

WASHING A TABLE

MATERIALS: Soap dish, scrubber, bucket, basin, drying cloth, child apron, oil mat, mug

AIM: Coordination of movements

Independence

Concentration

Skill of washing a table

PRESENTATION: a) Invite the child to the working area

b) Layout the material on the table, giving language as you do so

c) Fetch some water in the jug and place it on the corner of the Mat.

d) Bring a table/ chowki and place it on your right side to wash

e) Pour some of the water from the jug into the basin.

f) Soak the scrubber in the basin

g) Squeeze it until there is no more water to be squeezed.

h) Use the sponge side of the scrubber to wipe the table from top to bottom with overlapping strokes.

i) Soak the scrubber in the water and squeeze it out to remove Any extra water

j) Pick the scrubber and take some soap on the other side Of the scrubber which is coarse.

k) Place the scrubber at the top left corner of the table and Start by making circular movements with the scrubber.

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- l) Repeat these scrubbing movements from left to right and top to bottom until the entire table is soapy.
- m) Rinse the scrubber with water in the basin and squeeze well
- n) Take the scrubber and place the sponge side on the table and start cleaning it from top to bottom and left and right, Until all the soap is cleaned
- o) Put the scrubber back in the water and squeeze the extra Water
- n) Replace the scrubber back to its place
- o) Pick the drying cloth and wipe the table from top to bottom And left to right until the table is clean and dry
- p) Replace the drying cloth back to its place after wiping all the Materials and mat

WINDING UP

- a) Pick the basin of water with both hands and pour the soapy water into the bucket.
- b) Rinse the basin with water at the sink.
- c) Wipe the materials with the dry cloth.
- d) Replace the dry cloth with a fresh one
- e) Dispose the used cloth into the laundry.
- f) Keep all the materials back on the shelf

EXERCISE: The child's own activity as shown in the presentation

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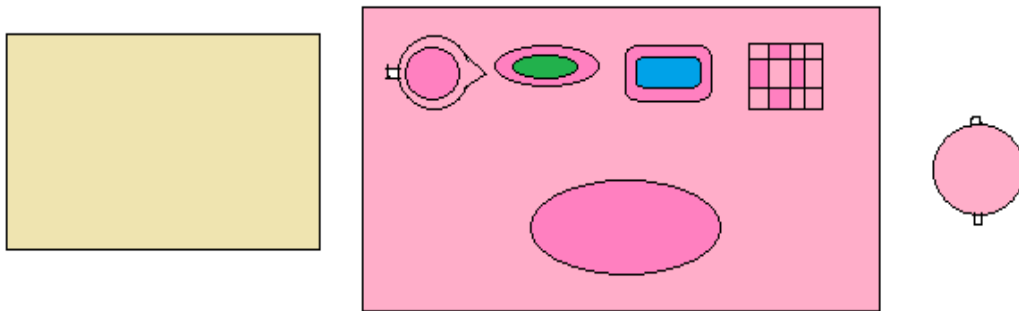
POINT OF INTEREST: a) squeezing the sponge to remove excess

Water

b) Washing the table without leaving out
any spot

AGE: 3.6 years

ILLUSTRATION



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