Band 20

Frequency	Mobile Operator	Duplex Mode	Cell ID	Received Power (dBm)	Num. RB	PHICH Duration	PHICH Resource
796 MHz	Orange	FDD	280	-8.99	50	Normal	1
796 MHz	Orange	FDD	308	-11.6	50	Normal	1
804.1 MHz	Vodafone	FDD	458	-9.37	50	Normal	1
806 MHz	Vodafone	FDD	458	-4.38	50	Normal	1
816 MHz	Movistar	FDD	109	-8.05	50	Normal	1
816 MHz	Movistar	FDD	172	-9.19	50	Normal	1

Band 3

Frequency	Mobile Operator	Duplex Mode	Cell ID	Received Power (dBm)	Num. RB	PHICH Duration	PHICH Resource
1815.1 MHz	Movistar	FDD	105	-9.14	100	Normal	1
1835.1 MHz	Vodafone	FDD	458	-7.55	100	Normal	1
1835.1 MHz	Vodafone	FDD	48	-12.6	100	Normal	1
1852.5 MHz	Yoigo	FDD	484	-13.6	75	Normal	1
1852.5 MHz	Yoigo	FDD	415	-19.7	75	Normal	1
1852.5 MHz	Yoigo	FDD	173	-22.6	75	Normal	1
1869.9 MHz	Orange	FDD	470	-23.9	100	Normal	1
1869.9 MHz	Orange	FDD	413	-27.7	100	Normal	1

Band 7

Frequency	Mobile Operator	Duplex Mode	Cell ID	Received Power (dBm)	Num. RB	PHICH Duration	PHICH Resource
2650 MHz	Orange	FDD	151	-27.3	100	Normal	1
2650 MHz	Orange	FDD	82	-34.9	100	Normal	1
2650 MHz	Orange	FDD	313	-36.3	100	Normal	1
2670 MHz	Vodafone	FDD	54	-43.4	100	Normal	1

In Spain only FDD Duplex Mode is used for LTE.

iPhone code to verify advanced mobile network settings: *3001#12345#*

More info: 3GPP TS 36.106