

Graduation Requirements

Duration

- A PhD thesis **typically takes 3–4 years** to complete.

Credits

- To graduate, **30 ECTS** are required — see the [Curriculum](#).

Dissertation Format (Current AAU Regulations)

At Åbo Akademi University (AAU), a typical **article-based dissertation** contains **3–6 articles**. New regulations will be released soon.

- As a rule, the articles must be **published or approved for publication**.
- If articles **not yet approved** for publication are included, the **preliminary examiners** shall attach special importance to them.
- **Co-authored** articles can be approved **provided the doctoral student's independent contribution is clearly evident**.
- The doctoral student must be **first author on at least one** of the articles included.
- The **Dean** may approve examination of article-based dissertations with **fewer than the recommended number** of publications if the **comprehensiveness and quality** of the articles is sufficiently high.

Doctoral Programme Recommendations

Within our doctoral programme, we **recommend** the following to emphasize **quality over quantity**:

- A **typical thesis consists of two high-quality papers**, with **at least one** paper as a **first-author publication**.
- **≥50%** of the included work should be **published** (or accepted).
- The decision to proceed to the **PhD defence** is made by the **supervisor** and the **head of subject**.
- For each manuscript included in the thesis, the **contribution of the doctoral student must be clearly explained and justified**:
- Avoid vague statements.
- **List specific figure panels** and contributions (data generation, analysis, etc.)
- Use a **template signed by the supervisor**.

Full Regulations

-  [AAU PhD Regulations \(PDF\)](#)