

P.S. 035 Manhattan High School

Course Syllabus Course Code:

Course Name: Physical Education

Teacher Name: Mr. Geller, Mrs. Gerdes

Year and Term: Spring 2019

Course Description: Students will engage in a variety of exercise and sport routines designed to engage and increase cardiovascular strength, muscular endurance, muscular strength and flexibility. Likewise, the students will engage in activities designed to improve social connections between students.

Unit Map: Fitness Gram, Pickleball, Frisbee, Basketball Backyard Games Course

Materials: Various Exercise and Sport Equipment

Grading Policy: Participation 50%, Performance Task 20%, Sneakers 20%,  
Written Work/Tests 10%

Other Expectations: Students will be expected to have sneakers on for every physical education class. Students will not be allowed to have ear buds in their ears, phones out, hoods or doo rags on or use any form of negative or derogatory language in any regards