Promoting Wellbeing in STEM Classrooms

What is student wellbeing?

Resources

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Next Steps

Handout
(with clickable links)

Slides

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	Course Design	Syllabus Construction	Instructional Moves
Rehumanizing STEM	• Consider many cultural traditions when scheduling • Build in flexibility	• Reorder your syllabus to emphasize priorities • Add a basic needs security statement	• Use students names • Learn about your students' lives and goals • Incorporate metacognitive reflections • Discuss scientists as humans
Social Connection	• Build in opportunities for student collaboration • Use collaborative learning pedagogies	• Co-create some syllabus items • Explain purposes of office hours	• Intentionally assign groups • Talk with students before/after class • Mid-semester Small Group Feedback Sessions
Sense of Belonging	• Co-create class norms • Include short mindset activities	• Include explicit language about your belief that your students can succeed	• Use asset-oriented language • Highlight specific students' contributions and growing expertise • Reach out to students as individuals
Compassion	• Minimize or eliminate high stakes assessments • Provide structure but incorporate flexibility	• Include information on campus resources (mental health, tutoring, etc.) • Be explicit about flexibility	• Trust your students • Adapt to your students' needs

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