

Name of the indicator	5.4.1 Proportion of time spent on unpaid domestic and care work
Sustainable Development Goal	Goal 5. Gender equality
Target	5.4 Recognize and value unpaid care and domestic work through the provision of public services, infrastructure and social protection policies and the promotion of shared responsibility within the household and the family as nationally appropriate
Definition	Average time spend on unpaid domestic and care work expressed as a percentage of the day.
Unit	percent [%]
Available dimensions	total, sex, age, urban areas/rural areas
Methodological explanations	<p>The data comes from the Time Use Survey.</p> <p>Time Use Survey provides information on many aspects of Poles' lives, including the distribution of time spend on its different spheres. The survey takes place every 10 years. The last was held in 2013, lasted throughout the year and included people aged 10 years or more.</p> <p>The time of 24 hours was divided into 10 main groups of activities and additional eleventh group with a small percentage of other non-mentioned activities, i.e.:</p> <ul style="list-style-type: none"> • personal care; • household and family care; • employment; • mass media • social life and entertainment; • travel; • hobbies; • sport and outdoor activities • study; • voluntary work and meetings; • unspecified time use. <p>The group related to household and family care included, among others, household upkeep, food management, childcare, help to an adult family member as well as shopping and services.</p>
Source of data	Statistics Poland
Data availability	Data every few years; since 2013
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