

No Guilt in Life, No Fear in Death: Paula Ehi's Bold Instagram Declaration of Faith | 7hubent Tech

When I first stumbled across Paula Ehi's Instagram video, it wasn't just another scroll-and-move moment. My phone vibrated in my palm, and I paused like someone just whispered directly to my soul. It wasn't the usual Instagram drama, but a declaration of faith, a proclamation that sent chills down my spine: "No guilt in life, no fear in death!" That was Paula's message, short but loaded with power. The thing shook me, and I could tell it wasn't your everyday Instagram influencer thing. You know those random dance challenges, and oh, don't even get me started on "relationship experts." But this? This was different.

Paula, a Bowen University student studying physiotherapy, had something more—something deep and meaningful. This sister wasn't just throwing words in the air; she was declaring a life-changing truth. With that, the floodgates of hope opened wide, right there in that one-minute video. She boldly expressed her faith in Jesus Christ, the kind of boldness that many of us, let's be honest, shy away from on social media. Her video was for

everyone who felt they were too deep in guilt, too stuck in life's mess, or maybe too scared of what tomorrow holds. She shared the gospel in such a relatable way, it felt like she was directly speaking to you.

A Little About Paula: Bowen's Bold Believer

Paula is not your ordinary Bowen University student. In fact, she's studying physiotherapy (you know, the course that makes you think twice about your life decisions when you see their heavy textbooks). But beyond her academic pursuit, her Instagram page has now become a growing hub for Christian encouragement. She's using her platform to reach hearts with Christ's message, and the best part? She doesn't sugarcoat it. Faith in Christ means freedom from guilt and fear—this is the core of what Paula shares.

You know how we sometimes carry the guilt of our past like it's a badge of honor? It weighs us down and makes us feel unworthy. Paula's declaration was a slap to that mindset. Her video reminded us of Romans 8:1, "Therefore, there is now no condemnation for those who are in Christ Jesus." Ah, no condemnation, brethren! No guilt, no shame, nothing holding you back. She drove home the fact

that Jesus has paid the price, so why are we still carrying the burden?

No Fear in Death—Wait, What?

Now, here's where she caught me off guard. Death, in Nigeria? That thing nobody wants to talk about. But Paula boldly reminded us of Philippians 1:21, "For to me, to live is Christ, and to die is gain." Fear of death, when you have eternal life, makes no sense. And you know the Nigerian style—when someone mentions death, everybody starts praying to bind the spirit of death. But Paula wasn't calling death; she was calling us to face our fears with faith. She declared freedom over fear of death because of the assurance we have in Christ.

If we're being real here, many of us live each day with this silent fear of the unknown. We question if we're doing enough or if the things we've done will come back to haunt us. Paula's video was like a reset button. It reminded me that my life is in God's hands, and because of Jesus, I can boldly face whatever comes, even death, without fear. In short, if you have Christ, you're good.

Experience God's Freedom: A Personal Story

Now, this is not just theory o! Let me tell you about my own story. I grew up in the typical Nigerian Christian home where we go to church on Sunday, pray for protection, and quickly go back to our hustle. The idea of “no guilt” was foreign to me because, like many others, I felt like I was always “not enough.” I’d make mistakes, carry guilt, and think I was beyond redemption. But God, in His mercy, changed my mindset through small moments like Paula’s video. I started seeing myself through the lens of grace. I began to understand the truth of 2 Corinthians 5:17, “If anyone is in Christ, the new creation has come: The old has gone, the new is here!”

God set me free from a cycle of guilt that was eating me alive. The same message Paula shared on her Instagram is what transformed my heart too. If you’re like I was, carrying guilt, living in fear, wondering if you’re doing enough, let me tell you: Jesus is enough. Paula’s declaration wasn’t just for show; it was to bring you closer to God’s truth.

Why You Should Follow Paula Ehi (And 7hubent Tech)

Now, I know you're thinking, “This kind of bold Christian content, where can I find it regularly?” Well, Paula’s Instagram is the place for you. Follow

her, and you'll get regular doses of encouragement, the type that makes you stand strong in faith even when life is throwing curveballs at you. Bowen University's fine students aren't just flexing academically; Paula is also flexing spiritually, and she's doing it for the Kingdom!

But hey, while you're at it, check out 7hubent Tech too. This is not just a place to advertise your business for free on WhatsApp groups in Nigeria; it's also where faith-filled testimonies like Paula's are celebrated. Imagine sharing your story on a platform like that. Your business and faith walk together. I mean, who says entrepreneurship and evangelism can't go hand in hand? 7hubent Tech is the spot where life meets purpose. No guilt in life, no fear in death, and no barriers to promoting your business!

FAQs

Q: Who is Paula Ehi?

A: Paula Ehi is a Bowen University student studying physiotherapy. She is a Christian content creator on Instagram, using her platform to encourage faith growth in God.

Q: What's the significance of "No guilt in life, no fear in death"?

A: This phrase, rooted in Christian faith, means that those in Christ are free from guilt (Romans 8:1) and have no fear of death (Philippians 1:21) because of the assurance of eternal life in Jesus.

Q: How can I follow Paula Ehi's faith journey?

A: You can follow her on Instagram for more videos and content that encourage growth in faith and walking in God's truth.

Q: What is 7hubent Tech?

A: 7hubent Tech is a free advertising WhatsApp groups platform for businesses in Nigeria. It's where you can promote your business and share stories of inspiration.

Final Thoughts: What About You?

If you've ever struggled with guilt or fear, if you've ever felt like you're not good enough, or you're afraid of what tomorrow holds, then let me encourage you—God is bigger than all of that. Just like Paula boldly declared on Instagram, you too can live without guilt and fear because of Christ's love and grace.

Have you watched Paula's video? If you haven't, now's the time to visit her page. Let her boldness stir your faith, and while you're at it, share your

thoughts with me. What fears have you let go of in Christ?

Also, if you've got a business that needs free advertising, you know where to go—7hubent Tech. We're all about promoting both your faith and your hustle! Let's grow in Christ and succeed in business together!

So, what are your thoughts? How has Paula's declaration impacted you? Let's chat in the comments.