Results

Descriptives

```
jmv::descriptives(
data = data,
vars = vars(lvst4_recode, frst1, frst2, frst3, sex, research, lvst1, lvst2, lvst3, lvst4),
freq = TRUE,
bar = TRUE,
mean = FALSE,
median = FALSE)
```

Descriptives

	lvst4_recode	frst1	frst2	frst3	sex	research	lvst1	lvst2	lvst3	lvst4
N	96	96	96	96	96	96	96	96	96	96
Missing	0	0	0	0	0	0	0	0	0	0
Standard deviation	0.788	0.833	0.892	1.09	0.503	0.502	0.929	0.882	1.01	0.788
Minimum	1	1	1	1	1	1	1	1	1	1
Maximum	5	5	5	5	2	2	5	5	5	5

Frequencies

Frequencies of lvst4_recode

lvst4_recode	Counts	% of Total	Cumulative %
1	2	2.1 %	2.1 %
2	21	21.9 %	24.0 %
3	49	51.0 %	75.0 %
4	22	22.9 %	97.9 %
5	2	2.1 %	100.0 %

Frequencies of frst1

frst1	Counts	% of Total	Cumulative %
Not at all	2	2.1 %	2.1 %
a little	25	26.0 %	28.1 %
moderately	45	46.9 %	75.0 %
mostly	21	21.9 %	96.9 %
completely	3	3.1 %	100.0 %

Frequencies of frst2

frst2	Counts	% of Total	Cumulative %
Not at all	27	28.1 %	28.1 %
a little	43	44.8 %	72.9 %
moderately	20	20.8 %	93.8 %
mostly	5	5.2 %	99.0 %
completely	1	1.0 %	100.0 %

Frequencies of frst3

frst3	Counts	% of Total	Cumulative %
Not at all	6	6.3 %	6.3 %
a little	21	21.9 %	28.1 %
moderately	31	32.3 %	60.4 %
mostly	27	28.1 %	88.5 %
completely	11	11.5 %	100.0 %

Frequencies of sex

sex	Counts	% of Total	Cumulative %
Male	48	50.0 %	50.0 %
Female	48	50.0 %	100.0 %

Frequencies of research

research	Counts	% of Total	Cumulative %
Quant	46	47.9 %	47.9 %
Qual	50	52.1 %	100.0 %

Frequencies of lvst1

lvst1	Counts	% of Total	Cumulative %
Not at all	5	5.2 %	5.2 %
a little	29	30.2 %	35.4 %
moderately	42	43.8 %	79.2 %
mostly	15	15.6 %	94.8 %
completely	5	5.2 %	100.0 %

Frequencies of lvst2

lvst2	Counts	% of Total	Cumulative %
Not at all	9	9.4 %	9.4 %
a little	32	33.3 %	42.7 %
moderately	40	41.7 %	84.4 %
mostly	14	14.6 %	99.0 %
completely	1	1.0 %	100.0 %

Frequencies of lvst3

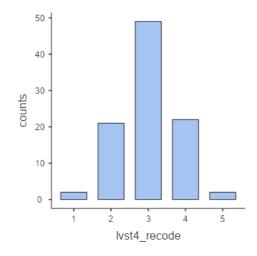
lvst3	Counts	% of Total	Cumulative %
Not at all	4	4.2 %	4.2 %
a little	11	11.5 %	15.6 %
moderately	38	39.6 %	55.2 %
mostly	29	30.2 %	85.4 %
completely	14	14.6 %	100.0 %

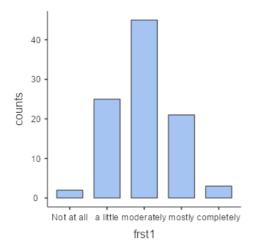
Frequencies of lvst4

lvst4	Counts	% of Total	Cumulative %
Not at all	2	2.1 %	2.1 %
a little	22	22.9 %	25.0 %
moderately	49	51.0 %	76.0 %
mostly	21	21.9 %	97.9 %
completely	2	2.1 %	100.0 %

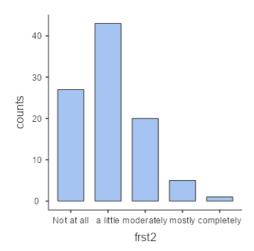
Plots

lvst4_recode

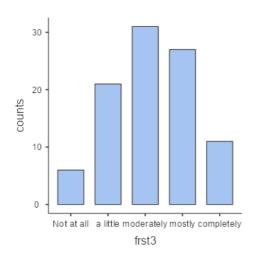




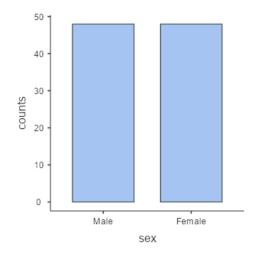
frst2



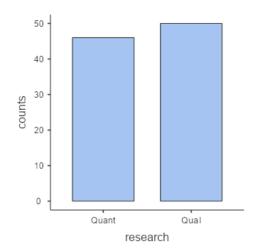
frst3



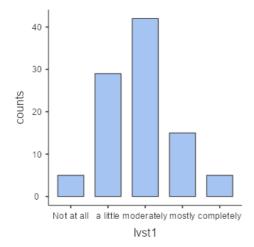
sex



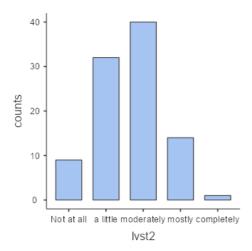
research



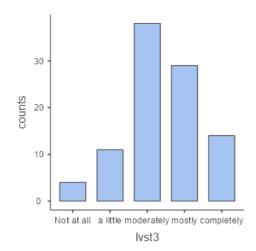
lvst1



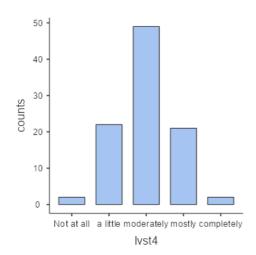
lvst2



lvst3



lvst4



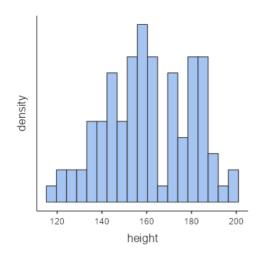
Descriptives

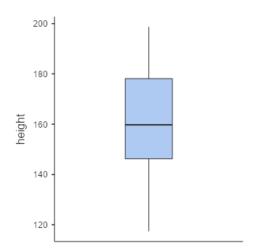
```
jmv::descriptives(
data = data,
vars = vars(height, weight, BMI, LOSS_total, LOSS_mean, LOSS_total_z, LOSS_mean_z, FOSS_total, FOSS_mean, FOSS_total_z, FOSS_mean_z),
hist = TRUE,
box = TRUE,
range = TRUE)
```

	height	weight	ВМІ	LOSS_total	LOSS_mean	LOSS_total_z	LOSS_mean_z	FOSS_total	FOSS_mean	FOSS_total_z	FOSS_mean_z
N	96	96	96	96	96	96	96	96	96	96	96
Missing	0	0	0	0	0	0	0	0	0	0	0
Mean	161	67.6	25.9	11.9	2.98	1.07e-17	1.07e-17	8.21	2.74	-2.44e-16	-2.06e-17
Median	160	65.5	25.9	12.0	3.00	0.0365	0.0365	8.00	2.67	-0.0868	-0.0868
Standard deviation	19.3	17.9	4.71	2.57	0.642	1.00	1.00	2.40	0.800	1.00	1.00
Range	81.3	94.6	33.1	12.0	3.00	4.67	4.67	11.0	3.67	4.58	4.58
Minimum	117	9.20	6.27	6.00	1.50	-2.30	-2.30	3.00	1.00	-2.17	-2.17
Maximum	199	104	39.4	18.0	4.50	2.37	2.37	14.0	4.67	2.41	2.41

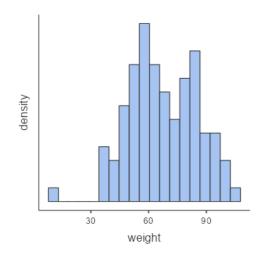
Plots

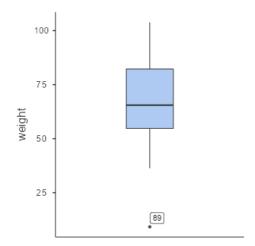
height



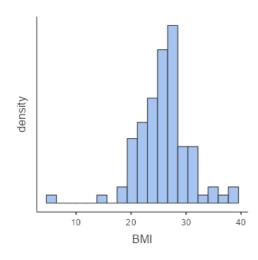


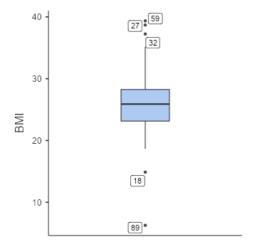
weight



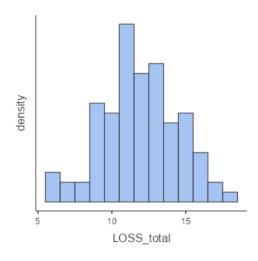


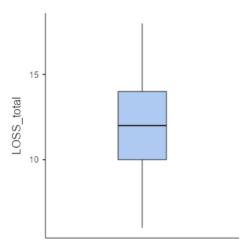
вмі



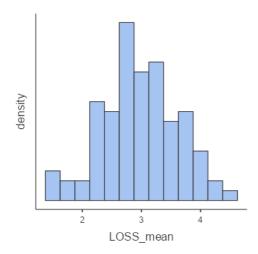


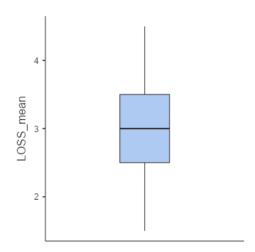
LOSS_total



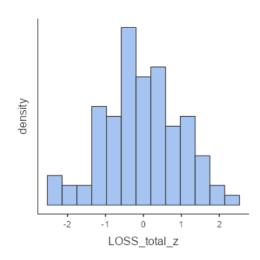


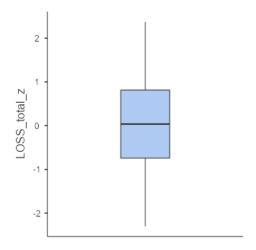
LOSS_mean



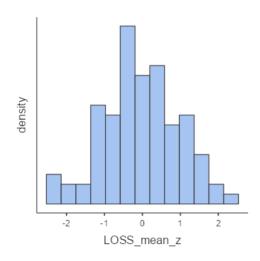


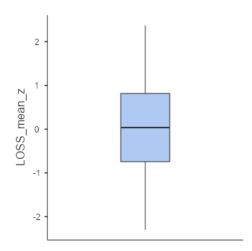
LOSS_total_z



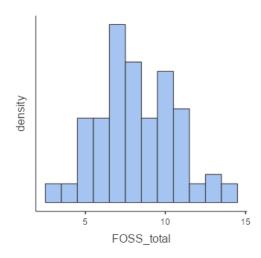


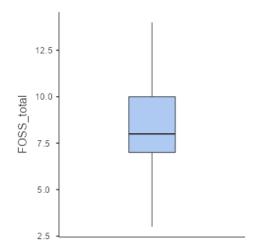
LOSS_mean_z



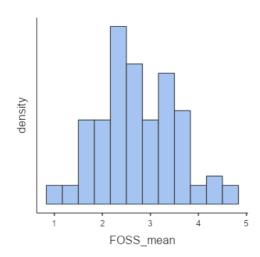


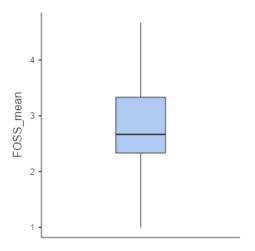
FOSS_total



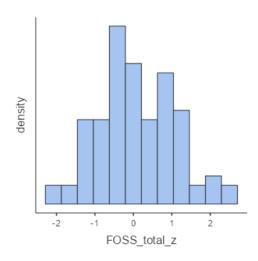


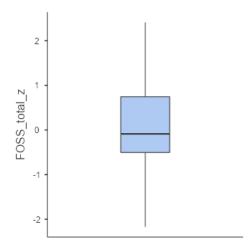
FOSS_mean



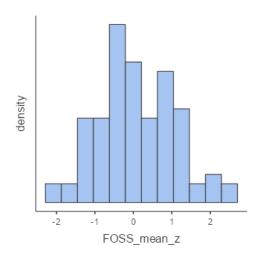


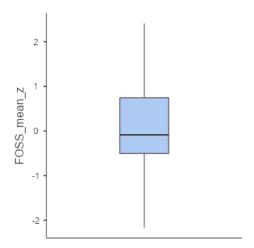
FOSS_total_z





FOSS_mean_z





References

[1] The jamovi project (2022). jamovi. (Version 2.3) [Computer Software]. Retrieved from https://www.jamovi.org.

[2] R Core Team (2021). R: A Language and environment for statistical computing. (Version 4.1) [Computer software]. Retrieved from https://cran.r-project.org. (R packages retrieved from MRAN snapshot 2022-01-01).