The steps I have taken to solve equation (1) are outlined below:

Solve for spin accumulation

$$\frac{\partial \vec{m}(x,t)}{\partial t} = -\frac{\partial \vec{j}_m}{\partial x} - \frac{\vec{m}(x,t) \times \hat{M}(x)}{\lambda_J^2} - \frac{\hat{M}(x) \times \left(\vec{m}(x,t) \times \hat{M}(x)\right)}{\lambda_\phi} - \frac{\vec{m}(x,t) - m_\infty}{\lambda_{sf}^2}$$
(1)

The derivatives can be expressed via the difference notation given below \downarrow

$$\frac{\partial u(x,t)}{\partial t} \approx \frac{U_i^{n+1} - U_i^n}{\Delta t}$$

$$\frac{U_i^{n+1} - U_i^n}{\Delta t} = -\frac{\partial \vec{j}_m}{\partial x} - \frac{\vec{m}(x,t) \times \hat{M}(x)}{\lambda_J^2} - \frac{\hat{M}(x) \times \left(\vec{m}(x,t) \times \hat{M}(x)\right)}{\lambda_\phi} - \frac{\vec{m}(x,t) - m_\infty}{\lambda_{sf}^2}$$
(2)

Step Taken \rightarrow multiply by $-\Delta t$

$$U_i^{n+1} - U_i^n = -\Delta t \left(\frac{\partial \vec{j}_m}{\partial x} + \frac{\vec{m}(x,t) \times \hat{M}(x)}{\lambda_J^2} + \frac{\hat{M}(x) \times \left(\vec{m}(x,t) \times \hat{M}(x) \right)}{\lambda_\phi} + \frac{\vec{m}(x,t) - m_\infty}{\lambda_{sf}^2} \right)$$

Step Taken \rightarrow take knowns to RHS

$$U_i^{n+1} = U_i^n - \Delta t \left(\frac{\partial \vec{j}_m}{\partial x} + \frac{\vec{m}(x,t) \times \hat{M}(x)}{\lambda_J^2} + \frac{\hat{M}(x) \times \left(\vec{m}(x,t) \times \hat{M}(x) \right)}{\lambda_\phi} + \frac{\vec{m}(x,t) - m_\infty}{\lambda_{sf}^2} \right)$$
(3)

Step Taken \rightarrow expand out the cross products

$$U_{i}^{n+1} = U_{i}^{n} - \Delta t \begin{bmatrix} \partial \vec{j}_{m} + \frac{1}{\lambda_{J}^{2}} \begin{pmatrix} -M_{y}U_{z}^{n} + M_{z}U_{y}^{n} \\ M_{x}U_{z}^{n} - M_{z}U_{x}^{n} \\ -M_{x}U_{y}^{n} + M_{y}U_{x}^{n} \end{pmatrix} + \frac{1}{\lambda_{\phi}^{2}} \begin{pmatrix} -M_{x}M_{y}U_{y}^{n} - M_{x}M_{z}U_{z}^{n} + M_{y}^{2}U_{x}^{n} + M_{z}^{2}U_{y}^{n} \\ M_{x}^{2}U_{y}^{n} - M_{x}M_{y}U_{x}^{n} - M_{y}M_{z}U_{z}^{n} + M_{z}^{2}U_{y}^{n} + M_{z}^{2}U_{y}^{n} \\ M_{x}^{2}U_{z}^{n} - M_{x}M_{z}U_{x}^{n} + M_{y}^{2}U_{z}^{n} - M_{y}M_{z}U_{y}^{n} \end{bmatrix} + \frac{U_{i}^{n} - |m_{\infty}|\hat{M}_{i}}{\lambda_{sf}^{2}} \end{bmatrix}$$

Use spin accumulation to solve for spin current

$$\vec{j}_m = \beta(x)\hat{M}j_e - 2D\left[\frac{\partial \vec{m}}{\partial x} - \beta(x)\beta'\hat{M}\left(\hat{M}\cdot\frac{\partial \vec{m}}{\partial x}\right)\right]$$