

## Problem K

# Krystalova's Trivial Problem

Krystalova is writing trivial problems (as always) but now for some reason (lucky for you) she also wrote a trivial statement.

You have a trivial list of numbers  $L$ , and two trivial operations:

1.  $u\ l\ r\ x$ : Add  $x$  to the numbers in  $L$  in the range  $[l, r]$ .
2.  $q\ l\ r$ : Get the sum of  $L_i^2$  for every  $i$  in the range  $[l, r]$ .

### Input

In the first line of input two integers  $N$  ( $1 \leq N \leq 10^5$ ),  $Q$ , the size of  $L$  and the number of operations respectively.

The next line contains  $N$  integers  $L_i$  ( $0 \leq L_i \leq 10^8$ ), the elements of  $L$ .

The next  $Q$  lines contains an operation, that can be one of the two types described before. If the line starts with a letter ' $u$ ' then will be three integers  $l$  ( $1 \leq l \leq N$ ),  $r$  ( $1 \leq r \leq N$ ),  $x$  ( $-10^8 \leq x \leq 10^8$ ). If the line starts with a letter ' $q$ ' then will be two integers  $l$  ( $1 \leq l \leq N$ ),  $r$  ( $1 \leq r \leq N$ )

### Output

For every operation of type 2, print in one line the result of the operation. As the answer might be very large, please output the answer modulo  $10^9 + 7$

Input example 1	Output example 1
5 5	14
1 1 1 1 1	9
u 1 3 1	25
q 1 5	
u 3 5 1	
q 3 3	
q 1 5	