

Journal Summary

Reading back through my journal entries it's interesting to see how certain movements have shaped the way I view the world. Each situation taught me something new. Whether it was the time I got lost or when I had to climb a wall during a race. As I look toward the next stage of my life, I realize these lessons aren't just about surviving. As I look back I realize these stories aren't just experiences but life lessons. It is about being able to grow and adapt to any situation that I face in the future.

the day I got lost at the zoo. I was wandering around with my head down, completely zoned out. At some point, I looked up and realized I had no idea where I was. Perk of being tall when young though I was able to look over a fence and see the buses for my camp. At that moment, I knew I had found my way back to the entrance. I followed the path back and there I found my group waiting for the buses. The funny thing is, getting lost at the zoo didn't just teach me how to navigate the space around me. It taught me how to stay calm, stay aware, and use the resources around me to figure things out. I've learned that when you're lost, you don't need to panic, you need to stop and assess your options. And then, keep moving forward.

Then there was my trip to Spain. It was a huge change for me. The main difference was I don't speak any Spanish. The language barrier was a big deal, but the moment I stepped off the plane there were many other differences. The food, the people, the weather, the whole vibe in general. It felt complex at first every interaction, from ordering food to figuring out the train system was a challenge. The trip pushed me out of my comfort zone and now because I've experienced it, I feel more confident navigating for the next time I go back. It was a drip or drown situation, the feeling of being uncomfortable is just part of the process of getting better; and I plan on putting myself in more of those situations moving forward.

There was this one moment I'll always remember from the Spartan Race. I had to climb a 12 foot wall. I'm not as tall as I am now, so the thought of scaling this giant wall didn't seem like something I could easily do. But as I watched other people attempt it first, their struggles gave me the confidence to try. And when it was my turn, I climbed that wall just as easy. It wasn't perfect, but I got over it. It's funny to think if I did that same wall now it would be so much easier. I've gotten stronger, mentally and physically. That experience showed me something important: it's not always about being the biggest or the best. It's about being persistent and I can apply that to anything now.

Looking ahead, I've been thinking a lot about my goals in life. I want to have a lot of money, not just rich for the sake of it, but financially free. I want the kind of freedom

where I'm not constantly worrying about money. It's more about having the ability to choose what I do with my time, to travel when I want, to invest in things that matter, and not be tied down. It's going to take discipline, smart investments, managing my time, and a strong work ethic. But I'm up for it. The key is to keep my eyes on the long term prize, even when things feel challenging.

I found myself thinking about that zoo story again in Week 10, when we talked about getting lost. Even though it was just a moment that happened when I was a kid, it's something I've carried with me. I think this is because I rarely have ever gotten lost. Now reflecting on it I think this moment is telling me to look at what you have around you, even when everything feels off course. Being lost doesn't last forever, you just need to assess where you are and how to get where you want to go. This requires a bit of patience and a little strategy but it makes things seem more manageable.

To summarize these journal entries, when I read back through them I realize how each one has contributed to the person I'm becoming. Getting lost at the zoo, pushing myself in a race, navigating a new culture, each experience was more than just a moment. They were all lessons in how to be persistent and in figuring out how to keep moving even when things aren't easy. I'm interested in what's next for my life, but with these lessons in my pocket, I feel more ready. I'll keep pushing myself, learning, and staying focused on my goals. It's all about embracing the journey.