が知めるのののつるう <u>Jayamangala atthagāthā</u> <u>The Eight Verses on Wholesome Victories</u> 胜吉祥偈

Bāhum sahassam-abhinimmita-sāvudhantam

Grīmekhalam udita-ghora-sasena-māram

Dānādi-dhamma-vidhinā jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni/ *mangalāggam

Creating a form with 1,000 arms, each equipped with a weapon,

Mara, on the elephant Girimekhala,

uttered a frightening roar together with his troops.

The Lord of Sages defeated him by means of such qualities as generosity:

By the power of this, may you have victory blessings.

[By the power of this, may you have the biggest victory blessings.]

现千臂之相,手中各执兵器,带领大军的魔罗骑在基立米卡拉象上怒吼着,牟尼世尊以法降服了他。以此威力故,愿你获得胜吉祥。

Mārātirekam-abhiyujjhita-sabba-rattim

Ghorampan'ālavaka-makkham-athaddha-yakkham

Khantī-sudanta-vidhinā jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

Even more frightful than Mara making war all night

Was Alavaka, the arrogant unstable ogre.

The Lord of Sages defeated him by means of well-trained endurance:

By the power of this, may you have victory blessings.

那比魔罗更凶猛、整夜宣战是那可怖的夜叉阿拉哇卡,他火爆急躁及自大,牟尼世尊以无比的忍辱调服了它。以此威力故,愿你获得胜吉祥。

Nāļāgirim gaja-varam atimattabhūtam

Dāvaggi-cakkam-asanīva sudāruņantam

Mett'ambuseka-vidhinā jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

Nalagiri, the excellent elephant, when maddened,

Was very horrific, like a forest fire, a flaming discus, a lightning bolt.

The Lord of Sages defeated him by sprinkling the water of good will:

By the power of this, may you have victory blessings.

圣象那拉其陵,(被灌酒后)狂如森林的大火,威如火轮,猛如雷电,牟尼世尊施以慈悲的甘露调服了它,以此威力故,愿你获得胜吉祥。

Ukkhitta-khaggam-atihattha sudāruņantam

Dhāvan-ti-yojana-path'anguli-mālavantani

Iddhibhisankhata-mano jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

Very horrific, with a sword upraised in his expert hand,

Garlanded-with-Fingers ran three leagues along the path.

The Lord of Sages defeated him with mind-fashioned marvels:

By the power of this, may you have victory blessings.

穷凶极恶的盎哥摩罗,以熟练的手挥着大刀,追赶了三由旬的路,那佩带指环的恶魔,牟尼世尊以神变的力量调服了他,以此威力故,愿你获得胜吉祥。

Katvāna kaṭṭham-udaram iva gabbhinīyā

Ciñcāya duttha-vacanam jana-kāya-majjhe

Santena soma-vidhinā jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

Having made a wooden belly to appear pregnant,

Cinca made a lewd accusation in the midst of the gathering.

The Lord of Sages defeated her with peaceful, gracious means:

By the power of this, may you have victory blessings.

以木块伪装成孕妇,金加于众人前(对佛)作出毁谤,牟尼世尊以默然的方法加以化解,以此威力故,愿你获得胜吉祥。

Saccam vihāya mati-saccaka-vāda-ketum

Vādābhiropita-manam ati-andhabhūtam

Paññā-padīpa-jalito jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

Saccaka, whose provocative views had abandoned the truth,

Delighting in argument, had become thoroughly blind.

The Lord of Sages defeated him with the light of discernment:

By the power of this, may you have victory blessings.

沙加卡心识被蒙蔽,言论乖离真理,高弹自己的论调如高举旗帜一般,牟尼世尊以明灯般的智慧调服了他,以此威力故,愿你获得胜吉祥。

Nandopananda-bhujagam vibudham mahiddhim

Puttena thera-bhujagena damāpayanto

Iddhūpadesa-vidhinā jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

Nandopananda was a serpent with great power but wrong views.

The Lord of Sages defeated him by means of a display of marvels,

Sending his son (Moggallana), the serpent-elder, to tame him:

By the power of this, may you have victory blessings.

拥有大神力,但具有邪见的蛇王南多巴难陀,佛遣大弟子目犍连化现蛇王相而制服它,牟尼世尊加以开导的方法,感化了它,以此威力故,愿你获得胜吉祥。

Duggāha-diṭṭhi-bhujagena sudaṭṭha-hattham

Brahmam visuddhi-jutim-iddhi-bakābhidhānam

ñāṇāgadena vidhinā jitavā munindo

Tan-tejasā bhavatu te jaya-mangalāni.

His hands bound tight by the serpent of wrongly held views,

Baka, the Brahma, thought himself pure in his radiance & power.

The Lord of Sages defeated him by means of his words of knowledge:

By the power of this, may you have victory blessings.

受邪见系缚,犹如被蛇紧缠双手一样,那具大威力及光芒灿烂的梵天天神巴卡,牟尼世尊以智慧的法药调服了他,以此威力故,愿你获得胜吉祥。

Etāpi buddha-jaya-mangala-aṭṭha-gāthā

Yo vācano dinadine sarate matandī

Hitvān'aneka-vividhāni c'upaddavāni

Mokkham sukham adhigameyya naro sapañño.

These eight verses of the Buddha's victory blessings:

Whatever person of discernment

Recites or recalls them day after day without lapsing,

Destroying all kinds of obstacles,

Will attain emancipation & happiness.

这八首佛胜吉祥偈,应当天天诵念,时时思惟,以便祛除种种的障碍,

有智慧的人, 皆可获得安乐与解脱。

<u>Jayaparittam</u> <u>The Victory Protection</u> 胜利护卫偈

भसामाइक्रीत भगीत

Mahā-kāruniko nātho Hitāya sabba-pāninam

Pūretvā pārami sabbā Patto sambodhim-uttamam

Etena sacca-vajjena Hotu te jaya-mangalam

(The Buddha), our protector, with great compassion,

For the welfare of all beings,

Having fulfilled all the perfections.

Attained the highest self-awakening.

Through the speaking of this truth,

may you have a victory blessing.

大悲的世尊,为了一切众生的幸福,圆满一切波罗蜜,

自证无上菩提,以此真理,愿你获得胜吉祥。

Jayanto bodhiyā mūle Sakyānam nandi-vaddhano

Evam tvam vijayo hohi Jayassu jaya-mangale

Victorious at the foot of the Bodhi tree,

Was he who increased the Sakyans' delight.

May you have the same sort of victory.

May you win victory blessings.

在菩提树下的胜利,为释迦族带来喜悦,

愿此胜利归于你, 愿你获得胜吉祥。

Aparājita-pallanke

Sīse pathavi-pokhare

Abhiseke sabba-buddhānam

Aggappatto pamodati

At the head of the lotus leaf of the world

On the undefeated seat

Consecrated by all the Buddhas.

He rejoiced in the utmost attainment.

以不败之姿端坐在诸佛证悟的圣座上,

世尊浸于无上成就的喜悦中。

Sunakkhattam sumangalam

Supabhātam suhutthitam

Sukhano sumuhutto ca

Suyittham brahmacārisu

A lucky star it is, a lucky blessing, a lucky dawn, a lucky sacrifice, a lucky instant, a lucky moment, a lucky offering:

吉祥的星星, 吉祥的祝福, 一个吉祥的晨曦, 一个吉祥的供奉, 的时,一个吉祥的辰,善承的供养予梵行者。

Padakkhinani kaya-kammani Vācā-kammam padakkhinam Padakkhinan mano-kammani Panidhī te padakkhinā Padakkhināni katvāna

Labhantatthe, padakkhine

i.e., a rightful bodily act, a rightful verbal act, a rightful mental act, your rightful intentions with regard to those who lead the chaste life. Doing these rightful things, your rightful aims are achieved.

若身业以正行,口业以正行,意业以正行,欲愿以正行,以此诸正行,必 将导至涅盘。

Virulho buddha-sāsane

Virulhā buddha-sāsane Saha sabbehi ñātibhi.

Saha sabbehi ñātibhi.

देश्यीय भूभक्रस्तातः (भ โส อัตระลัทโช สุขิโต

So attha-laddho sukhito

Arogo sukhito hohi

Sā attha-laddhā sukhitā

Arogā sukhitā hohi

Te attha-laddhā sukhitā

Virulhā buddha-sāsane Arogā sukhitā hotha Saha sabbehi ñātibhi.

May he gain his aims, be happy,

and flourish in the Buddha's teachings.

May you, together with all your relatives. be happy and free from disease.

May she gain her aims, be happy... May they gain their aims, be happy...

愿他得到成就、快乐,愿正法昌盛,

愿你与你所有的亲人, 皆能得到快乐与健康。

愿她得到成就、快乐,愿正法昌盛, 愿你与你所有的亲人, 皆能得到快乐与健康。

愿他们得到成就、快乐, 愿正法昌盛, 愿你与你所有的亲人,皆能得到快乐与健康。 12 1(U.20) (B) 19 L) July 22 C

พปามปีกะปรรูพดุล

<u>Ātānātiyaparittam</u>

<u>The Atānātiya Protection</u>

阿达纳地亚护卫偈

Vipassissa namatthu, cakkhumantassa sirīmato.
Sikhissapi namatthu, sabbabhūtānukampino.
Homage to Vipassi (Buddha), possessed of vision and glory.
Homage to Sikhi (Buddha), compassionate towards all beings.
礼赞毗婆尸佛,具足慧眼、光耀庄严;
礼赞尸弃佛,慈悯一切众生。

Vessabhussa namatthu, nhātakassa tapassino.
Namatthu kakusandhassa, mārasenappamaddino.
Homage to Vessabhu (Buddha), ascetic bathed in purity,
Homage to Kakusandha (Buddha), conqueror of Mara's armies.
礼赞毗舍浮佛,精进不懈、断除垢染;
礼赞拘留孙佛,击败魔军的胜者。

Koṇāgamanassa namatthu, brāhmaṇassa vusīmato.
Kassapassa namatthu, vippamuttassa sabbadhi.
Homage to Konagamana (Buddha), Brahmin reached to perfection,
Homage to Kassapa (Buddha), liberated from all defilement.
礼赞拘那伽摩那佛,圆满清净梵行;
礼赞迦叶佛,解脱了一切烦恼。

Angīrasassa namatthu, sakyaputtassa sirīmato.
Yo imam dhammamadesesi, sabbadukkhāpanūdanam.
Homage to Angirasa (Buddha), the glorious son of the Sakyas,
He who taught this DHAMMA for dispelling all dukkha.
礼赞昂其拉萨佛,那伟大的释迦子,开示正法,祛除一切苦痛。

Ye cāpi nibbutā loke, yathābhūtam vipassisum.
Te janā apisuṇātha, mahantā vītasāradā.
All of them quenched of passion in the world by clearly seeing it as it truly is, They, the persons of gentle speech, the mighty ones of wisdom ripe.
诸佛如实照见诸法实相,于世间体证涅盘。他们语言柔和,是具足无上智慧的尊者。

Hitami devamanussānami, yam namassanti gotamami.

Vijjācaraṇasampannami, mahantam vītasāradami.

Praise be to Gotama, who is for the benefit of devas and men,

Perfect in knowledge and conduct; the mighty one of wisdom ripe,

礼赞乔达摩,为了人天的利益与安乐,明行具足,成就无上智慧。

*¹⁸Vijjācaraṇasampannam buddham vandāma gotamanti.

Perfect in knowledge and conduct we revere the Buddha Gotama
明行具足的乔达摩佛,我们向您致以崇高的敬礼。

Namo me sabbabuddhanani uppannanani mahesinam. I pay homage to all of the Buddhas who have appeared in quest of great benefits for all beings.

我向一切为了一切众生利益而出现之等正觉敬礼,

Tanhankaro mahāvīro Medhankaro mahāyaso.

To Tanhankaro Buddha, who was endowed with great courage,
To Medhankaro Buddha, who held a high position,
大雄之丹罕伽罗(除渴愛)佛,
大名之美单伽罗(用智慧)佛,

Saranankaro lokahito Dīpankaro jutindharo To Saranankara Buddha, who did great service to all beings, To Dipankara Buddha, who was endowed with brilliance, 利益世间之娑罗南伽罗(作依靠)佛,带来光明之提磐迦罗(燃灯)佛,

Koṇḍañño janapāmokkho Mangalo purisāsabho. To Kondanna Buddha, who was the leader of men. To Mangala Buddha, who was superbly bold, 人中上首之孔达尼耶(智調伏)佛, 人中出众之曼伽罗(吉祥)佛,

¹⁸ This line is omitted when the paritta is recited im full, and if chant in part, end at this line.

Sumano sumano dhīro Revato rativaddhano
To Sumana Buddha, who was learned and beautiful hearted,
To Revata Buddha, who was full of rejoicing for all beings.
善意贤明的须曼那(善意)佛,
充满喜悦的离婆多佛,

Sobhīto gunasampanno Anomadassī januttamo.
To Sobhita Buddha, who was fully endowed with virtures.
To Anomadassi Buddha, was highest among men,
具足德行之须毗陀(所照)佛,
人中最上之阿诺摩达西(高见)佛,

Padumo lokapajjoto Nārado varasārathī. To Paduma Buddha, who lighted up the world, To Narada Buddha, trainer of men par excellence. 照亮世间之婆睹摩(莲华)佛,最上调御者之那罗陀佛,

Padumuttaro sattasāro Sumedho appatipuggalo To Padumuttara Buddha, refuge for all beings, To Sumedha Buddha, the incomparable, 有情依处之跋陀无陀罗(莲华上)佛,无能比之须美陀(善慧)佛,

Sujāto sabbalokaggo Piyadassī narāsabho
To Sujata Buddha, supreme over all beings in the world,
To Piyadassi Buddha, greatest among men,
一切界胜之须阇陀(善生)佛,
人中最大之毗耶达西(喜见)佛,

Atthadassī kāruniko Dhammadassī tamonudo. To Atthadassi Buddha, whose compassion is so vast, To Dhammadassi Buddha, who dispersed darkness in men, 广大悲心之阿陀达西(义见)佛, 去除黑暗之达摩达西(法见)佛,

Siddhattho asamo loke Tisso ca vadatam varo To Siddhattha Buddha, who had no equal in the world, To Tissa Buddha, most excellent among the wise, 世间无能比之悉达陀(义成就)佛, 无上智之提沙佛,

Pusso ca varado buddho Vipassī ca anūpamo.

To Pussa Buddha, superb expounder of the Dhamma,
To Vipassi Buddha, with whom no comparison could be found,
予人觉醒之普沙佛,
无能比之毗婆尸佛

Sikhī sabbahito satthā Vessabhū sukhadāyako
To Sikhi Buddha, a great teacher who cared for all mankind,
To Vessabhu Buddha, who brought happiness,
慈爱世人之导师,尸弃佛
快乐带来者之毗舍浮佛

Kakusandho satthavāho Konāgamano raṇañjaho.
To Kakusandha Buddha, who lead beings out of bondage,
To Konagamana Buddha, who broke the hold of defilement,
引领解脱之拘留孙佛
打破烦恼执取之拘那伽摩那佛

Kassapo sirisampanno Gotamo sakyapungavo. To Kassapa Buddha, who was so full of glory. To Gotama Buddha, who was the greatest of the Sakyas. 具足荣耀之迦叶佛 伟大释子乔达摩佛

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Ete caññe ca sambuddhā anekasata koṭa yo sabbe buddhā asamasamā sabbe buddhā mahiddhikā.

To the sammasambuddhas too, and all the other Buddhas by the millions each one having no peer and possessing super-human powers,
百千万数等正觉,一一佛皆无能比,一一皆具大神力,

Sabbedasabalūpetā

Vesārajjehupāgatā

Sabbe te pațijananti

Āsabhanthānamuttamam.

All are gifted with Ten Strengths, reached to Fearlessness,

All admitted to be the knowers of the supreme state of Englightenment.

一切具足十力智、达无所畏,一切宣称证得最胜之果位。

Sīhanādam nadantete

Parisāsu visāradā

Brahmacakkam pavattenti

Loke appativattiyam.

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With their courage and daring they soread exultation among community, setting in motion in the world the Wheel of the Dhamma in those within whom it had not started.

于大众中而狮子吼,转清净正法轮,于此世间未曾有。

Upetā buddhadhammehi

Atthārasahi nāyakā

Dvattimsalakkhanūpetā

Sītyānubyañjanādharā.

Leader they were with their eighteen Buddha-virtures and attributes of thirty-two major and eighty minor characteristic.

具足十八佛德、三十二相、八十种好之导师,

Byāmappabhāya suppabhā

Sabbe te munikuñjarā

Buddhā sabbaññuno ete

Sabbe khīnāsavā jinā.

Radiating a beautiful aura of light six feet from each side are sages of great excellence, all-knowing ones who had removed defilements and overcome Mara. 大放六尺善美之光芒。这一切伟大的圣者,全是知一切的觉者,全是已灭尽诸漏的胜者,

Mahappabhā mahātejā

Mahāpaññā mahabbalā

Mahākārunikā dhīrā

Sabbesānam sukhāvahā

Giving out radiance, they possessed great powers, wisdom and strength, were full of compassiom and were the greatest of wise men capable to bringing peace to all beings.

具大光明,大威力,大智慧,大雄力,大悲心,是为众生带来安乐的智者。

Dīpā nāthā patitthā ca

Tāṇā leṇā ca pāṇinam

Gatī bandhū mahassāsā

Saranā ca hitesino.

They are the island, the refuge, the shelther, the cave (protector) of all beings, a joy for man's (spiritual) progress, a haven, an encouragement for man's search

for all that is beneficial.

诸佛是众生的岛屿、守护者、依止处、庇护处、避难所,友伴,亲族,予 安稳者,皈依处,他们为众生带来安乐。

Sadevakassa lokassa

Sabbe ete parāyanā

Tesāham sirasā pāde

Vandāmi purisuttame.

They lead (the way) for all the beings in the (human) world and the deva world. At their feet I honour them and with lowered head I make obeisance to them who are of the highest standing.

指引天上人间的众生到彼岸。

将头触其足, 我虔诚礼敬这些最崇高的圣者。

Vacasā manasāceva

Vandamete tathagate

Sayane āsane thāne

Gamane cāpi sabbadā.

I pay respect to the Tathagatas at the time of sleeping, sitting, standing and even while walking—at all times by words and by thoughts.

在言语上或内心里,我虔诚礼敬诸如来-无论是躺着、坐着、站着或是走着,乃至于一切处。

Sadā sukhena rakkhantu

Buddhā santikarā tuvam

Tehi tvam rakkhito santo

Mutto sabbabhayena ca.

May all the Buddhas, who have brought calm and peace, protect you always, and may you be filled with peace and free from all harm.

愿寂静的诸佛护佑你,常在喜悦、安详中,愿你从一切险难中解脱出来。

Sabbarogavinimutto sabbasantāpavajjito
From all diseases freed from all grief escaped
愿你远离一切的疾病,从一切的悲痛中解脱出来。

Sabbaveramatikkanto nibbuto ca tuvam bhava Overcome all enmity and liberated may you be. 化解了一切的仇恨,愿您成为解脱的自由者。

Tesam saccena sīlena Khantimettābalena ca

By the power of their truth, virtue, patience, loving-kindness and might,
以诸佛真实、戒德、坚忍、慈爱的功德力,

Tepi tumhe¹⁹ anurakkhantu — Ārogyena sukhena ca *May they also bless you good health and happiness*. 愿诸佛护佑你健康与快乐。

Puratthimasmin disābhāge Santi bhūtā mahiddhikā
Tepi tumhe anurakkhantu Ārogyena sukhena ca
In the eastern region there are great and powerful deities,
May they also bless you good health and happiness.
于东方有大神力之天众(乾达婆),愿他们也护佑你健康与快乐。

Dakkhiṇasmim disābhāge Santi Devā mahiddhikā
Tepi tumhe anurakkhantu Ārogyena sukhena ca
In the southern region there are great and powerful devas,
May they also bless you good health and happiness.
于南方有大神力之天众(鸠槃荼),愿他们也护佑你健康与快乐。

Pacchimasmim disābhāge Santi Nāgā mahiddhikā.
Tepi tumhe anurakkhantu Ārogyena sukhena ca
In the western region there are great and powerful nagas,
May they also bless you good health and happiness.
于西方有大神力之天龙,愿他们也护佑你健康与快乐。

Uttarasmim disābhāge Santi yakkhā mahiddhikā.
Tepi tumhe anurakkhantu Ārogyena sukhena ca
In the northern region there are great and powerful Yakkhas,
May they also bless you good health and happiness.
于北方有大神力之夜叉,愿他们也护佑你健康与快乐。

Purimadisam Dhatarattho Dakkhinena Virulhako
Pacchimena Virūpakkho Kuvero uttaram disam.

King Dhararattha in the east, King Virulhaka in the south,

King Virupakkha in the west, King Kuvera in the north.

于东方是提头赖吒天王,于南方是毗楼勒天王,于西方是毗楼博叉天王,
于北方是俱毗罗天王,

Cattāro te mahārājā Lokapālā yasassino
Tepi tumhe anurakkhantu Ārogyena sukhena ca.
These four great kings are famous guardian of the world.
May they also bless you good health and happiness.
这四大天王是有名的世间守护者,愿他们护佑你健康与快乐。

Ākāsaṭṭhā ca bhummaṭṭhā Devā nāgā mahiddhikā
Tepi tumhe anurakkhantu Ārogyena sukhena ca
There are great powerful devas and nagas residing in the heavens and the earth.
May they also bless you good health and happiness.
住在天上地上、具大神力的天龙,愿他们护佑你健康与快乐。

Natthi me saraṇam aññam Buddho me saraṇam varam Etena saccavajjena Hotu te jayamangalam.

For me there is no other refuge, the Buddha is my foremost refuge, By uttering this truth, may you be bleesed with victory.

于我并无其他皈依处,佛陀是我至上的皈依处,以此虔诚的真实语,愿你得到胜利与吉祥。

Natthi me saraṇam aṇṇam, Dhammo me saraṇam varam;
Etena saccavajjena, Hotu te jayamangalam.
For me there is no other refuge, the Dhamma is my foremost refuge, By uttering this truth, may you be bleesed with victory.
于我并无其他皈依处,法是我至上的皈依处,
以此虔诚的真实语,愿你得到胜利与吉祥。

Natthi me saraṇaṁ aṇṇaṁ, Saṅgho me saraṇaṁ varaṁ; Etena saccavajjena, Hotu te jayamaṅgalaṁ. For me there is no other refuge, the Sangha is my foremost refuge, By uttering this truth, may you be bleesed with victory. 于我并无其他皈依处,僧伽是我至上的皈依处,

Yankiñci ratanam loke Vijjati vividham puthu Ratanam buddhasamam nathi Tasmā sotthī bhavantu *te.**²⁰

 $^{^{20}}$ If chanting for oneself, change to me

Whatever treasure there is in the world various kinds found here and there, no treasure is equal is equal to the Buddha—therefore may there be safety for you. 于世间可寻获各种各样的珍宝,然而没有一种可以比得上佛陀。以此,愿你平安。

Yankiñci ratanam loke Vijjati vividham puthu

Ratanam dhammasamam nathi Tasmā sotthī bhavantu te.*

Whatever treasure there is in the world various kinds found here and there, no treasure is equal is equal to the Dhamma—therefore may there be safety for you. 于世间可寻获各种各样的珍宝,然而没有一种可以比得上佛法。以此,愿你平安。

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Yankiñci ratanam loke Vijjati vividham puthu

Ratanam sanghasamam nathi Tasmā sotthī bhavantu te.*

Whatever treasure there is in the world various kinds found here and there, no treasure is equal is equal to the Sangha—therefore may there be safety for you. 于世间可寻获各种各样的珍宝,然而没有一种可以比得上僧伽。以此,愿你平安。

Sakkatvā buddharatanam Osatham uttamam varam

Hitam deva-manussānam Buddha-tejena sotthinā

Nassant'upaddavā sabbe Dukkhā vūpasamentu te.

Having revered the jewel of the Buddha, the highest, most excellent medicine,

The welfare of human & heavenly beings:

Through the Buddha's might & safety

May all obstacles vanish, may your sufferings grow totally calm.

礼敬佛宝--最高至上的良药,人天的安乐,以佛陀的威德力,愿你幸福安稳,愿所有的障碍消除,愿你所有的苦痛皆得止息。

Sakkatvā dhammaratanam Osatham uttamam varam

Parilāhūpasamanam Dhamma-tejena sotthinā

Nassant'upāddavā sabbe Bhayā vūpasamentu te.

Having revered the jewel of the Dhamma, the highest, most excellent medicine, The stiller of feverish passion:

Through the Dhamma's might & safety

May all obstacles vanish, may your fears grow totally calm.

礼敬法宝--最高至上的良药,能让爱欲止息,以佛法的威德力,愿你幸福安稳,愿所有的障碍消除,愿你所有的苦痛皆得止息。

Sakkatvā sangha-ratanam Osatham uttamam varam Āhuneyyam pāhuneyyam Sangha-tejena sotthinā

Nassant'upaddavā sabbe Rogā vūpasamentu te.

Having revered the jewel of the Sangha, the highest, most excellent medicine, Worthy of gifts, worthy of hospitality:

Through the Sangha's might & safety

May all obstacles vanish, may your diseases grow totally calm.

礼敬僧宝--最高至上的良药,值得供养、值得恭敬,以僧伽的威德力,愿你幸福安稳,愿所有的障碍消除,愿你所有的苦痛皆得止息。-

Sabbītiyo vivajjantu sabbarogo vinassatu

May all distress be averted, may all diseases be destroyed,
愿一切苦恼远离,愿一切疾病消除,

Mā te bhavatvantarāyo sukhī dīghāyuko bhava May no dangers be for you, may you be happy, living long, 愿你远离危难,愿你快乐、长寿。

Abhivādanasīlissa niccam vuddhāpacāyino He of respectful nature whoever the elders honouring, 时常敬老尊贤的人,

Cattāro dhammā vaḍḍhanti āyu vaṇṇo sukham balam.

Four qualities for him increase: long life and beauty, happiness and strength.
四种法得增长: 长寿、庄严、快乐、有力量。

คาถา หมัสภาช พระครหัหต์ எ กิต <u>Buddhamangala Gāthā</u> <u>Verses of Blessings of the Buddha</u> 佛吉祥偈

Leader: Handa mayam buddha-mangala-gāthā-yo bhanāma se. Let us now chant the verses of Blessings of the Buddha. 现在让我们一起来诵念佛吉祥偈

(All) สัมพุทโซ ทิปะท้อ (สฏิโฐ

Sambuddho dipadam settho nisinno ceva majjhime

Of the two legged-beings. The Buddha is most excellent: He sits in the middle.
等正觉殊胜两足尊,正坐于中央,

Kondañño pubbabhāge ca āgaņeyye ca kassapo.

He sits in the middle, Kondanna sits before me (east), Kassapa is in the south-east.

东方立的是桥陈如,东南立的是迦叶。

Sārīputto ca dakkhine haratiye upāli ca Sariputta is in the south. Upali is in the south-west, 南方立的是舍利弗,西南立的是优婆离,

Pacchimepi ca ānando bāyabbe ca gavampati.

Ananda is in the west, Gavampati is in the north-west,
西方立的是阿难,东北立的是卡弯拍第。

Moggallāno ca uttare īsānepi ca rāhulo Moggallana is in the north, Rahula is in the north-east, all these arahants stand here. 北方立的是目建连,东北立的是罗喉罗,

Ime kho mangalā buddhā sabbe idha patiṭṭhitā.

All these arahants stand here. Being blessings of the Buddha.
这些阿罗汉们皆受如来的扎被,他们一一的站着,

Vanditā te ca amhehi sakkārehi ca pūjitā

They are venerated by me, respecting the worthy offerings
我向他们一一的敬礼,以及献上最胜的供养。

Etesam ānubhāvena sabbasotthī bhavantu no.

By the power of these, may all happiness be yours.

藉此种种的威力,愿你获的幸福与安乐。

Iccevam-accanta-namassaneyyam, Namassamāno ratanattayam yam, Puññābhisandam vipulam alattham,
Tassānubhāvena hat'antarāyo.
In paying homage thus to the Triple Gem,
worthy of the highest homage,
A vast amount of merit is accumulated:
By its power, may danger be destroyed.
U 此 过 构 批 问 是 有 提 拉 的 三 完 一 无 量

以此礼敬世间最值得敬礼的三宝,无量福德广纳集;以此功德力,愿险难皆消除。

พระเมม อุหกุณ์ ชุง

Jinapañjara Gāthā The Victor's Cage 胜利之阵

Jayāsanāgata Buddhā Jetvā Māram sa vāhanam Catu-saccāsabham rasam Ye pivinsu narāsabhā The Buddhas, the noble men who drank the nectar of the four Noble Truths, having come to the victory seat, having defeated Mara together with his mount: 诸佛端坐胜宝座,征服魔罗与魔军,是常饮四谛法水之人中圣者。

Tanhankarādayo Buddhā Attha-vīsati nāyakā
Sabbe patiṭṭhitā mayham Matthake te munissarā
These Buddhas, the 28 leaders, the sovereign sages beginning with Tanhankara are all established on the crown of my head.
以丹韩伽拉佛为首的二十八佛,一一立于我头顶。

Sīse patiṭṭhito mayham Buddho dhammo dvilocane
Saṅgho patiṭṭhito mayham Ure sabba-guṇākaro
The Buddha is established in my head, the Dhamma in my two eyes, the Sangha
--- the mine of all virtues---is established in my chest.
于我头上的是佛陀,法在我的双眸,而具足一切功德的僧伽则在我的胸膛。

Hadaye me Anuruddho Sārīputto ca dakkhiņe
Koṇḍañño piṭṭhi-bhāgasmiṁ Moggallāno ca vāmake
Anuruddha is in my heart and Sariputta on my right. Kondanna is behind me anc
Moggallana on my left.

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阿那律陀在我的心,舍利弗在我的右边,乔陈如在我的后面,目犍连在我的左边,

Dakkhine savane mayhain Āsum Ānanda-Rāhulo

Kassapo ca Mahānāmo Ubhāsum vāma-sotake

Ananda & Rahula are in my right ear, Kassapa and Mahanama are both in my left ear.

阿难陀与罗[造字:目*侯]罗在右耳边,迦叶与摩诃男在左耳边;

Kesante piṭṭhi-bhāgasmim Suriyo va pabhankaro

Nisinno siri-sampanno Sobhito muni-pungavo

Sobhita, the noble sage, sits in full glory, shining like the sun all over the hair at the back of my head.

具足光辉的贤圣者苏毗多,放光如日照,坐于我发后上方处。

Kumāra-kassapo thero

Mahesī citta-vādako

So mayham vadane niccam

Patițthāsi gunākaro

The great sage, the mine of virtue, Elder Kumarakassapa, the brilliant speaker, is constantly in my mouth.

善说心法的古摩洛迦叶长老, 具足功德, 他常在我口中。

Punno Angulimalo ca

Upālī Nanda-Sīvalī

Therā pañca ime jātā

Nalāte tilakā mama

Five elders---Punna, Angulimala, Upali, Nanda & Sivali --- have arisen as auspicious marks at the middle of my forehead.

般诺、盎哥罗魔、优波离、难陀、希瓦利这五位长老, 化为吉祥之印从我额头中央现起。

Sesāsīti-mahātherā

Vijitā jina-sāvakā

Etesīti mahātherā

Jitavanto jinorasā

Jalantā sīla-tejena

Angamangesu santhitā

The rest of the 80 great leaders---victors, disciples of the victorious Buddha, sons of the victorious Buddha, shining with the majesty of moral virtue--- are established in the various parts of my body.

还有那其他的80位大长老,皆是佛陀的圣弟子,是胜利佛陀之子,戒德之光芒在绽放,在立于身体的每个部位。

Ratanam purato āsi

Dakkhine Metta-suttakam

Dhajaggam pacchato āsi

Vāme Angulimālakam

Khandha-Mora-parittañca

Ātānātiya-suttakam

Ākāse chadanam āsi

Sesā pākāra-santhitā

The Ratana Sutta is in front of me, the Metta Sutta to my right. The Dhajagga Sutta is behind me, the Angulimala Paritta to my left. The Khandha & Mora Parittas and the Atanatiya Sutta are a roof in space above me. The remaining suttas are established as a fortress wall around me.

《宝经》在我前面,《慈经》在我右边,《幢顶经》在我身后,《盎哥罗魔护卫偈》在我左边。《蕴护偈》、《摩拉偈》与《阿达那提亚护卫偈》在虚空覆盖着,而其他的经偈则于我四周立成正法的围墙。

Jinānābala-samyuttā

Satta-pākāra-lankatā

Vāta-pitt'ādi-sañjatā

Bāhir'ajjhatt'upaddavā

Asesā vinayam yantu

Ananta-jina-tejasā

Bound by the power of the Victors' realm, seven fortress walls arrayed against them, may all misfortunes within & without --- caused by such things as wind or bile---be destroyed without remainder through the majesty of the unending Victo 衔接于胜境之胜力,七堵法墙围绕之,凭着那无穷境的胜力,愿里里外外所有的不幸皆消灭无余。

Vasato me sakiccena

Sadā Sambuddha-pañjare

Jina-pañjara-majjhamhi

Viharantam mahītale

Sadā pālentu mani sabbe

Te mahā-purisāsabhā

As I dwell, in all my affairs, always in the cage of the Self-awakened One, living grounded in the midst of the cage of the Victors, I am always guarded by all of those great noble men.

于任何事,我皆常住于正觉之阵,安于胜利之阵的正中,常获所有伟大圣者的守护。

Iccevamanto sugutto surakkho Jinānubhāvena jitupaddavo

Dhammānubhāvena jitārisangho

Sanghānubhāvena jitantarāyo

Saddhammānubhāva-pālito carāmi jina-pañjaretīti.

Thus am I utterly well-sheltered, well-protected.

Through the might of the Victor, misfortunes are vanquished

Through the might of the Dhamma, hordes of enemies are vanquished. Through the might of the Sangha, dangers are vanquished Guarded by the might of the True Dhamma, I live in the Victor's Cage. 于此,完完全全地被善护卫,凭着胜利之力量,所有困扰得消除,凭着法的力量,所有敌人皆远离,凭着僧伽的力量,所有危难皆销散,在正法的保护下,我常在胜利之阵中。

มอยอยบารเวาน ใหญ่

Maha-mangala-cakkavāla

The Great Sphere of Blessings

Siridhiti matitejo jayasiddhi mahiddhi mahāgunā
Parimita puññādhikārassā
sabbantarāya nivārana samatthassa
bhagavato arahato samma-sambuddhassa
dvattimsa mahāpurisa lakkhanānubhāvena
Through the power of the 32 marks of the Great Man belonging to the Blessed
One, the Worthy One, the Rightly Self-awakened One,
who through his accumulation of merit is endowed with glory,
steadfastness of intent, majesty, victorious power, great might, countless great
virtues, who resolves all dangers & obstacles.
荣耀、决意、智慧力、胜利、成就、大神通力、无穷功德、
无量福德浩瀚集,一切障碍得免除与止息。
凭着世尊、阿罗汉、正等正觉者所拥有的三十二大人相的威德力,

asītyanubyanjan'ānubhāvena through the power of his 80 minor characteristics; 以八十种好的威德力,

atthuttara-sata-mangalānubhāvena through the power of his 108 blessings, 以一百零八种吉祥的威德力,

chabbanna-ramsiyānubhāvena ketumālanubhāvena through the power of his six-fold radiance,

through the power of the aura surrounding his head, 以六彩光芒的威德力,以头顶光辉的威德力,

dasa-pāramitānubhāvena
dasa-upapāramitānubhāvena
dasa-paramattha-pāramitānubhāvena
through the power of his ten perfections, ten higher perfections & ten ultimate
perfections,

以十波罗蜜的威德力,以十近波罗蜜的威德力, 以十第一义谛波罗蜜的威德力,

sīla-samādhi-paññānubhāvena through the power of his virtue, concentration, & discernment; 以戒定慧的威德力,

budhānubhāvena dhammānubhāvena saṅghānubhāvena through the power of the Buddha, Dhamma & Sangha, 以佛法僧的威德力,

tejānubhāvena iddhānubhāvena balānubhāvena through the power of his majesty, might & strength; 以威光力、神通力、大神力,

ñeyya-dhammānubhāvena through the power of the Dhammas that can be known:以所知之法的威德力,

caturāsīti-sahassa-dhammakkhandhānubhāvena through the power of the 84,000 divisions of the Dhamma; 以八万四千法蕴的威德力,

nava-lokuttara-dhammānubhāvena through the power of the nine transcendent Dhammas; 以九种出世间法的威德力,

aṭṭhaṅgika-maggānubhāvena

through the power of the eightfold path; 以八正道的威德力,

aṭṭha-samāpattiyānubhāvena through the power of the eight meditative attainments; 以八定²¹的威德力,

chalabhiñn anubhāvena catu-sacca-ñāṇ'ānubhāvena through the power of the six cognitive skills; through the power of his knowledge of the four noble truths; 以六通²²的威德力,

dasa-bala-ñāṇānubhāvena sabbaññuta-ñāṇānubhāvena through the power of his knowledge of the ten strengths; through the power of his omniscience; 以十力智的威德力,
以一切知智²³的威德力,

mettā-karuṇā-muditā-upekkhānubhāvena through the power of his good will, compassion, appreciation & equanimity; 以慈、悲、喜、舍的威德力,

sabba-parittānubhāvena ratanattaya-saraṇānubhāvena through the power of all protective chants; through the power of refuge in the triple gem; 以一切护卫偈的威德力,以归敬三宝的威德力,

tuyham sabba-roga-sokupaddava-dukkha-domasassupāyāsā vinassantu may all your diseases, griefs, misfortunes, pains, distresses & despairs be destroyed, 愿你的一切疾病、悲伤、不幸、苦痛、忧愁、郁闷皆消除,

23 了知一切之法的智慧。

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²¹ 八定: 初禅定、二禅定、三禅定、四禅定、空无边处定、识无边处定、无所有处定、非想非非想处定

²² 六通: 天眼通、天耳通、他心通、宿命通、神足通、漏尽通。

sabba-antarāyāpi vinassantu sabba-saṅkappā tuyhaṁ saṃijihantu may all obstructions be destroyed, may all your resolves succeed, 一切险难皆破除,愿你的愿望皆能实现,

dīghāyutā tuyham hotu sata-vassa-jīvena samangiko hotu sabbadā.

may you live long, always attaining 100 years.

愿你长命百岁,事事具足。

Ākāsa-pabbata-vana-bhūmi-gangā-mahāsamuddā-ārakkhakā devatā sadā tumhe, anurakkhantu.

May the protective devas of the sky, mountains, forests, the Ganges River & the great ocean always protect you.

愿在天上、山上、森林、恒河、大海洋的护法神恒常护佑你们。

ดูบ ภอภมา พระ รุงมพ ผมุภ

THE SIX ELEMENTS CHANT

Ukāsa, dvāra-tayena katam, sabbam apāradham khamatu no bhante. Venerable Sir, may I ask you to forgive me for whatever wrong I have done with the three doors (of body, speech, & mind). 尊者大德,对于我所有从身口意所犯下的一切过错,我向您乞求宽恕。

Vandāmi bhante cetiyam, sabbam sabbattha thāne,

supatitthitam sārīranka-dhātum, mahā-bodhim buddha-rūpam, sakkārattham. I revere every stupa established in every place, every Relic of the Buddha's body, every Great Bodhi tree, every Buddha image that is an object of veneration. 我虔诚礼敬每一座佛塔、每一片佛身舍利、每一株大菩提树、每一尊供奉的佛像。

Aham vandāmi dhātuyo, aham vandāmi sabbaso, iccetam ratana-tayam, aham vandāmi sabbadā.

I revere the relics. I revere them everywhere. I always revere the Triple Gem. 我礼敬诸舍利,我全然地礼敬。对于三宝,我五体投地地礼敬。

Buddha-pūjā mahā-tejavanto,

Dhamma-pūjā mahappañño,

Sangha-pūjā mahā- bhogāvaho.

Homage to the Buddha brings great glory. Homage to the Dhamma, great discernment. Homage to the Sangha, great wealth.

礼敬佛陀乃大威德者,礼敬法乃大智慧者,礼敬僧伽乃大福贵者。

Buddham Dhammam Sangham, jīvitam yāva nibbānam saraṇam gacchāmi. I go to the Buddha, Dhamma, & Sangha as my life & refuge until reaching Liberation.

对于佛法僧, 我尽形寿皈依, 直到圆满解脱。

Parisuddho aham bhante, parisuddhoti mam, Buddho Dhammo Sangho dhāretu. I am morally pure. May the Buddha, Dhamma, & Sangha recognize me as morally pure.

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尊者, 我是清净的。愿佛、法、僧忆持: 我是清净的。

Sabbe sattā sadā hontu, averā sukha-jīvino.

May all living beings always live happily, free from enmity. 愿一切众生无怨仇、无敌意;每天生活在幸福、快乐与安祥中。

Katam puñña-phalam mayham, Sabbe bhāgī bhavantu te.

May all share in the blessings springing from the good I have done.

愿一切众生,都能分享到我所具备的功德。

(Bow three times) (三拜)

भरीभ नेत्र

Namo Tassa Bhagavato Arahato Sammā-Sambuddhassa (3 times)

Homage to the Blessed One, the Worthy One,

The Rightly Self-awakened One.

礼敬世尊,阿罗汉、正等正觉。

Buddham āyuvadhanam jīvitam yava nibbānam saranam gacchāmi. Dhammam āyuvadhanam jīvitam yāva nibbānam saranam gacchāmi. Sangham āyuvadhanam jīvitam yāva nibbānam saranam gacchāmi.

*24 I take refuge in the Buddha — the Pure One, completely free from defilement; and in his Dhamma — doctrine, practice, and attainment; and in the Sangha the four levels of his Noble Disciples — from now to the end of my life.

我皈依佛——皈依世尊的清净、无染。 我皈依法——皈依法义、修行、道果。

我皈依僧——皈依证得初果乃至四果的圣弟子。

从现在起, 直至命终。

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Dutiyampi Buddham āyuvadhanam jīvitam yāva nibbānam saranam gacchāmi. Dutiyampi Dhammam āyuvadhanam jīvitam yāva nibbānam saranam gaçchāmi Dutiyampi Sangham ayuvadhanani jivitam yava nibbanam saranani gacchami. For the second time, I take refuge in the Buddha — the Pure One, completely free from defilement; and in his Dhamma — doctrine, practice, and attainment: and in the Sangha — the four levels of his Noble Disciples — from now to the end of my life.

第二次, 我皈依佛——皈依世尊的清净、无染。

我皈依法——皈依法义、修行、道果。

我皈依僧——皈依证得初果乃至四果的圣弟子。

从现在起, 直至命终。

Tatiyampi Buddham āyuvadhanam jīvitam yāva nibbānam saranam gacchāmi. Tatiyampi Dhammam āyuvadhanam jīvitam yāva nibbānam saranam gacchāmi. Tatiyampi Sangham āyuvadhanam jīvitam yāva nibbānam saranam gacchāmi. For the third time, I take refuge in the Buddha—the Pure One, completely free from defilement; and in his Dhamma — doctrine, practice, and attainment; and in the Sangha — the four levels of his Noble Disciples — from now to the end of my life.

第三次, 我皈依佛——皈依世尊的清净、无染。

我皈依法——皈依法义、修行、道果。

我皈依僧——皈依证得初果乃至四果的圣弟子。

从现在起, 直至命终。

Vāyo ca [Tejo, Āpo, Pathavi, Ākāsa, Viññāṇam] เทโช क्रींगे गर्नेते क्रमाल वैद्युद्धारभागे

²⁴ 此段直译为:尽形寿直至涅磐,皈依佛法僧,寿命增长。然而,译者考虑到此诵由阿姜李(Ajaan Lee Dhammadharo) 尊者所撰,所以依其本意而译。此处翻译乃依其著作《念住呼吸—Keeping the Breath in Mind and Lessons in Samadhi》。

For the Wind (Fire, Water, Earth, Space, Cognizance) element, 而风 (火、水、地、空、识)

Buddhagunam Araham Buddho itipi so bhagavā namāmiham.

I revere to the virtures of the Buddha-- A Worthy One, awakened; blessed.
我归命礼敬佛陀的功德,阿罗汉、佛陀、世尊,

Araham sammā-sambuddho, Vijjā-caraṇa-sampanno sugato lokavidū, A Worthy One, a Rightly Self-awakened One, consummate in knowledge & conduct, one who has gone the good way, knower of the cosmos, 他是阿罗汉、正等正觉者、明行具足者、善逝、世间解、

Anuttaro purisa-damma-sārathi satthā deva-manussānam buddho bhagavāti.

unexcelled trainer of those who can be taught, teacher of human & divine beings;
awakened; blessed.
无上调御者、天人师、佛、世尊。

<u>Vāyo</u> ca [Tejo, Āpo, Paṭhavi, Ākāsa, Viññāṇaṁ]

For the Wind (Fire, Water, Earth, Space, Cognizance) element,

而风(火、水、地、空、识)

Dhammetam Araham Buddho itipi so bhagavā namāmiham.

I revere to the virtures of the Dhamma, and the Worthy One, awakened; blessed.
我归命礼敬于法,阿罗汉、佛陀、世尊。

[Svākkhāto] bhagavatā dhammo, The Dhamma is well-expounded by the Blessed One, 世尊所善妙解说之法,

Sanditthiko akāliko ehipassiko, to be seen here & now, immediately effective, inviting all to come & see, 直接体证: 当下可得成果;请来亲自查看,

Opanayiko paccattam veditabbo viññūhīti.

leading inwards, to be seen by the wise for themselves.

向内观照,由智者各自证知。

<u>Vāyo</u> ca [Tejo, Āpo, Paṭhavi, Ākāsa, Viññāṇaṁ]

For the Wind (Fire, Water, Earth, Space, Cognizance) element,

而风 (火、水、地、空、识)

Sanghanam Araham Buddho itipi so bhagavā namāmiham.

I revere to the virtures of the Sangha, and the Worthy One, awakened; blessed.
我归命礼敬于僧伽,阿罗汉、佛陀、世尊。

[Supatipanno] bhagavato sāvaka-sangho,
The Sangha of the Blessed One's disciples who have practiced well,
僧伽,世尊的弟子,是善行道者

Uju-patipanno bhagavato sāvakā-saṅgho, the Sangha of the Blessed One's disciples who have practiced straightforwardly, 僧伽,世尊的弟子,是正直行道者

Nāya-paṭipanno bhagavato sāvaka-saṅgho, The Sangha of the Blessed One's disciples who have practiced methodically, 僧伽, 世尊的弟子,是真理行道者

Sāmīci-paṭipanno bhagavato sāvaka-saṅgho,
The Sangha of the Blessed One's disciples who have practiced masterfully,
僧伽,世尊的弟子,是正当行道者

Yadidam cattāri purisa-yugāni aṭṭha purisa-puggalā, I.e., the four pairs, the eight types, of noble Ones: 他们即是四双八辈人,

Esa bhagavato sāvaka-saṅgho That is the Sangha of the Blessed One's disciples---这僧伽,世尊的弟子,

Āhuneyyo pāhuneyyo dakkhiņeyyo añjali-karaṇīyo,
Worthy of gifts, worthy of hospitality, worthy of offerings, worthy of respect,
值得供养、值得恭敬、值得布施、值得合掌,

Anuttaram puññakkhettam lokassāti.

The incomparable field of merits for the world. 是世间无上的福田。

Dhātu-pari-suddha-nubhāvena, By the power of the pure elements, 以六界之清净威神力,

Sabba-dukkhā sabba-bhayā sabba-rogā vimuccanti.

May one free from all pain, all danger and all illness.

愿从一切苦痛、一切怖畏、一切疾病中得解脱,

Iti uddhamadho tiriyam sabbadhi sabbatthataya sabba-vantam lokam, *Above, below and all around, all the direction, all the worlds*, 如是于上方、下方、乃至十方一切世界,

Mettā karuṇā muditā upekkhā sahagatena cetasa,
Catuddisam pharitvā viharati.
With the mind that accompanied by loving-kindness, compassion, appreciative joy and equanimity, for all four direction.
以与慈悲喜舍俱行之心,遍布四方而住。

Sukham supati, Sukham patibujjhati, One sleeps well, gets up well, 愿安乐眠,安乐醒,

Na pāpakam supinam passati, Does not have nightmares, 不见恶梦,

Manussānam piyo hoti, Amanussānam piyo hoti, Becomes dear to human beings, dear to non-human beings. 人所敬爱,非人亦敬爱

Devatā rakkhanti, Nāssa aggi vā visam vā sattham vā kamati, *The devas protect one. Neither fire, poison, nor weapons affect one.* 诸天护佑,刀兵火毒不能侵

Ţuvatam cittam samādhiyati, Mukhavanno vippasīdati,

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One's mind gains calm quickly. One's complexion brightens. 易摄心入定,脸色明泽

Asammulho kālam karoti, One dies unconfused and--临终心不颠倒

Uttarim appați-vijjhanto brahma-lokūpago hoti.

if penetrating no higher — is headed for the Brahma worlds.
若未得解脱(生死)也将获生梵天界

Iti uddhamadho tiriyani averani averā sukha-jīvino. Above, below and all around, May all free from animosity, live happily: 于上方、下方、横遍一切十方,愿众生无仇怨、安乐而住

Katam puñña-phalam mayham, Sabbe bhagi bhavantu te. *May all share in the blessings springing from the good I have done.* 愿一切众生,都能分享到我所具备的功德。

Bhavantu sabba-mangalam, Rakkhantu sabba-devatā, May there be for you all blessings, may all the Devas guard you well, 愿一切吉祥,愿所有诸神守护,

Sabba-buddhā-nubhāvena, Sabba-dhammā-nubhāvena, Sabba-saṅghā-nubhāvena, Sotthī hontu nirantaram. By the power of all the Buddhas, Dhammas and Sanghas, may you be safe continuously. 以一切佛之威德力、以一切法之威德力、以一切僧之威德力,愿时时安稳平安:

Araham Buddho itipi so bhagavā namāmiham.

I revere the Buddha-- A Worthy One, awakened; blessed.

我归命礼敬阿罗汉,佛陀,世尊。

คากา ข้องกำเภียสีขติศ

<u>Atthanga Disani</u> <u>Eight Directions Chant</u> 八方护卫诵

Buraphārasamim Phra-buddha-gunam,

Buraphārasamini Phra-dhammetani,

Buraphārasamim Phra-sanghā-ņam,

In the east there is the venerable quality of the Budddha, Dhamma, Sangha. 于东方,具有佛法僧之功德,

₩	<u>Agneyyarasamım</u>
魯	<u>Daksinarasamim</u>
₿	<u>Haratirasamim</u>
母	Pacchimarasamim
₩	Bayabbarasmim
魯	<u>Udornrasmim</u>
₩	<u>Isanarasmin</u>

(in the south east 于东南方), (in the south 于南方), (in the south west 于西南方), (in the west 于西方), (in the northwest 于西北方), (in the northeast 于东北方)。

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Dukkharo Gabhayani Vivañjaiyye

Sabba-tuk Sabba-sok Sabba-rok

Sabba-phai Sabba-kroh Saniat-cañrai

Vivañjaiyye Sabba-dhanam Sabba-lābham Bhavantu me Rakkhantu Surakkhantu.

Suffering lamentation be destroyed, suffering sadness sickness

Danger stars, not so good or bright be destroyed, may there be prosperity

Goodluck, blessing and protection from the Buddha, Dhamma and Sangha in the

East area or path

愿悲痛全消除。愿一切苦痛,一切悲伤,一切病苦,

一切灾星,一切不好或不光明的事全都消除。

愿有一切财富,一切幸福,以及得到来自三宝的善护卫。