

P.S. 035 Manhattan High School Course Syllabus

Course Name: Physical Education

Teacher Name: Mr. Geller

Year and Term: Spring 2019

Learning Standards: Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health. Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment. Students will understand and be able to manage their personal and community resources.

Course Description: Students will engage in a variety of sport and exercise routines designed to engage and increase cardiovascular strength, muscular endurance, muscular strength and flexibility. Likewise, the students will engage in activities designed to improve social connections between students.

Calendar or Unit Map: Backyard Games, Net Ball, Pickleball, Frisbee/Golf, Fitness

Course Materials: Various Exercise and Sport Equipment

Grading Policy: Participation 50%, Assessments 20%, Sportsmanship (language, respect, attitude, behavior) 20%, Written Work/Tests 10%

PE Class days: _____ & _____

Other Expectations:

- Students will be expected to have sneakers and attire that does not limit their mobility for every physical education class *Crop tops, tank tops, spaghetti straps, boots, sandals, shoes are not acceptable and will be marked unprepared for the class, resulting in a loss of participation points.*
- Students may wear jeans, but if it limits their ability to participate in any part of the PE class, they will be marked unprepared and lose points towards their participation grade.
- Students will **not be allowed** to have earbuds in their ears, phones out, hoods or doo rags on, or use any form of negative or derogatory language in any regards.
- **Students taking class on the 7th floor are not allowed to have their backpacks or jackets in the gym and are required to buy a lock and get a locker on the 2nd floor and leave their book bags in the locker during PE class.**
- Students that bring their backpacks or jackets to the 7th floor gym will have points taken off their overall grade
- Students will show respect to the facility, the equipment, the teachers and their peers.

*Students and parents/guardians are expected to sign and return this sheet at their next PE class.

Date: _____

Student Name: _____

Student Signature _____

Parent/Guardian Name: _____

Parent/Guardian Signature _____