

How to use

1. Declare to reduce alcohol.
2. Enter the current drinking amount (per 1 week). (Degree of improvement is measured, compared to this amount.)
- Enter the price of alcohol you are drinking.
4. Check how much fat will be increased and how much the expense will be if you keep drinking at the current pace.
5. Tap the appropriate date in the calendar. Enter the drinking amount on the day.
6. Check the degree of improvement in drinking habits in "Results Display" screen.

*Step 1-2 will be displayed only for the first time. They do not appear from the second time.

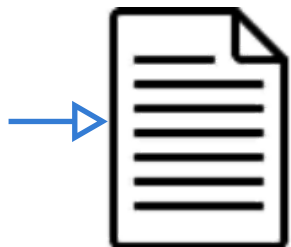
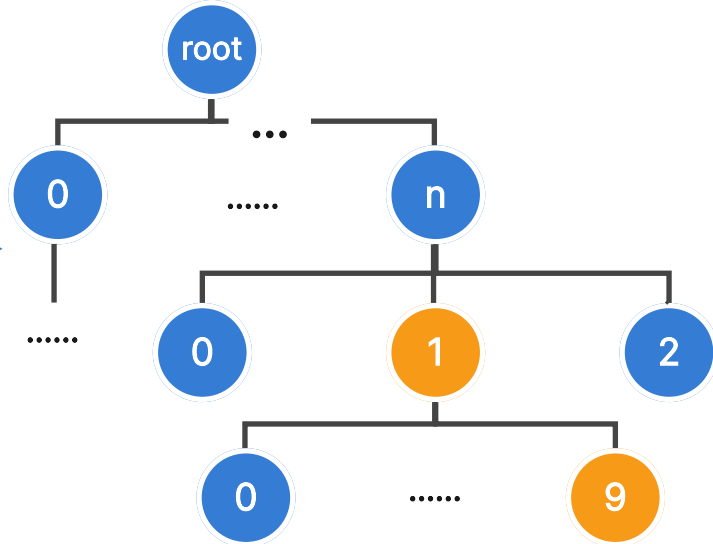
Attention

*If you want to re-set the start date or to re-set "Current

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resource files



layout.xml

