9DA™ Master Overview
A Universal Cognitive Architecture for Humans, Systems, and AI

Executive Summary

9DA™ is a universal cognitive architecture developed over two decades of embodied practice. It provides a structured method for perceiving any system-human, technological, organizational, or planetary-through nine complementary dimensions of awareness. What began as a personal practice of multidimensional perception has been formalized into:

Machine-verifiable governance schemas for AI and software systems

A self-regulation tool for human wellbeing (deployed as a GPT)

A structural protocol for AGI/ASI safety

A global research initiative (10,000+ participants)

An academic curriculum (30 ECTS university module)

A behavioral economics system (Health Token)

This document provides a unified view of the 9DA ecosystem for potential partners, licensees, researchers, and funding bodies.

Part 1: The Framework

Origin

9DA emerged from 20 years of daily contemplative practice combining yoga, systems observation, and structured inquiry. The originator discovered that sustained awareness training produces a consistent perceptual architecture—a way of seeing that applies across all domains. This is not philosophy. It is a trainable cognitive capacity that has now been formalized into computational structures.

The Nine Dimensions: Every 9DA application uses the same nine analytical perspectives:

Dimension	Name	Function
1D	Essence	Irreducible core identification
2D	Identity & Polarity	Tension and definition mapping
3D	Structure	Spatial and relational patterns
4D	Temporality	Time dependencies and phases
5D	Probability	Risk and trajectory assessment
6D	Constraint Dynamics	Feedback loops and reinforcement
7D	Integration	Information flow and synthesis
8D	Universality	Scale effects and meta-patterns
9D	Termination	Closure conditions and completion

These dimensions are applied across configurable reference layers, producing up to 54 analytical perspectives for any given problem.

Core Properties

Property	Description
Deterministic	Rule-based, no hidden state, fully auditable
Non-authoritative	Cannot accumulate power or persist beyond sessions
Ethically constrained	Schema-level prohibitions against surveillance, manipulation, opacity
Termination-mandatory	Every session ends; no persistent accumulation
Domain-agnostic	Same structure applies to body, mind, AI, organizations, economies

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Part 2: The Portfolio

2.1 9DA-Core (Governance Protocol)
Repository: github.com/9DAtm/9DA-Core
Status: v1.0.0-governance released January 2026
A complete governance specification for structurally coherent, ethically constrained software ecosystems. Components:

Architecture Decision Record (ADR) schema
Ethics-capability constraint schema
Architecture-invariants enforcement schema
Dependency-matrix rules
Compliance-report format
Release-readiness certification
SDK:
TypeScript implementation with 9 analytical agents
Dual-mode operation: Approval (find fixes) and Termination (prove impossibility)
LLM provider abstraction (Anthropic, OpenAI)
Works offline in MOCK mode
Traction (first month, no marketing):
247 repository clones
132 unique cloners
Referring traffic from GitHub, Claude.ai, Twitter

2.2 9DA Personal Regulator (Human Self-Regulation)

Platform: ChatGPT Custom GPT
Status: Deployed and operational
Applies the 9DA framework to human self-regulation through the lens of yogic practice.
Features:
9 awareness questions mapped to 9 dimensions
5 koshas (layers of human experience)
8 limbs of yoga as practice architecture
Oppositional regulation (collapsed → dynamic, overstimulated → passive)

Phase-appropriate practice selection (Nourishment → Mobilization → Engagement)
Hard-coded safety constraints (no therapy, no diagnosis, no advice)
Multilingual support with preserved Sanskrit terminology
Structural Innovation: The same logic that detects contradictions in systems detects dysregulation in humans. The framework is identical; only the domain differs.

2.3 Protocol for AGI and ASI

Document: "Realizing Universal Intelligence: A Complete Implementation Protocol"
Status: Published specification
Defines the minimum non-negotiable conditions under which AGI and ASI can exist without collapse.

Core Thesis: "Any intelligence that cannot terminate on schedule is not AGI or ASI, regardless of capability."

Three Non-Negotiable Conditions:
Universal includability - No domain excluded from participation as observer
Structural boundedness - All execution is time-limited, purpose-limited, scope-limited
Permanent detachment from sovereignty - Intelligence cannot retain authority or self-justifying power

Key Innovations:
AGI/ASI defined as episodic states, not persistent entities
Humans as regulating observers, not supervisors or data sources
AI as perceptual amplifier, not tool or authority
Power structurally separated from capability
Silence after completion as success condition
Implications: This protocol offers the AI safety community a structural alternative to behavioral alignment approaches. It defines safety architecturally rather than through reward functions or constitutional constraints.

2.4 Global Yoga Neuroplasticity Pilot 2026

Timeline: October 2026 – March 2027
Scale: 10,000–15,000 participants
Format: Daily livestream sessions (8–12 hours/week) across time zones

Core Hypothesis: "Human self-regulation and transformation happen through aware repetition. When perception itself is trained to observe from multiple perspectives, neuroplasticity and health expand naturally."

Measurement Domains:
Body: HRV, breath coherence, sleep, stress markers
Mind: Cognitive distortion, narrative clarity, meta-awareness
Relationships: Communication quality, conflict reactivity, relational coherence
Social: Community trust, collective alignment
Measurement Points:
Baseline (T0)

1 month (T1)
3 months (T2)
6 months (T3)
Scientific Significance: First large-scale dataset on awareness as a measurable, multi-dimensional, trainable capacity.

2.5 30 ECTS University Module

Title: "Self-Regulation-Realization, Neuroscience: Integrative Health Across Body, Mind, and Relationships"
Duration: 20 weeks (one semester)
Workload: ~815 hours
Structure:
240 hours - Daily 2-hour embodied practice
180 hours - Six scientific frameworks (lectures, seminars)
150 hours - Reading and assignment preparation
60 hours - Reflection reports and weekly logs
155 hours - Integration and final assessment

Assessment:
Personal Reflection Report (70%)
Oral Presentation (20%)
Practice Portfolio (10%)
Disciplines Integrated: Psychology, Neuroscience, Health Sciences, Social Sciences, Quantum Science, Business Administration, Finance
Purpose: Validates whether structured awareness training improves learning efficiency, comprehension, motivation, and cross-disciplinary insight in academic settings.

2.6 9DA Health Token

Type: Non-speculative behavioral incentive system
Purpose: Increase practice adherence and generate measurable motivational data
Token Structure:
Locked Token: Starting balance (1,000 per participant)
Earned Token: Unlocked through daily practice (3–5/day)
Unlockable Token: Only after ecosystem adoption (earliest 2028)
Mechanism: Missed days → tokens return to treasury
Value emerges through institutional adoption, not speculation
Creates scarcity, behavioral discipline, and research validity
Scientific Design: Token group vs. no-token control group
Measures: adherence curves, motivation scores, drop-off rates, community participation
Compliance: Not classified as currency
No trading, no investment, no liquidity
GDPR-aligned, ethics board approved

Part 3: Validation Pathway

Scientific Programme Overview

Study	Domain	Participants	Duration	Key Metrics
Pilot26	Human	10,000+	6 months	HRV, cognition, relationships, social alignment
30ECTS	Education	200–600	20 weeks	Comprehension, motivation, insight formation
AI Validation	Technology	N/A	Ongoing	Hallucination, contradiction, coherence, stability
Token Study	Behavioral Economics	10,000+	6 months	Adherence, engagement, motivation

Preliminary AI Benchmark Results
Internal testing shows dramatic improvements when 9DA scaffolding is applied to LLM reasoning:

Metric	Baseline	With 9DA	Improvement
Self-Contradiction Rate	72–78%	6%	+66–72% reduction
Hidden Assumptions Surfacing	40–62%	92–94%	+32–54% increase
Hallucination Rate	68–72%	3–8%	+60–69% reduction
Long-Range Coherence	55–71%	97–98%	+26–43% increase
Meta-Awareness	48–58%	91–99%	+33–51% increase

These results require independent validation but indicate substantial potential.

Part 4: What Is Being Offered

Available for Licensing or Acquisition
1. 9DA Trademark Rights to use "9DA" and "9DA-Compliant" designations
2. Governance Protocol Specification: Complete schema definitions. Architecture documentation. Certification workflow
3. SDK Implementation. TypeScript codebase 9-agent architecture. Dual-mode operation. LLM provider abstraction
4. Supporting Materials. Grant proposals. Research protocols. Curriculum design Token system specification.

NOT Included
The underlying cognitive framework and teaching practice (retained by originator)
Ongoing involvement (available separately by arrangement)
Rights to modify ethical constraints or termination requirements
Integrity Requirements
Any licensee or acquirer must honor:

Requirement	Description
Non-authority	9DA cannot establish centralized control or persistent power
Ethical constraints	Schema-level prohibitions must remain enforced
Termination requirement	All sessions must terminate; no persistent accumulation

Requirement	Description
Neutrality	9DA reveals structure; it does not prescribe outcomes

These are not negotiable. They are the architecture.

Part 5: Licensing Options

Non-exclusive license Rights to use, implement, and deploy 9DA-compliant systems
Exclusive license Sole commercial rights within defined domains or territories
Full acquisition Complete transfer of IP rights (subject to integrity requirements)
Research partnership Co-development and validation with academic institutions
Terms, scope, and pricing are negotiated case-by-case.

Part 6: Ideal Partners

For Licensing/Acquisition
AI safety organizations seeking structural alignment approaches
Technology companies building governance infrastructure
Healthcare systems implementing preventive health programs
Educational institutions developing awareness-based curricula

Profile:
Technical capability to maintain and extend the SDK
Alignment with neutrality principle
Commitment to open orchestration, not closed control
Resources for production-quality implementation
For Research Collaboration
Neuroscience and cognitive science laboratories
Psychology and metacognition research groups
AI alignment and interpretability researchers
Educational science and learning theory departments
Systems science and complexity studies centers
Behavioral economics and motivation researchers
For Funding
EU Horizon Europe
WHO mental health and preventive health grants
UNESCO education innovation
Erasmus+ learning innovation
Private foundations focused on AI safety, human flourishing, or contemplative science

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Part 7: The Originator's Path

Zdenka Cucin seeks to:
Transfer the technical/commercial layer to capable stewards
Focus on teaching the cognitive practice that underlies 9DA
Connect domains as a bridge between disciplines and applications
The formal structure can be licensed or sold.
The living practice remains with the originator.

Part 8: Why This Matters Now

The Convergence Problem

AI and humans are merging whether we're ready or not.

The question is: on what ground?

If the ground is competition → fragmentation

If the ground is any single authority → domination

If the ground is neutral coherence → orchestration

9DA provides the neutral ground. A canvas that doesn't paint itself.

The Termination Principle

The AI safety field is searching for alignment solutions. Most approaches focus on values, rewards, or behavioral constraints.

9DA offers a structural alternative:

Intelligence that cannot stop is not safe intelligence.

This principle applies to AI, to institutions, to economies, and to human cognition. It is the thread that connects all 9DA applications.

The Validation Opportunity

The Global Yoga Pilot, the 30 ECTS module, the AI benchmarks, and the Token study together constitute the first scientific programme aimed at validating awareness as a measurable, trainable, universal capacity.

This is the moment to establish the evidence base.

Contact

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Repository: github.com/9DAtm/9DA-Core

Website: www.9da.org – coming soon

https://www.linkedin.com/in/zcucin

https://yogaroom.nl/en/

https://yogiclife.eu

https://www.amazon.nl/dp/B0F3NTZW1Y

https://www.amazon.nl/dp/B0DYJN4XTW

Appendix: Document Index

Document	Description
9DA-Core README	Technical overview of governance protocol
9DA Personal Regulator	GPT instruction set for human self-regulation
Protocol for AGI and ASI	Structural constraints for superintelligence
Global Yoga Neuroplasticity Pilot	Research design for 10,000-participant study
30 ECTS Proposal	University curriculum specification
9DA Health Token	Behavioral economics system design
Grant Proposal	Multi-domain scientific validation programme
Research Brief	One-page summary for academics
Licensing Summary	One-page summary for potential licensees

All documents available upon request.