

April - June (Foundation & NCERT Mastery)

- Physics & Chemistry: Read NCERT line by line, make notes, and practice numericals.
- Maths: Solve NCERT completely and start reference books like RD Sharma or ML Aggarwal.
- Biology: Focus on NCERT diagrams and explanations, and make flowcharts for quick revision.
- Practice: Solve previous year’s questions after finishing each chapter.

July - September (Deep Conceptual Understanding & Application)

- Start solving advanced problems from HC Verma (Physics), OP Tandon (Chemistry), and additional exercises in Maths.
- For Biology, go for MTG NCERT at your fingertips or Trueman’s for conceptual clarity.
- Attempt weekly mock tests to check your progress.

October - December (Intensive Practice & Revision)

- Full syllabus revision (revise all NCERT chapters again).
- Solve sample papers, mock tests, and PYQs in a time-bound manner.
- Strengthen weak areas and focus on speed and accuracy.
- Start writing practice for long-answer questions in Biology & Chemistry.

January - February (Final Revisions & Exam Strategy)

- Revise NCERT multiple times (especially for Chemistry & Biology).
- Solve CBSE sample papers and attempt 3-hour full syllabus mock tests.
- Work on time management and avoid last-minute stress.
- Focus on high-weightage topics and previous year trends.

March (Final Touch & Confidence Building)

- Quick revisions and solving at least one paper per day.
- Rest well, stay calm, and avoid new topics.

April - June (Foundation Building)

- ☐ Study Time: 6-7 hours daily
- ☐ Focus: NCERT completion + Notes Making + Basic Problem Solving

Monday to Saturday Plan

Time Slot	Subject	Task
6:30 AM - 7:30 AM	Biology	Read NCERT + Make short notes
8:00 AM - 10:00 AM	Mathematics	Solve NCERT problems
10:30 AM - 12:30 PM	Physics	Read theory + Concept building (HC Verma/NCERT)
2:00 PM - 4:00 PM	Chemistry	Read NCERT + Solve numericals
6:00 PM - 7:00 PM	Biology	Diagram & Flowchart practice
7:30 PM - 9:30 PM	Maths/Chemistry	Extra problems (RD Sharma, OP Tandon, etc.)
9:30 PM - 10:00 PM	Revision	Revise what you studied in the day

- ☐ Sunday: Revise the entire week’s topics + Solve previous year questions (PYQs).

July - September (Advanced Learning & Practice)

- ☐ Study Time: 7-8 hours daily
 - ☐ Focus: Advanced Questions + PYQs + Test Series
 - Physics & Chemistry → Solve HC Verma, DC Pandey, OP Tandon numericals
 - Mathematics → Focus on advanced problems & application-based questions
 - Biology → Revise NCERT multiple times + Memorization tricks
 - ☐ Mock Tests → Start attempting topic-wise tests every Sunday.
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October - December (Full Syllabus Revision & Mock Tests)

- ☐ Study Time: 8+ hours daily
 - ☐ Focus: Timed Tests + Answer Writing Practice + NCERT Deep Revision
 - Solve full-length sample papers every 2-3 days.
 - Revise NCERT at least 3 times before December ends.
 - Write detailed answers for long questions in Biology & Chemistry.
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January - February (Final Touch + Confidence Building)

- ☐ Study Time: 6-7 hours daily
 - ☐ Focus: Solving 3-hour mock tests & final revisions
 - One full syllabus mock test daily.
 - Quick Notes & Formula Revision every morning.
 - Avoid new topics.
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March (Final Exam Weeks)

- ☐ Focus: Mental Peace + Quick Revisions + Good Sleep
 - Revise high-weightage chapters
 - Solve 1 paper every alternate day
 - Stay relaxed & confident!
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April - June (Foundation Building)

- ☐ Study Time: 6-7 hours daily
- ☐ Goal: Complete NCERT thoroughly, make notes & solve basic problems

Monday to Saturday Daily Routine

- ☐ 6:30 AM - 7:30 AM → Biology
 - Read one NCERT chapter
 - Highlight important points & make short notes
 - Focus on diagrams & flowcharts
- ☐ 8:00 AM - 10:00 AM → Mathematics

- Solve one NCERT exercise
- Practice examples & formulas
- Do 1-2 HOTS problems

☐ 10:30 AM - 12:30 PM → Physics

- Read NCERT + HC Verma (Theory)
- Solve concept-based numericals
- Revise previous day's formulas

☐ 2:00 PM - 4:00 PM → Chemistry

- Read NCERT (Organic/Inorganic/Physical)
- Make reaction & concept flashcards
- Solve numericals (Physical Chemistry)

☐ 6:00 PM - 7:00 PM → Biology Revision

- Write & recall important points
- Practice labeling & diagrams

☐ 7:30 PM - 9:30 PM → Maths/Chemistry Extra Practice

- Solve additional problems from RD Sharma/OP Tandon
- Do previous year questions (PYQs)

☐ 9:30 PM - 10:00 PM → Quick Revision

- Go through what you studied today
- Revise formulas, reactions & key concepts

☐ Sunday Plan:

- Revise the entire week's syllabus
- Solve PYQs of one subject
- Attempt a topic-wise test

July - September (Advanced Learning & Practice)

☐ Study Time: 7-8 hours daily

☐ Goal: Start solving advanced problems & PYQs

Daily Plan (Same Schedule, but with Additions)

☐ Physics & Chemistry → Solve HC Verma, DC Pandey, OP Tandon problems.

☐ Maths → Focus on application-based & HOTS problems.

☐ Biology → Revise NCERT multiple times & memorize key terms.

☐ Weekly Test on Sunday

October - December (Full Syllabus Revision & Mock Tests)

☐ Study Time: 8+ hours daily

☐ Goal: Revise NCERT 3+ times & attempt full-length mock tests

- Solve one full syllabus mock test every 2-3 days
 - Write detailed answers for Biology & Chemistry long questions
 - Strict time management practice
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January - February (Final Revision & Exam Strategy)

- ☐ Study Time: 6-7 hours daily
 - ☐ Goal: Focus on quick revisions & solving mock papers
 - Solve 1 full syllabus paper daily
 - Revise formulas, definitions & important topics
 - Avoid new topics & focus on strengthening weak areas
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March (Final Exam Weeks)

- ☐ Goal: Stay relaxed & confident
 - 1 paper every alternate day
 - Quick revisions & last-minute notes
 - Good sleep & stress-free mindset
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