

Syllabus for Safe Return Doubtful: *History and Current Status of Modern Science in Antarctica* (INTD-255)

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Abstract

The history and current status of cutting edge science on the Antarctic continent will be presented. The course will begin with the heroic and perilous adventures of Robert Falcon Scott, Ernest Shackleton, and Roald Amundsen in the early 20th century. Often described as a playground for scientific research, Antarctica has proven to be a treasure trove for breakthrough scientific discoveries and engineering breakthroughs over the past 100 years. The course will cover the initial discoveries and navigation of the Antarctic continent, and qualitative and quantitative details regarding landmark achievements in physics, astrophysics, geophysics, biology and climate science.

Pre-requisites: none.

Course credits, Liberal Arts Categorization: 3 Credits, CON2

Regular course hours: Tuesday and Thursday from 11:00 - 12:20 in SLC 228

Instructor contact information: jhanson2@whittier.edu, tel. 562.907.5130

Office hours:

Attendance/Absence: Students needing to reschedule midterms and exams should notify the professor a reasonable time beforehand. Further attendance issues are left to the discretion of the instructor.

Late work policy: Late work is generally not accepted, but is left to the discretion of the instructor.

Reading:

1. "The Last Place on Earth: Scott and Amundsen's Race to the South Pole," by Roland Huntford. Modern Library Paperback Ed., 1999. This will be the main text of the course, which covers one of the definitive human exploration stories of the last hundred years.
2. "Horizon," by Barry Lopez. Alfred A. Knopf, Penguin Random House LLC, 2019. A recent work from a fantastic travel writer who provides a detailed picture of modern Antarctic expedition and research.
3. "The News at the Ends of the Earth: *The Print Culture of Polar Exploration*," by Hester Blum. Duke University Press, 2019. This text covers newspapers and other collected writings of the polar explorers, and reveals what their observations tells us about their perceptions of the environment, including climate change.
4. **Please purchase a journal, in which specific weekly journal assignments will be written.** Journal assignments are due weekly, and should be ≈ 10 pages on the given topic, and include the date and title of the assignment.
5. "Deep Survival: *Who Lives, Who Dies, and Why*," by Laurence Gonzalez. Norton, 2017. This delightful book is optional to purchase, and it describes the philosophy of those who live through survival situations. Scans of relevant chapters will be provided.

Grading: There will be two midterms, each covering both the scientific and exploration reading, and requiring the student to solve problems based on the reading and class material. Each midterm is worth 20% of the final grade. There will be one 10-page (single-spaced) essay covering a current scientific field of study in Antarctica, worth 20% of the final grade. Weekly journal assignments will be compiled into a longer essay (15-20 pages), and will be due at the end of the semester and worth 20% of the final grade. Finally, in-class participation in activities and discussion will be worth 20% of the final grade. In-class activities will include reading quizzes, group discussions, group activities and excursions.

Grade Settings: $< 60\% = F$, $\geq 60\%$, $< 70\% = D$, $\geq 70\%$, $< 80\% = C$, $\geq 80\%$, $< 90\% = B$, $\geq 90\%$, $< 100\% = A$. Pluses and minuses: 0-3% minus, 3%-6% straight, 6%-10% plus (e.g. 79% = C+, 91% = A-)

Homework: There will be 50-60 pages of reading per week throughout the semester, and students are strongly encouraged to be disciplined in completing the readings.

ADA Statement on Disability Services: The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Disability Services: disabilityservices@whittier.edu, tel. 562.907.4825.

Academic Honesty Policy: <http://www.whittier.edu/academics/academichonesty>

Course Objectives:

- To practice written and oral expression of scientifically technical ideas.
- To practice journal writing and the summary of journal writing into a complete work.
- To solve word problems pertaining to physics, astronomy, navigation, nutrition, and climate science.
- To experience the planning and execution of logistically challenging expeditions and operations.

Course Outline:**1. Week 1**

- (a) Reading: Last Place on Earth, ch. 1-4. Beginning of part I.
- (b) Reading quizzes: none.
- (c) Basic survival calculations, warm up. Fuel costs and distances, calories and energy, the depot problem. Work, energy, and friction. Unit conversions.
- (d) Activity: Lecture on determination of the size of the Solar System.
- (e) Weekly journal assignment: "Survival Situations." Write about a time you or someone you know was in a survival situation and explain what they did to respond.

2. Week 2

- (a) Reading: Last Place on Earth, ch. 5-8.
- (b) Reading quizzes: Last Place on Earth, ch. 1-4.
- (c) Activity: Lecture on neutrino physics: why Antarctica is important for physics.
- (d) Activity: Lecture on Two Expeditions to Moore's Bay.
- (e) Weekly journal assignment: "Different." Write about a time you encountered a place, or space that was wholly different than your home. Alternatively, write about a time you encountered a person or people who was or were wholly different than yourself or your family. Record what you learned from this experience.

3. Week 3

- (a) Reading: Last Place on Earth, ch. 9-12.
- (b) Reading quizzes: Last Place on Earth, ch. 5-8.
- (c) Activity: Native technologies and Vitamin C. Diet composition, clothing, and methods of transport.
- (d) Activity: Lecture on radio-glaciology, connections to physics and climate science.
- (e) Weekly journal assignment: "Diet." Record exactly what you eat, each day, every bite, for one week. Can you do it? How many calories do you estimate you consume each day?

4. Week 4

- (a) Reading: Last Place on Earth, ch. 13-16. (ch. 17 optional). End of part I.
- (b) Reading quizzes: Last Place on Earth, ch. 9-12.
- (c) Activity: Cost assessment of shipments of equipment, instruments, and rations.
- (d) Activity: Leadership exercise, designing an excursion to nearby trails ¹.
- (e) Weekly journal assignment: "Pushing yourself." Write about a time that you pushed yourself near your physical limitations. Good examples are training for sports in high school or staying in shape. Alternatively, write about a time you pushed yourself to your mental limitations. Good examples are studying for a really important exam or dealing with a mentally taxing situation. How did you handle it? With hindsight, what would you have done differently?

5. Week 5

- (a) Reading: Last Place on Earth, ch. 18-20. Beginning of part II.
- (b) Reading quizzes: Last Place on Earth, ch. 13-16.
- (c) Activity: Short lecture on sled dogs, animal behavior, and navigation with compasses.
- (d) Activity: Execute the planned excursion to trailheads.
- (e) Activity: Lecture on biology of the Ross Sea, and under the Ross Ice Shelf.

¹Hellman Park Trail, Turnbull Canyon Trail, or Arroyo Pescadero Trail

- (f) Weekly journal assignment: “Over the Seas.” Choose a place on the map to which you would like to travel via the sea. Chart a course, and calculate *with as much detail possible* the distances, headings, and time required to make the journey. Who would come with you? Include details about necessary quantities of rations, and how you would avoid problems like vitamin C and B deficiencies ².

6. Week 6

- (a) Reading: Last Place on Earth, ch. 21-23. Horizon, *Graves Nunataks to Port Famine Road*, pp. 427-484.
- (b) Reading quizzes: Last Place on Earth, ch. 18-20.
- (c) Activity: Short lecture on depots, Amundsen’s strategy.
- (d) Activity: “Ice maze.” Solve the problem of laying depots and achieving transport to navigate from one wilderness location to the other. This activity will draw on both physics and nutrition.
- (e) Weekly journal assignment: no weekly journal assignment.

7. Week 7

- (a) Reading: Last Place on Earth, ch. 24-26. Horizon: *Graves Nunataks to Port Famine Road*, pp. 484-512.
- (b) Reading quizzes: Last Place on Earth, ch. 21-23, Horizon: *Graves Nunataks to Port Famine Road*, part I.
- (c) Activity: Finish the ice maze activity.
- (d) Activity: Lecture on astrophysics and Antarctica. The South Pole Telescope, BICEP 1-2, IceCube.
- (e) Weekly journal assignment: “Small.” Describe a time when you felt *small*. Not necessarily a bad thing, feeling small can occur when you encounter a place more vast than your normal experience. Other examples can include encountering an animal much larger than a human, or encountering a holy site or site of cultural significance that relates one’s experience to that of history or the divine. What was it like to be in the presence of something that reveals your idea of *self* to be small in comparison to the world?

8. Week 8

- (a) Reading: Last Place on Earth, ch. 27-29. Deep Survival, ch. 2.
- (b) Reading quizzes: Last Place on Earth, ch. 24-26, Horizon: *Graves Nunataks to Port Famine Road*, part II.
- (c) Activity: Lecture on climate science research in Antarctica, connections to radio-glaciology.
- (d) Activity: Tour of machine shop and laboratory, summary of drone research.
- (e) Weekly journal assignment: “The Goal of My Life.” What is the goal of your life? Write about the one, over-arching goal of your life’s work and how you chose it and have decided to accomplish it. If you have never thought of this, treat this as a reflection of how you *should* spend your life. What principles or values emerge that guide you in your decisions?

9. Week 9

- (a) Reading: Last Place on Earth, ch. 30-32. Deep Survival, ch. 3 and ch. 9.
- (b) Reading quizzes: Last Place on Earth, ch. 27-29, Deep Survival ch. 2.
- (c) Activity: Survival, emotional memory, the backfire effect, and bending the map.
- (d) Activity: Lecture on CREsis and climate science in Greenland and Antarctica.
- (e) Weekly journal assignment: “Lost.” Write about a time you were lost. Where were you when you started? What information convinced you that you were lost, and how did you find your way back? For extra credit, find a building or facility (on campus), and get lost in it. Once there, ask yourself: in which direction is my house/dormitory? Include in your writing how you managed to stay oriented despite being in a new place.

10. Week 10

- (a) Reading: Last Place on Earth, ch. 33-35. End of part II. News at the Ends of the Earth, ch. xx
- (b) Reading quizzes: Last Place on Earth, ch. 30-32, and Deep Survival ch. 3 and ch. 9.
- (c) Activity:
- (d) Activity:

11. Week 11

- (a) Reading: News at the Ends of the Earth, ch. xx

²There is an actual program called Semester at Sea: <https://www.semesteratsea.org/>

(b) Reading quizzes: Last Place on Earth, ch. 33-35, and News at the Ends of the Earth. ch. xx

(c) Activity:

(d) Activity:

12. **Week 12**

(a) Reading:

(b) Activity:

(c) Activity:

13. **Week 13**

(a) Reading:

(b) Activity:

(c) Activity: