## P.S. 035 Manhattan High School Life Skills Syllabus

**Teacher- Ms. George** 

Course Name- Life Skills GSSG1QQF Year and Term- 2018-2019, term 2

**Grading Policy-**

Participation/Behavior 40% Class work 30% Assessments (Tests, quizzes. Projects) 20% Homework 10%

Course Description- Welcome to Life Skills! This course has been created so that all students may become more independent when they leave high school! This class was designed from feedback from former students who have graduated and told me, "I was never taught how to balance a checkbook in high school", "I wish someone would have taught me how to do laundry before I left my house," or we never worked on counting money back correctly". So, we are going to explore many different areas of life such as: balancing a checkbook, planning a healthy menu, financial literacy, social skills (role playing) just to name a few! There will be many projects to complete during the course of the year! The course is structured so that there will be a lot of class discussions, field trips, and hands on activities.

## **Learning Objectives**:

- 1. Students will have the necessary knowledge and skills to establish and maintain a healthy and financially successful life.
- 2. Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.
- 3. Students will understand and be able to manage their personal life and work towards independence.

Curriculum Focus: Using a planner/time management/organization, ALL About Me-Transition Planning Bullying, Teach a leisure activity to the class, Current Events, Cell Phone Etiquette Group projects-What would it cost to..., Volunteer, Citizenship, Childcare, Pet care, Cake decorating Library, Social Skills, Dating, sex education, diseases, Read a book-report to the class, Recycling Financial Literacy, Hygiene, Mental Health, Drugs-Alcohol-Tobacco, Growth and Development, Family/Social Health and Relationships, Body Image/Eating Disorders, Nutrition, Communicable & Chronic Disease, Current Health topics such as the opioid epidemic and societal health will be addressed as well.

**Attendance policy-**students should come to class on a regular basis, however they will be allowed to make up work they have missed within a reasonable period of time. Weekly attendance is calculated into the participation portion of the grading policy.

Classroom Expectations and Requirements- In this class you will work towards accomplishing 3 very important goals-Developing an understanding of a healthy life, passing this class, and preparing you for your future careers and/or college. We have very high expectations for you and know that with hard work, you can succeed in this class. You are required to come to class on time, do all class work and homework assignments, and participate in a positive manner.

**RESPECT!** Respect yourself, your classmates, your teachers, and property that doesn't belong to you (including things that belong to the school, your teachers, your classmates, etc.) Recycle *everything* that you can!.

Name-calling, punching, swearing, mean-spirited teasing, bullying, and all other juvenile behavior will **NOT** be tolerated. This classroom will be safe, fun, and a welcoming environment in which everyone that enters feels comfortable, safe, and ready to learn!**Positive Phone Calls-** We will select one student a week (from the 4 classes). This person will have followed class rules and completed assignments. These students will receive a positive phone call home and be invited to a pizza party at the end of the month. We will work very hard with you and except each of you to work just as hard. We look forward to a successful year.