MATERIALS: Frame, prong, bar, strap

AIM:

Coordination of Movements

Independence

Concentration

Skill of fastening buckles

PRESENTATION

UNFASTENING

- a) The child brings the buckle frame from the shelf and places it on the chowki
- b) With the right thumb and index finger, pull the buckle back
- c) With the left index finger and thumb hold the strap and push it to the right until a loop is formed.
- d) Release your hands one by one
- e) Now, insert your right thumb through the loop and pinch the buckle frame between it and your index finger, turning the strap to your right
- f) Pull the strap so that the prong comes out of the hole
- g) With the left index finger turn the prong to the left
- h) Insert the left thumb under the buckle, placing the index finger on top, raise it until the buckled strap stands upright, then release the right hand
- i) Smooth the right strap flat with the right hand and place the buckle over the strap and release hands.
- j) With the right index finger turn the prong to the right.
- k) Do the same until all of the buckles are open.
- I) Open the flaps on either side.

FASTENING

- a) Close the flaps together by bringing the left flap to the middle, then the right flap over it
- b) Raise the right flap and flatten it and secure it
- c) Next hold the buckle and turn it to your left.
- d) While bringing the rest of the buckles over the right flap, do the same movement
- e) Before raising the right flap place your right index finger below the previous buckle which is over the right flap
- f) When all the buckles are over the right thumb, lift all the straps one by one and make sure that all the pins are to the right side
- g) To close the buckle, hold the strap down with your left hand.
- h) With your right index finger turn the pins to the left.
- I) lift the strap to a vertical position with your left hand
- m) Hold the right strap with your right hand
- n) Insert the strap completely through the buckle and lower, then release the left hand
- o) Turn the strap towards the right till the last hole
- p) With the left hand turn the prong to the right
- q) Show that the prong is near to the hole
- r) With the left hand hold down the pin and turn the strap to the left and release the left hand.
- s) Show that the pin has come out of the hole and then push the prong to the right with the index finger
- t) Bend over the right strap with your right hand
- u) With the left hand raise the buckle and insert the strap through the buckle

- v) Release both the hands
- w) Repeat the same movements to close all the buckles
- x) Make sure that all prongs face the right
- y) Invite the child to fasten and unfasten the buckle

EXERCISE

The child's own activity as shown in the presentation

POINT OF INTEREST

Inserting the prong accurately inside the hole

AGE: 3 YRS

ILLUSTRATION:

