

11:41



FEBRUARY 2019						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2
3	4	5	6	7	8	9



Breakfast

~~~~~

Lunch

~~~~~

Dinner



11:41



FEBRUARY 2019						
S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
				14	15	16
				21	22	23
				28	1	2
				7	8	9

Login/Logout

Sign Up

Current Meal Plan

User Menu

Upload Recipe

Settings

Breakfast

Lunch

Dinner





Wi-Fi signal icon, cellular signal bars, battery level icon, and time 11:41

February 28th



Breakfast

Lunch

Dinner





11:41

search



Breakfast

Lunch

Dinner

Recipe 1

Recipe 2

Recipe 3

Recipe 4

Recipe 5

Recipe 6

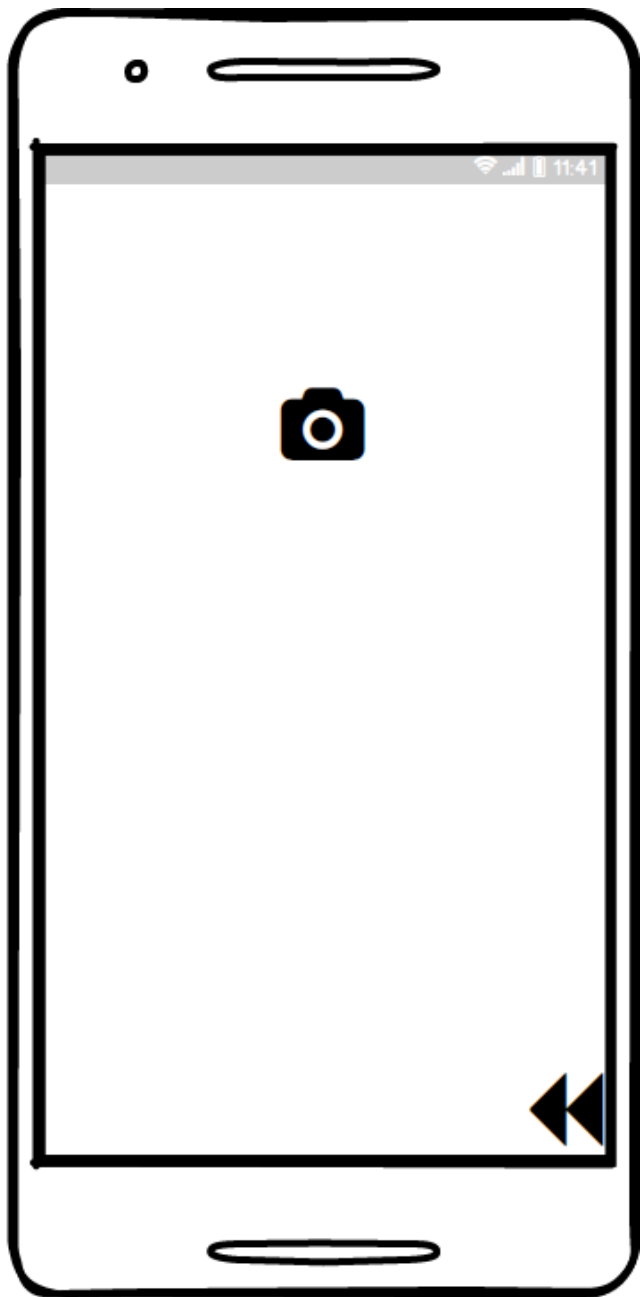
Recipe 7

Recipe 8

Recipe 9

Recipe 10







11:41



Ingredients

Steps

Nutrition

Prep Time

etc.





Step One

Step Two

Step Three

.
. .
. .
. .
. .
. .
. .
. .



FEBRUARY 2019						
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Username ...

Password ...





Monday

Breakfast

Lunch

Dinner

Tuesday

Breakfast

Lunch

Dinner

Wednesday

Breakfast

Lunch

Dinner





11:41

Favorites





11:41



Insert recipe data



Default Serving Size: 4

BlackList:

Peanuts

Shellfish

WhiteList:

Chicken

Soybeans

