

## HOW TO PUT DOWN A TRAY

**MATERIALS:** TRAY

**AIM:** Coordination of movement, Independence, Social Adaptation

**PRESENTATION:**

1. Pick up the tray from the table using your four fingers holding the handle and the thumb on the rim of the tray.
2. Bend your upper body, and release the four fingers, palm, and the thumb from the tray.
3. Place the tray on the table gracefully.
4. Release your right hand, and then your left hand.
5. Bring the hands back to either sides of your body.
5. Straighten up your body and come back to the standing position.
6. Give each child a turn.

**AGE:** 2 ½ Years