

Oooof.

Bruh confessed to it all

MUHAHAHAHAHAHAHAHAHAAA

YEARS. MULTIPLE FUCKING YEARS.

PIG.

Did you say something to Scott?

No. I have not spoken to him at all.

K

10/31/24, 07:45

I want automatic air fresheners

What can I put down on top of that plywood under the sink to prevent mold?

So I can put the stuff back under the sink? Any ideas?

10/31/24, 09:18

I need to get with Ben on fixing the pipe. Then we have the materials to replace the wood and the ceiling after it's fixed. Maybe I can get a plastic tray of some sort in the interim

What size waist do you think Jak is? Trying to order a belt

Did the dogs eat?

10/31/24, 11:48

Yes they did. Probably a 34 or 36 I would think

All I want to do is go to the eras tour

Thats an expensive "all I want" lol

Liked "Thats an expensive "all I want" lol"

Sending just you without travel, lodging, or food would be over \$2500. I have kept my eye on the ticket prices since earlier this year. Im guessing you wouldn't want to go by yourself

Ok

Or you could participate in the conversation but whatever.

10/31/24, 13:34



Cool.

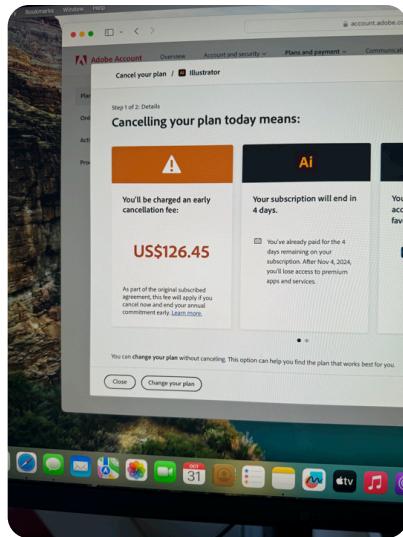
https://www.amazon.com/Silicone-Kitchen-Waterproof-Bathroom-Cabinet/dp/B0C9474ZKK/ref=sr_1_36?dib=eyJ2ljoMSJ9.KpTYfc71BMJxsWvRL7zH4TPGkMo6Gvs72k5fIOEvPPHE15_19Ke6AWVAGo24cNIIIfwG_RcUQN5lpUdeZxrf0n5zkDI9ga3xyfKS8IXWhUU1F-QU_B0mAjTrP1SgYxj-CNsony6Jtjmkl_Muf5KuWcl6bCp-RT3C0j6ffsd5MhNDujhqkc24hPrUY42HMWgB80fVB_oTf1iCdoFBSLU1-sShQoBGPrA5eaSwAMZVEps9IWqHKRPtiho6frgeml2foEloYI45qt4UP-5xpEwKYCALkHepLQtG05v8w8Lr4Ndl.0IoY7KzprSueLVFhowSCSrRM-Fub4XWmzddk7rop7OHM&dib_tag=se&keywords=under+sink+drip+pan&qid=1730401850&sr=8-36

I'm trying but the pipes would be in the way for this

Adobe is a fucking joke

They won't let me cancel my fucking plan

They just give me the wheel of death for an hour



wtf is this a joke? I want to cry

 As i can understand you want to shift from annual plan to a monthly plan. Please be rest assured i will definitely help you out with the same. I can see you have an Illustrator subscription active for which you are being charged monthly but you're on annual contract.
I hope this clarifies things up.

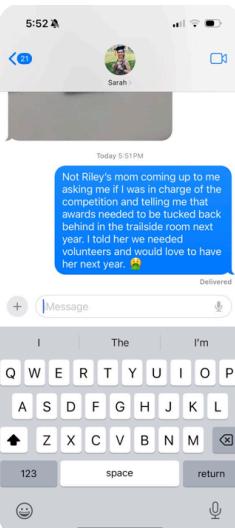
To elaborate Adobe will charge you monthly but you're under an annual commitment.

You guys offer a monthly contract though and I am asking to be switched over to that

 Type your message here 

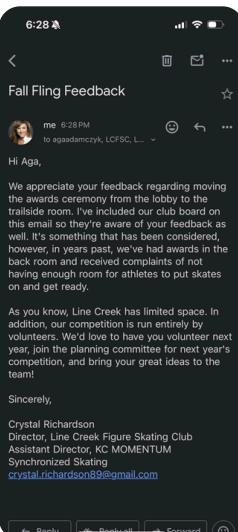
Messages - Crystal Richardson

10/31/24, 17:52



It's shit like this

I'm at the end of my rope

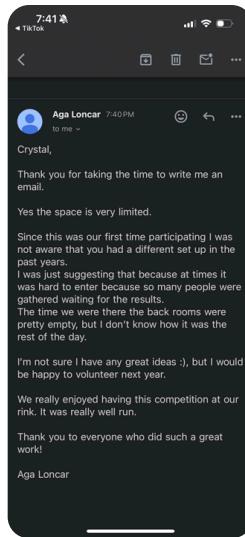


Eat a dick

10/31/24, 19:39

This is why

<https://www.tiktok.com/t/ZTFt3S7o7/>



Hoe

<https://www.tiktok.com/t/ZTFt3SBL2/>

Fuck it. Imma try to get me some tickets.

Canada?

<https://www.tiktok.com/t/ZTFt3H69E/>

11/1/24, 08:41

Can I take your car to go vote early

Yeah. I just have to leave by 11.

Oh I didn't know you were leaving today never mind

Yeah it's annoying because they have only 3 hours of events today at the small rink I've never been to.

I need to look up how to vote on the weird questions

11/1/24, 11:43

Did you feed the dogs?

The sign says no

11/1/24, 18:01

What time do the dogs eat dinner?

When you get a chance can you go on your amazon history and tell me what sunglasses I ordered from a year ago? Those are the ones I lost. Thanks.

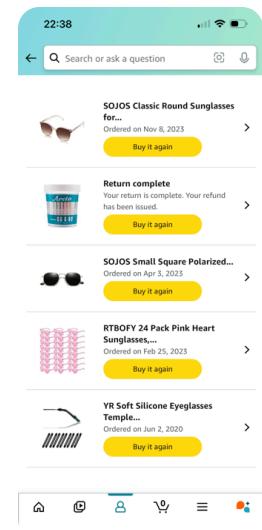
Can you replace batteries in air tags?

11/1/24, 22:03

➔ Replying to Crystal Richardson, 2024-11-01 18:37:27: « When you get a chance can you go on your amazon history and tell me what sunglasses I o... »

Can you respond to this? Thanks.

I know I'm not important



Can you send me the link for the top ones thanks

SOJOS Classic Round Sunglasses...

https://www.amazon.com/dp/B07N3YKHNB?ref=ppx_pop_mob_ap_share

11/2/24, 09:30

Is the tire thing at the house?

I don't know. It's probably in the garage.

11/2/24, 14:05

Do you think dad would have lived if he got the Covid shot? 😢

11/2/24, 20:29

Nova won't stop crying

11/3/24, 14:41

➔ Replying to Crystal Richardson, 2024-11-02 14:05:27: « Do you think dad would have lived if he got the Covid shot? 🤔 »

I can't know for sure but I don't think it would've made a difference. The vaccine doesn't stop people from getting it. It reduces severity. The issue with Bill wasn't severity, it was a particular symptom made worse by preexisting conditions.

11/3/24, 20:23

You have clean sheets on the bannister.

11/3/24, 21:56

Do you need Covid tests

11/4/24, 06:50

No.

Did I do something?

11/4/24, 08:35

What do you need from the store?

I would have gone to the store for yo

11/4/24, 10:46

Can I take your mag safe battery charger thing?

Remi is acting weird and I'm worried about her

➔ Replying to Crystal Richardson, 2024-11-04 10:46:08: « Can I take your mag safe battery charger thing? »

Yes you can take it.

➔ Replying to Crystal Richardson, 2024-11-04 10:50:46: « Remi is acting weird and I'm worried about her »

I'm going to have to deal with it later. I feel terrible.

I would have gone to the store for you...

11/4/24, 12:24

I'm fine. Thank you.

11/4/24, 14:08

Are you gonna vote?

Yes

Liked "Yes"

11/4/24, 18:33

Do you need anything

11/4/24, 19:43

No thank you

11/5/24, 10:31

I've been putting the plaque off stuff in their food for their teeth

Ok

11/5/24, 12:30

I have to go to target later. Do you need anything?

No thank you

Like are you pissed off at me or something?

No

Then why have you been short with me for an entire week and why did you leave the city without saying anything to me?

Im not interested in fighting. I literally have COVID. Can I be sick in peace please?

You never have time for me. Ever.

Ok

11/6/24, 21:14

Can I have the mag safe charger and a pill box organizer? Thanks

I'll look for the charger

11/7/24, 08:04

Keep an eye on Remi. I think she's sick. She just threw up and she's been acting weird all week.

It's mom's birthday today.

11/7/24, 09:52

Ok

11/11/24, 00:08

Are the dogs ok

11/15/24, 21:20

Remi keeps getting hot spots on her. They started the same time as the butt situation. I'm starting to wonder if they're correlated. We need to take her in. "Ok" will be your response, so just refrain from saying it.

Liked "Remi keeps getting hot spots on her. They started ..."

I'll try to schedule something for next week. My mom texted me an hour ago and said that my grandpa isn't doing well so she's going to drive down on Sunday and come back Wednesday. He was wanting to see me for some reason when my mom was down there last week so I'm going to ask work in the morning if I can get the time off to go with her. I'll try to schedule something for Thursday or Friday.

I know you don't care but that's more than ok.

11/16/24, 04:52

Sorry to hear this.

Edited

11/16/24, 07:19

Laughed at "Sorry to hear this."

I have several travel points that can be used for a flight. That's a very long drive.

11/17/24, 00:15

I know you don't care but I have to be up at 4:30am.

11/18/24, 11:11

Looking for the wrap you took for my ankle. Thanks.

11/18/24, 12:13

It's in my bag with me. I'll order another one for you. There were two in there so I didn't think it was a problem.

That one is mine from my childhood. I don't want a different one. Thanks.

11/18/24, 13:42

I'll bring it back on Wednesday and never touch it again.

Great!

11/19/24, 07:41

Ben just brings girls over whenever he wants and when you're gone. I've had it.

11/20/24, 09:55

I don't mean to bother you. I'm trying to get the truck in order. My name isn't listed on the insurance. Does that matter legally?



Your name is on the insurance. It's just not on the card for whatever reason.

Liked "Your name is on the insurance. It's just not on th..."

11/25/24, 04:54

Let me know if you can make 10-30 minutes for me Today-Wednesday.
Thanks.

11/25/24, 08:56

What do you need

And are you connecting to all of the speakers down here for a reason

I am human and made a mistake.

➔ Replying to you, 2024-11-25 08:56:47: « What do you need »

Is this in reference to my previous message?

Yes

A conversation.

I'll just come up now to get this over with.

I don't have time right now.

So we went for a whole week where you couldn't be bothered to check on how me, my mom, or grandpa were doing but as soon as I get back you want to have a conversation but don't have the time to do it. Sounds good. I suppose let me know when you have a chance to have whatever conversation you are wanting to have.

Sam, you put me on the silent treatment two weeks prior to all of this when you left for St. Louis. You've made it clear you want nothing to do with me, so I took a hint and did not want to be involved when I am not wanted.

Sounds good. Let me know when you have time for whatever conversation you are wanting to have.

Don't turn this around on me. I was as involved as I could be given the situation. You've completely pushed me out of your life - that's not my doing.

You left without saying anything to me St. Louis, Texas, etc. Yet I'm supposed to initiate something and do more than what I've done?

Sounds good.

Let me know when you want to have whatever conversation you're wanting to have

What do you want from me? You left me twice like I'm invisible.

We can talk this evening.

Whatever will make you happy

I've done nothing to you. You've pushed me away. Made it clear you don't want me in your life. Yet, I still tried to be somewhat appropriately involved without crossing any boundaries and still I was wrong. I didn't ask for this. You acted like you wanted to be left alone, so that's what I did. I was giving you the space you've always wanted.

Liked "I've done nothing to you. You've pushed me away. M..."

➔ Replying to Crystal Richardson, 2024-11-25 09:11:52: « I've done nothing to you. You've pushed me away. Made it clear you don't want me ... »

I do find it interesting that complaining about Ben and asking about car insurance were within the boundary but asking how me or my family are doing would cross it. But everyone is a little different in their priorities I suppose.

I find it interesting that you can certainly take time out of your day to wish Amber a happy birthday while all of this is going on but can't tell me happy anniversary. The phone works both ways, Sam.

Lol, ok. Ill keep that in mind.

Put me on the silent treatment for two weeks, leave without saying anything twice, tell amber happy birthday but can't say happy anniversary to me? What the hell kind of message do you think that sends? If I would have bothered you more than I did while you were gone, you would have been upset. So, regardless, I lose.

Lol, well you taught me my lesson. If I dont do what you want, I dont get support from you while I have family dying. It's good to know. Food for thought.

Do what I want? Sam, you did what you wanted and got what you wanted - me not in your life. What are you even complaining about? Don't push me away and act surprised when I'm not there.

Thank you for explaining that. Is that all you wanted to talk about this evening? If so I get it. No need to bother with a conversation.

➔ Replying to Crystal Richardson, 2024-11-25 09:53:12: « Do what I want? Sam, you did what you wanted and got what you wanted - me not in your l... »

You're there to complain about Ben and to ask about car insurance lol.

Yep Ben brought a stranger into the house without saying anything. My bad for saying something to you. And like I said when I asked about the car insurance "sorry for bothering you."

Got it. Sounds good. Is that what you wanted to talk about this evening?

I want to know what is going on

What is going on with what?

We'll talk tonight. This warrants an in person conversation. We've been "together" for 11 years. I understand that you're going through a difficult time. I don't want to argue. However, you've given me the silent treatment for 3 weeks now and I need to know where I stand with you because this isn't right.

You're right, I will put my grief on hold so that we can ease your mind. What time would you like to talk

I would never ask you to put grief on hold. I am simply asking for a 30 minute conversation with you. They aren't mutually exclusive.

Sounds great. What time would you like to talk? I wouldn't want to be busy helping my Grandma get stuff together for the obituary and memorial service during that time

Forget it. Do you just want me out of your life completely? Yes or no.

I asked a simple question. What time?

And I said forget it because of how you're behaving. I don't deserve this. Just tell me if you want me out of your life. Yes or no.

You dont deserve this?

Correct. What did I do to you 3 weeks ago to warrant the silent treatment from you?

Let's talk now

It's honestly no longer about what I want. I think it's about what I deserve. You've made me fully aware in the past of what you think I deserve. I have some of those things written on my Keep Singing frame. And it seems that every year, you prove more and more that what you have said in the past is exactly how you really think. The problem is that I have gotten this crazy idea that I deserve to be with someone who cares about me. Someone that wants to be an equal partner and grow together. Someone that, even when things aren't perfect, they can put it aside to support in a time of need. When I have COVID with a 102 degree temperature alone in St Louis, I deserve someone that will have something more to say than "that's a choice". When I go to be with my Grandfather whom I have a strained and painful relationship with, I deserve someone that will contact me for more than complaining about a roommate and asking about car insurance. You can tell me that it's my fault all you want. But the truth is that I deserve better and the fact that you can't even see that much speaks volumes.

I dont have time to talk for 30 minutes right now and I honestly dont have much more to say to you than that previous text. Im sure that you can berate me for actually placing value on myself via text for now.

Do you want me out of your life? Yes or no?

I dont want to make rash decisions when I am an emotional wreck. I dont want to say a whole bunch of things that I will regret. I was going to say "like you do" but I have come to realize that you dont regret any of the things you've said and that I have been an idiot for thinking that you did.

Don't accuse me of things



What's this about?

If that's not a good enough answer, I dont know what to tell you. You can try to berate, bully, and blame but that isn't going to change how I feel right now.

I already know where I stand because your mother made it very clear.
"Some things come first."

I dont have any idea what you're talking about but thank you for making it even more clear what kind of person you are

"Just talk to her"

"Know that something comes first"

I've given you 11 years of my life

What a waste

I've been in your life for 11 years and you won't even talk to me lol

YOU pushed ME out of your life. Remember that.

You either lied to your mother or you lied to me so which one is it/

I literally have no idea what you're talking about.

Okay, then you didn't tell your mother that you'd start talking to Greenlee? You didn't promise her that? When were you going to tell me, Sam?

Clearly you tried to keep it a secret because you didn't want to say it in front of the cameras.

You want somebody to care about you and grow with you? Step 1: be an honest person.

I literally never told my mom I was going to talk to Greenlee. My mom never asked me to talk to Greenlee. You are the only one talking about Greenlee. And the fact that you are buried so deep in conspiracy is really sad.

It's in the audio on the footage I just sent. You're not going to gaslight me.

Edited

My mom did not say Greenlee at all on that footage. You can say she did all you want, but she literally did not. And this is really pathetic.

Sorry, she said "G"

Okay then if I'm wrong then what was all of that about? What is the big secret?

Wow. Lol. It really is sad. It is ok for me to have a private conversation with my mom when her dad and my grandfather just died. None of it had anything to do with you.

➔ Replying to Crystal Richardson, 2024-11-25 10:48:13: « You want somebody to care about you and grow with you? Step 1: be an honest person. »

See message above.

The fact that your care extends to trying to eavesdrop on a conversation with my mom speaks volumes.

Sam, when you put me on the silent treatment for 3 weeks, leave twice without saying anything to me and ignore our anniversary... I know something is up.

You must take me for a fool.

lol ok Crystal.

So, keep your secrets. The audio is there plain as day.

Ok.

Enjoy your kiddo. Also, you weren't going to tell me about the letter either were you?

So many secrets, its funny.

You want me to be there for you? But yet, you can't be faithful and honest to me.

You deserve better? No, I do.

I have become fully aware that you are incapable of being there for me. I dont know what letter you're talking about but that's fine. Nothing that you have said makes any sense any way

The one about your kid being SA'd??

What does that letter have anything to do with you?

You want all of these things in a relationship but refuse to do the bare minimum to get it. You won't do anything to rebuild trust between us.

I've been with you for 11 years, Sam. If you want to keep secrets, I'm not interested.

Ok, then leave

So its ok for you to keep secrets from me then?

Is that what you want? Me to leave?

You want to push me because you are too selfish to understand that I am an emotional wreck, then go. I don't care. You have brought no value. No support. No care. No love. Nothing but negative. You are toxic and I deserve better. So you won't find me begging you to stay here so that I can only get negative from you. I won't get on my knees for a further chance of you bringing me down.

If you want to go, please go. If you have even the smallest bit of care about me, you will give me some time to grieve before you attack me with accusations from you spying on me and my mom or going through my drawers when I am watching my grandpa die.

You ghosted me and then bitched because I wasn't there? Is this a joke? All I've ever wanted is a healthy relationship with you. But it's not possible when you hide everything from me from conversations, to your kid, to your browser history, to your phone, to your laptop, to your computer, to your burner phones.

I have never met a more self centered person than you. I literally have not. Congrats, you have surprised me with a brand new low.

I'm self centered because I uncovered all of the bullshit lies? Okay. My bad.

I left you alone like you wanted and will continue to do so. But, don't expect me to be in your life.

You've made it clear you want nothing to do with me.

Then don't be. If you can't be supportive in grief then, at the very least, don't make things worse.

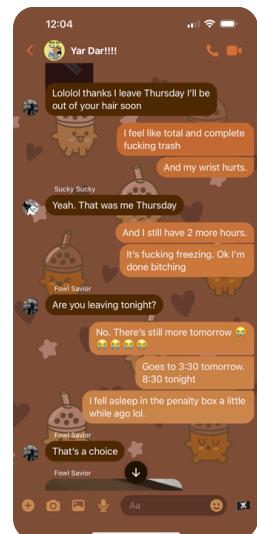
You didn't have time for me before your grandpa passed, and you will continue to not have time for me now. Nothing will change. I am truly sorry about your Grandpa. He was one badass guy and his relationship with Linda is one I've always adored. I feel so much for your mother but all feels stupid to do so when you can't treat me with an ounce of respect. I have been sad this whole time but have told myself "he doesn't want anything to do with you" so I left you be.

Which felt like the respectful thing to do. And I'm truly sorry if it was interpreted as anything other than that. I'll leave you be as you wish.

➔ Replying to you, 2024-11-25 10:16:00: « It's honestly no longer about what I want. I think it's about what I deserve. You've made me ful... »

And for the record I said “that’s a choice” before you even left for St. Louis because you told me the day of you leaving that you were leaving. How’s that for communication and a healthy relationship? Again you want all of these rainbows, unicorns, and butterflies from me but won’t give me the bare minimum like honesty and communication. I did not say “that’s a choice” after you had covid. I tried communicating with you when you had covid and you shut me down so I said fuck it.

Edited



And when did you test positive for covid?

“And for the record I said “that’s a choice” before you even left for St. Louis”

I did in person because nobody from here was going

I also apparently said it in the chat

And I was pissed that you didn’t communicate shit about it to me sooner and decided to drop it on me the day you were leaving

But I’m 100% responsible for everything 100% wrong in this relationship

11/25/24, 17:47

Let me know when you have 30 minutes to spare

11/25/24, 19:06

I just got done with work. We can just talk now

Unless you're busy

I'm not but I don't want to inconvenience you if it's not a good time. I can do Wednesday as well. I'm not in a hurry.

I'm helping Linda right now so Wednesday works for me.

What time?

Are you working on Wednesday?

I added a Calendar entry. I am on call this week so if I get a call during that time I will have to log in to work.

➔ Replying to Crystal Richardson, 2024-11-25 19:15:02: « Are you working on Wednesday? »

AS far as I know.

Okay so if you're done working at 5 can we talk sooner?

The next day is Thanksgiving... clearly that's going to look a lot different this year like what the heck are you even doing?

➔ Replying to Crystal Richardson, 2024-11-25 19:16:40: « Okay so if you're done working at 5 can we talk sooner? »

Sure

➔ Replying to Crystal Richardson, 2024-11-25 19:18:15: « The next day is Thanksgiving... clearly that's going to look a lot different this yea... »

I haven't had a chance to think about it.

I'll probably catch up on some sleep and get the rest of my crying out.

Cool so fuck me then I guess

Got it

Can't spend the holiday with me?

Going on a month of the silent treatment but I can't get you to tell me if you're going to spend Thanksgiving with me or not.

My father died and I still acknowledged your birthday.

Edited

11/26/24, 06:26

I think it's important that I say that I couldn't care less about your false equivalencies. And every message you have sent I over the last 2 days has made me want less to do with you.

Less than neglecting and ignoring me and giving me the silent treatment for 3 weeks? Love needs action. Even if you can't speak, the other persons actions should still make you feel loved. Even after 3 weeks of neglect from you and a 15 hour day and you being nothing but shitty and defensive to me for no reason, I still thought of you and tried to do something nice for you with my actions before you left. You not speaking to me is your own doing - don't blame me for that.

Another message that makes me want less to do with you.

Less to do with me is out of my life so do it

Another message that makes me want less to do with you.

You're a narcissist that doesn't want to discuss your actions and inactions. Instead, you provoke me to react so you can use my reactions as a distraction from your actions and wrong doing then you victimize yourself in every situation. You do it so you're able to blame me for everything going wrong.

You chose to neglect me. You chose to ghost me. You chose to ignore me. You're just pissed I didn't chase you this time.

Another message that makes me want less to do with you.

Good how many more until you leave?

Because you'll never let me go. You don't want me but you won't let me go. You don't want to have me but you don't want to lose me but both of those things can't be true at once. Why? Because you're a NARCISSIST.

STOP ACTING LIKE A VICTIM IN A PROBLEM YOU CREATED

11/26/24, 18:15

FYI: Kat was locked in your office. I opened the door to let her out but did not go in there.

11/27/24, 16:25

Are you still wanting to talk at 5?

If you're available

I can come up at 4:45 if you will be ready

Do you just want to talk in the kitchen

Thats fine

11/27/24, 17:47

Love needs action.

Trust needs proof.

Sorry needs change.

I'll leave you alone for as long as you wish.

I don't know means no

You should have told me you didn't know you wanted to be with me, I shouldn't have had to ask. Furthermore, when did you "not know"? At one point you asked me to marry you so, sounds like that is void?

11/28/24, 10:56

I would like my wrist wrap back with the bands that go with it please.
Thanks.

11/28/24, 17:06

I'll get off your insurance and phone plan. Give me my shit back.

We need to discuss me moving out. Stat.

12/1/24, 10:38

I know you're in a hurry, I just wanted to verify that you are wanting me to come and shoot

Yes

The show starts in 5 minutes

I've been setting up this whole time. So....

12/2/24, 08:13

It's been over a week since I asked for my wrap back. Please give it back to me.

I don't know why you're holding my things hostage.

Your wrap is in the box that it was in when I took it.

You could have said something to me.

So were the original bands with the teeth lost?

12/24, 10:40

I'm not interested in being lied to. Is that why you held my things hostage? Because you lost the teeth? Why didn't you say something to me? I don't like it when you hide shit from me. And the amount of my things that have been ruined, broken, damaged, etc. over the years is truly astonishing.

Won't ever be a problem ever again.

Is that why you held it hostage? Because you lost the teeth?

There's no "I'm sorry for ruining your shit" just piss poor treatment from you.

No. I didn't hold it hostage. I hand washed it and let it dry because I got oil on it while I was wearing it and cleaning the gun.

I didn't ruin anything. One of the teeth things is missing. I replaced the missing one until I find the original one. Thats not ruined.

It is because you did not return it in the same condition in which you took it. You lost parts, tried to replace them with ones that are not the same, did not tell me, and did not think I would notice. I did. And you're just not forthcoming at all.

I knew the moment you took it without asking you were going to lose those. Which is why I asked you to use the other one. Yet, I'm in the wrong?

Edited

So next time I nag, this is why. I have plenty reason to. Because you're irresponsible with my things and are disrespectful towards me.

Edited

Here. I'll take your car, lose two tires and replace them with ones that are not the same and see how you like it. And I won't be apologetic about it at all and tell you it's not ruined.

Edited

<https://a.co/d/ejDNp7L>

These appear the be closer in color but still probably are not the same.

➔ Replying to you, 2024-12-02 10:49:14: « I didn't ruin anything. One of the teeth things is missing. I replaced the missing one until I find ... »

Also, no. I had to ASK for the original one back. You slapped two new parts on there.

12/24, 14:31

Can you reply? Or is ignoring me your long term plan?

Edited

I dont have anything to say. Im not going to fight with you about your ACE wrap while I am trying to work or while Im trying to figure out what is going on in this absolutely dreadful relationship.

Edited

I have a whole lot of things to say but none of them are nice or helpful, so I am choosing to keep them to myself.

So do you think that what you did to my stuff is ok?

Also, trying to figure out this relationship requires a conversation amongst the only two people that are in it.

Say what you have to say. Secrets aren't helpful but the truth is.

Edited

I am going to do exactly what I have communicated. Im not going to be bullied by you. I dont have anything else to say right now.

Are you ignoring me and giving me the silent treatment so that I will leave you and end things? Because this isn't healthy or right.

I'm not bullying you, I'm asking you to speak your mind lol

Because we can either resolve things or make a decision on steps forward a lot faster by having an adult conversation rather than ignoring it and each other and dragging things out for months.

Edited

12/10/24, 08:53

If I need dick and you want nothing to do with me, what are my options?

12/11/24, 13:09

Do you want to try to talk tonight?

Im guessing you sent this before you asked in the kitchen. If you want to talk, we can talk. Im still not sure what to say which is why I haven't asked to talk yet. But if you want to talk, we can do that.

Correct. We don't have to. We haven't talked in 7 weeks and just would like to know where I stand with you.

12/11/24, 16:57

I am taking time to sort out the emotional issues surrounding my grandpa's death, trying to get a grasp on the massive changes at work, and trying to figure out what is going on with this relationship. I would love to be able to lean on you in times like this but I don't feel like I can. I feel like any information about things I am struggling with will be used against me in the next argument. Which is one of the main reasons why I need to figure out what is going on with this relationship because I don't feel like I have someone on my side, I feel like I have a saboteur living with me. This isn't a new feeling. I have talked to you about this on several occasions. Now, the situation in St Louis when I was talking about being sick and in pain followed closely by my grandpas death has just made me really face it. Instead of making a rash decision while my emotions are a bit out of control, I have chosen to get myself in control and be able to have a measured conversation with you about where we both stand. That is where I was in November and that is where I still am now. I want to make it clear that I am not angry at you. I am not even purposefully ignoring you. I am just scared that saying something will start a fight. I am also not blaming you for anything. I am not attacking you or saying that you are making me feel one way or another. In fact I took quite a bit of time to word this message as informational and non-confrontational as possible. I hope that it came across in the way I intended.

Edited

12/11/24, 19:48

I'll just leave talking up to you then. Sounds like you don't want to. I tried.

12/12/24, 15:51

Will you put my clothes in the dryer once they're done? No dryer sheets no heat

I'm trying to save that fucking vest

Sick to my stomach over it

12/12/24, 17:59

Your clothes are in the dryer btw.

Liked "Your clothes are in the dryer btw."

Hopefully the stains come out

Do you want me to send you pictures of it? Probably won't be able to tell when its wet

That would be cool thanks



I don't see anything on it





There's hope

Do you see any speckles anywhere?



Looking closer, there might be two small spots on the back.

Other than those two spots on the back I don't see any speckling at all.

Those spots don't look like speckling though. They look more like nicks.

Wait like tugs in the fabric?

Maybe, I don't really know

I hate that fucking washer

12/12/24, 23:16

The flowers look nice

Loved "The flowers look nice "

12/13/24, 08:12

Do you have any extra cinnamon bun juice? I have several arriving today by 9pm. It would be to just get me through the trip

12/13/24, 22:35

You might wanna unplug my alarm clock

12/15/24, 13:57

Is there somebody you've been talking to on Facebook while I've been gone?

No

It's concerning when you can't reassure me you're not doing anything behind my back at 4:30am without tearing me apart, getting defensive, and belittling me. Thank you for that.

Like why is that your response? I don't deserve it.

Seriously?

Ignoring me like this when I have a concern and have feelings just boils down to being abusive.

No. Me saying that I need space and you continually throwing accusations my way is abusive.

I am not talking to anybody. I am trying to get my life together and you literally make everything worse. So when you're doing that, I am not going to participate. I have communicated that to you and if you can't respect that, I don't have to accept it.

Sam, just because you're trying to make your life better doesn't mean you can discard me and pick me back up whenever you want. I was respectful and had a question because of something I saw. You ignoring me for weeks on end is the last straw.

Then be done with me. I answered your question. And now I won't in the future.

"No" when you're active at 4:30 am while I'm gone and you've ignored me for 7 weeks and have broken my trust just is super shitty especially when I'm trying to be respectful but also not drive myself crazy but I know you don't care

I'm not some piece of garbage you can just toss to the side

And I'm not your doormat. And I matter. Maybe not to you. But there are people I matter to.

I know that I am terrible for the people around me, but not everyone agrees with that.

Why the hell do you think I treat you like a doormat because I asked you a question about being active on Facebook at 4:30am while I'm gone? You've got a screw loose. Enjoy your other woman.

"Other people I matter to"

When the hell did I say you don't matter? You're the one pushing me out of your life lol you're ridiculous

12/15/24, 21:02

➔ Replying to you, 2024-12-15 15:48:25: « I know that I am terrible for the people around me, but not everyone agrees with that. »

What is this about? Why are you being so cryptic?

12/16/24, 11:57

Do you think counseling or therapy would be beneficial for you?

12/16/24, 13:04

I know you're ignoring me but this just came out. I don't really know where your head is at. I have to fill out the housing stuff for nationals. Not sure if you're a hell no on it?

Re: 1:03 AM ASAP
Hello Adult and Masters!

As a qualifying level, we are required to fill out our anticipated housing information for Nationals ASAP. Just like previous qualifying USFS competitions, if we elect to go, a team not participate in their housing selection process, each team must pay \$1,000 to USFS - so we would like to avoid that! These questions will allow Shannon and Kam to make our housing requests through USFS. Please complete this survey as quickly as possible:
<https://docs.google.com/forms/d/e/1FAIpQLSfAmAx7mRPNJuJyfbPvBwA4mRUzRRebtzjz6g2x0eTQLoxSG/viewform?usle=sharing>

Here is the schedule for Nationals:
Tuesday, Feb 25th:
- Arrive in CO Springs

Wednesday, Feb 26th:
- 12:00pm Adult OPI
- 2:20pm - Masters OPI
- 5:00pm - Junior Short

Thursday, Feb 27th:
- 1:30pm - Adult Compete
- 3:45pm - Masters Compete
- 5:40pm - Adult and Masters Awards
FREE TO LEAVE
- 6:40pm - Junior long

Friday, Feb 28th:
- 2:00pm - Juvenile
- 5:00pm - Senior Short

1:03 AM
Hello Adult and Masters!

Thursday, Feb 27th:
- 1:30pm - Adult Compete
- 3:45pm - Masters Compete
- 5:40pm - Adult and Masters Awards
FREE TO LEAVE
- 6:40pm - Junior long

Friday, Feb 28th:
- 2:00pm - Juvenile
- 5:00pm - Senior Short
- 6:00pm - Collegiate

Saturday, March 1st:
- 3:25pm - Intermediate
- 5:50pm - Novice
- 8:15pm - Senior Long

(I plan to go from Tuesday night - Friday night)

A reminder for how this process works:
- We complete a request form for each level separately (we handle cross skaters with some amount of flux that USFS gives us).
- We request our top hotel options based on what each level wants.
- We have to turn in a rooming list that shows all rostered names BEFORE MIDS.
- After MIDS, USFS assigns hotels based on our requests and rooming lists.

Thanks!

Reply | ~~Report abuse~~ | Forward | ()

12/17/24, 08:58

No more of those treats you bought for Remi she keeps coughing

12/17/24, 11:28

This is the last thing you'll hear from me. I won't be reaching out anymore or bothering you or inconveniencing you. But, I want to say that I am sorry for whatever I have done and I am sorry that you and I are in this place. I truly only want you to be happy and I wish to be happy as well. It saddens me to look back and see how far we've grown apart. I miss you and hope that you feel better soon. I never in my wildest dreams thought we'd be sworn enemies. I hope and pray we can get through this and be better than ever but who knows. Neither of us deserve to live like this.

12/17/24, 12:58

I appreciate this text. Thank you. I never thought we would be here either. I am at a complete loss. Can we plan to talk on Friday evening (your schedule permitting?)

Sure - where?

I dont know. Ill come up with something

12/19/24, 09:38

What do you want for Christmas?

12/19/24, 11:11

I don't want anything.

Ugh I'm not doing that

Are you planning on breaking up with me?

12/19/24, 15:08

I don't have any plans

Don't get me anything.

12/19/24, 17:50

So we can't do Christmas together?

I didn't say that

12/20/24, 17:49

There is no rush but I am ready to talk whenever you are. Take your time because I know you just got home. Just let me know when you are ready or if you feel like you need to reschedule.

Ok where do you want to talk?

In the dining room at the table was where I was thinking

Ok I'm a little nervous because Ben is here. It will be fine I guess.

I just told him we were going to be talking in the dining room and asked if he could give us an hour in there. Im going to wait for his response and see if her needs anything out of the kitchen before we start

Liked "I just told him we were going to be talking in the..."

Ben said he's leaving at 7 so if you want, we can wait until he leaves. Do you have skating this weekend?

I have to be up at 4:30 so the sooner the better

I'm in the dining room

We can start now. He said he doesn't need anything from upstairs

Liked "We can start now. He said he doesn't need anything..."

If you want. I can check back in with you in 10 minutes to see if we can acknowledge the disrespect and move forward with the conversation. If not, I will put 1730 on Monday down on the calendar.

I acknowledge my snide comment wasn't warranted. I also have feelings and felt negatively. I'm ready when you are.

Respectfully, I am not going to be dismissed. If you would like me to check in with you in 10 minutes, I will. Just let me know if that is what you want please.

I'm not dismissing you

If you would like me to check in with you in 10 minutes, I will. Just let me know if that is what you want please.

I'm ready when you are

If you would like me to check in with you in 10 minutes, I will. Just let me know if that is what you want please.

I don't need 10 and am still up here ready thanks

12/20/24, 20:19

It might be worth us assessing whether or not we are trauma bonded

I will make a note of that.

https://www.icloud.com/notes/0d1O3oHU3Dq4_wtIY0LGv6jGg#20241220_Conversation

If you want to, you can add your list to this Note.

Reading the first bullet under number 6 makes me physically sick to my stomach

12/20/24, 22:17

On that note is not how we are going to communicate. We are going to have respectful in person conversations. If that is not something you can do, I need to know now.

I need to understand your need for private personal conversations and relationships with others.

We can talk about that tomorrow at noon. That is why we have another talk scheduled.

You don't get to dictate my thoughts.

I get to dictate my communication with you.

Sure but you don't control what I type, how I feel, or what I have to say.

If you want to talk to other women just tell me. I will pack up and leave now. No sense in wasting time. Seriously.

12/21/24, 14:32

Do you want a Poke bowl or boba tea?

Do our daily conversations have to be the only time we hang out?

I'm ok thanks

NO.

Sorry, I didn't mean all caps

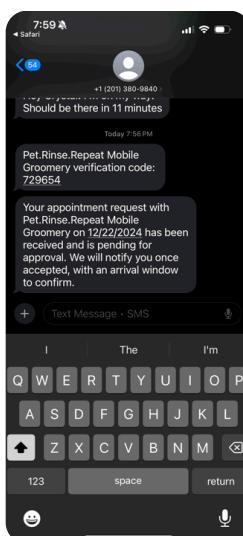
	Su	Mo	Tu
12	2:15pm [FS] - Savannah	2:30pm [FS] - OPEN	2
13	2:45pm [FS] - OPEN	3:00pm [FS] - OPEN	2
14	3:15pm [FS] - Caroline M	3:30pm [FS] - OPEN	2
15	4:00pm [FS] - Madison	4:15pm [FS] - Madison	4:
16	4:30pm [FS] - Miles	4:45pm [FS] - Tegan	4:
17	5:15pm [FS] - Tegan		
18			
19		7:00pm [PS] - Evelyn	
20		7:30pm [PS] - Georgia	
21			
22	9:45am [FS] - Ava	7:30am [FS] - Holly	
23	10:15am [FS] - Ava	8:00am [FS] - Holly	
24	NO LESSONS NO ICE AVAILABLE	8:30am [FS] - Ella	
25	11:00am [PS] - Jordan	9:30am [FS] - Ella	
26	11:30am [PS] - Maria	9:30am [FS] - Chloe H	
27	Synchs	10:00am [PS] - Chloe H	
28	12:00pm [PS] - Caroline		
29	12:30pm [PS] - Roman		
30	1:00pm [PS] - OPEN		
31	Synchs		
1	1:30pm - 6:00pm LC	1:45pm [PS] - Halle-Lee	1:30pm [PS] - OPEN
2		2:15pm [PS] - OPEN	2:00pm [PS] - OPEN
3		2:45pm [PS] - Chloe M	2:30pm [PS] - OPEN
4		3:15pm [PS] - Chloe M	3:00pm [PS] - OPEN
5		4:00pm [PS] - Madison	
6		4:30pm [FS] - Miles	
7			
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9			
10			
11			
12	29	30	31
13		7:30am [FS] - Holly	
14		8:00am [FS] - Holly	
15		8:30am [FS] - Chloe H	
16		9:00am [PS] - Chloe M	
17		9:30am [PS] - Ava	
18		10:00am [FS] - Ava	
19	11:30am [PS] - Roman		
20	12:00pm [PS] - Caroline	12:00pm [PS] - Maria	
21	12:30pm [PS] - Caroline	12:30pm [PS] - Caroline	
22	1:00pm [PS] - OPEN	1:00pm [PS] - Roman	
23	2:00pm [FS] - Ella	1:45pm [FS] - Chloe H	1:30pm [PS] - Caroline
24	2:30pm [FS] - Ella	2:15pm [FS] - Chloe H	2:00pm [PS] - Roman
25	3:00pm [PS] - OPEN	3:00pm [PS] - OPEN	3:00pm [PS] - OPEN

The next few days

12/21/24, 19:32

The laundry door came off again

Edited



For tomorrow. Remi has dandruff or something.

Ok. Let me know if they give you a time

Can you text the neighbors about the dogs thanks

I did, he hasn't responded.

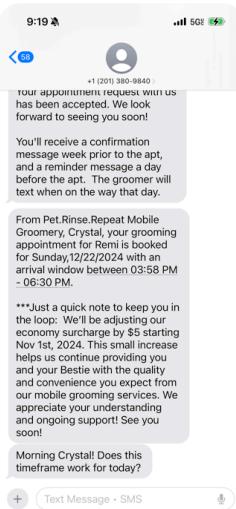
This is Harrison's number. I told him that I gave it to you and Ben a while ago. I texted him again and told him that you had to be up at 4 and the dogs were losing their minds. If you want to text him as well, that might garner a faster response. You don't have to but you now have that option at your fingertips +1 (559) 917-7900

12/22/24, 06:18

Remi has a bone protruding on her belly will you check it out?

12/22/24, 09:19

Does this work?



Yes

Groomer. Sensitive skin shampoo.

I'll be done early today we aren't doing off ice so I can talk at 6pm now

Ok

12/22/24, 20:15

Are we watching a movie or not? I'm not going to sit up here and wonder about it like I normally would.

12/23/24, 07:41

I ordered food and fell sleep again last night

Gotta check for coons

20 minutes after it was delivered an opossum showed up

Then a raccoon

Then a cat

You successfully feed the entire neighborhood lol



I can't see the opossum. I'll clean up the milkshake. 😭

Will you come up here when you have time

Yes. I'm still waking up and have to get logged in.



5DA30695-ADDD-4C99-A65C-AE78F17433FD.MP4



5564D6BA-98B6-4BAF-90BB-B93857719A48.MP4



3E8297A9-7499-4D38-B171-93CCA4AEFCF9.MP4



56A67EEF-ABC6-4640-B74D-EC6EA836B578.MP4

Now look at today. How fucking annoying

	c	d
1		
2	Mo	Tu
57		5:15pm [FS] - Tega
58		6:00-7:00pm LTS
59		7:00pm [PS] - Ever
60		7:30pm [PS] - Gem
61	23	24
62	9:45am [FS] - Ava	7:30am [FS] - Holly
63	10:15am [FS] - Ava	8:00am [FS] - Holly
64	SONS	8:30am [FS] - Ella
65	AVAILABLE	9:00am [FS] - Maria
66	11:30am [PS] - Maria	9:30am [FS] - Chlo
67	12:00pm [PS] - OPEN	10:00am [FS] - Chlo
68	m Indep.	12:30pm [PS] - OPEN
69		1:00pm [PS] - Hallie
70	hro	
71	00pm LC	1:45pm [FS] - Halle-Len
72		1:30pm [PS] - OPE
73		2:15pm [FS] - OPEN
74		2:45pm [FS] - Chloe M
75		2:30pm [PS] - OPE
76		3:15pm [FS] - Chloe M
77		4:00pm [FS] - Madison
78		4:30pm [FS] - OPEN
79		
80		

Looks like you at least get a lunch break

I've had 3 cancellations

Do you know if Ben is going to be here for Christmas? I didn't get him anything...

12/23/24, 10:50

I haven't either. I was looking at possibly getting him an automatic litter box but this year is different and he'll be fine

12/23/24, 12:32

Why is this year different?

Because we're not doing as much. Thats what we talked about last night.

Right but don't want him left out

Does he use his fum?

12/23/24, 20:33

I'm not sure. I just picked up his present. It will be from both of us

I ordered him fum

12/23/24, 21:46

What are you yelling about?

I didn't know I was yelling

Something about it's your cat

Oh. Ben lock Kat out of his room because she keeps peeing on his clothes. That leaves her out here to pee on my clothes

lol better not come up here bro

She did pee on mine once

Laughed at "lol better not come up here bro"

She has also peed on mine once too.

Laughed at "She has also peed on mine once too."



Just sitting next to me purring.

I ordered you chocolate povitica but it won't be here till next year

Laughed at "I ordered you chocolate povitica but it won't be h..."

Is that what is stuck? lol

lol no

12/24/24, 10:52

Do you have any interest in eating breakfast casserole tomorrow morning? If not I'm not going to make it

I would eat it. And help make it if you want

Ok

Going to the store was miserable there was nowhere to park

Gross

I got stuff for grilled cheese and tomato soup tonight because idk what else to eat

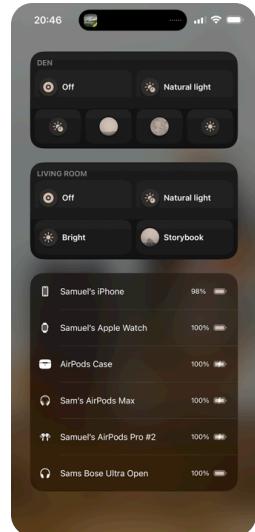
That sounds good. I have meals. Do you as well?

It was very stressful

Leave me alone they're all expired and I need to throw them out I
cancelled my stuff

Oh I know. No judgement. That's why I switched from the cooking ones.
Tossing hundreds of dollars into the trash felt not great.

12/24/24, 20:47



Hue has a widget now to be able to quick control lights in a specific room. I just found it. Thought you might like that for the room

<https://www.facebook.com/share/r/14qsf3Hg1h/?mibextid=wwXIf>

Now I know what to do with novas hair



I want this cat

Oh God. That cat looks insane



12/25/24, 09:09

Merry Christmas what's your post about?

Christmas.



This was something I looked at for you with Chiefs and Steelers

12/25/24, 11:52

https://shop.lululemon.com/p/water-bottles/Insulated-Tumbler-40oz-Shine/_/prod11840050?color=0001&sz=ONESIZE

12/25/24, 22:00

Do you have any desire to be physical with me?

What do you mean by that

Hold hands, kiss, touch, cuddle, sex, etc.?

Most of it is yes and some is yes if we get back there there. I think we should talk more about it tomorrow at our talk.

Sorry I don't understand the first sentence

It means that holding hands, kissing, cuddling I do have a desire. As for sex, I have negative feelings that we would need to work through. I'm sure you do as well.

Are there any "no's"? Yes we can talk about it tomorrow but to be honest this is new news to me...

Let's talk tomorrow

Would you just mind addressing my last question so that I don't stay up wondering the answer to it? Thanks.

I don't know if there are nos. I have negative feelings that I need to work through.

This is something that should have been communicated to me long ago and not kept secret. I don't know what feelings you have. If the answer isn't yes then it's no. So what the hell is going on?

I am saying that I have to work in the morning and I'm exhausted. I'm not going to be fighting with you tonight. So we can talk about it tomorrow.

Ah cool. Had a hunch. Fiancé watches pornography and doesn't have any desire for you. Yes, we have massive issues.

Thanks for "faking" today, back to reality 🤪

Just remind me what time we're talking tomorrow whenever it's not an inconvenience for you

12/26/24, 11:23

https://www.walmart.com/ip/Holiday-Time-7-5ft-Pre-Lit-Flocked-Frisco-Pine-Artificial-Christmas-Tree-350-LED-Green-7-5/5539864216?irgwc=1&veh=aff&wmlspartner_creator=imp_5870818&affiliates_ad_id_creator=1398372&campaign_id_creator=16662&clickid=W6k0VBQXtxyKT8SQYm1Mr0YRUkCSXFxeU2StwM0&sourceid=imp_W6k0VBQXtxyKT8SQYm1Mr0YRUkCSXFxeU2StwM0&wmlspartner=imp_3699778&affiliates_ad_id=565706&campaign_id=9383&sharedid=&im_link_scheme=https

Only \$60

Liked "Only \$60"

12/26/24, 13:46

Giving you dates that I'm aware of for early 2025:

1. Grandpas funeral. 1/8-1/11 (Flying down and back)
2. Snowball. 2/2
3. Winterfest. 2/20-2/23
4. Meet Me. 3/8-3/9
5. SkateKC. 4/3-4/6

Synchro Nationals: 2/26-3/1

Undetermined sometime in January:

- Wegner request to shoot Evelyn solo showcase at Staley HS. Awaiting details.
- Kate Campbell request family shoot. Schedule for January.

Do you have skating today

I ask because 1730 is what I have down for our talk.

12/26/24, 15:09

I'm done with skating for the day.

Mids is also in there and sweetheart but I guess those don't matter to you now.

Nobody is going to meet me from here.

I'm fully aware of competition dates. What do those dates mean for you?

And I assume it doesn't matter if I'm going to any of those? Lol

➔ Replying to Crystal Richardson, 2024-12-26 15:12:19: « I'm fully aware of competition dates. What do those dates mean for you? »

The competitions I listed are ones that I am shooting

Ok. So I'm going to winter fest. Assuming you'll room and ride with Ben. I will go on my own and sleep alone.

Edited

Also assuming I am not invited to attend the funeral with you

It would be helpful if you at least acknowledged that I am making an effort to communicate dates with you that you were unhappy I had not communicated previously. I didn't send that so you could level a series of criticisms at me.

When I told you about Spooktacular and told you that I only planned to shoot one St Louis competition, you said that no one is going to that one and you didn't understand why I wouldn't pick Meet Me which you all do attend. I responded that if I was asked to shoot Meet Me again, that I would go ahead and do one more competition there. So you not going to Meet Me is brand new information.

I did not attend Sweetheart or Mids last year and don't think that I had said or hinted that I would this year.

I have not made any plans for where I am staying for Winterfest. I will be there Thursday through Sunday. One of the reasons to communicate my schedule is to be able to plan things like that.

I don't know what you attending competitions has to do with me being asked to shoot them.

Plans for the funeral have already been made and I would like to be able to say goodbye to my Grandpa without added stress. I am unsure, after I have told you that I felt abandoned for his death, why you would presume that you would be going to his funeral.

Yes, thanks for the dates. They aren't criticisms it's information that would be helpful. It used to be the case that my attendance to competitions did affect whether or not you'd shoot them. I'd like to understand your desire to add more work to your plate when you've said you can barely keep your head above water as is.

We are going to Denver instead of Meet Me - dates are all weird. So, now you have that information.

I'm not here to argue. I was not invited to go with you to Texas on any occasion. Is Miles going?

Miles has nothing to do with my feelings of abandonment, you not caring, or the fact that I feel your intention is to undermine and ridicule me whenever possible. You were not invited when I rushed down with my mom so that I could see him and talk some things out with him one more time before he died because that was going to be hard and I haven't seen the faintest hint of you caring about me in years. The reasoning is the same here. This is already going to be hard enough. The fact that you are making my Grandpa's funeral about you is indicative of how it seems you view things. It feels like you think I owe you something at all times but you owe me nothing.

That was unnecessary. I am stating facts and asked a question.

The attack was unnecessary*

I am also stating facts and answering your question. Miles relationship with Maddie is significantly different than our relationship so there is no comparison. Me stating my feelings and perception when it comes to the death of a family member is not an attack. I am being clear about my intention and the reasoning behind it. I didn't say that you don't care, I told you what I think and feel. It is a fact that before you have had any sort of empathy or attempted conversation about how I feel about his death, you have started a conversation about whether you're invited to his funeral. I'm not calling you names, I'm not saying that you are a bad person. I am being clear.

That's completely unfair. I've tried to speak to you while you've screamed in my face "leave me the fuck alone." After that, you've told me you aren't ready. I can only throw myself at a wall so much. I'm glad you know so much about Miles and Madeline's relationship to know that it's nothing like ours.

Good for them.

Will you tell me what you thought was an attack in my message?

"You not caring" is an accusation. "The fact that you're making my Grandpa's funeral about you is indicative..." an accusation.

I asked two questions. That was the result.

Furthermore, I can't get any answers from you. MORE SECRETS. I get defensiveness. You get to be a part of my family but I get excluded from yours because of fallacies.

My feelings aren't fallacies. I'm sorry you think that they are.

Edited

Your presumptions are.

➔ Replying to Crystal Richardson, 2024-12-26 15:46:16: « "You not caring" is an accusation. "The fact that you're making my Grandpa's ... »

Choosing to leave out the context is manipulative: my feelings of abandonment, you not caring, or the fact that I feel your intention is to undermine and ridicule me whenever possible.

I'm glad that your feelings are valid and mine never are

➔ Replying to Crystal Richardson, 2024-12-26 15:46:16: « "You not caring" is an accusation. "The fact that you're making my Grandpa's ... »

You asked a question and I answered dude

➔ Replying to Crystal Richardson, 2024-12-26 15:46:16: « "You not caring" is an accusation. "The fact that you're making my Grandpa's ... »

It is a fact that you are asking about you in regard to my grandpas funeral. And that is the only thing you have had to say about it. I will express that long form instead next time.

➔ Replying to Crystal Richardson, 2024-12-26 16:02:24: « Furthermore, I can't get any answers from you. MORE SECRETS. I get defensiveness. You... »

I dont know what secrets you're talking about

You've repeatedly told me you do not want to talk about it and that statement is not fact.

➔ Replying to Crystal Richardson, 2024-12-26 16:05:33: « I'm glad that your feelings are valid and mine never are »

This is an attempt to gaslight. I have pages of notes surrounding our recent conversations that show that I continually validate your feelings.

➔ Replying to Crystal Richardson, 2024-12-26 16:07:28: « You've repeatedly told me you do not want to talk about it and that statement is not ... »

What is not fact?

Writing an apology down and reading it from a notebook is not genuine after 7 years while you watched me cry on the floor and yelled at me for it telling me I'm selfish

Not fact: "the only thing I've had to say about it"

This is bullshit and isn't fair. You PUSHED me away weeks prior to all of this happening. What the fuck was I supposed to think? I left you alone like you made clear you wanted and now you're blaming me for it.

You haven't wanted anything to do with me in YEARS

But all of a sudden you do?????

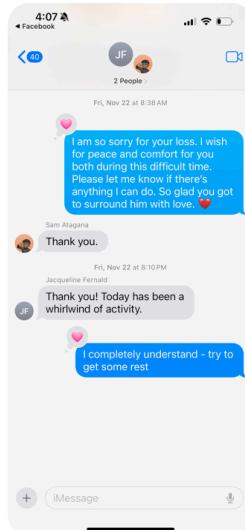
I have give numerous heartfelt apologies. I am sorry that you only choose to remember, out of context, the times that I could no longer take the verbal or emotional abuse and sought to protect myself.

➔ Replying to Crystal Richardson, 2024-12-26 16:11:15: « Not fact: "the only thing I've had to say about it"

This is bullshit and isn't... »

You didn't leave me alone. You felt ok to contact me about other subjects, just not his death. Regardless, I was talking about his funeral. This is the only thing that you have had to say about his funeral. If you have previously mentioned it, please let me know.

I was trying to leave you alone as much as possible sam, which again was very evident you wanted. I even apologized for reaching out to you when I did because it felt wrong to even speak to you.



➔ Replying to Crystal Richardson, 2024-12-26 16:11:32: « You haven't wanted anything to do with me in YEARS »

I have attempted on many occasions to find resolution with you. I am no longer willing to deal with your verbal or emotional abuse so I distance myself when that behavior starts. There is a difference between stepping away from abuse and "not wanting anything" to do with someone.

I HAVENT HAD ANYTHING TO SAY BECAUSE YOU TOLD ME TO SHUT THE FUCK UP, LEAVE YOU THE FUCK ALONE AND THAT YOU DONT WANT TO TALK ABOUT IT

Is this a joke?

When I offered the information about my grandpas funeral. What was your only response to it?

The last thing you told me was you don't want to speak about it. So, trying to get details without really speaking about it.

Again, is this a joke?

Why are you so defensive all of the time?

I am not defensive. I am honest. I am sorry that you are incorrectly assigning feelings to me.

You told me you don't want to talk about it but somehow it's my job to bring it up?????????????

I literally just want to bang my head against a wall

No it's not. And it's telling that you dont see the issue here. But it's fine. I am not the one that made a problem of this. You asked a question and I answered. Then you followed up my answer by stating that you weren't invited and attempting a false equivalency. I am more than willing to drop it. I think it's important to state that dismissing and minimizing my feelings does not make them go away. Typing in all caps does not have a positive effect on my perception.

You stopped talking to me weeks before you left. You stopped acknowledging my existence months before you left. You stopped responding to me years before you left.

No, I genuinely don't understand how you could cut me out of your life completely and fault me for being compliant.

It's not a false equivalency. You get to be a part of my family, I'm excluded from yours. That's fine. But, tell them all I didn't have a choice in the matter and just act like I don't exist.

I will let them know that I did not want you to attend if you'd like me to.

Again, act like I don't exist because I never have

Hyperbole at its finest.

I've been with you for a decade. Have yet to be a part of your family.

Go ahead, tell them you did not want me to attend and that's it. Keep my name out of your mouth.

➔ Replying to Crystal Richardson, 2024-12-26 16:34:35: « I've been with you for a decade. Have yet to be a part of your family. »

In response to a declaration of hyperbole, you a hyperbolic.

Edited

➔ Replying to Crystal Richardson, 2024-12-26 16:35:20: « Go ahead, tell them you did not want me to attend and that's it. Keep my name out of ... »

There is no reason to be aggressive.

➔ Replying to Crystal Richardson, 2024-12-26 16:34:35: « I've been with you for a decade. Have yet to be a part of your family. »

This is hyperbolic because: You have been around my family almost every single time I have. With the exception of the emergency trip to Texas, can you give another example?

Soon to be another instance.

You apparently have massive family secrets. At the cost of my sanity involving another woman.

We don't see your family for holidays. Why?

➔ Replying to Crystal Richardson, 2024-12-26 16:35:20: « Go ahead, tell them you did not want me to attend and that's it. Keep my name out of ... »

You don't get to speak of me when I'm not there to defend myself. That's my ask.

I literally fought my family for YEARS in order to be with you. To get to a good point. Yet, with yours, you and I are a secret. Secrets are kept. I don't get it.

➔ Replying to Crystal Richardson, 2024-12-26 16:43:29: « I literally fought my family for YEARS in order to be with you. To get to a good point.... »

What secrets are you accusing me of?

You've said your mom and sister have disclosed secrets to you and then "her".

Miles has been around for zero time in comparison. It's fine. It is what it is.

Are you seriously back to this other woman thing? The red herring of your unwillingness to address my feelings in a healthy manner is naturally to attack lol. We haven't gone to see my family for the holidays for many reasons. 1. We spent them with yours. My mom has invited us but I have not said yes. 2. When something involves my family there is usually some kind of criticism or anger from you that I have not wanted to deal with. Example: Madeline's wedding you were upset that people were mentioning being proud of her degree. Im just not interested in your bad mouthing my family. Speaking of bad mouthing 4. I have pages of texts where you have called my family everything from poor and ignorant to white trash. This is only the stuff I can prove not all of the inflammatory rhetoric that you've spewed to my face. Not wanting to subject them or myself to that seemed warranted. 5. My fear that the conversation would stray to Greenlee and then all hell break loose. Wasnt worth the backlash.

So you can keep saying that it has to do with secrets. But it doesn't. Like much of everything else, it has to do with your verbal and emotional abuse.

And in the end, you want things between us, and I don't. There is no amount of compromise that can solve that.

Okay, this is something we should have been discussing and working through through the years instead of sweeping things under the rug. If you're telling the truth, then your mom inviting us is news to me.

And I have been clear that it is ok to have private conversations with my mother. You are not going to bully me out of that. I actually got to reconnect with her on our trip to Texas. Disconnecting from her was a choice I made in response to your words and actions. Your words and actions will not lead me to make that mistake again.

There's too much to unpack in that text but it all boils down to inadequate communication

Blame shift much?

It's my fault that you ignore your mom's texts and her calls? No. I've told you in fact to return them.

No. It boils down to abusive behavior. If you'd like, I can start sending you the texts that you've sent me about my family over the years

I literally said that it was a choice I made and one that I will not make again. Try, just a little, to move out of defensiveness and actually read the texts.

You can respond by sending the texts I have sent about yours.

Talk about taking things out of context. Add "In response to your words and actions" to the end of that, which places blame on me. I've strayed from even speaking of your family on purpose.

Yes, it was in response to your words and actions. Not something I would have done without them. Regardless, it was my choice. And one I will not make again. I honestly don't know what's hard about this

And no, it doesn't boil down to my abusive behavior. It boils down to you breaking the trust between us that once was.

Have your kid, have your other women.

It's all good.

Lol, there is absolutely no excuse for your abusive behavior and the fact that you think there is is why this relationship can't work as is.

You are faulting me for my reactions to your actions

Typical.

Talk to other women behind my back within months and I'm supposed to be sunshine and rainbows? Live in my house and invite your baby momma? Nah

It all goes back to the very very beginning

This is one of the reasons I wanted to start therapy. And the funny thing is that just one session of being open and honest with someone about this relationship has given me quite a bit of perspective. So you can try to twist or threaten, bully or distort; it's all fine. But I am not falling for it anymore.

I'm not the narcissist in this relationship.

I'm just standing up to one now.

Im not calling you anything. Thats not my place. I am making the corrections to myself. And a big part of that when it comes to this relationship is not accepting abusive or unacceptable behavior from you.

Make sure you leave out everything you've ever done and said. Did you tell the therapist about the multiple times you've broken the trust with other women?

No you just like to run and hide when things get hard

What I told my therapist is none of your business lol.

Exactly

Twisted truth

Good for you though I hope you continue to believe whatever lies you tell yourself

Im not running or hiding. Im not accepting your abusive or unacceptable behavior.

Yes you run and hide and have for years

Avoidant attachment style, talk about that with your therapist

Eye opening

Thats fine. Feel free to express your contempt ad hominem. Whatever makes you feel powerful lol

I have mainly resentment for you in my heart

I've only ever felt disappointed

Never happy

I do find it amusing that the person who avoids therapy because they want to remain disconnected from the way they feel is the same person that is talking about avoidant attachment style.

Because of the broken promises, the lies, the loopholes

That's fine. I don't feel like falling apart again just to have you make fun of me.

Last time you yelled at me while I wept

I'll pass

I've had to heal on my own with you trying to tear me down while I pick up the pieces

Im sorry that is the way you remember it. Also, this is individual not couples. But thank you for only being honest when you're upset

Again, Im sorry that's the way you remember it.

Im not interested in being yelled at so I am going to say that I do not believe that between your attacks last night and aggressive behavior today that a conversation is a good idea. Please let me know if you feel otherwise. For now, I am going to schedule a talk for tomorrow at the same time. Please let me know if that doesn't work for you.

That's not right or fair

Typical behavior. Dangle the carrot then rip it away. That is abuse

When was there yelling? Tell me.

Or are you just mad because I'm standing up to you?

I respectfully said to let me know if you felt otherwise. There is no need to get aggressive or attack. I was stating my point of view and invited yours if it differed. None of the things you have responded with are helpful or in response to my actual words/

Nope. I'm tired of dragging all of this out. That's your preferred method. I want to rip off the bandaid one way or another. I've given you so much of my youth for nothing. Spare me.

Ok. That was just a bunch of words. So you dont want to talk then?

Here we go. Sam running. 🚦

It wasn't a bunch of words. Those words mean something. Sorry if it's too hard.

I'd like to talk and not drag things out. I honestly think you think it's funny and torturous.

Just be clear. I stated that I did not want to be yelled at. I should include that I do not want to be attacked or participate in a disrespectful conversation. And that it seemed that is what was going to happen. If you feel otherwise, please let me know.

Got it so I can't have feelings or be emotional

Understood

Robot Crystal at your service per the usual

I didn't say any of those things. And the attacks and sarcasm have already started. So tomorrow it is.

No. It's disrespectful for you to dangle the carrot and then rip it away after you ignored me for weeks on end. It's abusive.

I have not yelled at you or attack you

I disagree but I am sorry that you see it that way.

I'm not doing this.

I cannot.

I want this to come to a conclusion so I can stop wasting my precious time.

Can you please for the love of God stop dragging your feet?

Then bring it to a conclusion. I am literally taking measurable steps to come to what I feel is a well thought out conclusion. If you just want to end it, then end it. No one is stopping you.

Making assumptions that the conversation will go poorly isn't fair or right. Stick to your word instead of withholding it.

I disagree. I can gauge your mood on your reactions. But if you want to talk, let's do it. I left an opening for a differing opinion. So, all you have to do is respectfully express it.

I've said I wanted to talk

And I'm really tired of you trying to constantly back out.

I'll be at the table at 1730.

Dope

I am not interested in your unfounded accusations, this conversation will be very short if this is what you are wanting to do.

Dude. You get to accuse me but when I state fact then it's an issue? This is the second time you've wanted to skip a day.

12/26/24, 20:04

I'm confused are you just going to go to bed or are we watching a show

I asked if you wanted to watch a show and you didn't respond until I got up and you said you wanted to go to bed together. So I guessed that was a no since it wasn't a good enough effort

Im really trying not to get to that point where I feel like Im trying and getting you to respond in any positive way is like pulling teeth.

I was trying to communicate my desire to do more than stare at a screen together in silence. Sorry.

Is that not what the hours of conversation was about?

I guess so

Or are you talking about something different?

I don't know it doesn't matter

Are we watching something or not? I hate being left up in the air.

Thats fine. I thought it wasn't good enough and you chose not to address that. But I will go up to the living room right this second to watch a show with you

You're pissy. It took a lot for me to muster up the courage to say I want to be close to you and now you're like this. I'm good.

It takes a lot for me to express my feelings day after day and be met with excuses why you can't or don't want to address them. Then continue to try and spend time with you only for it not to be good enough. I'm trying. And it feels like it just continually is not good enough.

I can't do this. Me expressing I want to be close to you was me trying to make you feel good. Instead it's taken the wrong way.

I can't mentally do this.

I'm so fucking miserable I can't stand it.

Things dont go your way, obviously you're going to break things. Good deal. I can see the change already

This is what I get for being nice. More of the same bullshit.

More ignoring me

You not listening to what I am saying

Maybe if you scream it at me Ill get it more

Instead you have some fucked up preconceived notion about my intentions and what I'm doing so you get defensive

Maybe if you yell and break things, Ill be more likely to hear you out

YOU WONT LISTEN IF I DONT

Nor do you even give a shit to see what I am talking about

Lol, the exact opposite is true and for some reason you dont understand that

You continue to attack

And can't accept that you're wrong with how you've interpreted this

Now I look like a fucking idiot for being vulnerable to you and trying to make you feel good

Won't happen again.

How I interpreted it is how I interpreted it. It's not about being wrong or right. Ignoring me when I ask you a question and then saying that you wish we could do the thing that I just gave a list of negative feelings around is not an avenue to make me feel good. You dont want to be vulnerable, that's fine. It will probably hasten things like you've wanted

No I don't want to be vulnerable because I end up alone crying myself to sleep and not wanting to fucking wake up. I'm alone. Stuck.

Fucking drop this. I can't. I was trying to make you feel wanted. Instead of acknowledging that or even trying to see that you're still fucking trying to make me feel worse.

Literally death by 1000 cuts would be better than this.

The rollercoaster of conversations with you is insane. One minute you're talking about how the baseline of interactions with me is mistrust and the next you seem flabbergasted after everything I've said that my baseline with you is emotional abuse and verbal assault and protecting myself from you using any scrap of information you have to hurt me.

I wasn't ignoring you. Simply trying to muster up courage and words.

You want acknowledgment but can't find it in your heart to give the same. Amazing

That was me trying.

And you took it and turned it around and used it to hurt me. Think I want to try again?

That's the thing Crystal. If you took one moment to try and see things from some perspective other than your own, you would see that silence when I ask you a question three times would seem like ignoring. And then when your response is basically "I want to do that thing that you said you are not comfortable doing and I am unwilling to even acknowledge the reasons why".

I acknowledged the way you felt, demonstrated understanding, and unbloodied the water. No, I didn't read empty words off of paper.

By telling you I wanted to go to bed with you. Trying to make you feel wanted when you don't feel wanted. I literally want to die.

I am NOT the one that ignores the other in this relationship.

I must've missed that whole part of the conversation. I literally have nothing in my notes that says anything about you acknowledging, demonstrating understanding or otherwise. But it is probably just the one thing that I didn't annotate

You don't get it.

So continue to attack

I've never in my life felt so horrible

You gave me a list of things tonight. I went through them and put myself in your shoes and said "I bet he doesn't feel wanted."

Instead of agreeing to watch a screen together I told you that I wanted to go to bed with you. The goal was to make you feel wanted.

In an effort to try to make someone feel better about something, does how your action make them feel not matter?

If that doesn't demonstrate shit, then fuck me.

I quit then.

Literally the most pure of intentions I think I've ever had

And now I get to go to bed crying and alone again

I tried.

I can't do this.

Obviously it's my fault. Thank you for making me feel better.

I want to scream at you from the top of my lungs

You still refuse to understand what I am saying

And you continue to attack

When all I was trying to do was be nice

There is nothing in the world worth the way that I feel right now. Nothing.

I'm not attacking. I just want to not be attacked. I am sorry that I hurt your feelings by having my feelings hurt.

Take the sarcasm elsewhere.

I'm not being sarcastic. That is what happened. Your non response and then response hurt my feelings. And that hurt your feelings.

No. I even took my ass downstairs to try to explain and remedy the issue but you couldn't bother to take your eyes off that fucking screen.

Yelling. You came down yelling and demanding to know what I was doing. You can try to make it sound like you were on some imaginary peacekeeping mission but that's not what happened when you came down here

Maybe Elon can make the perfect woman for you because it ain't me

No. I asked you what you were doing peacefully and you got an attitude and wouldn't stop attacking when I was trying to explain

Even now you still can't be like "oh, makes sense"

You're still fucking arguing with me

I guess we remember the interaction completely differently because mine starts with you stomping all the way down here angrily. Instead of expecting me to understand, maybe you could try doing what you are demanding from me/

I waited 15 minutes for you to respond

Found you staring at your screen

Of course you can't be bothered to respond to me

Because I'm trash to you. An option.

I sincerely was only trying to do good

And fuck this. Fuck it all. Fuck your attacks.

Lol. Im sorry I wasn't just staring at a wall. So with the context you just provided, you're going to stick by your story that you asked what I was doing peacefully lol

I was annoyed. You've consistently not responded to me for years and it continues. You have an issue waiting 40 seconds for me to respond in person but it's ok for you to ghost me and not respond for 15 minutes. Got it.

I'll be honest with you. I dont believe you when you say those were your intentions. Thats why I can't see it from your perspective. I honestly think you wanted something to be angry about so you fabricated this whole thing to try and pass along some misery

And moral of the story is this: I stopped initiating. I stopped texting. I stopped being the first. Then we didn't speak for 7 weeks.

Ok. It wasn't.

Yeah. Because someone might expect their fiancé to check on them when they're alone in a different city with COVID. And for their response to be more than "that's a choice"

I'm not that smart to come up with something that quick and you know that

You left without saying shit so fuck that

Running 102 degree temperature and you could give a fuck less.

You didn't "have COVID" until you came home to which I asked multiple times if you needed anything and I got one word answers and the cold shoulder

So no, when you ghost me and leave without acknowledging me, no, I'm not initiating.

Crystal. Ben tested positive for COVID the first day I was there. He got me sick. Its not a logical leap. But that's fine and I now know that wasn't something I misconstrued. You honestly didn't give a fuck. Its good information.

Sam. You tested positive when you got home. When you did, I asked if you needed anything.

You want me to give a FUCK about you but refuse to acknowledge me for years on top of that?

Got it

It's funny because it's exactly what I assumed. And I thought I was assuming the worst. Turns out you dont disappoint.

ENJOY. YOUR. SCREENS.

I will.

The real thing is better than the pictures and videos FYI

You cut me out of your life then bitch when I'm not there

Make it all make sense please

Edited

I dont have anything else to say to you tonight. I'll talk to you tomorrow.

I'm done trying.

Trying only got me hurt.

More.

Like I fucking told you I didn't want to happen.

So. Enjoy life without me.

You are not the right person for me. The right person wouldn't make me feel an ounce of what I feel.

12/26/24, 23:19

My mistrust is not made up. Who all knows about the history, happenings, and issues within our PRIVATE relationship?

You know, the one between you and I, nobody else.

12/27/24, 00:00

Let's just lay everything all out on the table tomorrow, shall we?

Edited

12/27/24, 02:37
Crystal Richardson unsent a message.

Since my list of porn isn't enough. I've added to it. Who are you attracted to?



Untitled document (1).pdf

Oh add the thumb drive to that but apparently that is dumb.

I'll gladly register for that therapy now

I think you should

For your records and your therapist

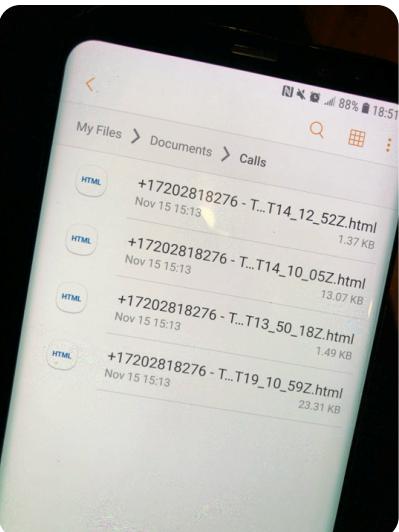
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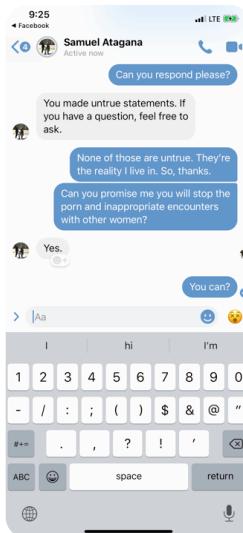
Make sure you tell the therapist the words you've said to me to try to make a mends are from AI and not you. They're fabricated, inauthentic, fake, and empty.

Edited



From when you grabbed the phone out of my hand



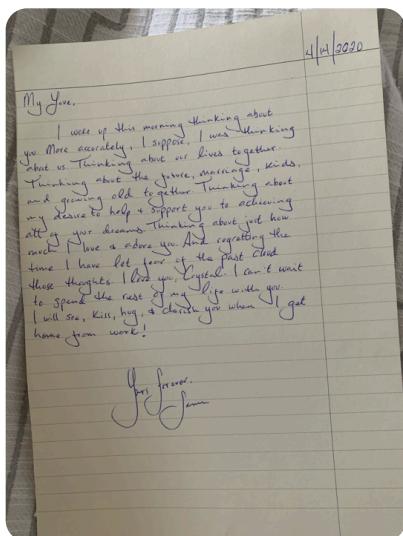


LIAR

Oh and thanks for lying to me about the AIDS too

Not something to fuck around with

Unreal.



Liar

This is going to be fun lol.

lied to me about aids

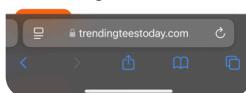
Make sure you tell your therapist that one

Maybe he'll say "OMG"

Lol maybe. I lied to protect my soldiers privacy? Yeah, everyone will be really upset about that lol.



Home / Top Trending
The Smallest Man Who Ever Lived
Shirt Trending Shirt



So glad you found this. Yours is on the way.

➔ Replying to you, 2024-12-27 04:39:25: « Lol maybe. I lied to protect my soldiers privacy? Yeah, everyone will be really upset about that lol. »

Good to know lying is ok. But I'm bat shit crazy for having mistrust. 😂



This should be an interesting test. We can go truth for truth. Put it all out there for everyone. I think it's a great idea. You send everything you have about me to my employer and I'll send everything I have about you to yours. You send everything you have about me to my friends and family and I'll send everything I have about you to yours.

You told me you don't care

My employer is myself so good luck

I don't care. That's the point. Let's put it all out there.

K

Sincerely, bite me.

You don't think anyone would be interested in our conversations lol

Publish your book you want to do. You have plenty to talk about 😊

Lol. Yeah. Let's see what we can do here.

There is no way in hell I will ever trust you or believe anything you say as long as I am breathing.

Edited

Good deal lol.

Hide behind your phone and computer for the rest of your life. I'm gonna go live mine. 

Sounds good lol.

Why are you talking to me? Talk to your bestie

That isn't even human

Called it: here's your smear campaign lol typical after trying to leave a narcissist

What smear campaign are you talking about lol.

Go for it

You are literally doing the smearing while I laugh at you.

Please tell your family and friends

I'm not the one airing our dirty laundry

That's you, honey.

Lol

Talk all the shit you want

Say the worst about me to everyone you know

Not yet I haven't.

Share this one it's good

https://drive.google.com/file/d/1_zoaYenE8PKbKJrlzi4964alpRUNji5T/view?usp=drivesdk

Will do

Especially your therapist. You clearly have a lot to work through and none of it even involves me. You can't even be honest with yourself.

Lol OK

Rest in peace to your lie of a double life. So sorry for your loss.

I have 224 pages of you talking shit on me. It's phenomenal.

You talked to chat GPT for 9 hours in one day. But I'm the mental one?
Lol

How are you gonna weasel your way out of this? DYING to know.



Weasel out of what? You're the one that can't seem to stop texting me.
I'm all good lol.

Weasel your way out of this and lie allllll about it

You won't hear from me. Ever again.

Lol OK.

Delivered