

## PATIENT INFORMATION

- **Medical Record Number:** MRN-IND000003
- **Date Created:** 01/05/2025
- **Last Updated:** 04/18/2025
- **Full Name:** Aisha Khan
- **Date of Birth:** 11/30/1995
- **Age:** 29
- **Sex:** Female
- **Address:** Flat 3B, Jubilee Hills, Hyderabad, Telangana 500033
- **Phone:** (Cell) 97XXXXXX21
- **Email:** aisha.k95@email.com
- **Preferred Contact Method:** Email
- **Preferred Language:** Urdu, English
- **Emergency Contact:** Imran Khan (Brother), 97XXXXXX22
- **Insurance:** Apollo Munich Optima Restore
- **Primary Care Provider:** Dr. Fatima Ahmed, MD, Apollo Hospitals Hyderabad

## ALLERGIES AND ADVERSE REACTIONS

- None Known

## MEDICATIONS

- Levothyroxine: 25 mcg Once daily (Started 03/2024, Dr. Ahmed, Subclinical Hypothyroidism)
- Combined Oral Contraceptive Pill (OCP): Daily (Started 06/2023, Dr. Ahmed, Contraception/PCOS)
- Iron Supplement (Ferrous Sulfate): 325 mg Once daily (Started 02/2025, Dr. Ahmed, Iron Deficiency Anemia)

## IMMUNIZATION RECORD

- HPV: Completed series 2015
- Hepatitis B: Completed series childhood
- Tdap: 2021
- COVID-19 (Booster): 10/2024

## MEDICAL HISTORY

- **Chronic Conditions:** Polycystic Ovary Syndrome (PCOS) (Diagnosed 2018), Subclinical Hypothyroidism (Diagnosed 2024), Iron Deficiency Anemia (Diagnosed 2025)
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- **Past Medical History:** Irregular menstrual cycles since menarche. Mild acne.
- **Surgical History:** None

## FAMILY HISTORY

- Father: 55, Living (Healthy)
- Mother: 52, Living (Hypothyroidism, PCOS)
- Brother: 32, Living (Healthy)
- Maternal Aunt: PCOS

## SOCIAL HISTORY

- **Substance Use:** Never smoker. Rare alcohol (social events). 1 cup coffee daily.
- **Occupation:** Marketing Manager
- **Exercise:** Gym 3 times/week (Cardio + Weights).
- **Diet:** Non-vegetarian, tries to eat balanced meals, struggles with consistent healthy eating due to work schedule.
- **Living Situation:** Lives alone in an apartment.

## REVIEW OF SYSTEMS (Latest: 04/01/2025)

- Reports improved energy levels since starting iron. Menstrual cycles now regular with OCP. Notes some persistent acne. Denies cold intolerance or significant weight changes.

## PHYSICAL EXAMINATION (Latest: 04/01/2025)

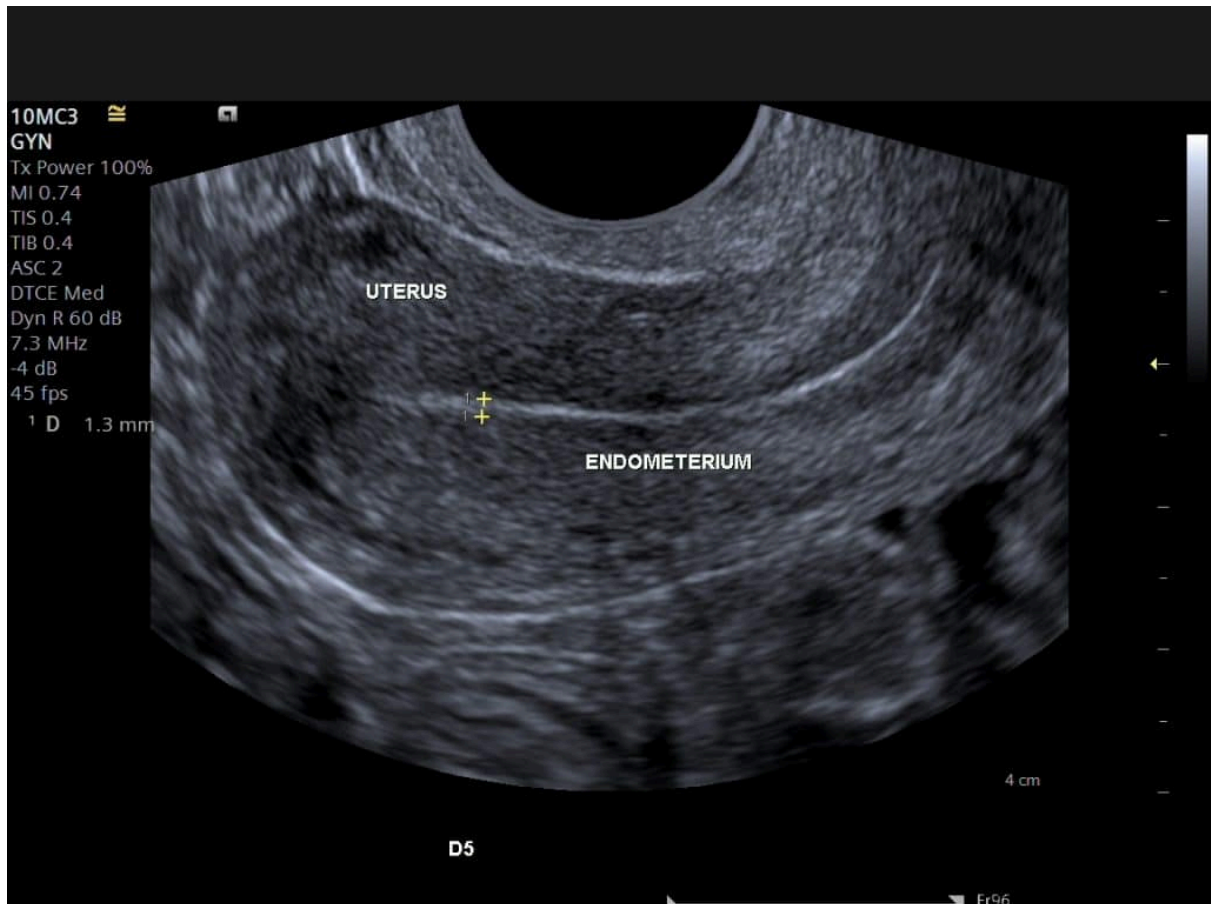
- **Vital Signs:** BP 110/70 mmHg, HR 72 bpm, RR 14/min, Temp 98.4°F, Wt 65 kg, Ht 163 cm, BMI 24.5
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- **General:** Alert, well-nourished female.
- **Exam:** Mild facial acne. Thyroid not palpable. Heart, lungs, abdomen normal. Pelvic exam deferred (recent GYN visit).

## LABORATORY DATA (Latest: 04/01/2025)

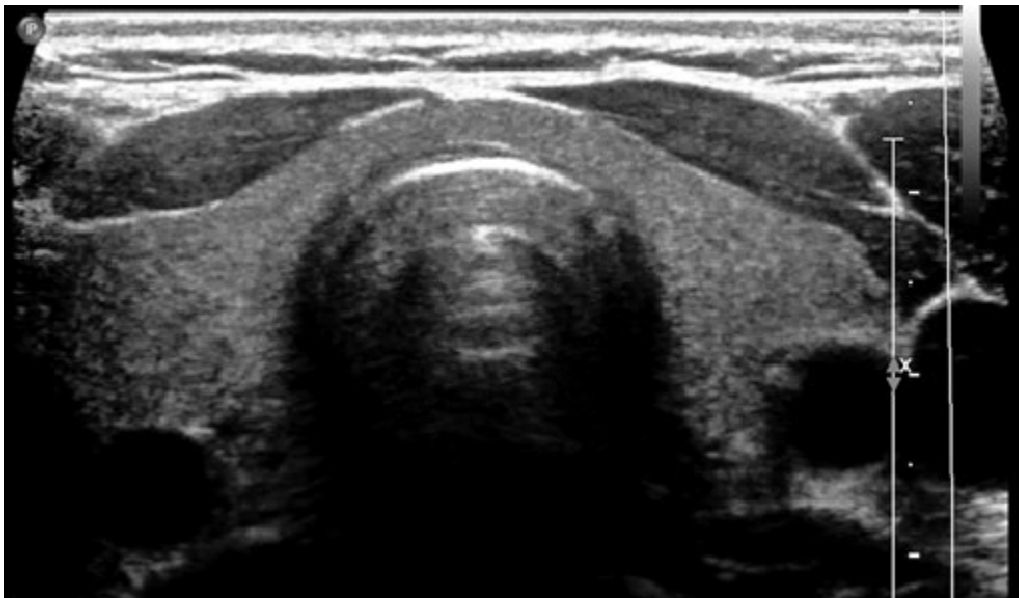
- CBC: Hgb 11.5 g/dL (Improved from 10.2 in 02/2025), Ferritin 25 ng/mL (Improved from 8)
- CMP: WNL
- TSH: 3.5 mIU/L (Improved from 5.8 in 03/2024)
- Testosterone, Total: Slightly elevated (Consistent with PCOS)

## DIAGNOSTIC IMAGING AND PROCEDURES

- Pelvic Ultrasound (10/2023): Bilateral polycystic ovaries.



- Thyroid Ultrasound (03/2024): Normal thyroid gland structure.



## PROBLEM LIST

1. Polycystic Ovary Syndrome (E28.2) - Active, Managed with OCP
2. Subclinical Hypothyroidism (E03.9) - Active, Treated
3. Iron Deficiency Anemia (D50.9) - Active, Improving with treatment

4. Acne (L70.0) - Active, Mild