**University of Bahrain**

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**Assessing Bahrain Bed Capacity during the COVID-19 Pandemic**

This report is submitted in partial fulfilment of the requirements for the Research Methods course in pursuit of a master’s degree in Big Data Science and Analytics

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جامعة البحرين

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تقييم سعة المستشفيات في مملكة البحرين أثناء فترة الوباء كوفيد-19

**يُسلم هذا التقرير كمطلب جزئي لمقرر طرق البحث العلمي استكمالًا لبرنامج الماجستير في علم البيانات الضخمة وتحليلها**

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Abstract

Table of Contents

[1 Chapter One 1](#_Toc59134566)

[1.1 Introduction 2](#_Toc59134567)

[1.2 Research Problem 2](#_Toc59134568)

[1.3 Research Questions 2](#_Toc59134569)

[1.4 Research Objectives 2](#_Toc59134570)

[1.5 Research Significance 2](#_Toc59134571)

[1.6 Research Setting 2](#_Toc59134572)

[1.7 Definition of Terms 2](#_Toc59134573)

[2 Chapter Two 3](#_Toc59134574)

[2.1 Literature Review 4](#_Toc59134575)

[2.2 Theoretical Framework 4](#_Toc59134576)

[2.3 Research Hypothesis 4](#_Toc59134577)

[3 Chapter Three 5](#_Toc59134578)

[3.1 Methodology 6](#_Toc59134579)

[3.2 Population 8](#_Toc59134580)

[3.3 Research Study Tools 8](#_Toc59134581)

[3.3.1 Data and Variable Extraction 8](#_Toc59134582)

[3.3.2 Other Study Tools 9](#_Toc59134583)

[3.4 Data Collection and Procedures 9](#_Toc59134584)

[3.5 Statistical Analysis Approach 10](#_Toc59134585)

[3.5.1 COVID-19 Prediction Model 10](#_Toc59134586)

[3.5.2 Statistical Calculation of Study Factors 11](#_Toc59134587)

[4 Chapter Four 15](#_Toc59134588)

[4.1 Results 16](#_Toc59134589)

[4.1.1 Initial Data Observations 16](#_Toc59134590)

[4.1.2 Logistic Growth Model Predictions 17](#_Toc59134591)

[4.1.3 Consideration Other Factors Affecting Bed Capacity 19](#_Toc59134592)

[4.2 Discussion 19](#_Toc59134593)

[4.3 Conclusion 20](#_Toc59134594)

[4.4 Recommendations and Limitations 20](#_Toc59134595)

[4.4.1 Limitations 20](#_Toc59134596)

[References 21](#_Toc59134597)

List of Tables

[Table (1): Adopted Scenario Variables 7](#_Toc59134598)

[Table (2): Extracted Variables used in calculation of Research Factors 9](#_Toc59134599)

[In this study, there are more than one factor to consider as explained in Table (1). The factors are number of hospitalized cases, total number of beds and total number of available beds which are detailed here. 19](#_Toc59134600)

List of Figures

[Fig. 1: Scenario-Based Design Template 6](#_Toc59134604)

[Fig. 2: High-Level Data Collection Procedure 10](#_Toc59134605)

[Fig. 3: Detailed Statistical Analysis Process Flow Diagram 14](#_Toc59134606)

[Fig. 4: Data Trend Observation Plots of COVID-19 Total Cases and Deaths in Bahrain 17](#_Toc59134607)

List of Equations

[Equation 1: Adopted Logistic Growth Model 11](#_Toc59134613)

[Equation 2: Calculation of Total Hospital Beds 12](#_Toc59134614)

[Equation 3: Calculation of Available Hospital Beds 12](#_Toc59134615)

[Equation 4: Calculation of Total IQC Beds 12](#_Toc59134616)

[Equation 5: Calculation of IQC BOR 13](#_Toc59134617)

[Equation 6: Calculation of Available Hospital Beds 13](#_Toc59134618)

[Equation 7: Calculation of Total Available Beds 13](#_Toc59134619)

[Equation 8: Calculation of Current Hospitalization Rate 13](#_Toc59134620)

[Equation 9: Calculation of Projected Hospitalized Cases 13](#_Toc59134621)

Chapter One

Introduction to the Study

‎‎1.1 Introduction

‎1.2 Research Problem

‎1.3 Research Questions

‎1.4 Research Objectives

‎1.5 Research Significance

‎1.6 Research Setting

‎1.7 Definition of Terms

Chapter One

Introduction to the Study

Introduction

This section introduces the research and report.

Research Problem

This section describes the research problem addressed by this research.

Research Questions

This section describes the questions that this research aimed to answer.

Research Objectives

This section describes the objectives that this research aimed to achieve.

Research Significance

This section describes the importance of this research.

Research Setting

This section describes the context of how this research was conducted, including scope.

Definition of Terms

This section lists all the terms and their abbreviations used within the report.

Chapter Two

Theoretical Framework and Literature Review

‎‎1.1 Introduction

‎2.1 Literature Review

‎2.2 Theoretical Framework

‎2.3 Research Hypothesis

Chapter Two

Theoretical Framework and Literature Review

Literature Review

This section goes through similar research topics conducted and compares between previous relevant works related to this research.

Theoretical Framework

This section describes the how this research will be implemented and carried out.

Research Hypothesis

This section defines and describes the hypothesis assumed by the researchers.

Chapter Three

Methods and Procedures

‎3.1 Research Study’s Methodology

‎3.2 Research Study’s Population and Sample

‎3.3 Research Study’s Tools

‎3.4 Data Collection and Procedures

‎3.5 Statistical Approaches

Chapter Three

Methods and Procedures

Methodology

In this research, we have adopted an exploratory scenario-based research design in which we will assess the capability, in terms of bed capacity, of the Kingdom of Bahrain to respond to the sudden increase of COVID-19 cases that will require hospitalization. Based on quantitative historical data (for COVID-19 cases), we will use a statistical growth model to project the increase in the number of cases for the upcoming three months (90 days). Thus, with the projected number of hospitalized cases and based on the current capacity of the health system, we will assess the health system’s ability to respond to the increase of infections and avoid reaching saturation of bed capacity (i.e., over-exceeded).

The below figure, **Fig. 1**, illustrates the scenario-based design template that we developed for this research, highlighting the variables that can be altered across different scenarios.

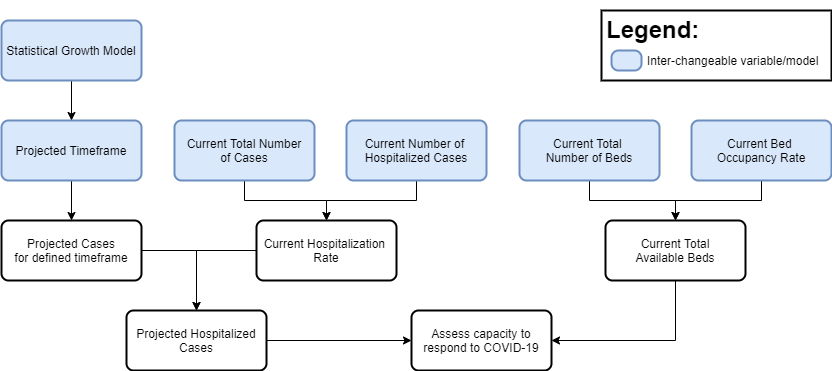


Fig. 1: Scenario-Based Design Template

The table below, **Table (1)**, illustrate the assumptions and definitions that we will use to define the context of our scenario (based on the scenario-based design template).

Table (1): Adopted Scenario Variables

|  |  |
| --- | --- |
| **Variable** | **Implementation in our scenario** |
| Statistical Growth Model | We will use the Logistic Growth Model to project the number of cases in our scenario, as a different model would project a different number and hence change the scenario. |
| Projected Timeframe | In our scenario, we will project the cases for three months (90 days). |
| Current Total Number of Cases | In our scenario, we will use the total number of cases and hospitalized cases as published by the Ministry of Health (2020) on the 1st of August 2020. These values play an important role as they determine the hospitalization rate for our scenario. |
| Current Number of Hospitalized Cases |
| Current Total Number of Beds | In our scenario, we will calculate this value based on publicly available data. |
| Current Bed Occupancy Rate (BOR) | The current hospital BOR was assumed at 80% as per conversation with a health worker in the Kingdom of Bahrain (Hilal, 2020) and the Field Intensive Care Units (FICU) BOR was obtained (0.38%) from publicly reported figures by Naar (2020). |

In summary, this research aims to assess the total bed capacity of the Kingdom of Bahrain in the scenario that the COVID-19 infections follow a logistic growth pattern and based on 80% of hospital beds being occupied and 0.38% FICU beds are occupied. The scenario will be projecting cases for the upcoming 90 days relative to the current available total bed capacity.

Population

The population considered in this study will be all hospitals (public and private) in the Kingdom of Bahrain. This study will also include Field Intensive Care Units, which are ad-hoc centers; isolation centers (IC) and quarantine centers (QC), that were built to increase total bed capacity in the Kingdom of Bahrain (Naar, 2020). As the COVID-19 epidemic will impact the country, the entire health system will need to work together, under the direction of the National Taskforce for Combating the Coronavirus (COVID-19) and the Ministry of Health, to ensure a rapid response to the epidemic.

Research Study Tools

This section illustrates how the data will be extracted and which data analysis tools will be used to conduct the statistical analysis for this research.

Data and Variable Extraction

To extract historical data related to COVID-19 cases in Bahrain, including the total number of cases and deaths, the publicly reliable dataset provided by Our World in Data (Roser et al., 2020) will be extracted in comma separated values (CSV) format. This public dataset includes the following attributes which will be used in our study:

1. Date
2. Total Cases – the cumulative total number of COVID-19 cases as of the given date
3. Total Deaths – the cumulative total number of deaths caused by COVID-19 as of the given date
4. Population – the population of the country as of 2020
5. Hospital Beds per Thousand – the number of hospital beds per 1,000 people

The following variables, in **Table (2)**, will be extracted from various sources as they will play an important role in our statistical analysis to produce factors related to our study. The equations will be further detailed in section ‎3.5 of this report.

Table (2): Extracted Variables used in calculation of Research Factors

|  |  |
| --- | --- |
| **Extracted Variables** | **Source** |
| Total Field Intensive Care Units’ Beds (including Isolation Centers and Quarantine Centers) | This variable will be extracted and calculated from publicly reported figures by Naar (2020). |
| Hospital Beds Occupancy Rate (BOR) | This variable is assumed as per conversation with a health worker in the Kingdom of Bahrain. |

Other Study Tools

To execute the statistical analysis in this research, the reliable and data analysis feature-heavy “R” programming language and environment will be utilized.

Data Collection and Procedures

All data that will be collected in this research is secondary data as it has not been gathered directly by the authors, however, the data sources are globally (Roser et al., 2020) and governmentally (Ministry of Health, 2020) reliable sources. The data is quantitative, and time-series based, and will be extracted into CSV format and loaded into the data analysis tool used (R) for cleaning, processing, and modeling. The below figure, **Fig. 2**, illustrates, on a high-level, the data collection and procedure that will be carried out in this research.

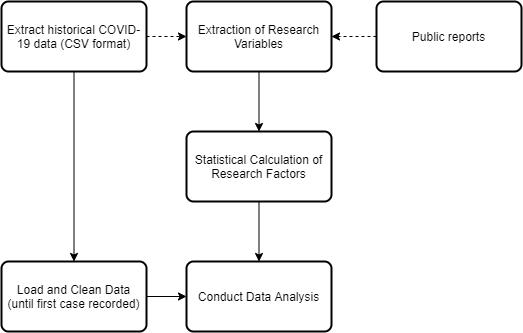


Fig. 2: High-Level Data Collection Procedure

Statistical Analysis Approach

This section illustrates the statistical analysis that will be implemented in this research, including the research factors considered.

COVID-19 Prediction Model

Historical quantitative data related to the number of COVID-19 cases will be extracted and used within our COVID-19 prediction model. The timeframe of our historical data will start from the first recorded case, 24 February 2020, until the 29th of July 2020. We will use this data as training data to generate a prediction model and then project the total number of cases for the next three months (90 days) – hence our projection timeframe will start and include the 30th of July 2020 until (and including) the 27th of October 2020. The data will be sorted chronologically as time-series data and formatted into the following structure to generate the model:

1. Day Counter – indicator for the day number since the first case occurrence (i.e., 10 will be the tenth day after the first case was reported, while 1 is the first day the first case was reported)
2. Total Cases – the cumulative number of cases on the given day (i.e., the total number of cumulative cases as of the 10th day)

After extraction and preparation of COVID-19 data, we will use the Logistic Growth Model, as defined in our scenario, to generate a prediction model to predict and forecast the cumulative number of COVID-19 cases the Kingdom of Bahrain.

The Logistic Growth Model is widely used to model population growth and besides its simplicity, has the advantage of setting a limit for the increase in population growth. In the case of COVID-19 infections, the number of cases cannot surpass the population of the country, which is realistic in comparison to an Exponential Growth Model which would increase (the number of cases) infinitely. The logistic growth model was also used to predict the 2015 Ebola epidemic (Chowell et al., 2014; Pell et al., 2018) and was used to predict COVID-19 cases in the neighboring Kingdom of Saudi Arabia (Alboaneen et al., 2020).

The Logistic Growth Model that we will use in our research can be expressed in the following equation, **Equation 1** , where is the cumulative number of cases on a given day number , is the maximum value for number of cases , and represents the daily growth rate, and the values of will be automatically estimated by the data analysis tool used; to fit the model with the data presented:

Equation 1: Adopted Logistic Growth Model

Statistical Calculation of Study Factors

Several research factors are not publicly available for direct use and for this reason, we had to devise statistical approaches to calculate their values. While others, such as Beds per Thousand People (BPTP) and Population were publicly available and were used to calculate other factors.

Given that the total number of hospital beds in the Kingdom of Bahrain could not be extracted from previous studies or reports, it will be calculated based on the variable *Beds per Thousand People (BPTP)* and *Population*. From the public dataset provided by Our World in Data (Roser et al., 2020), the variables are reported as and . To calculate the total hospital beds (), these variables will be used in the following equation, **Equation 2**:

Equation 2: Calculation of Total Hospital Beds

With the total hospital beds calculated along with the assumption that the hospital beds occupancy rate () currently stands at 80% (Hilal, 2020), we will calculate the available hospital beds () that can actually be utilized in the treatment of COVID-19 cases using the below equation, **Equation 3**:

Equation 3: Calculation of Available Hospital Beds

Furthermore, the total number of Field Intensive Care Units’ (FICU) beds and their occupancy rate, including both Isolation Centers and Quarantine Centers (IQC), will also be calculated based on publicly reported figures by Naar (2020) – which reported 4,257 and 5,489 beds in Isolation Centers () and Quarantine Centers () respectively. The report also stated that 3,218 IC beds and 533 QC beds were occupied at the time of publishing, denoted as and respectively. Using these variables, the total beds in isolation and quarantine centers () will be calculated as per the below equation, **Equation 4**:

Equation 4: Calculation of Total IQC Beds

The bed occupancy rate (BOR) in isolation and quarantine centers (denoted by ) will be calculated as follows, **Equation 5**:

Equation 5: Calculation of IQC BOR

To obtain the available isolation and quarantine centers beds () that can actually be utilized in the treatment of COVID-19 cases, the total IQC beds and their occupancy rate will then be used in the below equation, **Equation 6**:

Equation 6: Calculation of Available Hospital Beds

To conclude on the total available beds () in the Kingdom of Bahrain, a simple addition of the available hospital beds and the available IQC beds will be performed, **Equation 7**:

Equation 7: Calculation of Total Available Beds

We will extract the current, 1st of August 2020, number of active cases () and hospitalized cases () from Bahrain’s Ministry of Health (2020) public daily report and calculate the current hospitalization rate (), using the following equation, **Equation 8**:

Equation 8: Calculation of Current Hospitalization Rate

Lastly, using the current hospitalization rate (), and the projected total number of cases, the projected hospitalized cases on a given day () will be calculated by multiplying the with the projected hospitalized cases on that given day () as per the below, **Equation 9**:

Equation 9: Calculation of Projected Hospitalized Cases

The figure, **Fig. 3**, below illustrates the detailed process flow diagram of our statistical analysis approach that was adopted in our research.

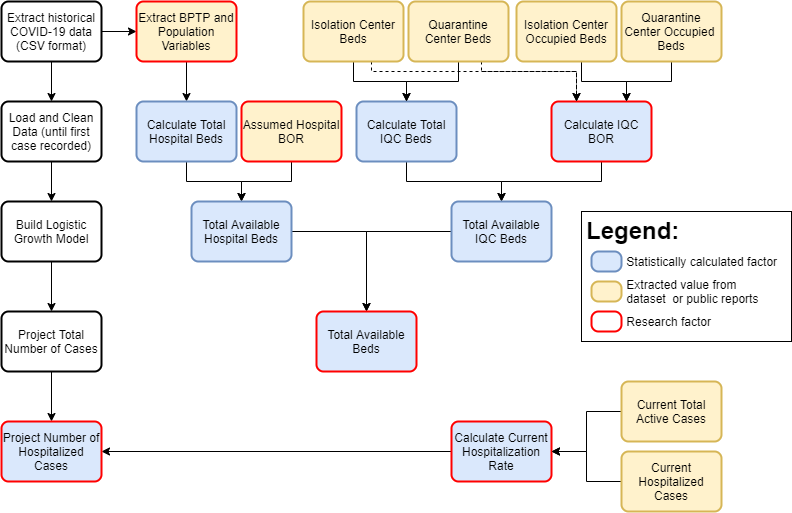


Fig. 3: Detailed Statistical Analysis Process Flow Diagram

Chapter Four

Results, Discussion, Conclusion and Recommendations

‎4.1 Results

‎4.2 Discussion

‎4.3 Conclusion

‎4.4 Recommendations and Limitations

Chapter Four

Results, Discussion, Conclusion and Recommendations

Results

This section presents the results obtained from the statistical analysis implemented in this research to assess the bed capacity in Kingdom of Bahrain.

Initial Data Observations

As per the data source, Our World in Data (Roser et al., 2020), the first case in Bahrain was reported on Feb. 24, 2020. For the scope of this research, the data extracted and considered will encompass the first case reported until Jul. 29, 2020 (156 days timeframe), where the total number of cases reached 39,921. While the first death recorded in Bahrain was on Mar. 17, 2020, the total deaths by end of the studied period was 141.

The total COVID-19 cases and deaths were plotted in the following figure, **Fig. 4**, to visualize and verify the trend taken by COVID-19 cases and deaths (represented on the y-axis) in Bahrain over the studied time-period; from the first case occurrence, until the 156th day (final day of the studied period corresponding to July 29, 2020) represented on the x-axis. As it can be observed, within the study timeframe of 156 days, the total number of COVID-19 cases seems to be growing exponentially since the first case was reported. Though the first COVID-19 related death was reported later, the deaths also seems to be growing exponentially, which is usually the case for such novel epidemics.

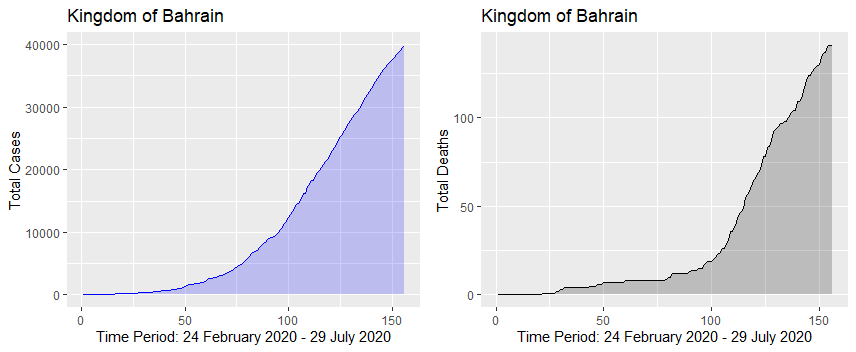


Fig. 4: Data Trend Observation Plots of COVID-19 Total Cases and Deaths in Bahrain

Logistic Growth Model Predictions

As of the nature of the data growth (growing exponentially), the model was chosen is the logistic model which is fitting the data better than exponential model because the logistic model has a limit of growth unlike the exponential model, and this is a major feature for choosing a model used for kind of pandemic growth studies. Fitting the models confirms its effectiveness for this study as it is showing on Fig 2 how the model fits the actual data very closely for (no# days) then used it to project the total cases on the next three months (90 days).

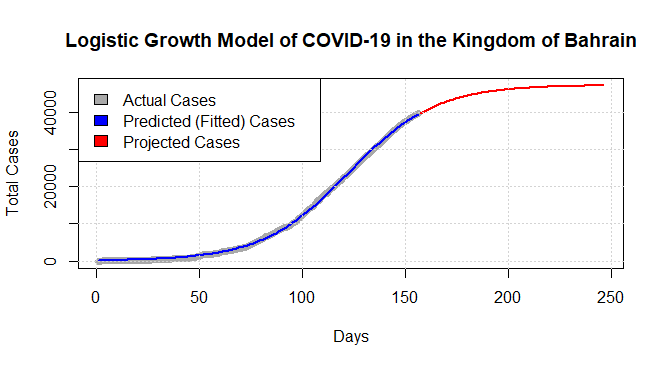


Fig 2. Logistic Growth Model of COVID-19 in the Kingdom of Bahrain

Based on the model obtained, the total projected cases are approximately 47277 on October 27, 2020. This result has been achieved by the calculated daily growth rate (0.038) based on the generated logistic growth model:

*Showing the formula*

|  |
| --- |
| # Extract Model Coefficients  LogisticGrowthModel.CoEf = coef(LogisticGrowthModel)  # Display Model Coefficients  for (CoefficientName in names(LogisticGrowthModel.CoEf)) {  print(paste("The coefficient of", CoefficientName, "is equal to =", round(LogisticGrowthModel.CoEf[CoefficientName], 3)))  }  # Calculate Daily Growth Rate  DailyGrowthRate = (1/LogisticGrowthModel.CoEf[3])  DailyGrowthRate.Rounded = round(DailyGrowthRate, 3)  print(paste("Based on the generated logistic growth model, the Daily Growth Rate of cases is", DailyGrowthRate.Rounded)) |

Consideration Other Factors Affecting Bed Capacity

In this study, there are more than one factor to consider as explained in Table (1). The factors are number of hospitalized cases, total number of beds and total number of available beds which are detailed here.

Total Number of Beds, Hospitalized Bed and Available Beds Calculation

The total number of hospital beds is 3403 where calculated based on **Equation** no# and substituting the values of the Beds per Thousand People (BPTP) and population and the as reported in Our World in Data (Roser et al., 2020) where and . While the total number of both Isolation Centers and Quarantine Centers (IQC) is calculated by **Equation** no# which is 9746. By this number and the reported number of occupied beds in IQC figures by Naar (2020), the bed occupancy rate (BOR) in isolation and quarantine centers is 0.38 by substituting the **Equation** no#. Finally, the current hospitalization rate is 0.8 obtained by using **Equation** no#.

Hospitalized Cases Calculation

The hospitalized cases are calculated based on **Equation** no# and substituting the values of …

Discussion

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Conclusion

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Recommendations and Limitations

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Limitations

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