## **ATHLETICS**

## DAY 1 – 30 SEPTEMBER

EVENTS	STAGE	TIMINGS
LONGJUMP MEN	FINAL	11:00 am
LONGJUMP WOMEN	FINAL	12:00 pm
1500 m MEN	FINAL	5:00 pm
800 m WOMEN	FINAL	5:15 pm

## DAY 2 – 1 October

EVENTS	STAGE	TIMINGS
100 m MEN	-	7:00 am
100 m WOMEN	-	7:20 am
Shotput MEN	FINAL	7:30 am
Shotput WOMEN	FINAL	8:00 am
TRIPLE JUMP MEN	FINAL	10:00 am
800 m MEN	FINAL	4:20 pm
100 m MEN	FINAL/SEMIFINAL	4:30 pm
100 m WOMEN	FINAL/SEMIFINAL	4:30 pm

## DAY 3 – 2 October

EVENTS	STAGE	TIMINGS
400 m MEN	FINAL	7:00 am
400 m WOMEN	FINAL	7:10 am
Discuss throw MEN	FINAL	7:30 am
Discuss throw WOMEN	FINAL	8:00 am
Javelin throw MEN	FINAL	4:00 pm
5000 m MEN	FINAL	4:10 pm