b. Proof of the theorem:

Let $y_i = \beta_0 + \beta_1 x_{1i} + ... + \beta_k x_{ki} + ... + \beta_K x_{Ki} + e_i$ be a regression model of independent variables x onto y. For any k, regress x_{ki} onto the remaining independent variables so that we have $x_{ki} = \gamma_0 + \gamma_1 x_{1i} + ... + \gamma_{k-1} x_{k-1i} + \gamma_{k+1i} x_{k+1i} + ... + \gamma_K x_{Ki} + f_i$. Define $\tilde{x}_{ki} = x_{ki} - \hat{x}_{ki}$, where \hat{x}_{ki} are the fitted values of x_{ki} from the auxiliary regression above.

We want to show that $cov(y_i, \tilde{x}_{ki}) = \beta_k \cdot var(\tilde{x}_{ki})$. So we take a look at the left-hand side:

$$cov(y_i, \tilde{x_{ki}}) = cov(\beta_0 + \beta_1 x_{1i} + ... + \beta_k x_{ki} + ... + \beta_K x_{Ki} + e_i, \tilde{x_{ki}})$$

By definition,
$$\tilde{x}_{ki} = (\gamma_0 - \hat{\gamma}_0) + (\gamma_1 - \hat{\gamma}_1)x_{1i} + \dots + (\gamma_{k-1} - \hat{\gamma}_{k-1})x_{k-1i} + (\gamma_{k+1} - \hat{\gamma}_{k+1})x_{k+1i} + \dots + (\gamma_K - \hat{\gamma}_K)x_{Ki} + f_i$$

Then we use the property of covariances: cov(Y, Z) = E(YZ) - E(Y)E(Z):

$$cov(y_i, \tilde{x_{ki}}) = E(y_i \tilde{x_{ki}}) - E(y_i) E(\tilde{x_{ki}}) = E(y_i \tilde{x_{ki}})$$
 because $E(\tilde{x_{ki}}) = 0$ since $E(\hat{\gamma_i}) = \gamma_i$ and $E(f_i) = 0$ $\forall i$

Expanding,
$$E(y_i \tilde{x}_{ki}) = E([\beta_0 + \beta_1 x_{1i} + ... + \beta_k x_{ki} + ... + \beta_K x_{Ki} + e_i][(\gamma_0 - \hat{\gamma}_0) + (\gamma_1 - \hat{\gamma}_1)x_{1i} + ... + (\gamma_{k-1} - \hat{\gamma}_{k-1})x_{k-1i} + (\gamma_{k+1} - \hat{\gamma}_{k+1})x_{k+1i} + ... + (\gamma_K - \hat{\gamma}_K)x_{Ki} + f_i])$$
 (*)

We will multiply and expand the above expression (*) according to the property E(X+Y)=E(X)+E(Y).

This gives us
$$E(y_i\tilde{x_{ki}}) = E(\beta_0 \cdot \tilde{x_{ki}}) + E(\beta_1x_{1i} \cdot \tilde{x_{ki}}) + E(\beta_2x_{2i} \cdot \tilde{x_{ki}}) + \dots + E(\beta_kx_{ki} \cdot \tilde{x_{ki}}) + \dots + E(\beta_Kx_{Ki} \cdot \tilde{x_{ki}})$$

Taking out constant terms of the expected value,

$$E(y_{i}\tilde{x_{ki}}) = \beta_{0}E(\tilde{x_{ki}}) + \beta_{1}E(x_{1i} \cdot \tilde{x_{ki}}) + \beta_{2}E(x_{2i} \cdot \tilde{x_{ki}}) + \dots + \beta_{k}E(x_{ki} \cdot \tilde{x_{ki}}) + \dots + \beta_{K}E(x_{Ki} \cdot \tilde{x_{ki}})$$

All values will be zero, except for $\beta_k E(x_{ki} \cdot \tilde{x_{ki}})$. This is because the first term disappears from the expectation of $\tilde{x_{ki}}$, and all other terms can be combined in such a way as to write $\tilde{x_{ki}}$ as a linear combination of all other x_i .

Thus,
$$E(y_i \tilde{x_{ki}}) = \beta_k E(x_{ki} \cdot \tilde{x_{ki}})$$

Since $E(x_{ki}|X_{-k}) = \hat{x}_{ki}$, meaning that the expected value of x_{ki} is evaluated using all other independent variables, excluding x_{ki} , we have $x_{ki} = E(x_{ki}|X_{-k}) + \hat{x}_{ki}$

Now,
$$\beta_k E(x_{ki} \cdot \tilde{x}_{ki}) = \beta_k E(\tilde{x}_{ki}(E[x_{ki}|X_{-k}] + \tilde{x}_{ki}))$$

$$= \beta_k (E(\tilde{x}_{ki}^2) + E[(E[x_{ki}|X_{-k}]\tilde{x}_{ki})])$$

$$= \beta_k var(\tilde{x}_{ki}), \text{ completing the proof.} \blacksquare$$

P.S. – Maybe it's because I don't have a strong background in stats, but reading this made me conclude that economists should stick to not proving theorems.