PERSONAL ASSISTANCE FOR SENIORS WHO ARE SELF-RELIANT

A literature review surveys books, scholarly articles, and any other sources relevant to a particular issue, area of research, or theory, and by so doing, provides a description, summary, and critical evaluation of these works in relation to the research problem being investigated.

INTRODUCTION

This literature review was designed to support and expand this activity, by providing a foundation for enquiry and analysis, identifying key concepts and definitions of self-reliant peoples. Prolongation of human life is associated with higher morbidity and functional disability. Many individuals with severe disabilities are fully self-sufficient in quality high-end housing (lift, central heating, kitchen equipment. This reports on some of the findings of a literature review commissioned to explore integrated care for older people. In addition to concerns about the impact that these factors have on the quality of care that older people receive, there had been increasing awarness that they have impact on the efficiency and effectiveness of the available services. For example, an older person may have an extended period of hospitalisation resulting from difficulties in arranging the necessary services to support them in the community rather than their need for specialist in-patient care. In this situation, ineffective use is made of the available hospital service and the overall cost of care is increased because in-patient care is more costly than care in the community.

DESCRIPTION OF STUDY AREA

At least 80% of seniors suffer from one chronic condition; 68% suffer from two or more. Smart devices—i.e., blood pressure monitors, glucose meters, oximeters, and pill dispensers—can help the elderly manage these conditions. Caregivers obtain data from various devices connected to the cloud, analyze and assess everyday life patterns of senior patients, and detect health problems before they escalate. If any deviation is suspected, a healthcare worker will be automatically notified.Technology advancements are also changing the way the elderly interact with healthcare providers, communicate with their loved ones. IoT can also help seniors with everyday tasks. For instance, ordering groceries or pills can be as simple as asking a smart speaker to purchase the necessary items and then waiting for them to arrive.

CONCLUSION

The literature that was selected for this review highlights the extent of the work that has been undertaken in this field. Much of the work has focused on understanding the problems that older people experience in accessing and using care services, which has culminated in diverse efforts to overcome the problems. There has been significant development in health and social care policy, however, that is supportive and facilitative of the integration of services that older people use

REFERENCE

- Foote C, Stanners C - Integrating care for older people
- Bebbington AC, Kesby S, Challis DJ, Clarkson P, Hughes J, Stewart K. Promoting continuity of care for older people across health and social care. 2001 Discussion Paper: University of Kent University of Manchester