

## **MISSION**

Our mission is to deliver exceptional orthopaedic and sports-injury care through a thoughtful, patient-first approach that begins with truly listening to each individual's needs. Supported by an efficient and skilled orthopaedic team, we provide tailored treatment plans and a unique, results-driven method designed to relieve pain, restore confidence, and create long-lasting improvement in movement and overall well-being.

## **VISION:**

Our vision is to elevate the standard of orthopaedic and sports-injury care by combining advanced clinical expertise with a deeply personal, empathy-driven experience. We strive to become a trusted destination where patients receive innovative, tailored treatments that support lasting recovery, enhanced performance, and a lifetime of confident and pain-free movement.

## **ABOUT US**

Align Plus Ortho & Sports Injury Care was built on a simple belief: every patient deserves both exceptional medical expertise and genuine human understanding. Our clinic brings together an efficient orthopaedic team known for precision, empathy, and a commitment to long-lasting results. From sports injuries to chronic orthopaedic conditions, we take the time to listen carefully to each patient's concerns, ensuring that every treatment plan is thoughtfully tailored to their goals, lifestyle, and recovery needs.

Our unique treatment approach blends advanced musculoskeletal care, evidence-based rehabilitation, and personalized support at every step of the healing process. Whether restoring mobility, enhancing performance, or relieving pain, we focus on delivering meaningful, sustainable outcomes that help our patients move with freedom, strength, and confidence. At Align Plus, your journey is our priority and your results are our purpose.

**Dr. Arunkumar T**

**MBBS, MS(Ortho), FPAT, FAA, FSRM**

**Senior Consultant Orthopaedic Surgeon**

Dr. Arunkumar T is an accomplished orthopaedic surgeon renowned for his expertise in advanced joint preservation, regenerative therapies, and complex reconstructive procedures. With specialized fellowship training in complex pelvic and acetabular fracture management, advanced arthroscopy and arthroplasty techniques, and joint replacement surgeries, he brings cutting-edge medical innovation and precision to every aspect of patient care.

A trusted name in sports injury management, Dr. Arunkumar is dedicated to helping athletes and active individuals of all levels recover stronger and return to peak performance. His approach combines the best of non-surgical treatments including PRP (Platelet-Rich Plasma), BMAC (Bone Marrow Aspirate Concentrate), and personalized rehabilitation protocols with state-of-the-art surgical expertise in knee and shoulder reconstruction.

His commitment to clinical excellence has been recognized nationally. He is the recipient of the prestigious R.C. Rallan Gold Medal, awarded by the Indian Orthopaedic Association in 2018, for groundbreaking research in degenerative intervertebral disc disease.

Dr. Arunkumar is also an active member of leading professional bodies including the Indian Orthopaedic Association (IOA), Tamil Nadu Orthopaedic Association (TNOA), Association of Pelvic and Acetabular Surgeons (AOPAS), and the Indian Arthroscopy Society (IAS).

Guided by the belief that every patient deserves a complete comeback, Dr. Arunkumar is committed to restoring mobility, rebuilding strength, and helping individuals reclaim an active, pain-free life with confidence and ease.