

第3章 量子力学中的力学量

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3.0. 薛定谔方程与算符

光子波函数： $\psi(x, t) = \psi_0 \cos\left(\omega t - \frac{2\pi}{\lambda}x\right) \rightarrow \psi_0 e^{-i\left(\omega t - \frac{2\pi}{\lambda}x\right)}$

$$\left\{ \begin{array}{l} E_{\text{能量}} = h\nu = h \frac{1}{\frac{2\pi}{\omega}} = h \frac{\omega}{2\pi} = \hbar \omega \\ p_{\text{动量}} = \frac{h}{\lambda} \end{array} \right. \rightarrow \left\{ \begin{array}{l} \omega = \frac{E_{\text{能量}}}{\hbar} \\ \lambda = \frac{h}{p_{\text{动量}}} \end{array} \right.$$

光子的波函数 $\rightarrow \psi(x, t) = \psi_0 e^{-i\left(\omega t - \frac{2\pi}{\lambda}x\right)} = \psi_0 e^{\frac{i}{\hbar}(px - Et)}$

自由粒子的波函数 $\rightarrow \psi(x, t) = \psi_0 e^{-i\left(\omega t - \frac{2\pi}{\lambda}x\right)} = \psi_0 e^{\frac{i}{\hbar}(px - Et)}$

$$\psi(x, t) = \psi_0 e^{\frac{i}{\hbar}(p_x x - Et)}$$

对波函数时间微分 $\rightarrow \frac{\partial \psi(x, t)}{\partial t} = -\frac{i}{\hbar} E \psi(x, t) \quad \rightarrow i\hbar \frac{\partial \psi(x, t)}{\partial t} = E \psi(x, t)$

对波函数的空间二阶导数 $\rightarrow \frac{\partial^2 \psi(x, t)}{\partial x^2} = -\frac{p_x^2}{\hbar^2} \psi(x, t)$

利用动量 $E = \frac{P^2}{2m}$, $\rightarrow -\frac{\hbar^2}{2m} \frac{\partial^2 \psi(x, t)}{\partial x^2} = E \psi(x, t)$

$$\begin{cases} i\hbar \frac{\partial \psi(x, t)}{\partial t} = E \psi(x, t) \\ -\frac{\hbar^2}{2m} \frac{\partial^2 \psi(x, t)}{\partial x^2} = E \psi(x, t) \end{cases} \rightarrow \text{自由粒子的薛定谔方程: } i\hbar \frac{\partial \psi(x, t)}{\partial t} = -\frac{\hbar^2}{2m} \frac{\partial^2 \psi(x, t)}{\partial x^2}$$

$$i\hbar \frac{\partial \psi(x,t)}{\partial t} = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} \psi(x,t)$$

$$\begin{cases} i\hbar \frac{\partial \psi(x,t)}{\partial t} = E\psi(x,t) \\ -\frac{\hbar^2}{2m} \frac{\partial^2 \psi(x,t)}{\partial x^2} = E\psi(x,t) \end{cases} \rightarrow \begin{cases} i\hbar \frac{\partial}{\partial t} = E \\ -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} = E \end{cases}$$

把自由粒子运动算符推广到非自由粒子运动，粒子所处的势场为 $U(x, t)$ ，粒子的能量

$$E = \frac{p_x^2}{2m} + U(x,t) \rightarrow E = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + U(x,t)$$

$$\rightarrow i\hbar \frac{\partial \psi(x,t)}{\partial t} = \left(-\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + U(x,t) \right) \psi(x,t) \quad \text{令: } H = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + U(x,t)$$

$$i\hbar \frac{\partial \psi(\vec{x}, t)}{\partial t} = \hat{H} \psi(\vec{x}, t) \quad \text{—这就是含时薛定谔方程}$$

$$i\hbar \frac{\partial \psi(\vec{x}, t)}{\partial t} = \hat{H} \psi(\vec{x}, t) \quad \text{H称为哈密顿算符}$$

• 三维势场 $U(\vec{r}, t)$ 中

$$E = \frac{p_x^2 + p_y^2 + p_z^2}{2m} + U(\vec{r}, t) \rightarrow \hat{H} = -\frac{\hbar^2}{2m} \left(\frac{\partial^2}{\partial x^2} + \frac{\partial^2}{\partial y^2} + \frac{\partial^2}{\partial z^2} \right) + U(\vec{r}, t)$$

$$\nabla = \frac{\partial}{\partial x} \vec{i} + \frac{\partial}{\partial y} \vec{j} + \frac{\partial}{\partial z} \vec{k} \rightarrow \text{哈密顿算符: } \hat{H} = -\frac{\hbar^2}{2m} \nabla^2 + U(\vec{r}, t)$$

薛定谔方程形式不变

$$i\hbar \frac{\partial \psi(\vec{r}, t)}{\partial t} = \hat{H} \psi(\vec{r}, t)$$

$$-\frac{\hbar^2}{2m} \frac{\partial^2 \psi(x, t)}{\partial x^2} = E \psi(x, t) \rightarrow -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} = E_k \rightarrow \text{定义为动能算符}$$

$$\psi(x, t) = \psi_0 e^{\frac{i}{\hbar}(p_x x - Et)} \rightarrow \frac{\partial \psi(x, t)}{\partial x} = i \frac{p_x}{\hbar} \psi(x, t)$$

$$-i\hbar \frac{\partial \psi(x, t)}{\partial x} = p_x \psi(x, t) \rightarrow \hat{p}_x = -i\hbar \frac{\partial}{\partial x} \rightarrow \text{定义为动量算符}$$

$$\text{角动量算符} \rightarrow \hat{\vec{L}} = \vec{r} \times \hat{\vec{p}} = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ x & y & z \\ \hat{p}_x & \hat{p}_y & \hat{p}_z \end{vmatrix} \quad \text{展开得到} \rightarrow \begin{cases} \hat{L}_x = y\hat{p}_z - z\hat{p}_y \\ \hat{L}_y = z\hat{p}_x - x\hat{p}_z \\ \hat{L}_z = x\hat{p}_y - y\hat{p}_x \end{cases}$$

$$\rightarrow \hat{L}^2 = \hat{\vec{L}} \cdot \hat{\vec{L}} = \hat{L}_x^2 + \hat{L}_y^2 + \hat{L}_z^2$$

3.1 算符的性质

1. 算符的基本概念

什么是算符？算符是指作用在一个函数上得出另一个函数的运算符号。

$\hat{F} u = v \rightarrow \hat{F}$ 统称为算符

例如： $\frac{d}{dx} u = v$, $\frac{d}{dx}$ 是微商算符， $\sqrt{\quad}$ 为开方算符等

线性算符 $\hat{F} (\alpha_1 u_1 + \alpha_2 u_2) = \alpha_1 \hat{F} u_1 + \alpha_2 \hat{F} u_2$

位置算符和动量算符 $\hat{x} = x$, $\hat{p}_x = -i\hbar \frac{\partial}{\partial x}$ 均为线性算符。

典型的非线性算符为 $\sqrt{\alpha_1 u_1 + \alpha_2 u_2} \neq \alpha_1 \sqrt{u_1} + \alpha_2 \sqrt{u_2}$

坐标和动量算符 $\hat{r}=r, \quad \hat{p}=-i\hbar\nabla$

哈密顿算符: $\hat{H} = -\frac{\hbar^2}{2\mu}\nabla^2 + U(r)$

角动量算符: $\hat{L} = \hat{r} \times \hat{p} = -i\hbar r \times \nabla$

2.算符的物理意义

若一个算符 \hat{F} 作用于一个函数 ψ

$$\hat{F}\psi = \lambda\psi$$

λ 称为算符 \hat{F} 的本征值, ψ 称为本征函数, 方程称为算符的本征值方程。

3.厄密算符

两个波函数 ψ 和 φ , 满足下列等式

$$\int \psi^* \hat{F} \varphi d\tau = \int (\hat{F} \psi)^* \varphi d\tau \quad \text{的算符 } \hat{F} \text{ 称为厄密算符}$$

厄密算符的**本征值为实数**

$$\hat{F} \psi = \lambda \psi \rightarrow \int \psi^* \hat{F} \psi d\tau = \lambda \int \psi^* \psi d\tau$$

$$\text{如果 } \hat{F} \text{ 是厄密算符, 则 } \rightarrow \int \psi^* \hat{F} \psi d\tau = \int (\hat{F} \psi)^* \psi d\tau = \int (\lambda \psi)^* \psi d\tau = \lambda^* \int \psi^* \psi d\tau$$

$$\text{则有 } \rightarrow \lambda = \lambda^*$$

在量子力学中, 为了使所描述的力学量具有意义, 我们要求它们的平均值为实数, 即量子力学中表示力学量的算符都是厄密算符。

证明动量算符 $\hat{p}_x = -i\hbar \partial / \partial x$ 的厄密性

$$\int_{-\infty}^{+\infty} \psi^* \hat{p}_x \phi d\tau = \int_{-\infty}^{+\infty} \psi^* \hat{p}_x \phi dx = \int_{-\infty}^{+\infty} \psi^* \left(-i\hbar \frac{\partial}{\partial x}\right) \phi dx = -i\hbar (\phi \psi) \Big|_{-\infty}^{+\infty} + i\hbar \int_{-\infty}^{+\infty} \phi \frac{\partial}{\partial x} \psi^* dx$$

因为 ψ 和 ϕ 是有限的 $-i\hbar (\phi \psi) \Big|_{-\infty}^{+\infty} = 0$

$$\int_{-\infty}^{+\infty} \psi^* \hat{p}_x \phi dx = i\hbar \int_{-\infty}^{+\infty} \phi \frac{\partial}{\partial x} \psi^* dx = \int_{-\infty}^{+\infty} \left(i\hbar \frac{\partial}{\partial x} \psi^*\right) \phi dx = \int_{-\infty}^{+\infty} (\hat{p}_x \psi)^* \phi dx$$

4.算符运算初步

1) 算符之和: $\hat{A} + \hat{B} = \hat{C} \rightarrow \hat{C}\psi = (\hat{A} + \hat{B})\psi = \hat{A}\psi + \hat{B}\psi$

2) 算符之积: $\hat{A}\hat{B} = \hat{C} \rightarrow \hat{C}\psi = (\hat{A}\hat{B})\psi = \hat{A}(\hat{B}\psi)$

$$\hat{F}\hat{F}\hat{F}\hat{F}\dots = \hat{F}^n$$

一般情况下，算符之积不满足交换律

$$\hat{A}\hat{B} \neq \hat{B}\hat{A}$$

$$x \frac{\partial}{\partial x} u \neq \frac{\partial}{\partial x} (xu) \rightarrow \frac{\partial}{\partial x} \text{ 和 } x \text{ 不对易}$$

例 $[\hat{x}, \hat{p}_x] = ?$

$$\begin{aligned}(\hat{x}\hat{p}_x - \hat{p}_x\hat{x})\psi &= -i\hbar x \frac{\partial}{\partial x}\psi + i\hbar \frac{\partial}{\partial x}(x\psi) \\&= -i\hbar x \frac{\partial}{\partial x}\psi + i\hbar \psi + i\hbar x \frac{\partial}{\partial x}\psi = i\hbar \psi\end{aligned}$$

ψ 是体系的任意波函数，所以 $[\hat{x}, \hat{p}_x] = i\hbar$ 这两算符不对易

$$\begin{cases} [\hat{x}, \hat{p}_x] = x\hat{p}_x - \hat{p}_x x = i\hbar \\ [\hat{y}, \hat{p}_y] = y\hat{p}_y - \hat{p}_y y = i\hbar \rightarrow \text{不对易} \\ [\hat{z}, \hat{p}_z] = z\hat{p}_z - \hat{p}_z z = i\hbar \end{cases}$$

不对易算符不能同时有确定值。

3) 算符的对易性

$$\hat{A}\hat{B} - \hat{B}\hat{A} = 0 \rightarrow \hat{A}, \hat{B} \text{算符对易} \quad \text{记为} \quad [\hat{A}, \hat{B}] \equiv \hat{A}\hat{B} - \hat{B}\hat{A} = 0$$

$$\frac{\partial}{\partial x} \frac{\partial}{\partial y} u = \frac{\partial}{\partial y} \frac{\partial}{\partial x} u \rightarrow \frac{\partial}{\partial x} \text{和} \frac{\partial}{\partial y} \text{对易}$$

$$\begin{cases} xy - yx = 0 \\ xz - zx = 0 \\ yz - zy = 0 \end{cases} \rightarrow \text{三个坐标分量相互对易}$$

$$\begin{cases} [\hat{z}, \hat{p}_x] = z\hat{p}_x - \hat{p}_x z = 0 \\ [\hat{y}, \hat{p}_z] = y\hat{p}_z - \hat{p}_z y = 0 \\ [\hat{x}, \hat{p}_y] = x\hat{p}_y - \hat{p}_y x = 0 \end{cases} \rightarrow \hat{z}\hat{p}_x \text{等对易}$$

例：

$$\begin{cases} \hat{p}_x = -i\hbar \frac{\partial}{\partial x} \\ \hat{p}_y = -i\hbar \frac{\partial}{\partial y} \end{cases} \rightarrow \begin{cases} \hat{p}_y \hat{p}_x \psi = -\hbar^2 \frac{\partial^2 \psi}{\partial y \partial x} \\ \hat{p}_x \hat{p}_y \psi = -\hbar^2 \frac{\partial^2 \psi}{\partial x \partial y} \end{cases}$$

$$\begin{cases} [\hat{p}_y, \hat{p}_x] = \hat{p}_y \hat{p}_x - \hat{p}_x \hat{p}_y = 0 \\ [\hat{p}_x, \hat{p}_z] = \hat{p}_x \hat{p}_z - \hat{p}_z \hat{p}_x = 0 \\ [\hat{p}_z, \hat{p}_y] = \hat{p}_z \hat{p}_y - \hat{p}_y \hat{p}_z = 0 \end{cases} \rightarrow \hat{p}_x \hat{p}_x \text{ 两两等对易}$$

对易算符有共同的本征函数系。

对易式满足下列恒等式

$$[\hat{A}, \hat{B}] = -[\hat{B}, \hat{A}]$$

$$[\hat{A}, \hat{B} + \hat{C}] = [\hat{A}, \hat{B}] + [\hat{A}, \hat{C}]$$

$$[\hat{A}, \hat{B}\hat{C}] = \hat{B}[\hat{A}, \hat{C}] + [\hat{A}, \hat{B}]\hat{C}$$

$$[\hat{A}\hat{B}, \hat{C}] = \hat{A}[\hat{B}, \hat{C}] + [\hat{A}, \hat{C}]\hat{B}$$

3.2 动量和角动量算符

动量算符 $\hat{p} = -i\hbar\nabla$

分量形式 $\hat{p}_x = -i\hbar\frac{\partial}{\partial x}, \hat{p}_y = -i\hbar\frac{\partial}{\partial y}, \hat{p}_z = -i\hbar\frac{\partial}{\partial z}$

动量算符各分量与坐标算符各分量之间的对易关系

$$[\hat{x}_i, \hat{p}_j] = i\hbar\delta_{ij} = \begin{cases} 0, & i \neq j \\ i\hbar, & i = j \end{cases}$$

动量平方算符 $\hat{p}^2 = \hat{p}_x^2 + \hat{p}_y^2 + \hat{p}_z^2 = -\hbar^2\nabla^2$

动量算符的本征值方程

$$-i\hbar \nabla \psi_p(\mathbf{r}) = \mathbf{p} \psi_p(\mathbf{r})$$

\mathbf{P} 是动量算符的本征值， $\psi_p(r)$ 是动量算符的本征函数。

三个分量形式：

$$\begin{cases} -i\hbar \frac{\partial}{\partial x} \psi_p(r) = p_x \psi_p(r) \\ -i\hbar \frac{\partial}{\partial y} \psi_p(r) = p_y \psi_p(r) \\ -i\hbar \frac{\partial}{\partial z} \psi_p(\mathbf{r}) = p_z \psi_p(\mathbf{r}) \end{cases}$$

动量算符的本征函数 $\psi_p(r) = C e^{\frac{i}{\hbar}(\mathbf{p} \cdot \mathbf{r})}$

2) 动量算符本征函数的“归一化”

本征值是分立的

考虑粒子限制在一维 $[-L/2, L/2]$ 中运动，动量的本征态为

$$\psi_{p_x}(x) = Ce^{ip_x x / \hbar}$$

边界条件: $\psi_{p_x}(-L/2) = \psi_{p_x}(L/2) \rightarrow e^{-ip_x L/2\hbar} = e^{ip_x L/2\hbar}$

$$\frac{p_x L}{\hbar} = 2n\pi, \quad (n = 0, \pm 1, \pm 2, \dots)$$

粒子只在 $-L/2$ 到 $L/2$ 之间运动，所以
可以认为两侧的外
侧区域没有粒子出
现，及边界出现频
率相等且均为0

$$\rightarrow p_x = p_n = \frac{2n\pi\hbar}{L} = \frac{nh}{L}$$

$$\rightarrow p_x = p_n = \frac{2n\pi\hbar}{L} = \frac{nh}{L} \quad \rightarrow \psi_{p_x}(x) = Ce^{inhx/L\hbar} = Ce^{in2\pi x/L}$$

可以看出，动量取值是不连续的，相应的归一化本征函数为

$$\rightarrow \int_0^L \psi_{p_x}^2(x) dx = \int_0^L C^2 \cos^2 \frac{2\pi nx}{L} dx = 1$$

$$\rightarrow \int_0^L C^2 \cos^2 \frac{2\pi nx}{L} dx = \int_0^L C^2 \left(\frac{1 + \cos \frac{4\pi nx}{L}}{2} \right) dx = 1$$

$$\rightarrow LC^2 = 1 \rightarrow C = \frac{1}{\sqrt{L}}$$

$$\psi_{p_x}(x) = \frac{1}{\sqrt{L}} e^{ip_x x/\hbar} \rightarrow \psi_p(r) = \frac{1}{L^{3/2}} e^{ip \cdot r/\hbar}$$

3) 角动量算符

$$\hat{L} = \hat{r} \times \hat{p} = -i\hbar(r \times \nabla)$$

$$\rightarrow \begin{cases} \hat{L}_x = y\hat{p}_z - z\hat{p}_y = -i\hbar(y\frac{\partial}{\partial z} - z\frac{\partial}{\partial y}) \\ \hat{L}_y = z\hat{p}_x - x\hat{p}_z = -i\hbar(z\frac{\partial}{\partial x} - x\frac{\partial}{\partial z}) \\ \hat{L}_z = x\hat{p}_y - y\hat{p}_x = -i\hbar(x\frac{\partial}{\partial y} - y\frac{\partial}{\partial x}) \end{cases}$$

角动量平方算符

$$\hat{L}^2 = \hat{L}_x^2 + \hat{L}_y^2 + \hat{L}_z^2$$

角动量算符的各分量之间是不对易的

$$[\hat{L}_x, \hat{L}_y] = \hat{L}_x \hat{L}_y - \hat{L}_y \hat{L}_x$$

$$= (y \hat{p}_z - z \hat{p}_y)(z \hat{p}_x - x \hat{p}_z) - (z \hat{p}_x - x \hat{p}_z)(y \hat{p}_z - z \hat{p}_y)$$

$$= y \hat{p}_z z \hat{p}_x - y \hat{p}_z x \hat{p}_z - z \hat{p}_y z \hat{p}_x + z \hat{p}_y x \hat{p}_z \\ - z \hat{p}_x y \hat{p}_z + z \hat{p}_x z \hat{p}_y + x \hat{p}_z y \hat{p}_z - x \hat{p}_z z \hat{p}_y$$

$$= (\hat{p}_z z - z \hat{p}_z) y \hat{p}_x + (z \hat{p}_z - \hat{p}_z z) x \hat{p}_y$$

$$= -i\hbar y \hat{p}_x + i\hbar x \hat{p}_y = i\hbar \hat{L}_z$$

$$[\hat{L}_x, \hat{L}_y] = i\hbar \hat{L}_z \rightarrow \begin{cases} [\hat{L}_x, \hat{L}_y] = i\hbar \hat{L}_z \\ [\hat{L}_y, \hat{L}_z] = i\hbar \hat{L}_x \\ [\hat{L}_z, \hat{L}_x] = i\hbar \hat{L}_y \end{cases}$$

三个角动量不能同时有确定的值，一个确定，其它两个就不能确定。

角动量平方算符与其各分量之间是对易的

$$\begin{aligned} [\hat{L}^2, \hat{L}_x] &= [\hat{L}_x^2 + \hat{L}_y^2 + \hat{L}_z^2, \hat{L}_x] = [\hat{L}_y^2, \hat{L}_x] + [\hat{L}_z^2, \hat{L}_x] \\ &= \hat{L}_y [\hat{L}_y, \hat{L}_x] + [\hat{L}_y, \hat{L}_x] \hat{L}_y + \hat{L}_z [\hat{L}_z, \hat{L}_x] + [\hat{L}_z, \hat{L}_x] \hat{L}_z \\ &= i\hbar(-\hat{L}_y \hat{L}_z - \hat{L}_z \hat{L}_y + \hat{L}_z \hat{L}_y + \hat{L}_y \hat{L}_z) = 0 \end{aligned}$$

$$\rightarrow \begin{cases} [\hat{L}^2, \hat{L}_x] = 0 \\ [\hat{L}^2, \hat{L}_y] = 0 \\ [\hat{L}^2, \hat{L}_z] = 0 \end{cases}$$

右手螺旋定正方向

L平方算符和每一个分量的算符同时有确定的值，有共同本征函数。

例：求 $\hat{L}_z = -i\hbar \frac{\partial}{\partial \phi}$ 算符的本征值和本征函数

解：本征方程表示为：

$$\hat{L}_z \psi = l_z \psi \rightarrow -i\hbar \frac{\partial}{\partial \phi} \psi = l_z \psi \quad \text{得到} \rightarrow \psi(\phi) = C \exp\left(\frac{i}{\hbar} l_z \phi\right)$$

C由周期性边界条件 $\phi \rightarrow \phi + 2\pi$ ，体系回到原来位置，要求 $L_z = m\hbar$, $m=0, \pm 1, \pm 2, \dots$

$$\rightarrow \int_0^{2\pi} |\psi_m(\phi)|^2 d\phi = 1, \quad C = \frac{1}{\sqrt{2\pi}}$$

算符 L_z 的归一化本征函数表示为

$$\rightarrow \psi_m(\phi) = \frac{1}{\sqrt{2\pi}} e^{im\phi}, \quad m = 0, \pm 1, \pm 2, \dots \quad \text{相应的本征值为 } m\hbar$$

$$\hat{L}^2 = \hat{L}_x^2 + \hat{L}_y^2 + \hat{L}_z^2 \quad \hat{L}^2 = -\hbar^2 \left(\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right)$$

$$\rightarrow -\hbar^2 \left(\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right) Y = L^2 Y$$

$$\lambda = \frac{\hbar^2}{L^2} \rightarrow \left(\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial Y}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2 Y}{\partial \phi^2} \right) = -\lambda Y$$

$$\rightarrow \left(\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial Y}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2 Y}{\partial \phi^2} \right) = -\lambda Y(\theta, \phi) = -\lambda \Phi(\phi) \Theta(\theta)$$

\hat{L}^2 和 L_z 共同的本征函数

在 Y_{lm} 态中，体系角动量在 z 方向上的投影为 $m\hbar$

前面几个球函数 \rightarrow
$$\begin{cases} Y_{00} = \frac{1}{\sqrt{4\pi}} \\ Y_{1,1} = \frac{3}{\sqrt{8\pi}} \sin \theta e^{i\phi} \\ Y_{1,0} = \frac{3}{\sqrt{4\pi}} \cos \theta \\ Y_{1,-1} = \frac{3}{\sqrt{8\pi}} \sin \theta e^{-i\phi} \end{cases}$$

3.3 厄密算符本征函数的性质

$$\int \psi^* \hat{F} \varphi d\tau = \int (\hat{F} \psi)^* \varphi d\tau$$

如果两个函数 ψ_1 和 ψ_2 满足 $\int \psi_1^* \psi_2 dV = 0$ ψ_1 和 ψ_2 正交

属于不同本征值的厄密算符本征函数正交

$$\begin{cases} \hat{L}\psi_m = l_m\psi_m \\ \hat{L}\psi_n = l_n\psi_n \end{cases} \rightarrow \begin{cases} \psi_m^* \hat{L}\psi_n = \psi_m^* l_n\psi_n = l_n\psi_m^* \psi_n \\ (\hat{L}\psi_m)^* \psi_n = l_m^* \psi_m^* \psi_n = l_m\psi_m^* \psi_n \end{cases}$$

两式相减 $\rightarrow \psi_m^* \hat{L}\psi_n - (\hat{L}^* \psi_m^*) \psi_n = \psi_n \psi_m^* (l_n - l_m)$

对整个体积空间进行积分 $\int_{-\infty}^{+\infty} \psi_m^* \hat{L}\psi_n dV - \int_{-\infty}^{+\infty} (\hat{L}\psi_m)^* \psi_n dV = (l_n - l_m) \int_{-\infty}^{+\infty} \psi_n \psi_m^* dV$

$$\int_{-\infty}^{+\infty} \psi_m^* \hat{L} \psi_n dV - \int_{-\infty}^{+\infty} (\hat{L} \psi_m)^* \psi_n dV = (l_n - l_m) \int_{-\infty}^{+\infty} \psi_n \psi_m^* dV$$

由于 \hat{L} 是厄密算符，左边积分在整个空间的积分相等

$$0 = (l_n - l_m) \int_{-\infty}^{+\infty} \psi_n \psi_m^* dV$$

$$\text{因为 } l_n \neq l_m \quad \rightarrow \int_{-\infty}^{+\infty} \psi_n \psi_m^* dV = 0 \quad \rightarrow \int_{-\infty}^{+\infty} \psi_n \psi_m^* dV = \delta_{mn}$$

从而证明了两波函数是正交的

如果厄密算符的本征值是连续分布的，则 $\int_{-\infty}^{+\infty} \psi_\lambda \psi_{\lambda'}^* dV = \delta(\lambda - \lambda')$

例题 对下面两个氢原子的未归一化的1s和2s电子的波函数

$$\psi_{1s}(r, \theta, \varphi) = \psi_{1s}(r) = e^{-r/a},$$

$$\psi_{2s}(r, \theta, \varphi) = \psi_{2s}(r) = (1 - \frac{r}{2a})e^{-r/2a}, a = \frac{\hbar^2}{me^2}$$

证明它们的正交性

解 根据正交性的定义，有

$$\begin{aligned}\int \psi_{1s}^* \psi_{2s} d^3r &= 4\pi \int_0^\infty r^2 (1 - \frac{r}{2a}) e^{-r/a} e^{-r/2a} dr \\ &= 4\pi \int_0^\infty (r^2 - \frac{r^3}{2a}) e^{-3r/2a} dr \\ &= 4\pi [(\frac{2a}{3})^3 2! - \frac{1}{2a} (\frac{2a}{3})^4 3!] = 0\end{aligned}$$

说明两波函数是正交.

3.4 叠加态原理

叠加态定义：一般情况下，如果 Ψ_1 和 Ψ_2 是体系的可能状态，那末它们的线性叠加 $\Psi = C_1\Psi_1 + C_2\Psi_2$ 也是该体系的一个可能状态. 其中 C_1 和 C_2 是复常数，这就是量子力学的态叠加原理。

态叠加原理一般表述：若 $\Psi_1, \Psi_2, \dots, \Psi_n, \dots$ 是体系的一系列可能的状态，则这些态的线性叠加 $\Psi = C_1\Psi_1 + C_2\Psi_2 + \dots + C_n\Psi_n + \dots$ （其中 $C_1, C_2, \dots, C_n, \dots$ 为复常数），也是体系的一个可能状态，处于 Ψ 态的体系，部分的处于 Ψ_1 态，部分的处于 Ψ_2 态...，部分的处于 Ψ_n, \dots

I. 叠加态是粒子存在的状态

$$\hat{F}\psi_n(r) = \lambda_n\psi_n(r) \rightarrow \begin{cases} \hat{F}\psi_1(r) = \lambda_1\psi_1(r) \\ \hat{F}\psi_2(r) = \lambda_2\psi_2(r) \\ \hat{F}\psi_3(r) = \lambda_3\psi_3(r) \\ \dots\dots\dots \\ \hat{F}\psi_n(r) = \lambda_n\psi_n(r) \end{cases} \rightarrow \begin{cases} \Phi_1 = c_{11}\psi_1(r) + c_{12}\psi_2(r) + c_{13}\psi_3(r) + \dots + c_{1n}\psi_n(r) \\ \Phi_2 = c_{21}\psi_1(r) + c_{22}\psi_2(r) + c_{23}\psi_3(r) + \dots + c_{2n}\psi_n(r) \\ \Phi_3 = c_{31}\psi_1(r) + c_{32}\psi_2(r) + c_{33}\psi_3(r) + \dots + c_{3n}\psi_n(r) \\ \dots\dots\dots \\ \Phi_n = c_{n1}\psi_1(r) + c_{n2}\psi_2(r) + c_{n3}\psi_3(r) + \dots + c_{nn}\psi_n(r) \end{cases}$$

$$\rightarrow \begin{cases} \hat{F}\Phi_1(r) = c_{11}\lambda_1\psi_1(r) + c_{12}\lambda_2\psi_2(r) + \dots + c_{1n}\lambda_n\psi_n(r) \\ \hat{F}\Phi_2(r) = c_{21}\lambda_1\psi_1(r) + c_{22}\lambda_2\psi_2(r) + \dots + c_{2n}\lambda_n\psi_n(r) \\ \dots\dots\dots \\ \hat{F}\Phi_n(r) = c_{n1}\lambda_1\psi_1(r) + c_{n2}\lambda_2\psi_2(r) + \dots + c_{nn}\lambda_n\psi_n(r) \end{cases} \rightarrow \begin{cases} \hat{F}\Phi_1(r) = \lambda_{11}\psi_1(r) + \lambda_{12}\psi_2(r) + \dots + \lambda_{1n}\psi_n(r) \\ \hat{F}\Phi_2(r) = \lambda_{21}\psi_1(r) + \lambda_{22}\psi_2(r) + \dots + \lambda_{2n}\psi_n(r) \\ \dots\dots\dots \\ \hat{F}\Phi_n(r) = \lambda_{n1}\psi_1(r) + \lambda_{n2}\psi_2(r) + \dots + \lambda_{nn}\psi_n(r) \end{cases}$$

$$\rightarrow \begin{cases} \hat{F}\Phi_1(r) = \lambda_{11}\psi_1(r) + \lambda_{12}\psi_2(r) + \dots + \lambda_{1n}\psi_n(r) \\ \hat{F}\Phi_2(r) = \lambda_{21}\psi_1(r) + \lambda_{22}\psi_2(r) + \dots + \lambda_{2n}\psi_n(r) \\ \\ \hat{F}\Phi_n(r) = \lambda_{n1}\psi_1(r) + \lambda_{n2}\psi_2(r) + \dots + \lambda_{nn}\psi_n(r) \end{cases} \quad \rightarrow \hat{F} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \\ \Phi_n(r) \end{bmatrix} = \begin{bmatrix} \lambda_{11} & \lambda_{12} & ... & \lambda_{1n} \\ \lambda_{21} & \lambda_{22} & ... & \lambda_{2n} \\ ... & ... & ... & ... \\ \lambda_{n1} & \lambda_{n2} & ... & \lambda_{nn} \end{bmatrix} \begin{bmatrix} \psi_1(r) \\ \psi_2(r) \\ ... \\ \psi_n(r) \end{bmatrix}$$

$$\rightarrow \begin{cases} \psi_1(r) = C'_{11}\Phi_1(r) + C'_{12}\Phi_2(r) + \dots + C'_{1n}\Phi_n(r) \\ \psi_2(r) = C'_{21}\Phi_1(r) + C'_{22}\Phi_2(r) + \dots + C'_{2n}\Phi_n(r) \\ \\ \psi_n(r) = C'_{n1}\Phi_1(r) + C'_{n2}\Phi_2(r) + \dots + C'_{nn}\Phi_n(r) \end{cases}$$
$$\rightarrow \begin{bmatrix} \psi_1(r) \\ \psi_2(r) \\ \vdots \\ \psi_n(r) \end{bmatrix} = \begin{bmatrix} C'_{11} & C'_{12} & \dots & C'_{1n} \\ C'_{21} & C'_{22} & \dots & C'_{2n} \\ \vdots & \vdots & \ddots & \vdots \\ C'_{n1} & C'_{n2} & \dots & C'_{nn} \end{bmatrix} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \vdots \\ \Phi_n(r) \end{bmatrix}$$

$$\rightarrow \hat{F} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \dots\dots\dots \\ \Phi_n(r) \end{bmatrix} = \begin{bmatrix} \lambda_{11} & \lambda_{12} & \dots & \lambda_{1n} \\ \lambda_{21} & \lambda_{22} & \dots & \lambda_{2n} \\ \dots & \dots & \dots & \dots \\ \lambda_{n1} & \lambda_{n2} & \dots & \lambda_{nn} \end{bmatrix} \begin{bmatrix} C'_{11} & C'_{12} & \dots & C'_{1n} \\ C'_{21} & C'_{22} & \dots & C'_{2n} \\ \dots & \dots & \dots & \dots \\ C'_{n1} & C'_{n2} & \dots & C'_{nn} \end{bmatrix} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \dots \\ \Phi_n(r) \end{bmatrix}$$

$$\rightarrow \hat{F} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \dots \\ \Phi_n(r) \end{bmatrix} = \begin{bmatrix} \lambda_{11} & \lambda_{12} & \dots & \lambda_{1n} \\ \lambda_{21} & \lambda_{22} & \dots & \lambda_{2n} \\ \dots & \dots & \dots & \dots \\ \lambda_{n1} & \lambda_{n2} & \dots & \lambda_{nn} \end{bmatrix} \begin{bmatrix} C'_{11} & C'_{12} & \dots & C'_{1n} \\ C'_{21} & C'_{22} & \dots & C'_{2n} \\ \dots & \dots & \dots & \dots \\ C'_{n1} & C'_{n2} & \dots & C'_{nn} \end{bmatrix} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \dots \\ \Phi_n(r) \end{bmatrix}$$

$$\rightarrow \hat{F} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \dots \\ \Phi_n(r) \end{bmatrix} = \begin{bmatrix} A_{11} & A_{12} & \dots & A_{1n} \\ A_{21} & A_{22} & \dots & A_{2n} \\ \dots & \dots & \dots & \dots \\ A_{n1} & A_{n2} & \dots & A_{nn} \end{bmatrix} \begin{bmatrix} \Phi_1(r) \\ \Phi_2(r) \\ \dots \\ \Phi_n(r) \end{bmatrix}$$

类似于 $\rightarrow \hat{F}\Phi(r) = A\Phi(r)$, 则叠加态也是粒子存在的状态

3.5 叠加态与力学量的展开

$$\hat{F}\psi_n(r) = \lambda_n\psi_n(r) \quad \rightarrow \quad \left\{ \begin{array}{l} \hat{F}\psi_1(r) = \lambda_1\psi_1(r) \\ \hat{F}\psi_2(r) = \lambda_2\psi_2(r) \\ \hat{F}\psi_3(r) = \lambda_3\psi_3(r) \\ \dots\dots\dots \\ \hat{F}\psi_n(r) = \lambda_n\psi_n(r) \end{array} \right.$$

如果算符 F 是厄密算符，它的正交归一化本征函数为 $\psi_n(r)$ ，对应的本征值为 λ_n ，则任意函数 $\psi(r)$ 可以按 $\psi_n(x)$ 展开，则得到叠加态

$$\psi_1(r) = c_1\psi_1(r) + c_2\psi_2(r) + c_3\psi_3(r) + \dots + c_n\psi_n(r)$$

$$\psi(r) = c_1\psi_1(r) + c_2\psi_2(r) + c_3\psi_3(r) + \dots + c_n\psi_n(r)$$

$$\psi(r) = \sum c_n\psi_n(r) \rightarrow \psi_n(x) \text{ 组成完全系:}$$

在量子力学中,ⁿ 表示力学量的算符为厄密算符, 它们的本征函数组成完全系。

$$\int \psi(r) \bullet \psi^*(r) dr$$

$$= \int [c_1\psi_1(r) + c_2\psi_2(r) + \dots + c_n\psi_n(r)] \bullet [c_1\psi_1^*(r) + c_2\psi_2^*(r) + \dots + c_n\psi_n^*(r)] dr$$

由 $\psi_n(x)$ 的正交归一化性, 系数 c_n 为

$$\int \psi(r) \bullet \psi^*(r) dr$$

$$= \int [c_1^2\psi_1(r) \bullet \psi_1^*(r) dr + c_2^2\psi_2(r) \bullet \psi_2^*(r) dr + \dots + c_n^2\psi_n(r) \bullet \psi_n^*(r) dr]$$

$$\int \psi(r) \bullet \psi^*(r) dr = \int \left[c_1^2 \psi_1(r) \bullet \psi_1^*(r) dr + c_2^2 \psi_2(r) \bullet \psi_2^*(r) dr + \dots + c_n^2 \psi_n(r) \bullet \psi_n^*(r) dr \right]$$

$$\rightarrow 1 = \int \psi^*(r) \psi(r) dr = \sum_{m,n} c_m^* c_n \int \psi_m^*(r) \psi_n(r) dr = \sum_{m,n} c_m^* c_n \delta_{mn} = \sum_n |c_n|^2$$

$$1 = c_1^2 + c_2^2 + \dots + c_n^2$$

C的物理意义：表示在 $\psi(x)$ 态中测量力学量 F 得到的结果是算符 F 的本征态 λ_n 的几率，也被称为几率振幅。

叠加系数的计算

$$\psi(r) = c_1\psi_1(r) + c_2\psi_2(r) + c_3\psi_3(r) + \dots + c_n\psi_n(r)$$

$$\rightarrow \psi_1^*(r) \bullet \psi(r) = \psi_1^*(r) \bullet [c_1\psi_1(r) + c_2\psi_2(r) + c_3\psi_3(r) + \dots + c_n\psi_n(r)]$$

$$\text{对全空间积分} \rightarrow \int [\psi_1^*(r) \bullet \psi(r)] dr$$

$$= \int [c_1\psi_1^*(r) \bullet \psi_1(r) + c_2\psi_1^*(r) \bullet \psi_2(r) + \dots + c_n\psi_1^*(r) \bullet \psi_n(r)] dr$$

$$\text{考虑正交性} \rightarrow \int [\psi_1^*(r) \bullet \psi(r)] dr = \int [c_1\psi_1^*(r) \bullet \psi_1(r) + 0 + 0 + \dots 0] dr$$

$$\rightarrow \int [\psi_1^*(r) \bullet \psi(r)] dr = c_1 \quad \rightarrow \int [\psi_2^*(r) \bullet \psi(r)] dr = c_2$$

$$\rightarrow c_n = \int [\psi_n^*(r) \bullet \psi(r)] dr$$

例：设体系处于 $\psi = c_1 Y_{11} + c_2 Y_{20}$

求 \hat{L}_z 和 \hat{L}^2 的可能测值及相应的几率。

解：根据 Y_{lm} 的正交归一化性，得到

$$\int \psi^* \psi dV = \int (c_1^* Y_{11}^* + c_2^* Y_{20}^*)(c_1 Y_{11} + c_2 Y_{20}) dV \quad \text{由于} \begin{cases} \hat{L}_z Y_{lm} = m \hbar Y_{lm} \\ \hat{L}^2 Y_{lm} = l(l+1) \hbar^2 Y_{lm} \end{cases}$$

$$= |c_1|^2 + |c_2|^2$$

\hat{L}_z 和 \hat{L}^2 的可能测值为及相应的几率为：

可能测值		相应的几率	
\hat{L}_z	$0, \hbar$	$\frac{ c_1 ^2}{ c_1 ^2 + c_2 ^2},$	$\frac{ c_2 ^2}{ c_1 ^2 + c_2 ^2}$
\hat{L}^2	$2\hbar^2, 6\hbar^2$	$\frac{ c_1 ^2}{ c_1 ^2 + c_2 ^2},$	$\frac{ c_2 ^2}{ c_1 ^2 + c_2 ^2}$

例题2： 氢原子处于基态时的波函数为 $\psi_{100}(r) = \frac{1}{\sqrt{\pi a_0^3}} e^{-\frac{r}{a_0}}$
求电子动量的几率分布

解： 首先将 ψ_{100} 按动量算符的本征值 ψ_p 展开，由于动量算符组成连续谱，则

$$\psi_{100}(r) = \int c_p \psi_p(\mathbf{r}) d^3 p$$

几率振幅为 $c_p = \int \psi_p^* \psi_{100}(\mathbf{r}) d^3 r$

动量本征值为 p 的本征函数 $\psi_p(r) = \frac{1}{(2\pi\hbar)^{3/2}} e^{\frac{i}{\hbar} \mathbf{p} \cdot \mathbf{r}}$

$$c_p = \frac{1}{\sqrt{\pi a_0^3}} \frac{1}{(2\pi\hbar)^{3/2}} \int e^{-\frac{r}{a_0}} e^{-\frac{i}{\hbar} \mathbf{p} \cdot \mathbf{r}} d^3 r$$

球坐标比较好！

$$c_p = \frac{1}{\sqrt{\pi a_0^3}} \frac{1}{(2\pi\hbar)^{3/2}} \int e^{-\frac{r}{a_0}} e^{-\frac{i}{\hbar} \mathbf{p} \cdot \mathbf{r}} d^3r$$

$$c_p = \frac{1}{\pi^2} \frac{1}{(2a_0\hbar)^{3/2}} \int_0^\infty \int_0^\pi \int_0^{2\pi} e^{-\frac{r}{a_0}} e^{-\frac{i}{\hbar} pr \cos \theta} r^2 \sin \theta dr d\theta d\varphi$$

先对 φ 积分，再对 θ 积分，最后再对 r 积分。

$$c_p = \frac{2}{\pi(2a_0\hbar)^{3/2}} \int_0^\infty \int_0^\pi e^{-\frac{r}{a_0}} e^{-\frac{i}{\hbar} pr \cos \theta} r^2 \sin \theta dr d\theta = \frac{2i\hbar}{\pi p(2a_0\hbar)^{3/2}} \int_0^\infty e^{-\frac{r}{a_0}} (e^{-\frac{i}{\hbar} pr} - e^{\frac{i}{\hbar} pr}) r dr$$

$$= \frac{(2a_0\hbar)^{3/2} \hbar}{\pi (a_0^2 p^2 + \hbar^2)^2}$$

动量的几率密度为

$$|c_p|^2 = \frac{8a_0^3 \hbar^5}{\pi^2 (a_0^2 p^2 + \hbar^2)^4}$$

当氢原子处于基态时，电子动量的绝对值在 $p \rightarrow p+dp$ 范围内的几率为：

$$w(p)dp = |c_p|^2 4\pi p^2 dp$$

可以证明各种可能的几率之和为1， 即

$$\int w(p)dp^3 = 1$$

3.6 力学量测量结果的几率的平均值

对算符和算符的本征函数

$$\hat{F}\psi_n(r) = \lambda_n\psi_n(r) \rightarrow \begin{cases} \lambda_1(\text{本征值}) \rightarrow \psi_1(r)(\text{本征波函数}) \\ \lambda_2(\text{本征值}) \rightarrow \psi_2(r)(\text{本征波函数}) \\ \dots\dots\dots \\ \lambda_n(\text{本征值}) \rightarrow \psi_{n(r)}(\text{本征波函数}) \end{cases}$$

则存在一个态(叠加态),也是状态波函数

$$\psi(r) = c_1\psi_1(r) + c_2\psi_2(r) + c_3\psi_3(r) + \dots + c_n\psi_n(r)$$

$$\psi(r) = c_1\psi_1(r) + c_2\psi_2(r) + c_3\psi_3(r) + \dots + c_n\psi_n(r)$$

叠加态不是本征态

$$\hat{F}\psi(r) = c_1\hat{F}\psi_1(r) + c_2\hat{F}\psi_2(r) + c_3\hat{F}\psi_3(r) + \dots + c_n\hat{F}\psi_n(r)$$

根据本征态方程 $\hat{F}\psi_n(r) = \lambda_n\psi_n(r)$

$$\hat{F}\psi(r) = c_1\lambda_1\psi_1(r) + c_2\lambda_2\psi_2(r) + c_3\lambda_3\psi_3(r) + \dots + c_n\lambda_n\psi_n(r)$$

$$\psi^*(r)\hat{F}\psi(r)$$

$$= [c_1\psi_1^*(r) + c_2\psi_2^*(r) \dots + c_n\psi_n^*(r)] \cdot [c_1\lambda_1\psi_1(r) + c_2\lambda_2\psi_2(r) \dots + c_n\lambda_n\psi_n(r)]$$

$$= c_1^2\lambda_1 + c_2^2\lambda_2 + c_3^2\lambda_3 + \dots + c_n^2\lambda_n$$

每一个本征值对应于一个状态，故这个式子表示的是所有状态出现的均值，即期望值

$$\psi^*(r)\hat{F}\psi(r)$$

$$= [c_1\psi_1^*(r) + c_2\psi_2^*(r) \dots + c_n\psi_n^*(r)] \cdot [c_1\lambda_1\psi_1(r) + c_2\lambda_2\psi_2(r) \dots + c_n\lambda_n\psi_n(r)]$$

$$= c_1^2\lambda_1 + c_2^2\lambda_2 + c_3^2\lambda_3 + \dots + c_n^2\lambda_n$$

$$\rightarrow \psi^*(r)\hat{F}\psi(r) = c_1^2\lambda_1 + c_2^2\lambda_2 + c_3^2\lambda_3 \dots + c_n^2\lambda_n = \bar{\lambda}$$

物理量的平均值 $\rightarrow \bar{F} = \int \psi^*(r)\hat{F}\psi(r)dr$

例题：已知波函数，计算平均动量与平均动能

解：

$$\psi(x) = A \left[\sin^2 kx + \frac{1}{2} \cos kx \right]$$
$$-i\hbar \frac{\partial \psi(x)}{\partial x} = p\psi(x)$$

$$\bar{p} = \frac{\int_0^\infty \psi^*(x) p_x \psi(x) dx}{\int_0^\infty \psi^*(x) \psi(x) dx} \quad -i\hbar \frac{\partial}{\partial x} = \hat{p} \quad \text{注意归一化！}$$

$$\bar{p} = \frac{\int_0^\infty \psi^*(x) \left[-i\hbar \frac{\partial}{\partial x} \psi(x) \right] dx}{\int_0^\infty \psi^*(x) \psi(x) dx}$$

$$\hat{p}_x = -i\hbar A k \left(2 \sin kx \cos kx - \frac{1}{2} \sin kx \right)$$

$$\bar{p} = \frac{\int_0^\infty A \left[\sin^2 kx + \frac{1}{2} \cos kx \right] \left(-i\hbar A k \left(2 \sin kx \cos kx - \frac{1}{2} \sin kx \right) \right) dx}{\int_0^\infty A^2 \left[\sin^2 kx + \frac{1}{2} \cos kx \right]^2 dx}$$

例题：已知波函数，计算平均动量与平均动能

$$\psi(x) = A \left[\sin^2 kx + \frac{1}{2} \cos kx \right]$$

解：

$$\hat{E}_k = \frac{-\hbar^2 \nabla^2}{2m}$$

$$\bar{E} = \frac{\int_0^\infty \psi^*(x) \hat{E}_k \psi(x) dx}{\int_0^\infty \psi^*(x) \psi(x) dx} = \frac{\int_0^\infty \psi^*(x) \hat{E}_k \psi(x) dx}{\int_0^\infty \psi^*(x) \psi(x) dx} = \frac{\int_0^\infty \psi^*(x) \left[\frac{-\hbar^2 \nabla^2 \psi(x)}{2m} \right] dx}{\int_0^\infty \psi^*(x) \psi(x) dx}$$

$$\nabla^2 \psi(x) = A k \left[2k \cos 2kx - \frac{k}{2} \cos kx \right]$$

$$\bar{E} = \frac{\int_0^\infty \psi^*(x) \left[\frac{-\hbar^2}{2m} A k \left[2k \cos 2kx - \frac{k}{2} \cos kx \right] \right] dx}{\int_0^\infty \psi^*(x) \psi(x) dx}$$

3.6 动量表征中的波函数

$$\begin{aligned}\psi(r, t) &= c_1(p_1)\psi_{p_1}(r, t) + c_2(p_2)\psi_{p_2}(r, t) + \dots + c_n(p_n)\psi_{p_n}(r, t) \\ &= \sum_p c(p)\psi_p(r, t)\end{aligned}$$

利用指数函数特性

利用波函数的特征 $\rightarrow \psi_{p_1}(r, t) = \psi_{p_1}(r)\psi_{p_1}(t)$

$$\rightarrow \psi(r, t) = c_1(p_1)\psi_{p_1}(t)\psi_{p_1}(r) + c_2(p_2)\psi_{p_2}(t)\psi_{p_2}(r) + \dots + c_n(p_n)\psi_{p_n}(t)\psi_{p_n}(r)$$

再利用 $\rightarrow C_{p_1}(p_1, t) = C_{p_1}(p_1)\psi_{p_1}(t)$

$$\rightarrow \psi(r, t) = c_1(p_1, t)\psi_{p_1}(r) + c_2(p_2, t)\psi_{p_2}(r) + \dots + c_n(p_n, t)\psi_{p_n}(r) = \sum_p c(p, t)\psi_p(r)$$

$$\rightarrow \psi(r, t) = c_1(p_1, t)\psi_{p_1}(r) + c_2(p_2, t)\psi_{p_2}(r) + \dots + c_n(p_n, t)\psi_{p_n}(r) = \sum_p c(p, t)\psi_p(r)$$

$$\sum_r \psi_{p_1}^*(r) \bullet \psi(r, t) = \sum_r \psi_{p_1}^*(r) \bullet \left[c_1(p_1, t)\psi_{p_1}(r) + c_2(p_2, t)\psi_{p_2}(r) + \dots + c_n(p_n, t)\psi_{p_n}(r) \right]$$

$$\sum_r \psi(r, t) \bullet \psi_{p_1}^*(r) = \sum_r \psi_{p_1}^*(r) \bullet c_1(p_1, t)\psi_{p_1}(r) = c_1(p_1, t)$$

$$c_1(p_1, t) = \int \psi_{p_1}^* \psi(r, t) dr$$

与前面提到的处理几率振幅方法类似

$$\psi(r,t)=c_1(p_1,t)\psi_{p_1}(r)+c_2(p_2,t)\psi_{p_2}(r)+...+c_n(p_n,t)\psi_{p_n}(r)=\sum_p c(p,t)\psi_p(r)$$

$$\sum_r \psi^*(r,t) \bullet \psi(r,t) = \sum_r \left[c_1(p_1,t)\psi_{p_1}(r) + c_2(p_2,t)\psi_{p_2}(r) + ... + c_n(p_n,t)\psi_{p_n}(r) \right] \\ \bullet \left[c_1^*(p_1,t)\psi_{p_1}^*(r) + c_2^*(p_2,t)\psi_{p_2}^*(r) + ... + c_n^*(p_n,t)\psi_{p_n}^*(r) \right]$$

$$\sum_r \psi^*(r,t) \bullet \psi(r,t) = c_1(p_1,t) \bullet c_1^*(p_1,t) + c_2(p_2,t) c_2^*(p_2,t) + ... + c_n(p_n,t) \bullet c_n^*(p_n,t) = 1$$

$$\int c_1(p_1,t) \bullet c_1^*(p_1,t) dp = 1$$

$$\psi(r, t) = \int C(p, t) \psi_p(r) dp \quad \text{用动量状态来描述位置状态}$$

$|\Psi(r, t)|^2 dr$ 是在 $\Psi(r, t)$ 所描写的状态中，测量粒子的位置所得结果在 $r \rightarrow r + dr$ 范围内的几率。

$$c_1(p_1, t) = \int \psi_{p_1}^* \psi(r, t) dr \quad \text{用位置状态来描述动量信息}$$

$|C(p, t)|^2 dp$ 是在 $\Psi(x, t)$ 所描写的状态中，测量粒子的动量所得结果在 $p \rightarrow p + dp$ 范围内的几率。

$\Psi(x, t)$ 与 $C(p, t)$ 一一对应，描述同一状态。

$\Psi(x, t)$ 是该状态在坐标表象中的波函数；

而 $C(p, t)$ 就是该状态在动量表象中的波函数。

例题2: 一粒子的波函数为 $\psi(x) = \frac{1}{(2\pi)^{\frac{1}{4}} a} e^{-\frac{x^2}{4a^2}}$

求电子动量的几率分布

解: 首先将 ψ_{100} 按动量算符的本征值 ψ_p 展开, 由于动量算符组成连续谱, 则

$$\begin{cases} -i\hbar \frac{\partial}{\partial x} \psi_p(x) = p_x \psi_p(x) \\ -i\hbar \frac{\partial}{\partial y} \psi_p(y) = p_y \psi_p(y) \\ -i\hbar \frac{\partial}{\partial z} \psi_p(z) = p_z \psi_p(z) \end{cases} \rightarrow \begin{cases} \psi_p(x) = C_1 e^{\frac{i}{\hbar} p_x x} \\ \psi_p(y) = C_1 e^{\frac{i}{\hbar} p_y y} \\ \psi_p(z) = C_1 e^{\frac{i}{\hbar} p_z z} \end{cases}$$

$$\rightarrow \psi_p(r) = \psi_p(x) \psi_p(y) \psi_p(z) = C e^{\frac{i}{\hbar} \vec{p}_r \cdot \vec{x}}$$

C的计算

$$\psi_p(r) = \psi_p(x)\psi_p(y)\psi_p(z) = Ce^{\frac{i}{\hbar}\bar{p}_r \bullet \vec{x}}$$

$$\int_{-\infty}^{\infty} \psi_{p'}^*(r)\psi_p(r)d\tau = C^2 \iiint_{\infty} e^{\frac{i}{\hbar}[(p_x - p'_x) \bullet x + (p_y - p'_y) \bullet y + (p_z - p'_z) \bullet z]} dx dy dz$$

$$\int_{-\infty}^{\infty} e^{\frac{i}{\hbar}[(p_x - p'_x) \bullet x]} dx = 2\pi\hbar \delta(p_x - p'_x) \rightarrow \int_{-\infty}^{\infty} \psi_{p'}^*(r)\psi_p(r)d\tau = C^2 (2\pi\hbar)^3 \delta(p - p')$$

$$\rightarrow \delta(p - p') = C^2 (2\pi\hbar)^3 \delta(p - p') \rightarrow C = \frac{1}{(2\pi\hbar)^{\frac{3}{2}}}$$

这个式子左边式子是利用动量的连续性得到的

$$\psi_p(r) = \frac{1}{(2\pi\hbar)^{\frac{3}{2}}} e^{\frac{i}{\hbar}\bar{p}_r \bullet \vec{r}}$$

$$\psi_p(x) = \frac{1}{(2\pi\hbar)^{\frac{1}{2}}} e^{\frac{i}{\hbar}\bar{p}_x \bullet \vec{x}}$$

$$\left\{\begin{array}{l} \psi_p(x) = \frac{1}{(2\pi\hbar)^{\frac{1}{2}}} e^{\frac{i}{\hbar} p_x \bullet x} \\ \psi(x) = \frac{1}{(2\pi)^{\frac{1}{4}} a} e^{-\frac{x^2}{4a^2}} \end{array}\right.$$

$$\rightarrow c(p,t) = \int_{-\infty}^{\infty} \psi *_p(x) \psi(x) dp = \int_{-\infty}^{+\infty} \frac{1}{(2\pi\hbar)^{\frac{1}{2}}} e^{-\frac{i}{\hbar} p_x \bullet x} \frac{1}{(2\pi)^{\frac{1}{4}} a} e^{-\frac{x^2}{4a^2}} dx$$

$$\rightarrow \frac{\partial}{\partial p} c^2(p,t) =$$

3.7 希尔伯特空间

$$\psi(r,t) = c_1(p_1,t)\psi_{p_1}(r) + c_2(p_2,t)\psi_{p_2}(r) + \dots + c_n(p_n,t)\psi_{p_n}(r)$$

考虑到：厄米算符波函数的正交性

$$\left\{ \begin{array}{l} \psi_{p_1}^*(r) \cdot \psi_{p_2}(r) = 0 \\ \psi_{p_1}^*(r) \cdot \psi_{p_3}(r) = 0 \\ \dots\dots\dots \\ \psi_{p_2}^*(r) \cdot \psi_{p_3}(r) = 0 \\ \psi_{p_3}^*(r) \cdot \psi_{p_2}(r) = 0 \end{array} \right. \Rightarrow \left\{ \begin{array}{l} \vec{i} \cdot \vec{j} = 0 \\ \vec{i} \cdot \vec{k} = 0 \\ \vec{j} \cdot \vec{k} = 0 \end{array} \right. \quad \left\{ \begin{array}{l} \psi_{p_1}(r) \\ \psi_{p_2}(r) \\ \dots\dots\dots \\ \psi_{p_n}(r) \end{array} \right. \Rightarrow \text{基矢}$$

$C(p, t)$ 为态矢

$[\psi_{p_1}(r), \psi_{p_2}(r), \dots, \psi_{p_n}(r)]$ 由此构成的空间为希尔伯特空间

3.8态的表象

I.基本概念

x , p 都是力学量, 分别对应有坐标表象和动量表象,

因此可以对任何力学量 Q 都建立一种表象, 称为力学量 Q 表象。

$$\begin{cases} \psi(r, t) = \sum_n a_n(t) \psi_n(r) \\ a(t) = \sum_n \psi_n^*(r) \psi(r, t) \end{cases} \quad \psi \leftrightarrow \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_n(t) \end{pmatrix}$$

所以我们可以把状态 ψ 看成是一个矢量——态矢量。 选取一个特定力学量 Q 表象, 相当于选取特定的坐标系,

$\psi_1(r), \quad \psi_2(r), \quad \dots, \psi_n(r),$ 是 Q 表象 的基本矢量简称基矢。

2. 波函数

$$\psi = \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_n(t) \end{pmatrix}$$

是态矢量 Ψ 在Q表象中沿各基矢方向上的“分量”。Q表象的基矢有无限多个，所以态矢量所在的空间是一个无限维的抽象的函数空间，称为Hilbert空间。

$$\psi = \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_n(t) \end{pmatrix}$$

$$\text{共轭矩阵} \rightarrow \psi^+ = (a_1(t)^* \quad a_2(t)^* \quad \dots \quad a_n(t)^*)$$

$$\text{归一化可写为 } \psi^+ \psi = (a_1(t)^* \quad a_2(t)^* \quad \dots \quad a_n(t)^*) \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_n(t) \end{pmatrix} = \sum_n a_n(t)^* a_n(t) = 1$$

2.力学量算符的矩阵表示

$$\Phi(x, t) = \hat{F}(x, \hat{p})\psi(x, t) = \hat{F}(x, -i\hbar \frac{\partial}{\partial x})\psi(x, t)$$

假设只有分立本征值，将 Φ , ψ 按 $\{u_n(x)\}$ 展开：

$$\begin{cases} \psi(x, t) = \sum_m a_m(t) u_m(x) \\ \Phi(x, t) = \sum_m b_m(t) u_m(x) \end{cases} \quad \sum_m b_m(t) u_m(x) = \hat{F}(x, -i\hbar \frac{\partial}{\partial x}) \sum_m a_m(t) u_m(x)$$

两边左乘 $u_n^*(x)$ 并对 x 积分

$$\sum_m b_m(t) \int u_n^* u_m(x) dx = \sum_m \int u_n^* \hat{F}(x, -i\hbar \frac{\partial}{\partial x}) u_m(x) dx a_m(t)$$

$$\text{令: } F_{nm} \equiv \int u_n^*(x) \hat{F}(x, -i\hbar \frac{\partial}{\partial x}) u_m(x) dx$$

$$\sum_m b_m(t) \delta_{nm} = \sum_m F_{nm} a_m(t) \quad \text{Q表象的达方式} \quad b_n(t) = \sum_m F_{nm} a_m(t)$$

$$\text{令: } F_{nm} \equiv \int u_n^*(x) \hat{F}(x, -i\hbar \frac{\partial}{\partial x}) u_m(x) dx$$

$$F_{nm} = \int u_n^*(x) \hat{F}(x, -i\hbar \frac{\partial}{\partial x}) u_m(x) dx \rightarrow \begin{bmatrix} F_{11} & F_{12} & \cdots & F_{1m} \\ F_{21} & F_{22} & & F_{2m} \\ & & & \\ F_{n1} & F_{n2} & \cdots & F_{nm} \end{bmatrix}$$

$$b_n(t) = \sum_m F_{nm} a_m(t) \rightarrow \begin{pmatrix} b_1(t) \\ b_2(t) \\ \cdots \\ b_n(t) \end{pmatrix} = \begin{pmatrix} F_{11} & F_{12} & \cdots & F_{1m} \\ F_{21} & F_{22} & \cdots & F_{2m} \\ \cdots & \cdots & \cdots & \cdots \\ F_{n1} & F_{n2} & \cdots & F_{nm} \end{pmatrix} \begin{pmatrix} a_1(t) \\ a_2(t) \\ \cdots \\ a_m(t) \end{pmatrix}$$

F 在 Q 表象中是一个矩阵，F_{nm} 是其矩阵元

$$b_n(t) = \sum_m F_{nm} a_m(t) \rightarrow \begin{pmatrix} b_1(t) \\ b_2(t) \\ \dots \\ b_n(t) \end{pmatrix} = \begin{pmatrix} F_{11} & F_{12} & \dots & F_{1m} \\ F_{21} & F_{22} & \dots & F_{2m} \\ \dots & \dots & \dots & \dots \\ F_{n1} & F_{n2} & \dots & F_{nm} \end{pmatrix} \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_m(t) \end{pmatrix}$$

$$\hat{F}\psi(x) = \lambda\psi(x) \rightarrow \begin{pmatrix} F_{11} & F_{12} & \dots & F_{1m} \\ F_{21} & F_{22} & \dots & F_{2m} \\ \dots & \dots & \dots & \dots \\ F_{n1} & F_{n2} & \dots & F_{nm} \end{pmatrix} \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_m(t) \end{pmatrix} = \lambda \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_m(t) \end{pmatrix}$$

$$\rightarrow \begin{pmatrix} F_{11} - \lambda & F_{12} & \dots & F_{1n} \\ F_{21} & F_{22} - \lambda & \dots & F_{2n} \\ \dots & \dots & \dots & \dots \\ F_{n1} & F_{n2} & \dots & F_{nn} - \lambda \end{pmatrix} \begin{pmatrix} a_1 \\ a_2 \\ \dots \\ a_n \end{pmatrix} = 0$$

这里的 $\begin{pmatrix} a_1 \\ a_2 \\ \dots \\ a_n \end{pmatrix}$ 是一个向量

$$\begin{pmatrix} F_{11} - \lambda & F_{12} & \cdots & F_{1n} \\ F_{21} & F_{22} - \lambda & \cdots & F_{2n} \\ \cdots & \cdots & \cdots & \cdots \\ F_{n1} & F_{n2} & \cdots & F_{nn} - \lambda \end{pmatrix} \begin{pmatrix} a_1 \\ a_2 \\ \cdots \\ a_n \end{pmatrix} = 0$$

方程组有不完全为零解的条件是系数行列式等于零

$$\begin{pmatrix} F_{11} - \lambda & F_{12} & \cdots & F_{1n} \\ F_{21} & F_{22} - \lambda & \cdots & F_{2n} \\ \cdots & \cdots & \cdots & \cdots \\ F_{n1} & F_{n2} & \cdots & F_{nn} - \lambda \end{pmatrix} = 0$$

求解此久期方程得到一组 λ 值： $\lambda_1, \lambda_2, \dots, \lambda_n, \dots$ 就是F的本征值。

$$\begin{pmatrix} F_{11} - \lambda & F_{12} & \cdots & F_{1n} \\ F_{21} & F_{22} - \lambda & \cdots & F_{2n} \\ \cdots & \cdots & \cdots & \cdots \\ F_{n1} & F_{n2} & \cdots & F_{nn} - \lambda \end{pmatrix} = 0$$

求解此久期方程得到一组 λ 值： $\lambda_1, \lambda_2, \dots, \lambda_n, \dots$ 就是F的本征值.将其分别代入原齐次线性方程组就能得到相应于各 λ_i 的本征矢

$$\begin{pmatrix} a_{1i} \\ a_{2i} \\ \cdots \\ a_{ni} \end{pmatrix} \quad i = 1, 2, \cdots, n \cdots$$

薛定谔方程

$$i\hbar \frac{\partial}{\partial t} \psi(x, t) = \hat{H}(x, \frac{\hbar}{i} \frac{\partial}{\partial x}) \psi(x, t) \quad \begin{cases} \psi(x, t) = \sum_m a_m(t) u_m(x) \\ \Phi(x, t) = \sum_m b_m(t) u_m(x) \end{cases}$$

$$i\hbar \frac{\partial}{\partial t} \sum_m a_m(t) u_m(x) = \hat{H}(x, \frac{\hbar}{i} \frac{\partial}{\partial x}) \sum_m a_m(t) u_m(x)$$

两边左乘 $u_m^*(x)$ 并对 x 积分

$$i\hbar \frac{\partial}{\partial t} \sum_m a_m(t) \int u_m^*(x) u_m(x) dx = \int u_m^*(x) \hat{H}(x, \frac{\hbar}{i} \frac{\partial}{\partial x}) u_m(x) dx \sum_m a_m(t)$$

$$i\hbar \frac{\partial}{\partial t} \sum_m a_m(t) \int u_m^*(x) u_m(x) dx = \int u_m^*(x) \hat{H}(x, \frac{\hbar}{i} \frac{\partial}{\partial x}) u_m(x) dx \sum_m a_m(t)$$

$$\rightarrow i\hbar \frac{\partial}{\partial t} \sum_m a_m(t) = \int u_m^*(x) \hat{H}(x, \frac{\hbar}{i} \frac{\partial}{\partial x}) u_m(x) dx \sum_m a_m(t)$$

$$\text{令 } H_{mn} = \int u_m^*(x) \hat{H}(x, \frac{\hbar}{i} \frac{\partial}{\partial x}) u_n(x) dx$$

$$i\hbar \frac{d}{dt} \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_m(t) \end{pmatrix} = \begin{pmatrix} H_{11} & H_{12} & & H_{1m} \\ H_{21} & H_{22} & & H_{2m} \\ \dots & \dots & \dots & \dots \\ H_{n1} & H_{n2} & & H_{nm} \end{pmatrix} \begin{pmatrix} a_1(t) \\ a_2(t) \\ \dots \\ a_m(t) \end{pmatrix} \quad i\hbar \frac{d}{dt} \psi = H\psi$$

3.狄拉克算符极其表征

$$\begin{cases} \psi(x,t) = \sum_m a_m(t) u_m(x) \\ \Phi(x,t) = \sum_m b_m(t) u_m(x) \end{cases} \quad \text{对应的关系} \rightarrow \begin{cases} \psi(x,t) = a_1(t) u_1(x) + a_2(t) u_2(x) + \dots + a_m(t) u_m(x) \\ \Phi(x,t) = b_1(t) u_1(x) + b_2(t) u_2(x) + \dots + b_m(t) u_m(x) \end{cases}$$

态矢的狄拉克算符

基矢的狄拉克算符

$$\begin{cases} |\varphi(t)\rangle = [a_1(t) & a_2(t) & \dots & a_m(t)] \\ |\phi(t)\rangle = [b_1(t) & b_2(t) & \dots & b_m(t)] \end{cases} \quad \begin{cases} \langle u(x) = [u_1^*(x) & u_2^*(x) & \dots & u_m^*(x)] \\ |u(x)\rangle = [u_1(x) & u_2(x) & \dots & u_m(x)] \end{cases}$$

$$\rightarrow \langle u(x) | u(x) \rangle = \int [u_1^*(x) \quad u_2^*(x) \quad \dots \quad u_m^*(x)] [u_1(x) \quad u_2(x) \quad \dots \quad u_m(x)] dx = 1$$

$$\rightarrow \begin{cases} \langle u^*(x) | \varphi(t) \rangle = u_1^*(x) a_1(t) + u_2^*(x) a_2(t) + \dots + u_m^*(x) a_m(t) \\ \langle u^*(x) | \phi(t) \rangle = u_1^*(x) b_1(t) + u_2^*(x) b_2(t) + \dots + u_m^*(x) b_m(t) \end{cases}$$

$$\langle u(x) = [u_1^*(x) \quad u_2^*(x) \quad \dots \quad u_m^*(x)]$$

$$\rightarrow \begin{cases} |\varphi(t)\rangle = u_1(x)[u_1^*(x)a_1(t)] + u_2(x)[u_2^*(x)a_2(t)] + \dots + u_m(x)[u_m^*(x)a_m(t)] \\ |\phi(t)\rangle = u_1(x)[u_1^*(x)b_1(t)] + u_2(x)[u_2^*(x)b_2(t)] + \dots + u_m(x)[u_m^*(x)b_m(t)] \end{cases}$$

$$\rightarrow \begin{cases} \sum |u_i(x)\rangle \langle u_i^*(x)| \varphi(t)\rangle = u_1(x)[u_1^*(x)a_1(t)] + u_2(x)[u_2^*(x)a_2(t)] + \dots + u_m(x)[u_m^*(x)a_m(t)] \\ \sum |u_i(x)\rangle \langle u_i^*(x)| \phi(t)\rangle = u_1(x)[u_1^*(x)b_1(t)] + u_2(x)[u_2^*(x)b_2(t)] + \dots + u_m(x)[u_m^*(x)b_m(t)] \end{cases}$$

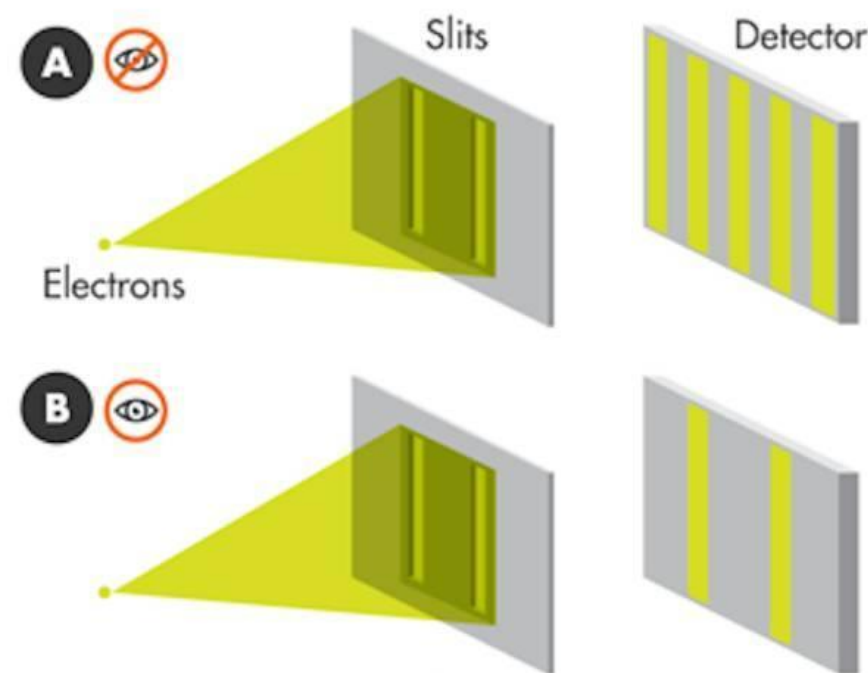
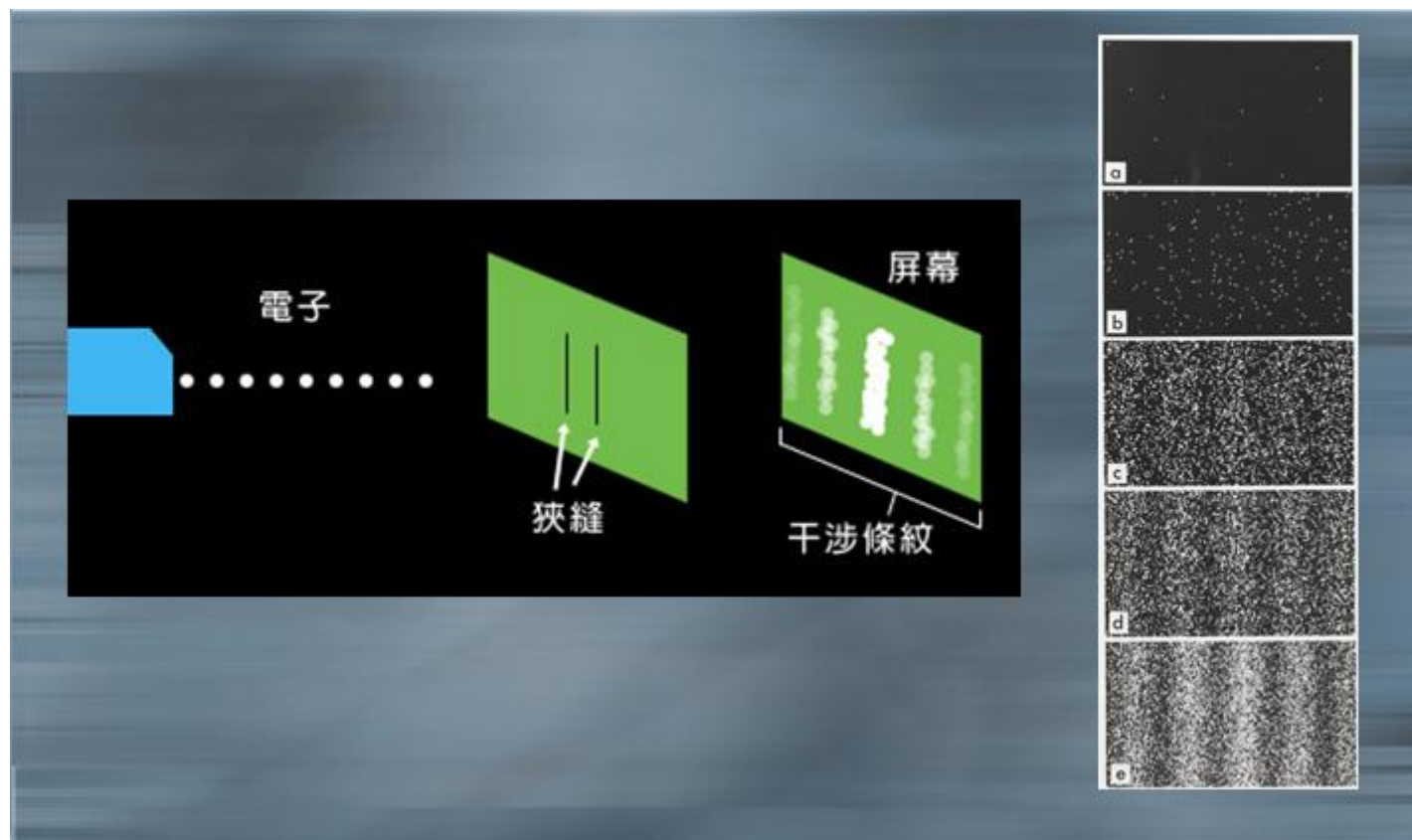
$$\rightarrow \begin{cases} |\varphi(t)\rangle = \sum |u_i(x)\rangle \langle u_i^*(x)| \varphi(t)\rangle \\ |\phi(t)\rangle = \sum |u_i(x)\rangle \langle u_i^*(x)| \phi(t)\rangle \end{cases}$$

这里使用了：
 $u(x)^* u^*(x)$ 的在
 空间上的积分和
 为1

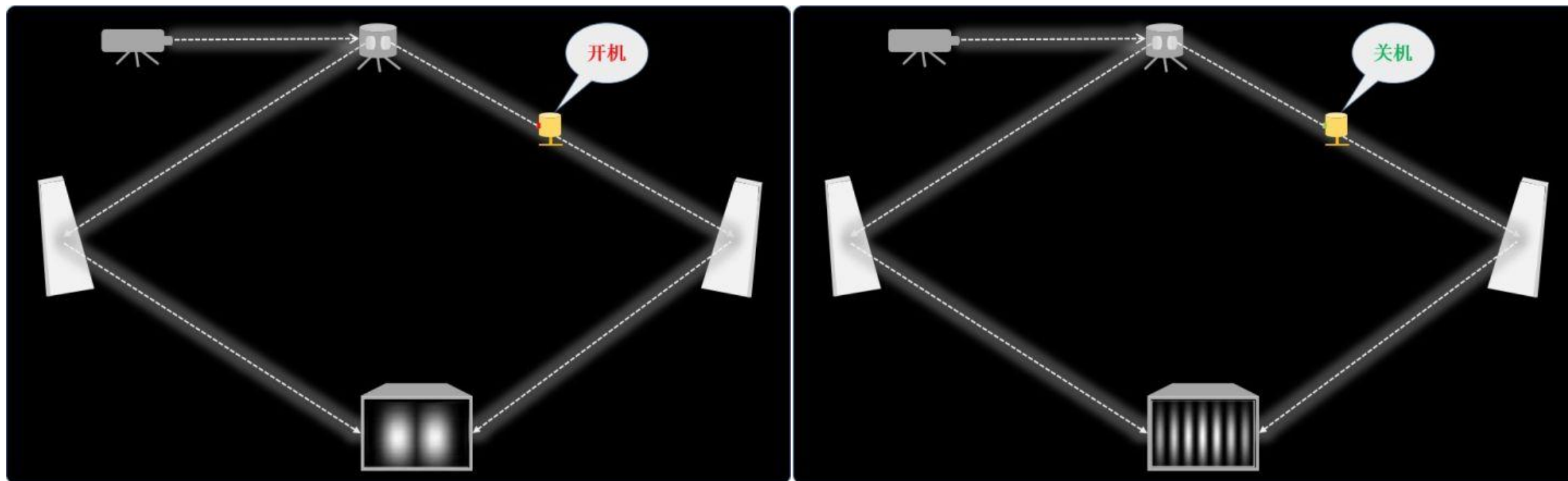
诡异的叠加态实验

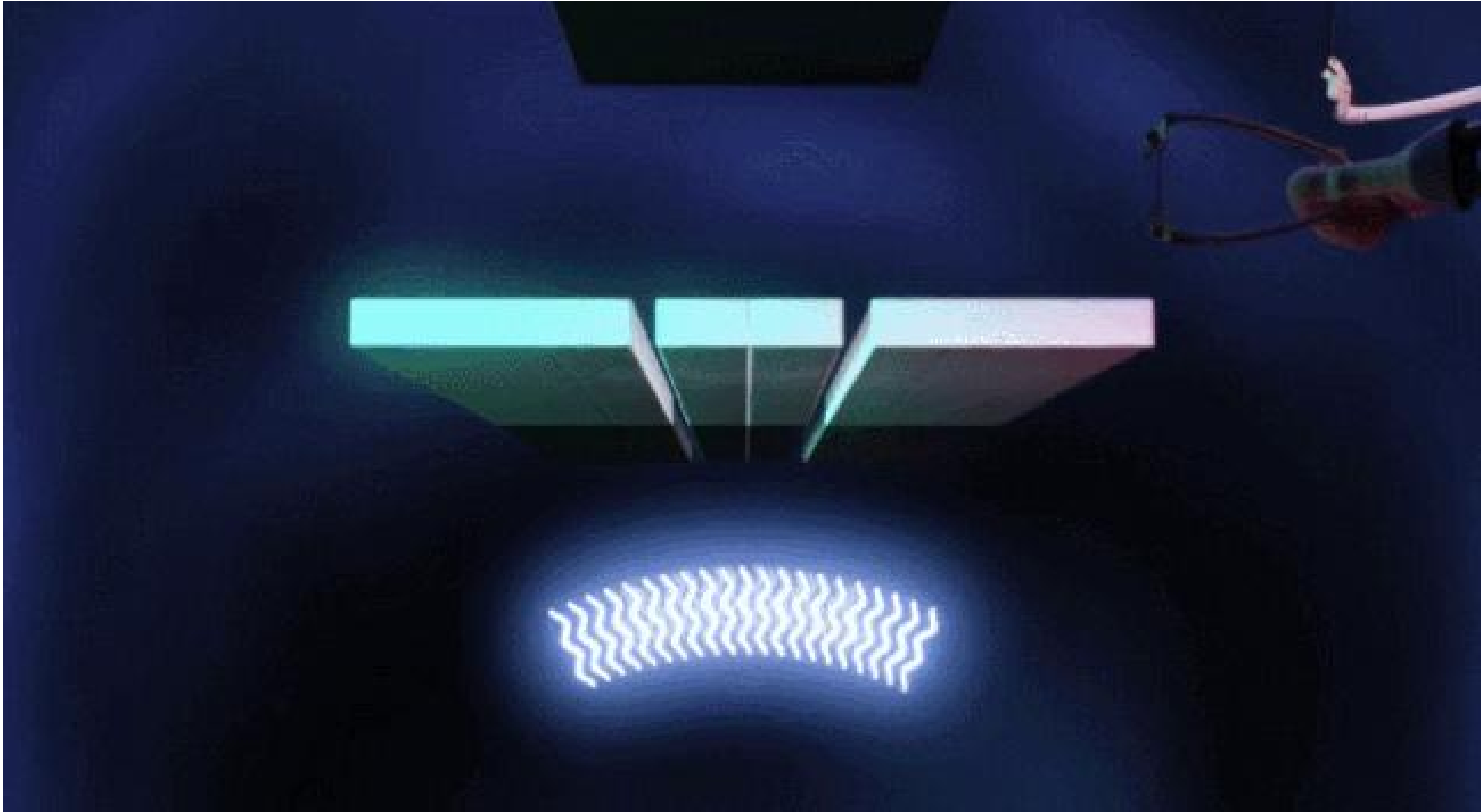
$$\psi(x) = \alpha\psi_1(x) + \beta\psi_2(x)$$

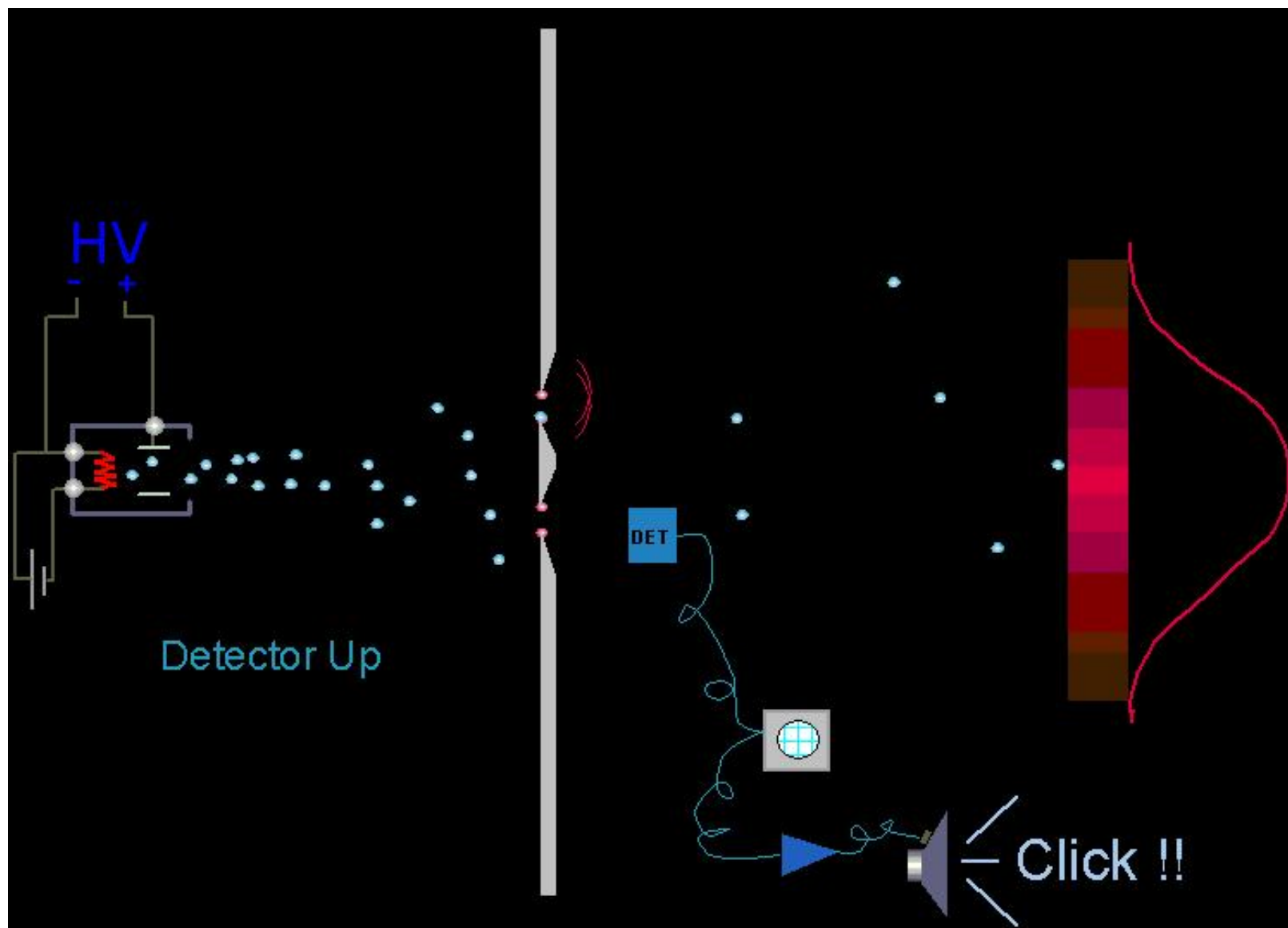
叠加态



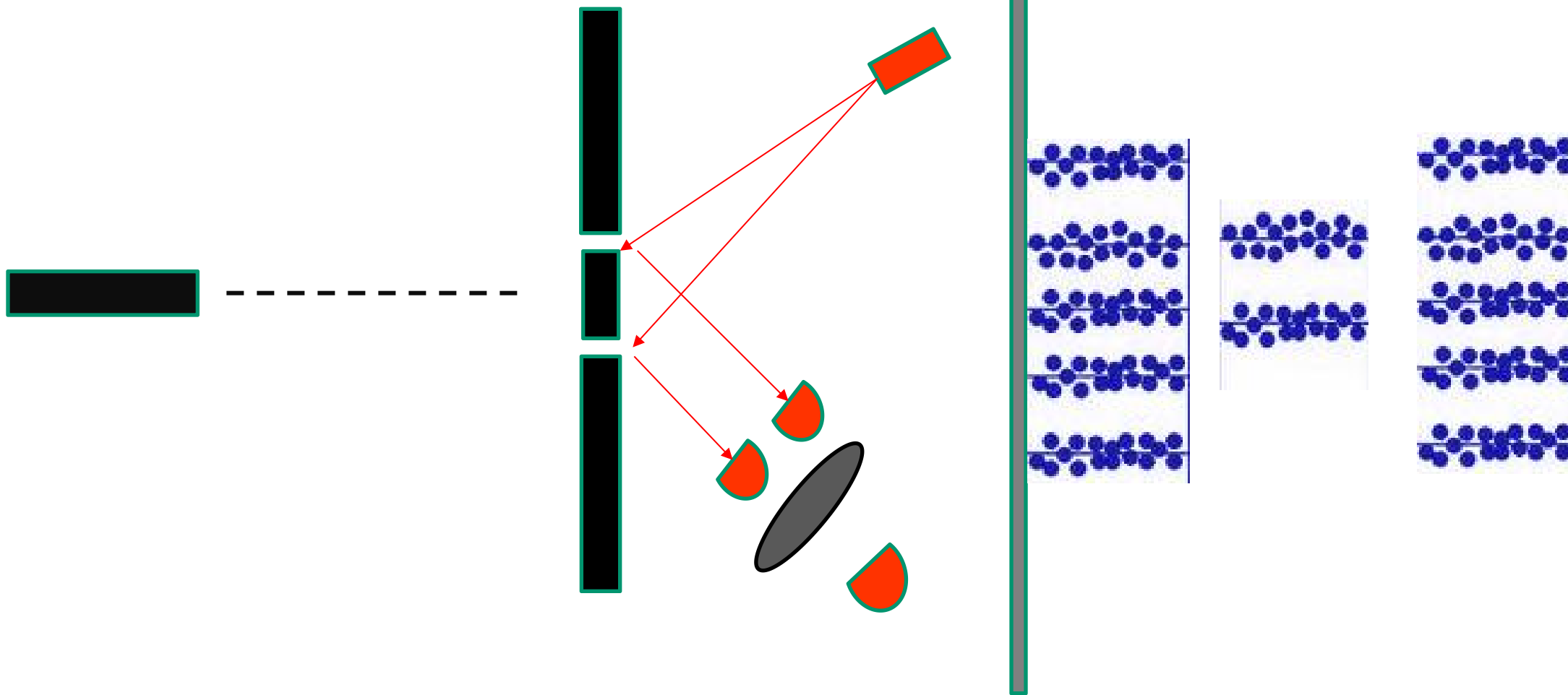
1984年马里兰大学的卡罗尔·阿雷和同事的一个小组完成了这个实验。



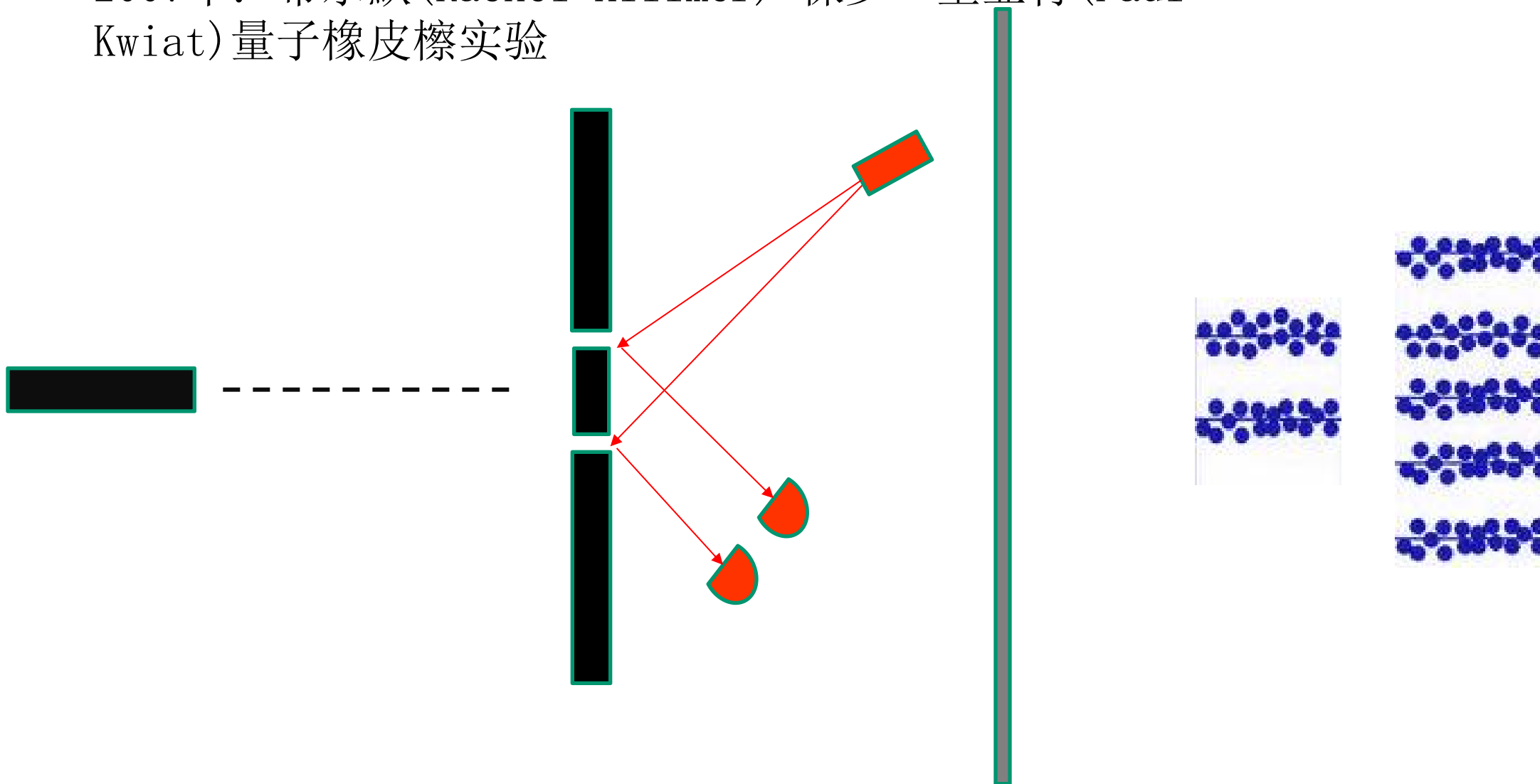




2007年：希尔默(Rachel Hillmer) 保罗·奎亚特(Paul Kwiat) 量子橡皮擦实验



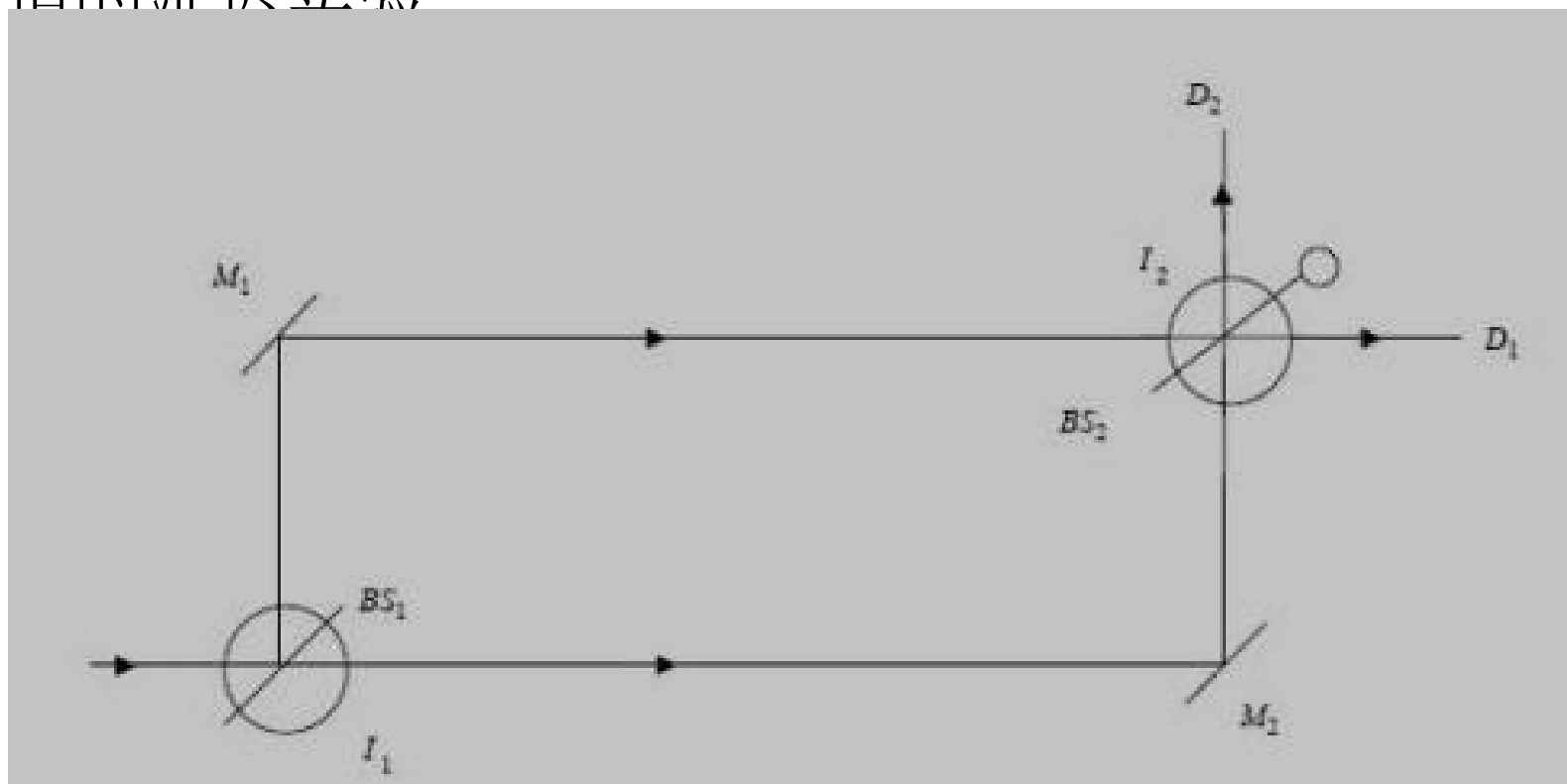
2007年：希尔默(Rachel Hillmer) 保罗·奎亚特(Paul Kwiat)量子橡皮擦实验



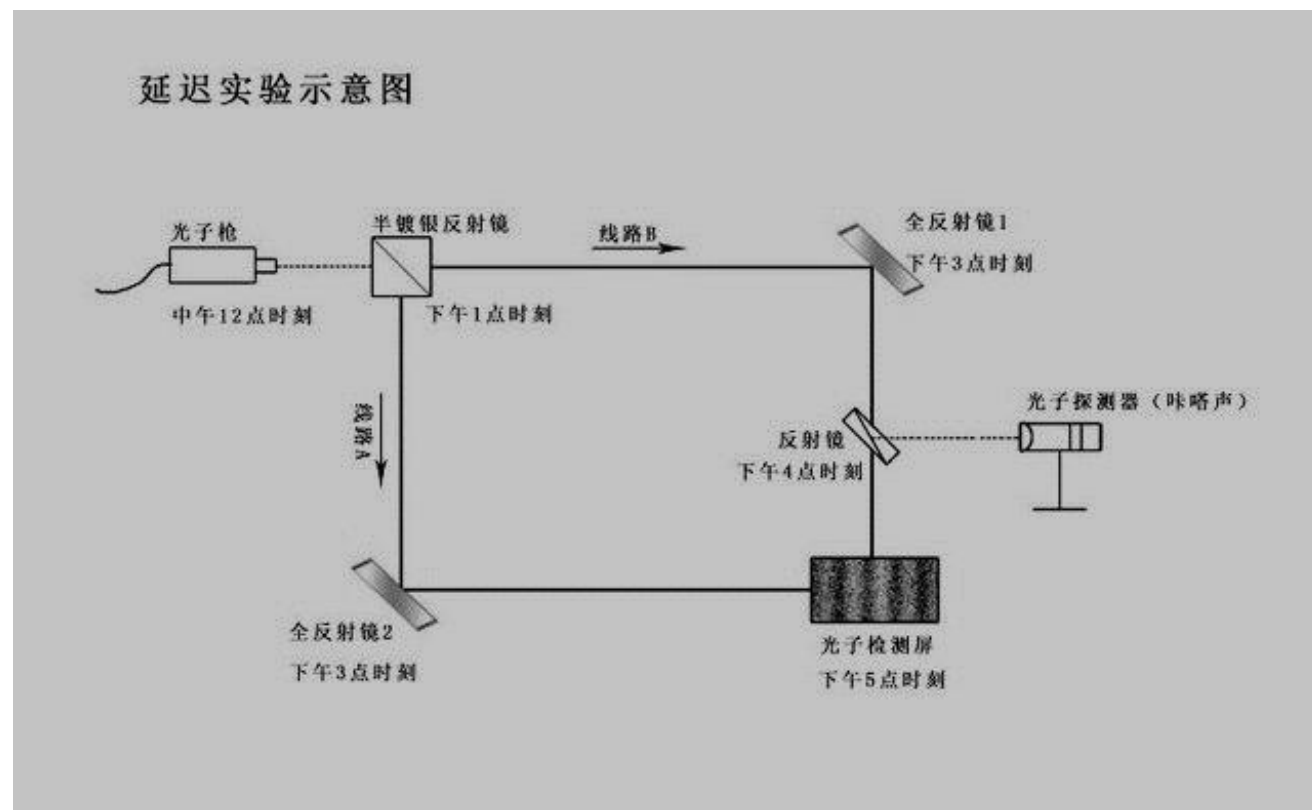
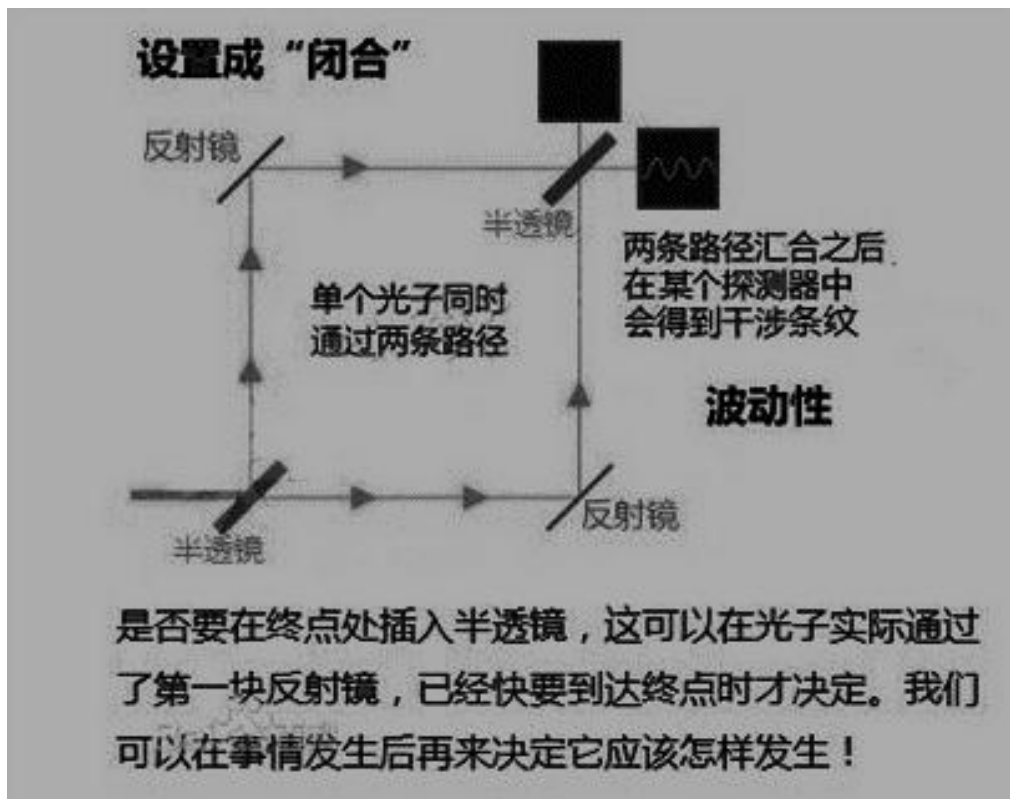
降低光的能量，会发生什么现象？

恐怖的延迟实验

1979年是爱因斯坦诞辰100周年，爱因斯坦的同事、玻尔的密切合作者之一约翰·惠勒(John Wheeler)提出了一个相当令人吃惊的构想，也就是所谓的延迟实验



惠勒的构想提出5年后，马里兰大学的卡洛尔阿雷
做了一个延迟实验





后悔药

——这个可以有

3.9 任意观测量的测不准关系

定理：如果两个算符有共同的本征函数，并组成完全系，则这两个算符对易

λ_n 和 μ_n 分别是算符 F 和 G 的本征值，相应的本征值方程为：

$$\hat{F}\phi_n = \lambda_n\phi_n, \quad \hat{G}\phi_n = \mu_n\phi_n$$

$$(\hat{F}\hat{G} - \hat{G}\hat{F})\phi_n = \lambda_n\mu_n\phi_n - \mu_n\lambda_n\phi_n = 0$$

由于 ϕ_n 组成完全系， $\psi = \sum_n a_n\phi_n$

$$(\hat{F}\hat{G} - \hat{G}\hat{F})\psi = \sum_n a_n (\hat{F}\hat{G} - \hat{G}\hat{F})\phi_n = 0$$

因为 ψ 是任意波函数，所以 $\hat{F}\hat{G} - \hat{G}\hat{F} = 0$

$\hat{p}_x, \hat{p}_y, \hat{p}_z$ 相互对易，有共同的本征函数 ψ_p ，且 ψ_p 组成完全系，三者能够同时精确测量

$\hat{H}, \hat{L}^2, \hat{L}_z$ 在中心力场中，三者相互对易，有共同的本征函数。氢原子的定态波函数，三者能够同时精确测量，确定的能量 E_n ， $l(l+1)\hbar^2$ 和 $m\hbar$

具有共同本征函数的相互对易的力学量称为力学量完全集

2. 测不准关系

如果两个算符不对易，一般情况下，它们不能同时有确定值。

设两个物理量 A 和 B 都是厄密算符，它们的对易性为

$$[\hat{A}, \hat{B}] = \hat{A}\hat{B} - \hat{B}\hat{A} = i\hat{C}$$

一般 C 为厄密算符。因为

$$\begin{aligned}\int \psi_1^* [\hat{A}, \hat{B}] \psi_2 dx &= \int \psi_1^* (\hat{A}\hat{B} - \hat{B}\hat{A}) \psi_2 dx \\ &= \int (\hat{B}^* \hat{A}^* - \hat{A}^* \hat{B}^*) \psi_1^* \psi_2 dx \\ &= - \int [(\hat{A}\hat{B} - \hat{B}\hat{A}) \psi_1]^* \psi_2 dx\end{aligned}$$

注意这里，算符 AB 是厄米算符。

$$\int \psi_1^* i \hat{C} \psi_2 dx = - \int (i \hat{C} \psi_1)^* \psi_2 dx$$

$$\int \psi_1^* \hat{C} \psi_2 dx = \int (\hat{C} \psi_1)^* \psi_2 dx$$

所以C为厄密算符

任意态 ψ 中，对应算符A和B物理量的平均值为

$$\overline{A} = \int \psi^* \hat{A} \psi dx, \quad \overline{B} = \int \psi^* \hat{B} \psi dx$$

引入了平均值偏差

$$\Delta \hat{A} = \hat{A} - \overline{A}, \quad \Delta \hat{B} = \hat{B} - \overline{B}$$

A和B的平均值是个常量，对算符的性质不会产生影响。

$\Delta \hat{A}$ 和 $\Delta \hat{B}$ 也是厄密算符

考察积分

$$I(\alpha) = \int \left| (\alpha \Delta \hat{A} - i \Delta \hat{B}) \psi \right|^2 dx \geq 0$$

α .为实参数

$$I(\alpha) = \int (\alpha \Delta \hat{A} - i \Delta \hat{B})^* \psi^* (\alpha \Delta \hat{A} - i \Delta \hat{B}) \psi dx$$

$$= \alpha^2 \int (\Delta \hat{A} \psi)^* (\Delta \hat{A} \psi) dx - i \alpha \int [(\Delta \hat{A} \psi)^* (\Delta \hat{B} \psi) - (\Delta \hat{B} \psi)^* (\Delta \hat{A} \psi)] dx + \int (\Delta \hat{B} \psi)^* (\Delta \hat{B} \psi) dx$$

因为厄米算符！

$$= \alpha^2 \int \psi^* (\Delta \hat{A})^2 \psi dx - i \alpha \int \psi^* (\Delta \hat{A} \Delta \hat{B} - \Delta \hat{B} \Delta \hat{A}) \psi dx + \int \psi^* (\Delta \hat{B})^2 \psi dx$$

$$\Delta \hat{A} \Delta \hat{B} - \Delta \hat{B} \Delta \hat{A} = (\hat{A} - \bar{A})(\hat{B} - \bar{B}) - (\hat{B} - \bar{B})(\hat{A} - \bar{A}) = \hat{A} \hat{B} - \hat{B} \hat{A} = i \hat{C}$$

$$I(\alpha) = \overline{(\Delta \hat{A})^2} \alpha^2 + \bar{C} \alpha + \overline{(\Delta \hat{B})^2} \geq 0$$

对每个实数 α ，上式成立的条件为

$$\overline{(\Delta A)^2} \overline{(\Delta B)^2} \geq \frac{(\bar{C})^2}{4}$$

$$\Delta A \Delta B \geq \frac{1}{2} |\overline{[A, B]}|$$

这就是测不准关系

$$[x, \hat{p}_x] = i\hbar$$

坐标和动量之间的测不准关系为 $\Delta p_x \Delta x \geq \frac{\hbar}{2}$

测不准关系表明，微观粒子的位置（坐标）和动量不能同时具有完全确定的值，这是粒子一波动两重性的反映。

物理上理解为：按照德布罗意关系 $p=h/\lambda$ ，波长 λ 是描述波在空间变化快慢的量，与整个波相联系，因此，“在空间某点 x 的波长”的提法是没有意义的，同理，“粒子在空间某一点的动量”的提法也是没有意义的。

从宏观上看， h 是一个非常小的量，测不准关系与日常生活并无矛盾。测不准关系指出了使用经典粒子运动概念的一个限度，即用 h 来表征. 当 $h \rightarrow 0$ ，量子力学回到经典力学. 及量子效应可以忽略。

例题：确定箱中粒子的精确位置。

设箱的边长为 l , $l=\Delta x$,

当 $l=\Delta x \rightarrow 0$, 则粒子动量的测不准性为

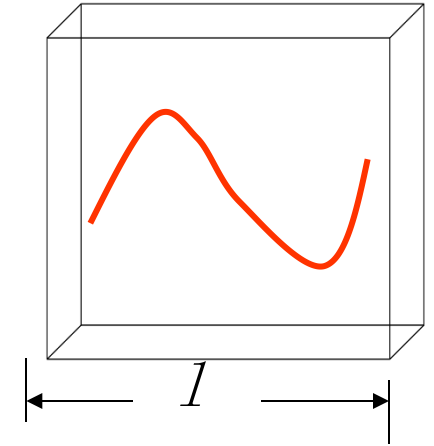
$$\Delta p \sim \frac{\hbar}{l}$$

由于粒子在箱中的运动为驻波的形式, 其波长为 l 量级。

那么粒子的动能为:

$$E_{kin} = \frac{\Delta p^2}{2m} \sim \frac{\hbar^2}{2ml^2}$$

由此可知, l 越小, 箱体越小, 动能和动量越大, 这正是实验得到的结果。



根据测不准关系，还可以计算线性谐振子的零点能量

$$E = \frac{\overline{p^2}}{2\mu} + \frac{1}{2}\mu\omega^2\overline{x^2}$$

$$\bar{x} = N_n^2 \int_{-\infty}^{+\infty} e^{-\alpha^2 x^2} H_n^2(\alpha x) x dx$$

$$H_n^2(\alpha x) \text{ 是偶函数} \quad \bar{x} = 0$$

$$\bar{p} = \frac{\hbar}{i} N_n^2 \int_{-\infty}^{+\infty} e^{-\alpha^2 x^2 / 2} H_n(\alpha x) \frac{d}{dx} [e^{-\alpha^2 x^2 / 2} H_n(\alpha x)] dx$$

分部积分，得

$$\bar{p} = -\frac{\hbar}{i} N_n^2 \int_{-\infty}^{+\infty} \frac{d}{dx} [e^{-\alpha^2 x^2 / 2} H_n^2(\alpha x)] e^{-\alpha^2 x^2 / 2} H_n^2(\alpha x) dx = -\bar{p}$$

$$\bar{p} = 0$$

$$\overline{(\Delta x)^2} = \overline{(x - \bar{x})^2} = \overline{x^2}, \quad \overline{(\Delta p)^2} = \overline{(p - \bar{p})^2} = \overline{p^2}$$

线性谐振子的平均能量为

$$\overline{E} = \frac{\overline{p^2}}{2\mu} + \frac{1}{2}\mu\omega^2 \overline{x^2} = \frac{\overline{(\Delta p)^2}}{2\mu} + \frac{1}{2}\mu\omega^2 \overline{(\Delta x)^2}$$

$$\overline{(\Delta p)^2} = \frac{\hbar^2}{4(\Delta x)^2}$$

$$\overline{E} = \frac{\hbar^2}{8\mu(\Delta x)^2} + \frac{1}{2}\mu\omega^2 \overline{(\Delta x)^2}$$

对 Δx 求最小值，得到 $\overline{E}_{\min} = \frac{1}{2}\hbar\omega$

例：已知能量函数 $E = \frac{p^2}{2m} + \frac{1}{2}m\omega^2 x^2$ 计算基态能量

解：

$$\psi(x) = \sqrt{\frac{\alpha}{\sqrt{\pi}}} e^{-\frac{1}{2}\alpha^2 x^2} \quad \overline{x^2} = \int_0^a x^2 \psi^2(x, t) dx$$

$$\overline{x^2} = \int_{-\infty}^{+\infty} x^2 \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx$$

$$\bar{x} = \int_{-\infty}^{+\infty} x \psi^2(x, t) dx = \int_{-\infty}^{\infty} x \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx$$

$$\overline{x^2} = \int_{-\infty}^{+\infty} x^2 \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx = \frac{1}{2\alpha^2}$$

$$\bar{x} = \int_{-\infty}^{\infty} x \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx = 0$$

奇函数在对称区间的积分。。。

$$\Delta x = \sqrt{\overline{x^2} - \bar{x}^2} = \sqrt{\frac{1}{2\alpha^2}} = \sqrt{\overline{x^2}}$$

$$\overline{p_x^2} = \int_{-\infty}^{+\infty} p^2 \psi^2(x, t) dx = \int_{-\infty}^{\infty} p^2 \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx$$

$$\overline{p_x^2} = \frac{1}{2} \alpha^2 \hbar^2$$

$$\bar{p} = \int_{-\infty}^{\infty} p \psi^2(x, t) dx = \int_{-\infty}^{\infty} p \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx$$

$$\bar{p} = \int_{-\infty}^{\infty} p \frac{\alpha}{\sqrt{\pi}} e^{-\alpha^2 x^2} dx = 0$$

$$\Delta p_x = \sqrt{\overline{p^2} - \bar{p}^2}$$

$$\Delta p_x = \sqrt{\overline{p^2} - \bar{p}^2} = \frac{1}{\sqrt{2}} \alpha \hbar = \sqrt{\overline{p^2}}$$

$$E = \frac{p^2}{2m} + \frac{1}{2}m\omega^2 x^2 \quad E = \frac{\overline{p^2}}{2m} + \frac{1}{2}m\omega^2 \overline{x^2}$$

$$\Delta x = \sqrt{\overline{x^2} - \bar{x}^2} = \sqrt{\frac{1}{2\alpha^2}} = \sqrt{\overline{x^2}}$$

$$\Delta p_x = \sqrt{\overline{p^2} - \bar{p}^2} = \frac{1}{\sqrt{2}}\alpha\hbar = \sqrt{\overline{p^2}}$$

$$E = \frac{\Delta p^2}{2m} + \frac{1}{2}m\omega^2 \Delta x^2 \quad \Delta p \Delta x = \frac{\hbar}{2}$$

注意平方的均值与均值的平方不是一个概念。

$$E = \frac{\hbar^2}{8m\Delta x^2} + \frac{1}{2}m\omega^2 \Delta x^2 \quad \frac{\partial E}{\partial \Delta x} = 0$$

$$E = \frac{1}{2}\hbar\omega$$