Let A be a real $n \times n$ matrix such that $A^3 = 0$.

(a) Prove that there is a unique real $n \times n$ matrix X that satisfies the equation

$$X + AX + XA^2 = A$$

(b) Express X in terms of A.

Solution:

Supposing that there exists a matrix $Y \neq X$ such that $Y + AY + YA^2 = A$. Since X also satisfies the equation, then

$$X + AX + XA^{2} - (Y + AY + YA^{2}) = 0 \iff (X - Y) + A(X - Y) + (X - Y)A^{2} = 0$$

Let Z = X - Y. It follows that $Z \neq 0$ due to $X \neq Y$. Hence

$$Z + AZ + ZA^{2} = 0 \Longrightarrow A^{2}(Z + AZ + ZA^{2})A = 0$$

$$\iff A^{2}ZA + A^{3}ZA + A^{2}ZA^{3} = 0$$

$$\iff A^{2}ZA = 0$$

$$Z + AZ + ZA^{2} = 0 \Longrightarrow A(Z + AZ + ZA^{2})A = 0$$

$$\iff AZA + A^{2}ZA + AZA^{3} = 0$$

$$\iff AZA = 0$$

$$Z + AZ + ZA^{2} = 0 \Longrightarrow (Z + AZ + ZA^{2})A = 0$$

$$\iff ZA + AZA + ZA^{3} = 0$$

$$\iff ZA + AZA + ZA^{3} = 0$$

$$\iff ZA = 0 \Longrightarrow ZA^{2} = 0$$

$$Z + AZ + ZA^{2} = 0 \Longrightarrow A^{2}(Z + AZ + ZA^{2}) = 0$$

$$\iff A^{2}Z + A^{3}Z + A^{2}ZA^{2} = 0$$

$$\iff A^{2}Z = 0$$

$$Z + AZ + ZA^{2} = 0 \Longrightarrow A(Z + AZ + ZA^{2}) = 0$$

$$\iff AZ + A^{2}Z + AZA^{2} = 0$$

$$\iff AZ = 0$$

Therefore, we have concluded that AZ = 0 and $ZA^2 = 0$. Then

$$Z + AZ + ZA^2 = 0 \iff Z = 0$$

Contradiction. So X = Y and thus if X satisfies the equation, it is unique.

The same process applies to find X in terms of A:

$$X + AX + XA^{2} = A \Longrightarrow A^{2}(X + AX + XA^{2})A = A^{4} = 0$$

$$\iff A^{2}XA + A^{3}XA + A^{2}XA^{3} = 0$$

$$\iff A^{2}XA = 0$$

$$X + AX + XA^{2} = A \Longrightarrow A(X + AX + XA^{2})A = A^{3} = 0$$

$$\iff AXA + A^{2}XA + AXA^{3} = 0$$

$$\iff AXA = 0$$

$$X + AX + XA^{2} = A \Longrightarrow (X + AX + XA^{2})A = A^{2}$$

$$\iff XA + AXA + XA^{3} = A^{2}$$

$$\iff XA + AXA + XA^{3} = A^{2}$$

$$\iff XA = A^{2} \Longrightarrow XA^{2} = A^{3} = 0$$

$$X + AX + XA^{2} = A \Longrightarrow A^{2}(X + AX + XA^{2}) = A^{3} = 0$$

$$\iff A^{2}X + A^{3}X + A^{2}XA^{2} = 0$$

$$\iff A^{2}X = 0$$

$$X + AX + XA^{2} = A \Longrightarrow A(X + AX + XA^{2}) = A^{2}$$

$$\iff AX + A^{2}X + AXA^{2} = A^{2}$$

$$\iff AX = A^{2}$$

And we have $AX = A^2 y XA^2 = 0$, so

$$X + AX + XA^2 = A \Longrightarrow X + A^2 = A \Longrightarrow X = A - A^2$$

From another point of view, we can define $X=aI+bA+cA^2$, for some $a,b,c\in\mathbb{R}$. And then

$$X + AX + XA^{2} = aI + bA + cA^{2} + aA + bA^{2} + cA^{3} + aA^{2} + bA^{3} + cA^{4} =$$

$$= aI + bA + cA^{2} + aA + bA^{2} + aA^{2} =$$

$$= aI + (a+b)A + (a+b+c)A^{2} =$$

$$= A \iff \begin{cases} a & = 0 \\ a+b & = 1 \\ a+b+c & = 0 \end{cases} \Leftrightarrow \begin{cases} a = 0 \\ b = 1 \\ c = -1 \end{cases}$$

And finally, we get $X = A - A^2$.