THERMAL RESISTANCE CONCEPT:

L= 0.4m A=20m²
$$\Delta$$
T=25 k=0.78 ($\frac{W}{m}$)

Rate of the heat transfer through the wall:
Qdot=
$$kxAx\frac{\Delta T}{L}$$
) = 0.78x20x $\frac{25}{0.4}$ =975W

Rate of the heat loss through the wall:

$$Rwall = \frac{L}{kA} = \frac{0.4}{0.78 \times 20} = 0.0256 \left(\frac{c^{\circ}}{W}\right)$$

$$Qdot = \frac{\Delta T}{Rwall} = \frac{25}{0.0256} = 975W$$