

Wednesday Reading Assessment: Unit 4, Power and Conservation of Energy

Prof. Jordan C. Hanson

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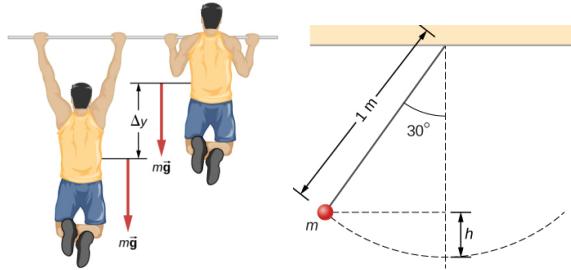


Figure 1: (Left) An army trainee does pullups at a certain rate. (Right) A simple pendulum.

1 Memory Bank

- $W = \vec{F} \cdot \Delta \vec{x}$... Definition of work, Joules.
- $P = dW/dt$... Definition of power, Watts.
- $U = mg\Delta y$... Gravitational potential energy.
- **Conservative force:**

$$\vec{F} = -\nabla U(x, y, z) = -\frac{\partial U}{\partial x}\hat{i} - \frac{\partial U}{\partial y}\hat{j} - \frac{\partial U}{\partial z}\hat{k} \quad (1)$$

- **Conservative force:**

$$\nabla \times \vec{F} = 0 \quad (2)$$

2 Work and Power

1. An 80-kg army trainee does 10 pull-ups in 10 seconds. Assume the trainee raises his center of mass by $\Delta t = 0.6$ meters. How much average power do the trainee's muscles supply moving his body?
2. The unit of *horsepower* is sometimes used to describe engines. One horsepower is equal to 746 Watts. (a) How many Watts can a 200 horsepower engine produce? (b) Another engine provides 3×10^6 J of work in 1 hour. How many horsepower does it have?

3 Conservation of Energy

1. A particle of mass m is hung from the ceiling by a massless string of length 1.0 m, as shown in Figure 1. The particle is released from rest, when the angle between the string and the downward vertical direction is 30° degrees. What is its speed when it reaches the lowest point of its arc?

2. The *partial derivative* $\partial U/\partial x$ is like taking the derivative with respect to one variable while holding the others constant. (a) Suppose $U(y) = mgy$. What is $-\nabla U$? (b) Suppose $U(x, y) = \frac{1}{2}k(x^2 + y^2)$. What is $-\nabla U$?

3. A *conservative force* obeys the following rule:

$$\nabla \times \vec{F} = 0 \quad (3)$$

This is called the *curl* of the force. A consequence of the rule is that

$$\frac{dF_x}{dy} = \frac{dF_y}{dx} \quad (4)$$

Suppose $\vec{F} = -k(x\hat{i} + y\hat{j})$. Does this force conserve energy? What type of system is described by such a force?