

# SF72 Gather Your Supplies



Whether you're just starting out or you're a preparedness pro, it's easy to build, or add to, your emergency supplies. A good rule of thumb is to have supplies for about 3 days, or 72 hours. You'll be surprised at how much you already have. It's just a matter of getting organized.

## Essentials

- ☐ Water: 1 gallon per person, per day
- ☐ Non-perishable foods (that you like to eat!)
- ☐ First aid kit
- ☐ Fire extinguisher
- ☐ Manual can opener
- ☐ Flashlight + extra batteries

## Useful

- ☐ Sleeping bag or blankets
- ☐ Warm clothes + sturdy shoes
- ☐ Cash in small bills
- ☐ Cellphone charger (battery operated or car plug-in)
- ☐ Crank-operated radio
- ☐ Basic tools

## Personal

- ☐ Personal medications
- ☐ Treats (sweet or salty?)
- ☐ Personal hygiene items + toilet paper
- ☐ Children's toys and games
- ☐ Personal documents
- ☐ Special needs items (for kids, the elderly, pets)