

## WASHING HANDS

**MATERIALS:** Pot, basin, bucket, jewelry holder, nail brush holder, hand towel, child's apron, drying cloth, table mat, jug, soap dish

**AIM:** a) Coordination of Movements

b) Independence

c) Concentration

d) Skill of arranging flowers

### PRESENTATION:

a) The materials are on the table

b) Invite the child to the table

c) Wear the apron, and remove the jewelry

d) Introduce the material, giving language as you do so

e) Place the basin in the centre of the table

f) Put the bucket under the table

g) Ask the child to fill the jug with water, and pour some of the water from the jug into the basin.

h) Dip your hands into the basin, both front and back

i) Apply soap and rub your palms together and replace the soap

j) Scrub your hands, front and back, and in between the fingers

k) Again dip your hands in the water for a while, rinse both your hands, one at a time

l) Remove any soap that's remaining on your hand by rinsing rigorously

m) Using both hands carefully lift the basin and empty it into the bucket which is below the table

n) Dry the hands completely with the hand towel

o) Invite the child to wash hands as many times as they want to.

## WASHING HANDS

**WINDING UP:** After the child has completed the activity, take the dry towel and wipe all the materials and the table, remove your apron and wear your jewelry then put the wet drying cloth in the laundry basket and replace it with a fresh one. Arrange all the materials back to its original position.

**EXERCISE:** The child's activity as shown in the presentation

**POINTS OF INTEREST:** a) wash away the soap foam entirely from the hands.

b) To rub the hands and clean in between the fingers.

**AGE:** 3 years

**ILLUSTRATION:**

