# **REVIEW**

# Hippocampal replays under the scrutiny of reinforcement learning models

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Cazé R, Khamassi M, Aubin L, Girard B. Hippocampal replays under the scrutiny of reinforcement learning models. J Neurophysiol 120: 2877–2896, 2018. First published October 10, 2018; doi:10.1152/jn.00145.2018.—Multiple in vivo studies have shown that place cells from the hippocampus replay previously experienced trajectories. These replays are commonly considered to mainly reflect memory consolidation processes. Some data, however, have highlighted a functional link between replays and reinforcement learning (RL). This theory, extensively used in machine learning, has introduced efficient algorithms and can explain various behavioral and physiological measures from different brain regions. RL algorithms could constitute a mechanistic description of replays and explain how replays can reduce the number of iterations required to explore the environment during learning. We review the main findings concerning the different hippocampal replay types and the possible associated RL models (either model-based, modelfree, or hybrid model types). We conclude by tying these frameworks together. We illustrate the link between data and RL through a series of model simulations. This review, at the frontier between informatics and biology, paves the way for future work on replays.

activity replay; computational modeling; hippocampus; model free/model based; place cells; reinforcement learning; sleep

these reactivations?

# INTRODUCTION

Humans dream, but it remains unknown if all animals do. We know, however, that during the night, many species reactivate various brain regions with patterns sometimes mimicking daytime experience (Dave and Margoliash 2000; Euston et al. 2007; Ji and Wilson 2007; Lansink et al. 2008; Lee and Wilson 2002; Ólafsdóttir et al. 2016; Pavlides and Winson 1989; Wilson and McNaughton 1994). Hippocampal reactivations in rats provide the highest number of observations. They happen in the CA1 pyramidal cell layer, during network oscillatory events called "sharp-wave ripples" (SWR). These last around 50 to 120 ms, during which the local field potential strongly oscillates around 200 Hz (Buzsáki et al. 1992; Buzsáki 2015). During sleep, they appear in the slow-wave sleep periods, but they also exist in wakeful rest. The rat hippocampus (HPC) hosts place cells that encode the position of an animal within the environment (O'Keefe and Dostrovsky 1971). Place cells reactivate during SWRs (Wilson and McNaughton 1994), and some of the reactivations activate in order, as if they were following credible trajectories in the previously experienced environments (Lee and Wilson 2002). Such reactivations also hap-

role in reinforcement learning (RL), i.e., the learning processes

that seek to maximize expected future rewards through trial-

and-error interaction with an environment. Given the fruitful parallels drawn in the past between RL algorithms from the

machine learning field (Sutton and Barto 1998) and neurosci-

ence studies of RL (Schultz et al. 1997), we propose to explore

in this review which RL algorithms are candidates to explain

pen during quiet awake states (Foster and Wilson 2006;

Karlsson and Frank 2009) and can then exhibit more com-

plex patterns (Gupta et al. 2010). What could be the role of

memory model (Buzsáki 1989), researchers have mostly inter-

preted replays as a sign of a consolidation of memory (Chen

and Wilson 2017; Diekelmann and Born 2010; Ólafsdóttir et

al. 2018; Walker and Stickgold 2006): they would copy vola-

Following the proposed role of SWRs in the two-stage

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tile memories for long-term storage into the cortex (Ji and Wilson 2007; McClelland et al. 1995; Peyrache et al. 2009). The causal role of hippocampo-cortical interactions during sleep in memory consolidation was recently demonstrated (Maingret et al. 2016). It also has been experimentally shown for a long time that sleep improves learning (Margoliash and Brawn 2012), in many different domains (sensorimotor learning, perceptual learning, spatial navigation, etc.). Recent results (de Lavilléon et al. 2015; Girardeau et al. 2009) have demonstrated that hippocampal reactivations also play a causal

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some of the experimentally observed hippocampal reactiva-

In the two main families of RL algorithms (model-based and model-free types), off-line (i.e., when the agent is not moving) activations of state representations (position representations in the context of navigation tasks) can essentially be used to accelerate the convergence of learning or to perform trajectory planning in order to guide immediate behavior. Can we disentangle which types of algorithms, in which phases of their operations, are the most suited to explain the various types of observed hippocampal reactivations during sleep or wakefulness?

To address this question, we first rapidly review the experimental observations concerning hippocampal reactivations. Next, we introduce the RL framework and discuss how it exploits reactivations. Finally, we merge experimental and theoretical frameworks to demonstrate how they can (or cannot) fit together and illustrate this with model simulation results. This review demonstrates that the RL framework can indeed explain many observations and also leads to new predictions.

# EXPERIMENTAL OBSERVATIONS DEMONSTRATING HIPPOCAMPAL REACTIVATIONS

The Hippocampal Map

Tolman's seminal work proposes that the brain may sometimes simulate possible outcomes of an action within a mental map of its environment (Tolman 1948). Tolman made two observations supporting this idea: vicarious trial and error (VTE) and latent learning. The former corresponds to situations where a rat may "hesitate" between two alternative actions (Redish 2016), one yielding a higher probability of reward, for instance, between turning left or right at an intersection in a maze. Tolman proposed that during this type of trial, the animal may mentally simulate the possible outcomes of different actions by using a cognitive map, to evaluate which one is the best action. In contrast, latent learning corresponds to situations where an animal is able, after extensive exploration of an environment devoid of rewards, to immediately find the shortest path to a newly introduced reward. He proposed that this ability results from the learning of a cognitive map of the environment during exploration, which can be used to plan the optimal path once the location of rewards is known.

Multiple laboratories have since observed the different cell types underpinning this cognitive map (Hafting et al. 2005; O'Keefe and Dostrovsky 1971; Taube et al. 1990a,b), among which the place cells of the HPC play a central role. John O'Keefe and May-Britt and Edvard Moser conjointly won the Nobel Prize in 2014 for their work on spatial navigation (Hafting et al. 2005; O'Keefe and Dostrovsky 1971). They obtained this prize for respectively discovering place and grid cells. Place cells activate when the animal remains in a given location. Grid cells pave the environment by regularly activating at multiple locations forming a lattice. The latter neuron type are in the medial entorhinal cortex, whereas the former are in the hippocampus. Head direction cells display another type of spatial sensitivity (Taube et al. 1990b). These cells fire when the animal faces one direction, whatever its position. Jointly with grid and place cells, they take part in the animal's spatial representation, but in contrast to the grid and place cells (Ólafsdóttir et al. 2016), we fail to observe replays of these cells' activity.

Wilson and McNaughton (1994) were to our knowledge the first who unraveled the possibility of an activity replay of hippocampal place cells during sleep. They recorded the activity of CA1 pyramidal cells in the HPC after rats had explored various apparatus: either a square box or a two-room maze separated by a corridor. Up to 100 neurons were recorded simultaneously during the behavioral exploration (task) as well as during slow-wave sleep before (Pre) and after (Post) the task. This enabled the analysis of correlated activity between pairs of neurons. They found that the pairs with correlated activity during the task showed an increase in correlation during subsequent sleep (Post). These correlations were mostly absent from Pre session sleep. The match between task correlations and those in the Post session sleep gradually decreased session after session, possibly indicating an habituation process or at least a progressive decrease in the need to consolidate memory during sleep following repetitive daily exploration behavior.

This increase in correlation fits with the two-stage model of memory consolidation (Marr 1971). The first stage would be the exploration of the environment; the second "non-aroused" stage would enable the storage of the information via synaptic potentiation. Following this model, the HPC replays waking activity during sleep to consolidate what the rat learned during the day.

The Variety of Replays Recorded During Sleep and Awake Periods

Whereas the first demonstration of hippocampal experiencedependent reactivation during sleep is due to Wilson and McNaughton (1994), Lee and Wilson (2002) were the first to observe fully fledged replays during sleep. They recorded simultaneously multiple hippocampal cells during sleep and awake periods. Three rats were trained to run on a linear track during the awake period. In the following sleep period, Lee and Wilson used a decoding algorithm to study the sequential activation of multiple neurons (i.e., ~10). These cells reactivated in the same order as in the awake period but in a much shorter time period. The sequences were played 20 times faster (120 ms) than during the awake period (2.4 s). This observation of forward replay in the HPC during sleep has been replicated by other laboratories (Roumis and Frank 2015) and extended to the prefrontal cortex (Euston et al. 2007). There also have been observations of hippocampal replays in the awake state: during immobility periods, when the animal is consuming a food reward (Gupta et al. 2010), when it is waiting at the start of the maze during an intertrial interval (Diba and Buzsáki 2007), or when it is preparing a movement toward its starting point or "home" location within the maze (Pfeiffer and Foster 2013).

These awake HPC reactivations seem to be important for decisions that require past experience to be taken into account. For instance, it has been found that disruption of awake HPC reactivations during SWRs in the W-shaped maze only impairs outbound trials, where memory of the previously visited arm is required to know where to go next, but not inbound trials, which just consist of returning to the central arm (Jadhav et al. 2012). Finally, forward sequential activations of hippocampal

place cells also have been observed outside SWRs, when the animal is performing VTE at an intersection (Johnson and Redish 2007). Interestingly, awake hippocampal forward replays, even when occurring during two different types of oscillations such as SWRs and theta oscillations, seem to systematically represent spatial trajectories from the subject's current location to a memorized goal location and to be at least partly predictive of the animal's future movements. This suggests that awake forward HPC reactivations may possibly reflect a planning mechanism to guide future behavior (Johnson et al. 2007; Pfeiffer and Foster 2013). Nevertheless, not all awake replays should be seen as directly preparatory or planning future behavior, because they can also happen to reflect past experience in a first environment while the animal is performing another task in a second environment (Karlsson and Frank 2009).

Replays can also occur in the opposite direction to the one performed by the animal in the environment: Foster and Wilson (2006) observed backward replays (cells firing in reverse order to that observed during behavior), a finding that also has been replicated since (Diba and Buzsáki 2007; Gupta et al. 2010; Karlsson and Frank 2009). These reverse replays were initially observed during quiet wakefulness, but such replays have since been recorded during sleep (Ólafsdóttir et al. 2016; Wikenheiser and Redish 2013), albeit less frequently. As with forward replays, backward replays are executed in "compressed time": they can be up to 10 times faster than the experience of the same sequence during real exploration (Euston et al. 2007).

Is the HPC also able to virtually explore new possibilities? Gupta et al. (2010) have observed the reactivation of place cells corresponding to novel sequences in a multiple T-maze: some sequences were decoded, which corresponded to a movement from the right reward location to the left one. This movement is physically possible but was never performed by the animal during the task, because it was allowed to go from the decision point to either the left or the right reward location. These relatively rare events suggest that the HPC can also simulate never-experienced trajectories, which we will call "imaginary replays" hereafter.

A recent work from Papale et al. (2016) highlights nontrivial interactions between awake hippocampal replays and behavioral performance. In this work they showed an inverse correlation between the amount of VTE and of SWRs when the animal was at the reward site. Furthermore, they showed that the disruption of SWRs increased the number of VTE events. This might suggest that SWRs consolidate memory in a way that can reduce uncertainty for the next plans of actions at the decision point. On top of the off-line role of SWRs, this suggests an influence on the ongoing behavior. Their data support a synthetic hypothesis: SWRs may play a role in the exploration of the cognitive map for decision-making and to sustain the representation of this map.

In summary, multiple studies show that the HPC plays a role in learning and using a mental model of the environment to guide future decisions. It thus can be used to explore the environment both online and off-line, and to help the animal orient itself. Nevertheless, the experimental results reviewed so far do not tell us whether replays serve to explore this mental map, either to maintain it or to plan decisions ahead. Review-

ing the interaction of these replays with other brain areas can help address this issue.

### Dialogs Between Brain Areas

Peyrache et al. (2009) recorded joint HPC-prefrontal cortex (PFC) reactivations during sleep in rats before and after a binary decision-making task in a Y-maze. The task involved a series of unpredictable changes in the task rule (i.e., reward on the left arm; reward on the lit arm; reward on the right arm; etc.), similar to a Wisconsin Card Sorting Test, so that animals constantly had to relearn the task rule and never develop habits. They recorded the local field potential in the HPC and PFC as well as single-unit activities in the PFC. During slow-wave sleep after the task (Post), Peyrache and colleagues found reactivations of PFC single units in conjunction with SWRs in the HPC, which were not present during sleep before the task (Pre). This suggests the formation of cell assemblies during performance of the task, which are then reactivated during sleep for consolidation. These increases in prefrontal cortex replays from Pre to Post were specific to sessions where the animal learned the correct task rule. No significant increase in replay was found in sessions without relevant behavioral events or in sessions where the animals did try new behavioral strategies but did not find the correct rule of the task. This suggests that performance monitoring processes (here the detection of increases in obtained reward rate) may play an important role in tagging cell assemblies that are relevant for the task and should thus later be replayed during sleep for memory consolidation.

Closed-loop experiments, where features of ongoing activity are used to trigger stimulation, often help efficiently highlight links between brain areas. Michael Zugaro's team extensively employed this approach to study interaction between brain areas (Girardeau et al. 2009; Maingret et al. 2016). Specifically, they disrupted SWRs during sleep by stimulating the ventral hippocampal commissure (Girardeau et al. 2009): this procedure impaired spatial learning in the animal and was interpreted as an impairment of memory consolidation from HPC to PFC (but it could as well have resulted from the impairment of off-line RL processes). In further work, the same group stimulated the PFC simultaneously with an HPC SWR during sleep. This enhanced the performance of animals in a difficult recognition task (Maingret et al. 2016). These results show that HPC and PFC dialog to reinforce the memory acquired during the day by the HPC. This argues in favor of the two-stage model of memory. An alternative explanation could be that the HPC would be the model of the world describing the state and the cortex would propose the actions to be taken. Replay during sleep would bind the two together.

A similar closed-loop system approach employed by the group of Karim Benchenane has causally demonstrated the role of place cell reactivations in learning by coupling these reactivations to ventral tegmental area (VTA) dopamine-based reward signals during sleep (de Lavilléon et al. 2015). They recorded from the HPC and stimulated the main bundle of axons from the VTA each time a targeted HPC place cell was reactivated during sleep. This stimulation created a place preference for the place field of the cell they used as trigger: mice were four to five times more likely to stay in this place field during the following awake period. This also demon-

strates that the VTA can exert a strong influence during sleep on memories of place-reward associations. Such an influence may not necessarily be directly from VTA to HPC, because less coordinated VTA activity with HPC has been reported during sleep than during awake rest (Gomperts et al. 2015), but it could well be through the ventral striatum (VS), which receives both reward signals from the VTA (Lammel et al. 2011) and place information from the HPC (Albertin et al. 2000).

Along these lines, Lansink et al. (2009) also observed a coupling between HPC and VS. Neurons pairs from HPC and VS can reactivate during awake fast forward replay. This is particularly true in pairs for which the HPC neuron was a place cell and the VS neuron was tuned to reward. The HPC place cell fired preferentially before the VS reward-related neuron. This observation provides a mechanism for consolidating place-reward associations by showing that HPC starts the reactivation in a projection area. Khamassi and Humphries (2012) suggested that these experimental results provide striking examples of neural activity that could underlie the learning of the so-called "reward function" in the reinforcement learning theory (Sutton and Barto 1998), that is, a memory of which (state, action) couples are statistically associated with reward within the environment and which constitutes part of the internal model learned by model-based methods (see *Model*-Based Reinforcement Learning).

In summary, the main experimental results reviewed above suggest *I*) a key role for hippocampal reactivations in memory consolidation and learning and *2*) tight interactions during these reactivations between HPC, PFC, VS, and VTA.

### ACTIVITY REPLAYS IN REINFORCEMENT LEARNING

In the context of artificial intelligence, RL is the problem of learning the policy maximizing the sum of future rewards, using reward and punishment signals (Kaelbling et al. 1996; Sutton and Barto 1998). This requires the learning system to learn by trial and error: it is distinct from unsupervised learning, where statistical regularities in the inputs are learned without a reward signal, and from supervised learning, where a precise error signal is provided to evaluate each result. Solving RL problems requires efficiently trading off exploration and exploitation: because the relations between actions and subsequent rewards are not known a priori but have to be discovered by effectively interacting with the environment, exploration has to be performed, especially when beginning to learn a new task. However, when the contingencies become well known, it is preferable to exploit the acquired knowledge, i.e., to favor choosing the actions estimated as maximally rewarding, and to stop wasting time exploring. Finally, a common situation in many RL problems is that the reward/ punishment signals are scarce: many choices have no associated feedback. After a long sequence of actions without feedback, it is therefore challenging to correctly distribute the merits of a reward or punishment feedback to the actions in the sequence that effectively contributed to the results. This is known as the credit assignment problem.

Among the diverse algorithms proposed to solve RL problems (Sutton and Barto 1998), two main families have had a strong influence on the neuroscience of decision-making: model-based reinforcement learning (MB-RL) and model-free reinforcement learning (MF-RL). The distinction between the two mainly relies on considering whether decisions are made through the use of an internal model of the task or not. Use of a model to simulate alternative action sequences before making a decision allows faster convergence and extended adaptability, at the cost of larger computational costs (Chavarriaga et al. 2005; Daw et al. 2005; Dollé et al. 2010, 2018) and decision time (Keramati et al. 2011; Viejo et al. 2015). Conversely, model-free decisions rely on the slow accumulation of feedback through trial and error. Specifically, this consists of progressively updating action values through reward prediction error signals, a process called temporal-difference (TD) learning, which might explain dopaminergic activity (Schultz et al. 1997). Many experimental results obtained in the study of navigation can be interpreted in the light of this distinction (Khamassi and Humphries 2012). It is particularly relevant here because, as we will argue, some hippocampal off-line reactivations could be interpreted as model based, whereas some others could not. Therefore, we describe hereafter how the two families of RL algorithms work before drawing possible links with hippocampal replays.

The formalization of reinforcement learning is straightforward: an agent interacts with an environment by executing actions chosen in a set  $\mathcal{A} = \{a_0,...a_n\}$  and receives two kinds of signals, observations about the state of the world o(t) (which may describe the environment's state only partially) and reward/punishment r(t) (which usually takes negative values for punishments). The goal of the agent is to learn the function  $a = \pi(o)$ , also known as the policy function, which allows it to choose, for all possible observations, the action that maximizes the utility V. The utility is usually defined as a discounted sum of future rewards (the discount factor  $\gamma$  takes values in [0, 1]):

$$V(t) = \sum_{k=0}^{+\infty} \gamma^k r(t+k). \tag{1}$$

The reward signal is commonly sparse in time: a long sequence of actions can be responsible for a single outcome provided at its very end. Identifying which actions are thus responsible or not for this outcome is a nonnegligible part of the problem. This is why, from a normative point of view, an agent that has just performed an action at time t-1 should not only consider the immediate reward r at time t, which corresponds to the first term in this equation, obtained with k=0, but also rewards that may occur after a delay (k > 0). Nevertheless, the value of an action that is followed by multiple outcomes, e.g., a negative reward at time k = 0 and a positive reward at time k = 5, should depend more on immediate outcomes than on delayed ones. This is the role that the discount factor  $\gamma$  plays in this equation, giving more weight to an outcome  $r_1$  occurring at  $k_1$  than to an outcome  $r_2$  occurring at  $k_2$  if  $k_1 < k_2$ .

# Model-Free Reinforcement Learning

To tackle the problem of maximizing V, the model-free family of RL algorithms builds on the observation that the definition of V is recursive:  $Eq.\ 1$  can indeed be rewritten as  $V(t) = r(t) + \gamma V(t+1)$ . These algorithms aim at predicting the value of V at each timestep t, to always be able to choose the action that predicts the largest accumulated reward in the future. Should the learning of these predictions  $\hat{V}$  converge

(i.e., stabilize after learning), we should then have  $0 = r(t) + \gamma \hat{V}(t+1) - \hat{V}(t)$  for all t, after moving  $\hat{V}(t)$  to the right side of the equation. This defines a temporal difference between two consecutive estimations of value at times t and t+1, also known as the reward prediction error  $\delta(t) = r(t) + \gamma \hat{V}(t+1) - \hat{V}(t)$ . This is a key quantity that should be null after learning and should drive the direction of value updates depending on its sign and magnitude during learning: if  $\delta$  is positive, which corresponds to a positive reward prediction error, or positive "surprise," the value estimation of the considered observation should be increased; if negative, it should be decreased; if null, no update in value should be done because it corresponds to a situation where the outcome is as expected.

If we consider the specific Q-learning algorithm (Watkins 1989), which is one among many similar ways of implementing this idea, the estimation of the future return is computed with a function Q(o, a), which means that we consider that each (observation, action) couple has a specific value that should be learned by the agent through trial and error. Each time the agent observes o and tries action a, it will receive a reward signal r (most often equal to zero except at the reward site) and a new observation o'. It will thus be able to update the previous estimation of Q at the learning phase as follows:

$$Q(o,a) \leftarrow Q(o,a) + \alpha [r + \gamma Q(o,a) - max_{i \in \mathcal{A}} Q(o',i)],$$
(2)

where  $\alpha$  is the learning rate. This corresponds to the learning phase of the algorithm, where the experience of an interaction with the environment affects the internal representations of the agent.

In addition to the learning phase, we will distinguish two other phases: inference and action selection. The distinction between the inference phase and the action selection phase can be seen as equivalent to the distinction between valuation and decision-making in the field of neuroscience (Lebreton et al. 2009; Lopez-Persem 2016; Padoa-Schioppa and Assad 2006). In MF-RL, the inference phase of the algorithm is minimal: it simply consists of retrieving the previously learned Q values, for the observation o at hand and for all the possible actions in A. This could involve some computations, for example, if the Q values are represented by a multiple-layer neural network (see Reinforcement Learning with Neural Networks), but the computation time of this process still remains quite limited compared with the one required for the tree search process (Daw et al. 2005) in MB-RL (see Model-Based Reinforcement Learning). This is because in most decision-making tasks in neuroscience, the inference phase of MF-RL simply consists of reading from a table the O values of a small finite set of actions, to compare them and make a decision (Bavard et al. 2018; O'Doherty et al. 2004; Palminteri et al. 2015; Pessiglione et al. 2006). In contrast, in MB-RL, retrieving the Q values requires some iterative tree search process where one looks into the future through the model to estimate the possible long-term consequences of immediate actions (Daw et al. 2005; Keramati et al. 2011; Lesaint et al. 2014). If this tree search process indicates that one of the immediate actions can be the beginning of an action sequence leading to reward, then its Q value will be high compared with alternative immediate actions, and then a decision can be taken. If the task is

multistep, the larger the number of steps in the action sequence until reward, the higher the inference time in MB-RL. Thus, because of this important difference in the number of computations that have to be done to retrieve Q values in MB-RL compared with MF-RL, in the rest of this review we will consider for simplicity that the inference phase of MF-RL is negligible compared with that of MB-RL.

From these retrieved Q values, a last action selection phase has to be carried out. This requires balancing between two necessities: sampling all the possible actions (exploring), to be able to evaluate their real value, and choosing the one with the largest value (exploiting), to maximize the utility. A commonly used method is to draw the next action from a probability distribution computed with the softmax function:

$$P(a|o) = \frac{e^{\beta Q(o,a)}}{\sum_{i \in \mathcal{A}} e^{\beta Q(o,i)}},$$
(3)

where  $\beta$  is the parameter that regulates the compromise between exploration and exploitation: the closer to zero, the more differences between the Q values will be attenuated, and the more the selection will thus be uniform (hence exploratory); conversely, large values (that can go up to infinity) will enhance the contrast between the Q values and will thus favor exploitation of the largest one.

The computations that have to be carried out at each time step are fully defined by these two simple equations, meaning that Q-learning (and TD-learning in general) is quite cheap, from a computational point of view. The counterpart of this is its relative slowness to converge, and to readapt in the case of nonstationary contingencies. This is because it is not making full use of the information provided by the interaction with the environment. In this regard, the MB-RL algorithms that presented in *Model-Based Reinforcement Learning* are much more information efficient. However, a simple way to improve the MF-RL algorithms is to introduce experience replay (Lin 1992), which is reminiscent of the off-line hippocampal activations. It consists of storing quadruplets (o, a, o', r) called experiences, containing an experienced observation o, the action taken a, the resulting observation o', and the reward signal r, while interacting with the environment, and replaying them off-line to accelerate learning. Also note that, whereas in the most basic implementations of MF-RL experience replay, the experiences to be replayed are chosen randomly, the backpropagation of an outcome in long sequences of actions is sped up when sequences of experiences are replayed backward, starting from the rewarded transitions (Lin 1992). In the MF-RL Models section, we will present simulations of different ways to do model-free off-line reactivations in order to analyze their properties and facilitate their comparison with experimentally observed hippocampal reactivations. We will group these under the term "MF-RL replays" because they reactivate some elements of past experience during the learning phase in order to bootstrap learning. In contrast, the off-line reactivations of model-based methods presented below will be called "MB-RL inferences" because they do not replay past experience, but rather generate mental trajectories with their model during the inference phase in order to plan a sequence of actions that maximizes reward while minimizing the number of moves.

# Model-Based Reinforcement Learning

In MB-RL algorithms, the learning process aims at building a world model, i.e., a model of how the world changes when actions are taken. This model is usually decomposed into a transition function and a reward function. The transition function T(o, a, o') represents the probability of observing o' next, if action a is taken while observing o. In a discrete case, it can, for example, be built by storing the number of times each (o, a, o') triplet was encountered. The reward function R(o, a, o') represents the average reward signal experienced when the (o, a, o') transition is effectively performed.

In the inference phase of MB-RL algorithms, the rewards from the reward function are propagated in the graph defined by the transitions, to be able to compute the Q values for any observation (including the current one). A decision can then be made, for example, with the same softmax function used in MF-RL ( $Eq.\ 3$ ). This MB-RL inference phase can be performed in many different ways, one of the simplest being value iteration: it consists of repeatedly updating the Q values of all possible (o, a) combinations by computing a one-step-ahead value prediction:

$$Q(o,a) \leftarrow R(o,a) + \gamma \sum_{o'} T(o,a,o') max_{k \in \mathcal{A}} Q(o',k) \quad (4)$$

until convergence is obtained.

These updates can be unordered, although it is more efficient to start from rewarding (o, a) combinations and progressively propagate their value to their predecessors first. This leads to the more general idea of prioritized sweeping: update first the observations whose value has changed recently, with a priority given to those o that were associated with the highest absolute Q value update,  $\Delta$  (after applying Eq. 4), and to their predecessors. Because the predecessors of a given state o can be difficult to determine in a stochastic world, Moore and Atkeson (1993) proposed to consider as predecessors all the states o' that have, at least once in the history of the system, performed a one-step transition  $o' \rightarrow o$ . The priority associated to a predecessor o' can thus be  $T(o', a, o)\Delta$ .

The opposite optimization can also be used: rather than trying to update values for all observations, most of which are not going to be visited, concentrate on the current situation by updating the values starting from the current observation (i.e., the current estimated position of the animal within the environment) and considering its successors (a strategy called trajectory sampling; Sutton and Barto 1998).

Finally, inspiration can be even taken from traditional planning techniques (Pohl 1971) by applying these two strategies simultaneously (bidirectional search) with the hope that the forward and backward explorations connect before the whole space has been mentally covered. If the inference phase is to be executed with a limited budget (i.e., a limited number of Q value updates), rather than up to convergence, the prioritized sweeping and trajectory sampling heuristics usually make better use of this budget than an unordered selection of the updates (Sutton and Barto 1998).

Nevertheless, it is important to keep in mind that the repeated propagations of value, which are the core of the MB-RL methods, become extremely costly as the number of possible actions and observations grows. These computations are formally equivalent to computing the shortest paths in graphs or to plan, which can be called tree search (Daw et al. 2005).

Heuristics can be developed to improve the speed of computations, but they remain intrinsically costly.

An advantage of the MB-RL algorithms over the MF ones is that they learn the structure of the environment, rather than directly learning the Q values governing the policy. As such, what is learned can be reused if the environment changes. Suppose, for example, that in a given maze the position of the reward changes: the unchanged structure of the maze, stored in the transition function, is still correct and can be reused; the reward function only has to be updated, which can be done with only a few attempts at unsuccessfully getting reward at the previous site. Symmetrically, if one corridor of the maze is blocked but nothing else changes, the update of the now unusable transition will be sufficient to correctly update the Q values in the whole maze in one shot, which provides a possible explanation for Tolman's observation that animals then most of the time directly shift to unobstructed paths, because the use of a model may have enabled them to directly infer all other obstructed paths (Martinet et al. 2011). As a consequence, adapting to a new task will be much faster than with MF-RL methods, which directly learn the Q values specific to a given task and have to be fully relearned when something changes in the environment.

# Dyna Algorithms

A third family of RL algorithms, the Dyna algorithm, is of particular interest because it can be described as a hybrid between model-free and model-based learning strategies and because it makes use of off-line reactivations. In Dyna algorithms, online learning, when the agent acts in the environment, is performed using model-free updates. Moreover, the inference and action selection phases are the same as in MF-RL: they simply consist of retrieving Q values from a table and comparing them with softmax (Eq. 3) to make a decision. However, an additional off-line learning phase allows for model-free updates applied to data provided by an internal world model, identical to the one used by MB-RL during the inference phase (Sutton 1990). The idea is the following: if acting in the real environment is costly (because of energy expenditure, time consumption, or lethal risks), it becomes advantageous to build a world model from the real experiences and to use it to simulate agent-environment interactions at a lower cost. Whereas experience replays used in pure MF-RL algorithms employ only experiences that were effectively accomplished, Dyna algorithms will simulate virtual experiences generated by their world model.

Of course, the off-line learning phases of the algorithm, which is very similar to an MB-RL, can make use of the same prioritized sweeping as proposed by Moore and Atkeson (1993) and Peng and Williams (1993) and trajectory sampling ordering of virtual experiences to try to improve convergence speed.

For a given replay budget, Dyna algorithms are less efficient than experience replay when the task is static (Lin 1992). This is because a Dyna algorithm has to learn the world model, and as long as this learning has not converged to a good world model, the virtual experiences generated by this world model may be erroneous. By definition, experience replay refers to correct experiences, as they were experienced in the real world at a given moment in the past. In that case, why bothering

building a world model and using a Dyna algorithm? First, the memory requirements necessary to store past experiences may rapidly grow larger than the more compact world-model representation. Second, if the task changes (modification of the reward site, modification of the topology of the maze, etc.), Dyna algorithms will allow for fast adaptation of the behavior because of their similarity to MB-RL algorithms, whereas MF-RL with experience replay will suffer from the same kind of slow adaptation as MF-RL algorithms. Experience replay may even worsen the performance of MF-RL, because the replay of past outdated experiences, corresponding to the previous configuration, will tend to cancel the learning resulting from new experiences.

### Reinforcement Learning with Neural Networks

Most of the aforementioned algorithms were first developed to operate in discrete, and most often noiseless, simulated worlds (Fig. 1, *A* and *C*), for the sake of simplicity as well as for the possibility to mathematically prove their convergence in such contexts. However, real-world applications of these artificial intelligence techniques, and their use as realistic models of animal learning capabilities, require value functions and world models to be implemented with function approximators. Among these, multiple-layer neural networks [composed of McCulloch and Pitts (1943) computing units] are a popular choice because of their versatility: they have been widely used since the 1990s in the machine learning community (Lin 1992; Sutton 1996; Tesauro 1995) and can be considered a sensible choice when dealing with animal data.

However, replacing tables for neural networks has a cost: the update of the Q value, of the transition function T, or of the reward function R is now enforced through backpropagation, and this algorithm requires the successive samples used for training to be uncorrelated. If such training is made online, after each action of the agent/animal, these samples are likely to be highly correlated. This is especially true if we consider a

0.59 0.66 0.59

Q(3,W) = 0.66

0.59 0.66 0.81 0.81 rodent navigating a maze where its movements are restricted, like a T-maze: only a few identical sensorimotor sequences will be repeated over and over. In such a case, the convergence of the learning process is not guaranteed: even if it will still work in many cases [see for example, Lin (1992)], it may fail in simple navigation setups. In Fig. 2 we illustrate this failure with the learning of the reward function (mapping the current state and a given action to the predicted reward) in a simulated version of the Gupta et al. (2010) task, where three contingencies have to be learned: rewards are always on the right, always on the left, or alternate. Because of the temporal correlations, when trained online, the predictions of reward are erroneous (Fig. 2, left). A solution to this problem is to rather operate off-line: to store the experienced successions of observations, actions, and rewards and to use experience replay to train the networks on an unordered set of samples. This strategy is one of the core components of recent spectacular achievements by deep RL (Mnih et al. 2015). In our example, the reward function becomes almost perfect (and good enough to allow learning) when trained off-line, in randomized order (Fig. 2, right). Refer to Aubin et al. (2018) for more details.

In this review we focus on high-level RL algorithm descriptions and illustrate our arguments with tabular implementations in discrete worlds, because neuromimetic versions of all the considered models do not exist. However, as a general warning, we illustrate here that replacing abstract tables in RL algorithms with approximations of neurons, even crude ones (McCulloch and Pitts 1943), forces us to consider additional sources of reactivations. Therefore, improving even further the biological realism of RL replay models may reveal new properties or constraints that do not appear with more abstract models. This highlights the importance of alternating between different modeling levels to gain a more complete understanding of a biological phenomenon. In this specific case, it stresses even further the potential functional role of unordered reactivations. We come back to this issue later.

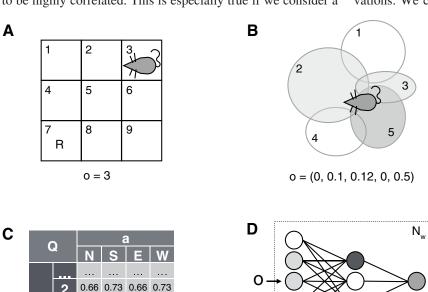


Fig. 1. Discrete vs. continuous implementations of reinforcement learning: illustration with discrete vs. continuous observations in Q-learning. In a world where observations o are discrete, for example, in A the agent can access directly to the cell number it occupies, the Q values can be stored in (and retrieved from) a table (C) where observations o and actions a combinations are exhaustively enumerated. With continuous observations, for example, the activity of a population of possibly noisy place cells (B), which is akin to a vector of real components, Q values have to be computed with a function approximator, for example a neural network (D). [Figure by Girard (2017); available at https://doi.org/10.6084/m9. figshare.5616418.v2 under a CC-BY4.0 license.]

 $Q_{w}(0) = 0.66$ 

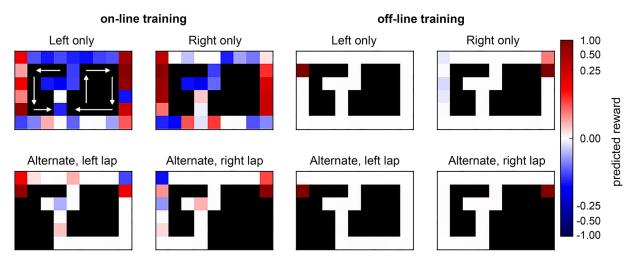


Fig. 2. Comparison of online vs. off-line learning of the reward function with a 2-layer neural network, in a navigation task simulation similar to the experimental setup of Gupta et al. (2010) (white arrows in the first panel illustrate movement directions in the maze). The task is composed of 3 reward contingencies: the reward is always on the left ("Left only"), always on the right ("Right only"), or alternates between left and right ("Alternate, left lap" and "Alternate, right lap"). When the training is carried out online, the temporal correlations between the successive samples prevent the network from correctly learning the reward function, whereas the same network, once trained off-line with unordered samples, learns it efficiently. [Figure by Girard and Aubin 2018; available at https://doi.org/10.6084/m9.figshare.5822109 under a CC-BY4.0 license.]

# The Neural Substrate of Reinforcement Learning

It was proposed in the mid 1990s that the Pavlovian and instrumental learning capabilities of mammals could be explained by MF-RL algorithms (Barto 1995; Houk et al. 1995; Schultz et al. 1997). This proposal is rooted in the similarity between dopamine signals recorded during Pavlovian conditioning and the expected variations of the reward prediction error signal, δ, used in MF-RL algorithms (Lee et al. 2018; Lesaint et al. 2014; Schultz et al. 1997). In that scheme, dopamine would be the neuromodulator carrying this essential teaching signal; under the modulatory control of dopamine, the input synapses of the medium spiny neurons in the striatum would learn and store the values V, and the rest of the basal ganglia would be in charge of selecting actions on the basis of these values. MF-RL models were later successfully applied to an extended corpus of experimental data, including instrumental conditioning in rodents (Morris et al. 2006; Roesch et al. 2007) but also instrumental learning tasks in humans, through the use of model-based functional MRI data analysis approaches (O'Doherty et al. 2004), showing reward prediction error correlates in the human basal ganglia (Bavard et al. 2018; Palminteri et al. 2015; Pessiglione et al. 2006). All these successes contributed in strengthening the popularity of this theory in the neuroscience field.

Analyzing the vertebrate reinforcement learning capabilities from the sole MF-RL point of view would probably be too behavioristic to explain the phenomena that led Tolman to propose the concept of cognitive maps (Tolman 1948). Indeed, it has been proposed that MF-RL algorithms are more suitable to explain habitual behaviors, whereas more flexible behaviors such as goal-directed behaviors would result from mechanisms akin to MB-RL algorithms (Daw et al. 2005). Surprisingly, the neural substrate of these computations seem to be quite similar to that of MF-RL, because it would simply involve other cortico-basal loops with the same anatomo-functional organization (Yin and Knowlton 2006). In the MB-RL context, the possible role of dopamine, and the precise processes that may underlie value inference, are still unclear and debated (Daw et

al. 2011; Khamassi and Humphries 2012; Takahashi et al. 2011). Note that the Dyna algorithms presented above possess a model of the world but update their estimated values using the same computations as MF-RL, showing a possible implementation of an MB-RL scheme using an MF-RL dedicated substrate.

Should the reactivations of the HPC be used to update value estimations in some basal ganglia loops, what could be their communication pathways? A first possibility is to consider the direct connections from the HPC to the ventral parts of the basal ganglia, through the nucleus accumbens (Humphries and Prescott 2010; Thierry et al. 2000; Voorn et al. 2004), which may be important for rapid learning (Bast et al. 2009). A possible indirect pathway, through the ventral medial PFC or the orbitofrontal cortex (Goodroe et al. 2018), also exists and may be more implied in incremental learning (Bast et al. 2009). For more details, refer to the report of Khamassi and Humphries (2012), which summarizes these place-encoding-to-behavior-expression pathways, with a specific emphasis on MF-RL and MB-RL.

# DRAWING PARALLELS: WHICH MODEL FOR WHICH REPLAY?

When presenting the main categories of RL algorithms (MF-RL, MB-RL, and Dyna-RL), we highlighted three main phases in their computations: learning, inference, and action selection. Given the way action selection is usually formalized, it does not make use of any type of observation reactivations. We will thus concentrate, for each of these RL categories, on the potential use of reactivations in the learning and the inference processes. Once again, for clarity, we will talk about algorithms that generate MF-RL replays when they reactivate some elements of past experience during the learning phase in order to bootstrap learning. In contrast, we will discuss algorithms that generate MB-RL inferences when they produce off-line reactivations that do not replay past experience but rather generate mental trajectories with their internal model during the inference phase, in order to plan a sequence of

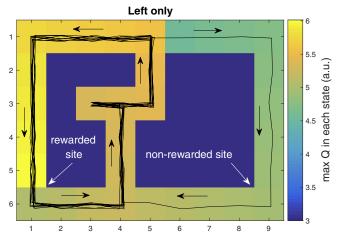


Fig. 3. Illustration of simulations within a discrete representation of the multiple T-maze task of Gupta et al. (2010). This simulation environment is used for all numerical simulations shown hereafter in this review. The maze has been decomposed into 54 states. The reward is alternatively located at positions (1,5) and (9,5). Depending on the simulation, replays are allowed only at reward sites (same locations), at the departure state corresponding to position (5,2), or in all states. Shown is the simulation of 10 consecutive trials where an agent is controlled by a model-free reinforcement learning algorithm with unordered replays. The black line illustrates the noisy simulated trajectory of the agent. The color of the different states indicates the maximum Q value (max Q) learned by the algorithm in each state at the end of these 10 trials. Replays in this simulation occur during the intertrial interval at the departure state located at position (5,2), whereas the reward is always located on the left arm, at position (1,5). Note that thanks to replay, a single error on the nonrewarded right arm was sufficient for the algorithm to then stick to the rewarded left arm.

actions that maximizes reward while minimizing the number of moves.

We will try to identify which process of which algorithm can make use of reactivations reminiscent of the hippocampal replays. To do so, we will simply hypothesize that the observations  $o_i$  that will be used by the RL algorithms are readouts of the hippocampal activity. We will illustrate our conclusions with simple simulations, where the environment is represented by a set of discrete states (the different positions on a maze). In this case, an observation corresponds to the estimated current position of the agent within the environment.

All illustration simulations (code accessible from https:// github.com/MehdiKhamassi/RLwithReplay) were performed in a discrete version of the multiple T-maze task of Gupta et al. (2010) (Fig. 3). In each simulation, the agent is allowed to perform 50 or 100 trials with the reward located on the left arm of the maze, followed by a nonsignaled task change and another 50 or 100 trials where the reward is always located on the right. MF-RL replays and MB-RL inferences are allowed during each intertrial interval (ITI) while the animal is waiting in the central arm (unless otherwise mentioned). They are organized into cycles, where each cycle consists of replaying the full buffer of observations for MF-RL or generating an equivalent number of observations with the model for MB-RL. These cycles are repeated over and over again during the ITI until one of the two following criteria is met: either 1) convergence, where the cumulated changes (in absolute value) of the Q values during the cycle do not exceed a certain threshold  $\epsilon = 0.01$ ; or 2) budget used, where the number of replay cycles performed during the ITI reaches a certain limit (e.g., 20 replay cycles). Hereafter, the budget is infinite, meaning that we continue to do replay cycles during the ITI until convergence of the Q values, unless otherwise mentioned, in which case we impose a finite budget.

### MF-RL Models

Learning process. The learning of MF-RL can be improved by experience replay (see Model-Free Reinforcement Learning and Fig. 4). For a given memorized quadruplet of past experience containing the observation o, the

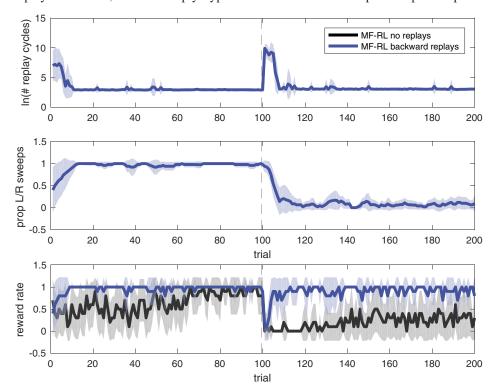
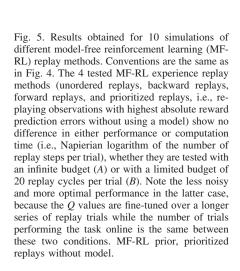


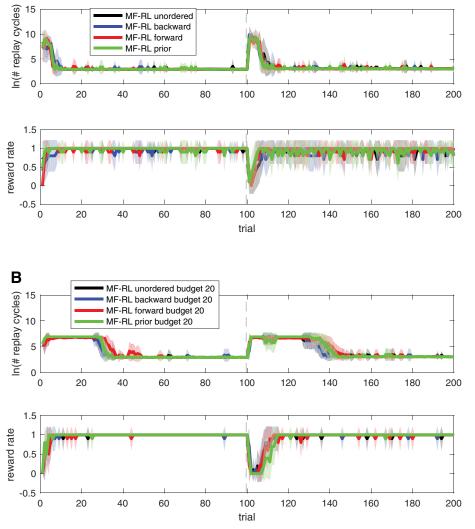
Fig. 4. Results obtained for 10 simulations of the model-free reinforcement learning (MF-RL) backward replay algorithm. Confidence intervals show SD. Top: the algorithm, which replays the reverted buffer of past observations, with an infinite replay budget during the intertrial interval (ITI) of each trial, shows a number of performed replay cycles, which sharply increases at the beginning of the task and after a change in reward location (trial 100) while remaining low the rest of the time. Middle: the fact that the agent quickly learns to go to the correct side of the maze makes the buffer contain observations on the left arm when it is rewarded or on the right arm when rewarded so that replay sweeps observed during ITI most of the time concentrate on the rewarded arm of the maze. Bottom: performing ITI replays boosts learning performance, whereas MF-RL without replays slowly learns to increase reward rate and learns even more slowly after a change in reward location (trial 100). In, natural logarithm; prop, proportion; L, left; R, right.

chosen action a, the resulting reward r, and the resulting observation o', learning consists of recomputing the reward prediction error  $\delta$  and reupdating the corresponding value Q(o, a). As such, it does not require that the replay comprises sequences longer than the two observations o and o': the basic implementation of experience replay does not require the replay of full trajectories and could thus be supported by apparently unordered hippocampal reactivations, which from a computational point of view could have the advantage of propagating reward values to all parts of the environment. As explained earlier in *Reinforcement Learning with Neural Networks*, unordered experience replay can even be necessary for some learning architectures, such as those using neural networks.

Nevertheless, as noted by Lin (1992), replaying trajectories backward, starting from the rewarding location, can sometimes speed up learning; this is in line with the initial interpretation of backward replays (Foster and Wilson 2006) and with the recent observations of Ambrose et al. (2016). However, in our discrete simulations with infinite replay budget, MF-RL with unordered replays produced a similar performance curve to that obtained by MF-RL with backward replays (Fig. 5). The same performance was also obtained with variants of these algo-

rithms that constitute other MF-RL replay methods that to our knowledge have not yet been proposed and that we tested for the sake of completeness: MF-RL with forward replays [which simply replays the buffer of past observations in the correct order rather than replaying it backward as proposed by Lin (1992)], and MF-RL with prioritized replays [which corresponds to a model-free version of the algorithms proposed by Moore and Atkeson (1993) and Peng and Williams (1993), where the buffer of past observations is ordered depending on the absolute value of reward prediction errors (i.e., observations associated with the highest surprise are replayed first) without using a model to propagate replays to topologically proximal states of the environment]. These last two methods were tested in order to later compare their performance with their MB-RL counterparts, as presented in MB-RL Models. These simulations also enable us to illustrate that introducing a budget of a limited number of replay cycles per trial leads to a less noisy performance after learning, because the Q values are fine-tuned over a longer series of consecutive trials, independently from the replay method (Fig. 5). Finally, these simulations show that the same learning curve experimentally observed in different animals may still have different underlying





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replay mechanisms (in this case, different simulated MF-RL replay methods).

Interestingly, the absence of performance differences between the tested MF-RL experience replay methods is mainly due to the small number of discretized states of the maze used for these simulations. In the case of continuous state-space simulations with function approximators, such as neural networks as discussed in Reinforcement Learning with Neural Networks, interferences can occur between observations, which may lead some particular methods to be more efficient than others (Lin 1992). Nevertheless, these different variants of MF-RL experience replay still produce different types of reactivations that directly derive from the adopted replay method and that may be classified differently if we attempt, like experimentalists, to a posteriori analyze the simulation data and count how many of the generated replay sequences can be classified as forward, backward, and "other" unordered or noncategorized replays.

Figure 6 illustrates the results obtained when we regrouped observations during all replay cycles into chunks of three (Fig. 6A) or five consecutive observations (Fig. 6B) and then counted what percentage of these chunks could be classified in each category of replays. A first important result is that both

MF-RL forward replay and MF-RL backward replay can sometimes generate replay events that an experimenter would classify as unordered, even when we know that there was no noise behind this simulated process. Thus these MF-RL replay methods could account for some of the experimentally observed apparently unordered hippocampal reactivations.

A second interesting result is that even an MF-RL backward replay method can still sometimes generate some reactivations classified as forward. This happens, for instance, when the simulated agent moves backward within the central arm so that the reversed chunk of memorized elements now corresponds to a forward movement according to the task. Importantly, none of the MF-RL methods tested produced imaginary replays [defined following Gupta et al. (2010), such as when the replayed trajectory includes the left and the right arm consecutively without returning to the central arm, which the agent has never performed] except a very few times by chance (Fig. 6), as opposed to some of their MB-RL counterparts, described in MB-RL Models.

*Inference process*. The inference phase of MF-RL does not need to reactivate previous observations and thus may not explain any type of hippocampal replay.

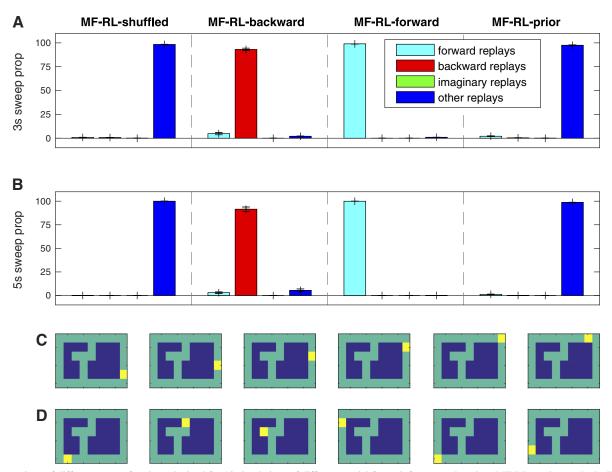


Fig. 6. Proportions of different types of replays obtained for 10 simulations of different model-free reinforcement learning (MF-RL) replay methods. Error bars show SD. A: the whole sequence of replayed observations during the full experiment was subdivided into groups of 3 consecutive observations, which were then classified as forward, backward, imaginary [following Gupta et al. (2010), when the replayed trajectory includes the left and the right arm consecutively without returning to the central arm, which the agent has never performed during task performance], or other replays. B: same analysis performed on subgroups of 5 consecutive observations, hence reducing the probability of observing ordered replays by chance. C: example of a sequence of replayed observations by the MF-RL backward algorithm and categorized as backward replays by the analysis. D: example of a sequence of replayed observations by the MF-RL unordered algorithm and categorized as other replays. MF-RL prior: prioritized replays without model; prop, proportion.

### MB-RL Models

Learning process. In MB-RL, the learning phase consists of learning the world model, composed of a transition and a reward model. When implemented in discrete environments, the world model is made of tables used to enumerate the experienced occurrences of transitions and rewards. In this case, there is no reason to make use of observation reactivations for the learning process of this world model, which should rather be based only on transitions and rewards really observed in the environment. However, as mentioned in Reinforcement Learning with Neural Networks, if the world model relies on neural networks to predict transitions and rewards, then unordered off-line replays will be necessary, as shown by Aubin et al. (2018).

An interesting consideration can be made about the availability of a pretraining phase in the multiple T-maze experiment of Gupta et al. (2010) that we reproduced in the discrete state-space simulations shown hereafter with MB-RL and Dyna methods. If we allow a pretraining phase, then the learning phase of the world model will be globally over during the task. In practice, we allow the algorithm to endlessly update its world model (which can be important to enable adaptation of the model in the case where a change in the maze is introduced, such as the appearance of an obstacle). Nevertheless, because the task is deterministic, the transition probabilities between states of the maze will not change anymore during task performance. In terms of the types of off-line inferences that can be produced by the algorithms (i.e., the types of off-line "reactivations"), this pretraining phase enables the animal to test different trajectories that are not allowed afterward during task performance, e.g., moving along an arm in reverse order until reaching the central arm. This feature is key to produce imaginary replays in the simulations presented below, because the algorithm could not otherwise mentally simulate trajectories that it does not consider as physically feasible, i.e., that are associated with null probabilities in the learned transition function because they have never been performed before. Alternatively, one may consider that even without pretraining, a rat can conceive possible trajectories that it has never before experienced itself by seeing another rat performing these trajectories or simply by using basic intuitive geometry to mentally visualize new trajectories. Nevertheless, in the current state of the tested algorithms without any of these two features, a prediction of our simulations is that imaginary replays would happen much less frequently (i.e., only at chance level) without a pretraining phase.

Inference process. The inference process of MB-RL will necessarily make use of reactivations of couples of successive observations (i.e., moving from one state of the maze to another). These can theoretically be completely unordered, but it is usually not efficient (Sutton and Barto 1998). The use of prioritized sweeping (searching in priority those states within the model that have been associated with the highest amount of surprise, i.e., the largest absolute prediction errors; see Model-Based Reinforcement Learning) or of trajectory sampling (searching within the model for possible action sequences without interruption, rather than randomly picking actions at noncontiguous states; see Model-Based Reinforcement Learning) is much more efficient.

In our simulations of the task of Gupta et al. (2010), prioritized sweeping produces a majority of unordered reactivations [Fig. 7; see also Aubin et al. (2018)] but also a nonnegligible amount of backward reactivations [a phenomenon that also has been observed in the neural network-based simulations of Aubin et al. (2018), with similar proportions]. Strikingly, these backward reactivations were totally absent from the MF-RL counterpart of this method (i.e., "MF-RL prior" in Fig. 6). Thus we can conclude that prioritizing the buffer of memorized past experience based on "surprise," i.e., the absolute value of reward prediction errors (common to the MF-RL and MB-RL versions), is not sufficient to produce backward reactivations. It is the propagation of these reward prediction errors to state predecessors within the world model (only present in the MB-RL version) that is key here.

By contrast, trajectory sampling produces mostly forward reactivations but also, and in contrast to the MF-RL forward replay method (Fig. 6), backward reactivations and a few imaginary and unordered ones (Fig. 7).

Unsurprisingly, the combination of these approaches in bidirectional search (which simultaneously searches for possible action sequences starting from the current location, and for reversed action sequences starting from a known reward location, until those two search processes intersect, meaning that there exists an action sequence from current location until reward; see *Model-Based Reinforcement Learning*) produces backward and forward reactivations in a more balanced manner (Fig. 7).

These MB-RL inference methods also have the potential of generating imaginary sequences, because the reactivations they produce are not constrained to previously experienced sequences, in contrast to MF-RL replays. Therefore, the experimental observation of hippocampal replays that go beyond the animal's past experience, such as hippocampal sequences suggesting an unexperienced combination of paths within the maze (Gupta et al. 2010), have so far only been explained in terms of MB-RL, rather than MF-RL, and more specifically in terms of cognitive maps (Wikenheiser and Redish 2015). Our simulations confirm this MB-RL explanation of imaginary replays. The last tested MB-RL inference method ("MB-RL-unordered" in Fig. 7A) serves as a control that none of these reactivations categories can reasonably be observed in significant proportions if the inference method is totally random.

When considering the original versions of the MB-RL algorithms, one could expect that these reactivations would be restricted to awake reactivations, because the algorithms need to infer, and thus generate observation sequences, only when the animal needs to make decisions. A parallel can thus be drawn between the forward mental simulations of an MB-RL with trajectory sampling and the experimentally recorded hippocampal population activity in rats during VTE (Johnson and Redish 2007): while animals remain immobile at the decision point of a T-maze, the estimated spatial position decoded from the replayed hippocampal activity suggests mental simulations from the current position along each arm successively (Fig. 7C), which has been interpreted as a consideration of each possible trajectory before deciding (Redish 2016). Such an idea has, for example, been used in the Pezzulo et al. (2013) rodent navigation model, where the MB-RL component of the agent, which uses trajectory sampling, performs forward activations at decision points, akin to those observed during VTE. Along these lines, one might be tempted to allow VTE to only occur

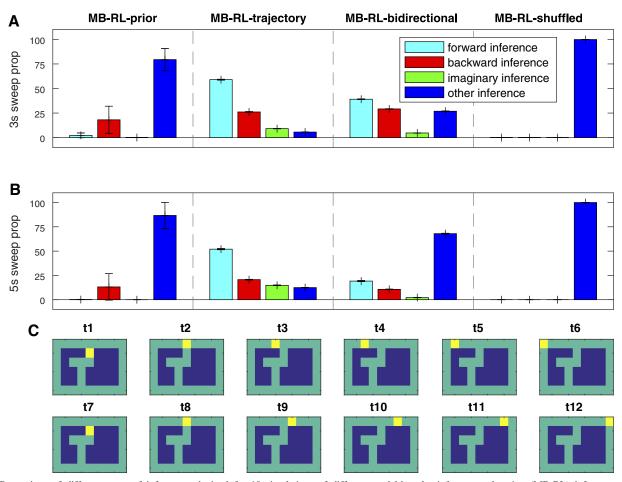


Fig. 7. Proportions of different types of inferences obtained for 10 simulations of different model-based reinforcement learning (MB-RL) inference methods. Conventions are the same as in Fig. 6. A: the whole sequence of inferences during the full experiment was subdivided into groups of 3 consecutive observations, which were then classified as forward, backward, imaginary [following Gupta et al. (2010), when the replayed trajectory includes the left and the right arm consecutively without returning to the central arm, which the agent has never performed during task performance], or other replays. B: same analysis performed on subgroups of 5 consecutive observations, hence reducing the probability of observing ordered inferences by chance. C: example of a sequence of inferences by the MB-RL trajectory sampling algorithm sequentially covering the left and right arms of the maze, reproducing the experimental results of Johnson and Redish (2007).

at the decision point of the maze, considering that it is a point of high uncertainty, as we did for the simulations shown in Fig. 7C. If instead we allow the model to reactivate during VTElike events in any state of the environment, our simulations predict that reactivations will occur not only at the decision point but also at different points of the central arm and at the reward locations (Fig. 8). Specifically, the model decided to stop to perform off-line reactivations when the Q values were found to be variable, and these reactivations were prolongated until Q values varied less than a certain threshold. Such a variability in Q values can be seen as an indirect measure of uncertainty. Strikingly, this produces transient increases in the number of reactivations in response to changes in task condition (Fig. 9, top), consistent with the increase in VTE in animals after task rule changes (Redish 2016). Another interesting point about MB-RL trajectory sampling's forward reactivations is that they do not produce sweeps that become selective to the left or right depending on the task condition (Fig. 9, middle), in contrast to the MF-RL forward replay method (Fig. 4) and as observed by Johnson and Redish (2007). Thus the present simulations illustrate that a modelfree explanation of these experimental data should still be considered as open.

One can moreover design MB-RL variations operating under budget constraints, for which sleep activations would be beneficial. Indeed, if the number of steps available for inference at a decision point is limited (a relatively natural limit when one

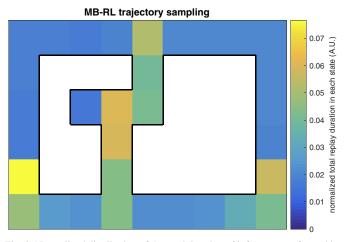
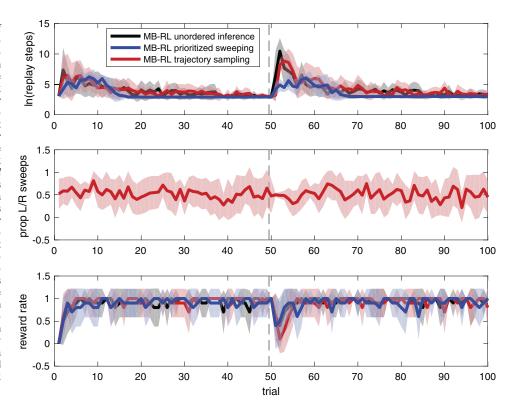


Fig. 8. Normalized distribution of the total duration of inferences performed by the MB-RL trajectory sampling algorithm obtained for 10 simulations. Most off-line inferences occur around the reward locations and in the central arm.

Fig. 9. Results obtained for 10 simulations of different model-based reinforcement learning (MB-RL) inference methods. Conventions are the same as in Fig. 4. Top: an MB-RL algorithm with unordered inference (discrete states are drawn randomly; black curve), trajectory sampling (red curve), or prioritized sweeping (blue curve), with infinite inference budget in the central arm at each trial before deciding to go either left or right, performs a large number of inference cycles, especially at the beginning of the task and after a change in reward location (trial 100). These could be interpreted as moments where the agent takes more time to make a decision and correspond well to the moments of the task where vicarious trial and error (VTE) are commonly observed experimentally (Redish 2016). Middle: the fact that trajectories are drawn randomly during offline inference in the MB-RL trajectory sampling algorithm makes the left and right arms on average equally represented across the experiment, unlike simulation results with MF-RL methods (see Fig. 4) and the experimental results of Johnson and Redish (2007). Bottom: all 3 MB-RL methods show transient decreases in performance after a change in reward location (trial 100) and then a quick adaptation to the new task contingency.



considers that, in many contexts, reactions cannot be delayed arbitrarily), the  ${\cal Q}$  values used to make a decision may not have converged, and the decision will be suboptimal. It is then advantageous to use inactivity periods, such as sleep, to perform inference up to convergence, to store the resulting  ${\cal Q}$  values in memory, and to use them as a bootstrap for the inferences of the next awake period. Even if we are not aware of a computational study using such a model, it is quite straightforward to implement and has to be considered as a possible explanation of sleep sequential replays. Note that such MB-RL variations are formally very close to the off-line updates carried out in Dyna-RL algorithms and will thus predict the same kind of replays.

# Dyna Models

Learning process. In Dyna algorithms, the online learning of the value function is done using MF-RL learning rules, and thus Dyna-RL has, on this point, the same properties as MF-RL: it does not require replays. The use of neural networks to store the value function will, however, require unordered replays to avoid the correlated training samples problem (see Reinforcement Learning with Neural Networks).

The off-line learning phase of the value function uses a world model and can benefit from the same improvements as MB-RL online inference: prioritized sweeping, trajectory sampling, and bidirectional search can be used to improve the performance. These respectively predict unordered and backward reactivations, forward reactivations, and a mix of forward and backward reactivations (Fig. 10). Although computationally, these three approaches are acceptable, it is interesting to note that reward magnitude changes affect backward replays only (Ambrose et al. 2016), suggesting that rodent brain may be using prioritized sweeping (Foster 2017). As previously noted for MB-RL, imaginary reactivations can be observed for

trajectory sampling and, although marginally, for bidirectional search. Interestingly, whereas the proportions of different types of off-line reactivations are not different in the tested Dyna and MB-RL methods, more reactivations are needed in the former before convergence in order to reach the same reward rate in the task, leading to prolonged periods of reactivations in Dyna-RL compared with MB-RL (Fig. 11). This is because the learning rule used in Dyna-RL during off-line reactivations is model free, whereas the learning rule used in MB-RL is model based.

Finally, similarly to MB-RL algorithms, if the learning of the world model of Dyna-RL algorithms is based on neural networks, it requires additional unordered replays.

*Inference process*. The Dyna inference phase is done as in MF-RL, by directly comparing the stored values, and thus does not require reactivations.

# DISCUSSION

In this review, we have presented a series of experimental results about hippocampal reactivations (so-called replays) in rodents during reward-based maze learning tasks. These replays can occur either during sleep or during awake rest periods. They can be more or less noisy, modulated by reward magnitude, and, of particular importance here, they can occur in forward sequences, in backward sequences, in imaginary orders [defined following Gupta et al. (2010)], or with an apparent lack of order. Finally, the awake ones occur mostly at specific locations within the environment, such as the decision point, the reward location, or the starting position during ITIs.

We then reviewed theoretical work employing the RL framework. We described different families of methods (model free, model based, and Dyna) and illustrated with a series of numerical simulations how they could account for different types of hippocampal replays experimentally observed.

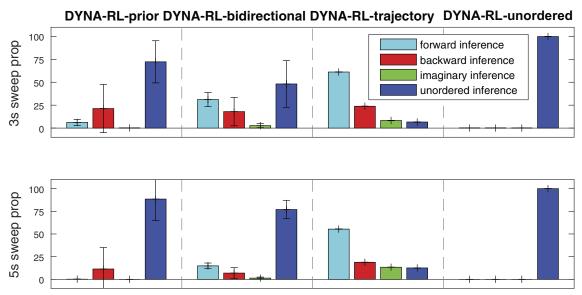


Fig. 10. Proportions of different types of inferences obtained for 10 simulations of different Dyna methods. Conventions are the same as in Fig. 6. Because the Dyna reinforcement learning (Dyna-RL) algorithms tested employ the same inference methods as their model-based RL counterparts, they show similar proportions of forward, backward, and imaginary inferences. Thus their main difference (i.e., model-free and model-based action value updates, respectively) only predict behavioral differences in terms of reaction times without predicting different profiles of off-line "activity replays."

On the basis of these considerations, we summarize in Table 1 which of the reviewed RL algorithms are candidate explanations for the currently documented hippocampal reactivations. Our machine learning-based analysis leads us to suggest that the replay phenomenon may not be unified, but rather may be composed of various types of replays, subserving various mnemonic and learning functions. This is in line with recent experimental results (Ambrose et al. 2016; Ólafsdóttir et al. 2017). Even if the situation is currently not clear-cut, in the sense that multiple algorithmic explanations can be proposed for some of the experimentally observed reactivation phenomena and that testable predictions allowing them to be disentangled still have to be devised, we can extract a few notable points.

The first important point to discuss is that the use of the term "replay" might sometimes be misleading, because it somehow suggests that a sequence of place cell activations observed in an immobile animal is the reactivation of a past experience. Experimental studies have shown that this is not always the case (Gupta et al. 2010; Pfeiffer and Foster 2013; Wu and

Foster 2014), as suggested in the reviews of Pfeiffer (in press) and Foster (2017). We have highlighted that although MF-RL may indeed benefit from experience replay mechanisms, MB-RL and Dyna-RL can use a world model to generate simulated sequences that do not correspond to specific sequences experienced in the past. Despite being sometimes similar to replayed sequences, especially in many experimental mazes where movements are highly constrained by corridors, these simulated sequences do not result from the same mechanisms. Could it be that reactivations observed in a single brain region, the HPC, but during different states (awake or asleep) and different types of oscillations (theta, SWRs), rely on different mechanisms (e.g., model based or model free), sometimes replaying past experience and sometimes mentally generating new ones, and this even with different ordering or priorization processes? Hereafter, we review what simulations may tell us about these different types of HPC reactivations.

The second important point is, why does it matter if some hippocampal reactivations observed experimentally can be best modeled as MF-RL, whereas other reported hippocampal re-

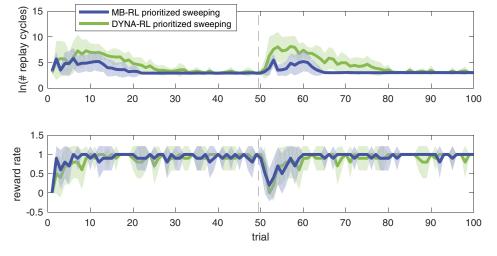


Fig. 11. Results obtained for 10 simulations of Dyna reinforcement learning (Dyna-RL) with prioritized sweeping compared with the modelbased reinforcement learning (MB-RL) version of prioritized sweeping. Conventions are the same as in Fig. 4. Here both algorithms are allowed to perform off-line inferences in all states of the maze without budget constraints. *Top*: the Dyna version is computationally more costly than the MB-RL version in that it performs a larger number of off-line inference steps during a larger number of trials. This is because of the model-free learning mechanism in Dyna during both online and off-line performance, with the world model being used only to determine state predecessors for the prioritized sweeping process. Bottom: nevertheless, both methods perform equally well in terms of reward rate.

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Table 1. Summary of the possible algorithmic explanations for documented hippocampal reactivations

Algorithm	Step	Flavor	Awake (SWR)				Awake (VTE)	Asleep			
			Fwd	Bwd	Img	Uno	Fwd	Fwd	Bwd	Img	Uno
MF-RL	Value function learning	Vanilla (i.e., without replay)									
		Unordered experience replay				*					*
		Backward experience replay		*					*		
		Forward experience replay	*±				*‡	*‡			
		Prioritized experience replay	·			*‡	·	·			*‡
		NN-based value function				*					*
	Inference	Vanilla									
MB-RL	World modellearning	Vanilla									
	8	NN-based world model				*					*
	Inference	Vanilla (i.e., unordered)				*					*
		Prioritized sweeping		*		*			†		†
		Trajectory sampling	*	*	*	*	*	†	+	†	÷
		Bidirectional search	*	*		*	*	+	+	'	+
Dyna-RL	Value function learning	Vanilla (i.e., unordered)				*		'	'		'
		Prioritized sweeping		*		*			*		*
		Trajectory sampling	*	*	*	*	*	*	*	*	*
		Bidirectional search	*	*		*	*	*	*		*
		NN-based value function				*					
	World model learning	Vanilla									
	orra moder rearring	NN-based world model				*					*
	Inference	Vanilla									

Data indicate possible algorithmic explanations from model-free (MF-RL), model-based (MB-RL), and Dyna reinforcement learning (Dyna-RL) for documented hippocampal reactivations during awake and sleep states. Reactivations can correspond to forward (Fwd), backward (Bwd), or imaginary (Img) sequences or can be unordered (Uno). Note that some replays that could be explained by RL algorithms but that have not been documented yet (such as backward sequences at decision points) are not considered. NN, neural network; SWR, sharp-wave ripples; VTE, vicarious trial and error. \*The considered algorithm can explain the observed reactivation. †In the case of awake limited inference budget, asleep reactivations of the same nature as awake reactivations are expected (see text). ‡These variants of the algorithms have, to our knowledge, not been proposed before but were tested as principles for the purpose of the demonstration.

activations may be best modeled as MB-RL? First, it can give a better clue about the possible information content of a hippocampal reactivation event. If it is more likely model free, then this means that the information might be past-oriented and could actually be a replay of previously experienced sequences. If it is more likely model based, then this means that it might rather be future-oriented, reflecting a prospective mental simulation of possible future actions. Second, because MF-RL and MB-RL involve different types of computations, this can give an indication about which other types of activity one could search for in the brain simultaneously to the hippocampal reactivation, and what communication between areas might be involved at this precise moment. For instance, if the model-free interpretation is more likely, this means that dopaminergic phasic reinforcement signals are likely to occur simultaneously (Gomperts et al. 2015). In contrast, in the case of likely model-based reactivations, such phasic dopaminergic signals are not necessary for learning (Khamassi and Humphries 2012; Lee et al. 2018; Lesaint et al. 2014).

From the present simulations, it seems that the most reasonable RL explanation of awake forward reactivations is that they result from a process using trajectory sampling or bidirectional search with an internal world model, which could be either the inference phase of an MB-RL algorithm, in line with the interpretation of the findings of Pfeiffer and Foster (2013) and Wu et al. (2017), or the learning phase of a Dyna algorithm. From a computational point of view, these reactivations will not necessarily correspond to the upcoming behavior [a question raised in Ólafsdóttir et al. (2018); Pfeiffer (in press)]. Indeed, the forward reactivations would be used to evaluate the different action options. Even in the context of a limited computational budget, the most promising ones should be

explored as a priority, and those options revealed a posteriori as less worthy than the others would have a lower probability of being selected. Even further, the presence of such reactivated-but-not-executed forward sequences could be a marker of such inference processes, because reactivating only the actions that will be executed would mean that the best course of action was known before inference, and there was thus no reason to plan in the first place. This is illustrated in our simulations by the reduction of the number of replays to its minimum once the performance has reached a plateau and the uncertainty about which action to perform is reduced, which is indirectly measured by the convergence of action values in our simulation (Figs. 9 and 11). In addition, it is worthy of note that these forward reactivations may well be accompanied by model-free updates as occurs with our simulations of the Dyna version of trajectory sampling. Future experiments are required to disentangle these alternative possibilities.

Importantly, MB-RL algorithms making inferences structured by trajectory sampling and allowed to make pauses in any state of a maze to perform these reactivations, a common strategy in the machine learning field, will spend most of their inferences not only at the decision point but also around the reward locations (Fig. 8). In contrast, when the MB-RL inference method uses prioritized sweeping, reactivations should be mainly observed around the reward locations of the maze, where the largest prediction errors occur at each condition change (Fig. 12). This first suggests that MB-RL prioritized sweeping cannot be a reasonable explanation for experimental results showing numerous HPC reactivations at the decision point. Second, this predicts that if MB-RL trajectory sampling is a candidate for explaining HPC awake reactivations during

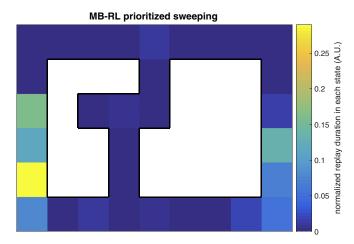


Fig. 12. Normalized distribution of the total duration of inferences performed by the model-based reinforcement learning (MB-RL) prioritized sweeping algorithm obtained for 10 simulations. Most inferences occur around the reward locations, where the largest prediction errors can be experienced after each condition change.

VTE at the decision point (Johnson and Redish 2007), experimentalists should also find some HPC forward reactivations at reward locations.

Another conclusion that arises from the present simulations is that the most reasonable RL explanation of "imaginary" reactivations [including trajectories or combinations of trajectories that have never been performed by the animal during task performance, e.g., Gupta et al. (2010)] is that they result from an MB-RL or Dyna-RL algorithm that can use its internal world model to generate novel trajectories along state transitions that are judged feasible by the model. Importantly, to enable these novel "imaginary" trajectories to emerge in the model, we had to make the trajectory sampling mechanism more exploratory than the decisions taken during task performance so that mentally generated trajectories do not stick to the shortest path to reward. If from a computational point of view we assume the same level of exploration during the MB-RL trajectory sampling simulations accounting for awake HPC forward reactivations during VTE (Johnson and Redish 2007), then simulations do not generate a prevalence of replayed trajectories along the rewarded side of the maze (Fig. 9, middle). In contrast, an MF-RL forward replay algorithm can produce such effect due to the episodic memory buffer containing more observations from the rewarded side when the agent reaches a good performance (Fig. 4, middle). Nevertheless, one could hypothesize a less exploratory MB-RL trajectory sampling process during awake HPC reactivations than during asleep HPC replays. This would be consistent with the observation that the latter are on average more noisy and less accurate than the former (Roumis and Frank 2015). Note that even if these distinctions about awake and asleep reactivations, suggested by RL considerations, have not been directly tested yet, Tang et al. (2017) convincingly showed that awake and asleep reactivations probably play different roles.

Our analyses revealed that in an RL context, unordered off-line reactivations may be as important as ordered ones. Even if structured reactivations of hippocampal place cells are of particular interest, the RL theory tells us that apparently unordered reactivations (where no clear previously experienced sequences can be found) may also have a functional role

in RL: almost all models have a use for them. In some cases (learning with neural networks) they may even become essential to break the temporal structure of the data, which could otherwise prevent the convergence of learning. Specifically, if one makes the (relatively strong) hypothesis that learning RL-related functions (value, transition, or reward functions) with backpropagation-trained neural networks is a good approximation of the real learning processes occurring in the brain, then one is led to draw the following conclusion: all learning replays are safer done unordered. Consequently, the observed HPC sequential reactivations could result from model-based inference only (because these are not detrimental, even if implemented with neural networks). Strikingly, the need for unordered off-line reactivations to learn the internal model was true only in our neural networks implementation, which deals with a continuous state space and thus with interferences between relatively similar observations in different parts of the environment, but not in our discrete state-space simulations. This highlights the importance of alternating between different levels of implementation of the same computational processes to gain further insights about constraints that appear at some levels while remaining hidden at others.

Only a few models seem to have a use for the forward HPC reactivations observed during sleep. These types of reactivations could be accounted for by an MB-RL or a Dyna-RL algorithm with trajectory sampling for its inference or learning phase, respectively, as well as by an MF-RL forward replay for its learning phase. Nevertheless, several theoretical arguments should be considered that reduce the plausibility of the MB-RL and MF-RL models here. MB-RL inference is classically seen as a way to plan upcoming behavior. There is thus in theory no reason to perform MB-RL inference during sleep, which would imply storing the resulting action plan and model-based action values for performance during subsequent wakefulness, except with the very specific limited budget version of MB-RL we proposed in Model-Based Reinforcement Learning, which could justify the need for additional inference during sleep (hence the daggers in Table 1). In contrast, Dyna-RL algorithms are in principle meant to use model-based inference to store updated model-free action values for long-term use. It thus perfectly makes sense to conceive of Dyna-RL reactivations during sleep. Similarly, MF-RL replay methods are plausible candidates for forward reactivations during sleep because they also consist of updating action values for long-term use. Nevertheless, it should be noted that the MF-RL forward replay does not benefit from the same theoretical support as other MF-RL replay methods, such as backward replay or unordered replay. We have simulated the former for completion, to analyze its replay dynamics, and found that it performed as well as the latter in our simplified discrete maze simulations. Nevertheless, in more complex tasks such as continuous state spaces, the latter are more efficient (Lin 1992). The only advantage of the former method that we could think of would be its parsimony in the case where we assume that the HPC stores ordered sequences of past events so that MF-RL forward replay simply preserves this order during reactivation. In contrast, MF-RL backward and unordered replay methods require changing the order of the memory buffer so as to reverse it or shuffle it, respectively, which might represent an additional computational cost. Further work would be required to assess whether some HPC reactivations might still be consistent with MF-RL forward replay.

The present model simulations also inform the possible computational interpretations of HPC backward reactivations. First, even if this has not yet been observed, from an RL point of view, decision-point reactivations (VTE) could as well be backward, or a mix of backward and forward. This constitutes an interesting prediction to test experimentally. Second, HPC backward reactivations were initially thought of mainly as consistent with model-free learning (Foster and Wilson 2006), because reversing the sequence order is rightfully an efficient way to more rapidly propagate value from reward location to preceding state than the forward order (Lin 1992). Nevertheless, it is interesting to note that the present model simulations still suggest that HPC backward reactivations may also be reproduced by model-based inference and Dyna learning, with any of the following methods: prioritized sweeping, trajectory sampling, or bidirectional search (Figs. 7 and 10). Theoretical considerations can nevertheless disentangle plausible candidates to explain HPC asleep backward reactivations: as mentioned above, asleep reactivations are not followed by immediate action, and thus are less likely to rely on model-based inference. An interesting resulting prediction is that asleep HPC backward replays should be accompanied by model-free action value updates in the striatum (because both MF-RL and Dyna-RL perform model-free learning processes). In contrast, awake HPC backward replays could still be compatible with all three families of models: MB-RL, MF-RL, and Dyna-RL.

Ólafsdóttir et al. (2018) very recently proposed an in-depth review of the hippocampal replay phenomenon and already stressed the possible multiple roles of replays: they distinguished memory consolidation replays from planning replays. The latter clearly correspond to the MB-RL inference category (see MB-RL Models, Inference processes), and the data they reviewed specifically point at the trajectory sampling flavor of inference. Interestingly, our grid of analysis, based on the RL algorithm families (model free, model based, or Dyna) and their components (learning, inference, and selection), suggests that their memory consolidation category could correspond to multiple distinct mechanisms. Indeed, many of the processes they describe as memory consolidation correspond to the learning processes of RL algorithms, and as presented in MF-RL Models, Learning processes; MB-RL Models, Learning processes; and Dyna Models, Learning processes, they are of two main types. First, MB-RL and Dyna-RL require learning the world model, i.e., the transitions between states (S-R-S associations) and the rewarded states, information that could be stored in the HPC and the PFC. Second, MF-RL and Dyna-RL require learning the values of states (or action state), information expected to be stored in the input synapses of the striatum (see The Neural Substrate of Reinforcement Learning). This last point suggests an extension of their conclusions: when studying replays, the modification of memory traces should not be examined in the cortex and HPC only, but also in the striatum (Lansink et al. 2009).

Finally, it is important to note that the computational approach adopted here mostly remains at a relatively high level, describing dynamics of information flow that can be related to animal behavioral adaptation, but not straightforwardly to neuronal dynamics within cell assemblies. In this aspect, complementary computational approaches employing spiking neural networks are required to account for the complex neural dynamics that have been observed during hippocampal replay

and that suggest intertwined relations and alternations between engagement of fast and slow synapses, which could subserve the progressive stabilization of attractors (Pfeiffer and Foster 2015). Further investigations are required to draw a proper link between these different levels of computations and contribute to a better understanding of the role hippocampal replays may play in memory consolidation.

While this review illustrates how different types of hippocampal replays could be interpreted in terms of different families of learning methods, it also leads to some experimental predictions that could lead to some future studies to help better characterize this neural phenomenon.

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#### **DISCLOSURES**

No conflicts of interest, financial or otherwise, are declared by the authors.

### **AUTHOR CONTRIBUTIONS**

M.K. and B.G. conceived and designed research; M.K. and L.A. performed experiments; M.K. and L.A. analyzed data; R.C., M.K., and B.G. interpreted results of experiments; R.C., M.K., and B.G. prepared figures; R.C., M.K., and B.G. drafted manuscript; R.C., M.K., and B.G. edited and revised manuscript; R.C., M.K., L.A., and B.G. approved final version of manuscript.

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