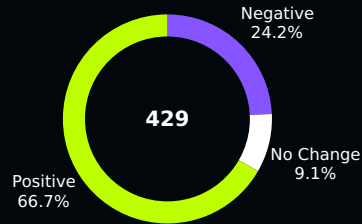




429 2.34 286 104 39

Total Participants AVG SWEMWBS Change Positive Change Negative Change No Change



#### What do we do?

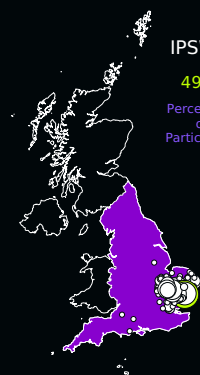
Noise Solution delivers 1:1 music mentoring programmes that fuse digital youth work, Self Determination Theory, cloud technologies and music technology mentoring. We have been independently proven to consistently improve well-being among young people a facing a variety challenging circumstances and barriers.

#### How do we measure impact?

Impact is measured by evaluating the well-being of participants before and after the program using the SWEMWBS (Short Warwick-Edinburgh Mental Well-Being Scale). This scale is designed to assess mental well-being through a series of standardized questions that cover aspects of a participant's mental state, such as optimism, self-confidence, and emotional resilience. Participants complete the questions at the beginning and end of their programme, providing important quantitative data. This quantitative data supported by the qualitative insights from digital stories, allows Noise Solution to measure the impact on participant's wellbeing.



We believe in a better way to support individuals who need it most, improving their lives and encouraging positive change.



IPSWICH

49% 2.47

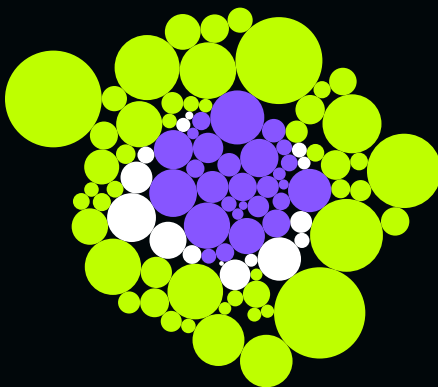
Percentage of Participants AVG SWEMWBS Change



"What I like is that the sessions aren't always about me, it's not that traditional power dynamic that you get in therapy, it's more human." - Sophie

"It's thanks to my work with Simon at Noise Solution that I ever even attempted to pursue a career in music." - Oscar

"It gave me confidence and I started to believe what I was capable of. It led to me writing my first song, and now I have released some music on Spotify." - Kie



Participants safely share session highlights and video reflections to their digital story and invite friends/key-workers and family to leave their feed back. This creates a supportive digital community around the participant wh.

NOISE SOLUTION

Project and visualization by



Get to know Noise Solution better

[noisesolution.org](https://noisesolution.org)

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Noise Solution | Viz For Social Good | Visualization by Amir Pirani (volunteer)