CONSTITUTION – NUMESA

- Collaborating and supporting the implementation of the multisectoral nutrition-sensitive and nutrition-specific programmes within the context of the Scaling Up Nutrition (SUN) programme
- Setting up monitoring and planning systems on the nutritional status of children.
- Support families, parents and caregivers
- Ensure schools support mental health
- Strengthen and equip multiple systems and workforces to meet complex challenges
- Improve data, research and evidence

3.2 VISION

To create a society that is culturally competent holistically and prevents development of mental health challenges among the adolescents and youths.

3.3 MISSION STATEMENT

To restore, promote and maintain optimal physical and mental health among adolescents and youths in the communities through culturally sensitive and holistic interventions.

Article 4.0 OFFICE BEARERS/BOARD MEMBERS

4.1 The Board of Trustees

- There shall be a Board of Trustees who shall provide guidance and management of the organization
- The Board of Trustees shall comprise of the first five (5) Directors of the organization namely:-
 - a) Executive Director
 - b) Director Administration & Human Resources
 - c) Director Finance & Resource Mobilization
 - d) Director Projects
 - e) Director Communications & Transport

4.2 The Executive Board

- Shall provide activities and services to the management of the organization.
- Shall be composed of not less than five (5) and not more than ten (10) members with the following positions voted for:-
 - a) Chairperson
 - b) Secretary (Ex-official – Executive Director)
 - c) Treasurer
 - d) Any other position that the Executive Board may create



NUTRITION, MENTAL HEALTH AND SAFE SPACE

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Col. Victor Mulanga Road,
Kansenshi Extension,
Ndola, Zambia.

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+260 977 366863
Email: numesngo21@gmail.com

March 2, 2022

Office of the Registrar
Ministry of Community Development & Social Services
P O Box
LUSAKA

Dear Sir/Madam

APPLICATION FOR REGISTRATION AS A NON-GOVERNMENTAL ORGANIZATION (NUMESA)

We are a Non-Governmental Organization named NUMESA applying for a Registration from your office.

- Our main and specific objectives are:- “To holistically and positively contribute to the well being of the vulnerable and less privileged, both girls and boys aged between 13 and 19 years, in the areas of education and health”.
- To provide safe-space for the vulnerable youths in society.
- To prevent Malnutrition through support programs such as:-
 - Supporting public and policy advocacy for increased investment in the nutrition sector in the country
 - Providing technical support for the review and updating of strategic plans, guidelines and programme documents
 - To provide evidence based generation information needed, for programme planning and policy decision making process
 - To promote mental health and address stigma that surrounds mental health illnesses among the youths and adolescents through primary, secondary and tertiary interventions.
- To explore and determine the impact of psychosocial adversities among adolescents and youths and to provide a fully integrated behavior change communication.
- Provide distinctive contributions and advancements in understanding of adolescents’ holistic health by recognition of social determinants that could open up avenues for interventions that respond not only to their biophysical being, but also to their socio-environmental circumstances such as:-

EMPOWERING THE COMMUNITY PASSIONATELY

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**APPLICATION FOR REGISTRATION AS A NON-GOVERNMENTAL ORGANIZATION
(NUMESA)**

- Providing information to parents and caregivers in the communities about good nutritional practices with a focus on the first 1,000 days of life
- Collaborating and supporting the implementation of the multisectoral nutrition-sensitive and nutrition-specific programmes within the context of the Scaling Up Nutrition (SUN) programme
- Setting up monitoring and planning systems on the nutritional status of children.
- Support families, parents and caregivers
- Ensure schools support mental health
- Strengthen and equip multiple systems and workforces to meet complex challenges
- Improve data, research and evidence

Our Vision is to create a society that is culturally competent holistically and prevents development of mental health challenges among the adolescents and youths.

Our Mission Statement is to restore, promote and maintain optimal physical and mental health among adolescents and youths in the communities through culturally sensitive and holistic interventions.

Your kind consideration from you good, able office will be highly appreciated.

Yours Faithfully
NUMESA



**RENE MUSONDA
EXECUTIVE DIRECTOR**