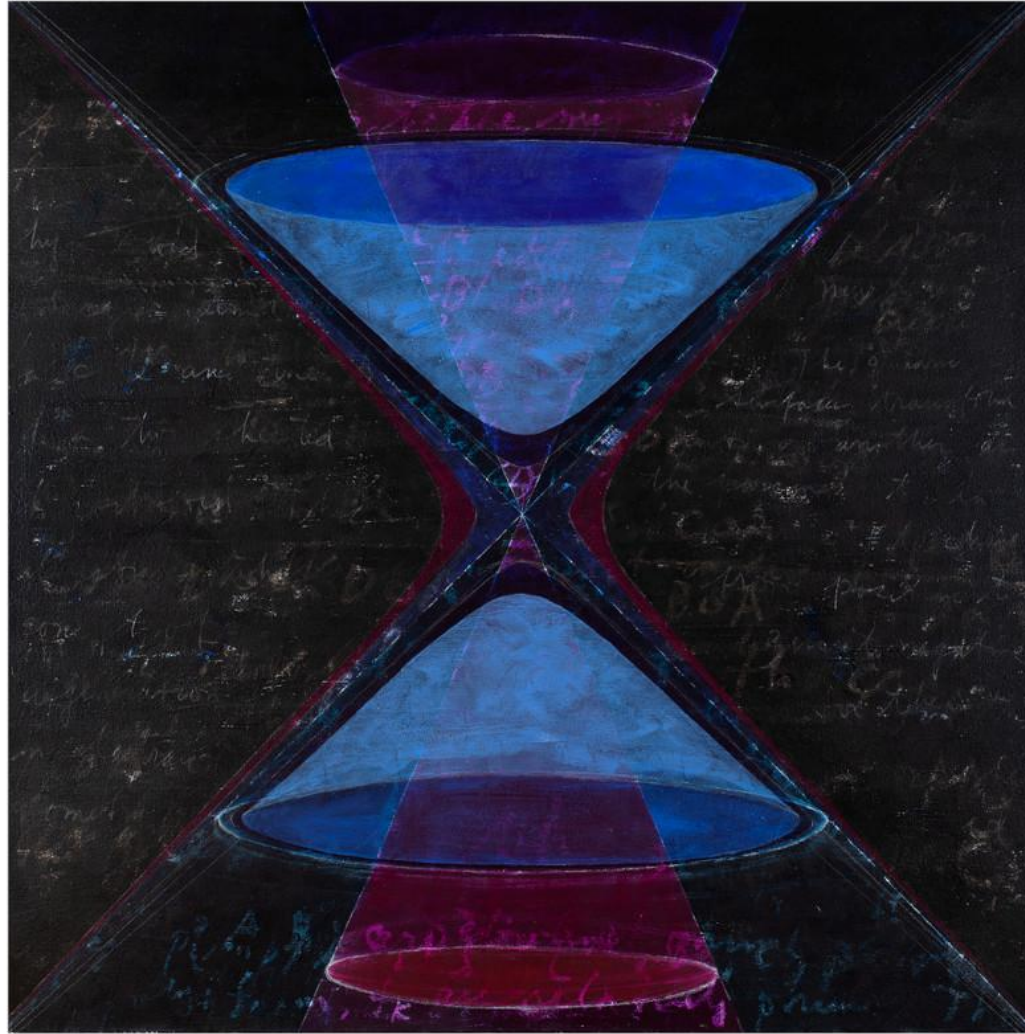


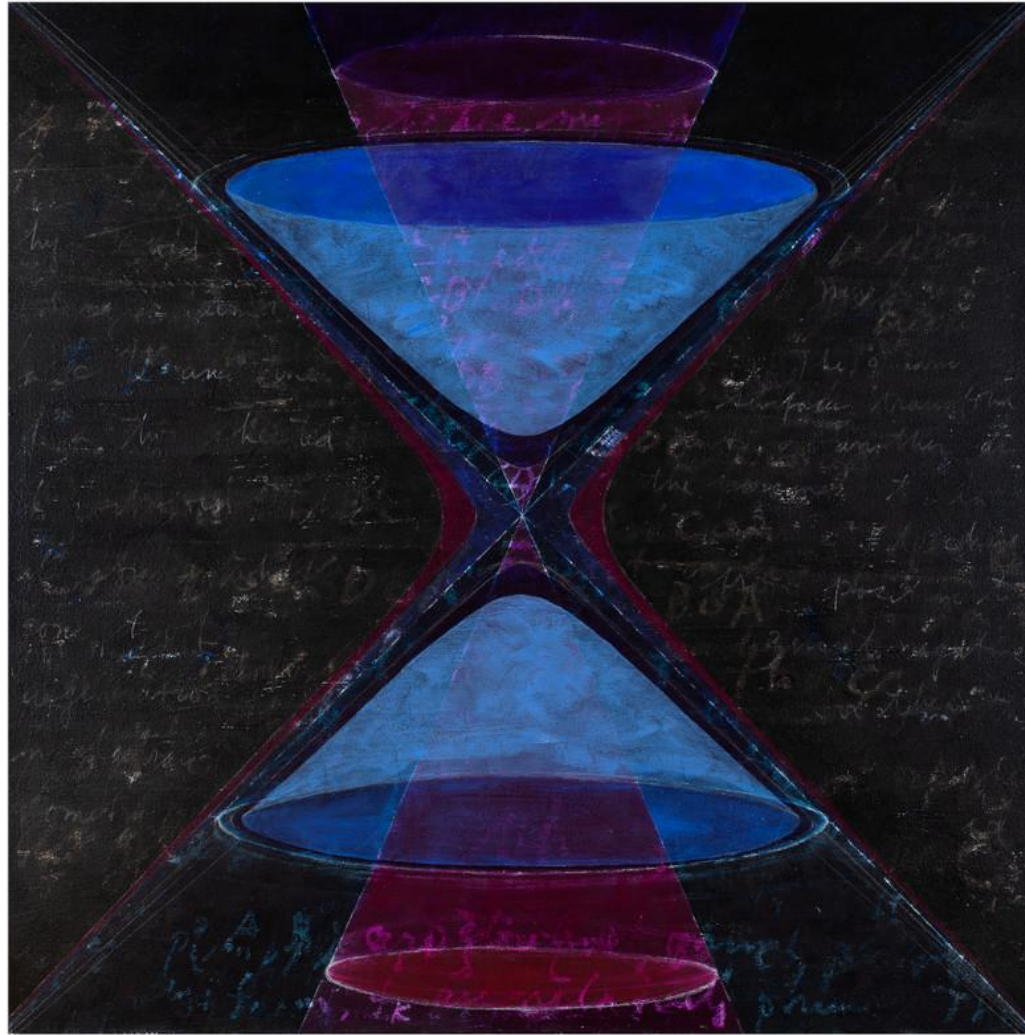
Stacking and balancing casual causality



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20th Nov. 2023
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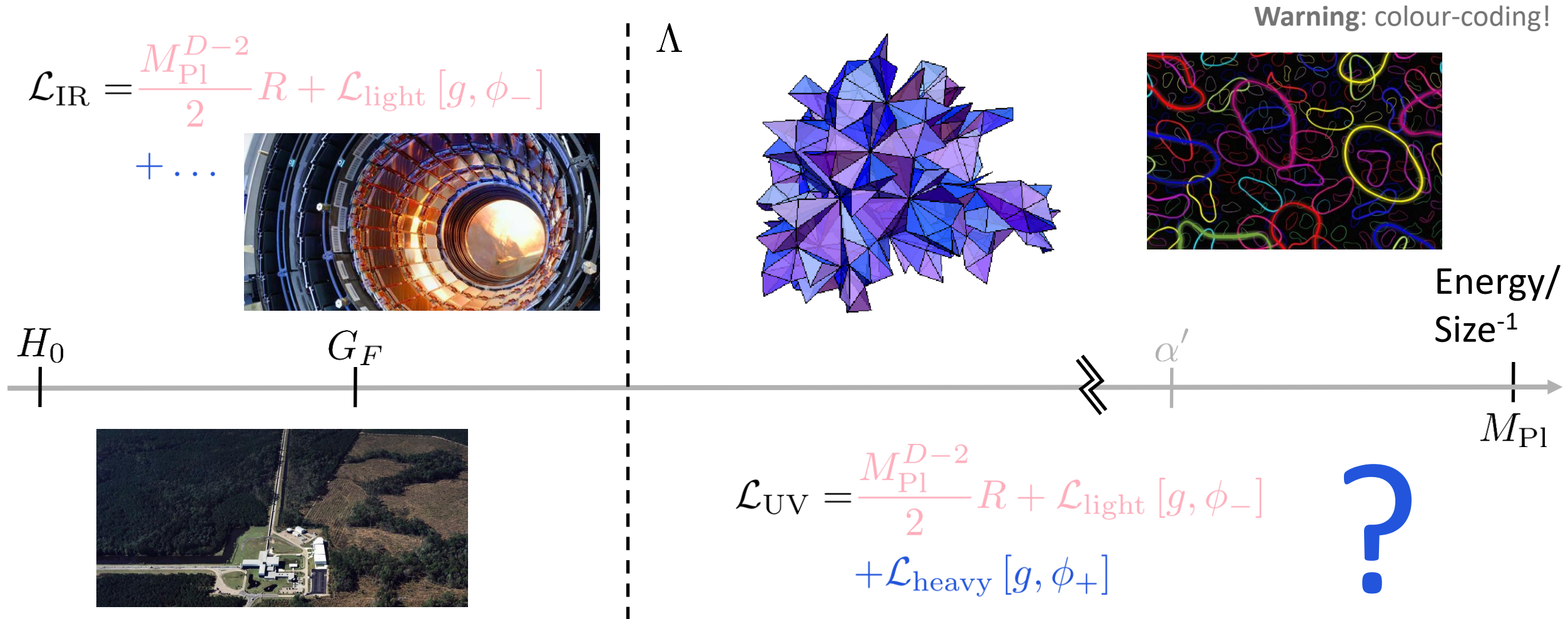
Stacking and balancing casual causality



based on 2112.05031 & 2309.04534 in collaboration with C. de Rham, A. Margalit, A. J. Tolley

Motivation: EFTs of Gravity

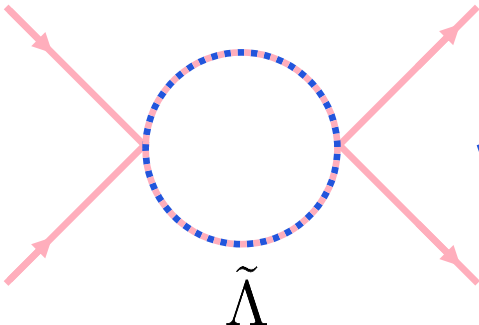
Effective field theory of gravity



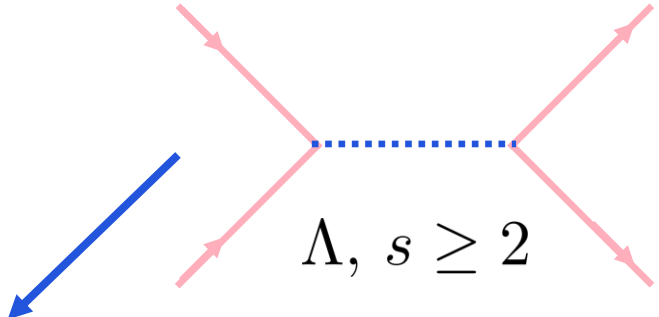
The **UV completion** of GR is unknown (please let me know if you do!), but we can write down a **generic effective action**.

Einstein-Hilbert +

Full **effective action** (redundantly parameterised):



A Feynman diagram showing a loop of gravitons (represented by a dashed blue circle) with four external legs (represented by red lines with arrows). The loop is labeled $\tilde{\Lambda}$ below it.

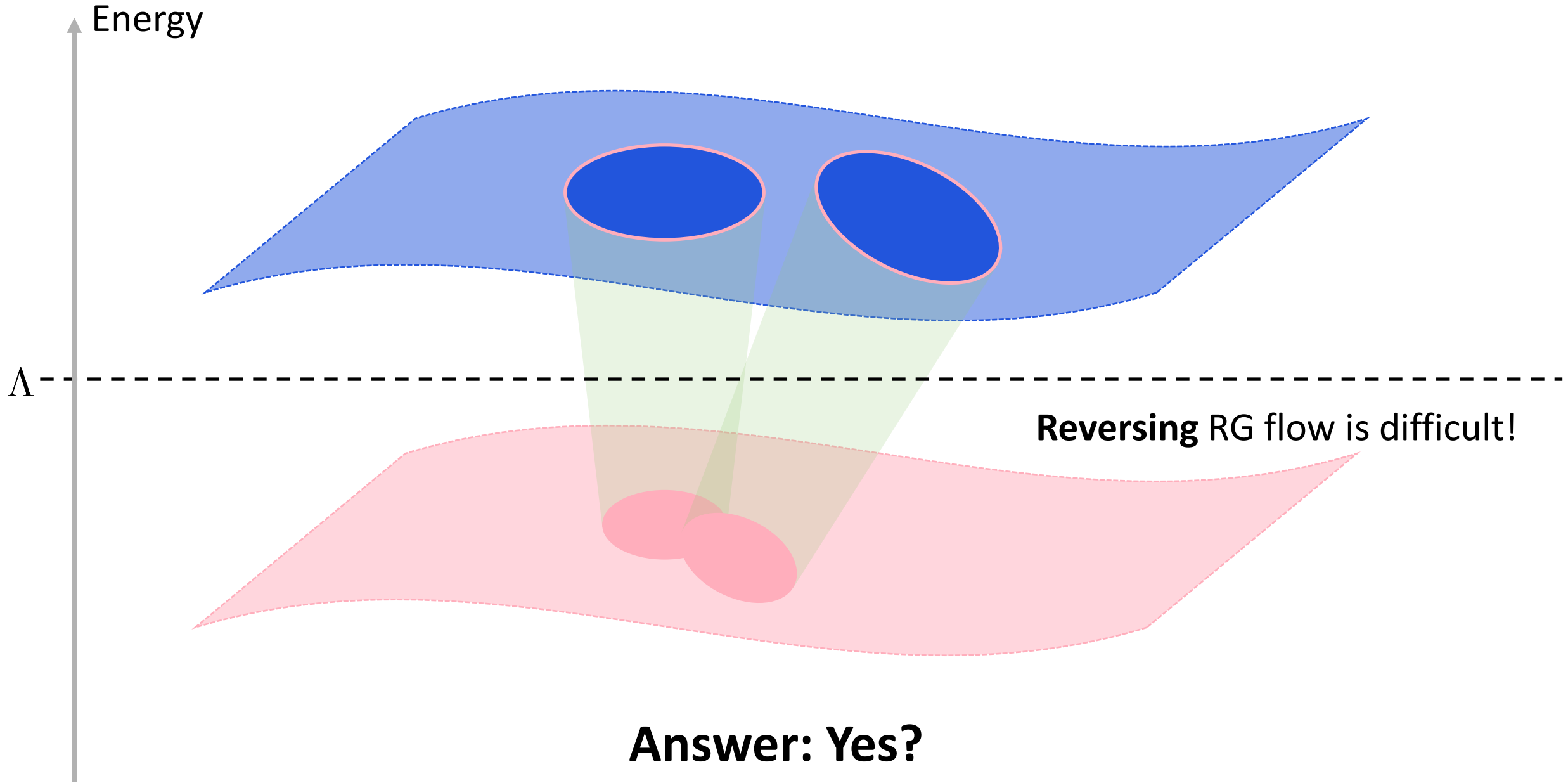


A Feynman diagram showing a graviton exchange (represented by a dashed blue line) between two vertices (represented by red lines with arrows). The exchange is labeled $\Lambda, s \geq 2$ below it.

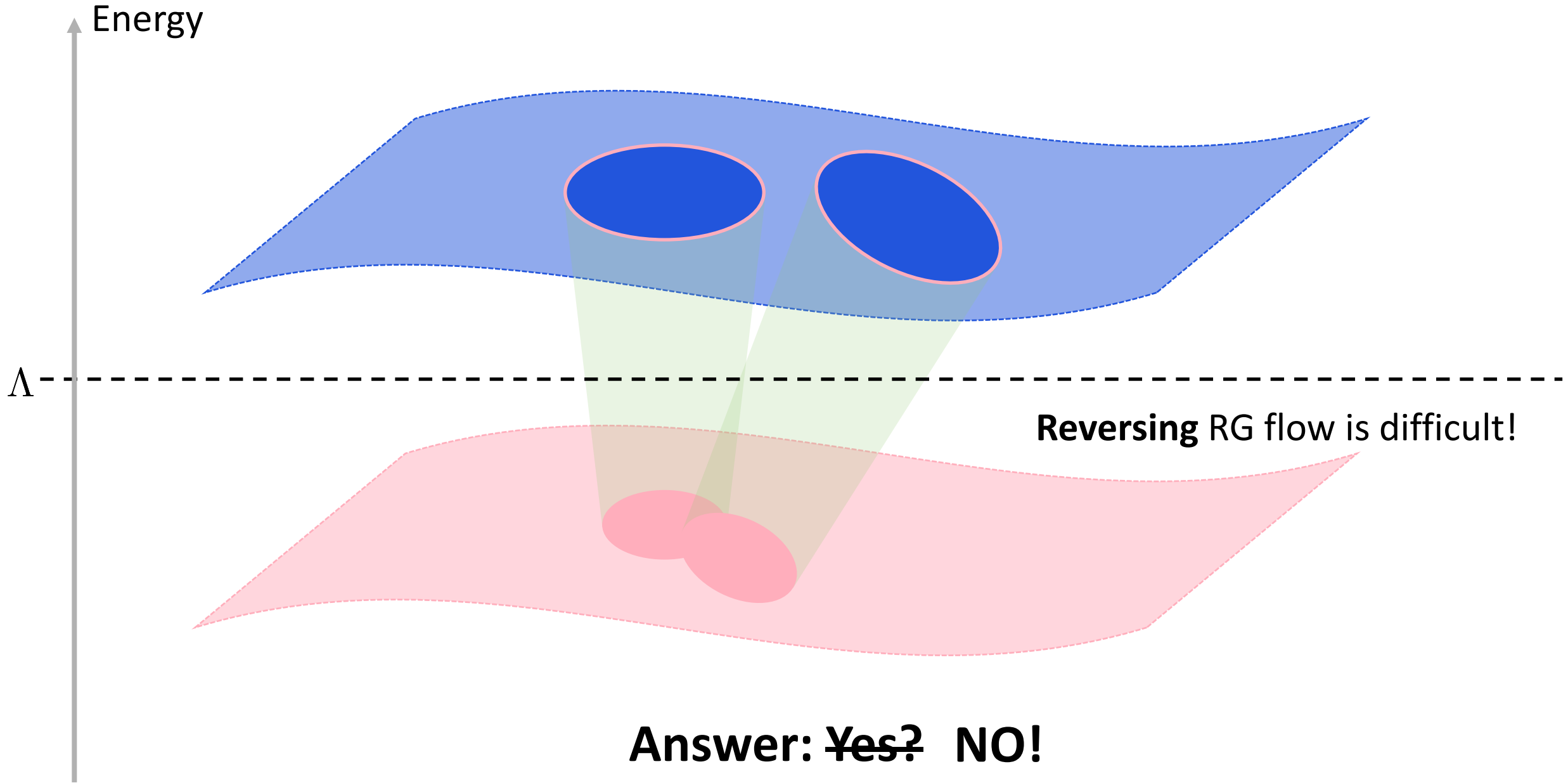
$$S_{\text{EFT}} = \int d^D x \sqrt{-g} \left[M_{\text{Pl}}^{D-2} \left(\frac{1}{2} R + \Lambda^2 \sum_{m \geq 0, n \geq 2} c_{mn} \left(\frac{\nabla}{\Lambda} \right)^m \left(\frac{\text{Riemann}}{\Lambda^2} \right)^n \right) \right. \\ \left. + \tilde{\Lambda}^D \sum_{m \geq 0, n \geq 2} d_{mn} \left(\frac{\nabla}{\tilde{\Lambda}} \right)^m \left(\frac{\text{Riemann}}{\tilde{\Lambda}^2} \right)^n \right]$$

Question: Are all these terms physical?

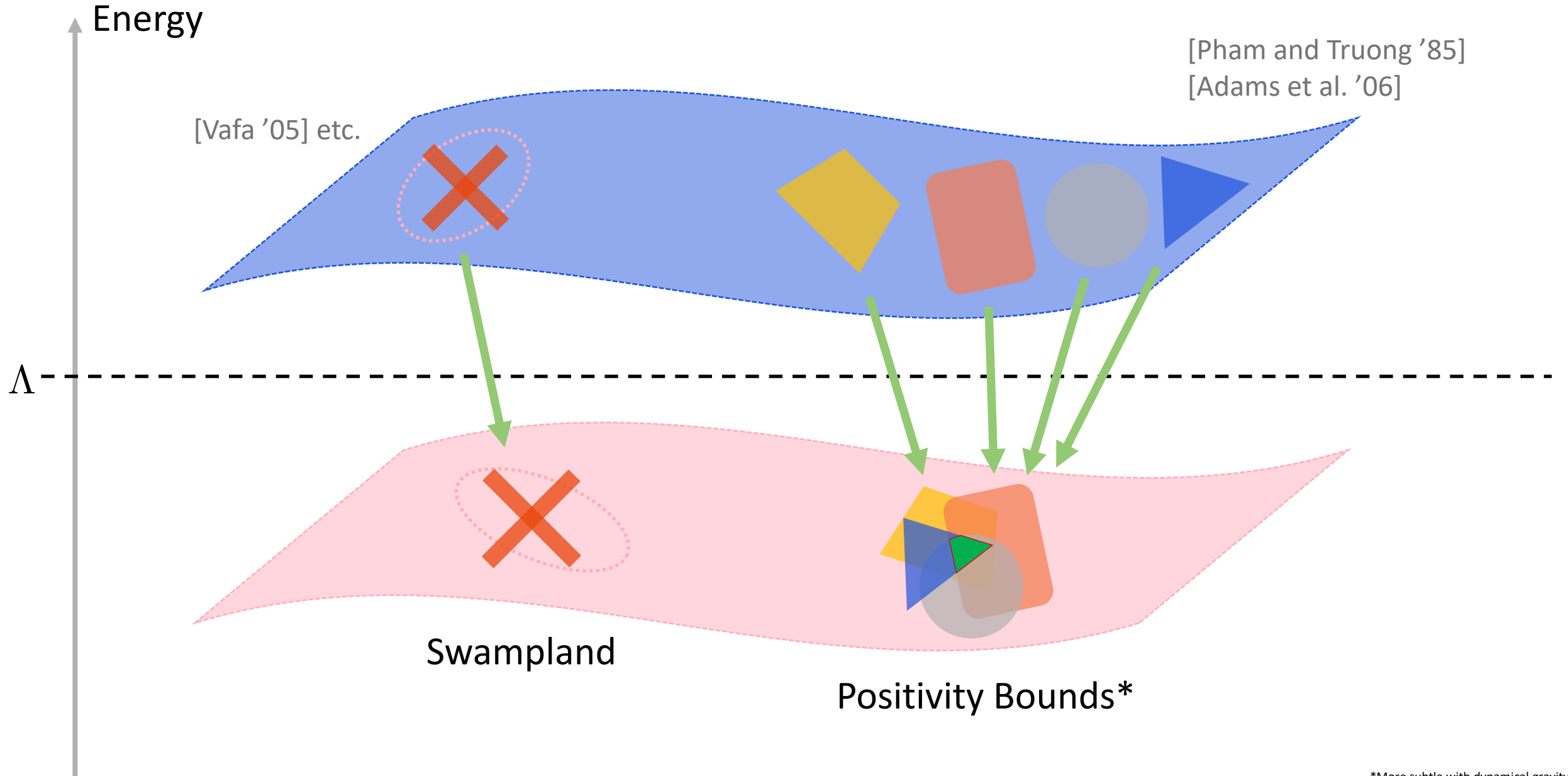
RG flow



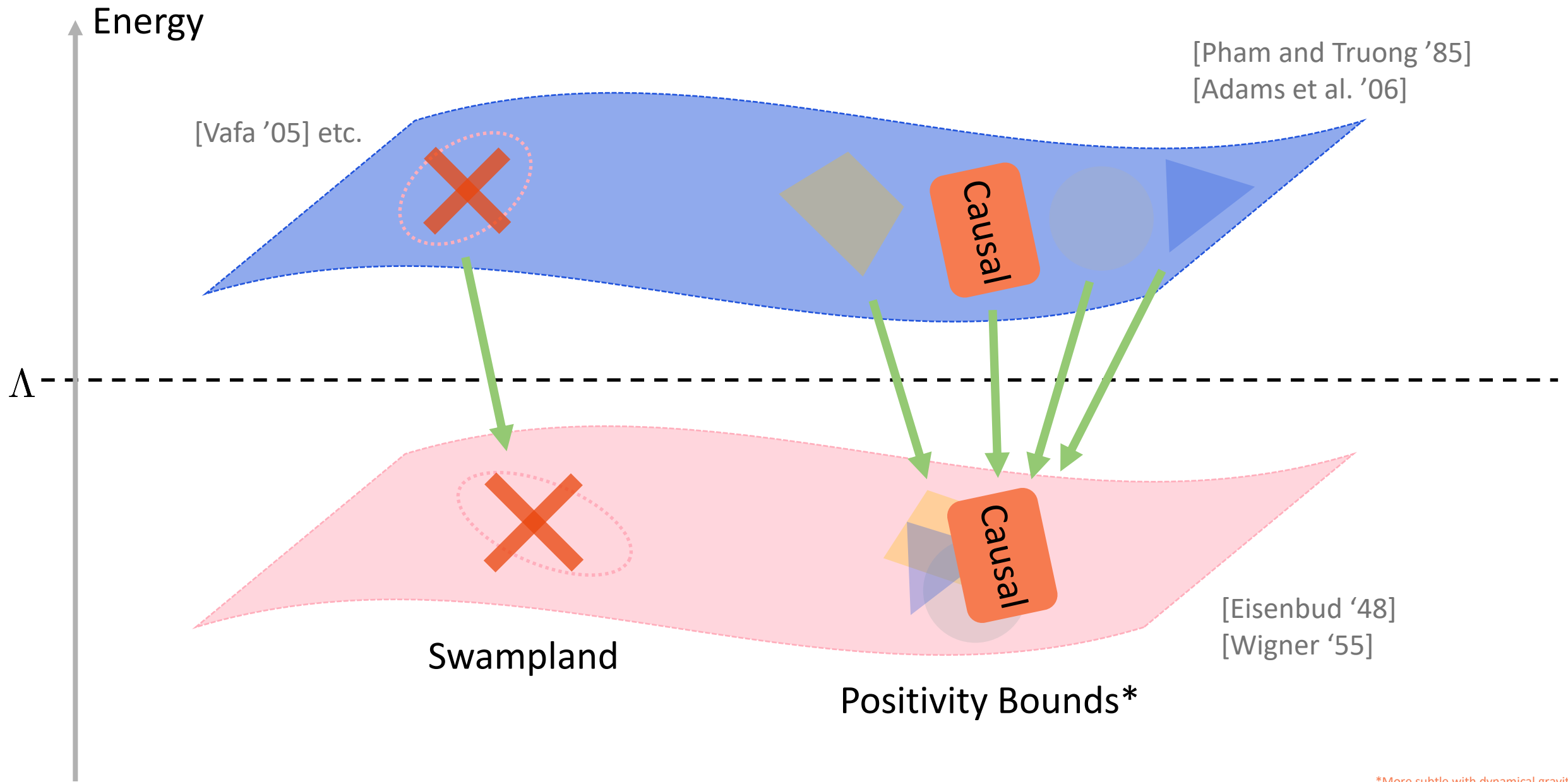
RG flow



UV imprints on IR



Causality



*More subtle with dynamical gravity!

Example: Consistency and Causality

Illustrative example on flat space: Goldstone

$$\mathcal{L} = -\frac{1}{2}(\partial\phi)^2 + g(\partial\phi)^4 + \dots$$

In known UV completions, always find $g > 0$. Coincidence...?

...No! Propagation speed of perturbations about backgrounds $\bar{\phi} = c_\alpha x^\alpha$

$$v^2 = 1 - g \frac{8(c_\alpha p^\alpha)^2 / |\mathbf{p}|^2}{1 - 4gc_\alpha c^\alpha}$$

So $g > 0$ directly linked to **subluminal** propagation speed of perturbations! [Adams et al. '06]

→ Consistent with **positivity bounds**. Caveat: More subtle with **dynamical gravity** – technical and conceptual challenges !

[Cheung and Remmen '17]

[Alberte, de Rham, Jaitly, and Tolley '20]

[Tokuda, Aoki, and Hirano '20]

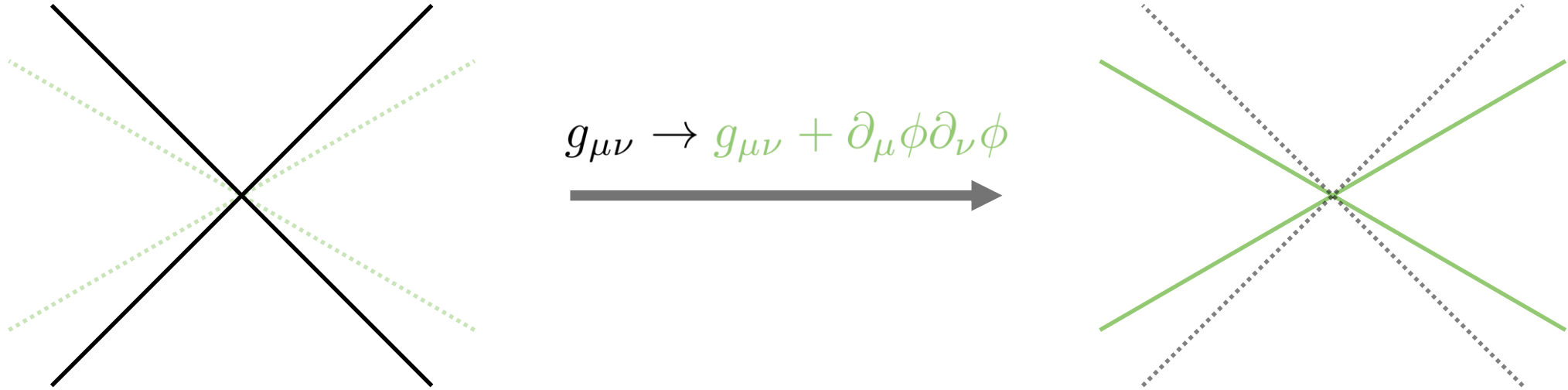
etc.

Goal: Use causality to identify consistent gravitational EFTs

Causality and Curved Spacetime

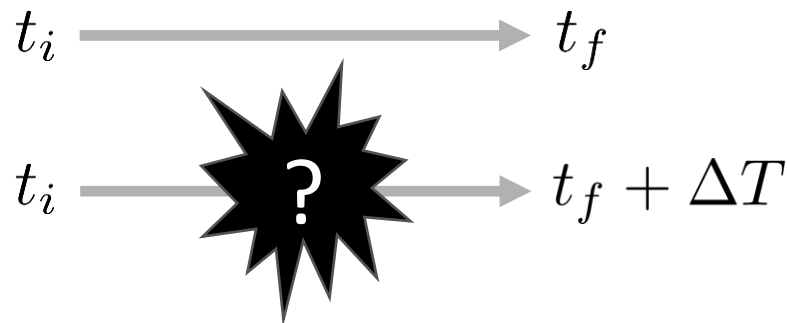
Causality and Time Delays

In gravitational EFTs, **field redefinitions** can change light cone structure



so propagation speeds are not invariant: (Sub-)luminal propagation **not meaningful** criterion.

→ Rephrase causality in terms of **time delay** ΔT : Assume spacetime is **asymptotically flat** and has causal **Killing vector** $k = \partial/\partial t$ associated with a conserved energy $E = -k \cdot u$



Eisenbud-Wigner Time Delay

Consider generic incoming wave packet and outgoing wave packet that differs by only by a **time delay**

$$|\text{in}, g\rangle = \int_0^\infty \frac{dE}{2\pi} g(E) \hat{a}_E^{\text{in}\dagger} |\text{vac}\rangle, \quad |\text{out}, g\rangle = e^{i\hat{P}_0\Delta T} |\text{in}, g\rangle$$

Given that

$$\langle \text{vac} | \hat{a}_{E'}^{\text{in}} \hat{S} \hat{a}_E^{\text{in}\dagger} | \text{vac} \rangle = 2\pi \delta(E - E') e^{2i\delta(E)}$$

then

$$\langle g, \text{out} | \hat{S} | g, \text{in} \rangle = \int_0^\infty \frac{dE}{2\pi} |g(E)|^2 e^{2i\delta(E) - iE\Delta T}$$

Take the profile $g(E)$ to be peaked around \bar{E} with some width $\Delta E \ll \bar{E}$, so the **stationary phase approximation** gives

$$\Delta T = \left. \frac{2\partial\delta(E)}{\partial E} \right|_{E=\bar{E}} + \mathcal{O}(\Delta E^{-1})$$

→ **Eisenbud-Wigner** time delay, with intrinsic uncertainty!

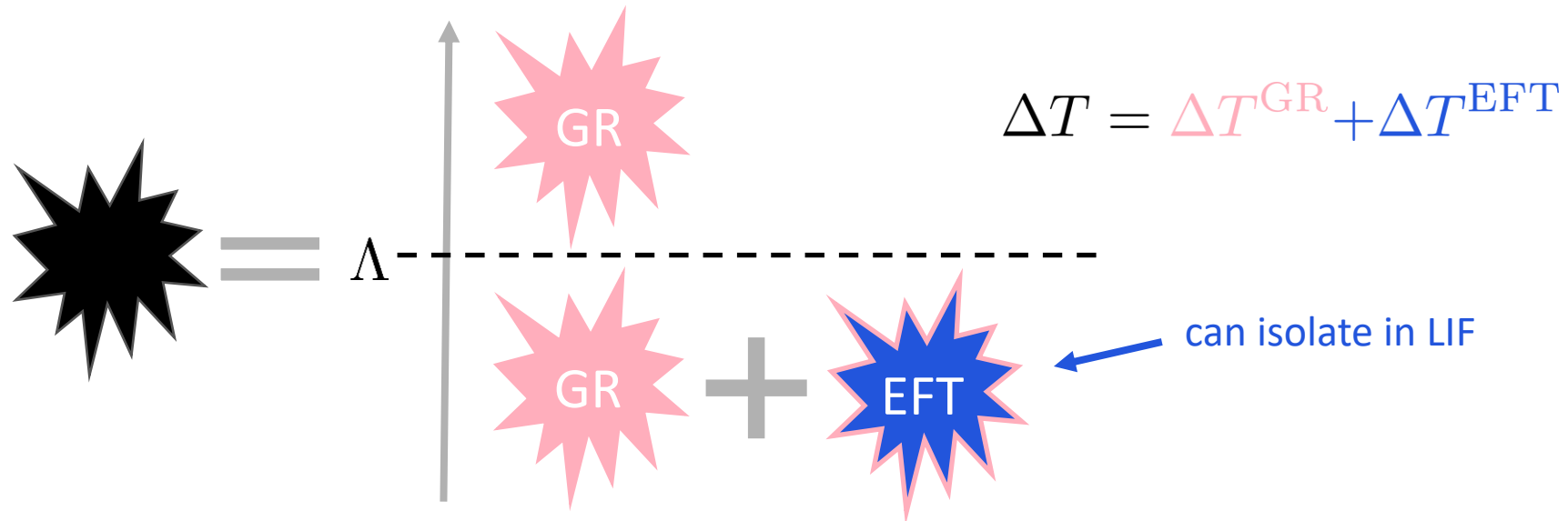
Is causality just $\Delta T > 0$?

Subtlety 1: Uncertainty principle puts limit on “observations” via **resolvability**

→ Waves with energy E cannot measure time delays ΔT with

$$|\Delta T| \lesssim E^{-1}$$

Subtlety 2: Need to distinguish effect of **background** geometry from EFT correction



Background effect due to GR should set **reference**

→ To determine **causality of EFT**, study EFT contribution.

Infrared Causality

Putting this together:

Infrared Causality Violation



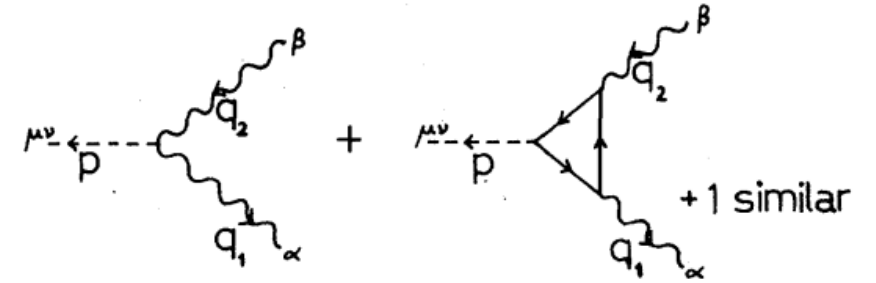
$$\left. \begin{array}{l} \Delta T^{\text{EFT}} < 0 \\ \text{AND} \\ |\Delta T^{\text{EFT}}| \gtrsim E^{-1} \end{array} \right\} \Delta T^{\text{EFT}} \lesssim -E^{-1}$$

Let's try this!

Example: QED on Curved Spacetime

QED on fixed curved background

$$S = \int d^4x \sqrt{-g} \left[-\frac{1}{4} F_{\mu\nu} F^{\mu\nu} + \bar{\psi} (i\gamma^\mu D_\mu - m_e) \psi \right]$$



Integrating out the electron [Drummond and Hathrell '80]

$$W = \int d^4x \sqrt{-g} \left[-\frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{1}{320\pi} \frac{\alpha}{m_e^2} R_{\mu\nu\rho\sigma} F^{\mu\nu} F^{\rho\sigma} + \mathcal{O} \left(\frac{\alpha}{m_e^{2n}} \right) \right]$$

E.g. on Schwarzschild (with Schwarzschild radius r_g): **Gravitational birefringence**

$$c_s^2 - 1 \sim \pm \frac{1}{m_e^2} \frac{r_g}{r^3} \quad \longrightarrow \quad \Delta T^{\text{EFT}} \sim \pm \frac{2r_g}{b^2 m_e^2}$$

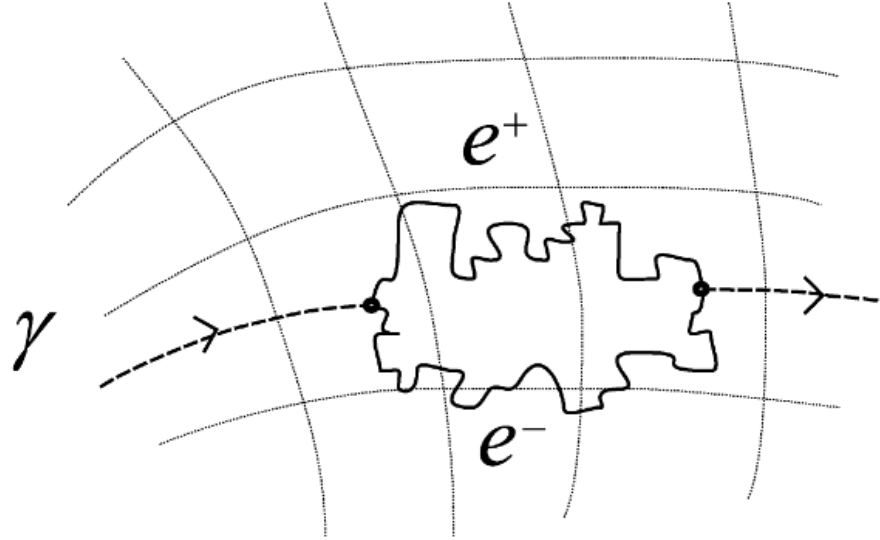
Signals causality violation even though UV completion is causal!

→ Causality at low energies violated by integrating out electron...?

Example: QED on Curved Spacetime

Perspective 1: Causality restored as new degrees of freedom are restored. [Hollowood and Shore '07]

→ That's new physics!



Whether we like it or not *we are all low-energy physicists.*

Lesson 2: IR causality can be diagnosed purely **within EFT!** Within regime of validity

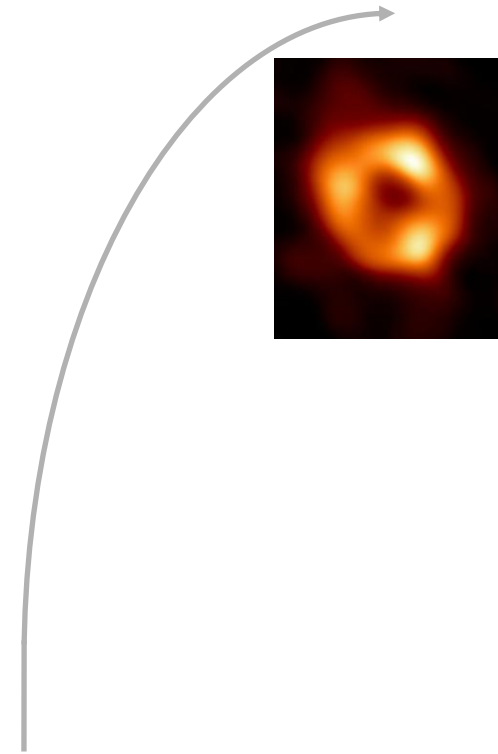
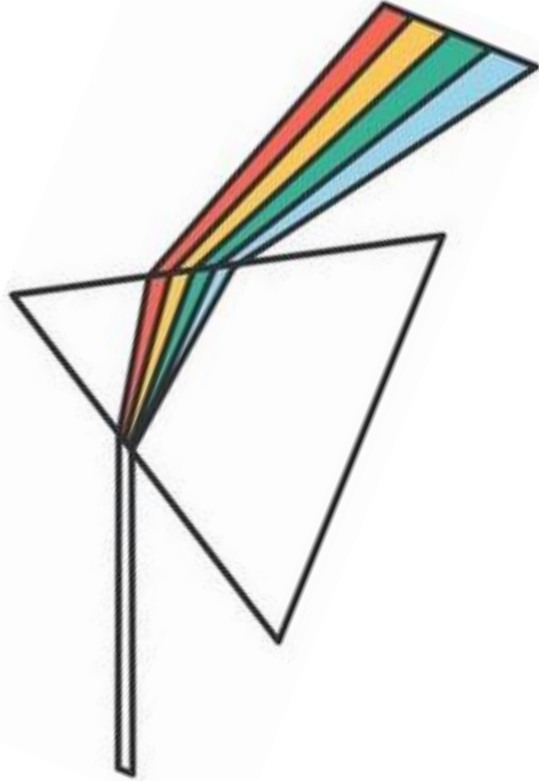
$$|\Delta T^{\text{EFT}}| \ll E^{-1}$$

[de Rham and Tolley '20]

→ unresolvable!

Testing Ground: Black Holes

Like to smash things into each other to study them: Scatter gravitons off **black hole**!



Technically challenging: Gauge invariant basis variables remain same, but master variables receive EFT corrections [Kodama & Ishibashi '03]

→ IR causality consistent with **gravitational positivity bounds** [CYRC, de Rham, Margalit, and Tolley '21]

Aichelburg-Sexl Boost: Shockwaves

Instead, take Aichelburg-Sexl boost to **shockwave** spacetime



Spoiler: Same conclusion for single shockwave and black hole, but **more interesting configurations** with shockwaves! [Camanho, Edelstein, Maldacena, and Zhiboedov '14]

Stacking and Balancing Causality

Suppose that $\Delta T^{\text{EFT}} < 0$ is possible. Then

$$|\Delta T^{\text{EFT}}| \sim |c_{\text{EFT}}| T \leq T_0$$

A (relatively) larger time advance would lead to

$$|\Delta T^{\text{EFT}}| \sim |c_{\text{EFT}}| \alpha T \leq \tilde{T}$$

so

$$|c_{\text{EFT}}| \lesssim \frac{1}{\alpha} \frac{T_0}{T}$$

In fact: As $\alpha \rightarrow \infty$, we will find

$$c_{\text{EFT}} = 0$$

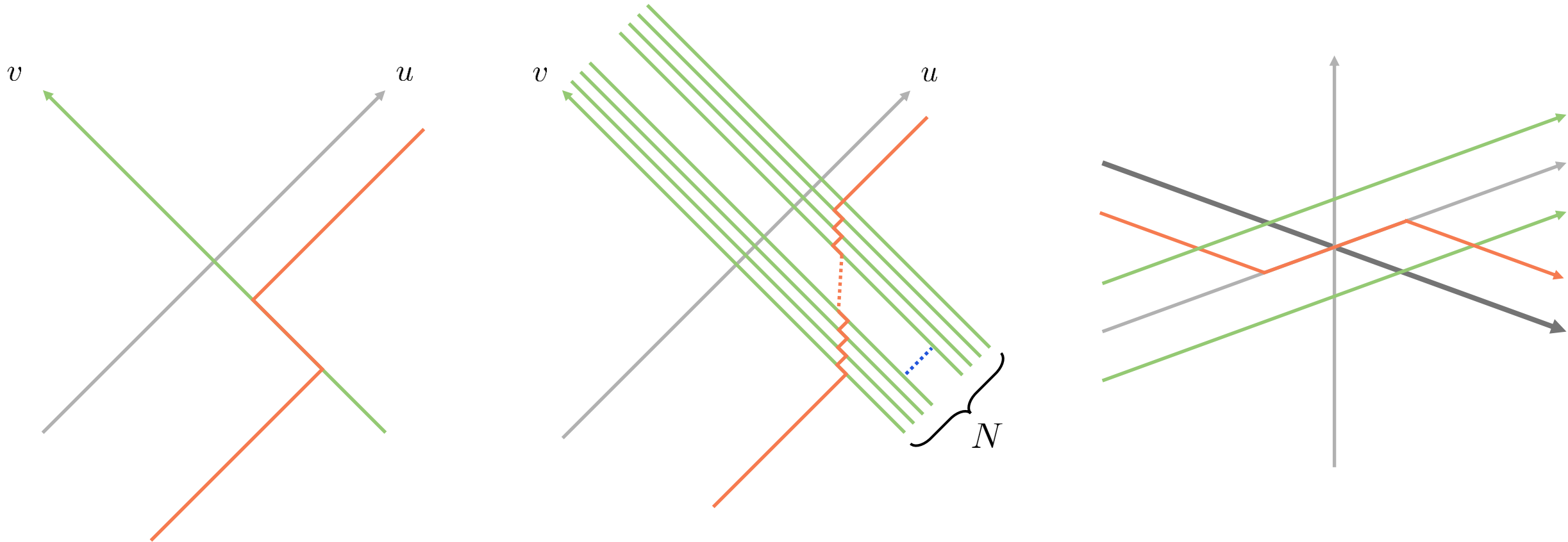
→ Essentially avoids the **resolvability criterion!**

[CEMZ '14]

[Question at "Gravity at YITP 2022"]



Preview: Stacking and Balancing Causality



(More Precise) Goal: Constrain EFT operators using IR causality

Review: Pp-waves

In Brinkmann coordinates (u, v, x^i)

$$ds^2 = 2du dv + F(u, x^i)du^2 + \delta_{ij}dx^i dx^j$$

Only non-vanishing component of Riemann tensor

$$R_{uiuj} = -\frac{1}{2}\partial_i\partial_j F$$

Vacuum Einstein's equations impose

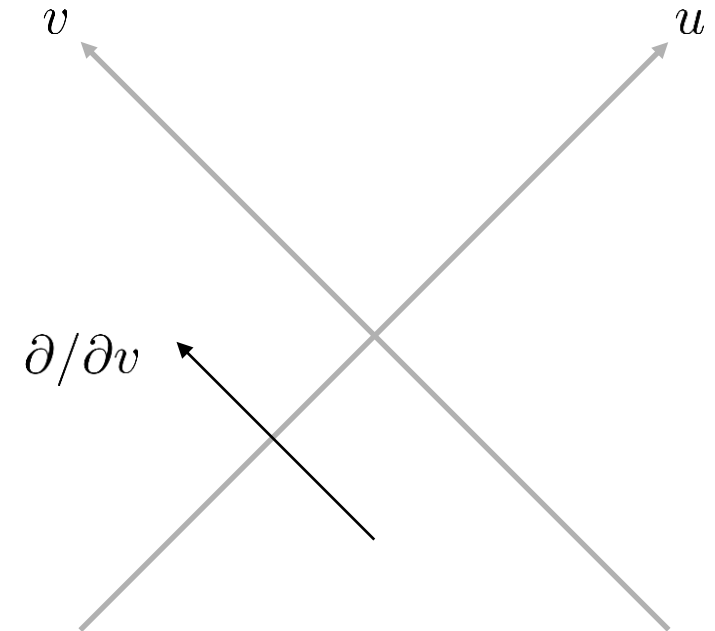
$$R_{\mu\nu} = 0 \longrightarrow \partial_i\partial^i F = 0$$

→ Harmonic $F(u, x^i)!$

Within this class of solutions: **Rank-0 and -2 contractions** of Riemann tensors and covariant derivatives e.g.

$$R_{\mu\nu}, \quad (R^m)^\lambda{}_{\mu\lambda\nu}, \quad \nabla_\alpha \nabla_\beta (R^n)^\alpha{}_\mu{}^\beta{}_\nu, \quad \dots$$

vanish.



Surfin' on pp-waves

Pp-waves satisfying vacuum Einstein equation are background solutions **at all orders** in EFT

$$\begin{aligned}\text{Background eq.} &\sim \left. \frac{\delta S_{EFT}}{\delta g^{\mu\nu}} \right|_{\text{pp-wave}} \\ &= 0\end{aligned}$$

However, equations for perturbations $h_{\mu\nu}$ on pp-wave background

$$\begin{aligned}\text{Perturbation eq.} &\sim \left. \frac{\delta^2 S_{EFT}}{\delta g^{\mu\nu} \delta g^{\rho\sigma}} \right|_{\text{pp-wave}} h^{\rho\sigma} \\ &+ \text{perm.} \\ &\neq 0\end{aligned}$$

not trivially satisfied!

→ EFT corrections non-zero!



Regime of Validity

EFT breaks down when probed...

- 1) at too small length scales or high energies → **background** (trivial for pp-waves)
- 2) by particles with too high energies → **perturbations** (non-trivial for pp-waves!)

Find parameter controlling asymptotic expansion using **Lorentz scalars** towards infinity (see QED). Crucially:

$$R_{\mu\nu\alpha\beta}\delta R^{\mu\nu\alpha\beta} \neq 0$$


Fourier transform perturbations $\nabla h \rightarrow i k h$, then constraints take schematic form

$$\text{“} \lim_{a,b,c \rightarrow \infty} \left(\frac{\nabla}{\Lambda} \right)^a \left(\frac{\text{Riemann}}{\Lambda^2} \right)^b \left(\frac{k}{\Lambda} \right)^{2c+b} \ll 1\text{”}$$

→ **EFT constraints:**

$$\partial_r \ll \Lambda, \quad k^\mu \partial_\mu \ll \Lambda^2, \quad \frac{\partial_r F}{r} k_v^2 \ll \Lambda^4$$

conserved quantity
for $\partial/\partial v$



“Shockwaves are not solutions in the EFT of gravity”

Shockwaves are pp-waves with

$$F(u, r) = \frac{4\Gamma\left(\frac{D-4}{2}\right)}{\pi^{(D-4)/2}} \delta(u) \frac{G|P_u|}{r^{D-4}}$$

→ Solutions to Einstein’s equations with **ultra-relativistic** (delta function) source

$$T_{uu} = -P_u \delta(u) \delta^{(D-2)}(\mathbf{x})$$

(also obtained via **Aichelburg-Sexl boost** from Schwarzschild black hole).

However:

$$\frac{\partial_r F}{r} k_v^2 = -\frac{4(D-4)\Gamma\left(\frac{D-4}{2}\right)}{\pi^{(D-4)/2}} \delta(u) \frac{G|P_u| k_v^2}{r^{D-6}} \rightarrow \infty \not\ll \Lambda^4$$

so shockwaves are outside EFT regime of validity → need to **regulate** e.g. as Gaussian

$$\delta(u) \rightarrow \frac{1}{\sqrt{2\pi}L} e^{-u^2/2L^2}, \quad L \gg k_v/\Lambda^2$$

Leading-order EFT: Gauss-Bonnet Gravity

Leading-order EFT in $D \geq 5$

$$S_{\text{EFT}} = \int d^D x \sqrt{-g} M_{\text{Pl}}^{D-2} \left(\frac{1}{2} R + \frac{c_{\text{GB}}}{\Lambda^2} R_{\text{GB}}^2 + \mathcal{O}(\Lambda^{-4}) \right)$$

$$R_{\text{GB}}^2 = R_{\mu\nu\alpha\beta} R^{\mu\nu\alpha\beta} - 4R_{\mu\nu} R^{\mu\nu} + R^2$$

→ **Einstein-Gauss-Bonnet gravity!**

Equations for perturbations (in **light cone gauge** $h_{v\mu} = 0$):

$$\bar{g}^{\mu\nu} \partial_\mu \partial_\nu h_{ij} - 8 \frac{c_{\text{GB}}}{\Lambda^2} \partial_v^2 X_{ij} = 0, \quad X_{ij} = (\partial_m \partial_{(i} F) h_{j)})^m - \frac{\bar{g}_{ij}}{D-2} (\partial_m \partial_n F) h^{mn}$$

Decompose $x^i \rightarrow (r, x^\alpha)$ and assume **spherical symmetry** to decouple modes

$$\bar{g}^{\mu\nu} \partial_\mu \partial_\nu \Phi_M + a_M \frac{c_{\text{GB}}}{\Lambda^2} \frac{\partial_r F}{r} \partial_v^2 \Phi_M = 0, \quad a_M = (8(D-4), 4(D-4), -8, -8)$$

$$\Phi_M = (h_{rr}, h_{r\alpha}, h_{\alpha\beta}, g^{33} h_{33} - g^{\alpha\alpha} h_{\alpha\alpha})$$

JWKB Approximation

Fourier transform of perturbation equations $\partial_v \rightarrow ik_v$ is a **Schrödinger-like equation**

$$i \frac{\partial \Phi_M}{\partial u} = -\frac{1}{2k_v} \nabla^2 \Phi_M + V \Phi_M, \quad u \rightarrow \text{“time”}, \quad k_v \rightarrow \text{“mass”}$$

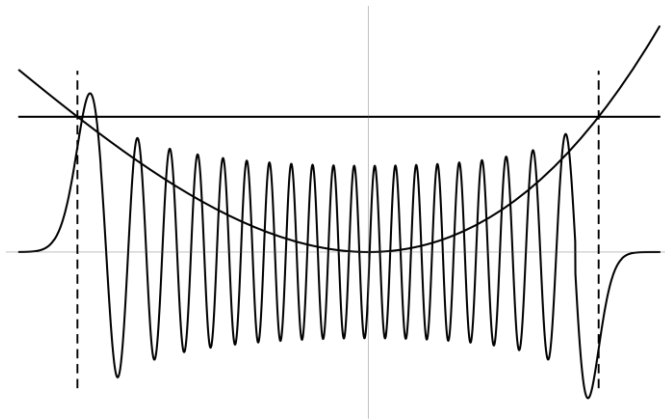
$$V(u, r) = -\frac{k_v}{2} F(u, r) + a_M k_v \frac{c_{\text{GB}}}{\Lambda^2} \frac{\partial_r F(u, r)}{r}$$

Solve this using **JWKB Ansatz** and treat Laplacian perturbatively:

$$\Phi_M(u, r) = \Phi_0 \exp[i\delta_M(u, r)],$$

$$\delta_M(u, r) = \delta_M^{(0)}(u, r) + \delta_M^{(1)}(u, r) + \dots$$

The approximation **valid** as long as $|\delta^{(0)}(u, r)| \gg |\delta^{(1)}(u, r)|$, i.e. until $u = u_{\text{max}}$ defined by



$$\left| \int_0^{u_{\text{max}}} du \nabla V(u, r) \right| \sim V(u_{\text{max}}, r)$$

→ Can't accumulate time delay indefinitely!

Eikonal Time Delay

Leading-order JWKB phase shift reproduces the **eikonal** phase shift. **Cumulative time delay** for particle localised at impact parameter $r = b$,

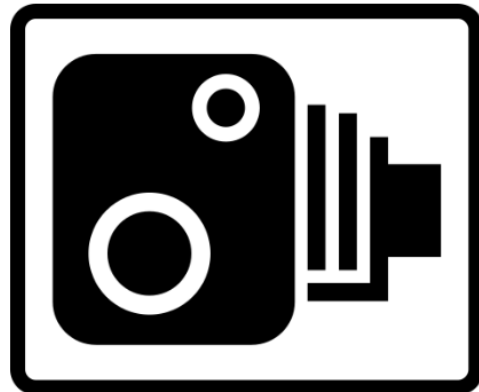
$$\Delta T(u) = 2 \left. \frac{\partial \delta_0(u, r)}{\partial k_v} \right|_{r=b} = \left(\int_0^u F(u, r) du' - 4a_M \frac{c_{\text{GB}}}{\Lambda^2} \int_0^u \frac{\partial_r F(u, r)}{r} \right) \Big|_{r=b}$$

Therefore:

$$\Delta T^{\text{EFT}}(u) = -4a_M \frac{c_{\text{GB}}}{\Lambda^2} \int_0^u \frac{\partial_r F}{r} \Big|_{r=b}, \quad a_M = (+8(D-4), +4(D-4), -8, -8)$$

→ No definite sign! Causality violation for any non-zero c_{GB} ...?

Hmm let's
see...



Am I going
too fast?

Localised Source

For sources with arbitrary profile $f = f(u)$ in time **localised** at $r = 0$:

$$F(u, r) = \frac{f(u)}{r^{D-4}}$$

1) Eikonal approximation valid up to **maximum scattering time**

$$\int_0^{u_{\max}} du \frac{f(u)}{b^{D-2}} \sim \sqrt{\frac{f(u_{\max})}{b^{D-2}}}$$

2) **EFT** regime of validity

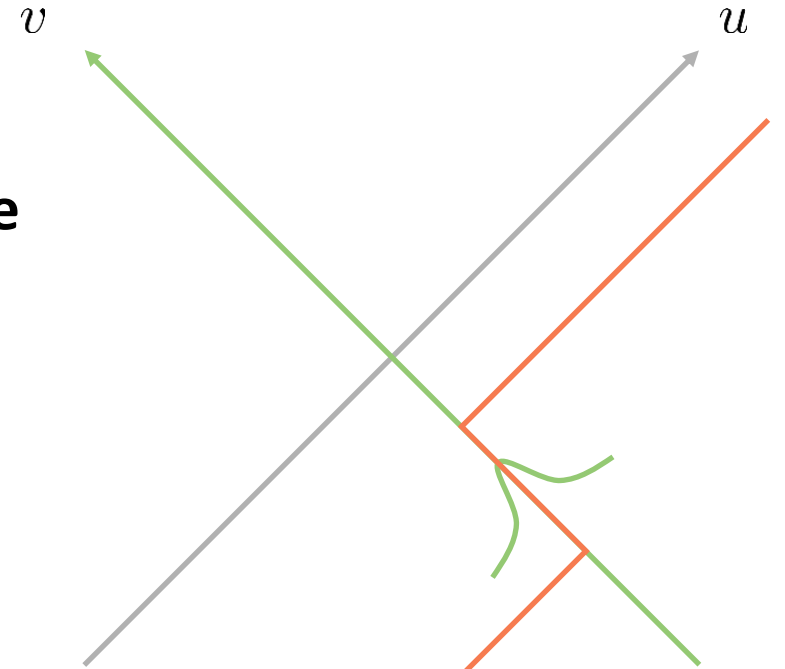
$$\frac{f(u)}{b^{D-2}} k_v^2 \ll \Lambda^4$$

so time delay:

$$|\Delta T^{\text{EFT}}| \sim \frac{|c_{\text{GB}}|}{\Lambda^2} \int_0^{u_{\max}} du \frac{f(u)}{b^{D-2}} \sim \frac{|c_{\text{GB}}|}{\Lambda^2} \sqrt{\frac{f(u_{\max})}{b^{D-2}}} \ll \frac{|c_{\text{GB}}|}{k_v}$$

plays the role of E^{-1}

→ Same as in spherical symmetry: **IR causality** consistent with $|c_{\text{GB}}| \lesssim 1$!



Special Case: N Stacked Shockwaves

Stack N regulated shockwaves with width L and separated by Δu

$$f(u) = \frac{1}{\sqrt{2\pi}L} \frac{4\Gamma\left(\frac{D-4}{2}\right)}{\pi^{(D-4)/2}} G|P_u| \sum_{n=1}^N e^{-(u-n\Delta u)^2/2L^2}$$

[Camanho, Edelstein, Maldacena, and Zhiboedov '14]

When shocks sufficiently separated:

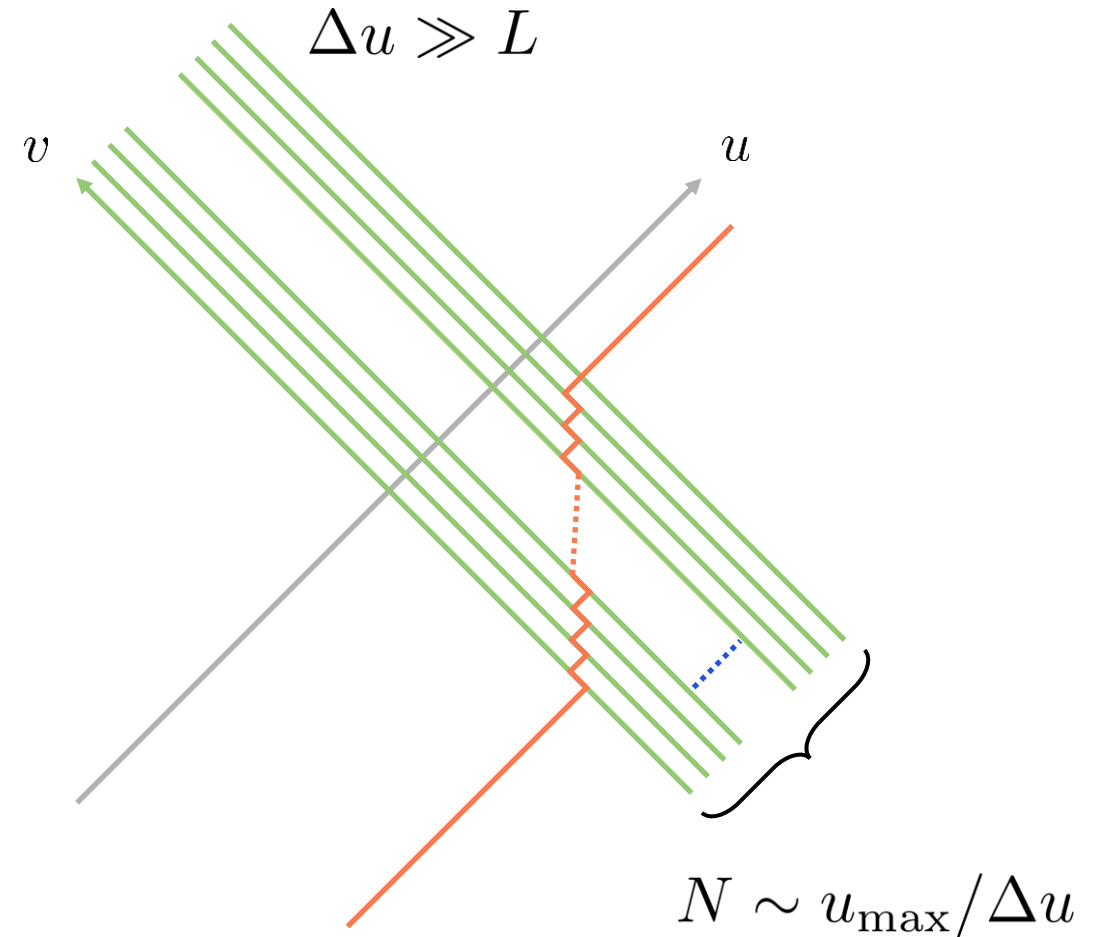
$$\left| \Delta T_{(N)}^{\text{EFT}} \right| \sim N \left| \Delta T_{(1)}^{\text{EFT}} \right|$$

To **maximise** causality violation: Want N as large as possible!

However validity of JWKB sets u_{max} and validity of EFT bounds Δu below

$$\Delta u \gg L \gg \Lambda^2/k_v$$

→ **Cannot** make N arbitrarily large!



Stacked Shockwaves: Classical Perspective

JWKB approximation at leading order

$$k_v \frac{d^2 \mathbf{x}}{du^2} = -\nabla V(u, \mathbf{x})$$

→ **Newton's equation!** Transverse displacement estimate:

$$\Delta r(u) \sim -\frac{1}{k_v} \int_0^u du' \int_0^{u'} du'' \partial_r V(u, r) \Big|_{r=b} = -\int_0^u du' \int_0^{u'} du'' \partial_r F(u, r) \Big|_{r=b}$$

Approximation only valid until this is small relative to impact parameter. This sets u_{\max}

$$\Delta r(u_{\max}) \sim b \quad \longrightarrow \quad \int_0^{u_{\max}} du \int_0^u du' \frac{f(u')}{b^{D-2}} \sim 1$$

and the EFT contribution to the time delay is not resolvable:

$$|\Delta T_{\text{EFT}}(u_{\max})| \ll \frac{|c_{\text{GB}}|}{k_v} \int_0^{u_{\max}} du \int_0^u du' \frac{f(u')}{b^{D-2}} \sim \frac{|c_{\text{GB}}|}{k_v}$$

→ Validity of JWKB equivalent to **negligibility of scattering**

Stacked Shockwaves: Quantum Perspective

Can separate interaction picture time-evolution operator for N **isolated** scattering events,

$$\hat{U}(t_N, t_0) = \mathcal{T} \prod_{n=1}^N \hat{U}(t_n, t_{n-1})$$

For sufficiently **long time intervals**

$$\hat{S}_{\text{total}} \approx \mathcal{T} \prod_{n=1}^N \hat{S}_n \approx (\hat{S}_1)^N \rightarrow \Delta T_{\text{total}} = N \Delta T_1$$

→ Too quick!

Example: N identical impulses \hat{K}

$$\hat{H}_{\text{int}}(t) = \sum_{n=1}^N \delta[t - (t_{n-1} + a_n)] \hat{K}, \quad 0 < a_n < t_n - t_{n-1}$$

S-matrix for individual scattering events **not identical** (for generic interaction)

$$\hat{S}_n = e^{i\hat{H}_0(t_{n-1}+a_n)} e^{-i\hat{K}} e^{-i\hat{H}_0(t_n+a)}$$

→ Effect of \hat{H}_0 is **diffusion**!

Scatter No More

Scattering in transverse direction crucial to see bound on time delay!

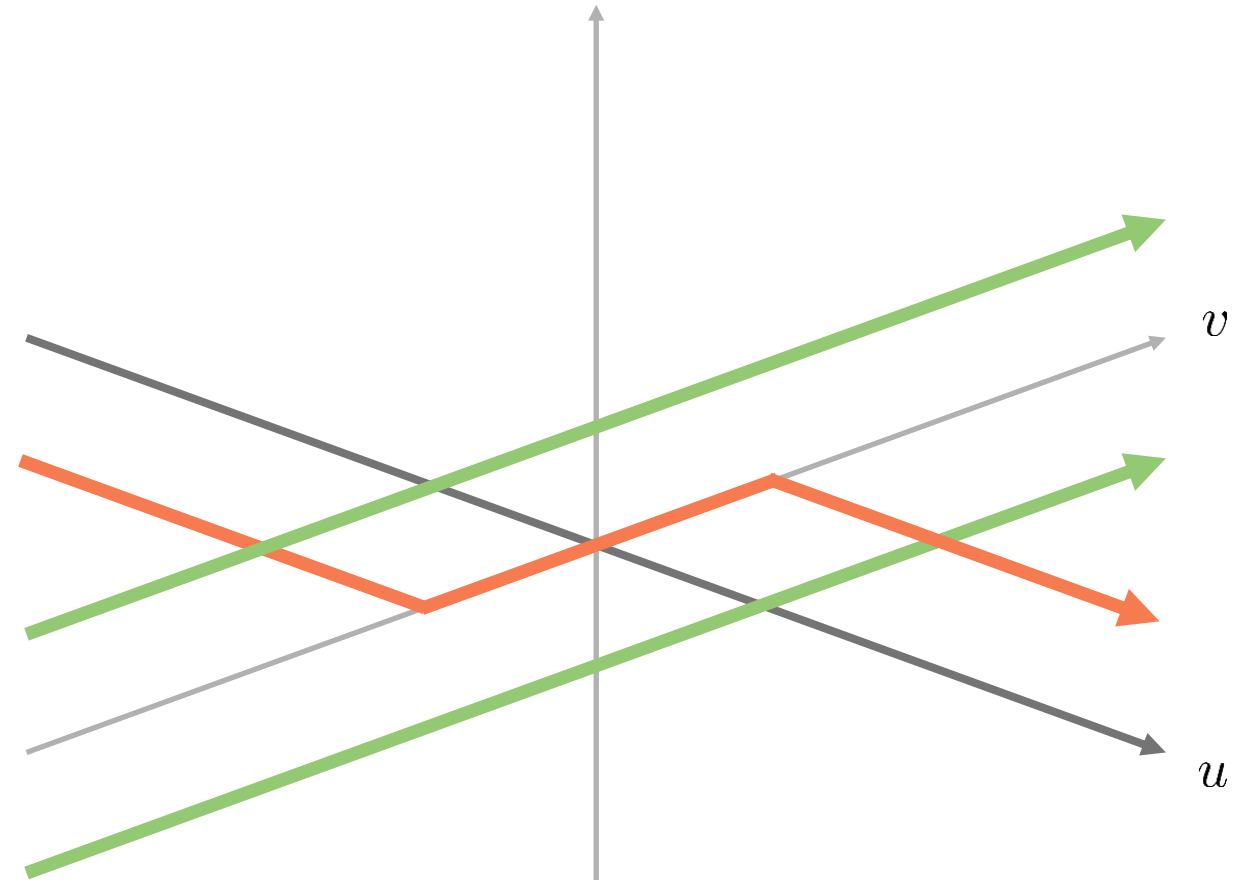
Propagate **between balancing** sources

$$F(u, \mathbf{x}) = f(u) \left(\frac{1}{|\mathbf{x} - \mathbf{b}|^{D-4}} + \frac{1}{|\mathbf{x} + \mathbf{b}|^{D-4}} \right)$$

By **symmetry**, no scattering in the transverse directions!

Accumulate time delay indefinitely to maximise causality violation...?

→ **No**, this is unstable!



[Camanho, Edelstein, Maldacena, and Zhiboedov '14]

[Goon and Hinterbichler '16]

Instability Timescale

Choose $\mathbf{b} = b\hat{\mathbf{z}}$. Classical equations of motion near origin

$$k_v \frac{d^2 z}{du^2} = -\frac{\partial V}{\partial z} \sim k_v \Omega^2 z, \quad \Omega^2 \sim \frac{1}{k_v} \frac{\partial^2 V}{\partial z^2} \Big|_{\mathbf{x}=\mathbf{0}} < 0$$

JWKB Ansatz solution

$$z(u) \sim \frac{1}{\Omega(u)^{1/2}} \exp \left[\pm i \int_0^u du' \Omega(u') \right]$$

Instability becomes relevant at $u = u_{\text{inst}}$ defined by

$$\left| \int_0^{u_{\text{inst}}} du \Omega(u) \right| \sim \int_0^{u_{\text{inst}}} du \sqrt{\frac{f(u)}{b^{D-2}}} \sim 1$$

In fact, **uncertainty** of time delay operator in semiclassical approximation

$$\delta T \gtrsim 2^{-3/2} \left| \int_0^{u_{\text{inst}}} du [1 - 2u\Omega(u)] \Omega(u) \exp \left(2 \int_0^u du' \Omega(u') \right) \right|$$

→ To avoid scattering, need localised wavepackets: Far from S-matrix eigenstates!

Unbalanced Shockwaves

Either way, u_{inst} acts as u_{max} , placing bound on time delay:

$$k_v |\Delta T_{\text{EFT}}(u_{\text{max}})| \sim k_v \frac{|c_{\text{GB}}|}{\Lambda^2} \int_0^{u_{\text{max}}} du \frac{f(u)}{b^{D-2}} \ll |c_{\text{GB}}| \int_0^{u_{\text{max}}} du \sqrt{\frac{f(u)}{b^{D-2}}} \sim |c_{\text{GB}}|$$

Once again: **IR causality** consistent with $|c_{\text{GB}}| \lesssim 1$!

Gravity is unstable, so this holds for **generic configurations**: Sum of squared “frequencies” is non-positive

$$\sum_{n=1}^{D-2} \omega_n^2 = (\Omega^2)^i_i = \frac{1}{k_v} \frac{\partial^2 V}{\partial x^i \partial x_i} \Big|_{\mathbf{x}=\mathbf{x}_0} = -\frac{1}{2} \partial_i \partial^i F(\mathbf{x} = \mathbf{x}_0) \leq 0$$

so at least one unstable direction.

→ See paper for more details: Come to the same conclusion in **Born approximation** (can reproduce lack of scattering classical limit etc.) and **Perturbation theory** (smaller regime of validity)!

IR Causality of Gauss-Bonnet Gravity

For scattering off single black hole and shockwave, multiple shock waves, and between shockwaves, always:

$$k_v |\Delta T^{\text{EFT}}| \ll |c_{\text{GB}}|$$

Perspective 1: IR causality imposes

$$|c_{\text{GB}}| \lesssim 1$$

[Camanho, Edelstein, Maldacena, and Zhiboedov '14]

[Reall, Tanahashi, and Way '14]

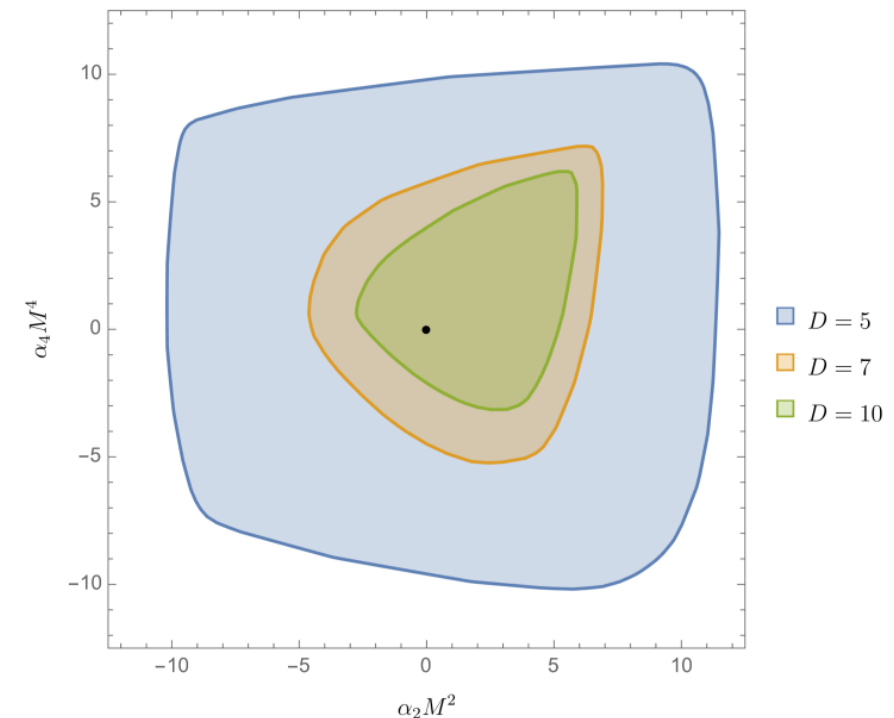
(In contrast to earlier claims that causality requires $c_{\text{GB}} = 0$)

→ Consistent with bootstrap and **positivity bounds!**

Can understand mild violation of positivity bounds from resolvability criterion $\Delta T^{\text{EFT}} \gtrsim -\omega^{-1}$

Perspective 2: For EFTs $|c_{\text{GB}}| \lesssim 1$ natural

→ GB gravity does not violate **IR causality**



[Caron-Huot and Li '22]

Summary

Conclusion

- In curved spacetime, correct notion to learn about EFTs is **IR causality**
 - To make statements about EFTs, need to properly identify **regime of validity** of EFT and approximations used.
- EGB gravity not ruled out by IR causality
 - **consistent** with gravitational positivity bounds!
 - Resolvability gives complementary understanding of **mild violation of positivity**.

Outlook

- Use infrared causality on less symmetric **backgrounds** to get more bounds on different EFT operators? [Carrillo González, de Rham, Jaitly, Pozsgay, Tokareva, and Tolley '22 & '23]
- More physically: **de Sitter**? [Bittermann, McLoughlin, and Rosen '22]
 - IR causality is more local than asymptotic causality!
 - Extend using notion of de Sitter S-Matrix [Melville and Pimentel '23]

